

Data:	18-10-2009	Hora:	09h15	Local:	Estoril			
Natação	300 mt	Ciclismo:	10.000 mt	Corrida:	2.400 mt			

Ranking:	Camp. Nac. Juvenis	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	68	240	Luisa Condeço	-	JUV	BENEBIKE-Águias de Alpiarça-KTM	9	00:04:46	10	00:21:49	8	00:09:32	00:36:08	
2	35	130	Andreia Lopes	-	JUV	C.F. Os Belenenses	17	00:04:59	17	00:22:30	18	00:10:11	00:37:41	00:01:33
3	21	4179	Sara Tenrinho	-	JUV	C.F. Os Belenenses	13	00:04:52	21	00:22:43	20	00:10:12	00:37:49	00:01:40
4	541	3286	Beatriz Botas	-	JUV	Alhandra Sporting Clube	8	00:04:42	31	00:23:27	25	00:10:35	00:38:45	00:02:37
5	73	4073	Erica Cardigo	-	JUV	BENEBIKE-Águias de Alpiarça-KTM	12	00:04:48	29	00:23:19	34	00:10:55	00:39:03	00:02:54
6	91	184	Ana Rita Reis	-	JUV	Núcleo Ciclismo da Baixa da Banheira	23	00:05:09	24	00:23:07	36	00:11:07	00:39:25	00:03:17
7	92	185	Ana Paula Reis	-	JUV	Núcleo Ciclismo da Baixa da Banheira	35	00:05:35	28	00:23:17	38	00:11:11	00:40:04	00:03:56
8	64	241	Vitória Oliveira	-	JUV	BENEBIKE-Águias de Alpiarça-KTM	14	00:04:53	25	00:23:08	42	00:12:21	00:40:22	00:04:14
9	646	3544	Ana Alarico	-	JUV	C. N. Tejo	28	00:05:28	33	00:24:27	24	00:10:29	00:40:25	00:04:16
10	24	2289	Joana Perdigoto	-	JUV	Alhandra Sporting Clube	20	00:05:04	35	00:24:42	31	00:10:50	00:40:37	00:04:29
11	493	3160	Cristina Melício	-	JUV	Clube de Triatlo de Almada	36	00:05:35	36	00:24:54	17	00:10:10	00:40:40	00:04:32
12	492	3134	Caterina Sousa	-	JUV	Clube de Triatlo de Almada	44	00:06:04	34	00:24:40	35	00:10:58	00:41:43	00:05:35
13	638	3522	Bruna Alvão	-	JUV	C.F. Os Belenenses	47	00:06:12	43	00:26:00	26	00:10:38	00:42:51	00:06:43
14	532	3249	Susana Calhau	-	JUV	C.N. Alvito	48	00:06:29	42	00:25:52	32	00:10:55	00:43:16	00:07:08
15	435	2998	Marisa Alves	-	JUV	Ludens Clube do Machico	40	00:05:51	41	00:25:36	40	00:11:55	00:43:24	00:07:15
16	640	3527	Inês Teixeira	-	JUV	Associação Naval Amorense	31	00:05:30	47	00:27:16	41	00:12:06	00:44:53	00:08:44
17	116	2282	Andreia Ferrum	-	JUV	C.N. Cartaxo	16	00:04:56	40	00:25:28	51	00:15:22	00:45:46	00:09:38
18	675	3631	Carolina Serrazina	-	JUV	Externato Cooperativo da Benedita	52	00:07:07	48	00:27:22	46	00:12:45	00:47:16	00:11:07
19	535	3256	Ana Bárbara Correia	-	JUV	Peniche A. C.	29	00:05:28	50	00:28:34	50	00:13:45	00:47:48	00:11:40
20	43	2320	Ana Teresa Sátyro	-	JUV	Amiciclo	50	00:06:35	51	00:28:49	48	00:13:03	00:48:27	00:12:19
21	484	3156	Mariana Matos	-	JUV	G. D. R. de Manique de Cima	39	00:05:50	53	00:32:09	53	00:15:52	00:53:52	00:17:43
	700	3704	Maria Carvalho	DNS	JUV	Externato Cooperativo da Benedita								-
	668	3624	Catarina Marques	DNS	JUV	Externato Cooperativo da Benedita								-
	238	2603	Andreia Constantino	DNS	JUV	Amiciclo								-
	610	3462	Maria Correia	DNS	JUV	C.N. Cartaxo								-
	46	132	Joana Coelho	DNS	JUV	G. D. R. de Manique de Cima								-