

Data:	26-09-2009	Hora:	15h30	Local:	Setúbal				
Natação	1.500 mt	T1:	0 mt	Ciclismo:	41.000 mt	T2:	0 mt	Corrida:	10.500 mt

Ranking:	Camp. Nac. Indiv.	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Nataçã	T1	Ciclism	T2	Corrida	Total	Diff
1	1064	193	Ana Filipa Ferreira	-	JUN	Alhandra Sporting Clube	00:21:48	00:00:50	01:09:30	00:00:43	00:46:26	02:19:19	
2	2108	2454	Ana Filipa Sampaio	-	S23	Alhandra Sporting Clube	00:21:49	00:00:50	01:12:11	00:00:41	00:45:25	02:20:58	00:01:39
3	2122	143	Joana Marques	-	S23	HALCON - SPIUK Olimpico de Oeiras	00:23:09	00:00:46	01:13:45	00:00:35	00:43:30	02:21:47	00:02:28
4	1097	2327	Sofia Almeida	-	JUN	Alhandra Sporting Clube	00:21:20	00:00:53	01:12:33	00:00:41	00:47:57	02:23:26	00:04:06
5	1071	2592	Andreia Ponte	-	JUN	Ginásio Clube de Sines	00:23:13	00:01:12	01:09:56	00:00:42	00:50:10	02:25:14	00:05:55
6	3195	2630	Ana Filipa Santos	-	SEN	HALCON - SPIUK Olimpico de Oeiras	00:25:39	00:00:50	01:12:39	00:00:47	00:46:58	02:26:54	00:07:35
7	1093	27	Mariana Costa	-	JUN	HALCON - SPIUK Olimpico de Oeiras	00:21:22	00:00:48	01:15:33	00:00:41	00:50:32	02:28:57	00:09:38
8	3488	262	Andreia Moço	-	SEN	Alhandra Sporting Clube	00:29:18	00:01:03	01:13:43	00:01:12	00:44:39	02:29:58	00:10:38
9	2110	2638	Liliana Filipa Silva	-	S23	Alhandra Sporting Clube	00:21:22	00:00:47	01:13:45	00:00:55	00:53:55	02:30:45	00:11:26
10	2143	3817	Ana Teresa Machado	-	S23	HALCON - SPIUK Olimpico de Oeiras	00:28:45	00:01:11	01:18:38	00:01:06	00:47:21	02:37:03	00:17:43
11	2085	2850	Vanessa Pereira	-	S23	COMPEED - Tri-Oeste	00:31:08	00:01:32	01:14:50	00:00:56	00:48:42	02:37:11	00:17:51
12	3015	538	Maria João Madeira	-	SEN	Clube de Triatlo de Almada	00:26:31	00:01:12	01:18:18	00:00:57	00:53:37	02:40:36	00:21:17
13	3397	3141	Alexandra Reis	-	SEN	Assoc. Académica de S. Mamede	00:28:09	00:01:18	01:20:53	00:00:55	00:50:50	02:42:06	00:22:47
14	3466	3347	Ana Perestrelo	-	SEN	Clube Naval da Calheta	00:30:00	00:01:23	01:24:25	00:01:02	00:50:44	02:47:38	00:28:18
15	3525	3556	Elisabete Sousa	-	SEN	C.F. Os Belenenses	00:32:23	00:01:12	01:20:35	00:00:54	00:54:30	02:49:36	00:30:16
16	3386	3139	Ana Nisa	-	SEN	COMPEED - Tri-Oeste	00:34:09	00:01:35	01:21:55	00:01:06	00:53:21	02:52:08	00:32:49
17	4335	3825	Filomena Gomes	-	V1	HALCON - SPIUK Olimpico de Oeiras	00:38:24	00:02:06	01:16:35	00:01:28	00:57:59	02:56:35	00:37:16
18	3383	3120	Sofia Valente	-	SEN	Núcleo Ciclismo da Baixa da Banheira	00:34:13	00:01:21	01:24:51	00:00:56	00:55:39	02:57:02	00:37:43
	3474	3391	Silvia Pedroso	DQ	SEN	Assoc. Académica de S. Mamede	00:38:19	00:02:19					-
	2086	12	Bárbara Clemente	DNF	S23	HALCON - SPIUK Olimpico de Oeiras	00:22:32	00:00:55					-
	4216	3240	Maria João Azevedo	DNS	V2	Individual							-
	2120	128	Tânia Boleta	DNS	S23	Ginásio Clube de Sines							-
	3440	3277	Filipa Fernandes	DNS	SEN	Individual							-
	1260	2293	Inês Jorge	DNS	JUN	Sporting Clube de Portugal							-