

Data:	12-09-2009	Hora:	15h30	Local:	Lisboa			
Natação	300 mt	Corrida:	1.500 mt					

Ranking:	Ranking Geral	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Total	Diff
1	5100		Eduardo Gonçalves	-	JUN	Individual	00:09:45	
2	5099		Daniel Silva	-	SEN	Individual	00:10:12	00:00:27
3	5101		João Vidigueira	-	JUN	Individual	00:10:18	00:00:32
4	5118		Diogo Nicolau	-	JUN	Individual	00:12:17	00:02:32
5	3526	3557	António Gouveia	-	SEN	C.F. Os Belenenses	00:12:45	00:02:59
6	3625	3839	Ricardo Clemente	-	SEN	Individual	00:13:20	00:03:34
7	4317	3718	Pedro Vilaça da Silva	-	V1	C.F. Os Belenenses	00:13:34	00:03:49
8	5105	2832	Victor Hugo Rodrigues	-	SEN	Ludens Clube do Machico	00:13:36	00:03:50
9	3633	3847	Cláudio Costa	-	SEN	Individual	00:15:06	00:05:20
10	5104		Paulo Viana	-	V1	Individual	00:15:44	00:05:59
	5545		António Alexandre	DNS	JUN	Individual		-