

Data:	01-08-2009	Hora:	16h00	Local:	Fundão			
Natação	750 mt	Ciclismo:	22.000 mt	Corrida:	5.100 mt			

Ranking:	Camp. Nac. Jún.	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	1095	2522	João Amorim	-	JUN	Alhandra Sporting Clube	4	00:09:29	3	00:35:43	2	00:15:13	01:00:27	
2	1074	2612	Pedro Laginha Palma	-	JUN	Clube Triatlo de Perosinho	8	00:09:49	4	00:35:50	1	00:15:00	01:00:40	00:00:13
3	1162	190	Miguel Fernandes	-	JUN	HALCON - SPIUK Olimpico de Oeiras	2	00:09:28	2	00:35:41	3	00:15:31	01:00:41	00:00:14
4	1117	2896	Hugo Ventura	-	JUN	HALCON - SPIUK Olimpico de Oeiras	5	00:09:35	1	00:35:36	7	00:16:15	01:01:27	00:00:59
5	1105	35	João Serrano	-	JUN	SR Camarnal / Seguros Contacto /	1	00:09:10	5	00:36:01	8	00:16:16	01:01:28	00:01:01
6	1063	52	Ruben Costa	-	JUN	Sporting Clube de Portugal	6	00:09:37	13	00:38:17	4	00:15:33	01:03:28	00:03:00
7	1166	2949	Hugo Alves	-	JUN	HALCON - SPIUK Olimpico de Oeiras	19	00:10:32	6	00:37:03	5	00:15:56	01:03:33	00:03:05
8	1106	37	Fabricio Tomás	-	JUN	Alhandra Sporting Clube	7	00:09:48	11	00:37:40	11	00:16:33	01:04:03	00:03:35
9	1113	2456	Gil Maia	-	JUN	Clube Triatlo de Perosinho	23	00:11:00	8	00:37:13	6	00:15:59	01:04:13	00:03:46
10	1153	2629	Luis Filipe Marafuz	-	JUN	Alhandra Sporting Clube	12	00:09:54	12	00:38:17	9	00:16:18	01:04:30	00:04:03
11	1247	3616	Filipe Azevedo	-	JUN	Cl. Ferroviário de Vendas Novas	10	00:09:51	14	00:38:22	15	00:17:10	01:05:23	00:04:56
12	1094	20	Bruno Pereira	-	JUN	Alhandra Sporting Clube	13	00:09:55	10	00:37:29	20	00:18:19	01:05:45	00:05:17
13	1086	2722	Carlos Alberto Costa	-	JUN	Alhandra Sporting Clube	31	00:12:10	9	00:37:24	13	00:16:48	01:06:23	00:05:56
14	1167	3143	José Veiga	-	JUN	HALCON - SPIUK Olimpico de Oeiras	17	00:10:27	18	00:39:24	12	00:16:47	01:06:38	00:06:11
15	1149	34	Guilherme Marques	-	JUN	Sporting Clube de Portugal	15	00:10:22	7	00:37:09	27	00:19:47	01:07:18	00:06:51
16	1156	3009	Pedro Araújo Mendes	-	JUN	C.N. Cartaxo	3	00:09:29	16	00:39:02	25	00:19:27	01:07:59	00:07:31
17	1192	3353	Sérgio Filipe Monteiro	-	JUN	HALCON - SPIUK Olimpico de Oeiras	26	00:11:15	19	00:39:50	14	00:16:59	01:08:06	00:07:38
18	1216	221	Pedro Miguel Amaral	-	JUN	Sporting Clube de Portugal	14	00:09:57	15	00:38:27	32	00:20:25	01:08:50	00:08:22
19	1155	3078	Miguel Marques	-	JUN	Alhandra Sporting Clube	20	00:10:41	22	00:40:29	19	00:18:07	01:09:18	00:08:50
20	1154	2636	Diogo Mata Tristão	-	JUN	Alhandra Sporting Clube	18	00:10:29	23	00:40:35	21	00:18:41	01:09:47	00:09:19
21	1217	62	Jorge Alves	-	JUN	HALCON - SPIUK Olimpico de Oeiras	32	00:12:28	26	00:40:59	10	00:16:23	01:09:51	00:09:24
22	1208	3464	Tiago Maia	-	JUN	Molly Maid - Vitoria de Janes	9	00:09:50	25	00:40:50	28	00:20:00	01:10:41	00:10:14
23	1223	230	Rui Tenrinho	-	JUN	C.F. Os Belenenses	16	00:10:24	24	00:40:50	33	00:20:30	01:11:45	00:11:18
24	1249	3646	João Curado	-	JUN	Sporting Clube de Portugal	11	00:09:52	35	00:44:08	18	00:18:00	01:12:01	00:11:33
25	1204	3307	Filipe Miguel Lopes	-	JUN	Alhandra Sporting Clube	38	00:13:39	31	00:42:46	16	00:17:10	01:13:37	00:13:09
26	1164	3150	David Maia	-	JUN	HALCON - SPIUK Olimpico de Oeiras	25	00:11:15	29	00:42:04	30	00:20:19	01:13:39	00:13:11
27	1169	141	David Morgado	-	JUN	Ginásio Clube de Sines	34	00:12:38	17	00:39:11	40	00:21:52	01:13:42	00:13:15
28	1206	3445	Paulo Ricardo Monteiro	-	JUN	Alhandra Sporting Clube	41	00:15:22	30	00:42:09	17	00:17:27	01:14:59	00:14:32
29	1196	3456	Fábio Coutinho	-	JUN	Alhandra Sporting Clube	29	00:11:50	27	00:41:29	39	00:21:52	01:15:12	00:14:45
30	1112	157	Rui Cordeiro	-	JUN	Ginásio Clube de Sines	36	00:13:16	28	00:41:51	31	00:20:22	01:15:30	00:15:03
31	1173	195	Ruben Rosa	-	JUN	Individual	30	00:12:01	38	00:44:35	24	00:19:27	01:16:04	00:15:37
32	1202	2947	Ivo Cristeta	-	JUN	Alhandra Sporting Clube	27	00:11:25	39	00:44:53	37	00:21:23	01:17:42	00:17:15
33	1201	2627	André Estevam	-	JUN	Alhandra Sporting Clube	33	00:12:31	34	00:43:43	41	00:22:56	01:19:11	00:18:44
34	1231	3389	João Caeiro	-	JUN	C.N. Alvito	37	00:13:29	36	00:44:09	38	00:21:37	01:19:15	00:18:48
35	1225	3109	Duarte Marcelino	-	JUN	C.F. Os Belenenses	39	00:13:45	40	00:46:18	36	00:21:21	01:21:26	00:20:58
36	1209	147	Diogo Goulão Henriques	-	JUN	Ginásio Clube de Sines	35	00:13:12	41	00:50:26	22	00:18:50	01:22:29	00:22:01
	1194	3397	Ricardo Marafuz	DNF	JUN	Alhandra Sporting Clube		00:13:38		00:45:20				-
	1203	3122	Rafael Ribeiro	DNF	JUN	Alhandra Sporting Clube		00:10:15						-
	1163	2266	Paulo Alexandre Antunes	DNS	JUN	HALCON - SPIUK Olimpico de Oeiras								-
	1170	153	Gonçalo Barros	DNS	JUN	Ginásio Clube de Sines								-
	1161	3153	Miguel Marinho Silva	DNS	JUN	Individual								-