

Data:	26-07-2009	Hora:	16h00	Local:	Penacova			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	1117	2896	Hugo Ventura	-	JUN	HALCON - SPIUK Olimpico de Oeiras	6	00:09:22	1	00:40:13	7	00:18:00	01:07:35	
2	3284	352	Pedro Gomes	-	SEN	HALCON - SPIUK Olimpico de Oeiras	5	00:09:21	3	00:40:48	8	00:18:02	01:08:11	00:00:36
3	2087	102	José Estrangeiro	-	S23	HALCON - SPIUK Olimpico de Oeiras	11	00:09:46	4	00:41:31	6	00:17:50	01:09:08	00:01:33
4	2070	2695	João José Pereira	-	S23	Alhandra Sporting Clube	1	00:09:17	7	00:42:44	3	00:17:24	01:09:26	00:01:51
5	3117	486	Lino Barruncho	-	SEN	HALCON - SPIUK Olimpico de Oeiras	45	00:11:45	2	00:40:48	1	00:17:20	01:09:55	00:02:19
6	3412	417	Rui Dolores	-	SEN	Amiciclo	21	00:10:25	6	00:41:43	12	00:18:42	01:10:51	00:03:15
7	1162	190	Miguel Fernandes	-	JUN	HALCON - SPIUK Olimpico de Oeiras	7	00:09:23	9	00:43:20	23	00:19:57	01:12:42	00:05:06
8	5274	474	Sérgio Marques	-	SEN	COMPEED - Tri-Oeste	27	00:10:55	5	00:41:33	27	00:20:16	01:12:46	00:05:10
9	5275		Pedro Martins	-	SEN	Individual	16	00:09:54	17	00:44:47	9	00:18:12	01:12:54	00:05:19
10	3260	360	Rafael Gomes	-	SEN	Amiciclo	22	00:10:30	8	00:43:18	20	00:19:31	01:13:20	00:05:45
11	2127	2513	Diogo Custódio	-	S23	Sporting Clube de Portugal	13	00:09:52	18	00:44:57	14	00:18:50	01:13:40	00:06:05
12	2123	2563	João Pedro Silva	-	S23	HALCON - SPIUK Olimpico de Oeiras	4	00:09:20	31	00:47:20	2	00:17:21	01:14:01	00:06:25
13	3264	2799	Manuel Alves	-	SEN	Sporting Clube de Portugal	25	00:10:50	12	00:43:46	18	00:19:24	01:14:01	00:06:26
14	5503	362	Sérgio Manuel Silva	-	SEN	SR Camarnal / Seguros Contacto /	61	00:12:58	10	00:43:43	4	00:17:32	01:14:13	00:06:38
15	4192	626	Rui Melo	-	V1	COMPEED - Tri-Oeste	38	00:11:32	14	00:44:16	10	00:18:25	01:14:14	00:06:38
16	1106	37	Fabricio Tomás	-	JUN	Alhandra Sporting Clube	10	00:09:34	21	00:45:41	15	00:19:00	01:14:16	00:06:41
17	1153	2629	Luis Filipe Marafuz	-	JUN	Alhandra Sporting Clube	9	00:09:27	26	00:46:20	11	00:18:36	01:14:24	00:06:48
18	3197	2640	Délio Ferreira	-	SEN	COMPEED - Tri-Oeste	51	00:12:20	15	00:44:21	5	00:17:46	01:14:27	00:06:52
19	3214	2684	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	36	00:11:28	11	00:43:44	19	00:19:28	01:14:41	00:07:06
20	3041	578	Luis Diogo Santos	-	SEN	COMPEED - Tri-Oeste	37	00:11:31	16	00:44:26	16	00:19:13	01:15:11	00:07:35
21	3485	3440	Nuno Patricio	-	SEN	C.N. Alvito	32	00:11:18	13	00:44:02	26	00:20:14	01:15:35	00:07:59
22	3127	468	Tiago Lobo	-	SEN	COMPEED - Tri-Oeste	18	00:09:56	19	00:45:40	31	00:20:40	01:16:17	00:08:42
23	4032	769	Carlos Gomes	-	V2	Oeiras Sport Clube - TRANSINSULAR	59	00:12:54	22	00:45:58	17	00:19:16	01:18:10	00:10:35
24	3107	621	Rui Sousa	-	SEN	C. N. Tejo	41	00:11:36	24	00:46:02	33	00:20:59	01:18:38	00:11:03
25	1247	3616	Filipe Azevedo	-	JUN	Cl. Ferroviário de Vendas Novas	8	00:09:24	27	00:46:27	55	00:22:48	01:18:41	00:11:06
26	1203	3122	Rafael Ribeiro	-	JUN	Alhandra Sporting Clube	12	00:09:51	34	00:47:52	34	00:21:00	01:18:44	00:11:09
27	3170	2562	Rui Simões	-	SEN	Alhandra Sporting Clube	69	00:13:27	20	00:45:41	30	00:20:28	01:19:37	00:12:01
28	3591	3730	Paulo Janela	-	SEN	Clube de Triatlo de Almada	76	00:13:49	29	00:47:02	13	00:18:45	01:19:37	00:12:02
29	1094	20	Bruno Pereira	-	JUN	Alhandra Sporting Clube	3	00:09:19	36	00:48:22	46	00:22:17	01:20:00	00:12:24
30	1233	3546	Diogo Rosa	-	JUN	C. N. Tejo	42	00:11:39	23	00:46:01	53	00:22:44	01:20:25	00:12:50
31	1086	2722	Carlos Alberto Costa	-	JUN	Alhandra Sporting Clube	40	00:11:34	38	00:48:29	29	00:20:22	01:20:26	00:12:50
32	4013	648	Miguel Fragoso	-	V1	HALCON - SPIUK Olimpico de Oeiras	39	00:11:32	30	00:47:03	47	00:22:24	01:20:59	00:13:24
33	3207	2662	José Magalhães Dias	-	SEN	A.D.C.R. Painho	54	00:12:32	35	00:48:03	32	00:20:49	01:21:25	00:13:50
34	3026	461	Anibal Oliveira	-	SEN	Amiciclo	90	00:15:32	25	00:46:08	22	00:19:50	01:21:31	00:13:56
35	3173	2564	José Lino	-	SEN	C. N. Tejo	63	00:13:01	37	00:48:25	28	00:20:18	01:21:45	00:14:10
36	3559	3663	António Luis Barbosa	-	SEN	Assoc. Académica de S. Mamede	71	00:13:30	39	00:48:35	21	00:19:47	01:21:54	00:14:19
37	1170	153	Gonçalo Barros	-	JUN	Ginásio Clube de Sines	31	00:11:08	28	00:46:42	76	00:24:26	01:22:17	00:14:42
38	3285	2840	Hugo Ferreira	-	SEN	HALCON - SPIUK Olimpico de Oeiras	65	00:13:16	33	00:47:47	36	00:21:17	01:22:22	00:14:46
39	1155	3078	Miguel Marques	-	JUN	Alhandra Sporting Clube	17	00:09:55	41	00:49:16	63	00:23:19	01:22:30	00:14:55
40	1216	221	Pedro Miguel Amaral	-	JUN	Sporting Clube de Portugal	14	00:09:53	44	00:50:17	48	00:22:24	01:22:36	00:15:00
41	3142	2526	Pedro Figueira	-	SEN	Ribabike / Assoc. 20 Km de Almeirim	34	00:11:26	43	00:49:44	42	00:21:58	01:23:09	00:15:34
42	4127	2732	Emanuel Marques	-	V2	Assoc. Académica de S. Mamede	57	00:12:50	42	00:49:24	39	00:21:34	01:23:50	00:16:14
43	3321	2957	Luis Lourenço	-	SEN	Molly Maid - Vitoria de Janes	48	00:12:11	55	00:51:27	35	00:21:01	01:24:41	00:17:05
44	3416	3193	Miguel Vigôço	-	SEN	Maia Atlético Clube (MAC)	50	00:12:15	53	00:51:18	37	00:21:26	01:25:01	00:17:26
45	2128	3515	Nuno Rodrigues	-	S23	Clube de Triatlo de Almada	47	00:12:06	40	00:48:51	80	00:24:31	01:25:30	00:17:54
46	1223	230	Rui Tenrinho	-	JUN	C.F. Os Belenenses	15	00:09:54	52	00:51:15	75	00:24:24	01:25:33	00:17:58
47	3524	3555	Paulo Sequeira	-	SEN	Peniche A. C.	58	00:12:52	47	00:50:40	45	00:22:15	01:25:49	00:18:13
48	5478		Tiago Teixeira	-	SEN	Individual	88	00:15:19	32	00:47:23	59	00:23:07	01:25:50	00:18:15
49	3241	2718	Nuno Tintim	-	SEN	Alhandra Sporting Clube	82	00:14:26	50	00:51:09	25	00:20:14	01:25:51	00:18:15

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Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
50	3135	2515	Mário Guedes	-	SEN	Assoc. Académica de S. Mamede	56	00:12:49	51	00:51:14	43	00:22:12	01:26:16	00:18:41
51	3304	2892	Ivan Pinto da Silva	-	SEN	Clube Triatlo de Perosinho	30	00:11:07	60	00:52:47	50	00:22:36	01:26:31	00:18:56
52	4187	2694	Rui Ferreira	-	V1	Individual	24	00:10:48	58	00:52:39	60	00:23:08	01:26:36	00:19:01
53	1202	2947	Ivo Cristela	-	JUN	Alhandra Sporting Clube	23	00:10:31	62	00:53:08	61	00:23:10	01:26:49	00:19:14
54	4060	762	António Moura	-	V2	SR Camarnal / Seguros Contacto /	62	00:12:59	56	00:51:31	49	00:22:32	01:27:03	00:19:28
55	5432		José Luis Alcântara	-	SEN	Individual	33	00:11:26	63	00:53:18	54	00:22:46	01:27:30	00:19:55
56	1209	147	Diogo Goulão Henriques	-	JUN	Ginásio Clube de Sines	52	00:12:28	49	00:51:09	71	00:23:59	01:27:37	00:20:02
57	1206	3445	Paulo Ricardo Monteiro	-	JUN	Alhandra Sporting Clube	78	00:14:07	64	00:53:21	24	00:20:10	01:27:39	00:20:04
58	3100	706	Luis Cipriano	-	SEN	A.D.C.R. Painho	86	00:15:10	46	00:50:35	56	00:22:51	01:28:36	00:21:01
59	1112	157	Rui Cordeiro	-	JUN	Ginásio Clube de Sines	49	00:12:15	61	00:53:03	64	00:23:19	01:28:38	00:21:03
60	3494	3451	Rui Pedro Costa	-	SEN	C. N. Tejo	96	00:15:57	48	00:50:57	44	00:22:12	01:29:07	00:21:32
61	1163	2266	Paulo Alexandre Antunes	-	JUN	HALCON - SPIUK Olímpico de Oeiras	43	00:11:41	45	00:50:17	108	00:27:41	01:29:40	00:22:05
62	3181	2581	Luis Correia Ferreira	-	SEN	Assoc. Académica de S. Mamede	55	00:12:42	69	00:54:31	52	00:22:40	01:29:54	00:22:19
63	3300	2871	Nelson Santos	-	SEN	A. R. S. C. Toledo	97	00:16:06	57	00:52:15	38	00:21:33	01:29:55	00:22:20
64	3079	728	Eduardo Alçada	-	SEN	Ginásio Clube Figueirense	64	00:13:05	67	00:53:45	66	00:23:51	01:30:42	00:23:07
65	3555	3654	Vitor Almeida	-	SEN	Clube Triatlo de Perosinho	106	00:16:49	59	00:52:39	41	00:21:54	01:31:23	00:23:47
66	3094	708	Pedro Fernandes	-	SEN	ABV Estoris	75	00:13:42	66	00:53:33	96	00:26:02	01:33:18	00:25:43
67	4072	752	Renato Fidalgo	-	V2	A.D.C.R. Painho	125	00:19:29	54	00:51:26	57	00:23:05	01:34:01	00:26:26
68	3208	2663	Rui Trovão	-	SEN	Ginásio Clube Figueirense	83	00:14:29	72	00:55:23	77	00:24:27	01:34:21	00:26:45
69	5403		António Costa	-	SEN	Individual	91	00:15:35	70	00:54:43	74	00:24:22	01:34:42	00:27:06
70	2118	3343	Rúben Perdigoto	-	S23	Molly Maid - Vitoria de Janes	66	00:13:19	83	00:58:15	69	00:23:57	01:35:32	00:27:57
71	4108	879	Paulo Leitão Santos	-	V2	Peniche A. C.	73	00:13:38	76	00:56:14	93	00:25:58	01:35:51	00:28:15
72	4075	751	José Peixoto	-	V3	Peniche A. C.	117	00:17:49	68	00:54:15	67	00:23:52	01:35:57	00:28:22
73	4073	456	Amândio Caetano	-	V2	A.D.C.R. Painho	81	00:14:15	79	00:57:50	68	00:23:52	01:35:59	00:28:23
74	1201	2627	André Estevam	-	JUN	Alhandra Sporting Clube	44	00:11:44	93	00:59:08	102	00:26:52	01:37:45	00:30:10
75	3561	3665	Pedro Albino	-	SEN	Assoc. Académica de S. Mamede	60	00:12:56	98	01:00:48	72	00:24:01	01:37:46	00:30:11
76	4286	3558	Paulo Goulart	-	V1	C.F. Os Belenenses	84	00:14:37	81	00:58:08	86	00:25:06	01:37:52	00:30:17
77	3526	3557	António Gouveia	-	SEN	C.F. Os Belenenses	102	00:16:38	78	00:57:01	73	00:24:13	01:37:54	00:30:18
78	5424		Gabriel Oliveira	-	SEN	Individual	108	00:16:53	86	00:58:27	51	00:22:39	01:38:00	00:30:25
79	1196	3456	Fábio Coutinho	-	JUN	Alhandra Sporting Clube	29	00:11:00	80	00:58:01	116	00:29:25	01:38:27	00:30:51
80	5442		Marco Filipe	-	SEN	Individual	118	00:17:50	74	00:56:10	85	00:25:00	01:39:00	00:31:25
81	1249	3646	João Curado	-	JUN	Sporting Clube de Portugal	2	00:09:19	105	01:03:33	104	00:27:12	01:40:05	00:32:30
82	3616	3812	Abel Condesso	-	SEN	Ginásio Clube Figueirense	87	00:15:11	92	00:59:07	97	00:26:06	01:40:26	00:32:50
83	3243	2730	Nuno Coelho Silva	-	SEN	Assoc. Académica de S. Mamede	120	00:18:45	91	00:58:59	62	00:23:14	01:40:59	00:33:24
84	4330	3813	José Fernando Silva	-	V2	Assoc. Académica de S. Mamede	115	00:17:41	88	00:58:46	81	00:24:48	01:41:16	00:33:41
85	3589	3724	Pedro Lopes Pereira	-	SEN	HALCON - SPIUK Olímpico de Oeiras	122	00:18:49	94	00:59:37	70	00:23:59	01:42:27	00:34:52
86	3517	3517	Fábio Pratas	-	SEN	Clube de Triatlo de Almada	80	00:14:13	104	01:03:17	83	00:24:57	01:42:28	00:34:53
87	4268	3183	Vasco Soares	-	V1	Alhandra Sporting Clube	95	00:15:52	95	00:59:37	109	00:27:47	01:43:17	00:35:42
88	4049	562	Paulo Vieira	-	V2	Ginásio Clube Figueirense	85	00:15:02	100	01:01:26	101	00:26:50	01:43:19	00:35:44
89	3610	3797	Bernardo Ferrão	-	SEN	C.F. Os Belenenses	92	00:15:38	106	01:03:35	88	00:25:41	01:44:54	00:37:19
90	4162	2912	Albino Gonçalves	-	V4	O Clube de Veteranos do Porto	112	00:17:28	82	00:58:13	115	00:29:13	01:44:55	00:37:20
91	3174	2568	Valter Nogueira	-	SEN	Assoc. Académica de S. Mamede	121	00:18:46	84	00:58:22	114	00:28:50	01:45:59	00:38:24
92	4165	2930	Carlos Candeias	-	V1	Açoreana Clube Banif	104	00:16:43	108	01:03:49	89	00:25:46	01:46:19	00:38:44
93	4239	3351	Vasco Santos	-	V3	O Clube de Veteranos do Porto	107	00:16:52	109	01:03:49	91	00:25:57	01:46:39	00:39:04
94	4288	3568	João Manuel Correia	-	V2	Individual	101	00:16:32	103	01:02:42	111	00:28:11	01:47:27	00:39:51
95	3425	3221	Rui Mendes	-	SEN	Peniche A. C.	98	00:16:09	114	01:05:14	99	00:26:49	01:48:13	00:40:38
96	4329	3802	Rui Correia	-	V4	Individual	116	00:17:48	111	01:04:20	113	00:28:42	01:50:50	00:43:15
97	3377	3108	Eurico Coelho	-	SEN	Assoc. Académica de S. Mamede	93	00:15:39	107	01:03:47	127	00:32:46	01:52:14	00:44:39
98	4102	786	Luis Lima	-	V3	CARDES - C. A. D. de Barbeita	130	00:25:10	101	01:01:30	94	00:25:58	01:52:40	00:45:04

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
99	5402		André Teixeira	-	SEN	Individual	100	00:16:18	115	01:06:45	121	00:30:33	01:53:36	00:46:01
100	5276		João Guerra	-	SEN	Individual	131	00:25:15	89	00:58:49	118	00:29:59	01:54:04	00:46:29
101	3389	3157	Luis Barbosa	-	SEN	C. N. Colégio Vasco da Gama	126	00:20:06	117	01:07:24	98	00:26:42	01:54:14	00:46:39
102	4305	3657	António João Santos	-	V1	Açoreana Clube Banif	113	00:17:31	120	01:09:16	107	00:27:39	01:54:28	00:46:53
103	4152	2869	Silvino Muchacho	-	V4	Peniche A. C.	105	00:16:44	116	01:07:24	122	00:30:49	01:54:58	00:47:23
104	3590	3726	Nuno Miguel Moreira	-	SEN	Individual	99	00:16:10	122	01:10:37	119	00:30:00	01:56:48	00:49:12
105	5423		Francisco Miguel	-	SEN	Individual	119	00:17:51	119	01:07:52	123	00:31:04	01:56:48	00:49:13
106	3335	3018	Pedro Basilio	-	SEN	SR Camarnal / Seguros Contacto /	70	00:13:28	127	01:13:44	129	00:33:33	02:00:47	00:53:12
107	4163	2913	Manuel Dias	-	V4	O Clube de Veteranos do Porto	123	00:18:54	123	01:11:09	126	00:31:26	02:01:30	00:53:55
108	5464		Paulo Costa	-	V2	Individual	127	00:20:22	121	01:09:48	124	00:31:19	02:01:30	00:53:55
109	5426		José Correia	-	V3	Individual	110	00:17:02	126	01:13:10	125	00:31:20	02:01:33	00:53:57
110	5443		Miguel Torres	-	SEN	Individual	129	00:22:51	125	01:13:09	117	00:29:33	02:05:35	00:58:00
111	5471		Pedro Cabral	-	SEN	Individual	128	00:22:43	124	01:11:54	128	00:33:21	02:07:59	01:00:23
112	3557	3656	António Guedes	-	SEN	Açoreana Clube Banif	124	00:19:23	128	01:14:46	130	00:33:55	02:08:05	01:00:29
113	4255	3422	Paulo Castro Rocha	-	V3	O Clube de Veteranos do Porto	109	00:16:58	129	01:16:53	131	00:35:42	02:09:34	01:01:59
	3180	730	Paulo Jorge Barradas	DQ	SEN	Individual	30	00:11:04	57	00:52:01	1	00:15:44	01:18:49	00:11:14
	3326	2989	Nuno Barros	DNF	SEN	Assoc. Académica de S. Mamede		00:12:11		01:12:46				-
	4279	3518	João Morgado	DNF	V1	Clube de Triatlo de Almada		00:16:20		01:05:55				-
	1149	34	Guilherme Marques	DNF	JUN	Sporting Clube de Portugal		00:09:50						-
	4097	790	Carlos Suzana	DNF	V2	COMPEED - Tri-Oeste		00:13:59						-
	4148	497	Pedro Cordeiro	DNF	V1	COMPEED - Tri-Oeste		00:11:12						-
	2090	445	Miguel Caetano	DNF	S23	A.D.C.R. Painho		00:14:17						-
	2114	215	João Inácio	DNF	S23	Oeiras Sport Clube - TRANSINSULAR		00:11:40		00:51:31				-
	1204	3307	Filipe Miguel Lopes	DNF	JUN	Alhandra Sporting Clube		00:11:55						-
	1154	2636	Diogo Mata Tristão	DNF	JUN	Alhandra Sporting Clube		00:09:59						-
	5473		Rúben Carvalho	DNF	S23	Individual		00:16:43						-
	4274	3467	Carlos Brito	DNF	V3	Molly Maid - Vitoria de Janes		00:11:55						-
	3623	3834	Filipe Varandas	DNS	SEN	Individual								-
	3318	2953	Leandro Pinto	DNS	SEN	Individual								-
	3123	726	Faber Martins	DNS	SEN	Assoc. Académica de S. Mamede								-
	3334	3016	Rui Filipe Costa	DNS	SEN	Porto Runners - McDonalds Parque								-
	3521	710	João Nicolau	DNS	SEN	C. N. Tejo								-
	4284	3540	Hélder Moura	DNS	V2	O Clube de Veteranos do Porto								-
	4238	3350	António Manuel Vieira	DNS	V2	O Clube de Veteranos do Porto								-
	2126	3497	Miguel Andrade	DNS	S23	HALCON - SPIUK Olimpico de Oeiras								-
	3542	3358	Pedro Madeira	DNS	SEN	Molly Maid - Vitoria de Janes								-
	2119	3465	Gonçalo Franco	DNS	S23	Molly Maid - Vitoria de Janes								-
	4270	2787	Pedro Quintela	DNS	V1	COMPEED - Tri-Oeste								-
	4267	3452	Victor Garcez	DNS	V3	Individual								-
	4264	2833	Carlos Carichas	DNS	V1	Ludens Clube do Machico								-
	3282	2839	Márcio Neves	DNS	SEN	Oeiras Sport Clube - TRANSINSULAR								-
	4149	505	José Ribeiro	DNS	V1	SR Camarnal / Seguros Contacto /								-
	2092	3176	Pedro Miguel Gomes	DNS	S23	Alhandra Sporting Clube								-
	5414		António Piedadr Santos	DNS	V4	Individual								-
	5410		Bruno Pontes	DNS	SEN	Individual								-
	5422		Daniel Bettencourt	DNS	SEN	Individual								-
	5437		Lino Maia	DNS	SEN	Individual								-
	5439		Luis Paixão	DNS	SEN	Individual								-
	5450		Otelo Fontes	DNS	SEN	Individual								-

Data:	26-07-2009	Hora:	16h00	Local:	Penacova			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
	5472		Ricardo Silva	DNS	SEN	Individual								-
	5475		Rui Gomes	DNS	SEN	Individual	1		1		46			-