

Data:	28-06-2009	Hora:	10h00	Local:	Abrantes			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	2087	102	José Estrangeiro	-	S23	HALCON - SPIUK Olimpico de Oeiras	3	00:09:12	3	00:35:37	2	00:17:06	01:01:56	
2	2124	2570	Vasco Pessoa	-	S23	HALCON - SPIUK Olimpico de Oeiras	1	00:08:40	10	00:36:56	11	00:17:41	01:03:19	00:01:22
3	3117	486	Lino Barruncho	-	SEN	HALCON - SPIUK Olimpico de Oeiras	59	00:11:34	1	00:35:29	1	00:16:32	01:03:36	00:01:39
4	5388	474	Sérgio Marques	-	SEN	COMPEED - Tri-Oeste	29	00:10:27	6	00:36:22	4	00:17:14	01:04:05	00:02:08
5	1166	2949	Hugo Alves	-	JUN	HALCON - SPIUK Olimpico de Oeiras	17	00:09:43	12	00:37:14	3	00:17:08	01:04:06	00:02:09
6	3412	417	Rui Dolores	-	SEN	Amiciclo	22	00:09:50	11	00:37:05	9	00:17:34	01:04:31	00:02:34
7	3197	2640	Délio Ferreira	-	SEN	COMPEED - Tri-Oeste	58	00:11:34	4	00:35:43	5	00:17:15	01:04:32	00:02:35
8	3049	475	Sérgio Dias	-	SEN	COMPEED - Tri-Oeste	55	00:11:31	5	00:35:47	6	00:17:15	01:04:34	00:02:38
9	3284	352	Pedro Gomes	-	SEN	HALCON - SPIUK Olimpico de Oeiras	13	00:09:22	7	00:36:32	37	00:18:51	01:04:46	00:02:49
10	4149	505	José Ribeiro	-	V1	SR Camarnal / Seguros Contacto /	62	00:11:38	2	00:35:34	10	00:17:35	01:04:48	00:02:52
11	1149	34	Guilherme Marques	-	JUN	Sporting Clube de Portugal	8	00:09:17	14	00:37:35	19	00:18:09	01:05:03	00:03:06
12	1094	20	Bruno Pereira	-	JUN	Alhandra Sporting Clube	2	00:08:55	16	00:37:56	36	00:18:50	01:05:42	00:03:45
13	2127	2513	Diogo Custódio	-	S23	Sporting Clube de Portugal	6	00:09:14	15	00:37:49	38	00:18:51	01:05:55	00:03:59
14	3261	462	David Caldeirão	-	SEN	COMPEED - Tri-Oeste	24	00:10:03	8	00:36:52	42	00:19:12	01:06:09	00:04:12
15	1153	2629	Luis Filipe Marafuz	-	JUN	Alhandra Sporting Clube	9	00:09:17	36	00:39:29	8	00:17:31	01:06:18	00:04:22
16	4116	592	Rui Rodrigues	-	V1	COMPEED - Tri-Oeste	26	00:10:25	25	00:38:45	12	00:17:42	01:06:53	00:04:56
17	1192	3353	Sérgio Filipe Monteiro	-	JUN	HALCON - SPIUK Olimpico de Oeiras	32	00:10:30	24	00:38:39	13	00:17:45	01:06:55	00:04:58
18	1203	3122	Rafael Ribeiro	-	JUN	Alhandra Sporting Clube	10	00:09:18	29	00:38:59	29	00:18:38	01:06:56	00:05:00
19	3214	2684	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	41	00:10:47	19	00:38:20	20	00:18:13	01:07:21	00:05:24
20	4192	626	Rui Melo	-	V1	COMPEED - Tri-Oeste	47	00:11:09	20	00:38:22	17	00:17:53	01:07:24	00:05:28
21	3021	588	Marco Mello	-	SEN	HALCON - SPIUK Olimpico de Oeiras	39	00:10:43	32	00:39:06	18	00:17:54	01:07:44	00:05:47
22	3542	3358	Pedro Madeira	-	SEN	Molly Maid - Vitoria de Janes	43	00:10:54	17	00:37:58	41	00:19:12	01:08:04	00:06:08
23	3107	621	Rui Sousa	-	SEN	C. N. Tejo	40	00:10:44	22	00:38:28	39	00:18:54	01:08:07	00:06:10
24	3485	3440	Nuno Patrício	-	SEN	C.N. Alvito	38	00:10:40	18	00:38:14	43	00:19:13	01:08:08	00:06:12
25	4027	508	Alcino Serras	-	V1	SR Camarnal / Seguros Contacto /	113	00:13:29	13	00:37:21	7	00:17:19	01:08:09	00:06:13
26	1167	3143	José Veiga	-	JUN	HALCON - SPIUK Olimpico de Oeiras	19	00:09:44	46	00:40:48	16	00:17:49	01:08:23	00:06:26
27	1158	3123	João Graça	-	JUN	Sporting Clube de Portugal	23	00:10:02	37	00:39:47	30	00:18:42	01:08:32	00:06:35
28	1155	3078	Miguel Marques	-	JUN	Alhandra Sporting Clube	7	00:09:15	41	00:40:17	44	00:19:17	01:08:50	00:06:53
29	3394	3136	Valdo Neves	-	SEN	Clube de Triatlo de Almada	56	00:11:32	28	00:38:58	28	00:18:32	01:09:02	00:07:06
30	1154	2636	Diogo Mata Tristão	-	JUN	Alhandra Sporting Clube	15	00:09:40	38	00:40:00	53	00:19:58	01:09:39	00:07:43
31	1217	62	Jorge Alves	-	JUN	HALCON - SPIUK Olimpico de Oeiras	48	00:11:15	40	00:40:02	25	00:18:24	01:09:42	00:07:46
32	3039	507	Custódio António	-	SEN	SR Camarnal / Seguros Contacto /	83	00:12:11	35	00:39:21	21	00:18:14	01:09:47	00:07:50
33	3342	3044	Rodrigo Baltazar	-	SEN	Sporting Clube de Portugal	34	00:10:31	43	00:40:26	35	00:18:49	01:09:47	00:07:50
34	4270	2787	Pedro Quintela	-	V1	COMPEED - Tri-Oeste	78	00:12:07	30	00:39:00	32	00:18:44	01:09:51	00:07:55
35	3583	3708	Paulo Adão Coelho	-	SEN	Clube Triatlo de Perosinho	20	00:09:49	51	00:41:23	33	00:18:44	01:09:56	00:07:59
36	3173	2564	José Lino	-	SEN	C. N. Tejo	85	00:12:15	34	00:39:14	31	00:18:42	01:10:12	00:08:16
37	4148	497	Pedro Cordeiro	-	V1	COMPEED - Tri-Oeste	27	00:10:26	33	00:39:07	79	00:20:55	01:10:30	00:08:34
38	3170	2562	Rui Simões	-	SEN	Alhandra Sporting Clube	92	00:12:41	21	00:38:24	57	00:20:08	01:11:14	00:09:18
39	3026	461	Anibal Oliveira	-	SEN	Amiciclo	135	00:14:00	26	00:38:51	26	00:18:26	01:11:18	00:09:22
40	3453	3305	Armandino Chaves	-	SEN	CARDES - C. A. D. de Barbeita	138	00:14:04	27	00:38:53	24	00:18:21	01:11:20	00:09:23
41	3142	2526	Pedro Figueira	-	SEN	Ribabike / Assoc. 20 Km de Almeirim	45	00:11:05	39	00:40:00	69	00:20:33	01:11:39	00:09:42
42	1233	3546	Diogo Rosa	-	JUN	C. N. Tejo	66	00:11:50	31	00:39:03	77	00:20:53	01:11:46	00:09:50
43	1170	153	Gonçalo Barros	-	JUN	Ginásio Clube de Sines	35	00:10:31	23	00:38:32	125	00:22:44	01:11:49	00:09:52
44	1216	221	Pedro Miguel Amaral	-	JUN	Sporting Clube de Portugal	11	00:09:19	65	00:42:29	60	00:20:13	01:12:02	00:10:06
45	3529	3564	Paulo Roberto Pereira	-	SEN	Amiciclo	36	00:10:34	48	00:40:53	76	00:20:52	01:12:20	00:10:23
46	1223	230	Rui Tenrinho	-	JUN	C.F. Os Belenenses	12	00:09:20	60	00:42:11	78	00:20:54	01:12:26	00:10:30
47	3101	457	Nuno Almeida	-	SEN	A.D.C.R. Painho	53	00:11:30	54	00:41:33	49	00:19:45	01:12:49	00:10:52
48	3219	2690	Ricardo Ferreira	-	SEN	ABV Estoris	30	00:10:28	69	00:42:51	47	00:19:32	01:12:52	00:10:55
49	3207	2662	José Magalhães Dias	-	SEN	A.D.C.R. Painho	76	00:12:04	44	00:40:42	64	00:20:17	01:13:05	00:11:08

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Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
50	2128	3515	Nuno Rodrigues	-	S23	Clube de Triatlo de Almada	54	00:11:31	50	00:41:04	72	00:20:45	01:13:20	00:11:24
51	1112	157	Rui Cordeiro	-	JUN	Ginásio Clube de Sines	49	00:11:17	68	00:42:38	46	00:19:31	01:13:27	00:11:31
52	3135	2515	Mário Guedes	-	SEN	Assoc. Académica de S. Mamede	73	00:12:01	45	00:40:48	75	00:20:51	01:13:41	00:11:45
53	3591	3730	Paulo Janela	-	SEN	Clube de Triatlo de Almada	134	00:13:56	52	00:41:27	23	00:18:20	01:13:44	00:11:47
54	4147	629	Fernando Carmo	-	V1	C. N. Colégio Vasco da Gama	125	00:13:39	55	00:41:39	27	00:18:31	01:13:51	00:11:54
55	4060	762	António Moura	-	V2	SR Camarnal / Seguros Contacto /	63	00:11:40	59	00:41:58	65	00:20:19	01:13:58	00:12:01
56	1212	3479	Sebastião Botas	-	JUN	Alhandra Sporting Clube	5	00:09:14	101	00:45:07	48	00:19:36	01:13:58	00:12:02
57	2136	254	Alexandre Alvarez	-	S23	ABV Estoris	33	00:10:30	111	00:45:48	14	00:17:45	01:14:04	00:12:08
58	3113	579	Duarte Barreto	-	SEN	C.N. Cartaxo	60	00:11:34	53	00:41:31	95	00:21:27	01:14:33	00:12:36
59	1202	2947	Ivo Cristela	-	JUN	Alhandra Sporting Clube	21	00:09:50	80	00:43:30	89	00:21:17	01:14:38	00:12:41
60	3559	3663	António Luis Barbosa	-	SEN	Assoc. Académica de S. Mamede	126	00:13:40	64	00:42:27	34	00:18:46	01:14:54	00:12:58
61	3382	392	João Dias	-	SEN	C.N. Cartaxo	42	00:10:53	77	00:43:22	103	00:21:38	01:15:54	00:13:57
62	3054	739	António Luz Gomes	-	SEN	Oeiras Sport Clube - TRANSINSULAR	80	00:12:08	71	00:42:59	80	00:20:57	01:16:05	00:14:08
63	1164	3150	David Maia	-	JUN	HALCON - SPIUK Olimpico de Oeiras	18	00:09:44	76	00:43:21	133	00:23:00	01:16:05	00:14:09
64	3300	2871	Nelson Santos	-	SEN	A. R. S. C. Toledo	166	00:15:24	56	00:41:44	40	00:18:56	01:16:05	00:14:09
65	3241	2718	Nuno Tintim	-	SEN	Alhandra Sporting Clube	143	00:14:18	66	00:42:31	45	00:19:24	01:16:14	00:14:18
66	5292		Paulo Ribeiro	-	V2	Individual	88	00:12:23	70	00:42:56	84	00:21:06	01:16:27	00:14:30
67	1196	3456	Fábio Coutinho	-	JUN	Alhandra Sporting Clube	28	00:10:27	49	00:41:00	181	00:25:08	01:16:35	00:14:39
68	3524	3555	Paulo Sequeira	-	SEN	Peniche A. C.	101	00:12:56	78	00:43:25	62	00:20:16	01:16:38	00:14:42
69	3156	560	Pedro Pereira	-	SEN	Assoc. Académica de S. Mamede	97	00:12:48	83	00:43:47	55	00:20:03	01:16:39	00:14:42
70	2135	3600	Rúben Reis	-	S23	ABV Estoris	124	00:13:38	75	00:43:17	50	00:19:50	01:16:46	00:14:49
71	3092	746	Pedro Venâncio	-	SEN	CARDES - C. A. D. de Barbeita	87	00:12:21	89	00:44:18	59	00:20:13	01:16:53	00:14:56
72	3181	2581	Luis Correia Ferreira	-	SEN	Assoc. Académica de S. Mamede	89	00:12:30	90	00:44:20	56	00:20:06	01:16:57	00:15:00
73	3001	627	Paulo Teles	-	SEN	G. A. A. Vila Franca de Xira	81	00:12:10	87	00:44:08	73	00:20:46	01:17:05	00:15:08
74	4059	800	Fernando Feijão	-	V3	HALCON - SPIUK Olimpico de Oeiras	164	00:15:19	57	00:41:53	54	00:20:02	01:17:14	00:15:17
75	3145	602	Luis Moura Lopes	-	SEN	Ribabike / Assoc. 20 Km de Almeirim	64	00:11:44	67	00:42:31	138	00:23:08	01:17:24	00:15:28
76	4312	3683	Vitor Carapelho	-	V2	Individual	71	00:12:00	84	00:43:52	101	00:21:36	01:17:29	00:15:32
77	4052	770	Manuel Gonçalves	-	V2	C. N. Colégio Vasco da Gama	95	00:12:47	96	00:44:55	52	00:19:54	01:17:37	00:15:40
78	4129	2740	João Hipólito	-	V1	Alhandra Sporting Clube	146	00:14:33	58	00:41:56	92	00:21:23	01:17:52	00:15:56
79	3586	3716	Miguel Carneiro	-	SEN	Clube de Praças da Armada	72	00:12:00	94	00:44:48	82	00:21:05	01:17:54	00:15:57
80	3239	2717	Telmo Veloso	-	SEN	Porto Runners - McDonalds Parque	108	00:13:13	82	00:43:37	88	00:21:15	01:18:05	00:16:09
81	4058	520	António Catarino	-	V1	HALCON - SPIUK Olimpico de Oeiras	154	00:14:50	42	00:40:21	135	00:23:04	01:18:16	00:16:19
82	2090	445	Miguel Caetano	-	S23	A.D.C.R. Painho	136	00:14:01	72	00:43:07	86	00:21:08	01:18:17	00:16:21
83	3003	854	César Andrade	-	SEN	G. A. A. Vila Franca de Xira	74	00:12:03	88	00:44:12	111	00:22:05	01:18:21	00:16:25
84	3183	2589	Ricardo Figueora Silva	-	SEN	C. N. Colégio Vasco da Gama	75	00:12:03	97	00:44:57	94	00:21:25	01:18:26	00:16:30
85	3494	3451	Rui Pedro Costa	-	SEN	C. N. Tejo	152	00:14:48	63	00:42:23	96	00:21:27	01:18:39	00:16:43
86	2114	215	João Inácio	-	S23	Oeiras Sport Clube - TRANSINSULAR	52	00:11:23	91	00:44:23	134	00:23:02	01:18:49	00:16:53
87	2118	3343	Rúben Perdigoto	-	S23	Molly Maid - Vitoria de Janes	99	00:12:51	106	00:45:21	71	00:20:43	01:18:56	00:17:00
88	1214	3246	Simão Sousa	-	JUN	HALCON - SPIUK Olimpico de Oeiras	50	00:11:19	112	00:45:50	109	00:21:53	01:19:03	00:17:07
89	3036	732	Nuno Campos	-	SEN	Clube de Praças da Armada	110	00:13:22	79	00:43:29	122	00:22:33	01:19:25	00:17:29
90	4155	584	Francisco Santos	-	V1	Individual	140	00:14:11	130	00:47:01	22	00:18:15	01:19:28	00:17:31
91	3100	706	Luis Cipriano	-	SEN	A.D.C.R. Painho	155	00:14:56	85	00:43:57	70	00:20:41	01:19:35	00:17:38
92	3588	3721	Igor Santos	-	SEN	C. N. Tejo	91	00:12:37	92	00:44:41	123	00:22:34	01:19:53	00:17:56
93	4286	3558	Paulo Goulart	-	V1	C.F. Os Belenenses	120	00:13:35	81	00:43:35	127	00:22:51	01:20:02	00:18:05
94	3561	3665	Pedro Albino	-	SEN	Assoc. Académica de S. Mamede	77	00:12:06	114	00:45:51	115	00:22:15	01:20:13	00:18:16
95	2092	3176	Pedro Miguel Gomes	-	S23	Alhandra Sporting Clube	14	00:09:30	139	00:48:02	132	00:22:58	01:20:31	00:18:34
96	3424	3220	Rui Antunes	-	SEN	Peniche A. C.	133	00:13:55	74	00:43:16	149	00:23:31	01:20:43	00:18:47
97	3320	2956	Sérgio Ribeiro	-	SEN	Clube de Praças da Armada	84	00:12:12	142	00:48:25	63	00:20:16	01:20:55	00:18:58
98	3321	2957	Luis Lourenço	-	SEN	Molly Maid - Vitoria de Janes	61	00:11:37	146	00:49:05	61	00:20:15	01:20:57	00:19:01

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
99	4015	774	José Oliveira	-	V2	ABV Estoris	117	00:13:33	117	00:46:00	104	00:21:39	01:21:13	00:19:17
100	4097	790	Carlos Suzana	-	V2	COMPEED - Tri-Oeste	137	00:14:02	116	00:45:59	99	00:21:34	01:21:36	00:19:39
101	3004	485	Bruno Silva	-	SEN	G. A. A. Vila Franca de Xira	98	00:12:48	131	00:47:18	98	00:21:31	01:21:37	00:19:41
102	5230		Gonçalo Ruivo	-	JUN	Individual	68	00:11:55	104	00:45:15	167	00:24:29	01:21:40	00:19:44
103	1225	3109	Duarte Marcelino	-	JUN	C.F. Os Belenenses	67	00:11:51	122	00:46:22	151	00:23:35	01:21:49	00:19:52
104	3526	3557	António Gouveia	-	SEN	C.F. Os Belenenses	151	00:14:48	123	00:46:23	81	00:20:58	01:22:10	00:20:13
105	3094	708	Pedro Fernandes	-	SEN	ABV Estoris	106	00:13:10	125	00:46:35	118	00:22:25	01:22:10	00:20:14
106	4197	603	Victor Rodrigues	-	V1	Ribabike / Assoc. 20 Km de Almeirim	123	00:13:38	128	00:46:59	100	00:21:35	01:22:12	00:20:15
107	4108	879	Paulo Leitão Santos	-	V2	Peniche A. C.	132	00:13:54	98	00:45:04	143	00:23:17	01:22:16	00:20:20
108	3208	2663	Rui Trovão	-	SEN	Ginásio Clube Figueirense	109	00:13:18	120	00:46:08	129	00:22:54	01:22:21	00:20:24
109	3082	651	João Seródio	-	SEN	C. N. Colégio Vasco da Gama	107	00:13:10	121	00:46:21	126	00:22:50	01:22:22	00:20:25
110	3500	296	Fábio Ferreira	-	SEN	C.N. Cartaxo	128	00:13:45	129	00:47:00	105	00:21:40	01:22:26	00:20:29
111	1201	2627	André Estevam	-	JUN	Alhandra Sporting Clube	46	00:11:08	119	00:46:05	184	00:25:16	01:22:30	00:20:33
112	5331		António José Costa	-	SEN	Individual	159	00:15:08	86	00:44:00	147	00:23:28	01:22:37	00:20:40
113	3315	2938	Mário Figueiredo	-	SEN	Núcleo Ciclismo da Baixa da Banheira	186	00:17:05	99	00:45:04	67	00:20:28	01:22:38	00:20:42
114	3280	2837	Carlos Bráz	-	SEN	CARDES - C. A. D. de Barbeita	129	00:13:45	134	00:47:24	97	00:21:30	01:22:40	00:20:43
115	3120	720	Mário Couto	-	SEN	C.N. Cartaxo	158	00:15:07	138	00:47:45	51	00:19:52	01:22:45	00:20:48
116	4127	2732	Emanuel Marques	-	V2	Assoc. Académica de S. Mamede	82	00:12:11	162	00:50:24	58	00:20:09	01:22:45	00:20:48
117	3262	2794	Nuno Barbosa	-	SEN	Porto Runners - McDonalds Parque	96	00:12:47	126	00:46:38	150	00:23:33	01:22:58	00:21:02
118	4073	456	Amândio Caetano	-	V2	A.D.C.R. Painho	144	00:14:20	127	00:46:48	108	00:21:51	01:23:00	00:21:03
119	4268	3183	Vasco Soares	-	V1	Alhandra Sporting Clube	153	00:14:49	100	00:45:05	139	00:23:08	01:23:04	00:21:07
120	4259	3426	Paulo Neves	-	V1	O Clube de Veteranos do Porto	148	00:14:36	109	00:45:46	130	00:22:54	01:23:17	00:21:20
121	3235	2711	Gonçalo Vicente	-	SEN	C. N. Colégio Vasco da Gama	104	00:13:04	147	00:49:05	90	00:21:18	01:23:29	00:21:33
122	2126	3497	Miguel Andrade	-	S23	HALCON - SPIUK Olimpico de Oeiras	79	00:12:08	148	00:49:14	113	00:22:10	01:23:32	00:21:36
123	3326	2989	Nuno Barros	-	SEN	Assoc. Académica de S. Mamede	57	00:11:33	115	00:45:51	198	00:26:32	01:23:57	00:22:01
124	4082	862	José Maçarrria	-	V2	Ginásio Clube Figueirense	145	00:14:25	140	00:48:21	87	00:21:14	01:24:01	00:22:04
125	4189	2703	Carlos Serra	-	V1	Alhandra Sporting Clube	150	00:14:41	124	00:46:25	140	00:23:08	01:24:15	00:22:18
126	4317	3718	Pedro Vilaça da Silva	-	V1	C.F. Os Belenenses	180	00:16:33	102	00:45:08	124	00:22:44	01:24:26	00:22:29
127	3508	3477	João Duarte	-	SEN	Núcleo Ciclismo da Baixa da Banheira	185	00:17:03	95	00:44:50	121	00:22:32	01:24:27	00:22:30
128	4072	752	Renato Fidalgo	-	V2	A.D.C.R. Painho	200	00:18:25	93	00:44:41	93	00:21:23	01:24:30	00:22:34
129	3597	3753	Rui Choças	-	SEN	Individual	127	00:13:44	143	00:48:25	128	00:22:52	01:25:02	00:23:06
130	4303	3645	António Joaquim Reis	-	V2	Cl. Ferroviário de Vendas Novas	173	00:16:05	113	00:45:50	146	00:23:28	01:25:24	00:23:27
131	4075	751	José Peixoto	-	V3	Peniche A. C.	184	00:16:54	103	00:45:08	148	00:23:31	01:25:34	00:23:38
132	3376	3107	Nuno Mendes	-	SEN	C. C. D. M. Matosinhos	65	00:11:50	169	00:51:18	131	00:22:54	01:26:04	00:24:07
133	5319		Valter Nogueira	-	SEN	Individual	195	00:17:46	110	00:45:48	137	00:23:07	01:26:42	00:24:46
134	2119	3465	Gonçalo Franco	-	S23	Molly Maid - Vitoria de Janes	165	00:15:19	153	00:49:40	107	00:21:50	01:26:50	00:24:53
135	5317		Rui Foles	-	SEN	Individual	191	00:17:18	105	00:45:18	165	00:24:16	01:26:54	00:24:57
136	5208		Carlos Pato	-	SEN	Individual	105	00:13:06	184	00:53:02	74	00:20:50	01:27:00	00:25:03
137	3076	687	Rui Pereira	-	SEN	Cl. Ferroviário de Vendas Novas	139	00:14:10	144	00:48:28	168	00:24:31	01:27:11	00:25:14
138	3385	3138	Pedro Guedes	-	SEN	Porto Runners - McDonalds Parque	111	00:13:27	172	00:51:35	116	00:22:17	01:27:21	00:25:24
139	3589	3724	Pedro Lopes Pereira	-	SEN	HALCON - SPIUK Olimpico de Oeiras	204	00:18:50	136	00:47:31	85	00:21:06	01:27:28	00:25:31
140	3425	3221	Rui Mendes	-	SEN	Peniche A. C.	157	00:15:01	149	00:49:23	141	00:23:09	01:27:34	00:25:37
141	4154	484	Paulo Leote	-	V1	G. A. A. Vila Franca de Xira	112	00:13:28	180	00:52:16	112	00:22:06	01:27:52	00:25:55
142	4142	492	Carlos Reis	-	V1	Núcleo Ciclismo da Baixa da Banheira	147	00:14:34	166	00:50:38	144	00:23:20	01:28:34	00:26:37
143	3324	2987	Luis Pimenta	-	SEN	C. N. Colégio Vasco da Gama	156	00:14:57	164	00:50:30	142	00:23:14	01:28:43	00:26:46
144	4239	3351	Vasco Santos	-	V3	O Clube de Veteranos do Porto	179	00:16:28	145	00:48:38	163	00:24:12	01:29:18	00:27:22
145	4165	2930	Carlos Candeias	-	V1	Açoreana Clube Banif	170	00:15:50	158	00:50:08	145	00:23:21	01:29:20	00:27:23
146	5275		Miguel Freire	-	V1	Individual	102	00:13:03	170	00:51:19	178	00:24:58	01:29:21	00:27:25
147	4333	3816	Artur Oliveira	-	V3	Externato Cooperativo da Benedita	167	00:15:26	163	00:50:28	161	00:24:10	01:30:05	00:28:09

Data:	28-06-2009	Hora:	10h00	Local:	Abrantes		
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt		

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
148	3389	3157	Luis Barbosa	-	SEN	C. N. Colégio Vasco da Gama	194	00:17:35	161	00:50:21	114	00:22:13	01:30:10	00:28:14
149	5273		Luis Paixão	-	SEN	Individual	51	00:11:22	179	00:52:07	200	00:27:01	01:30:31	00:28:34
150	5232		Hugo Mendes	-	SEN	Individual	160	00:15:11	141	00:48:22	201	00:27:15	01:30:49	00:28:52
151	4279	3518	João Morgado	-	V1	Clube de Triatlo de Almada	161	00:15:15	150	00:49:23	195	00:26:19	01:30:58	00:29:01
152	4305	3657	António João Santos	-	V1	Açoreana Clube Banif	171	00:15:56	167	00:50:40	171	00:24:38	01:31:15	00:29:19
153	4023	765	Francisco Bexiga	-	V3	Clube de Praças da Armada	183	00:16:44	155	00:49:55	177	00:24:54	01:31:33	00:29:36
154	4235	3338	Ricardo Aguiar	-	V2	Cl. Ferroviário de Vendas Novas	119	00:13:35	188	00:53:19	173	00:24:44	01:31:39	00:29:42
155	4162	2912	Albino Gonçalves	-	V4	O Clube de Veteranos do Porto	188	00:17:12	165	00:50:36	174	00:24:48	01:32:37	00:30:41
156	5236		João Galhordas	-	SEN	Individual	172	00:15:58	176	00:52:00	175	00:24:52	01:32:50	00:30:54
157	5192		Artur Cunha	-	JUN	Individual	162	00:15:18	175	00:52:00	190	00:25:50	01:33:09	00:31:12
158	4152	2869	Silvino Muchacho	-	V4	Peniche A. C.	175	00:16:08	151	00:49:26	202	00:27:41	01:33:17	00:31:21
159	4294	3603	José Panóias	-	V3	Núcleo Ciclismo da Baixa da Banheira	201	00:18:26	157	00:50:06	180	00:25:05	01:33:38	00:31:41
160	5304		Ricardo Clemente	-	SEN	Individual	176	00:16:15	173	00:51:37	191	00:25:51	01:33:44	00:31:47
161	5243		José Camões	-	SEN	Individual	182	00:16:43	181	00:52:22	172	00:24:40	01:33:46	00:31:50
162	5290		Paulo Oliveira	-	SEN	Individual	207	00:19:21	182	00:52:45	106	00:21:46	01:33:53	00:31:56
163	5282		Paulo Costa	-	V2	Individual	196	00:17:48	160	00:50:20	189	00:25:48	01:33:58	00:32:01
164	5215		Filipe Varandas	-	SEN	Individual	90	00:12:35	201	00:56:15	182	00:25:08	01:33:59	00:32:03
165	3281	2838	Hélder Gonçalves Ribeiro	-	SEN	Oeiras Sport Clube - TRANSINSULAR	206	00:19:16	156	00:50:00	179	00:25:01	01:34:17	00:32:21
166	3390	3158	Hélder Valente	-	SEN	Serv. Soc. CGD	169	00:15:49	177	00:52:00	199	00:26:44	01:34:35	00:32:38
167	5246		José Manuel Sérgio	-	V1	Individual	203	00:18:32	174	00:51:48	169	00:24:32	01:34:53	00:32:56
168	5209		César Marques	-	SEN	Individual	189	00:17:14	193	00:53:52	155	00:23:50	01:34:57	00:33:01
169	5289		Paulo José Gonçalves	-	V1	Individual	168	00:15:41	196	00:55:47	158	00:24:04	01:35:33	00:33:36
170	5222		Francisco Miguel	-	SEN	Individual	192	00:17:25	194	00:54:03	159	00:24:07	01:35:35	00:33:39
171	5279		Nelson Lopes	-	SEN	Individual	122	00:13:37	203	00:58:16	162	00:24:10	01:36:04	00:34:07
172	5332		Pedro Carvalho	-	SEN	Individual	142	00:14:12	202	00:57:40	164	00:24:16	01:36:09	00:34:12
173	5224		Gonçalo Lopes	-	SEN	Individual	177	00:16:23	190	00:53:32	194	00:26:14	01:36:10	00:34:14
174	5301		Pedro Castro Tavares	-	SEN	Individual	121	00:13:37	204	00:58:32	160	00:24:09	01:36:19	00:34:22
175	2140	3715	Filipe Vidal	-	S23	Clube de Praças da Armada	205	00:18:54	178	00:52:05	188	00:25:45	01:36:45	00:34:49
176	5244		José Correia	-	V3	Individual	163	00:15:18	185	00:53:02	206	00:28:37	01:36:58	00:35:01
177	2144	3822	João Filipe Correia	-	SEN	C.N. Alvito	209	00:21:02	152	00:49:38	196	00:26:20	01:37:02	00:35:05
178	4280	3519	Paulo Lopes	-	V1	Clube de Triatlo de Almada	187	00:17:06	171	00:51:35	209	00:29:06	01:37:47	00:35:51
179	5241		José Calheiros Dias	-	V2	Individual	100	00:12:54	205	00:59:15	193	00:26:06	01:38:16	00:36:19
180	4238	3350	António Manuel Vieira	-	V2	O Clube de Veteranos do Porto	181	00:16:40	186	00:53:11	208	00:29:03	01:38:54	00:36:58
181	4163	2913	Manuel Dias	-	V4	O Clube de Veteranos do Porto	208	00:19:22	195	00:54:03	186	00:25:28	01:38:55	00:36:58
182	3557	3656	António Guedes	-	SEN	Açoreana Clube Banif	198	00:18:05	191	00:53:39	204	00:28:21	01:40:05	00:38:08
183	3590	3726	Nuno Miguel Moreira	-	SEN	Individual	103	00:13:04	210	01:03:15	187	00:25:29	01:41:49	00:39:53
184	4016	827	John Graney	-	V5	ABV Estoris	197	00:17:57	198	00:55:57	207	00:28:41	01:42:35	00:40:39
185	5152		Antonio Moreira	-	V3	Individual	190	00:17:17	207	01:00:22	197	00:26:22	01:44:02	00:42:05
186	3391	3159	Carlos Albano Silva	-	SEN	Serv. Soc. CGD	193	00:17:33	208	01:00:50	210	00:29:22	01:47:45	00:45:49
187	5320		Vitor Carvalho	-	V2	Individual	131	00:13:52	211	01:06:29	205	00:28:21	01:48:44	00:46:47
188	5316		Ricardo Lopes	-	SEN	Individual	210	00:22:31	206	00:59:15	203	00:28:10	01:49:57	00:48:00
189	5322		Vitor Fernandes	-	V4	Individual	211	00:29:52	209	01:00:59	211	00:30:31	02:01:24	00:59:27
	3325	2988	Emanuel Neves	DQ	SEN	C. C. D. M. Matosinhos	41	00:10:51	94	00:40:40	94	00:19:46	01:11:18	00:09:21
	3517	3517	Fábio Pratas	DQ	SEN	Clube de Triatlo de Almada	110	00:13:40	106	00:48:04	106	00:20:22	01:22:07	00:20:11
	2107	2303	Pedro Leitão	DNF	S23	Alhandra Sporting Clube		00:09:49						-
	3127	468	Tiago Lobo	DNF	SEN	COMPEED - Tri-Oeste		00:10:02						-
	3264	2799	Manuel Alves	DNF	SEN	Sporting Clube de Portugal		00:10:29						-
	1249	3646	João Curado	DNS	JUN	Sporting Clube de Portugal								-
	1247	3616	Filipe Azevedo	DNS	JUN	Cl. Ferroviário de Vendas Novas								-

Data:	28-06-2009	Hora:	10h00	Local:	Abrantes			
Natação	750 mt	Ciclismo:	20.000 mt	Corrida:	5.000 mt			

Ranking:	Taça de Portugal Triatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
	1173	195	Ruben Rosa	DNS	JUN	Individual								-
	1177	3247	Pedro Lourenço	DNS	JUN	HALCON - SPIUK Olimpico de Oeiras								-
	1163	2266	Paulo Alexandre Antunes	DNS	JUN	HALCON - SPIUK Olimpico de Oeiras								-
	1162	190	Miguel Fernandes	DNS	JUN	HALCON - SPIUK Olimpico de Oeiras								-
	1209	147	Diogo Goulão Henriques	DNS	JUN	Ginásio Clube de Sines								-
	1106	37	Fabício Tomás	DNS	JUN	Alhandra Sporting Clube								-
	3177	2577	António Miguel Reis	DNS	SEN	Amiciclo								-
	3128	471	José Ferreira	DNS	SEN	COMPEED - Tri-Oeste								-
	3052	479	Hélder Milheiras	DNS	SEN	COMPEED - Tri-Oeste								-
	3209	2677	Pedro Miguel Lopes	DNS	SEN	Porto Runners - McDonalds Parque								-
	3416	3193	Miguel Vigôco	DNS	SEN	Maia Atlético Clube (MAC)								-
	3411	3184	Luis Novo	DNS	SEN	Alhandra Sporting Clube								-
	3244	2735	Carlos Fernandes	DNS	SEN	Oeiras Sport Clube - TRANSINSULAR								-
	3388	3154	Carlos Antunes	DNS	SEN	Individual								-
	3567	3679	Adriano Gouveia	DNS	SEN	Porto Runners - McDonalds Parque								-
	4236	3339	Manuel Ramos	DNS	V2	Individual								-
	4102	786	Luis Lima	DNS	V3	CARDES - C. A. D. de Barbeita								-
	4215	3232	José Luis Correia	DNS	V3	ABV Estoris								-
	4174	3013	José Jesús Martins	DNS	V5	C.F. Os Belenenses								-
	4100	871	Jaime Carmo	DNS	V4	Individual								-
	5202		Carlos Chan	DNS	SEN	Individual								-
	5233		Joao Cruz	DNS	SEN	Individual								-
	5253		Luis Boavida	DNS	V3	Individual								-
	5284		Paulo Espirito Santo	DNS	SEN	Individual								-
	5302		Pedro Rolha	DNS	SEN	Individual								-
	5303		Ricardo Carvalho	DNS	S23	Individual								-