

Data:	21-01-2009	Hora:	17h30	Local:	Arraiolos
Corrida	5.340 mt	Ciclismo:	20.000 mt	Corrida:	2.670 mt

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Ciclism	P	Corrida	Total	Diff
1	3117	486	Lino Barruncho	-	SEN	HALCON - SPIUK Olimpico de Oeiras	1	00:17:06	2	00:35:05	1	00:09:28	01:01:40	
2	3284	352	Pedro Gomes	-	SEN	HALCON - SPIUK Olimpico de Oeiras	4	00:17:42	1	00:35:03	4	00:10:05	01:02:52	00:01:12
3	3197	2640	Délio Ferreira	-	SEN	COMPEED - Tri-Oeste	5	00:17:42	3	00:35:09	6	00:10:22	01:03:15	00:01:35
4	5321	468	Tiago Lobo	-	SEN	COMPEED - Tri-Oeste	6	00:17:44	4	00:35:11	9	00:10:31	01:03:27	00:01:47
5	3139	2524	Nuno Nunes	-	SEN	SR Camarnal / Seguros Contacto /	3	00:17:22	5	00:36:00	5	00:10:09	01:03:31	00:01:51
6	3039	507	Custódio António	-	SEN	SR Camarnal / Seguros Contacto /	9	00:18:08	6	00:36:32	2	00:10:03	01:04:44	00:03:04
7	3214	2684	Miguel Ganchinho	-	SEN	Clube de Triatlo de Almada	7	00:18:06	7	00:36:53	11	00:10:45	01:05:45	00:04:05
8	3483	3420	António Travassos	-	SEN	Alhandra Sporting Clube	2	00:17:08	20	00:38:46	3	00:10:05	01:05:59	00:04:19
9	3049	475	Sérgio Dias	-	SEN	COMPEED - Tri-Oeste	8	00:18:07	11	00:37:47	13	00:10:58	01:06:53	00:05:13
10	2127	2513	Diogo Custódio	-	S23	Sporting Clube de Portugal	16	00:18:46	14	00:38:11	7	00:10:26	01:07:25	00:05:44
11	3342	3044	Rodrigo Baltazar	-	SEN	Sporting Clube de Portugal	24	00:19:42	8	00:37:05	10	00:10:42	01:07:30	00:05:50
12	3485	3440	Nuno Patrício	-	SEN	C.N. Alvito	23	00:19:41	9	00:37:09	12	00:10:46	01:07:37	00:05:57
13	1167	3143	José Veiga	-	JUN	HALCON - SPIUK Olimpico de Oeiras	12	00:18:31	18	00:38:43	8	00:10:31	01:07:46	00:06:06
14	3026	461	Anibal Oliveira	-	SEN	Amiciclo	18	00:18:59	12	00:38:00	15	00:11:02	01:08:01	00:06:21
15	3285	2840	Hugo Ferreira	-	SEN	HALCON - SPIUK Olimpico de Oeiras	11	00:18:26	15	00:38:19	22	00:11:29	01:08:15	00:06:35
16	3412	417	Rui Dolores	-	SEN	Amiciclo	10	00:18:19	17	00:38:27	25	00:11:32	01:08:19	00:06:39
17	1192	3353	Sérgio Filipe Monteiro	-	JUN	HALCON - SPIUK Olimpico de Oeiras	14	00:18:40	16	00:38:27	18	00:11:16	01:08:25	00:06:44
18	3591	3730	Paulo Janela	-	SEN	Clube de Triatlo de Almada	13	00:18:31	19	00:38:45	16	00:11:10	01:08:28	00:06:48
19	1206	3445	Paulo Ricardo Monteiro	-	JUN	Alhandra Sporting Clube	17	00:18:58	13	00:38:03	26	00:11:34	01:08:36	00:06:55
20	3264	2799	Manuel Alves	-	SEN	Sporting Clube de Portugal	25	00:19:48	10	00:37:15	29	00:11:53	01:08:57	00:07:17
21	3563	3674	Rogério Costa	-	SEN	Amiciclo	15	00:18:45	22	00:39:23	14	00:11:01	01:09:10	00:07:30
22	3339	3030	Jorge Teixeira	-	SEN	Clube de Praças da Armada	27	00:20:02	25	00:39:44	20	00:11:21	01:11:08	00:09:28
23	3173	2564	José Lino	-	SEN	C. N. Tejo	28	00:20:16	26	00:39:53	17	00:11:11	01:11:22	00:09:41
24	1217	62	Jorge Alves	-	JUN	HALCON - SPIUK Olimpico de Oeiras	19	00:19:01	36	00:41:48	21	00:11:26	01:12:16	00:10:36
25	3513	3485	Luis Fitas	-	SEN	Cl. Ferroviário de Vendas Novas	54	00:22:00	21	00:39:05	24	00:11:31	01:12:38	00:10:57
26	4148	497	Pedro Cordeiro	-	V1	COMPEED - Tri-Oeste	35	00:20:46	23	00:39:34	51	00:13:23	01:13:43	00:12:03
27	2128	3515	Nuno Rodrigues	-	S23	Clube de Triatlo de Almada	22	00:19:28	35	00:41:44	40	00:12:40	01:13:53	00:12:13
28	3300	2871	Nélson Santos	-	SEN	A. R. S. C. Toledo	21	00:19:25	38	00:41:56	37	00:12:33	01:13:56	00:12:15
29	1223	230	Rui Tenrinho	-	JUN	C.F. Os Belenenses	33	00:20:40	28	00:40:28	41	00:12:48	01:13:57	00:12:16
30	3524	3555	Paulo Sequeira	-	SEN	Peniche A. C.	41	00:21:09	27	00:40:26	34	00:12:24	01:14:00	00:12:20
31	3494	3451	Rui Pedro Costa	-	SEN	C. N. Tejo	59	00:22:14	24	00:39:38	30	00:12:10	01:14:04	00:12:24
32	1064	193	Ana Filipa Ferreira	-	JUN	Alhandra Sporting Clube	38	00:20:57	29	00:41:00	32	00:12:16	01:14:14	00:12:34
33	1247	3616	Filipe Azevedo	-	JUN	Cl. Ferroviário de Vendas Novas	37	00:20:56	31	00:41:03	43	00:12:52	01:14:52	00:13:12
34	3315	2938	Mário Figueiredo	-	SEN	Núcleo Ciclismo da Baixa da Banheira	34	00:20:40	48	00:42:38	28	00:11:41	01:15:00	00:13:20
35	3612	3799	Jaime Brito	-	SEN	Individual	42	00:21:20	32	00:41:30	36	00:12:31	01:15:22	00:13:42
36	3402	3166	Luis Reis	-	SEN	Casa Benfica Faro/GASCAN	36	00:20:47	44	00:42:26	31	00:12:14	01:15:28	00:13:48
37	2108	2454	Ana Filipa Sampaio	-	S23	Alhandra Sporting Clube	52	00:21:51	40	00:42:05	33	00:12:24	01:16:21	00:14:41
38	3592	3731	Luis Pereira	-	SEN	Clube de Triatlo de Almada	20	00:19:25	70	00:45:33	27	00:11:34	01:16:33	00:14:53
39	3586	3716	Miguel Carneiro	-	SEN	Clube de Praças da Armada	43	00:21:26	51	00:42:45	39	00:12:38	01:16:50	00:15:10
40	3207	2662	José Magalhães Dias	-	SEN	A.D.C.R. Painho	49	00:21:44	34	00:41:33	54	00:13:39	01:16:57	00:15:17
41	2090	445	Miguel Caetano	-	S23	A.D.C.R. Painho	40	00:21:04	42	00:42:22	55	00:13:39	01:17:07	00:15:27
42	5296		José Manuel Silva	-	SEN	Individual	29	00:20:37	56	00:43:44	44	00:13:01	01:17:23	00:15:43
43	4142	492	Carlos Reis	-	V1	Núcleo Ciclismo da Baixa da Banheira	46	00:21:36	33	00:41:31	70	00:14:22	01:17:30	00:15:49
44	3100	706	Luis Cipriano	-	SEN	A.D.C.R. Painho	61	00:22:30	46	00:42:30	38	00:12:36	01:17:37	00:15:57
45	4278	3499	António Barbosa	-	V2	Casa Benfica Faro/GASCAN	30	00:20:37	69	00:45:33	23	00:11:31	01:17:42	00:16:02
46	3431	3258	Henrique Venâncio	-	SEN	Peniche A. C.	45	00:21:35	39	00:42:02	64	00:14:05	01:17:44	00:16:03
47	1097	2327	Sofia Almeida	-	JUN	Alhandra Sporting Clube	74	00:23:28	30	00:41:01	48	00:13:18	01:17:48	00:16:08
48	4075	751	José Peixoto	-	V3	Peniche A. C.	44	00:21:35	53	00:43:19	49	00:13:21	01:18:16	00:16:36
49	4072	752	Renato Fidalgo	-	V2	A.D.C.R. Painho	58	00:22:14	47	00:42:33	52	00:13:28	01:18:16	00:16:36

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Corrida	5.340 mt	Ciclismo:	20.000 mt	Corrida:	2.670 mt

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Ciclism	P	Corrida	Total	Diff
50	2094	126	Joaquim Guerreiro	-	S23	Amiciclo	66	00:22:47	49	00:42:38	42	00:12:51	01:18:18	00:16:38
51	4188	888	Luis Filipe Pereira	-	V2	Peniche A. C.	62	00:22:34	50	00:42:40	45	00:13:05	01:18:20	00:16:40
52	3589	3724	Pedro Lopes Pereira	-	SEN	HALCON - SPIUK Olimpico de Oeiras	53	00:21:52	58	00:43:58	35	00:12:30	01:18:21	00:16:41
53	4268	3183	Vasco Soares	-	V1	Alhandra Sporting Clube	72	00:23:26	37	00:41:49	50	00:13:22	01:18:39	00:16:58
54	3235	2711	Gonçalo Vicente	-	SEN	C. N. Colégio Vasco da Gama	64	00:22:43	52	00:43:09	47	00:13:11	01:19:05	00:17:25
55	3508	3477	João Duarte	-	SEN	Núcleo Ciclismo da Baixa da Banheira	70	00:23:09	41	00:42:10	60	00:13:53	01:19:14	00:17:34
56	3554	3653	Júlia Santos	-	SEN	Clube Triatlo de Perosinho	39	00:21:03	60	00:44:19	62	00:13:57	01:19:21	00:17:41
57	4267	3452	Victor Garcez	-	V3	Individual	50	00:21:47	55	00:43:27	65	00:14:05	01:19:21	00:17:41
58	4073	456	Amândio Caetano	-	V2	A.D.C.R. Painho	63	00:22:40	45	00:42:29	69	00:14:15	01:19:25	00:17:45
59	3500	296	Fábio Ferreira	-	SEN	C.N. Cartaxo	60	00:22:21	65	00:45:05	46	00:13:10	01:20:37	00:18:56
60	3320	2956	Sérgio Ribeiro	-	SEN	Clube de Praças da Armada	48	00:21:38	57	00:43:46	79	00:15:20	01:20:44	00:19:04
61	4108	879	Paulo Leitão Santos	-	V2	Peniche A. C.	82	00:23:53	43	00:42:24	72	00:14:35	01:20:53	00:19:12
62	4291	3594	José Vilhena	-	V1	Ginásio Clube de Sines	68	00:22:48	62	00:44:49	58	00:13:47	01:21:26	00:19:45
63	3526	3557	António Gouveia	-	SEN	C.F. Os Belenenses	56	00:22:11	68	00:45:32	59	00:13:49	01:21:33	00:19:53
64	3004	485	Bruno Silva	-	SEN	G. A. A. Vila Franca de Xira	57	00:22:11	63	00:44:53	73	00:14:36	01:21:41	00:20:01
65	4315	3698	Carlos Dias	-	V4	Individual	77	00:23:42	61	00:44:29	56	00:13:41	01:21:54	00:20:13
66	2112	3446	Ivan Costa	-	S23	Alhandra Sporting Clube	73	00:23:28	59	00:44:19	66	00:14:08	01:21:56	00:20:16
67	4287	3567	Luis Abade	-	V1	Individual	71	00:23:23	54	00:43:22	78	00:15:16	01:22:02	00:20:22
68	5295		Jose Manuel Ramos	-	SEN	Individual	47	00:21:37	71	00:45:54	74	00:14:37	01:22:09	00:20:29
69	3241	2718	Nuno Tintim	-	SEN	Alhandra Sporting Clube	26	00:19:51	94	00:51:53	19	00:11:17	01:23:02	00:21:22
70	5300		Manuel Silva	-	SEN	Individual	31	00:20:37	84	00:50:09	53	00:13:37	01:24:24	00:22:44
71	3015	538	Maria João Madeira	-	SEN	Clube de Triatlo de Almada	79	00:23:48	66	00:45:14	82	00:15:37	01:24:39	00:22:59
72	2085	2850	Vanessa Pereira	-	S23	COMPEED - Tri-Oeste	89	00:24:52	75	00:46:12	75	00:14:40	01:25:45	00:24:05
73	3382	392	João Dias	-	SEN	C.N. Cartaxo	86	00:24:29	67	00:45:18	86	00:16:07	01:25:55	00:24:14
74	1170	153	Gonçalo Barros	-	JUN	Ginásio Clube de Sines	67	00:22:48	64	00:45:05	100	00:18:04	01:25:58	00:24:18
75	1169	141	David Morgado	-	JUN	Ginásio Clube de Sines	94	00:25:43	74	00:46:10	67	00:14:13	01:26:07	00:24:27
76	4023	765	Francisco Bexiga	-	V3	Clube de Praças da Armada	85	00:24:23	73	00:46:04	83	00:15:46	01:26:14	00:24:34
77	4294	3603	José Panóias	-	V3	Núcleo Ciclismo da Baixa da Banheira	84	00:24:17	76	00:46:53	76	00:15:13	01:26:24	00:24:44
78	4290	3584	Bento Tanganho	-	V3	Alhandra Sporting Clube	76	00:23:40	80	00:48:37	68	00:14:13	01:26:31	00:24:51
79	3597	3753	Rui Choças	-	SEN	Individual	83	00:24:03	81	00:48:39	77	00:15:14	01:27:56	00:26:16
80	1233	3546	Diogo Rosa	-	JUN	C. N. Tejo	90	00:24:52	72	00:46:02	91	00:17:01	01:27:56	00:26:16
81	5299		Luis Miguel Ladeira	-	SEN	Individual	55	00:22:08	95	00:52:19	61	00:13:54	01:28:21	00:26:41
82	5288		João Borges	-	SEN	Individual	80	00:23:49	82	00:49:28	80	00:15:30	01:28:48	00:27:07
83	2120	128	Tânia Boleta	-	S23	Ginásio Clube de Sines	69	00:23:08	88	00:51:23	71	00:14:33	01:29:05	00:27:25
84	4052	770	Manuel Gonçalves	-	V2	C. N. Colégio Vasco da Gama	32	00:20:38	77	00:47:16	106	00:21:27	01:29:23	00:27:43
85	3386	3139	Ana Nisa	-	SEN	COMPEED - Tri-Oeste	75	00:23:35	90	00:51:46	63	00:14:03	01:29:25	00:27:45
86	3525	3556	Elisabete Sousa	-	SEN	C.F. Os Belenenses	81	00:23:50	92	00:51:52	57	00:13:45	01:29:27	00:27:47
87	2109	2631	David Ferreira	-	S23	Alhandra Sporting Clube	95	00:25:48	78	00:47:45	93	00:17:11	01:30:46	00:29:06
88	4122	776	Fernando Teixeira	-	V3	Cl. Ferroviário de Vendas Novas	87	00:24:41	83	00:49:37	88	00:16:32	01:30:51	00:29:11
89	3327	569	Vera Correia	-	SEN	Clube de Triatlo de Almada	92	00:25:05	85	00:50:37	81	00:15:31	01:31:15	00:29:35
90	5291		José Camões	-	SEN	Individual	91	00:24:57	87	00:51:09	84	00:15:55	01:32:02	00:30:21
91	1227	3530	Miguel Alexandre	-	JUN	Associação Naval Amorense	65	00:22:47	93	00:51:53	94	00:17:23	01:32:03	00:30:23
92	4199	890	Filipe Conceição	-	V1	Casa Benfica Faro/GASCAN	51	00:21:50	86	00:51:06	103	00:19:14	01:32:11	00:30:31
93	4279	3518	João Morgado	-	V1	Clube de Triatlo de Almada	100	00:28:12	79	00:47:59	95	00:17:30	01:33:43	00:32:03
94	5287		João Balsinha	-	V4	Individual	78	00:23:44	97	00:53:18	101	00:18:22	01:35:25	00:33:45
95	1229	3532	Luis Maia	-	JUN	Associação Naval Amorense	96	00:25:49	99	00:54:37	85	00:16:02	01:36:29	00:34:49
96	4152	2869	Silvino Muchacho	-	V4	Peniche A. C.	103	00:28:29	89	00:51:31	90	00:16:47	01:36:49	00:35:09
97	4281	3520	José António Santos	-	V1	Clube de Triatlo de Almada	88	00:24:50	98	00:54:24	97	00:17:41	01:36:57	00:35:17
98	3393	3135	Rita Correia	-	SEN	Clube de Triatlo de Almada	93	00:25:39	100	00:55:12	87	00:16:20	01:37:12	00:35:32

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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Ciclism	P	Corrida	Total	Diff
99	3611	3798	Pedro Bernardo	-	SEN	Individual	97	00:26:28	96	00:52:46	99	00:17:58	01:37:13	00:35:32
100	4331	3814	Fernando Oliveira	-	V1	C.N. Cartaxo	107	00:31:54	91	00:51:49	92	00:17:10	01:40:55	00:39:15
101	3540	3582	Ana Feliciano	-	SEN	COMPEED - Tri-Oeste	99	00:27:57	102	00:57:22	89	00:16:33	01:41:53	00:40:13
102	3383	3120	Sofia Valente	-	SEN	Núcleo Ciclismo da Baixa da Banheira	105	00:29:13	101	00:56:59	96	00:17:37	01:43:50	00:42:10
103	4289	3580	Luis Cristóvão	-	V3	Individual	104	00:28:34	106	01:01:04	98	00:17:58	01:47:36	00:45:56
104	4332	3815	João Gameiro	-	V4	C.N. Cartaxo	98	00:27:35	105	01:00:50	102	00:19:13	01:47:39	00:45:59
105	5305		Vitor Vicente	-	V4	Individual	101	00:28:22	104	00:59:44	107	00:22:45	01:50:53	00:49:13
106	1226	3529	Rita Delgado	-	JUN	Associação Naval Amorense	106	00:31:54	103	00:58:25	105	00:21:11	01:51:32	00:49:51
107	5285		Francisco Cipriano	-	V5	Individual	102	00:28:28	108	01:07:11	104	00:20:03	01:55:44	00:54:04
108	5286		Francisco Gomes	-	V3	Individual	108	00:33:48	107	01:04:24	108	00:29:20	02:07:33	01:05:53
	4027	508	Alcino Serras	DQ	V1	SR Camarnal / Seguros Contacto /	2	00:17:06	74	00:35:31	74	00:09:44	01:02:22	00:00:42
	1204	3307	Filipe Miguel Lopes	DQ	JUN	Alhandra Sporting Clube	30	00:20:35	78	00:43:11	78	00:10:59	01:14:46	00:13:06
	1164	3150	David Maia	DNF	JUN	HALCON - SPIUK Olimpico de Oeiras		00:24:28						-
	3514	3486	Hugo Matos	DNF	SEN	Clube de Praças da Armada		00:22:28		00:52:02				-
	2095	2954	Ricardo Reis	DNF	S23	Clube de Praças da Armada		00:22:48		00:44:02				-
	3120	720	Mário Couto	DNF	SEN	C.N. Cartaxo		00:22:12						-
	4189	2703	Carlos Serra	DNF	V1	Alhandra Sporting Clube		00:24:02						-
	1106	37	Fabricao Tomás	DNF	JUN	Alhandra Sporting Clube		00:18:24		00:39:00				-
	3569	3682	Serge Caetano	DNS	SEN	Maia Atlético Clube (MAC)								-
	3531	3566	Pedro Miguel Matos	DNS	SEN	C. N. Tejo								-
	3107	621	Rui Sousa	DNS	SEN	C. N. Tejo								-
	1228	3531	Raquel Martins	DNS	JUN	Associação Naval Amorense								-
	1214	3246	Simão Sousa	DNS	JUN	HALCON - SPIUK Olimpico de Oeiras								-
	2125	3012	Sara Domingos	DNS	S23	HALCON - SPIUK Olimpico de Oeiras								-
	3195	2630	Ana Filipa Santos	DNS	SEN	HALCON - SPIUK Olimpico de Oeiras								-
	1163	2266	Paulo Alexandre Antunes	DNS	JUN	HALCON - SPIUK Olimpico de Oeiras								-
	3021	588	Marco Mello	DNS	SEN	HALCON - SPIUK Olimpico de Oeiras								-
	1128	231	Carolina Gregório	DNS	JUN	HALCON - SPIUK Olimpico de Oeiras								-
	3511	3483	Luis Martins	DNS	SEN	Cl. Ferroviário de Vendas Novas								-
	1211	3478	Sofia Landeiro	DNS	JUN	Alhandra Sporting Clube								-
	1071	2592	Andreia Ponte	DNS	JUN	Ginásio Clube de Sines								-
	3403	381	Rita Ribeiro	DNS	SEN	Ginásio Clube de Sines								-
	3240	380	Carla Ribeiro	DNS	SEN	Ginásio Clube de Sines								-
	1103	146	Andreia Simões Lopes	DNS	JUN	Ginásio Clube de Sines								-
	4275	3468	Fernando Gonçalves	DNS	V3	Molly Maid - Vitoria de Janes								-
	3114	689	Rui Belo	DNS	SEN	Molly Maid - Vitoria de Janes								-
	3184	2596	Maria Rita Neves	DNS	SEN	COMPEED - Tri-Oeste								-
	3425	3221	Rui Mendes	DNS	SEN	Peniche A. C.								-
	3113	579	Duarte Barreto	DNS	SEN	C.N. Cartaxo								-
	4149	505	José Ribeiro	DNS	V1	SR Camarnal / Seguros Contacto /								-
	3400	3164	Marco Costa	DNS	SEN	Alhandra Sporting Clube								-
	1205	2621	Mariana Sousa Faria	DNS	JUN	Alhandra Sporting Clube								-
	4092	872	António Perdigoto	DNS	V2	Alhandra Sporting Clube								-
	2143	3817	Ana Teresa Machado	DNS	S23	HALCON - SPIUK Olimpico de Oeiras								-
	5282		Custódio Frango	DNS	SEN	Individual								-
	5302		Paulo Costa	DNS	V2	Individual								-
	5284		Fábio Caniço	DNS	SEN	Individual								-
	5289		João Pisco	DNS	JUN	Individual								-
	5290		João Portela	DNS	V5	Individual								-

Data:	21-01-2009	Hora:	17h30	Local:	Arraiolos			
Corrida	5.340 mt	Ciclismo:	20.000 mt	Corrida:	2.670 mt			

Ranking:	Taça de Portugal duatlo	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Corrida	P	Ciclism	P	Corrida	Total	Diff
	5292		José Ferreira	DNS	SEN	Individual								-
	5297		Luis Sequeira	DNS	V1	Individual								-
	5301		Nuno Caetano	DNS	JUN	Individual								-
	5303		Paulo Figueira	DNS	SEN	Individual								-
	5304		Vitor Pereira	DNS	SEN	Individual								-