

Data:	06-06-2009	Hora:	15h00	Local:	Peniche			
Natação	300 mt	Ciclismo:	8.500 mt	Corrida:	1.600 mt			

Ranking:		Hora de Partida:	00h00
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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
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JUN	1	1	1153	2629	Luis Filipe Marafuz	-	Alhandra Sporting Clube	00:25:47	
JUN	2	2	1156	3009	Pedro Araújo Mendes	-	C.N. Cartaxo	00:25:59	00:00:12
JUN	3	4	1203	3122	Rafael Ribeiro	-	Alhandra Sporting Clube	00:26:12	00:00:24
JUN	4	5	1149	34	Guilherme Marques	-	Sporting Clube de Portugal	00:26:52	00:01:04
JUN	5	6	1155	3078	Miguel Marques	-	Alhandra Sporting Clube	00:27:56	00:02:08
JUN	6	7	1216	221	Pedro Miguel Amaral	-	Sporting Clube de Portugal	00:28:01	00:02:14
JUN	7	8	1223	230	Rui Tenrinho	-	C.F. Os Belenenses	00:28:11	00:02:23
JUN	8	9	1249	3646	João Curado	-	Sporting Clube de Portugal	00:28:16	00:02:28
JUN	9	13	5264	2604	Eduardo Mendonça	-	C.F. Os Belenenses	00:30:36	00:04:48
JUN	10	16	1225	3109	Duarte Marcelino	-	C.F. Os Belenenses	00:31:52	00:06:05
JUN	11	19	5391		Ricardo Correia	-	Individual	00:32:36	00:06:48
JUN	12	37	5010		Artur Cunha	-	Individual	00:37:37	00:11:50

JUV	1	3	25	194	Pedro Afonso Gaspar	-	Individual	00:26:07	
JUV	2	10	141	2475	Gonçalo Pitarma	-	Núcleo Ciclismo da Baixa da Banheira	00:29:44	00:03:37
JUV	3	11	10	108	Mitos Figueira	-	C.F. Os Belenenses	00:30:02	00:03:55
JUV	4	12	465	3104	João Sousa	-	C.F. Os Belenenses	00:30:21	00:04:14
JUV	5	15	146	2480	José Luis Virtuoso	-	Núcleo Ciclismo da Baixa da Banheira	00:31:40	00:05:33
JUV	6	18	689	3667	Eddy Fachadas	-	A. R. S. C. Toledo	00:32:15	00:06:07
JUV	7	20	475	3119	André Nunes	-	Núcleo Ciclismo da Baixa da Banheira	00:33:15	00:07:08
JUV	8	22	673	3629	Miguel Ângelo Silva	-	Externato Cooperativo da Benedita	00:33:47	00:07:40
JUV	9	24	5002		André Branco	-	Individual	00:34:41	00:08:33
JUV	10	26	705	3720	Rafael Domingos	-	C. N. Tejo	00:34:55	00:08:48
JUV	11	28	5431		Vicente Albuquerque	-	Individual	00:35:48	00:09:41
JUV	12	31	5	94	João Canas	-	C.F. Os Belenenses	00:36:51	00:10:44

S23	1	29	5283		Renato Rocha	-	Individual	00:36:08	
S23	2	33	5125		João Filipe Correia	-	Individual	00:37:15	00:01:06
S23	3	39	5422		Rúben Carvalho	-	Individual	00:38:02	00:01:54

SEN	1	21	3574	3690	Miguel Lopes	-	Individual	00:33:19	
SEN	2	25	5293		Ricardo Biscaia	-	Individual	00:34:42	00:01:23
SEN	3	27	5429		Silvio Ramadas	-	Individual	00:35:08	00:01:48
SEN	4	32	5072		João Ganchas	-	Individual	00:36:53	00:03:33
SEN	5	35	5013		Artur Miranda	-	Individual	00:37:25	00:04:06
SEN	6	36	5198		Pedro Vieira	-	Individual	00:37:33	00:04:14
SEN	7	40	3557	3656	António Guedes	-	Açoreana Clube Banif	00:38:04	00:04:44
SEN	8	41	5078		João Luis	-	Individual	00:38:11	00:04:52
SEN	9	44	5435		Filipe Rio	-	Individual	00:38:58	00:05:38
SEN	10	45	5026		Carlos Pedroso	-	Individual	00:38:58	00:05:38
SEN	11	46	5664		Pedro Pinha	-	Individual	00:39:02	00:05:42
SEN	12	50	5126		Mark Macedo	-	Individual	00:39:33	00:06:13
SEN	13	52	5186		Patrick Ebrero Silkva	-	Individual	00:40:04	00:06:44
SEN	14	53	5190		Paulo Jacinto	-	Individual	00:40:28	00:07:08
SEN	15	54	5000		Alexandre Lourenço	-	Individual	00:40:47	00:07:27
SEN	16	56	5199		Renato Cardoso	-	Individual	00:41:19	00:07:59
SEN	17	57	5021		Bruno Pontes	-	Individual	00:41:29	00:08:10
SEN	18	59	5044		Filipe Varandas	-	Individual	00:45:12	00:11:53

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Escal	Lug	Lg Ind	Dorsal	Lic	Nome	PEN	Nome de clube	Total	Diff
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SEN	19	64	5163		Nuno Correia	-	Individual	00:59:36	00:26:16
SEN	20	65	5063		Jaime Severino	-	Individual	01:01:06	00:27:47
SEN	21	66	5110		Nelson Mota	-	Individual	01:07:40	00:34:20

V1	1	23	5119		Vitor Varela	-	Individual	00:33:54	
V1	2	34	4221	3259	António Vitorino	-	Peniche A. C.	00:37:20	00:03:25
V1	3	55	5193		Paulo Viana	-	Individual	00:40:53	00:06:58
V1	4	60	5108		Maximiano Machado	-	Individual	00:47:42	00:13:47

V2	1	14	5194		Pedro Carreira	-	Individual	00:31:23	
V2	2	17	5067		João Albuquerque	-	Individual	00:32:11	00:00:47
V2	3	30	5187		Paulo Costa	-	Individual	00:36:28	00:05:05
V2	4	42	5090		Luis Garcia	-	Individual	00:38:13	00:06:50
V2	5	47	5432		Vitor Carvalho	-	Individual	00:39:20	00:07:56
V2	6	48	5083		José Calheiros dias	-	Individual	00:39:20	00:07:57
V2	7	49	5191		Paulo Moradas	-	Individual	00:39:21	00:07:57
V2	8	51	5081		Jorge Corte-Real	-	Individual	00:39:49	00:08:26
V2	9	62	5195		Pedro Jesus Ponte	-	Individual	00:49:25	00:18:02

V3	1	38	5007		António Moreira	-	Individual	00:37:45	
V3	2	43	5073		José Correia	-	Individual	00:38:36	00:00:51
V3	3	63	5434		Artur Dinis	-	Individual	00:54:27	00:16:42

V4	1	61	5433		Vitor Manuel Fernandes	-	Individual	00:48:50	
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V5	1	58	4003	830	João Branco	-	C.F. Os Belenenses	00:43:34	
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