

Data:	06-06-2009	Hora:	15h00	Local:	Peniche			
Natação	300 mt	Ciclismo:	8.500 mt	Corrida:	1.600 mt			

Ranking:			Hora de Partida:	00h00
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Lug	Dorsal	Lic	Nome	PEN	Escal	Nome de clube	Total	Diff
1	1153	2629	Luis Filipe Marafuz	-	JUN	Alhandra Sporting Clube	00:25:47	
2	1156	3009	Pedro Araújo Mendes	-	JUN	C.N. Cartaxo	00:25:59	00:00:12
3	25	194	Pedro Afonso Gaspar	-	JUV	Individual	00:26:07	00:00:19
4	1203	3122	Rafael Ribeiro	-	JUN	Alhandra Sporting Clube	00:26:12	00:00:24
5	1149	34	Guilherme Marques	-	JUN	Sporting Clube de Portugal	00:26:52	00:01:04
6	1155	3078	Miguel Marques	-	JUN	Alhandra Sporting Clube	00:27:56	00:02:08
7	1216	221	Pedro Miguel Amaral	-	JUN	Sporting Clube de Portugal	00:28:01	00:02:14
8	1223	230	Rui Tenrinho	-	JUN	C.F. Os Belenenses	00:28:11	00:02:23
9	1249	3646	João Curado	-	JUN	Sporting Clube de Portugal	00:28:16	00:02:28
10	141	2475	Gonçalo Pitarma	-	JUV	Núcleo Ciclismo da Baixa da Banheira	00:29:44	00:03:56
11	10	108	Mitos Figueira	-	JUV	C.F. Os Belenenses	00:30:02	00:04:15
12	465	3104	João Sousa	-	JUV	C.F. Os Belenenses	00:30:21	00:04:33
13	5264	2604	Eduardo Mendonça	-	JUN	C.F. Os Belenenses	00:30:36	00:04:48
14	5194		Pedro Carreira	-	V2	Individual	00:31:23	00:05:35
15	146	2480	José Luis Virtuoso	-	JUV	Núcleo Ciclismo da Baixa da Banheira	00:31:40	00:05:53
16	1225	3109	Duarte Marcelino	-	JUN	C.F. Os Belenenses	00:31:52	00:06:05
17	5067		João Albuquerque	-	V2	Individual	00:32:11	00:06:23
18	689	3667	Eddy Fachadas	-	JUV	A. R. S. C. Toledo	00:32:15	00:06:27
19	5391		Ricardo Correia	-	JUN	Individual	00:32:36	00:06:48
20	475	3119	André Nunes	-	JUV	Núcleo Ciclismo da Baixa da Banheira	00:33:15	00:07:28
21	3574	3690	Miguel Lopes	-	SEN	Individual	00:33:19	00:07:31
22	673	3629	Miguel Ângelo Silva	-	JUV	Externato Cooperativo da Benedita	00:33:47	00:07:59
23	5119		Vitor Varela	-	V1	Individual	00:33:54	00:08:07
24	5002		André Branco	-	JUV	Individual	00:34:41	00:08:53
25	5293		Ricardo Biscaia	-	SEN	Individual	00:34:42	00:08:55
26	705	3720	Rafael Domingos	-	JUV	C. N. Tejo	00:34:55	00:09:08
27	5429		Silvio Ramadas	-	SEN	Individual	00:35:08	00:09:20
28	5431		Vicente Albuquerque	-	JUV	Individual	00:35:48	00:10:00
29	5283		Renato Rocha	-	S23	Individual	00:36:08	00:10:21
30	5187		Paulo Costa	-	V2	Individual	00:36:28	00:10:41
31	5	94	João Canas	-	JUV	C.F. Os Belenenses	00:36:51	00:11:04
32	5072		João Ganchas	-	SEN	Individual	00:36:53	00:11:05
33	5125		João Filipe Correia	-	S23	Individual	00:37:15	00:11:27
34	4221	3259	António Vitorino	-	V1	Peniche A. C.	00:37:20	00:11:32
35	5013		Artur Miranda	-	SEN	Individual	00:37:25	00:11:38
36	5198		Pedro Vieira	-	SEN	Individual	00:37:33	00:11:45
37	5010		Artur Cunha	-	JUN	Individual	00:37:37	00:11:50
38	5007		António Moreira	-	V3	Individual	00:37:45	00:11:57
39	5422		Rúben Carvalho	-	S23	Individual	00:38:02	00:12:15
40	3557	3656	António Guedes	-	SEN	Açoreana Clube Banif	00:38:04	00:12:16
41	5078		João Luis	-	SEN	Individual	00:38:11	00:12:24
42	5090		Luis Garcia	-	V2	Individual	00:38:13	00:12:25
43	5073		José Correia	-	V3	Individual	00:38:36	00:12:49
44	5435		Filipe Rio	-	SEN	Individual	00:38:58	00:13:10
45	5026		Carlos Pedroso	-	SEN	Individual	00:38:58	00:13:10
46	5664		Pedro Pinha	-	SEN	Individual	00:39:02	00:13:14
47	5432		Vitor Carvalho	-	V2	Individual	00:39:20	00:13:32
48	5083		José Calheiros dias	-	V2	Individual	00:39:20	00:13:32
49	5191		Paulo Moradías	-	V2	Individual	00:39:21	00:13:33

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Lug	Dorsal	Lic	Nome	PEN	Escal	Nome de clube	Total	Diff
50	5126		Mark Macedo	-	SEN	Individual	00:39:33	00:13:45
51	5081		Jorge Corte-Real	-	V2	Individual	00:39:49	00:14:01
52	5186		Patrick Ebrero Silkva	-	SEN	Individual	00:40:04	00:14:16
53	5190		Paulo Jacinto	-	SEN	Individual	00:40:28	00:14:40
54	5000		Alexandre Lourenço	-	SEN	Individual	00:40:47	00:14:59
55	5193		Paulo Viana	-	V1	Individual	00:40:53	00:15:05
56	5199		Renato Cardoso	-	SEN	Individual	00:41:19	00:15:31
57	5021		Bruno Pontes	-	SEN	Individual	00:41:29	00:15:42
58	4003	830	João Branco	-	V5	C.F. Os Belenenses	00:43:34	00:17:46
59	5044		Filipe Varandas	-	SEN	Individual	00:45:12	00:19:25
60	5108		Maximiano Machado	-	V1	Individual	00:47:42	00:21:55
61	5433		Vitor Manuel Fernandes	-	V4	Individual	00:48:50	00:23:02
62	5195		Pedro Jesus Ponte	-	V2	Individual	00:49:25	00:23:38
63	5434		Artur Dinis	-	V3	Individual	00:54:27	00:28:39
64	5163		Nuno Correia	-	SEN	Individual	00:59:36	00:33:48
65	5063		Jaime Severino	-	SEN	Individual	01:01:06	00:35:19
66	5110		Nelson Mota	-	SEN	Individual	01:07:40	00:41:52
	4299	3640	Luis Serrazina	DNS	V1	Externato Cooperativo da Benedita		-
	672	3628	Daniel Barros	DNS	JUV	Externato Cooperativo da Benedita		-
	3094	708	Pedro Fernandes	DNS	SEN	ABV Estoris		-
	3514	3486	Hugo Matos	DNS	SEN	Clube de Praças da Armada		-
	1208	3464	Tiago Maia	DNS	JUN	Molly Maid - Vitoria de Janes		-
	292	2716	Afonso Claudino	DNS	JUV	C.N. Cartaxo		-
	3390	3158	Helder Valente	DNS	SEN	Serv. Soc. CGD		-
	4001	821	Adelino Vicente	DNS	V5	Individual		-
	4319	3736	José Remigio Rodrigues	DNS	V1	Clube Sport Juventude de Gaula		-
	5008		Armando Pereira	DNS	V1	Individual		-
	5024		Carlos Manuel Silva	DNS	V2	Individual		-
	5036		César Marques	DNS	SEN	Individual		-
	5038		Daniel Bettencourt	DNS	SEN	Individual		-
	5056		Helder Faria	DNS	SEN	Individual		-
	5057		Humbert Simões	DNS	SEN	Individual		-
	5068		João Cruz	DNS	SEN	Individual		-
	5076		João Lopes	DNS	V3	Individual		-
	5079		Joaquim Figueiras	DNS	SEN	Individual		-
	5091		Luis Negrita	DNS	V1	Individual		-
	5093		Luis Paixão Rodrigues	DNS	SEN	Individual		-
	5099		Marco Filipe	DNS	SEN	Individual		-
	5102		Mário Ramos	DNS	V3	Individual		-
	5115		Nuno Bernardo	DNS	SEN	Individual		-
	5185		Nuno Pereira	DNS	SEN	Individual		-
	5188		Paulo Espirito Santo	DNS	SEN	Individual		-
	5192		Paulo Ribeiro	DNS	V2	Individual		-
	5196		Pedro Poças	DNS	SEN	Individual		-
	5197		Pedro Rolha	DNS	SEN	Individual		-
	5427		Rui Filipe	DNS	SEN	Individual		-
	5554		Vitor Panela	DNS	V5	Individual		-