

Data:	17-05-2009	Hora:	09h30	Local:	Funchal				
Natação	1.500 mt	PT:	0 mt	Ciclismo:	40.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Circuito Nacional	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Nataçã	PT	Ciclism	PT	Corrida	Total	Diff
1	3016	575	Bruno Pais	-	SEN	Sport Lisboa e Benfica	00:18:15	00:00:33	01:05:48	00:00:28	00:31:59	01:57:05	
2	3291	364	Duarte Marques	-	SEN	SR Camarnal / Seguros Contacto /	00:18:12	00:00:36	01:05:49	00:00:27	00:32:47	01:57:54	00:00:49
3	1117	2896	Hugo Ventura	-	JUN	HALCON - SPIUK Olimpico de Oeiras	00:18:19	00:00:34	01:05:45	00:00:29	00:33:54	01:59:03	00:01:57
4	1105	35	João Serrano	-	JUN	SR Camarnal / Seguros Contacto /	00:18:07	00:00:34	01:06:59	00:00:28	00:34:32	02:00:42	00:03:37
5	1063	52	Ruben Costa	-	JUN	Sporting Clube de Portugal	00:18:58	00:00:39	01:08:32	00:00:29	00:33:53	02:02:33	00:05:28
6	1106	37	Fabricao Tomás	-	JUN	Alhandra Sporting Clube	00:18:59	00:00:37	01:08:32	00:00:25	00:35:17	02:03:52	00:06:46
7	3127	468	Tiago Lobo	-	SEN	COMPEED - Tri-Oeste	00:21:20	00:00:42	01:07:32	00:00:27	00:34:14	02:04:17	00:07:12
8	2107	2303	Pedro Leitão	-	S23	Alhandra Sporting Clube	00:20:26	00:01:01	01:08:05	00:00:32	00:35:48	02:05:53	00:08:48
9	2127	2513	Diogo Custódio	-	S23	Sporting Clube de Portugal	00:19:14	00:00:40	01:08:16	00:00:28	00:37:39	02:06:19	00:09:14
10	3412	417	Rui Dolores	-	SEN	Amiciclo	00:22:01	00:00:47	01:06:42	00:00:29	00:38:41	02:08:42	00:11:37
11	3331	3005	Carlos Nóbrega	-	SEN	Clube Futebol Andorinha	00:22:25	00:01:03	01:09:31	00:00:34	00:35:43	02:09:18	00:12:13
12	3367	3088	Roberto Lúcio	-	SEN	CAMADEIRA	00:22:15	00:00:43	01:07:16	00:00:27	00:41:06	02:11:50	00:14:44
13	1199	3433	André Cortezão Ferreira	-	JUN	Clube Futebol Andorinha	00:21:53	00:00:41	01:10:26	00:00:30	00:39:20	02:12:52	00:15:47
14	3206	338	André Guimarães	-	SEN	Maia Atlético Clube (MAC)	00:29:58	00:00:55	01:06:59	00:00:31	00:35:10	02:13:36	00:16:30
15	3473	3375	Luis Mendes	-	SEN	C. D. Escola Santana	00:23:37	00:00:52	01:11:37	00:00:26	00:38:03	02:14:36	00:17:31
16	3266	2822	Ricardo Gouveia	-	SEN	Clube Naval da Calheta	00:29:20	00:00:47	01:07:42	00:00:29	00:36:49	02:15:09	00:18:04
17	4121	585	Paulo Codinha	-	V1	ABV Estoris	00:22:30	00:00:52	01:10:50	00:00:33	00:41:07	02:15:54	00:18:49
18	3583	3708	Paulo Adão Coelho	-	SEN	Clube Triatlo de Perosinho	00:20:38	00:00:59	01:15:12	00:00:45	00:39:11	02:16:46	00:19:41
19	2122	143	Joana Marques	-	S23	HALCON - SPIUK Olimpico de Oeiras	00:22:21	00:00:36	01:15:02	00:00:27	00:39:40	02:18:09	00:21:04
20	3264	2799	Manuel Alves	-	SEN	Sporting Clube de Portugal	00:23:09	00:00:49	01:12:54	00:00:28	00:41:36	02:18:58	00:21:52
21	5413	2835	Paulo Margarido	-	V1	Ludens Clube do Machico	00:25:23	00:01:18	01:12:43	00:00:37	00:39:58	02:20:01	00:22:56
22	1217	62	Jorge Alves	-	JUN	HALCON - SPIUK Olimpico de Oeiras	00:24:07	00:00:43	01:16:49	00:00:26	00:38:07	02:20:13	00:23:08
23	3113	579	Duarte Barreto	-	SEN	C.N. Cartaxo	00:24:26	00:00:39	01:12:48	00:00:37	00:42:11	02:20:43	00:23:38
24	1064	193	Ana Filipa Ferreira	-	JUN	Alhandra Sporting Clube	00:20:34	00:00:45	01:15:33	00:00:31	00:43:21	02:20:47	00:23:42
25	3219	2690	Ricardo Ferreira	-	SEN	ABV Estoris	00:22:19	00:00:52	01:17:10	00:00:30	00:40:29	02:21:23	00:24:17
26	3267	2823	António Viveiros	-	SEN	Ludens Clube do Machico	00:24:21	00:01:10	01:11:17	00:00:35	00:44:52	02:22:18	00:25:13
27	4178	3039	Joaquim Fernandes	-	V2	Clube Futebol Andorinha	00:29:50	00:00:54	01:12:02	00:00:35	00:39:52	02:23:15	00:26:09
28	1185	3312	Celso Nóbrega	-	JUN	Clube Futebol Andorinha	00:22:17	00:00:49	01:14:44	00:00:36	00:45:05	02:23:33	00:26:28
29	2108	2454	Ana Filipa Sampaio	-	S23	Alhandra Sporting Clube	00:21:27	00:00:47	01:19:51	00:00:32	00:42:25	02:25:03	00:27:58
30	3405	3167	Luis Rocha	-	SEN	Clube Naval da Calheta	00:27:56	00:00:56	01:10:36	00:00:45	00:45:29	02:25:44	00:28:39
31	3359	3071	Duarte Câmara	-	SEN	CAMADEIRA	00:27:02	00:00:56	01:15:49	00:00:38	00:41:33	02:26:01	00:28:55
32	4140	2836	Paulo Gomes Silva	-	V2	Ludens Clube do Machico	00:26:28	00:01:11	01:16:06	00:00:40	00:41:43	02:26:09	00:29:04
33	3580	3697	Hugo Brito	-	SEN	C.F. Os Belenenses	00:26:57	00:01:02	01:15:15	00:00:48	00:42:31	02:26:36	00:29:31
34	3524	3555	Paulo Sequeira	-	SEN	Peniche A. C.	00:27:05	00:01:15	01:14:44	00:00:50	00:42:56	02:26:53	00:29:48
35	3177	2577	António Miguel Reis	-	SEN	Amiciclo	00:24:16	00:00:52	01:16:46	00:00:55	00:44:17	02:27:08	00:30:03
36	3406	3175	António Nóia	-	SEN	Ludens Clube do Machico	00:28:53	00:00:51	01:17:51	00:00:38	00:41:21	02:29:36	00:32:30
37	4207	3072	Ricardo Melim	-	V1	Clube Futebol Andorinha	00:28:21	00:00:52	01:18:16	00:00:36	00:43:10	02:31:17	00:34:11
38	5411	3393	Álvaro Silva	-	SEN	HALCON - SPIUK Olimpico de Oeiras	00:27:10	00:01:48	01:19:30	00:00:48	00:42:57	02:32:15	00:35:10
39	4208	3207	João Freitas	-	V1	CAMADEIRA	00:32:17	00:02:19	01:16:57	00:00:36	00:40:05	02:32:16	00:35:11
40	3504	3473	Luis Miguel Gonçalves	-	SEN	CAMADEIRA	00:30:04	00:01:34	01:20:16	00:00:34	00:39:57	02:32:26	00:35:21
41	3459	3315	Gustavo Sousa	-	SEN	Grupo Desportivo Corticeiras	00:27:23	00:01:05	01:17:56	00:00:48	00:46:22	02:33:35	00:36:30
42	3482	3412	Artur Pestana	-	SEN	Grupo Desportivo Corticeiras	00:26:30	00:01:04	01:15:15	00:00:34	00:50:39	02:34:05	00:36:59
43	3302	2874	Carlos Miranda	-	SEN	Ludens Clube do Machico	00:27:49	00:01:15	01:21:29	00:00:44	00:44:19	02:35:38	00:38:33
44	4297	3620	Domingos Nóia	-	V1	Ludens Clube do Machico	00:28:58	00:01:09	01:21:54	00:00:46	00:48:37	02:41:27	00:44:21
45	2094	126	Joaquim Guerreiro	-	S23	Amiciclo	00:33:21	00:01:17	01:23:45	00:00:40	00:43:38	02:42:43	00:45:38
46	4318	3735	José Fernando Teixeira	-	V1	Clube Sport Juventude de Gaula	00:35:41	00:01:11	01:22:07	00:00:34	00:44:03	02:43:37	00:46:31
47	4210	3209	Óscar Pereira	-	V2	CAMADEIRA	00:28:50	00:01:34	01:23:31	00:01:00	00:49:16	02:44:13	00:47:08
48	3547	3609	António Gonçalves	-	SEN	Clube Futebol Andorinha	00:34:42	00:01:47	01:26:16	00:00:49	00:43:52	02:47:28	00:50:23
49	4023	765	Francisco Bexiga	-	V3	Clube de Praças da Armada	00:28:19	00:01:53	01:29:01	00:00:36	00:47:45	02:47:36	00:50:31

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Natação	1.500 mt	PT:	0 mt	Ciclismo:	40.000 mt	PT:	0 mt	Corrida:	10.000 mt

Ranking:	Circuito Nacional	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	Nataçã	PT	Ciclism	PT	Corrida	Total	Diff
50	4173	3006	Manuel Carvalho	-	V3	Ludens Clube do Machico	00:30:01	00:01:23	01:28:09	00:01:00	00:47:07	02:47:42	00:50:37
51	3345	3050	Henrique Boulhosa	-	SEN	Clube Futebol Andorinha	00:26:54	00:01:18	01:30:53	00:00:50	00:48:36	02:48:33	00:51:28
52	3550	3619	Carlos Moreira	-	SEN	Ludens Clube do Machico	00:41:22	00:01:04	01:19:47	00:00:25	00:46:03	02:48:43	00:51:38
53	3466	3347	Ana Perestrelo	-	SEN	Clube Naval da Calheta	00:28:39	00:01:08	01:29:23	00:00:39	00:49:14	02:49:04	00:51:59
54	3346	3052	Mário Rodrigues	-	SEN	Ludens Clube do Machico	00:37:09	00:02:28	01:26:41	00:01:53	00:48:33	02:56:46	00:59:40
55	2116	3082	Francisco Correia	-	S23	Clube Futebol Andorinha	00:31:02	00:01:18	01:28:48	00:00:30	00:56:57	02:58:36	01:01:31
56	3490	3314	João Quintal	-	SEN	Grupo Desportivo Corticeiras	00:29:37	00:01:13	01:30:35	00:00:28	00:57:28	02:59:22	01:02:17
57	3507	3476	Amilcar Gamelas	-	SEN	CAMADEIRA	00:39:37	00:01:35	01:22:42	00:00:56	00:54:34	02:59:27	01:02:22
58	4224	3272	João Carlos Neves	-	V1	C. D. C. Porto Moniz	00:33:58	00:02:32	01:33:22	00:00:36	00:49:58	03:00:28	01:03:23
59	3437	3269	João Alves	-	SEN	Clube Naval da Calheta	00:44:23	00:01:43	01:28:37	00:00:50	00:45:28	03:01:03	01:03:58
	4212	3213	Francisco Viveiros	DNF	V2	Clube Naval da Calheta	00:28:37	00:01:11	01:20:19	00:01:01			-
	3301	2873	Duarte Mendonça	DNF	SEN	Ludens Clube do Machico	00:18:21	00:00:48					-
	1095	2522	João Amorim	DNF	JUN	Alhandra Sporting Clube	00:18:14	00:00:34	01:06:52	00:00:28			-
	1097	2327	Sofia Almeida	DNF	JUN	Alhandra Sporting Clube	00:20:30	00:00:46					-
	4312	3683	Vitor Carapelho	DNS	V2	Individual							-
	3112	593	Paulo Conde	DNS	SEN	ABV Estoris							-
	3063	488	Nuno Neves	DNS	SEN	Casa Benfica Faro/GASCAN							-
	1093	27	Mariana Costa	DNS	JUN	HALCON - SPIUK Olimpico de Oeiras							-
	4214	2834	Gil Freitas	DNS	V1	Ludens Clube do Machico							-
	2110	2638	Liliana Filipa Silva	DNS	S23	Alhandra Sporting Clube							-
	4319	3736	José Remigio Rodrigues	DNS	V1	Clube Sport Juventude de Gaula							-