

### Resultados

Localidade:	Vila Franca de Xira	Distância CORRI (MT): <input type="text"/> CICLIS (KM) <input type="text"/> CORRI (MT):	2500/11500/1250
Data:	15-02-2009	Hora de começo:	9h30m

### Informação

Delegado técnico:	Artur Parreira	Juiz Principal:	Joaquim Bráz
Pontuável para:	Circuito Regional Centro	Juri de apelo:	J.L.Ferreira/A.Parreira/L.Rafael

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA					
						2500 (MT)		11500 (KM)		1250 (MT)					
LG	DRSL	LIC	NOME	PEN	ESC	Equipa		Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
1	25	194	Pedro Afonso Gaspar		JUV	Individual		2	0:08:18	2	0:25:45	3	0:03:36	0:37:39	0:00:14
2	5092		Joel Tiago Pena		SEN	Individual		8	0:08:48	3	0:26:55	8	0:03:47	0:39:30	0:02:05
3	5160		Sérgio Miguel Pinto		SEN	Individual		11	0:08:57	4	0:27:02	15	0:04:01	0:40:00	0:02:35
4	402	2946	Alexandre Nobre		JUV	Alhandra Sporting Clube		7	0:08:47	5	0:27:51	7	0:03:47	0:40:25	0:03:00
5	5636		João Carlos Pereira		S23	Individual		5	0:08:27	7	0:28:29	9	0:03:48	0:40:44	0:03:19
6	5063		Gonçalo Brito		S23	Individual		4	0:08:25	10	0:28:53	10	0:03:52	0:41:10	0:03:45
7	292	2716	Afonso Claudino		JUV	C.N. Cartaxo		12	0:09:08	6	0:28:02	14	0:04:01	0:41:11	0:03:46
8	604	3444	Luis Gabriel Monteiro		JUV	Alhandra Sporting Clube		9	0:08:51	11	0:29:00	4	0:03:38	0:41:29	0:04:04
9	5153		Ricardo Correia		JUN	Individual		18	0:09:21	8	0:28:42	29	0:04:22	0:42:25	0:05:00
10	5623		Marco Cruz		SEN	Individual		15	0:09:16	9	0:28:51	28	0:04:19	0:42:26	0:05:01
11	1249	3646	João Curado		JUN	Sporting Clube de Portugal		3	0:08:18	32	0:31:31	2	0:03:32	0:43:21	0:05:56
12	296	2726	Miguel Lacerda		JUV	Ginásio Clube de Sines		20	0:09:34	17	0:30:13	5	0:03:44	0:43:31	0:06:06
13	482	3149	Filipe Branco		JUV	HALCON - SPIUK Olímpico de Oeiras		24	0:09:46	13	0:30:01	6	0:03:45	0:43:32	0:06:07
14	4291	3594	José Vilhena		V1	Ginásio Clube de Sines		22	0:09:35	12	0:29:58	18	0:04:06	0:43:39	0:06:14
15	5131		Nuno Rijo		SEN	Individual		13	0:09:09	19	0:30:36	24	0:04:12	0:43:57	0:06:32
16	5085		João Paulo André		JUN	Individual		6	0:08:31	37	0:31:52	13	0:04:00	0:44:23	0:06:58
17	146	2480	José Luis Virtuoso		JUV	Núcleo de Ciclismo da Baixa da Banheira		14	0:09:15	23	0:31:09	16	0:04:01	0:44:25	0:07:00
18	35	130	Andreia Lopes		JUV	C.F. "Os Belenenses"		25	0:09:47	24	0:31:10	19	0:04:09	0:45:06	0:07:41
19	462	3099	Daniel Vilhena		JUV	Ginásio Clube de Sines		21	0:09:35	27	0:31:17	30	0:04:26	0:45:18	0:07:53
20	5101		Júlio Manuel Ramos		V5	Individual		23	0:09:41	33	0:31:37	23	0:04:12	0:45:30	0:08:05
21	5167		Victor Ferreira		V1	Individual		30	0:09:52	29	0:31:23	27	0:04:19	0:45:34	0:08:09
22	5099		José Manuel Fernandes		SEN	Individual		33	0:10:06	30	0:31:24	26	0:04:15	0:45:45	0:08:20
23	5039		Bruno Mateiro		SEN	Individual		48	0:10:29	15	0:30:05	70	0:05:16	0:45:50	0:08:25
24	5130		Nuno Santos Galvão		SEN	Individual		34	0:10:12	18	0:30:36	64	0:05:08	0:45:56	0:08:31
25	5142		Paulo Nuno Monteiro		V2	Individual		39	0:10:19	26	0:31:14	32	0:04:28	0:46:01	0:08:36
26	5139		Paulo Jorge Nosze		V1	Individual		29	0:09:49	35	0:31:43	36	0:04:30	0:46:02	0:08:37
27	21	4179	Sara Tenrinho		JUV	C.F. "Os Belenenses"		26	0:09:47	34	0:31:43	39	0:04:36	0:46:06	0:08:41
28	141	2475	Gonçalo Pitarma		JUV	Núcleo de Ciclismo da Baixa da Banheira		28	0:09:48	40	0:32:27	12	0:03:56	0:46:11	0:08:46
29	5087		João Paulo Balola		JUN	Individual		27	0:09:47	21	0:30:58	82	0:05:36	0:46:21	0:08:56
30	5097		José Colaço		V4	Individual		65	0:11:15	16	0:30:05	66	0:05:13	0:46:33	0:09:08
31	5015		André Filipe Gonçalves		JUV	Individual		57	0:11:00	25	0:31:14	37	0:04:33	0:46:47	0:09:22
32	5043		Carlos Manuel Ferreira		SEN	Individual		76	0:11:36	14	0:30:02	65	0:05:10	0:46:48	0:09:23
33	5146		Pedro Cravo		SEN	Individual		50	0:10:34	31	0:31:30	52	0:04:55	0:46:59	0:09:34
34	475	3119	André Nunes		JUV	Núcleo de Ciclismo da Baixa da Banheira		63	0:11:12	22	0:31:03	47	0:04:52	0:47:07	0:09:42
35	5032		António Nobre		V3	Individual		62	0:11:07	20	0:30:57	63	0:05:08	0:47:12	0:09:47
36	5084		João Oliveira		SEN	Individual		17	0:09:19	51	0:33:51	17	0:04:05	0:47:15	0:09:50
37	5404		Manuel Gonçalves		V2	Individual		58	0:11:03	28	0:31:17	55	0:05:00	0:47:20	0:09:55
38	5041		Carlos Alberto Gonçalves		V3	Individual		46	0:10:24	43	0:33:02	42	0:04:41	0:48:07	0:10:42
39	91	184	Ana Rita Reis		JUV	Núcleo de Ciclismo da Baixa da Banheira		45	0:10:23	45	0:33:13	41	0:04:40	0:48:16	0:10:51
40	5169		Vitor Rafael		V2	Individual		44	0:10:23	44	0:33:08	54	0:04:59	0:48:30	0:11:05
41	5048		Eduardo Melo		V3	Individual		60	0:11:04	38	0:32:04	77	0:05:25	0:48:33	0:11:08
42	5158		Rui Lacerda		SEN	Individual		16	0:09:17	66	0:35:23	11	0:03:54	0:48:34	0:11:09
43	1241	3591	Diana Simões Rodrigues		JUN	Clube Académico de Penafirme		61	0:11:05	39	0:32:22	62	0:05:08	0:48:35	0:11:10
44	1210	2633	Hugo Jorge Martins		JUN	Ginásio Clube de Sines		35	0:10:15	53	0:33:57	35	0:04:30	0:48:42	0:11:17
45	5154		Ricardo Oliveira		SEN	Individual		32	0:09:57	57	0:34:21	34	0:04:29	0:48:47	0:11:22
46	116	2282	Andreia Ferrum		JUV	C.N. Cartaxo		51	0:10:37	49	0:33:36	40	0:04:37	0:48:50	0:11:25
47	5157		Rui Choças		SEN	Individual		36	0:10:17	52	0:33:55	51	0:04:53	0:49:05	0:11:40

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
						2500	(MT)	11500	(KM)	1250	(MT)			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
48	1239	213	Helia Gouveia		JUN	Clube Académico de Penafirma	54	0:10:52	50	0:33:40	38	0:04:34	0:49:06	0:11:41
49	5617		Paulo Barata Loureiro		SEN	Individual	40	0:10:19	58	0:34:30	33	0:04:28	0:49:17	0:11:52
50	5069		Héder Henriques		V3	Individual	81	0:11:43	42	0:32:55	49	0:04:53	0:49:31	0:12:06
51	5073		Húgo Naia		S23	Individual	64	0:11:14	48	0:33:35	45	0:04:49	0:49:38	0:12:13
52	1243	3593	Joana Lapas Pinto		JUN	Clube Académico de Penafirme	59	0:11:04	47	0:33:28	59	0:05:07	0:49:39	0:12:14
53	5145		Pedro Carvalho		SEN	Individual	19	0:09:32	73	0:36:14	21	0:04:11	0:49:57	0:12:32
54	5055		Filipe Dias		SEN	Individual	66	0:11:16	41	0:32:53	90	0:05:50	0:49:59	0:12:34
55	5071		Hipólito Ferreira		V2	Individual	72	0:11:27	46	0:33:19	74	0:05:22	0:50:08	0:12:43
56	5117		Manuel Joaquim Pereira		V3	Individual	52	0:10:45	55	0:34:03	75	0:05:22	0:50:10	0:12:45
57	5035		Aparício Santos		SEN	Individual	49	0:10:32	67	0:35:28	22	0:04:12	0:50:12	0:12:47
58	1242	3592	Andreia Duarte		JUN	Clube Académico de Penafirme	47	0:10:25	65	0:35:18	61	0:05:08	0:50:51	0:13:26
59	5076		Jaime Beato		SEN	Individual	77	0:11:38	54	0:33:59	84	0:05:40	0:51:17	0:13:52
60	5637		Joaquim Lourenço Merca		V2	Individual	53	0:10:47	68	0:35:28	58	0:05:05	0:51:20	0:13:55
61	5109		Luís Costa		SEN	Individual	42	0:10:20	81	0:36:56	20	0:04:09	0:51:25	0:14:00
62	5057		Filipe Grenho		SEN	Individual	38	0:10:19	75	0:36:24	48	0:04:53	0:51:36	0:14:11
63	1238	3573	Catarina Paulo		JUN	Clube Académico de Penafirma	73	0:11:30	63	0:35:14	53	0:04:56	0:51:40	0:14:15
64	5103		Luís Borralho		SEN	Individual	70	0:11:21	64	0:35:17	71	0:05:17	0:51:55	0:14:30
65	5140		Paulo Leitão		V2	Individual	74	0:11:35	36	0:31:44	104	0:08:37	0:51:56	0:14:31
66	5115		Luis Tomé		V1	Individual	79	0:11:40	60	0:34:44	88	0:05:41	0:52:05	0:14:40
67	5078		João Miguel Cavaleiro		SEN	Individual	67	0:11:16	72	0:36:10	60	0:05:07	0:52:33	0:15:08
68	5435		Miguel Santos		JUN	Individual	31	0:09:55	84	0:37:05	81	0:05:35	0:52:35	0:15:10
69	92	185	Ana Paula Reis		JUV	Núcleo de Ciclismo da Baixa da Banheira	75	0:11:35	71	0:35:59	76	0:05:24	0:52:58	0:15:33
70	5165		Valter Moreno		SEN	Individual	10	0:08:51	56	0:34:08	105	0:10:00	0:52:59	0:15:34
71	5094		José Dionísio		V2	Individual	55	0:10:52	86	0:37:35	50	0:04:53	0:53:20	0:15:55
72	5059		Francisco Cipriano		V5	Individual	83	0:11:47	78	0:36:47	46	0:04:50	0:53:24	0:15:59
73	5164		Tiago Serrazina Loureiro		JUN	Individual	68	0:11:18	80	0:36:49	72	0:05:19	0:53:26	0:16:01
74	5121		Marco Paulo Silva		SEN	Individual	80	0:11:41	79	0:36:48	68	0:05:15	0:53:44	0:16:19
75	5127		Nélio Sabina		SEN	Individual	85	0:11:56	74	0:36:19	80	0:05:32	0:53:47	0:16:22
76	5620		Rita Bento		S23	Individual	93	0:12:54	62	0:35:11	89	0:05:43	0:53:48	0:16:23
77	5027		Antonio Figueiredo		SEN	Individual	84	0:11:48	77	0:36:47	78	0:05:26	0:54:01	0:16:36
78	48	136	André Morgado		JUV	Ginásio Clube de Sines	98	0:13:40	61	0:35:07	85	0:05:41	0:54:28	0:17:03
79	5093		Jorge Ricardo Cunha		SEN	Individual	56	0:10:58	88	0:38:43	67	0:05:14	0:54:55	0:17:30
80	5060		Francisco Humberto Gomes		V3	Individual	95	0:13:13	70	0:35:57	91	0:05:50	0:55:00	0:17:35
81	5021		André Luis		SEN	Individual	94	0:13:03	76	0:36:30	83	0:05:40	0:55:13	0:17:48
82	5019		André Filipe Farinha		SEN	Individual	69	0:11:19	89	0:39:02	69	0:05:16	0:55:37	0:18:12
83	5096		José Clemente Santos		V3	Individual	99	0:13:43	69	0:35:36	96	0:06:18	0:55:37	0:18:12
84	5161		Sónia Gomes Marinho		SEN	Individual	96	0:13:14	83	0:37:04	92	0:05:51	0:56:09	0:18:44
85	5106		Luis Fragoso		V3	Individual	97	0:13:19	82	0:37:00	94	0:06:06	0:56:25	0:19:00
86	5619		Rui Pedro Heitor		SEN	Individual	78	0:11:39	91	0:39:56	79	0:05:28	0:57:03	0:19:38
87	5050		Elisabete Rouxinol		SEN	Individual	107	0:15:45	59	0:34:36	101	0:06:55	0:57:16	0:19:51
88	5122		Maria Lurdes Henriques		V3	Individual	82	0:11:44	95	0:40:52	44	0:04:47	0:57:23	0:19:58
89	5052		Fernando Coelho		V1	Individual	87	0:12:06	92	0:40:16	87	0:05:41	0:58:03	0:20:38
90	5042		Carlos Manuel Silva		V1	Individual	86	0:12:06	93	0:40:17	86	0:05:41	0:58:04	0:20:39
91	5029		Antonio Garcia		V2	Individual	92	0:12:47	90	0:39:05	97	0:06:19	0:58:11	0:20:46
92	5147		Pedro Ponte		V2	Individual	101	0:14:28	85	0:37:27	102	0:07:15	0:59:10	0:21:45
93	5067		Heitor Silva		JUN	Individual	43	0:10:22	102	0:44:55	25	0:04:15	0:59:32	0:22:07
94	5155		Rita Valentim		V2	Individual	71	0:11:25	99	0:43:29	43	0:04:45	0:59:39	0:22:14
95	5134		Paula Almeida		V1	Individual	105	0:15:12	87	0:38:00	100	0:06:47	0:59:59	0:22:34
96	5014		Anabela Lopes Bexiga		V1	Individual	88	0:12:10	100	0:43:55	56	0:05:04	1:01:09	0:23:44
97	5051		Elsa Maia		SEN	Individual	89	0:12:10	101	0:43:55	57	0:05:04	1:01:09	0:23:44
98	5075		Ivone Cravo		V4	Individual	90	0:12:37	98	0:43:20	73	0:05:21	1:01:18	0:23:53
99	5013		Ana Primavera		SEN	Individual	102	0:14:31	94	0:40:18	98	0:06:34	1:01:23	0:23:58
100	1215	3496	Joana Branco		JUN	HALCON - SPIUK Olímpico de Oeiras	91	0:12:46	97	0:43:17	99	0:06:46	1:02:49	0:25:24
101	5639		Rodrigo Dias		JUN	Individual	37	0:10:18	104	0:48:23	31	0:04:27	1:03:08	0:25:43
102	5012		Ana Dionísio		V2	Individual	106	0:15:19	96	0:41:29	103	0:07:29	1:04:17	0:26:52
103	5166		Vanessa Nunes		S23	Individual	104	0:14:31	103	0:45:24	93	0:06:00	1:05:55	0:28:30

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA					
						2500	(MT)	11500	(KM)	1250	(MT)				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa		Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
104	5040		Bruno Torres		SEN	Individual		100	0:13:48	105	0:49:38	95	0:06:13	1:09:39	0:32:14
105	541	3286	Beatriz Botas	DNF	JUV	Alhandra Sporting Clube		41	0:10:20						
106	5054		Filipa Cunha	DNF	SEN	Individual		103	0:14:31						
107	24	2289	Joana Perdigoto	DNS	JUV	Alhandra Sporting Clube									
108	2095	2954	Ricardo Reis	DNS	S23	Clube de Praças da Armada									
109	294	2720	Daniel Contente	DNS	JUV	Ginásio Clube de Sines									
110	4124	2725	Vitor Cotrim	DNS	V1	Grupo Desportivo do Pessoal da CIMPOR - Alhandra									
111	5009		Ademar Santos	DNS	V3	Individual									
112	5010		Alvaro Manuel Quiterio	DNS	V1	Individual									
113	5017		André Chimanda	DNS	S23	Individual									
114	5022		André Porêlo	DNS	S23	Individual									
115	5023		Ângelo Miguel Costa	DNS	SEN	Individual									
116	5024		António Basso	DNS	V1	Individual									
117	5026		António Carrelo	DNS	V1	Individual									
118	5030		António Luís Silva	DNS	V3	Individual									
119	5031		António Miranda	DNS	V1	Individual									
120	5033		António Quadrado	DNS	SEN	Individual									
121	5036		Armando Santos	DNS	V3	Individual									
122	5037		Bruno Torres	DNS	SEN	Individual									
123	5045		Carlos José Santos	DNS	V3	Individual									
124	5046		César Gabriel Marques	DNS	SEN	Individual									
125	5047		Diogo Bourbon Franca	DNS	V1	Individual									
126	5053		Fernando Mendes	DNS	V4	Individual									
127	5056		Filipe Ferreira	DNS	SEN	Individual									
128	5061		Francisco Sobral Gomes	DNS	SEN	Individual									
129	5066		Guilhermino Taveira	DNS	SEN	Individual									
130	5070		Helder Marques	DNS	SEN	Individual									
131	5072		Hugo Antunes	DNS	SEN	Individual									
132	5077		João Carlos Maria	DNS	SEN	Individual									
133	5080		João fernandes	DNS	SEN	Individual									
134	5083		João Paulo Luis	DNS	S23	Individual									
135	5088		João Pedro Serrazina	DNS	SEN	Individual									
136	5091		Joaquim Manuel Dias	DNS	V2	Individual									
137	5095		José Botelho	DNS	V1	Individual									
138	5098		José Silveira	DNS	SEN	Individual									
139	5100		José Manuel Silva	DNS	SEN	Individual									
140	5102		Júlio Pires	DNS	V2	Individual									
141	5105		Luis Cardoso	DNS	SEN	Individual									
142	5108		Luis Conceição	DNS	JUN	Individual									
143	5112		Luis Ferreira	DNS	SEN	Individual									
144	5113		Luis Marques	DNS	V1	Individual									
145	5114		Luis Nunes	DNS	SEN	Individual									
146	5119		Manuel António Sousa	DNS	V1	Individual									
147	5120		Marco Cruz	DNS	SEN	Individual									
148	5124		Mário José Ramos	DNS	V3	Individual									
149	5125		Mário Jorge Campos Silva	DNS	V2	Individual									
150	5126		Marta Sousa	DNS	V1	Individual									
151	5128		Nuno Carpinteiro	DNS	SEN	Individual									
152	5129		Nuno Filipe Lima	DNS	SEN	Individual									
153	5132		Nuno Pires	DNS	SEN	Individual									
154	5133		Nuno Sérgio Simões	DNS	SEN	Individual									
155	5135		Paulo Jorge Ferreira	DNS	SEN	Individual									
156	5136		Paulo Jorge Fonseca	DNS	V1	Individual									
157	5141		Paulo Jorge Santos	DNS	V1	Individual									
158	5143		Paulo Rodrigues	DNS	SEN	Individual									
159	5144		Pedro Filipe Barbosa	DNS	SEN	Individual									

Temperatura Agua:						CORRIDA 2500 (MT)		CICLISMO 11500 (KM)		CORRIDA 1250 (MT)				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
160	5148		Pedro Miguel Lucas	DNS	SEN	Individual								
161	5150		Pedro Miguel Monteiro	DNS	SEN	Individual								
162	5151		Pedro Roque	DNS	SEN	Individual								
163	5159		Rui Lúcio	DNS	SEN	Individual								
164	5162		Susana Almeida	DNS	SEN	Individual								
165	5163		Tiago Godinho	DNS	S23	Individual								
166	4132	2745	António Moriés	DNS	V2	Oeiras Sport Clube - TRANSINSULAR								
167	1157	2309	Luis Moriés	DNS	JUN	Oeiras Sport Clube - TRANSINSULAR								
168	5632		Rui Pereira	DNS	SEN	Individual								
169	5624		Paulo Barreira	DNS	V1	Individual								
170	5627		Pedro Jorge	DNS	V1	Individual								
171	5633		João Pereira	DNS	JUN	Individual								
172	5625		Luis Tavares	DNS	SEN	Individual								
173	5628		Julio Nunes	DNS	V1	Individual								
174				DNS	SEN	Individual					106	0:37:25	0:37:25	0:00:00