

Resultados

Localidade:	Oeiras	Distância CORRI (MT): CICLIS (KM) CORRI (MT):	5000/18000/2500
Data:	01-02-2009	Hora de começo:	11h00m

Informação

Delegado técnico:	Artur Parreira	Juiz Principal:	João Pinho
Pontuável para:	Taça de Portugal	Juri de apelo:	J.L.Ferreira/Vasco R./ Hugo Sousa

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
						5000	(MT)	18000	(KM)	2500	(MT)			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
1	3016	575	Bruno Pais		SEN	Sport Lisboa e Benfica	4	0:15:44	2	0:47:12	2	0:08:33	1:11:29	0:00:00
2	3117	486	Lino Barruncho		SEN	HALCON - SPIUK Olímpico de Oeiras	2	0:15:43	4	0:47:46	7	0:09:08	1:12:37	0:01:08
3	5007	1085	Santiago Arnes		SEN	Diabillos de Rivas	12	0:16:36	1	0:47:12	8	0:09:10	1:12:58	0:01:29
4	5511		Marco Aurélio Sousa		SEN	Individual	20	0:17:08	3	0:47:29	31	0:09:45	1:14:22	0:02:53
5	3412	417	Rui Dolores		SEN	Amiciclo	21	0:17:11	6	0:50:39	17	0:09:22	1:17:12	0:05:43
6	4149	505	José Ribeiro		V1	SR Camarnal / Seguros Contacto / IKA / HIUZY	23	0:17:17	7	0:51:28	6	0:09:02	1:17:47	0:06:18
7	5456		Ricardo Marinheiro		JUN	Individual	59	0:18:20	5	0:47:59	186	0:11:49	1:18:08	0:06:39
8	2088	179	Miguel Arraiolos		S23	HALCON - SPIUK Olímpico de Oeiras	3	0:15:43	23	0:54:14	1	0:08:25	1:18:22	0:06:53
9	2064	2817	Tiago Abreu Silva		S23	Ludens Clube de Machico	7	0:16:04	19	0:54:02	3	0:08:35	1:18:41	0:07:12
10	3139	2524	Nuno Nunes		SEN	SR Camarnal / Seguros Contacto / IKA / HIUZY	13	0:16:38	10	0:53:02	10	0:09:12	1:18:52	0:07:23
11	1117	2896	Hugo Ventura		JUN	HALCON - SPIUK Olímpico de Oeiras	11	0:16:35	11	0:53:09	25	0:09:37	1:19:21	0:07:52
12	3039	507	Custódio António		SEN	SR Camarnal / Seguros Contacto / IKA / HIUZY	22	0:17:13	22	0:54:12	5	0:08:54	1:20:19	0:08:50
13	3026	461	Anibal Oliveira		SEN	Amiciclo	33	0:17:48	12	0:53:13	24	0:09:37	1:20:38	0:09:09
14	1166	2949	Hugo Alves		JUN	HALCON - SPIUK Olímpico de Oeiras	24	0:17:26	21	0:54:10	9	0:09:11	1:20:47	0:09:18
15	3049	475	Sérgio Dias		SEN	COMPEED - Tri-Oeste	17	0:17:03	27	0:54:41	13	0:09:14	1:20:58	0:09:29
16	5346	1094	Ruben Martín		SEN	BRICOBLOCK - ESPROTEN - TRITOLEDO	32	0:17:45	20	0:54:09	11	0:09:12	1:21:06	0:09:37
17	5003	1082	Enrique Mardomingo		SEN	Diabillos de Rivas	64	0:18:31	9	0:52:55	35	0:09:51	1:21:17	0:09:48
18	5330	1092	David Peinado Diaz		SEN	BRICOBLOCK - ESPROTEN - TRITOLEDO	26	0:17:32	25	0:54:30	18	0:09:23	1:21:25	0:09:56
19	5015		Aires Barros		SEN	Individual	42	0:17:59	15	0:53:30	59	0:10:11	1:21:40	0:10:11
20	3264	2799	Manuel Alves		SEN	Sporting Clube de Portugal	51	0:18:06	17	0:53:53	41	0:09:58	1:21:57	0:10:28
21	2123	2563	João Pedro Silva		S23	HALCON - SPIUK Olímpico de Oeiras	5	0:15:53	47	0:56:50	21	0:09:34	1:22:17	0:10:48
22	3261	462	David Caldeirão		SEN	COMPEED - Tri-Oeste	55	0:18:12	30	0:54:53	45	0:10:01	1:23:06	0:11:37
23	2115	3448	João Miguel Ferreira		S23	Oeiras Sport Clube - TRANSINSULAR	60	0:18:26	24	0:54:23	68	0:10:19	1:23:08	0:11:39
24	4262	636	Paulo Queirós Gonçalves		V1	Oeiras Sport Clube - TRANSINSULAR	56	0:18:13	33	0:55:27	22	0:09:35	1:23:15	0:11:46
25	5345	1091	Miguel Tarjuelo		SEN	BRICOBLOCK - ESPROTEN - TRITOLEDO	75	0:18:51	16	0:53:49	84	0:10:36	1:23:16	0:11:47
26	1086	2722	Carlos Alberto Costa		JUN	Alhandra Sporting Clube	28	0:17:42	13	0:53:27	218	0:12:10	1:23:19	0:11:50
27	1162	190	Miguel Fernandes		JUN	HALCON - SPIUK Olímpico de Oeiras	16	0:16:58	51	0:57:05	15	0:09:17	1:23:20	0:11:51
28	4062	802	Carlos Cabrita		V4	S. R. Toreense	69	0:18:40	29	0:54:53	38	0:09:55	1:23:28	0:11:59
29	4277	2700	João Saúde		V1	Clube Ferroviário de Vendas Novas	29	0:17:43	43	0:56:42	12	0:09:14	1:23:39	0:12:10
30	1105	35	João Serrano		JUN	SR Camarnal / Seguros Contacto / IKA / HIUZY	18	0:17:05	53	0:57:17	16	0:09:21	1:23:43	0:12:14
31	4147	629	Fernando Carmo		V1	Clube de Natação Colégio Vasco da Gama	54	0:18:08	36	0:56:00	23	0:09:36	1:23:44	0:12:15
32	5466		Luis Serrazina		V1	Individual	66	0:18:33	32	0:55:23	60	0:10:11	1:24:07	0:12:38
33	3542	3358	Pedro Madeira		SEN	Molly Maid - Vitoria de Janes	46	0:18:04	35	0:55:57	56	0:10:08	1:24:09	0:12:40
34	5565		Nuno Felício		SEN	Individual	101	0:19:28	18	0:53:58	130	0:11:08	1:24:34	0:13:05
35	4180	764	António Horta		V2	Clube de Praças da Armada	34	0:17:49	44	0:56:43	54	0:10:07	1:24:39	0:13:10
36	5663		Pedro Nunes Santos		V1	Individual	217	0:21:35	8	0:52:42	88	0:10:39	1:24:56	0:13:27
37	3394	3136	Valdo Neves		SEN	Clube de Triatlo de Almada	36	0:17:53	57	0:57:42	19	0:09:31	1:25:06	0:13:37
38	5522		Mário Cabeças		SEN	Individual	74	0:18:49	34	0:55:53	74	0:10:26	1:25:08	0:13:39
39	5570		Nuno Jones		SEN	Individual	111	0:19:43	31	0:54:54	86	0:10:37	1:25:14	0:13:45
40	3321	2957	Luis Lourenço		SEN	Molly Maid - Vitoria de Janes	50	0:18:06	55	0:57:34	29	0:09:41	1:25:21	0:13:52
41	4148	497	Pedro Cordeiro		V1	COMPEED - Tri-Oeste	140	0:20:19	28	0:54:47	89	0:10:39	1:25:45	0:14:16
42	3000	717	Vitor Santos		SEN	Clube Académico de Penafirma	70	0:18:41	52	0:57:10	53	0:10:07	1:25:58	0:14:29
43	5179		Fernando Prisal		S23	Individual	35	0:17:51	73	0:59:11	14	0:09:15	1:26:17	0:14:48
44	4074	458	Pedro Marques		V2	Associação Recreativa Social e Cultural de Toledo	124	0:20:04	37	0:56:10	51	0:10:07	1:26:21	0:14:52
45	3528	3561	Pedro Pinto Alberto		SEN	Individual	30	0:17:44	72	0:58:55	42	0:09:59	1:26:38	0:15:09
46	3342	3044	Rodrigo Baltazar		SEN	Sporting Clube de Portugal	91	0:19:16	45	0:56:45	103	0:10:50	1:26:51	0:15:22



Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
						5000	(MT)	18000	(KM)	2500	(MT)			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
47	5219		Hugo Ferro		SEN	Individual	114	0:19:46	38	0:56:23	97	0:10:47	1:26:56	0:15:27
48	5512		Marco Baptista		SEN	Individual	127	0:20:05	41	0:56:29	72	0:10:25	1:26:59	0:15:30
49	5355		José Fernando Costa		V1	Individual	117	0:19:50	42	0:56:38	118	0:11:01	1:27:29	0:16:00
50	5560		Nuno Rocha		SEN	Individual	98	0:19:25	50	0:57:03	119	0:11:01	1:27:29	0:16:00
51	3475	570	António Jourdan		SEN	Águias de Alpiarça	81	0:18:57	70	0:58:51	43	0:10:00	1:27:48	0:16:19
52	3512	3484	Rui Baptista		SEN	Clube Ferroviário de Vendas Novas	76	0:18:52	69	0:58:50	61	0:10:14	1:27:56	0:16:27
53	5448		Ricardo Figueiredo		SEN	Individual	109	0:19:41	56	0:57:36	109	0:10:55	1:28:12	0:16:43
54	3101	457	Nuno Almeida		SEN	A.D.C.R. Painho	167	0:20:50	48	0:56:53	81	0:10:34	1:28:17	0:16:48
55	1163	2266	Paulo Alexandre Antunes		JUN	HALCON - SPIUK Olímpico de Oeiras	48	0:18:05	84	0:59:59	62	0:10:14	1:28:18	0:16:49
56	3054	739	António Luz Gomes		SEN	Oeiras Sport Clube - TRANSINSULAR	108	0:19:40	62	0:58:24	66	0:10:15	1:28:19	0:16:50
57	4275	3468	Fernando Gonçalves		V3	Molly Maid - Vitoria de Janes	53	0:18:08	88	1:00:12	65	0:10:15	1:28:35	0:17:06
58	3499	3459	Pedro Feliciano		SEN	Associação Recreativa Social e Cultural de Toledo	153	0:20:36	46	0:56:46	142	0:11:19	1:28:41	0:17:12
59	5450		Ricardo Gaspar		S23	Individual	104	0:19:38	54	0:57:18	181	0:11:46	1:28:42	0:17:13
60	5258		Valério Ferreira		SEN	Individual	248	0:22:11	14	0:53:27	326	0:13:15	1:28:53	0:17:24
61	5654		Pedro Martinho		V1	Individual	82	0:18:58	78	0:59:46	63	0:10:14	1:28:58	0:17:29
62	3348	3054	Hélder Marinho Costa		SEN	Associação Recreativa, Cultural e Desportiva de Covas	90	0:19:15	80	0:59:48	40	0:09:57	1:29:00	0:17:31
63	3433	3264	Rui Medina		SEN	Individual	65	0:18:31	93	1:00:40	37	0:09:53	1:29:04	0:17:35
64	5076		António Reis Maia		S23	Individual	96	0:19:23	81	0:59:50	44	0:10:01	1:29:14	0:17:45
65	3107	621	Rui Sousa		SEN	Clube de Natação do Tejo	67	0:18:36	94	1:00:47	39	0:09:56	1:29:19	0:17:50
66	5002		Richard Gomez		V1	Individual	202	0:21:17	39	0:56:26	173	0:11:39	1:29:22	0:17:53
67	1094	20	Bruno Pereira		JUN	Alhandra Sporting Clube	73	0:18:46	91	1:00:20	69	0:10:21	1:29:27	0:17:58
68	5334		José Domingos		V2	Individual	184	0:21:05	40	0:56:27	208	0:12:02	1:29:34	0:18:05
69	5166		Fábio Vitorino		SEN	Individual	161	0:20:44	58	0:57:49	120	0:11:02	1:29:35	0:18:06
70	5307		Joel Tiago Pena		SEN	Individual	145	0:20:23	64	0:58:35	93	0:10:43	1:29:41	0:18:12
71	5662		Pedro Nascimento		SEN	Individual	148	0:20:28	65	0:58:43	90	0:10:40	1:29:51	0:18:22
72	4013	648	Miguel Fragoso		V1	HALCON - SPIUK Olímpico de Oeiras	57	0:18:15	110	1:01:25	67	0:10:16	1:29:56	0:18:27
73	3207	2662	José Magalhães Dias		SEN	A.D.C.R. Painho	112	0:19:44	75	0:59:31	91	0:10:43	1:29:58	0:18:29
74	5271		Rui Casaleiro		V1	Individual	147	0:20:26	67	0:58:45	99	0:10:48	1:29:59	0:18:30
75	5009	1087	Vicente Garcia		V2	Diabillos de Rivas	92	0:19:20	90	1:00:19	73	0:10:25	1:30:04	0:18:35
76	5661		Pedro Miguel Lopes		SEN	Individual	87	0:19:07	106	1:01:20	26	0:09:38	1:30:05	0:18:36
77	5309		Aníbal Caiado		SEN	Individual	103	0:19:37	86	1:00:11	70	0:10:21	1:30:09	0:18:40
78	4032	769	Carlos Gomes		V2	Oeiras Sport Clube - TRANSINSULAR	45	0:18:00	131	1:02:33	27	0:09:40	1:30:13	0:18:44
79	4254	763	Fernando Correia		V2	Peniche A. C.	123	0:20:03	74	0:59:30	98	0:10:47	1:30:20	0:18:51
80	5023		Alexandre Vaz		SEN	Individual	182	0:21:04	60	0:58:10	132	0:11:10	1:30:24	0:18:55
81	3127	468	Tiago Lobo		SEN	COMPEED - Tri-Oeste	58	0:18:18	128	1:02:28	28	0:09:40	1:30:26	0:18:57
82	5443		Renato Avelar		JUN	Individual	151	0:20:30	49	0:56:55	310	0:13:03	1:30:28	0:18:59
83	5385		José Monteiro		SEN	Individual	157	0:20:42	66	0:58:44	124	0:11:05	1:30:31	0:19:02
84	3524	3555	Paulo Sequeira		SEN	Peniche A. C.	105	0:19:39	82	0:59:53	126	0:11:05	1:30:37	0:19:08
85	2092	3176	Pedro Miguel Gomes		S23	Alhandra Sporting Clube	89	0:19:14	109	1:01:22	52	0:10:07	1:30:43	0:19:14
86	5045		António Manuel Aguiar		V2	Individual	52	0:18:07	133	1:02:39	49	0:10:05	1:30:51	0:19:22
87	5476		Manuel Falé Silva		SEN	Individual	44	0:17:59	149	1:03:23	20	0:09:31	1:30:53	0:19:24
88	4204	3194	Mário Sousa		V2	Peniche A. C.	85	0:19:06	115	1:01:49	50	0:10:05	1:31:00	0:19:31
89	3442	3280	Pedro Pinho		SEN	Clube Triatlo de Perosinho	68	0:18:36	124	1:02:13	64	0:10:15	1:31:04	0:19:35
90	1203	3122	Rafael Ribeiro		JUN	Alhandra Sporting Clube	27	0:17:36	148	1:03:21	55	0:10:08	1:31:05	0:19:36
91	3511	3483	Luis Martins		SEN	Clube Ferroviário de Vendas Novas	116	0:19:49	89	1:00:18	123	0:11:05	1:31:12	0:19:43
92	5447		Ricardo Figueira Silva		SEN	Individual	136	0:20:15	87	1:00:11	112	0:10:57	1:31:23	0:19:54
93	3241	2718	Nuno Tintim		SEN	Alhandra Sporting Clube	78	0:18:55	127	1:02:27	57	0:10:09	1:31:31	0:20:02
94	3538	3577	António Craveiro		SEN	Clube Académico de Penafirma	179	0:21:01	71	0:58:52	172	0:11:39	1:31:32	0:20:03
95	5380		José Manuel Silva		SEN	Individual	43	0:17:59	142	1:03:07	79	0:10:30	1:31:36	0:20:07
96	4060	762	António Moura		V2	SR Camarnal / Seguros Contacto / IKA / HUZY	102	0:19:33	111	1:01:31	80	0:10:32	1:31:36	0:20:07
97	5571		Nuno Miguel Jorge		SEN	Individual	176	0:20:58	76	0:59:34	127	0:11:06	1:31:38	0:20:09
98	5121		Carlos Manuel Silva		V2	Individual	178	0:21:00	85	1:00:00	92	0:10:43	1:31:43	0:20:14
99	5403		Luis Cordeiro		SEN	Individual	187	0:21:08	68	0:58:48	209	0:12:02	1:31:58	0:20:29
100	3531	3566	Pedro Miguel Matos		SEN	Clube de Natação do Tejo	130	0:20:10	101	1:01:11	101	0:10:49	1:32:10	0:20:41
101	5141		Sérgio Valente		SEN	Individual	199	0:21:16	26	0:54:37	483	0:16:23	1:32:16	0:20:47
102	5134		Cedrico Pires		SEN	Individual	128	0:20:09	107	1:01:21	105	0:10:52	1:32:22	0:20:53
103	5665		Pedro Petrônio		SEN	Individual	142	0:20:20	99	1:01:04	122	0:11:03	1:32:27	0:20:58

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA		TOTAL	DIFF	
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA (MT)	Pos	CICLISMO (KM)	Pos			CORRIDA (MT)
104	5543		Luís Miguel Guerreiro		SEN	Individual	115	0:19:46	125	1:02:16	75	0:10:27	1:32:29	0:21:00
105	1170	153	Gonçalo Barros		JUN	Ginásio Clube de Sines	186	0:21:08	63	0:58:32	295	0:12:54	1:32:34	0:21:05
106	5211		Henrique Avelar		SEN	Individual	205	0:21:19	79	0:59:47	191	0:11:52	1:32:58	0:21:29
107	1157	2309	Luis Moriés		JUN	Oeiras Sport Clube - TRANSINSULAR	251	0:22:12	61	0:58:23	251	0:12:24	1:32:59	0:21:30
108	1063	52	Ruben Costa		JUN	Sporting Clube de Portugal	6	0:16:03	227	1:08:13	4	0:08:45	1:33:01	0:21:32
109	1167	3143	José Veiga		JUN	HALCON - SPIUK Olímpico de Oeiras	40	0:17:57	175	1:05:13	36	0:09:52	1:33:02	0:21:33
110	5041		Rui Manuel Pereira		SEN	Individual	242	0:22:03	83	0:59:55	125	0:11:05	1:33:03	0:21:34
111	5624		Paulo Jorge Silvestre		SEN	Individual	144	0:20:22	113	1:01:44	114	0:10:58	1:33:04	0:21:35
112	5564		Nuno Cordeiro		SEN	Individual	280	0:22:37	59	0:57:53	270	0:12:35	1:33:05	0:21:36
113	4256	3423	Rui Pinto Gonçalves		V3	O Clube de Veteranos do Porto	166	0:20:49	118	1:01:53	77	0:10:28	1:33:10	0:21:41
114	1155	3078	Miguel Marques		JUN	Alhandra Sporting Clube	61	0:18:27	160	1:04:21	71	0:10:25	1:33:13	0:21:44
115	3435	3267	Marco Fidalgo		SEN	G. A. A. Vila Franca de Xira	218	0:21:36	102	1:01:13	78	0:10:29	1:33:18	0:21:49
116	4129	2740	João Hipólito		V1	Alhandra Sporting Clube	164	0:20:46	92	1:00:31	210	0:12:03	1:33:20	0:21:51
117	3295	2856	João Sousa Ferreira		SEN	Clube de Praças da Armada	47	0:18:05	176	1:05:16	47	0:10:02	1:33:23	0:21:54
118	4072	752	Renato Fidalgo		V2	A.D.C.R. Painho	174	0:20:57	104	1:01:16	136	0:11:14	1:33:27	0:21:58
119	3113	579	Duarte Barreto		SEN	C.N. Cantaxo	143	0:20:21	112	1:01:37	163	0:11:32	1:33:30	0:22:01
120	5191		Gabriel Costa		SEN	Individual	110	0:19:42	138	1:02:57	108	0:10:55	1:33:34	0:22:05
121	5609		Ruben Barjona		SEN	Individual	194	0:21:13	96	1:00:59	167	0:11:33	1:33:45	0:22:16
122	5308		Joel Rodrigues		SEN	Individual	99	0:19:27	151	1:03:34	113	0:10:58	1:33:59	0:22:30
123	5322		Jorge Alexandre Monteiro		V1	Individual	224	0:21:42	95	1:00:54	151	0:11:23	1:33:59	0:22:30
124	2109	2631	David Ferreira		S23	Alhandra Sporting Clube	168	0:20:50	114	1:01:49	147	0:11:21	1:34:00	0:22:31
125	5088		Bruno Dias		SEN	Individual	191	0:21:12	105	1:01:18	160	0:11:30	1:34:00	0:22:31
126	1061	2631	David Ferreira		S23	Alhandra Sporting Clube	170	0:20:50	116	1:01:49	148	0:11:21	1:34:00	0:22:31
127	5413		Luis Andre Lopes		JUN	Individual	285	0:22:41	77	0:59:44	170	0:11:36	1:34:01	0:22:32
128	5506		Manuel Joaquim Rodrigues		V1	Individual	188	0:21:08	98	1:01:03	198	0:11:55	1:34:06	0:22:37
129	5231		Ismael Teixeira		SEN	Individual	152	0:20:35	122	1:02:05	157	0:11:27	1:34:07	0:22:38
130	5553		Miguel Gayoso Suárez		SEN	Individual	196	0:21:14	108	1:01:21	166	0:11:33	1:34:08	0:22:39
131	5209		Helder Santos		SEN	Individual	122	0:20:03	119	1:01:54	233	0:12:16	1:34:13	0:22:44
132	4225	3282	Manuel Domingues		V1	Clube Triatlo de Perosinho	137	0:20:16	146	1:03:14	102	0:10:50	1:34:20	0:22:51
133	5594		Orlando Marques		SEN	Individual	150	0:20:29	135	1:02:41	141	0:11:18	1:34:28	0:22:59
134	1214	3246	Simão Sousa		JUN	HALCON - SPIUK Olímpico de Oeiras	155	0:20:37	121	1:02:03	190	0:11:52	1:34:32	0:23:03
135	5144		Cristiano Casalinho		SEN	Individual	216	0:21:33	103	1:01:13	183	0:11:47	1:34:33	0:23:04
136	3402	3166	Luis Reis		SEN	Casa Benfica Faro/GASCAN	121	0:20:01	155	1:03:50	100	0:10:48	1:34:39	0:23:10
137	4025	516	João Medeiro		V2	Serv. Soc. CGD	86	0:19:06	178	1:05:23	82	0:10:34	1:35:03	0:23:34
138	5261		João fernandes		SEN	Individual	171	0:20:51	139	1:02:58	145	0:11:20	1:35:09	0:23:40
139	3520	3548	Hugo Tomé Ferreira		SEN	Clube de Nataçao do Tejo	223	0:21:42	117	1:01:52	189	0:11:52	1:35:26	0:23:57
140	1212	3479	Sebastião Botas		JUN	Alhandra Sporting Clube	63	0:18:31	202	1:06:53	48	0:10:05	1:35:29	0:24:00
141	5536		Martinho Montez		SEN	Individual	258	0:22:15	100	1:01:09	226	0:12:13	1:35:37	0:24:08
142	3100	706	Luis Cipriano		SEN	A.D.C.R. Painho	77	0:18:54	213	1:07:05	30	0:09:44	1:35:43	0:24:14
143	3001	627	Paulo Teles		SEN	G. A. A. Vila Franca de Xira	180	0:21:02	157	1:04:01	94	0:10:45	1:35:48	0:24:19
144	5113		Samuel Santos		SEN	Individual	271	0:22:28	97	1:01:01	244	0:12:21	1:35:50	0:24:21
145	5120		Carlos Rouxinol		SEN	Individual	165	0:20:47	153	1:03:43	154	0:11:26	1:35:56	0:24:27
146	3513	3485	Luis Fitas		SEN	Clube Ferroviário de Vendas Novas	131	0:20:10	174	1:05:13	83	0:10:35	1:35:58	0:24:29
147	5454		Ricardo Lanceiro		SEN	Individual	156	0:20:38	150	1:03:30	196	0:11:54	1:36:02	0:24:33
148	4131	2744	Pedro Nogueira Silva		V1	HALCON - SPIUK Olímpico de Oeiras	119	0:19:55	170	1:05:03	128	0:11:07	1:36:05	0:24:36
149	5321		Jorge Marques		V1	Individual	228	0:21:45	144	1:03:12	152	0:11:24	1:36:21	0:24:52
150	2128	3515	Nuno Rodrigues		S23	Clube de Triatlo de Almada	88	0:19:12	193	1:06:20	107	0:10:55	1:36:27	0:24:58
151	2097	3279	João Gestosa		S23	Clube Triatlo de Perosinho	94	0:19:22	207	1:06:58	58	0:10:09	1:36:29	0:25:00
152	3300	2871	Nélson Santos		SEN	Associação Recreativa Social e Cultural de Toledo	72	0:18:42	229	1:08:15	33	0:09:48	1:36:45	0:25:16
153	5557		Nélson Salvador		SEN	Individual	221	0:21:40	156	1:03:51	149	0:11:22	1:36:53	0:25:24
154	5092		Bruno Rodrigues		SEN	Individual	272	0:22:29	134	1:02:41	197	0:11:55	1:37:05	0:25:36
155	5112		Carlos Manuel Fernandes		V2	Individual	190	0:21:10	173	1:05:06	104	0:10:52	1:37:08	0:25:39
156	5288		João Paulo Luis		S23	Individual	226	0:21:43	140	1:03:04	253	0:12:26	1:37:13	0:25:44
157	4288	3568	João Manuel Correia		V2	Individual	237	0:22:00	147	1:03:18	203	0:11:59	1:37:17	0:25:48
158	5124		Carlos Miguel Reis		SEN	Individual	195	0:21:14	171	1:05:03	129	0:11:08	1:37:25	0:25:56
159	1169	141	David Morgado		JUN	Ginásio Clube de Sines	300	0:22:54	130	1:02:31	205	0:12:01	1:37:26	0:25:57
160	5165		Emanuel Oliveira		SEN	Individual	198	0:21:15	165	1:04:47	156	0:11:27	1:37:29	0:26:00

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA		TOTAL	DIFF	
LG	DRSL	LIC	NOME	PEN	ESC	5000	(MT)	18000	(KM)	2500	(MT)			
						Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA			
161	3382	392	João Dias		SEN	C.N. Cartaxo	249	0:22:12	126	1:02:21	303	0:13:00	1:37:33	0:26:04
162	3411	3184	Luis Novo		SEN	Alhandra Sporting Clube	283	0:22:40	137	1:02:56	219	0:12:10	1:37:46	0:26:17
163	5130		Carlos Raul Lopes		SEN	Individual	160	0:20:44	187	1:05:59	144	0:11:20	1:38:03	0:26:34
164	5549		Miguel Filipe Menezes		SEN	Individual	311	0:23:08	123	1:02:09	293	0:12:50	1:38:07	0:26:38
165	5101		Carlos Alberto Dias		V4	Individual	227	0:21:44	168	1:04:58	153	0:11:26	1:38:08	0:26:39
166	2107	2303	Pedro Leitão		S23	Alhandra Sporting Clube	49	0:18:06	260	1:10:18	34	0:09:48	1:38:12	0:26:43
167	3535	3574	Pedro Francisco		SEN	Clube Académico de Penafirme	163	0:20:45	192	1:06:19	133	0:11:12	1:38:16	0:26:47
168	5126		Carlos Manuel Braz		SEN	Individual	290	0:22:45	162	1:04:33	117	0:11:01	1:38:19	0:26:50
169	5052		Rui Miguel Foles		SEN	Individual	289	0:22:44	143	1:03:09	262	0:12:30	1:38:23	0:26:54
170	3409	3181	Luis Bicudo		SEN	G. A. A. Vila Franca de Xira	177	0:21:00	208	1:06:58	85	0:10:37	1:38:35	0:27:06
171	3487	3442	Rui Pedro Gonçalves		SEN	Individual	319	0:23:18	132	1:02:39	279	0:12:42	1:38:39	0:27:10
172	5343		Joaquim Afoito		V2	Individual	250	0:22:12	164	1:04:41	187	0:11:50	1:38:43	0:27:14
173	5167		Sérgio Duarte		SEN	Individual	320	0:23:19	145	1:03:13	225	0:12:12	1:38:44	0:27:15
174	5040		André Jesus Cunha		V1	Individual	208	0:21:22	179	1:05:24	204	0:12:00	1:38:46	0:27:17
175	3120	720	Mário Couto		SEN	C.N. Cartaxo	169	0:20:50	217	1:07:29	76	0:10:28	1:38:47	0:27:18
176	5284		João Paulo Albuquerque		V2	Individual	154	0:20:36	205	1:06:57	137	0:11:14	1:38:47	0:27:18
177	5517		Marcolino Verissimo		SEN	Individual	100	0:19:28	225	1:08:08	146	0:11:20	1:38:56	0:27:27
178	5050		António Eduardo Carvalho		V1	Individual	235	0:21:58	166	1:04:49	220	0:12:10	1:38:57	0:27:28
179	5017		Rui Manuel Luz		SEN	Individual	302	0:22:56	158	1:04:11	192	0:11:52	1:38:59	0:27:30
180	5370		José Manuel Ramos		SEN	Individual	211	0:21:25	186	1:05:48	184	0:11:48	1:39:01	0:27:32
181	4199	890	Filipe Conceição		V1	Casa Benfica Faro/GASCAN	97	0:19:24	238	1:08:52	95	0:10:46	1:39:02	0:27:33
182	5080		Artur Jorge Dias		SEN	Individual	287	0:22:43	167	1:04:51	169	0:11:34	1:39:08	0:27:39
183	3536	3575	José Miranda		SEN	Clube Académico de Penafirme	297	0:22:52	159	1:04:13	221	0:12:11	1:39:16	0:27:47
184	4075	751	José Peixoto		V3	Peniche A. C.	232	0:21:53	195	1:06:32	111	0:10:56	1:39:21	0:27:52
185	3076	687	Rui Pereira		SEN	Clube Ferroviário de Vendas Novas	317	0:23:16	141	1:03:05	306	0:13:01	1:39:22	0:27:53
186	4223	3266	José Morgado		V2	Alhandra Sporting Clube	257	0:22:15	169	1:04:59	260	0:12:30	1:39:44	0:28:15
187	3508	3477	João Duarte		SEN	Núcleo de Ciclismo da Baixa da Banheira	229	0:21:46	189	1:06:02	202	0:11:58	1:39:46	0:28:17
188	5523		Mário Duro		SEN	Individual	129	0:20:09	223	1:08:03	178	0:11:43	1:39:55	0:28:26
189	5195		Gonçalo Santa Ramalho		SEN	Individual	358	0:23:55	154	1:03:47	232	0:12:16	1:39:58	0:28:29
190	5455		Ricardo Manuel Martins		SEN	Individual	158	0:20:42	218	1:07:33	179	0:11:44	1:39:59	0:28:30
191	5169		Sérgio Fajardo		SEN	Individual	260	0:22:16	180	1:05:25	249	0:12:23	1:40:04	0:28:35
192	4188	888	Luis Filipe Pereira		V2	Peniche A. C.	230	0:21:50	198	1:06:42	164	0:11:32	1:40:04	0:28:35
193	5147		Daniel Luis		S23	Individual	225	0:21:43	210	1:06:59	150	0:11:23	1:40:05	0:28:36
194	5445		Ricardo Chung		SEN	Individual	331	0:23:29	172	1:05:05	180	0:11:45	1:40:19	0:28:50
195	1217	62	Jorge Alves		JUN	HALCON - SPIUK Olímpico de Oeiras	95	0:19:23	245	1:09:27	165	0:11:33	1:40:23	0:28:54
196	5527		Mário Marinheiro		V1	Individual	293	0:22:47	177	1:05:17	243	0:12:21	1:40:25	0:28:56
197	5301		Joaquim Figueiras		SEN	Individual	132	0:20:11	247	1:09:34	96	0:10:46	1:40:31	0:29:02
198	5428		Luis Prego		V3	Individual	138	0:20:17	236	1:08:35	175	0:11:41	1:40:33	0:29:04
199	5610		Paulo José Godinho		V1	Individual	215	0:21:30	212	1:07:03	211	0:12:04	1:40:37	0:29:08
200	3407	3178	Marco Fernandes		SEN	Associação Recreativa Social e Cultural de Toledo	264	0:22:20	185	1:05:44	268	0:12:35	1:40:39	0:29:10
201	5627		Pedro Alexandre Lopes		SEN	Individual	430	0:25:17	129	1:02:29	302	0:12:58	1:40:44	0:29:15
202	5305		Vitor Hugo Ferreira		SEN	Individual	431	0:25:17	120	1:01:57	347	0:13:30	1:40:44	0:29:15
203	5106		Carlos Jorge Silva		SEN	Individual	220	0:21:39	200	1:06:51	246	0:12:22	1:40:52	0:29:23
204	5078		António Manuel Samora		V2	Individual	173	0:20:53	243	1:09:14	140	0:11:17	1:41:24	0:29:55
205	5532		Martim Lopes		SEN	Individual	146	0:20:23	262	1:10:28	87	0:10:39	1:41:30	0:30:01
206	5164		Emanuel Simões		SEN	Individual	192	0:21:12	242	1:09:11	134	0:11:12	1:41:35	0:30:06
207	5278		João Miguel Colaço		SEN	Individual	162	0:20:44	256	1:09:52	121	0:11:02	1:41:38	0:30:09
208	5437		Pedro Ventura		SEN	Individual	333	0:23:31	161	1:04:31	351	0:13:37	1:41:39	0:30:10
209	5010		Rui Manuel Cabral		SEN	Individual	219	0:21:38	222	1:07:58	212	0:12:04	1:41:40	0:30:11
210	3339	3030	Jorge Teixeira		SEN	Clube de Praças da Armada	79	0:18:55	301	1:12:53	46	0:10:01	1:41:49	0:30:20
211	5203		Hélder Adelino Lopes		V1	Individual	312	0:23:10	194	1:06:29	228	0:12:14	1:41:53	0:30:24
212	1173	195	Ruben Rosa		JUN	Individual	135	0:20:14	249	1:09:37	216	0:12:07	1:41:58	0:30:29
213	5578		Nuno Miguel Silva		V1	Individual	296	0:22:50	183	1:05:40	343	0:13:28	1:41:58	0:30:29
214	5639		Pedro Filipe Barbosa		SEN	Individual	240	0:22:02	184	1:05:42	402	0:14:20	1:42:04	0:30:35
215	5400		Luis Catarino		SEN	Individual	185	0:21:07	241	1:09:07	201	0:11:57	1:42:11	0:30:42
216	5021		Albino Martins		SEN	Individual	354	0:23:51	181	1:05:36	296	0:12:54	1:42:21	0:30:52
217	5608		Paulo Jorge Fonseca		V1	Individual	330	0:23:29	196	1:06:39	229	0:12:14	1:42:22	0:30:53



Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	5000	(MT)	18000	(KM)	2500	(MT)	TOTAL	DIFF
							Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA		
218	3529	3564	Paulo Roberto Pereira		SEN	Amiciclo	275	0:22:32	220	1:07:55	199	0:11:57	1:42:24	0:30:55
219	5643		Pedro José Gouveia		V1	Individual	376	0:24:15	136	1:02:52	452	0:15:23	1:42:30	0:31:01
220	5053		António Jorge Gonçalves		V1	Individual	93	0:19:21	287	1:12:18	115	0:10:59	1:42:38	0:31:09
221	5128		Carlos Peso		V1	Individual	324	0:23:24	188	1:06:01	325	0:13:15	1:42:40	0:31:11
222	5243		João Balsinha		V4	Individual	284	0:22:41	215	1:07:20	281	0:12:44	1:42:45	0:31:16
223	5515		Marco Monte		SEN	Individual	329	0:23:28	190	1:06:10	332	0:13:19	1:42:57	0:31:28
224	1177	3247	Pedro Lourenço		JUN	HALCON - SPIUK Olímpico de Oeiras	172	0:20:52	257	1:09:55	222	0:12:11	1:42:58	0:31:29
225	5055		António Jesus		V1	Individual	256	0:22:14	224	1:08:06	277	0:12:40	1:43:00	0:31:31
226	5397		Luís Carvalhinho		V1	Individual	243	0:22:04	233	1:08:29	261	0:12:30	1:43:03	0:31:34
227	1230	3533	João Afonso		JUN	Associação Naval Amorense	118	0:19:55	235	1:08:33	414	0:14:41	1:43:09	0:31:40
228	4271	4615	Jorge Vieira		V1	G. A. A. Vila Franca de Xira	253	0:22:12	254	1:09:45	139	0:11:15	1:43:12	0:31:43
229	5108		Carlos Manuel Ferreira		V3	Individual	241	0:22:03	228	1:08:14	312	0:13:05	1:43:22	0:31:53
230	5652		Pedro Lourenço		SEN	Individual	345	0:23:41	206	1:06:57	282	0:12:44	1:43:22	0:31:53
231	5440		Rafael Caetano		V1	Individual	134	0:20:13	290	1:12:23	116	0:10:59	1:43:35	0:32:06
232	5561		Nuno Carlos Campos		SEN	Individual	371	0:24:08	214	1:07:09	248	0:12:23	1:43:40	0:32:11
233	5616		Paulo Marques		V1	Individual	301	0:22:56	219	1:07:48	305	0:13:00	1:43:44	0:32:15
234	4286	3558	Paulo Goulart		V1	C.F. "Os Belenenses"	332	0:23:30	216	1:07:28	290	0:12:50	1:43:48	0:32:19
235	3182	580	Alexandre Ventura		SEN	C.N. Cartaxo	310	0:23:07	197	1:06:42	404	0:14:23	1:44:12	0:32:43
236	5300		Joaquim Carrilho		V1	Individual	244	0:22:05	255	1:09:48	241	0:12:20	1:44:13	0:32:44
237	5468		Rodrigo Sousa		JUN	Individual	367	0:24:05	182	1:05:39	411	0:14:33	1:44:17	0:32:48
238	5425		Luis Pedro Pereira		SEN	Individual	306	0:22:59	239	1:08:56	257	0:12:27	1:44:22	0:32:53
239	1154	2636	Diogo Mata Tristão		JUN	Alhandra Sporting Clube	125	0:20:05	309	1:13:22	110	0:10:56	1:44:23	0:32:54
240	5098		Carlos Alberto Barata		SEN	Individual	338	0:23:36	231	1:08:25	255	0:12:27	1:44:28	0:32:59
241	5304		Joaquim Miguel Ferreira		V1	Individual	419	0:25:02	199	1:06:45	288	0:12:49	1:44:36	0:33:07
242	5387		José Moreira		SEN	Individual	236	0:21:59	267	1:10:50	188	0:11:50	1:44:39	0:33:10
243	5159		Duarte Nuno Marques		SEN	Individual	507	0:26:49	152	1:03:37	394	0:14:14	1:44:40	0:33:11
244	5204		Helder Assunção		SEN	Individual	486	0:26:17	163	1:04:35	368	0:13:51	1:44:43	0:33:14
245	5070		António Palma		SEN	Individual	372	0:24:09	221	1:07:56	275	0:12:39	1:44:44	0:33:15
246	5636		Pedro Cravo		SEN	Individual	322	0:23:21	230	1:08:19	311	0:13:04	1:44:44	0:33:15
247	5143		Cristiano Figueiredo		SEN	Individual	397	0:24:35	201	1:06:52	330	0:13:19	1:44:46	0:33:17
248	5022		Alexandre Miguel Santos		SEN	Individual	382	0:24:20	203	1:06:53	349	0:13:35	1:44:48	0:33:19
249	4122	776	Fernando Teixeira		V3	Clube Ferroviário de Vendas Novas	308	0:23:06	258	1:09:57	200	0:11:57	1:45:00	0:33:31
250	5524		Mário Faria		SEN	Individual	373	0:24:09	191	1:06:12	418	0:14:45	1:45:06	0:33:37
251	1209	147	Diogo Goulão Henriques		JUN	Ginásio Clube de Sines	197	0:21:15	299	1:12:45	131	0:11:09	1:45:09	0:33:40
252	5043		Anibal José Costa		SEN	Individual	62	0:18:29	365	1:16:57	32	0:09:47	1:45:13	0:33:44
253	3357	3069	Albano Seca		SEN	Associação Recreativa, Cultural e Desportiva de Covas	80	0:18:56	332	1:15:03	138	0:11:15	1:45:14	0:33:45
254	2576		Vitor Pinho		V2	Individual	359	0:23:55	248	1:09:36	182	0:11:46	1:45:17	0:33:48
255	4089	768	Jorge Duarte		V3	Oeiras Sport Clube - TRANSINSULAR	377	0:24:17	209	1:06:58	384	0:14:09	1:45:24	0:33:55
256	5471		Luis Maia		SEN	Individual	233	0:21:54	269	1:11:01	265	0:12:32	1:45:27	0:33:58
257	1112	157	Rui Cordeiro		JUN	Ginásio Clube de Sines	175	0:20:58	292	1:12:30	206	0:12:02	1:45:30	0:34:01
258	2112	3446	Ivan Costa		S23	Alhandra Sporting Clube	262	0:22:19	265	1:10:45	258	0:12:28	1:45:32	0:34:03
259	1233	3546	Diogo Rosa		JUN	Clube de Natação do Tejo	126	0:20:05	204	1:06:54	531	0:18:37	1:45:36	0:34:07
260	1204	3307	Filipe Miguel Lopes		JUN	Alhandra Sporting Clube	83	0:18:59	337	1:15:19	155	0:11:27	1:45:45	0:34:16
261	5479		Manuel João Cordeiro		V1	Individual					559	1:46:01	1:46:01	0:34:32
262	1223	230	Rui Tenrinho		JUN	C.F. "Os Belenenses"	209	0:21:23	289	1:12:23	242	0:12:21	1:46:07	0:34:38
263	5580		Nuno Felício		SEN	Individual	200	0:21:17	310	1:13:23	162	0:11:31	1:46:11	0:34:42
264	3494	3451	Rui Pedro Costa		SEN	Clube de Natação do Tejo	299	0:22:53	264	1:10:40	276	0:12:40	1:46:13	0:34:44
265	5244		João Batista		SEN	Individual	364	0:24:00	237	1:08:50	345	0:13:29	1:46:19	0:34:50
266	5039		André Chimanda		S23	Individual	120	0:20:00	320	1:14:11	223	0:12:11	1:46:22	0:34:53
267	5579		Nuno Miguel Neves		SEN	Individual	265	0:22:20	274	1:11:20	294	0:12:53	1:46:33	0:35:04
268	5233		Jaime Bento		SEN	Individual	269	0:22:26	280	1:11:49	240	0:12:19	1:46:34	0:35:05
269	3347	3053	Desidério Sousa		SEN	Associação Recreativa, Cultural e Desportiva de Covas	291	0:22:47	272	1:11:08	286	0:12:47	1:46:42	0:35:13
270	5227		Hugo Carvalho Silva		SEN	Individual	337	0:23:35	271	1:11:03	234	0:12:16	1:46:54	0:35:25
271	5333		José Anibal Correia		V2	Individual	268	0:22:25	284	1:12:13	237	0:12:18	1:46:56	0:35:27
272	5255		João Caseiro		SEN	Individual	383	0:24:20	232	1:08:27	390	0:14:12	1:46:59	0:35:30
273	1164	3150	David Maia		JUN	HALCON - SPIUK Olímpico de Oeiras	203	0:21:18	304	1:13:00	283	0:12:45	1:47:03	0:35:34
274	5181		Filipe Arroyo Cardoso		SEN	Individual	234	0:21:56	303	1:12:59	224	0:12:11	1:47:06	0:35:37



Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
						5000	(MT)	18000	(KM)	2500	(MT)			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
275	4124	2725	Vitor Cotrim		V1	Grupo Desportivo do Pessoal da CIMBOR - Alhandra	189	0:21:10	312	1:13:41	231	0:12:16	1:47:07	0:35:38
276	5361		José Luis Caturra		V3	Individual	361	0:23:58	252	1:09:43	342	0:13:28	1:47:09	0:35:40
277	5292		João Ricardo		JUN	Individual	387	0:24:23	251	1:09:41	319	0:13:10	1:47:14	0:35:45
278	5473		Manuel Araújo		V1	Individual	420	0:25:02	226	1:08:11	378	0:14:02	1:47:15	0:35:46
279	5453		Ricardo José Franco		SEN	Individual	379	0:24:18	250	1:09:40	337	0:13:26	1:47:24	0:35:55
280	4268	3183	Vasco Soares		V1	Alhandra Sporting Clube	281	0:22:38	286	1:12:15	267	0:12:33	1:47:26	0:35:57
281	3516	3516	Hugo Salvador		SEN	Clube de Triatlo de Almada	386	0:24:23	259	1:10:08	299	0:12:56	1:47:27	0:35:58
282	5254		Tiago Pereira		SEN	Individual	418	0:25:01	240	1:09:06	344	0:13:28	1:47:35	0:36:06
283	1201	2627	André Estevam		JUN	Alhandra Sporting Clube	355	0:23:52	276	1:11:24	245	0:12:22	1:47:38	0:36:09
284	5650		Pedro Manuel Ferrão		SEN	Individual	446	0:25:27	246	1:09:30	289	0:12:49	1:47:46	0:36:17
285	5048		António Carlos Rodrigues		V2	Individual	360	0:23:57	253	1:09:44	382	0:14:07	1:47:48	0:36:19
286	5667		Pedro Raposo		SEN	Individual	395	0:24:32	270	1:11:01	235	0:12:16	1:47:49	0:36:20
287	5354		José Davide Gregório		V1	Individual	266	0:22:22	316	1:14:00	159	0:11:28	1:47:50	0:36:21
288	3526	3557	António Gouveia		SEN	C.F. "Os Belenenses"	231	0:21:52	298	1:12:44	327	0:13:16	1:47:52	0:36:23
289	2094	126	Joaquim Guerreiro		S23	Amiciclo	274	0:22:32	311	1:13:41	177	0:11:43	1:47:56	0:36:27
290	5508		Marcelo Pinto		JUN	Individual	245	0:22:05	307	1:13:17	285	0:12:45	1:48:07	0:36:38
291	5593		Octávio Matias		SEN	Individual	456	0:25:37	234	1:08:32	388	0:14:10	1:48:19	0:36:50
292	5216		Henrique Coelho		SEN	Individual	210	0:21:23	285	1:12:14	416	0:14:43	1:48:20	0:36:51
293	3522	3550	Nuno Pereira		SEN	Quintajense Futebol Clube	485	0:26:15	261	1:10:26	174	0:11:40	1:48:21	0:36:52
294	5617		Paulo Jorge Noro		SEN	Individual	451	0:25:34	244	1:09:24	336	0:13:26	1:48:24	0:36:55
295	5268		João Junqueira		V1	Individual	292	0:22:47	321	1:14:17	158	0:11:28	1:48:32	0:37:03
296	2117	3217	João Pedro Martins		S23	Peniche A. C.	201	0:21:17	323	1:14:25	297	0:12:54	1:48:36	0:37:07
297	3426	3222	Mário Baltazar		SEN	Peniche A. C.	222	0:21:40	295	1:12:41	401	0:14:19	1:48:40	0:37:11
298	5632		Pedro Cabral		JUN	Individual	362	0:23:59	281	1:11:54	307	0:13:01	1:48:54	0:37:25
299	5657		Pedro Miguel Torres		SEN	Individual	363	0:23:59	282	1:11:57	309	0:13:03	1:48:59	0:37:30
300	5100		Carlos Candeias		V1	Individual	267	0:22:24	329	1:14:49	193	0:11:53	1:49:06	0:37:37
301	5245		João Cardoso		SEN	Individual	206	0:21:20	357	1:16:28	161	0:11:31	1:49:19	0:37:50
302	5287		João Paulo Gomes		V1	Individual	303	0:22:57	305	1:13:04	333	0:13:20	1:49:21	0:37:52
303	5057		Rui Figueiredo		SEN	Individual	325	0:23:24	300	1:12:48	321	0:13:11	1:49:23	0:37:54
304	5423		Luis Miguel Esteireiro		SEN	Individual	423	0:25:07	279	1:11:43	274	0:12:37	1:49:27	0:37:58
305	5139		Rui Domingos Costa		V1	Individual	213	0:21:28	356	1:16:22	185	0:11:48	1:49:38	0:38:09
306	5140		Cláudio Proença		SEN	Individual	399	0:24:36	273	1:11:20	365	0:13:48	1:49:44	0:38:15
307	5416		Luis Ferreira		SEN	Individual	261	0:22:18	352	1:16:00	171	0:11:37	1:49:55	0:38:26
308	5623		Paulo Rodrigues		SEN	Individual	263	0:22:19	340	1:15:27	230	0:12:15	1:50:01	0:38:32
309	5205		Sérgio Wieszicki		V2	Individual	276	0:22:33	266	1:10:48	503	0:16:54	1:50:15	0:38:46
310	5576		Nuno Miguel Lucas		SEN	Individual	385	0:24:22	283	1:11:58	377	0:14:01	1:50:21	0:38:52
311	5574		Nuno Perpétuo		SEN	Individual	522	0:27:20	211	1:07:02	476	0:16:13	1:50:35	0:39:06
312	5109		Carlos Manuel Neves		V1	Individual	286	0:22:42	336	1:15:14	278	0:12:41	1:50:37	0:39:08
313	5116		Carlos Manuel Teixeira		SEN	Individual	417	0:25:01	293	1:12:32	314	0:13:07	1:50:40	0:39:11
314	1225	3109	Duarte Marcelino		JUN	C.F. "Os Belenenses"	270	0:22:28	327	1:14:48	339	0:13:27	1:50:43	0:39:14
315	3523	3551	Nuno Pinto		SEN	Quintajense Futebol Clube	459	0:25:40	275	1:11:22	356	0:13:41	1:50:43	0:39:14
316	5115		Carlos Manuel Pedro		JUN	Individual	294	0:22:49	353	1:16:02	194	0:11:53	1:50:44	0:39:15
317	5180		Filipe Alexandre Pires		S23	Individual	375	0:24:11	278	1:11:32	439	0:15:04	1:50:47	0:39:18
318	3518	3534	David Chéu Martins		SEN	Associação Naval Amorense	159	0:20:43	373	1:17:43	247	0:12:23	1:50:49	0:39:20
319	5013		Adílio Ferreira		V2	Individual	366	0:24:02	343	1:15:30	143	0:11:19	1:50:51	0:39:22
320	5122		Carlos Miguel Rodrigues		SEN	Individual	141	0:20:20	380	1:18:29	207	0:12:02	1:50:51	0:39:22
321	5378		Miguel Ladeira		SEN	Individual	247	0:22:10	369	1:17:20	168	0:11:33	1:51:03	0:39:34
322	5480		Rogério Soares		V2	Individual	470	0:25:55	291	1:12:24	298	0:12:55	1:51:14	0:39:45
323	4063	832	José Soares		V3	S. R. Toreense	316	0:23:15	344	1:15:30	266	0:12:32	1:51:17	0:39:48
324	4117	2642	Carlos Egídio Alegre		V2	Associação Recreativa Social e Cultural de Toledo	328	0:23:27	315	1:13:47	380	0:14:05	1:51:19	0:39:50
325	5217		Hernâni Amaral		V4	Individual	457	0:25:38	308	1:13:21	259	0:12:28	1:51:27	0:39:58
326	5085		Bento Gírio Tanganho		V3	Individual	277	0:22:34	361	1:16:45	263	0:12:31	1:51:50	0:40:21
327	5215		Henrique Romão		V3	Individual	239	0:22:01	368	1:17:19	272	0:12:36	1:51:56	0:40:27
328	5264		Vasco Borges		V1	Individual	453	0:25:35	297	1:12:43	366	0:13:49	1:52:07	0:40:38
329	5592		Nuno Ferreira Vicente		SEN	Individual	400	0:24:37	324	1:14:37	308	0:13:02	1:52:16	0:40:47
330	5544		Miguel Pereira		SEN	Individual	309	0:23:06	345	1:15:33	352	0:13:38	1:52:17	0:40:48
331	5644		Pedro José Pereira		V2	Individual	305	0:22:58	338	1:15:19	391	0:14:12	1:52:29	0:41:00

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
						5000	(MT)	18000	(KM)	2500	(MT)			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
332	5323		Jorge Oliveira		SEN	Individual	505	0:26:47	288	1:12:20	340	0:13:27	1:52:34	0:41:05
333	5298		João Simões		V1	Individual	334	0:23:32	350	1:15:59	317	0:13:08	1:52:39	0:41:10
334	5198		Gonçalo Simões		S23	Individual	254	0:22:13	381	1:18:34	195	0:11:53	1:52:40	0:41:11
335	5563		Nuno Coelho		V2	Individual	499	0:26:37	317	1:14:01	238	0:12:18	1:52:56	0:41:27
336	5463		Roberto Fiuza Alves		SEN	Individual	441	0:25:23	313	1:13:41	370	0:13:52	1:52:56	0:41:27
337	5359		José Lima		V1	Individual	409	0:24:53	319	1:14:10	381	0:14:06	1:53:09	0:41:40
338	5596		Orlando Ramos		V1	Individual	341	0:23:38	367	1:17:07	254	0:12:26	1:53:11	0:41:42
339	2119	3465	Gonçalo Franco		S23	Molly Maid - Vitoria de Janes	204	0:21:18	395	1:19:30	264	0:12:31	1:53:19	0:41:50
340	4279	3518	João Morgado		V1	Clube de Triatlo de Almada	449	0:25:30	306	1:13:08	425	0:14:53	1:53:31	0:42:02
341	5460		Ricardo Jorge Silva		SEN	Individual	401	0:24:37	342	1:15:29	350	0:13:35	1:53:41	0:42:12
342	3281	2838	Hélder Gonçalves Ribeiro		SEN	Oeiras Sport Clube - TRANSINSULAR	404	0:24:45	339	1:15:26	354	0:13:38	1:53:49	0:42:20
343	3304	2892	Ivan Pinto da Silva		SEN	Clube Triatlo de Perosinho	298	0:22:52	322	1:14:23	494	0:16:36	1:53:51	0:42:22
344	5129		Carlos Pinto		SEN	Individual	351	0:23:48	366	1:16:58	316	0:13:07	1:53:53	0:42:24
345	5119		Carlos Manuel Preciso		SEN	Individual	214	0:21:30	415	1:21:15	135	0:11:13	1:53:58	0:42:29
346	5341		José Augusto Morgado		V1	Individual	491	0:26:24	294	1:12:41	427	0:14:53	1:53:58	0:42:29
347	5239		Jaime Manuel Rosa		V1	Individual	490	0:26:24	296	1:12:42	426	0:14:53	1:53:59	0:42:30
348	5417		Luis Manuel Ventura		V1	Individual	424	0:25:08	334	1:15:10	359	0:13:44	1:54:02	0:42:33
349	5452		Ricardo Oliveira		SEN	Individual	391	0:24:29	325	1:14:43	424	0:14:50	1:54:02	0:42:33
350	5420		Luis Marques		V1	Individual	410	0:24:55	346	1:15:51	328	0:13:17	1:54:03	0:42:34
351	5259		João de Sousa		V1	Individual	415	0:25:00	314	1:13:44	449	0:15:21	1:54:05	0:42:36
352	3004	485	Bruno Silva		SEN	G. A. A. Vila Franca de Xira	246	0:22:09	414	1:21:07	106	0:10:54	1:54:10	0:42:41
353	5197		Gonçalo Ferreira		SEN	Individual	348	0:23:45	375	1:17:54	271	0:12:36	1:54:15	0:42:46
354	5012		Adérito Lopes		V1	Individual	501	0:26:42	318	1:14:09	355	0:13:41	1:54:32	0:43:03
355	5410		Luis Filipe Monteiro		SEN	Individual	295	0:22:50	379	1:18:27	335	0:13:21	1:54:38	0:43:09
356	3530	3565	Amândio Fernandes		SEN	Amiciclo	307	0:23:06	372	1:17:34	375	0:13:59	1:54:39	0:43:10
357	5084		Rui Fonseca		SEN	Individual	504	0:26:46	302	1:12:58	434	0:14:57	1:54:41	0:43:12
358	1219	3514	Daniel Nabais		JUN	Clube de Triatlo de Almada	84	0:19:04	268	1:10:51	555	0:24:56	1:54:51	0:43:22
359	5612		Paulo Jorge Dias		V1	Individual	460	0:25:41	333	1:15:07	395	0:14:14	1:55:02	0:43:33
360	5625		Paulo Toledo		V2	Individual	461	0:25:42	335	1:15:12	393	0:14:13	1:55:07	0:43:38
361	5389		Juan Manuel Costa		V1	Individual	318	0:23:16	384	1:18:38	323	0:13:14	1:55:08	0:43:39
362	5136		César Gabriel Marques		SEN	Individual	336	0:23:34	383	1:18:38	304	0:13:00	1:55:12	0:43:43
363	5526		Mário Jorge Romão		V2	Individual	428	0:25:16	349	1:15:58	374	0:13:58	1:55:12	0:43:43
364	5638		Pedro Falcato		SEN	Individual	374	0:24:10	376	1:18:01	313	0:13:05	1:55:16	0:43:47
365	5267		João Jesus		SEN	Individual	369	0:24:07	363	1:16:47	410	0:14:33	1:55:27	0:43:58
366	5032		Rui Manuel Martins		V1	Individual	492	0:26:26	326	1:14:44	399	0:14:17	1:55:27	0:43:58
367	5584		Nuno Miguel Antunes		V1	Individual	349	0:23:45	387	1:19:00	280	0:12:43	1:55:28	0:43:59
368	5069		António Carpinteiro		S23	Individual	577	0:29:48	263	1:10:36	447	0:15:20	1:55:44	0:44:15
369	5066		António Miguel Silva		SEN	Individual	463	0:25:44	330	1:14:56	445	0:15:18	1:55:58	0:44:29
370	5154		Diogo Bourbon Franca		V1	Individual	433	0:25:19	348	1:15:57	429	0:14:55	1:56:11	0:44:42
371	5469		Rodrigo Nogueira		SEN	Individual	538	0:28:01	277	1:11:27	498	0:16:43	1:56:11	0:44:42
372	5619		Paulo Renato Marques		V1	Individual	315	0:23:12	408	1:20:31	273	0:12:36	1:56:19	0:44:50
373	5246		João Carlos Galope		SEN	Individual	422	0:25:05	370	1:17:22	372	0:13:54	1:56:21	0:44:52
374	5183		Filipe Manuel Sousa		V2	Individual	445	0:25:26	362	1:16:47	389	0:14:12	1:56:25	0:44:56
375	5540		Luis Miguel Dias		SEN	Individual	282	0:22:39	394	1:19:30	398	0:14:17	1:56:26	0:44:57
376	5026		Alfredo Félix		V1	Individual	402	0:24:43	386	1:18:56	291	0:12:50	1:56:29	0:45:00
377	5583		Nuno Miguel Pereira		SEN	Individual	343	0:23:40	396	1:19:37	322	0:13:13	1:56:30	0:45:01
378	5093		Bruno Bastos Silva		SEN	Individual	432	0:25:18	354	1:16:09	448	0:15:20	1:56:47	0:45:18
379	5207		Sérgio Mourato		SEN	Individual	503	0:26:45	341	1:15:27	415	0:14:42	1:56:54	0:45:25
380	5567		Nuno Fonseca		SEN	Individual	439	0:25:22	331	1:14:59	491	0:16:35	1:56:56	0:45:27
381	5573		Nuno José Ferreira		SEN	Individual	342	0:23:40	371	1:17:32	469	0:15:48	1:57:00	0:45:31
382	5606		Paulo Jorge Costa		V2	Individual	436	0:25:21	374	1:17:53	367	0:13:50	1:57:04	0:45:35
383	5046		Rui Montenegro Marques		SEN	Individual	509	0:26:52	347	1:15:52	406	0:14:24	1:57:08	0:45:39
384	5566		Nuno Filipe Lima		SEN	Individual	494	0:26:33	360	1:16:40	376	0:13:59	1:57:12	0:45:43
385	3515	3498	Jorge Borges		SEN	Grupo Desportivo do Pessoal da CIMPOR - Albandra	255	0:22:14	431	1:22:37	250	0:12:24	1:57:15	0:45:46
386	5409		Luis Filipe Lopes		SEN	Individual	357	0:23:54	418	1:21:27	214	0:12:06	1:57:27	0:45:58
387	4045	757	Rogério Morais		V2	Clube Ferroviário de Vendas Novas	384	0:24:21	411	1:20:50	239	0:12:19	1:57:30	0:46:01
388	5472		Manuel Antunes		V1	Individual	344	0:23:41	413	1:21:00	292	0:12:50	1:57:31	0:46:02



Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
						5000	(MT)	18000	(KM)	2500	(MT)			
389	5348		José Carlos Freitas		V1	Individual	313	0:23:10	421	1:21:58	269	0:12:35	1:57:43	0:46:14
390	5317		Jorge Menau		SEN	Individual	497	0:26:36	351	1:15:59	442	0:15:10	1:57:45	0:46:16
391	4132	2745	António Moriés		V2	Oeiras Sport Clube - TRANSINSULAR	529	0:27:36	328	1:14:48	453	0:15:24	1:57:48	0:46:19
392	5281		João Paiva		V1	Individual	452	0:25:35	388	1:19:08	358	0:13:43	1:58:26	0:46:57
393	5302		Joaquim Manuel Azevedo		V2	Individual	346	0:23:43	422	1:21:59	284	0:12:45	1:58:27	0:46:58
394	1171	2865	Luis Rodrigues		JUN	Ginásio Clube de Sines	398	0:24:36	397	1:19:41	396	0:14:15	1:58:32	0:47:03
395	5537		Michel Gaspar Costa		SEN	Individual	212	0:21:26	438	1:23:49	334	0:13:20	1:58:35	0:47:06
396	5296		João Serra		SEN	Individual	288	0:22:44	430	1:22:33	331	0:13:19	1:58:36	0:47:07
397	5362		Rui Manuel Correia		V4	Individual	389	0:24:25	425	1:22:06	215	0:12:06	1:58:37	0:47:08
398	3390	3158	Hélder Valente		SEN	Serv. Soc. CGD	482	0:26:04	398	1:19:41	300	0:12:56	1:58:41	0:47:12
399	5552		Miguel San-Payo		V2	Individual	370	0:24:08	428	1:22:29	227	0:12:13	1:58:50	0:47:21
400	5538		Miguel Ribeiro		SEN	Individual	392	0:24:31	377	1:18:02	484	0:16:24	1:58:57	0:47:28
401	5102		Carlos Dinis		V2	Individual	471	0:25:56	391	1:19:20	363	0:13:46	1:59:02	0:47:33
402	5656		Pedro Miguel Jorge		V1	Individual	540	0:28:03	359	1:16:36	407	0:14:26	1:59:05	0:47:36
403	5713		Rui Gaspar		V1	Individual	412	0:24:57	355	1:16:18	522	0:17:54	1:59:09	0:47:40
404	5096		Carlos André		SEN	Individual	467	0:25:52	393	1:19:28	371	0:13:53	1:59:13	0:47:44
405	5533		Mário Jorge Campos Silva		V2	Individual	528	0:27:33	382	1:18:34	318	0:13:09	1:59:16	0:47:47
406	5614		Paulo Jorge Santos		V1	Individual	304	0:22:58	433	1:23:09	320	0:13:10	1:59:17	0:47:48
407	3082	651	João Seródio		SEN	Clube de Natação Colégio Vasco da Gama	435	0:25:20	392	1:19:24	419	0:14:46	1:59:30	0:48:01
408	5653		Pedro Manuel Vieira		V1	Individual	425	0:25:11	412	1:20:53	360	0:13:44	1:59:48	0:48:19
409	5056		António José Louro		SEN	Individual	438	0:25:22	406	1:20:06	403	0:14:21	1:59:49	0:48:20
410	5449		Ricardo Freixo		SEN	Individual	465	0:25:50	403	1:19:53	408	0:14:26	2:00:09	0:48:40
411	5332		José Andrade		V1	Individual	396	0:24:34	416	1:21:22	405	0:14:24	2:00:20	0:48:51
412	5598		Paulo Rodrigues		SEN	Individual	534	0:27:52	364	1:16:56	467	0:15:46	2:00:34	0:49:05
413	1227	3530	Miguel Alexandre		JUN	Associação Naval Amorense	440	0:25:23	419	1:21:30	361	0:13:45	2:00:38	0:49:09
414	5642		Pedro Jorge Louro		V1	Individual	475	0:25:58	407	1:20:25	400	0:14:19	2:00:42	0:49:13
415	5083		Avelino Fernandes		SEN	Individual	476	0:25:59	405	1:19:59	428	0:14:55	2:00:53	0:49:24
416	5414		Luis Conceição		V2	Individual	353	0:23:50	447	1:24:38	256	0:12:27	2:00:55	0:49:26
417	5029		Álvaro Vila-Chã		V3	Individual	511	0:26:55	378	1:18:18	468	0:15:48	2:01:01	0:49:32
418	5127		Carlos Manuel Pereira		V2	Individual	506	0:26:48	389	1:19:17	437	0:15:02	2:01:07	0:49:38
419	5404		Luis Cristóvão		V3	Individual	407	0:24:47	390	1:19:19	506	0:17:07	2:01:13	0:49:44
420	5649		Pedro Magalhães		SEN	Individual	326	0:23:25	437	1:23:35	409	0:14:27	2:01:27	0:49:58
421	4091	869	Vicente Graça		V3	Alhandra Sporting Clube	447	0:25:28	420	1:21:58	385	0:14:10	2:01:36	0:50:07
422	5117		Carlos Manuel Rodrigues		V2	Individual	259	0:22:16	466	1:26:57	252	0:12:25	2:01:38	0:50:09
423	5047		António Neves Almeida		SEN	Individual	279	0:22:36	426	1:22:23	497	0:16:40	2:01:39	0:50:10
424	5602		Paulo Jorge Barreira		V1	Individual	468	0:25:53	409	1:20:34	458	0:15:32	2:01:59	0:50:30
425	5256		João Côrte Real		V2	Individual	388	0:24:24	436	1:23:33	379	0:14:04	2:02:01	0:50:32
426	5196		Gonçalo Costa		SEN	Individual	393	0:24:32	434	1:23:20	387	0:14:10	2:02:02	0:50:33
427	5125		Carlos Morais		V2	Individual	327	0:23:26	457	1:25:45	315	0:13:07	2:02:18	0:50:49
428	1080	2310	João Pica		JUN	C.F. "Os Belenenses"	278	0:22:35	470	1:27:40	236	0:12:17	2:02:32	0:51:03
429	5257		Tiago Pais		SEN	Individual	513	0:27:05	410	1:20:44	435	0:14:57	2:02:46	0:51:17
430	5223		Hugo Brito		SEN	Individual	207	0:21:21	487	1:29:55	176	0:11:42	2:02:58	0:51:29
431	5289		João Paulo Pires		SEN	Individual	339	0:23:36	402	1:19:48	544	0:19:55	2:03:19	0:51:50
432	5412		Luis Gonçalves		SEN	Individual	572	0:29:33	399	1:19:42	392	0:14:13	2:03:28	0:51:59
433	5060		Antonio Miguel Ferreira		V1	Individual	549	0:28:27	401	1:19:47	455	0:15:28	2:03:42	0:52:13
434	5225		Hugo Pereira		SEN	Individual	335	0:23:33	465	1:26:51	329	0:13:18	2:03:42	0:52:13
435	5240		Jesus Alexandre		SEN	Individual	273	0:22:31	471	1:27:44	341	0:13:28	2:03:43	0:52:14
436	5637		Pedro Daniel Pires		SEN	Individual	390	0:24:28	423	1:22:03	509	0:17:15	2:03:46	0:52:17
437	5004		Rui Lacerda		SEN	Individual	314	0:23:10	475	1:28:34	217	0:12:09	2:03:53	0:52:24
438	5620		Paulo Ribeiro		V1	Individual	537	0:28:00	385	1:18:48	515	0:17:35	2:04:23	0:52:54
439	5283		João Paulo Jesus Marques		SEN	Individual	514	0:27:07	358	1:16:31	549	0:20:50	2:04:28	0:52:59
440	5153		Délio Rão		V4	Individual	479	0:26:03	435	1:23:23	443	0:15:12	2:04:38	0:53:09
441	5146		Daniel Costa		SEN	Individual	427	0:25:15	448	1:24:51	421	0:14:47	2:04:53	0:53:24
442	5505		Manuel Ornelas Ramos		V2	Individual	512	0:27:05	450	1:24:58	301	0:12:57	2:05:00	0:53:31
443	5091		Bruno Ricardo		V2	Individual	521	0:27:19	424	1:22:05	472	0:16:01	2:05:25	0:53:56
444	5067		António Miranda		V1	Individual	478	0:26:03	445	1:24:17	440	0:15:06	2:05:26	0:53:57
445	5388		José Panóias		V3	Individual	502	0:26:44	440	1:24:05	422	0:14:48	2:05:37	0:54:08

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	5000	(MT)	18000	(KM)	2500	(MT)	TOTAL	DIFF
							Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA		
446	5666		Pedro Piteira		SEN	Individual	437	0:25:21	429	1:22:30	518	0:17:48	2:05:39	0:54:10
447	5622		Rui Firmino		SEN	Individual	561	0:29:09	400	1:19:46	499	0:16:45	2:05:40	0:54:11
448	5253		João Carvalhinho		V3	Individual	450	0:25:32	452	1:25:20	430	0:14:55	2:05:47	0:54:18
449	5295		António João Valente		V1	Individual	381	0:24:19	477	1:28:46	287	0:12:47	2:05:52	0:54:23
450	4280	3519	Paulo Lopes		V1	Clube de Triatlo de Almada	574	0:29:40	404	1:19:56	493	0:16:36	2:06:12	0:54:43
451	5525		Mário Jorge Alves Silva		V2	Individual	454	0:25:36	464	1:26:34	383	0:14:08	2:06:18	0:54:49
452	5201		Guilherme Branquinho		SEN	Individual	525	0:27:25	427	1:22:29	495	0:16:37	2:06:31	0:55:02
453	5470		Luis Tavares		SEN	Individual	518	0:27:12	441	1:24:05	462	0:15:37	2:06:54	0:55:25
454	5600		Paulo António Sousa		SEN	Individual	542	0:28:06	444	1:24:14	413	0:14:39	2:06:59	0:55:30
455	5324		Jorge Pires		SEN	Individual	464	0:25:49	459	1:25:56	450	0:15:21	2:07:06	0:55:37
456	5202		Guilhermino Taveira		SEN	Individual	403	0:24:45	479	1:28:49	362	0:13:45	2:07:19	0:55:50
457	5220		Sérgio Taveira		SEN	Individual	405	0:24:46	478	1:28:47	364	0:13:47	2:07:20	0:55:51
458	3472	3369	João Bouza Costa		SEN	Individual	466	0:25:51	451	1:25:16	479	0:16:18	2:07:25	0:55:56
459	5572		Nuno Marques Bernardo		SEN	Individual	600	0:31:42	417	1:21:25	412	0:14:39	2:07:46	0:56:17
460	5177		Fernando Fernandes		V1	Individual	559	0:29:05	432	1:22:39	474	0:16:03	2:07:47	0:56:18
461	5095		Carlos Alexandre Silva		SEN	Individual	488	0:26:19	458	1:25:54	461	0:15:35	2:07:48	0:56:19
462	5148		Daniel Mainha		SEN	Individual	426	0:25:13	468	1:27:23	444	0:15:16	2:07:52	0:56:23
463	5369		José Carretas		V1	Individual	515	0:27:07	456	1:25:41	441	0:15:09	2:07:57	0:56:28
464	5024		Rui Manuel Cabral		SEN	Individual	413	0:24:58	489	1:29:55	346	0:13:30	2:08:23	0:56:54
465	5358		José Joaquim Rico		SEN	Individual	516	0:27:09	460	1:26:13	446	0:15:19	2:08:41	0:57:12
466	5155		Diogo Vinagre Ferreira		SEN	Individual	380	0:24:19	483	1:29:27	438	0:15:02	2:08:48	0:57:19
467	5306		Joel António Silva		SEN	Individual	378	0:24:18	495	1:30:56	369	0:13:51	2:09:05	0:57:36
468	5059		Rui Miguel Ferreira		SEN	Individual	527	0:27:31	454	1:25:28	481	0:16:18	2:09:17	0:57:48
469	5335		José António Santos		SEN	Individual	584	0:30:03	443	1:24:11	454	0:15:25	2:09:39	0:58:10
470	5262		João Quaresma		SEN	Individual	474	0:25:58	480	1:29:00	433	0:14:57	2:09:55	0:58:26
471	5073		António Hortega		V2	Individual	443	0:25:25	492	1:30:28	386	0:14:10	2:10:03	0:58:34
472	5360		José Luis Correia		V3	Individual	416	0:25:00	472	1:27:59	511	0:17:25	2:10:24	0:58:55
473	5530		Pedro Miguel Gouveia		SEN	Individual	544	0:28:16	474	1:28:30	357	0:13:42	2:10:28	0:58:59
474	5157		Domingos Machado		V2	Individual	414	0:24:59	482	1:29:04	485	0:16:26	2:10:29	0:59:00
475	5290		João Paulo Ferreira		V2	Individual	434	0:25:19	493	1:30:41	431	0:14:56	2:10:56	0:59:27
476	5192		António Lopes		V2	Individual	536	0:28:00	461	1:26:26	488	0:16:33	2:10:59	0:59:30
477	5182		Filipe Cordeiro		SEN	Individual	489	0:26:21	455	1:25:32	540	0:19:07	2:11:00	0:59:31
478	5174		Fernando Jorge Gonçalves		V1	Individual	406	0:24:47	503	1:32:08	397	0:14:15	2:11:10	0:59:41
479	5160		Eduardo Correia		V1	Individual	368	0:24:07	508	1:32:49	463	0:15:40	2:12:36	1:01:07
480	5052		Antonio Figueiredo		SEN	Individual	551	0:28:28	442	1:24:09	546	0:20:07	2:12:44	1:01:15
481	5277		João Miguel Duarte		SEN	Individual	530	0:27:38	485	1:29:42	456	0:15:30	2:12:50	1:01:21
482	5103		Carlos Figueiredo		V1	Individual	444	0:25:26	486	1:29:53	525	0:18:03	2:13:22	1:01:53
483	5658		Pedro Miguel Monteiro		SEN	Individual	411	0:24:56	507	1:32:45	466	0:15:44	2:13:25	1:01:56
484	5315		Vitor Henriques		SEN	Individual	578	0:29:49	453	1:25:24	529	0:18:13	2:13:26	1:01:57
485	2126	3497	Miguel Andrade		S23	HALCON - SPIUK Olímpico de Oeiras	133	0:20:13	540	1:41:12	213	0:12:06	2:13:31	1:02:02
486	5424		Luis Patrício		V2	Individual	472	0:25:56	491	1:30:23	508	0:17:13	2:13:32	1:02:03
487	5435		Pedro Telmo Cirilo Gil		SEN	Individual	552	0:28:28	462	1:26:30	530	0:18:34	2:13:32	1:02:03
488	5087		Bruno Alexandre Silva		SEN	Individual	500	0:26:40	490	1:30:18	490	0:16:35	2:13:33	1:02:04
489	5184		Sérgio Baião		SEN	Individual	493	0:26:32	504	1:32:17	417	0:14:44	2:13:33	1:02:04
490	5094		Carlos Albano Silva		SEN	Individual	480	0:26:04	497	1:31:11	487	0:16:29	2:13:44	1:02:15
491	5200		Gonçalo Lopes		SEN	Individual	510	0:26:53	449	1:24:56	551	0:22:04	2:13:53	1:02:24
492	5099		Carlos Borda d' Agua		SEN	Individual	429	0:25:17	506	1:32:32	482	0:16:21	2:14:10	1:02:41
493	5577		Nuno Miguel Costa		SEN	Individual	575	0:29:42	473	1:28:27	486	0:16:26	2:14:35	1:03:06
494	5266		João Paulo Gomes		V1	Individual	523	0:27:21	481	1:29:00	535	0:18:51	2:15:12	1:03:43
495	5338		José Regueira		V3	Individual	557	0:29:04	467	1:27:22	536	0:18:52	2:15:18	1:03:49
496	5212		Sérgio Miranda		SEN	Individual	517	0:27:09	484	1:29:34	532	0:18:43	2:15:26	1:03:57
497	5314		Jorge Andrade		V2	Individual	533	0:27:49	514	1:34:07	348	0:13:32	2:15:28	1:03:59
498	5504		Manuel Martins Cordeiro		V3	Individual	550	0:28:27	469	1:27:35	543	0:19:27	2:15:29	1:04:00
499	4046	816	Mário Melo		V4	Clube Ferroviário de Vendas Novas	462	0:25:43	525	1:36:20	338	0:13:27	2:15:30	1:04:01
500	5401		Luis Cavaco		SEN	Individual	596	0:31:01	463	1:26:31	526	0:18:04	2:15:36	1:04:07
501	5531		Martim Franca		SEN	Individual	469	0:25:54	509	1:33:11	502	0:16:50	2:15:55	1:04:26
502	5325		Jorge Saraiva		V1	Individual	545	0:28:19	499	1:31:43	473	0:16:01	2:16:03	1:04:34

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	5000	(MT)	18000	(KM)	2500	(MT)	TOTAL	DIFF
							Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA		
503	4255	3422	Paulo Castro Rocha		V3	O Clube de Veteranos do Porto	547	0:28:20	518	1:34:45	324	0:13:14	2:16:19	1:04:50
504	5660		Pedro Miguel Vieira		SEN	Individual	583	0:30:02	488	1:29:55	501	0:16:49	2:16:46	1:05:17
505	5303		Joaquim Manuel Dias		V2	Individual	524	0:27:22	513	1:33:54	464	0:15:40	2:16:56	1:05:27
506	5019		Rui Apolinário		V2	Individual	481	0:26:04	510	1:33:19	517	0:17:38	2:17:01	1:05:32
507	5550		Miguel Correia		V2	Individual	568	0:29:25	498	1:31:26	480	0:16:18	2:17:09	1:05:40
508	4174	3013	José Jesús Martins		V5	C.F. "Os Belenenses"	576	0:29:46	501	1:31:54	459	0:15:33	2:17:13	1:05:44
509	5173		Fernando Duarte Silva		V5	Individual	531	0:27:40	511	1:33:28	496	0:16:39	2:17:47	1:06:18
510	5426		Luis Pinheiro		SEN	Individual	603	0:33:30	446	1:24:30	545	0:19:57	2:17:57	1:06:28
511	5297		João José Silva		S23	Individual	579	0:29:54	494	1:30:53	512	0:17:31	2:18:18	1:06:49
512	5063		António Manuel Rodrigues		SEN	Individual	570	0:29:30	502	1:32:03	507	0:17:10	2:18:43	1:07:14
513	5269		João Luis Martins		SEN	Individual	588	0:30:25	505	1:32:23	471	0:16:00	2:18:48	1:07:19
514	5391		José Júlio Nunes		V1	Individual	592	0:30:48	476	1:28:45	542	0:19:19	2:18:52	1:07:23
515	5072		António Pedro Santos		SEN	Individual	458	0:25:40	527	1:36:41	489	0:16:34	2:18:55	1:07:26
516	5275		João Miguel Cavaleiro		SEN	Individual	535	0:27:54	520	1:35:20	504	0:16:55	2:20:09	1:08:40
517	5664		Pedro Pereira Santos		V2	Individual	563	0:29:12	519	1:35:10	475	0:16:04	2:20:26	1:08:57
518	5265		João Gameiro		V4	Individual	543	0:28:09	530	1:37:04	451	0:15:23	2:20:36	1:09:07
519	5442		Raúl Costa		V3	Individual	586	0:30:19	521	1:35:32	423	0:14:48	2:20:39	1:09:10
520	5451		Ricardo Galvão		SEN	Individual	448	0:25:29	516	1:34:28	550	0:21:13	2:21:10	1:09:41
521	5145		Custódio Frango		SEN	Individual	555	0:28:49	515	1:34:17	528	0:18:10	2:21:16	1:09:47
522	5597		Orlando Azeitona		SEN	Individual	571	0:29:31	496	1:31:07	548	0:20:41	2:21:19	1:09:50
523	5054		António Carlos Guedes		SEN	Individual	567	0:29:24	522	1:35:50	477	0:16:16	2:21:30	1:10:01
524	5263		João Carlos Franca		V2	Individual	573	0:29:38	517	1:34:42	514	0:17:35	2:21:55	1:10:26
525	5601		Paulo Bailão		SEN	Individual	508	0:26:51	523	1:36:13	537	0:18:52	2:21:56	1:10:27
526	5282		João Paulo Boim		SEN	Individual	548	0:28:23	529	1:36:51	500	0:16:46	2:22:00	1:10:31
527	5381		José Manuel Catita		V3	Individual	554	0:28:49	537	1:38:42	420	0:14:46	2:22:17	1:10:48
528	5320		Jorge Manuel Teixeira		SEN	Individual	526	0:27:31	500	1:31:53	554	0:23:01	2:22:25	1:10:56
529	5668		Pedro Rodrigo Monteiro		SEN	Individual	569	0:29:28	532	1:37:36	465	0:15:42	2:22:46	1:11:17
530	5310		Jorge Campo Vieira		SEN	Individual	580	0:29:56	534	1:37:57	436	0:14:58	2:22:51	1:11:22
531	5260		João Filipe Correia		S23	Individual	477	0:25:59	528	1:36:47	547	0:20:18	2:23:04	1:11:35
532	5478		Manuel Gomes		V2	Individual	520	0:27:18	536	1:38:22	513	0:17:33	2:23:13	1:11:44
533	3532	3570	Nuno Duarte Mendes		SEN	Associação Recreativa, Cultural e Desportiva de Covas	601	0:31:46	512	1:33:42	520	0:17:53	2:23:21	1:11:52
534	5422		Luis Miguel Reis		V3	Individual	498	0:26:37	533	1:37:48	541	0:19:07	2:23:32	1:12:03
535	5075		António Portugal		V1	Individual	442	0:25:24	542	1:42:02	478	0:16:16	2:23:42	1:12:13
536	5074		Antonio Pires		V3	Individual	558	0:29:05	524	1:36:14	534	0:18:51	2:24:10	1:12:41
537	5242		Tiago Carvalhinho		SEN	Individual	541	0:28:05	531	1:37:05	538	0:19:02	2:24:12	1:12:43
538	5467		Rodrigo Ferreira		SEN	Individual	594	0:30:59	538	1:39:45	353	0:13:38	2:24:22	1:12:53
539	5331		José Américo		V3	Individual	546	0:28:20	535	1:38:15	524	0:17:58	2:24:33	1:13:04
540	5634		Pedro Carvalho		SEN	Individual	238	0:22:00	552	1:49:42	373	0:13:55	2:25:37	1:14:08
541	5595		Orlando Teles		SEN	Individual	484	0:26:06	541	1:41:28	539	0:19:04	2:26:38	1:15:09
542	5718		Rui Romaneiro		V2	Individual					560	2:27:10	2:27:10	1:15:41
543	5175		Fernando Jorge Marçal		SEN	Individual	591	0:30:42	539	1:40:19	516	0:17:38	2:28:39	1:17:10
544	5114		Carlos Manuel Figueira		SEN	Individual	590	0:30:42	544	1:44:22	460	0:15:34	2:30:38	1:19:09
545	5313		Vitor Graça		S23	Individual	587	0:30:20	543	1:42:35	519	0:17:51	2:30:46	1:19:17
546	5591		Nuno Veiga Silva		V1	Individual	582	0:30:01	545	1:45:36	457	0:15:30	2:31:07	1:19:38
547	5587		Nuno Silva Oliveira		SEN	Individual	539	0:28:03	548	1:46:37	492	0:16:35	2:31:15	1:19:46
548	5186		Francisco Cipriano		V5	Individual	473	0:25:58	556	1:51:11	432	0:14:57	2:32:06	1:20:37
549	5551		Miguel Pinhal		V1	Individual	421	0:25:03	557	1:52:26	470	0:15:55	2:33:24	1:21:55
550	5151		David Costa Afonso		V1	Individual	553	0:28:34	549	1:48:04	510	0:17:19	2:33:57	1:22:28
551	5415		Luis Parro		V2	Individual	562	0:29:11	550	1:48:49	505	0:17:02	2:35:02	1:23:33
552	5190		Fúlvio Esteves		SEN	Individual	496	0:26:34	546	1:46:08	552	0:22:29	2:35:11	1:23:42
553	5640		Pedro Barroso		SEN	Individual	495	0:26:33	547	1:46:08	553	0:22:31	2:35:12	1:23:43
554	5097		Rui Reis Santos		SEN	Individual	602	0:31:49			561	2:35:37	2:35:37	1:24:08
555	5351		José Carlos Mendes		V4	Individual	566	0:29:14	551	1:49:34	527	0:18:06	2:36:54	1:25:25
556	5474		Rogério Ferreira		SEN	Individual	595	0:31:00	553	1:50:05	521	0:17:53	2:38:58	1:27:29
557	5646		Pedro Luís		SEN	Individual	593	0:30:58	554	1:50:06	523	0:17:55	2:38:59	1:27:30
558	5568		Nuno Franca		V4	Individual	604	0:36:18	526	1:36:21	556	0:27:19	2:39:58	1:28:29
559	5419		Luis Corista		V1	Individual	519	0:27:18	558	1:57:36	533	0:18:48	2:43:42	1:32:13



Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
						5000	(MT)	18000	(KM)	2500	(MT)			
560	5027		Alfredo Vaz Pinto		V5	Individual	581	0:30:00	555	1:50:23	557	0:28:55	2:49:18	1:37:49
561	4092	872	António Perdigoto	DNF	V2	Alhandra Sporting Clube	356	0:23:52						
562	3297	3177	Bruno Leitão	DNF	SEN	Alhandra Sporting Clube	193	0:21:13						
563	4189	2703	José Carlos Serra	DNF	V1	Alhandra Sporting Clube	323	0:23:23						
564	1106	37	Fabício Tomás	DNF	JUN	Alhandra Sporting Clube	25	0:17:32						
565	2070	2695	João José Pereira	DNF	S23	Alhandra Sporting Clube	1	0:15:33						
566	1153	2629	Luis Filipe Marafuz	DNF	JUN	Alhandra Sporting Clube	15	0:16:57						
567	1229	3532	Luis Maia	DNF	JUN	Associação Naval Amorense	483	0:26:06						
568	3537	3576	Dário Santos	DNF	SEN	Clube Académico de Penafirma	113	0:19:45						
569	3285	2840	Hugo Ferreira	DNF	SEN	HALCON - SPIUK Olímpico de Oeiras	41	0:17:58						
570	2087	102	José Estrangeiro	DNF	S23	HALCON - SPIUK Olímpico de Oeiras	8	0:16:08						
571	3071	532	Luis Manuel Almeida	DNF	SEN	HALCON - SPIUK Olímpico de Oeiras	9	0:16:29						
572	3284	352	Pedro Gomes	DNF	SEN	HALCON - SPIUK Olímpico de Oeiras	10	0:16:29						
573	2124	2570	Vasco Pessoa	DNF	S23	HALCON - SPIUK Olímpico de Oeiras	14	0:16:48						
574	3443	3281	António Amorim	DNF	SEN	Clube Triatlo de Perosinho	106	0:19:40						
575	5042		André Riscado	DNF	SEN	Individual	408	0:24:52						
576	5105		Carlos Fonseca	DNF	V2	Individual	181	0:21:02						
577	5132		Maria Carolina Silva	DNF	SEN	Individual	565	0:29:13						
578	5142		Claudio Ribeiro	DNF	SEN	Individual	560	0:29:06						
579	5189		Francisco Pereira	DNF	V1	Individual	487	0:26:18						
580	5221		Hugo Guimarães	DNF	SEN	Individual	589	0:30:34						
581	5285		João Paulo Oliveira Marques	DNF	V2	Individual	71	0:18:41						
582	5327		Jorge Serra	DNF	V1	Individual	139	0:20:18						
583	5339		José António Saruga	DNF	SEN	Individual	321	0:23:20	439	1:23:53				
584	5342		José Botelho	DNF	V1	Individual	350	0:23:46						
585	5382		José Maria Borges	DNF	V3	Individual	556	0:28:54						
586	5390		Júlio Martins	DNF	SEN	Individual	598	0:31:17						
587	5398		Luis Baião	DNF	V1	Individual	352	0:23:49						
588	5402		Luis Conceição	DNF	JUN	Individual	605	0:41:16						
589	5408		Luis Filipe Gonçalves	DNF	V1	Individual	347	0:23:44						
590	5418		Luis Manuel Martins	DNF	V1	Individual	599	0:31:42						
591	5429		Luis Miguel Rato	DNF	SEN	Individual	107	0:19:40						
592	5507		Manuel António Sousa	DNF	V1	Individual	394	0:24:32						
593	5509		Márcio Fonseca	DNF	S23	Individual	585	0:30:11						
594	5590		Nuno Silvestre	DNF	SEN	Individual	455	0:25:37						
595	5613		Paulo Jorge Ferreira	DNF	SEN	Individual	183	0:21:04						
596	5635		Pedro Miguel Couceiro	DNF	SEN	Individual	532	0:27:40						
597	5465		Roberto Paulo Moura	DNF	SEN	Individual	564	0:29:12						
598	5000		Rui Jorge Martins	DNF	SEN	Individual	597	0:31:10						
599	5247		Tiago Monteiro	DNF	SEN	Individual	340	0:23:37						
600	5280		Venceslau Jesus	DNF	V4	Individual	365	0:24:01						
601	3114	689	Rui Belo	DNF	SEN	Molly Maid - Vitoria de Janes	38	0:17:56						
602	2127	2513	Diogo Custódio	DNF	S23	Sporting Clube de Portugal	39	0:17:56						
603	1158	3123	João Graça	DNF	JUN	Sporting Clube de Portugal	37	0:17:55						
604	4115	499	António Ervideira	DNF	V1	COMPEED - Tri-Oeste	149	0:20:28						
605	3197	2640	Délio Ferreira	DNF	SEN	COMPEED - Tri-Oeste	19	0:17:06						
606	5336	1095	Gregorio Casillas	DNF	SEN	BRICOBLOCK - ESPROTEN - TRITOLEDO	31	0:17:44						
607	5615		Paulo José Gonçalves	DNF	V1	Individual	252	0:22:12						
608	4073	456	Amândio Caetano	DNS	V2	A.D.C.R. Painho								
609	2090	445	Miguel Caetano	DNS	S23	A.D.C.R. Painho								
610	1196	3456	Fábio Coutinho	DNS	JUN	Alhandra Sporting Clube								
611	1095	2522	João Amorim	DNS	JUN	Alhandra Sporting Clube								
612	1206	3445	Paulo Ricardo Monteiro	DNS	JUN	Alhandra Sporting Clube								
613	1194	3397	Ricardo Marafuz	DNS	JUN	Alhandra Sporting Clube								
614	3170	2562	Rui Simões	DNS	SEN	Alhandra Sporting Clube								
615	3533	3571	Sérgio Emanuel Pereira	DNS	SEN	Associação Recreativa, Cultural e Desportiva de Covas								
616	3324	2987	Luis Pimenta	DNS	SEN	Clube de Natação Colégio Vasco da Gama								

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA		TOTAL	DIFF
LG	DRSL	LIC	NOME	PEN	ESC	5000	(MT)	18000	(KM)	2500	(MT)		
						Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA		
617	3447	3290	Nélson Jesús Santos	DNS	SEN								
618	3500	296	Fábio Ferreira	DNS	SEN								
619	3521	710	João Nicolau	DNS	SEN								
620	1234	3547	João Vilão	DNS	JUN								
621	3428	3251	Rui Chambel	DNS	SEN								
622	1224	2847	Simão Silva	DNS	JUN								
623	3304	2892	Ivan Pinto da Silva	DNS	SEN								
624	5005	1083	Nereo del Nero	DNS	SEN								
625	4287	3567	Luis Abade	DNS	V1								
626	5011		Ademar Santos	DNS	V3								
627	5016		Albano Manuel Silva	DNS	V2								
628	5025		Alexandre Vieira	DNS	SEN								
629	5028		Alvaro Manuel Quiterio	DNS	V1								
630	5049		António Santos Marques	DNS	SEN								
631	5058		António José Neves	DNS	SEN								
632	5062		António Gazzo	DNS	V2								
633	5064		António Miguel Reis	DNS	SEN								
634	5068		António Nobre Moreira	DNS	V3								
635	5071		António Pratas	DNS	SEN								
636	5077		Antonio Resende	DNS	V2								
637	5079		Armando Santos	DNS	V5								
638	5082		Artur Pinheiro	DNS	V3								
639	5086		Bernardo Frois Ferrao	DNS	SEN								
640	5089		Bruno Feio	DNS	SEN								
641	5090		Bruno Mateiro	DNS	SEN								
642	5110		Carlos Manuel Carranca	DNS	V1								
643	5111		Carlos Manuel Pato	DNS	SEN								
644	5131		Carlos José Santos	DNS	V3								
645	5137		Christopher Mallmann	DNS	SEN								
646	5138		Cláudio Gama	DNS	SEN								
647	5150		Daniel Ferreira	DNS	SEN								
648	5152		David Freitas	DNS	V1								
649	5156		Diogo Malaquias	DNS	SEN								
650	5158		Domingos Lopes	DNS	SEN								
651	5161		Eduardo Costa	DNS	SEN								
652	5172		Fernando Carvalho	DNS	V1								
653	5178		Fernando Luz	DNS	SEN								
654	5187		Francisco Bourbon Franca	DNS	V1								
655	5188		Francisco Trocado	DNS	SEN								
656	5199		Gonçalo Madeira	DNS	SEN								
657	5206		Hélder Lopes Ferreira	DNS	V2								
658	5208		Helder Marques	DNS	SEN								
659	5218		Hugo Agostinho	DNS	SEN								
660	5228		Idílio Freire	DNS	V1								
661	5232		Ivo Alexandre Pais	DNS	S23								
662	5235		Jaime Gomes	DNS	V3								
663	5236		Jaime Inglez	DNS	S23								
664	5248		João Carlos Ferreira	DNS	SEN								
665	5249		João Carlos Jesus	DNS	SEN								
666	5250		João Carlos Pereira	DNS	S23								
667	5270		João Manuel Martins	DNS	SEN								
668	5272		João Miguel Marques	DNS	SEN								
669	5273		João Mestre	DNS	SEN								
670	5274		João Miguel Silva	DNS	SEN								
671	5279		João Neto	DNS	SEN								
672	5286		João Paulo Faria	DNS	SEN								
673	5291		João Quintão Fernandes	DNS	SEN								



Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
						5000	(MT)	18000	(KM)	2500	(MT)			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
674	5293		João Roque	DNS	V1	Individual								
675	5299		Joaquim Rosado	DNS	SEN	Individual								
676	5312		Jorge Carvalho	DNS	V1	Individual								
677	5318		Jorge Manuel Reis	DNS	SEN	Individual								
678	5319		Jorge Manuel Morgado	DNS	V2	Individual								
679	5328		Jorge Teixeira	DNS	SEN	Individual								
680	5337		José António Almeida	DNS	V1	Individual								
681	5347		José Carlos Rodrigues	DNS	SEN	Individual								
682	5349		José Carlos Silveira	DNS	SEN	Individual								
683	5350		José Carlos Pereira	DNS	V1	Individual								
684	5353		José António Correia	DNS	V3	Individual								
685	5383		José Maria Soares	DNS	SEN	Individual								
686	5392		Júlio Pires	DNS	V2	Individual								
687	5394		Leonardo Ferraz Cunha	DNS	SEN	Individual								
688	5396		Lucas Romero	DNS	V4	Individual								
689	5395		Lucia Franchi	DNS	V3	Individual								
690	5399		Luis Carlos Melo	DNS	V1	Individual								
691	5405		Luis Cunha	DNS	SEN	Individual								
692	5406		Luis Ferreira	DNS	V1	Individual								
693	5407		Luis Filipe Carvalho	DNS	SEN	Individual								
694	5411		Joaquim Luis Costa	DNS	V3	Individual								
695	5421		Luis Miguel Ramos	DNS	SEN	Individual								
696	5427		Luis Miguel Pinho	DNS	V1	Individual								
697	5459		Luis Fingo e Silva	DNS	SEN	Individual								
698	5664		Luis Romaneiro	DNS	V2	Individual								
699	5475		Manuel Bento	DNS	V3	Individual								
700	5477		Manuel Ferreira Gonçalves	DNS	V2	Individual								
701	5501		Manuel Joaquim Alvorado	DNS	V2	Individual								
702	5502		Manuel José Fernandes	DNS	V1	Individual								
703	5503		Joao Manuel Lopes	DNS	V3	Individual								
704	5510		Marco Domingos	DNS	S23	Individual								
705	5513		Marco Lança	DNS	SEN	Individual								
706	5514		Marco Manuel Dias	DNS	SEN	Individual								
707	5516		Marco Nicolau	DNS	SEN	Individual								
708	5535		Martim Nunes	DNS	SEN	Individual								
709	5539		Miguel António Gomes	DNS	SEN	Individual								
710	5542		José Miguel Freire	DNS	V1	Individual								
711	5545		Miguel Carreiro	DNS	JUN	Individual								
712	5546		Miguel Leal	DNS	SEN	Individual								
713	5547		Miguel Lopes Ribeiro	DNS	SEN	Individual								
714	5548		Miguel Maria Silva	DNS	SEN	Individual								
715	5556		Nélson Santos	DNS	SEN	Individual								
716	5558		Nélson Costa	DNS	SEN	Individual								
717	5559		Nuno Alves	DNS	SEN	Individual								
718	5562		Nuno Carpinteiro	DNS	SEN	Individual								
719	5569		Nuno Gonçalo Lopes	DNS	SEN	Individual								
720	5575		Nuno Miguel Riva Almeida	DNS	SEN	Individual								
721	5581		Nuno Miguel Caetano	DNS	SEN	Individual								
722	5582		Nuno Miguel Grazina	DNS	SEN	Individual								
723	5585		Nuno Monteiro	DNS	SEN	Individual								
724	5586		Nuno Jorge Martins	DNS	V1	Individual								
725	5588		Nuno Pires	DNS	SEN	Individual								
726	5589		Nuno Silva Liberal	DNS	SEN	Individual								
727	5599		Paulo Alexandre Santos	DNS	SEN	Individual								
728	5603		Paulo Calixto	DNS	SEN	Individual								
729	5604		Paulo Carvalho	DNS	V4	Individual								
730	5605		Paulo Jorge Silva	DNS	SEN	Individual								



Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA		TOTAL	DIFF			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	5000 (MT)	18000 (KM)	2500 (MT)	Pos	CORRIDA			Pos	CICLISMO	Pos
731	5607		Paulo Fernando Santos	DNS	SEN	Individual										
732	5611		Paulo Gomes	DNS	SEN	Individual										
733	5621		Paulo Roberto Amaro	DNS	SEN	Individual										
734	5626		Paulo Viana	DNS	V1	Individual										
735	5628		José Brandão	DNS	V3	Individual										
736	5629		Pedro Branquinho	DNS	SEN	Individual										
737	5630		Pedro Burquette	DNS	SEN	Individual										
738	5633		Pedro Campos	DNS	SEN	Individual										
739	5641		Pedro Jorge Ferreira	DNS	V2	Individual										
740	5645		Pedro Miguel Lucas	DNS	SEN	Individual										
741	5647		Pedro Luis Neves	DNS	SEN	Individual										
742	5648		Pedro Machado	DNS	SEN	Individual										
743	5651		Pedro Santos	DNS	V1	Individual										
744	5655		Pedro Melitão	DNS	S23	Individual										
745	5659		Pedro Miguel Cabrito	DNS	SEN	Individual										
746	5669		Pedro Rodrigues	DNS	V1	Individual										
747	5670		Pedro Roque	DNS	SEN	Individual										
748	5431		Pedro Salvador	DNS	SEN	Individual										
749	5432		Pedro Santarém	DNS	SEN	Individual										
750	5433		Pedro Sebastião	DNS	SEN	Individual										
751	5434		Pedro Silva Sousa	DNS	SEN	Individual										
752	5436		Pedro Telmo Gil	DNS	SEN	Individual										
753	5438		Peter Cooper	DNS	V1	Individual										
754	5439		Peter Steinhausen	DNS	V4	Individual										
755	5444		Renato Morais	DNS	SEN	Individual										
756	5446		Ricardo Costa Matias	DNS	SEN	Individual										
757	5457		Ricardo Pinto Sousa	DNS	SEN	Individual										
758	5458		Ricardo Rainho	DNS	SEN	Individual										
759	5461		Ricardo Silva Sousa	DNS	SEN	Individual										
760	5171		Rui Silva Gomes	DNS	SEN	Individual										
761	5020		Rui Manuel Torpes	DNS	SEN	Individual										
762	5051		Rui Miguel Martins	DNS	SEN	Individual										
763	5081		Rui Paulo Monteiro	DNS	SEN	Individual										
764	5118		Samuel Alexandre Teles	DNS	SEN	Individual										
765	5149		Sérgio Cruz	DNS	SEN	Individual										
766	5213		Sérgio Nóbrega	DNS	V1	Individual										
767	5214		Sérgio Pinho	DNS	SEN	Individual										
768	5238		Tiago Botelho	DNS	SEN	Individual										
769	5251		Tiago Maçarico	DNS	SEN	Individual										
770	5252		Tiago Martins	DNS	SEN	Individual										
771	5276		Vasco Miguel Abreu	DNS	SEN	Individual										
772	5294		Virgílio Corroios	DNS	V2	Individual										
773	5311		Vitor Delgado	DNS	V1	Individual										
774	5316		Vitor Rafael	DNS	V2	Individual										
775	5326		Vitor Tavares	DNS	V1	Individual										
776	4142	492	Carlos Reis	DNS	V1	Núcleo de Ciclismo da Baixa da Banheira										
777	4261	511	Horácio Ferreira	DNS	V1	Oeiras Sport Clube - TRANSINSULAR										
778	4108	879	Paulo Leitão Santos	DNS	V2	Peniche A. C.										
779	3425	3221	Rui Mendes	DNS	SEN	Peniche A. C.										
780	1149	34	Guilherme Marques	DNS	JUN	Sporting Clube de Portugal										
781	4027	508	Alcino Serras	DNS	V1	SR Camarnal / Seguros Contacto / IKA / HUZY										
782	5329	1093	Carlos Lancha Ubeda	DNS	SEN	BRICBLOCK - ESPROTEN - TRITOLEDO										
783	5718		Rui Romaneiro	DNS	V2	Individual										
784	1222	3525	José Maria Carvalho	DSQ	JUN	C.F. "Os Belenenses"						558	1:44:16	1:44:16	0:32:47	