

Resultados

Localidade:	Vila Franca de Xira	Distância CORRI (MT):	CICLIS (KM)	CORRI (MT):	5000/23000/2500
Data:	17-02-2008	Hora de começo:			11h00m

Informação

Delegado técnico:	Artur Parreira	Juiz Principal:	Nélson Laranjeira
Pontuável para:	Circuito Nacional	Juri de apelo:	Artur Parreira

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA		TOTAL	DIFF	
LG	DRSL	LIC	NOME	PEN	ESC	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA			
1	3117	486	Lino Barruncho		SEN	HALCON - SPORTZONE Olímpico de Oeiras	1	0:14:32	2	0:41:50	5	0:07:53	1:04:15	0:00:00
2	3016	575	Bruno Pais		SEN	Sport Lisboa e Benfica	4	0:14:56	3	0:43:35	1	0:07:23	1:05:54	0:01:39
3	1052	2563	João Pedro Silva		JUN	HALCON - SPORTZONE Olímpico de Oeiras	2	0:14:38	4	0:43:55	3	0:07:35	1:06:08	0:01:53
4	2088	179	Miguel Arraiolos		S23	HALCON - SPORTZONE Olímpico de Oeiras	7	0:15:12	8	0:44:22	2	0:07:29	1:07:03	0:02:48
5	2087	102	José Estrangeiro		S23	HALCON - SPORTZONE Olímpico de Oeiras	9	0:15:27	5	0:44:05	9	0:07:59	1:07:31	0:03:16
6	4027	508	Alcino Serras		V1	SR Camarnal	11	0:15:27	6	0:44:08	13	0:08:08	1:07:43	0:03:28
7	1054	2570	Vasco Pessoa		JUN	HALCON - SPORTZONE Olímpico de Oeiras	10	0:15:27	7	0:44:21	12	0:08:08	1:07:56	0:03:41
8	1095	2522	João Amorim		JUN	Alhandra Sporting Clube	12	0:15:28	10	0:45:02	6	0:07:54	1:08:24	0:04:09
9	2064	2817	Tiago Abreu Silva		S23	Ludens Clube de Machico	5	0:15:05	17	0:45:31	7	0:07:54	1:08:30	0:04:15
10	1117	2896	Hugo Ventura		JUN	HALCON - SPORTZONE Olímpico de Oeiras	15	0:15:41	11	0:45:02	27	0:08:39	1:09:22	0:05:07
11	3412	417	Rui Dolores		SEN	Amiciclo	19	0:16:10	12	0:45:03	17	0:08:21	1:09:34	0:05:19
12	3282	2839	Márcio Neves		SEN	Oeiras Sport Clube - TRANSINSULAR	30	0:16:29	13	0:45:03	22	0:08:29	1:10:01	0:05:46
13	3214	2684	Miguel Ganchinho		SEN	Clube de Triatlo de Almada	20	0:16:10	14	0:45:19	26	0:08:35	1:10:04	0:05:49
14	1163	2266	Paulo Alexandre Antunes		JUN	HALCON - SPORTZONE Olímpico de Oeiras	23	0:16:15	9	0:44:50	56	0:09:11	1:10:16	0:06:01
15	3284	352	Pedro Gomes		SEN	HALCON - SPORTZONE Olímpico de Oeiras	14	0:15:33	43	0:47:02	4	0:07:44	1:10:19	0:06:04
16	3229	2700	João Saúde		SEN	Clube Ferroviário de Vendas Novas	24	0:16:16	21	0:45:51	21	0:08:27	1:10:34	0:06:19
17	1106	37	Fabício Tomás		JUN	C.N. Cartaxo	21	0:16:11	30	0:46:21	11	0:08:04	1:10:36	0:06:21
18	1105	35	João Serrano		JUN	C.N. Cartaxo	16	0:16:05	31	0:46:22	19	0:08:24	1:10:51	0:06:36
19	5148		Carlos Costa		JUN	Individual	26	0:16:26	24	0:46:08	29	0:08:42	1:11:16	0:07:01
20	1153	2629	Luis Filipe Marafuz		JUN	Alhandra Sporting Clube	31	0:16:35	26	0:46:15	20	0:08:27	1:11:17	0:07:02
21	3026	461	Anibal Oliveira		SEN	Amiciclo	27	0:16:29	23	0:46:04	30	0:08:44	1:11:17	0:07:02
22	3049	475	Sérgio Dias		SEN	COMPEED - Tri-Oeste	18	0:16:09	37	0:46:51	23	0:08:30	1:11:30	0:07:15
23	5173		Fernando Duarte		V1	Individual	46	0:17:13	15	0:45:20	49	0:09:04	1:11:37	0:07:22
24	1113	2456	Gil Maia		JUN	Clube Triatlo de Perosinho	45	0:17:13	16	0:45:23	53	0:09:10	1:11:46	0:07:31
25	1038	2513	Diogo Custódio		JUN	Oeiras Sport Clube - TRANSINSULAR	35	0:16:40	25	0:46:13	42	0:09:00	1:11:53	0:07:38
26	1167	3143	José Veiga		JUN	Clube Ferroviário de Vendas Novas	40	0:16:56	33	0:46:31	25	0:08:34	1:12:01	0:07:46
27	3139	2524	Nuno Nunes		SEN	SR Camarnal	22	0:16:14	39	0:46:51	37	0:08:59	1:12:04	0:07:49
28	1063	52	Ruben Costa		JUN	Clube de Nataçao Colégio Vasco da Gama	6	0:15:12	87	0:49:07	8	0:07:55	1:12:14	0:07:59
29	4180	764	António Horta		V2	Clube de Praças da Armada	29	0:16:29	44	0:47:03	36	0:08:59	1:12:31	0:08:16
30	3183	2589	Ricardo Figueira Silva		SEN	C.F. "Os Belenenses"	61	0:17:39	22	0:45:52	47	0:09:04	1:12:35	0:08:20
31	4177	465	Paulo Silva		V1	Casa Benfica Faro/GASCAN	28	0:16:29	46	0:47:09	39	0:09:00	1:12:38	0:08:23
32	3300	2871	Nélson Santos		SEN	Associação Recreativa Social e Cultural de Teledr.	17	0:16:08	70	0:48:12	18	0:08:23	1:12:43	0:08:28
33	3394	3136	Valdo Neves		SEN	Clube de Triatlo de Almada	47	0:17:23	35	0:46:40	31	0:08:47	1:12:50	0:08:35
34	5255		Luis Serrazina		V1	Individual	50	0:17:24	29	0:46:19	54	0:09:10	1:12:53	0:08:38
35	3442	3280	Pedro Pinho		SEN	Clube Triatlo de Perosinho	34	0:16:40	62	0:47:53	28	0:08:41	1:13:14	0:08:59
36	3201	2644	Tiago Fragata		SEN	Associação Recreativa Social e Cultural de Teledr.	60	0:17:38			343	1:13:17	1:13:17	0:09:02
37	4074	458	Pedro Marques		V1	Associação Recreativa Social e Cultural de Teledr.	94	0:18:30	20	0:45:46	45	0:09:03	1:13:19	0:09:04
38	2083	2885	Carlos Papacinzza		S23	C.N. Alvíto	57	0:17:36	34	0:46:40	52	0:09:08	1:13:24	0:09:09
39	3443	3281	António Amorim		SEN	Clube Triatlo de Perosinho	41	0:16:56	51	0:47:28	40	0:09:00	1:13:24	0:09:09
40	1166	2949	Hugo Alves		JUN	HALCON - SPORTZONE Olímpico de Oeiras	25	0:16:16	82	0:48:59	16	0:08:19	1:13:34	0:09:19
41	5137		António Manuel Aguiar		V2	Individual	37	0:16:41	69	0:48:07	51	0:09:05	1:13:53	0:09:38
42	3433	3264	Rui Medina		SEN	Bike Clube S. Brás	52	0:17:29	50	0:47:25	43	0:09:01	1:13:55	0:09:40
43	4148	497	Pedro Cordeiro		V1	COMPEED - Tri-Oeste	81	0:18:11	27	0:46:17	76	0:09:35	1:14:03	0:09:48
44	4058	520	António Catarino		V1	HALCON - SPORTZONE Olímpico de Oeiras	83	0:18:16	18	0:45:41	127	0:10:10	1:14:07	0:09:52
45	4059	800	Fernando Feijão		V3	HALCON - SPORTZONE Olímpico de Oeiras	58	0:17:36	45	0:47:03	68	0:09:28	1:14:07	0:09:52
46	1127	2610	Tiago André Silva		JUN	Clube Triatlo de Perosinho	59	0:17:37	55	0:47:39	33	0:08:54	1:14:10	0:09:55

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
						5000	(MT)	23000	(KM)	2500	(MT)			
47	5143		Bruno Fernandes		SEN	Individual	43	0:17:00	58	0:47:44	67	0:09:26	1:14:10	0:09:55
48	3293	2853	Henrique Santos		SEN	SR Camamal	13	0:15:28	86	0:49:06	82	0:09:36	1:14:10	0:09:55
49	2097	3279	João Gestosa		S23	Clube Triatlo de Perosinho	42	0:16:56	71	0:48:12	48	0:09:04	1:14:12	0:09:57
50	5420		Joao Graça		JUN	Individual	53	0:17:32	59	0:47:47	44	0:09:01	1:14:20	0:10:05
51	5362		Vitor Manuel Santos		SEN	Individual	54	0:17:34	56	0:47:39	55	0:09:10	1:14:23	0:10:08
52	2095	2954	Ricardo Reis		S23	Clube de Praças da Armada	73	0:18:01	36	0:46:42	87	0:09:41	1:14:24	0:10:09
53	5191		João Massena		SEN	Individual	44	0:17:12	66	0:47:59	62	0:09:22	1:14:33	0:10:18
54	3147	604	Pedro Bento		SEN	Ribabike / Associação dos 20 Km de Almeirim	122	0:19:00	19	0:45:41	112	0:10:01	1:14:42	0:10:27
55	3304	2892	Ivan Pinto da Silva		SEN	Clube Triatlo de Perosinho	86	0:18:18	28	0:46:19	129	0:10:11	1:14:48	0:10:33
56	3170	2562	Rui Simões		SEN	Alhandra Sporting Clube	82	0:18:14	41	0:46:54	88	0:09:44	1:14:52	0:10:37
57	5120		Alexandre Cunha		V1	Individual	74	0:18:02	49	0:47:24	69	0:09:29	1:14:55	0:10:40
58	3241	2718	Nuno Tintim		SEN	Alhandra Sporting Clube	48	0:17:24	79	0:48:49	34	0:08:59	1:15:12	0:10:57
59	3137	466	Carlos Matos		SEN	Casa Benfica Faro/GASCAN	77	0:18:05	63	0:47:54	61	0:09:20	1:15:19	0:11:04
60	3280	2837	Carlos Bráz		SEN	Individual	80	0:18:10	61	0:47:48	65	0:09:23	1:15:21	0:11:06
61	5198		João Patrício Lourenço		V1	Individual	100	0:18:36	48	0:47:18	79	0:09:36	1:15:30	0:11:15
62	3379	696	Daniel Simões		SEN	Alhandra Sporting Clube	124	0:19:01	40	0:46:53	85	0:09:40	1:15:34	0:11:19
63	3101	457	Nuno Almeida		SEN	A.D.C.R. Painho	92	0:18:29	53	0:47:35	75	0:09:35	1:15:39	0:11:24
64	3295	2856	João Sousa Ferreira		SEN	Clube de Praças da Armada	36	0:16:41	102	0:50:04	46	0:09:03	1:15:48	0:11:33
65	3090	636	Paulo Queirós Gonçalves		SEN	Oeiras Sport Clube - TRANSINSULAR	38	0:16:47	120	0:50:42	24	0:08:30	1:15:59	0:11:44
66	3145	602	Luis Moura Lopes		SEN	Ribabike / Associação dos 20 Km de Almeirim	135	0:19:12	38	0:46:51	118	0:10:02	1:16:05	0:11:50
67	5115		Aires Barros		SEN	Individual	49	0:17:24	81	0:48:54	94	0:09:49	1:16:07	0:11:52
68	4087	646	Manuel Batista		V1	G. A. A. Vila Franca de Xira	118	0:18:58	42	0:47:02	125	0:10:09	1:16:09	0:11:54
69	3001	627	Paulo Teles		SEN	G. A. A. Vila Franca de Xira	97	0:18:34	57	0:47:41	114	0:10:02	1:16:17	0:12:02
70	3100	706	Luis Cipriano		SEN	A.D.C.R. Painho	63	0:17:50	92	0:49:30	38	0:09:00	1:16:20	0:12:05
71	1162	190	Miguel Fernandes		JUN	HALCON - SPORTZONE Olímpico de Oeiras	32	0:16:35	144	0:51:40	14	0:08:11	1:16:26	0:12:11
72	2096	3273	Fernando Prisal		S23	Mem Martins Sport Clube	67	0:17:52	88	0:49:11	66	0:09:23	1:16:26	0:12:11
73	3239	2717	Telmo Veloso		SEN	Porto Runners	39	0:16:48	126	0:50:57	32	0:08:47	1:16:32	0:12:17
74	4142	492	Carlos Reis		V1	Fidalbyke	102	0:18:41	64	0:47:56	113	0:10:02	1:16:39	0:12:24
75	3142	2526	Pedro Figueira		SEN	Ribabike / Associação dos 20 Km de Almeirim	113	0:18:55	68	0:48:05	84	0:09:39	1:16:39	0:12:24
76	5319		Rafael Caetano		SEN	Individual	76	0:18:04	83	0:49:02	74	0:09:34	1:16:40	0:12:25
77	5294		Paulo Joaquim		SEN	Individual	147	0:19:26	47	0:47:16	117	0:10:02	1:16:44	0:12:29
78	3259	2787	Pedro Quintela		SEN	União Desportiva da Chamusca	72	0:17:59	90	0:49:21	72	0:09:31	1:16:51	0:12:36
79	5222		José Domingos		V2	Individual	141	0:19:22	32	0:46:30	217	0:11:05	1:16:57	0:12:42
80	5157		Carlos Machado Reis		SEN	Individual	150	0:19:27	54	0:47:35	104	0:09:57	1:16:59	0:12:44
81	3321	2957	Luis Lourenço		SEN	Clube de Praças da Armada	78	0:18:07	97	0:49:39	57	0:09:14	1:17:00	0:12:45
82	3342	3044	Rodrigo Baltazar		SEN	Oeiras Sport Clube - TRANSINSULAR	89	0:18:24	72	0:48:26	130	0:10:11	1:17:01	0:12:46
83	5138		António Manuel Samora		V1	Individual	134	0:19:12	52	0:47:33	138	0:10:18	1:17:03	0:12:48
84	4166	2931	José Maria Santos		V2	Clube Ferroviário de Vendas Novas	151	0:19:28	60	0:47:48	121	0:10:05	1:17:21	0:13:06
85	4072	752	Renato Fidalgo		V2	A.D.C.R. Painho	106	0:18:46	73	0:48:35	119	0:10:04	1:17:25	0:13:10
86	3207	2662	José Magalhães Dias		SEN	A.D.C.R. Painho	91	0:18:28	89	0:49:12	92	0:09:46	1:17:26	0:13:11
87	5344		Rui Coelho		SEN	Individual	110	0:18:51	76	0:48:41	110	0:10:00	1:17:32	0:13:17
88	3102	662	Alexandre Feliz		SEN	COMPEED - Tri-Oeste	71	0:17:58	109	0:50:23	60	0:09:19	1:17:40	0:13:25
89	1170	153	Gonçalo Barros		JUN	Ginásio Clube de Sines	155	0:19:29	65	0:47:58	142	0:10:22	1:17:49	0:13:34
90	4075	751	José Peixoto		V3	Peniche A. C.	127	0:19:02	80	0:48:51	126	0:10:09	1:18:02	0:13:47
91	5217		Jorge Mimoso		SEN	Individual	90	0:18:25	104	0:50:05	80	0:09:36	1:18:06	0:13:51
92	3054	739	António Luz Gomes		SEN	Oeiras Sport Clube - TRANSINSULAR	65	0:17:51	136	0:51:21	41	0:09:00	1:18:12	0:13:57
93	5237		José Nelson Narciso		SEN	Individual	96	0:18:32	99	0:49:44	105	0:09:57	1:18:13	0:13:58
94	5142		Bruno Salvador		SEN	Individual	64	0:17:50	112	0:50:33	98	0:09:52	1:18:15	0:14:00
95	5341		Rui Costa Baptista		SEN	Individual	121	0:18:59	94	0:49:33	106	0:09:57	1:18:29	0:14:14
96	4052	770	Manuel Gonçalves		V2	Clube de Natação Colégio Vasco da Gama	75	0:18:03	131	0:51:09	59	0:09:19	1:18:31	0:14:16
97	5286		Nuno Miguel Jorge		SEN	Individual	129	0:19:04	96	0:49:37	100	0:09:53	1:18:34	0:14:19
98	5315		Pedro Basso Costa		SEN	Individual	116	0:18:57	105	0:50:12	83	0:09:38	1:18:47	0:14:32
99	3407	3178	Marco Fernandes		SEN	Associação Recreativa Social e Cultural de Toledo	95	0:18:32	103	0:50:05	132	0:10:13	1:18:50	0:14:35
100	3004	485	Bruno Silva		SEN	G. A. A. Vila Franca de Xira	79	0:18:10	95	0:49:34	225	0:11:09	1:18:53	0:14:38
101	3182	580	Alexandre Ventura		SEN	C.N. Cartaxo	176	0:19:59	77	0:48:43	134	0:10:14	1:18:56	0:14:41
102	1156	3009	Pedro Araújo Mendes		JUN	C.N. Cartaxo	56	0:17:35	165	0:52:30	35	0:08:59	1:19:04	0:14:49
103	4129	2740	João Hipólito		V1	Alhandra Sporting Clube	174	0:19:58	75	0:48:40	153	0:10:27	1:19:05	0:14:50

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
						5000	(MT)	23000	(KM)	2500	(MT)			
104	4060	762	António Moura		V2	SR Camamal	101	0:18:38	128	0:51:02	71	0:09:29	1:19:09	0:14:54
105	1169	141	David Morgado		JUN	Ginásio Clube de Sines	204	0:20:32	74	0:48:37	115	0:10:02	1:19:11	0:14:56
106	5166		Eduardo Alçada		SEN	Individual	133	0:19:11	85	0:49:06	200	0:10:54	1:19:11	0:14:56
107	4122	776	Fernando Teixeira		V3	Clube Ferroviário de Vendas Novas	166	0:19:41	78	0:48:48	195	0:10:51	1:19:20	0:15:05
108	5228		José Fernando Costa		V1	Individual	105	0:18:45	117	0:50:40	108	0:09:58	1:19:23	0:15:08
109	5266		Marco Domingos		S23	Individual	87	0:18:18	133	0:51:11	102	0:09:54	1:19:23	0:15:08
110	1104	2866	Carlos Alenquer		JUN	Ginásio Clube de Sines	163	0:19:40	84	0:49:03	178	0:10:44	1:19:27	0:15:12
111	5390	2577	António Miguel Reis		SEN	Amiciclo	157	0:19:32	93	0:49:33	147	0:10:25	1:19:30	0:15:15
112	3120	720	Mário Couto		SEN	G. A. A. Vila Franca de Xira	143	0:19:23	116	0:50:36	73	0:09:33	1:19:32	0:15:17
113	5192		João Carlos Portela		V5	Individual	69	0:17:54	161	0:52:18	70	0:09:29	1:19:41	0:15:26
114	1085	55	Miguel Henriques		JUN	C.N. Cartaxo	8	0:15:21	244	0:56:18	10	0:08:03	1:19:42	0:15:27
115	4131	2744	Pedro Nogueira Silva		V1	Clube Millennium BCP	117	0:18:58	106	0:50:13	162	0:10:34	1:19:45	0:15:30
116	5274		Martino Montez		SEN	Individual	212	0:20:38	67	0:48:04	218	0:11:05	1:19:47	0:15:32
117	4025	516	João Medeiro		V2	Serv. Soc. CGD	70	0:17:57	176	0:52:43	58	0:09:15	1:19:55	0:15:40
118	5082		Luís Miguel Guerreiro		SEN	Individual	130	0:19:04	113	0:50:34	137	0:10:17	1:19:55	0:15:40
119	5248		Luis Delgado		SEN	Individual	88	0:18:21	162	0:52:20	63	0:09:22	1:20:03	0:15:48
120	5253		Luis Gonçalves		SEN	Individual	161	0:19:38	111	0:50:32	101	0:09:54	1:20:04	0:15:49
121	5310		Pedro Miguel Lucas		SEN	Individual	126	0:19:01	122	0:50:45	140	0:10:19	1:20:05	0:15:50
122	3444	3284	António Apolinário		SEN	Ribabike / Associação dos 20 Km de Almeirim	123	0:19:00	138	0:51:26	91	0:09:44	1:20:10	0:15:55
123	4082	862	José Maçarria		V2	Ginásio Clube Figueirense	156	0:19:29	129	0:51:04	86	0:09:40	1:20:13	0:15:58
124	5133		António Ferreira Almeida		V1	Individual	179	0:20:01	91	0:49:27	189	0:10:48	1:20:16	0:16:01
125	5211		Jorge Alexandre Monteiro		V1	Individual	172	0:19:48	101	0:50:02	151	0:10:26	1:20:16	0:16:01
126	3297	3177	Bruno Leitão		SEN	Alhandra Sporting Clube	107	0:18:46	143	0:51:38	103	0:09:56	1:20:20	0:16:05
127	5302		Paulo José Lopes		SEN	Individual	187	0:20:11	98	0:49:41	166	0:10:36	1:20:28	0:16:13
128	3435	3267	Marco Fidalgo		SEN	G. A. A. Vila Franca de Xira	182	0:20:07	110	0:50:24	107	0:09:58	1:20:29	0:16:14
129	5290		Nuno Patrício		SEN	Individual	158	0:19:32	124	0:50:51	124	0:10:08	1:20:31	0:16:16
130	3325	2988	Emanuel Neves		SEN	Porto Runners	111	0:18:52	158	0:52:08	77	0:09:36	1:20:36	0:16:21
131	5210		Joel Tiago Pena		SEN	Individual	146	0:19:25	130	0:51:04	128	0:10:10	1:20:39	0:16:24
132	5382	866	Paulo Alves		V2	Amiciclo	51	0:17:25	185	0:53:06	131	0:10:12	1:20:43	0:16:28
133	3150	2452	Ernesto Caniço		SEN	Ribabike / Associação dos 20 Km de Almeirim	68	0:17:53	168	0:52:30	165	0:10:35	1:20:58	0:16:43
134	5188		João Faria		SEN	Individual	99	0:18:35	154	0:51:58	155	0:10:28	1:21:01	0:16:46
135	3426	3222	Mário Baltazar		SEN	Peniche A. C.	137	0:19:14	121	0:50:44	219	0:11:05	1:21:03	0:16:48
136	5295		Paulo Alexandre Oliveira		SEN	Individual	154	0:19:28	135	0:51:15	156	0:10:29	1:21:12	0:16:57
137	3087	657	António Cruz		SEN	C.F. "Os Belenenses"	103	0:18:43	179	0:52:55	78	0:09:36	1:21:14	0:16:59
138	4073	456	Amândio Caetano		V2	A.D.C.R. Painho	140	0:19:21	157	0:52:07	93	0:09:48	1:21:16	0:17:01
139	3402	3166	Luis Reis		SEN	Casa Benfica Faro/GASCAN	132	0:19:10	156	0:52:03	123	0:10:07	1:21:20	0:17:05
140	4223	3266	José Morgado		V2	Alhandra Sporting Clube	214	0:20:40	100	0:49:56	188	0:10:48	1:21:24	0:17:09
141	3409	3181	Luis Bicudo		SEN	Individual	98	0:18:35			344	1:21:31	1:21:31	0:17:16
142	1061	2631	David Ferreira		JUN	Alhandra Sporting Clube	200	0:20:25	115	0:50:36	161	0:10:33	1:21:34	0:17:19
143	3315	2938	Mário Figueiredo		SEN	Fidalbyke	159	0:19:33	142	0:51:34	175	0:10:41	1:21:48	0:17:33
144	3387	3152	José António Jesus		SEN	HALCON - SPORTZONE Olímpico de Oeiras	84	0:18:16	204	0:54:10	64	0:09:23	1:21:49	0:17:34
145	1006	2303	Pedro Leitão		JUN	Alhandra Sporting Clube	55	0:17:35	239	0:56:01	15	0:08:15	1:21:51	0:17:36
146	5304		Paulo Calixto		SEN	Individual	190	0:20:14	118	0:50:40	213	0:10:59	1:21:53	0:17:38
147	2084	2886	Luis Teves		S23	C.N. Alvito	138	0:19:16	177	0:52:49	97	0:09:51	1:21:56	0:17:41
148	5327		Rúben Rodrigues Reis		JUN	Individual	93	0:18:29	186	0:53:08	141	0:10:21	1:21:58	0:17:43
149	5298		Paulo Henrique		V1	Individual	184	0:20:07	147	0:51:49	120	0:10:04	1:22:00	0:17:45
150	5291		Orlando Brízida		SEN	Individual	191	0:20:17	123	0:50:50	205	0:10:56	1:22:03	0:17:48
151	3416	3193	Miguel Vigôço		SEN	Associação Cultural e Recreativa da Ribeira - Ova	207	0:20:34	125	0:50:57	164	0:10:35	1:22:06	0:17:51
152	4197	603	Victor Rodrigues		V1	Ribabike / Associação dos 20 Km de Almeirim	236	0:21:10	114	0:50:35	143	0:10:22	1:22:07	0:17:52
153	4188	888	Luis Filipe Pereira		V2	Individual	188	0:20:12	141	0:51:33	150	0:10:26	1:22:11	0:17:56
154	5260		Luis Baltazar Parrinha		V1	Individual	249	0:21:26	108	0:50:16	158	0:10:30	1:22:12	0:17:57
155	3003	854	César Andrade		SEN	G. A. A. Vila Franca de Xira	231	0:21:04	107	0:50:13	203	0:10:56	1:22:13	0:17:58
156	5127		António Agostinho		V3	Individual	144	0:19:23	178	0:52:53	111	0:10:01	1:22:17	0:18:02
157	4138	2781	Paulo Guedes		V2	HALCON - SPORTZONE Olímpico de Oeiras	171	0:19:48	164	0:52:27	122	0:10:06	1:22:21	0:18:06
158	5152		Carlos Silva		SEN	Individual	183	0:20:07	137	0:51:26	209	0:10:58	1:22:31	0:18:16
159	5194		João Balsinha		V4	Individual	189	0:20:12	140	0:51:28	204	0:10:56	1:22:36	0:18:21
160	5359		Vitor Milheiro		V2	Individual	180	0:20:03	148	0:51:51	179	0:10:44	1:22:38	0:18:23

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
						5000	(MT)	23000	(KM)	2500	(MT)			
161	5247		Luis Fitas		SEN	Individual	195	0:20:19	152	0:51:55	168	0:10:37	1:22:51	0:18:36
162	5251		Luis Prego		V3	Individual	136	0:19:13	190	0:53:21	139	0:10:18	1:22:52	0:18:37
163	3711	3184	Luis Novo		SEN	Alhandra Sporting Clube	225	0:20:59	127	0:51:02	210	0:10:59	1:23:00	0:18:45
164	4141	880	Miguel Ayala Botto		V1	Individual	213	0:20:39	132	0:51:09	230	0:11:13	1:23:01	0:18:46
165	5154		Carlos Manuel Silva		SEN	Individual	218	0:20:45	134	0:51:12	226	0:11:10	1:23:07	0:18:52
166	1171	2865	Luis Rodrigues		JUN	Ginásio Clube de Sines	119	0:18:58	189	0:53:19	214	0:11:01	1:23:18	0:19:03
167	5384		Vitor Pinho		V2	Individual	234	0:21:06	150	0:51:54	152	0:10:26	1:23:26	0:19:11
168	1018	215	João Inácio		JUN	Oeiras Sport Clube - TRANSINSULAR	85	0:18:17	205	0:54:13	207	0:10:57	1:23:27	0:19:12
169	3081	745	Ricardo Vieira		SEN	Ginásio Clube Figueirense	152	0:19:28	209	0:54:16	89	0:09:44	1:23:28	0:19:13
170	5270		Mário Marinheiro		V1	Individual	258	0:21:33	119	0:50:42	245	0:11:26	1:23:41	0:19:26
171	3113	579	Duarte Barreto		SEN	C.N. Cartaxo	254	0:21:32	139	0:51:27	180	0:10:45	1:23:44	0:19:29
172	5144		Bruno Silva		JUN	Individual	149	0:19:27	197	0:53:56	144	0:10:23	1:23:46	0:19:31
173	3262	2794	Nuno Barbosa		SEN	Porto Runners	196	0:20:19	175	0:52:39	193	0:10:49	1:23:47	0:19:32
174	5221		José Agostinho		V3	Individual	139	0:19:17	201	0:54:01	163	0:10:34	1:23:52	0:19:37
175	1112	157	Rui Cordeiro		JUN	Ginásio Clube de Sines	120	0:18:59	213	0:54:31	148	0:10:25	1:23:55	0:19:40
176	3094	708	Pedro Fernandes		SEN	ABV Estoris	160	0:19:38	183	0:53:04	233	0:11:15	1:23:57	0:19:42
177	5283		Nuno Gonçalo Lopes		SEN	Individual	215	0:20:40	169	0:52:31	190	0:10:48	1:23:59	0:19:44
178	5209		Joel Rodrigues		SEN	Individual	186	0:20:11	188	0:53:13	192	0:10:49	1:24:13	0:19:58
179	1173	195	Ruben Rosa		JUN	Individual	108	0:18:47	223	0:55:02	149	0:10:25	1:24:14	0:19:59
180	2092	3176	Pedro Miguel Gomes		S23	Alhandra Sporting Clube	209	0:20:36	180	0:52:58	174	0:10:41	1:24:15	0:20:00
181	3410	3183	Vasco Soares		SEN	Alhandra Sporting Clube	219	0:20:46	173	0:52:39	198	0:10:53	1:24:18	0:20:03
182	5297		Paulo Domingos		SEN	Individual	210	0:20:36	170	0:52:33	228	0:11:12	1:24:21	0:20:06
183	5422	861	Sebastião Fraústo		V2	União Desportiva da Chamusca	256	0:21:32	153	0:51:56	202	0:10:55	1:24:23	0:20:08
184	4225	3282	Manuel Domingues		V1	Clube Triatlo de Perosinho	115	0:18:56	217	0:54:45	206	0:10:57	1:24:38	0:20:23
185	3076	687	Rui Pereira		SEN	Clube Ferroviário de Vendas Novas	228	0:21:03	166	0:52:30	234	0:11:15	1:24:48	0:20:33
186	4092	872	António Perdigoto		V2	Alhandra Sporting Clube	177	0:20:00	212	0:54:25	146	0:10:25	1:24:50	0:20:35
187	5147		Cândido Maia		V1	Individual	216	0:20:42	184	0:53:04	241	0:11:21	1:25:07	0:20:52
188	1165	3151	José Miguel Correia		JUN	HALCON - SPORTZONE Olímpico de Oeiras	62	0:17:39	274	0:58:25	50	0:09:05	1:25:09	0:20:54
189	1175	3217	João Pedro Martins		JUN	Peniche A. C.	170	0:19:46	220	0:54:55	160	0:10:32	1:25:13	0:20:58
190	5223		José António Almeida		V1	Individual	245	0:21:18	159	0:52:11	262	0:11:49	1:25:18	0:21:03
191	4045	757	Rogério Moraes		V2	Clube Ferroviário de Vendas Novas	230	0:21:04	191	0:53:23	208	0:10:58	1:25:25	0:21:10
192	5261		Luis Maia		SEN	Individual	221	0:20:49	196	0:53:55	182	0:10:45	1:25:29	0:21:14
193	5170		Emanuel Oliveira		SEN	Individual	181	0:20:04	222	0:54:58	167	0:10:37	1:25:39	0:21:24
194	5385		Jose Manuel Rodrigues		V2	Individual	206	0:20:32	211	0:54:20	191	0:10:48	1:25:40	0:21:25
195	5239		José Silveira		SEN	Individual	278	0:22:09	146	0:51:41	265	0:11:53	1:25:43	0:21:28
196	5277		Miguel Sousa Reis		SEN	Individual	226	0:20:59	199	0:53:58	197	0:10:52	1:25:49	0:21:34
197	1157	2309	Luis Moriés		JUN	Oeiras Sport Clube - TRANSINSULAR	202	0:20:29	206	0:54:13	224	0:11:08	1:25:50	0:21:35
198	5331		Rui Domingos Costa		V1	Individual	178	0:20:00	224	0:55:05	185	0:10:46	1:25:51	0:21:36
199	5141		Avelino Fernandes		SEN	Individual	246	0:21:19	194	0:53:38	220	0:11:06	1:26:03	0:21:48
200	3082	651	João Seródio		SEN	Clube de Nataçao Colégio Vasco da Gama	233	0:21:05	208	0:54:16	183	0:10:46	1:26:07	0:21:52
201	5162		David Silva Raquel		JUN	Individual	223	0:20:52	171	0:52:38	294	0:12:39	1:26:09	0:21:54
202	5227		José Davide Gregório		V1	Individual	217	0:20:42	216	0:54:44	181	0:10:45	1:26:11	0:21:56
203	3320	2956	Sérgio Ribeiro		SEN	Clube de Praças da Armada	109	0:18:48	261	0:57:34	95	0:09:50	1:26:12	0:21:57
204	5349		Samuel Rodrigues		JUN	Individual	112	0:18:52	192	0:53:34	316	0:13:46	1:26:12	0:21:57
205	5158		Carlos Pinto		SEN	Individual	250	0:21:28	151	0:51:55	301	0:12:50	1:26:13	0:21:58
206	5196		João Paiva		V1	Individual	293	0:22:28	172	0:52:38	227	0:11:12	1:26:18	0:22:03
207	5214		Jorge Fradique		V2	Individual	264	0:21:40	193	0:53:36	223	0:11:07	1:26:23	0:22:08
208	3256	2773	João Pedro Antunes		SEN	Casa Benfica Faro/GASCAN	235	0:21:08	203	0:54:06	229	0:11:13	1:26:27	0:22:12
209	5212		Jorge Serra		V1	Individual	145	0:19:24	257	0:57:11	99	0:09:53	1:26:28	0:22:13
210	5136		António Gazzo		V2	Individual	263	0:21:38	195	0:53:44	221	0:11:07	1:26:29	0:22:14
211	3415	3192	Tiago Varanda		SEN	Individual	185	0:20:08	233	0:55:38	184	0:10:46	1:26:32	0:22:17
212	5207		Joaquim Carrilho		V1	Individual	208	0:20:34	1	0:34:49	342	0:31:09	1:26:32	0:22:17
213	4154	484	Paulo Leote		V1	G. A. A. Vila Franca de Xira	173	0:19:55	241	0:56:07	159	0:10:31	1:26:33	0:22:18
214	3118	701	Nuno Moraes		SEN	G. A. A. Vila Franca de Xira	288	0:22:22	174	0:52:39	252	0:11:33	1:26:34	0:22:19
215	1114	2656	Tiago Fontes Leite		JUN	Clube Triatlo de Perosinho	198	0:20:24	145	0:51:41	326	0:14:36	1:26:41	0:22:26
216	5246		Luis Carlos Dinis		V1	Individual	272	0:21:54	160	0:52:16	290	0:12:35	1:26:45	0:22:30
217	5135		António Nereu		V2	Individual	148	0:19:27	249	0:56:40	170	0:10:39	1:26:46	0:22:31

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
						5000	(MT)	23000	(KM)	2500	(MT)			
218	5299		Paulo Carmo Silva		SEN	Individual	142	0:19:22	268	0:57:51	81	0:09:36	1:26:49	0:22:34
219	5236		José Machado		V3	Individual	286	0:22:19	149	0:51:52	295	0:12:39	1:26:50	0:22:35
220	5216		Jorge Manuel Borges		SEN	Individual	211	0:20:38	227	0:55:23	194	0:10:50	1:26:51	0:22:36
221	5379		Armando Silva		V2	Individual	232	0:21:04	202	0:54:04	261	0:11:47	1:26:55	0:22:40
222	4089	768	Jorge Duarte		V2	Oeiras Sport Clube - TRANSINSULAR	285	0:22:18	187	0:53:10	249	0:11:29	1:26:57	0:22:42
223	4038	780	Joaquim Patrício		V5	C.N. Alvito	289	0:22:26	163	0:52:22	274	0:12:12	1:27:00	0:22:45
224	5240		José Teodósio		V1	Individual	194	0:20:19	226	0:55:22	242	0:11:21	1:27:02	0:22:47
225	5249		Luis Castanhas		V2	Individual	301	0:23:02	155	0:51:59	270	0:12:04	1:27:05	0:22:50
226	4117	2642	Carlos Egídio Alegre		V2	Associação Recreativa Social e Cultural de Toledo	169	0:19:46	250	0:56:46	172	0:10:40	1:27:12	0:22:57
227	5096		Paulo Agostinho		V1	Individual	131	0:19:09	273	0:58:15	96	0:09:50	1:27:14	0:22:59
228	3434	3265	Luis Boletto Pinto		SEN	Alhandra Sporting Clube	257	0:21:33	219	0:54:55	196	0:10:52	1:27:20	0:23:05
229	4189	2703	José Carlos Serra		V1	Alhandra Sporting Clube	237	0:21:12	228	0:55:26	187	0:10:47	1:27:25	0:23:10
230	5250		Luis Cristóvão		V3	Individual	240	0:21:13	221	0:54:57	239	0:11:16	1:27:26	0:23:11
231	5268		Marcolino Verissimo		SEN	Individual	66	0:17:52	294	1:00:04	90	0:09:44	1:27:40	0:23:25
232	1139	3046	Filipe Relvas Pires		JUN	Clube de Triatlo de Almada	114	0:18:56	280	0:58:48	109	0:10:00	1:27:44	0:23:29
233	3235	2711	Gonçalo Vicente		SEN	Clube de Natação Colégio Vasco da Gama	197	0:20:20	256	0:57:11	135	0:10:15	1:27:46	0:23:31
234	5354		Tiago Pereira		SEN	Individual	284	0:22:17	181	0:52:58	291	0:12:35	1:27:50	0:23:35
235	5205		João Pinto Luis		JUN	Individual	205	0:20:32	243	0:56:15	222	0:11:07	1:27:54	0:23:39
236	5232		José Luis Pereira		V3	Individual	153	0:19:28	270	0:58:02	145	0:10:24	1:27:54	0:23:39
237	4167	2932	José Pereira Silva		V1	Individual	287	0:22:20	182	0:53:01	302	0:12:52	1:28:13	0:23:58
238	5165		Eduardo Raimundo		JUN	Individual	238	0:21:12	245	0:56:26	199	0:10:53	1:28:31	0:24:16
239	5356		Tiago Ferreira		SEN	Individual	203	0:20:31	267	0:57:48	133	0:10:13	1:28:32	0:24:17
240	5335		Rui Damião		SEN	Individual	222	0:20:51	255	0:57:07	173	0:10:40	1:28:38	0:24:23
241	5132		António José Gouveia		SEN	Individual	162	0:19:39	218	0:54:54	320	0:14:06	1:28:39	0:24:24
242	5351		Sérgio Luis		SEN	Individual	253	0:21:31	238	0:55:55	236	0:11:15	1:28:41	0:24:26
243	5181		Hugo Alexandre Luz		V1	Individual	248	0:21:25	235	0:55:49	247	0:11:28	1:28:42	0:24:27
244	4222	3260	Manuel Lopes		V3	Peniche A. C.	168	0:19:42	279	0:58:47	136	0:10:15	1:28:44	0:24:29
245	5204		João Paulo Pessoa		JUN	Individual	282	0:22:16	232	0:55:36	235	0:11:15	1:29:07	0:24:52
246	5185		Inácio Faisca		SEN	Individual	261	0:21:35	251	0:56:53	177	0:10:43	1:29:11	0:24:56
247	5172		Fernando Coelho		V2	Individual	229	0:21:03	253	0:56:56	238	0:11:16	1:29:15	0:25:00
248	5307		Pedro Henriques		SEN	Individual	318	0:23:44	207	0:54:15	240	0:11:20	1:29:19	0:25:04
249	5208		Joaquim Manuel Azevedo		V1	Individual	251	0:21:29	260	0:57:22	157	0:10:30	1:29:21	0:25:06
250	5230		José Joaquim Sampaio		V1	Individual	164	0:19:40	293	0:59:45	116	0:10:02	1:29:27	0:25:12
251	5178		Guilherme Branquinho		SEN	Individual	340	0:25:52	167	0:52:30	231	0:11:13	1:29:35	0:25:20
252	5308		Pedro Zina		SEN	Individual	276	0:22:00	237	0:55:55	257	0:11:40	1:29:35	0:25:20
253	3428	3251	Rui Chambel		SEN	Clube Ferroviário de Vendas Novas	283	0:22:17	215	0:54:44	298	0:12:45	1:29:46	0:25:31
254	5280		Nuno Rijo		SEN	Individual	259	0:21:33	242	0:56:07	279	0:12:19	1:29:59	0:25:44
255	5245		Luis Garcia		V2	Individual	303	0:23:07	214	0:54:40	275	0:12:15	1:30:02	0:25:47
256	5254		Luis Ventura		V1	Individual	279	0:22:09	231	0:55:34	281	0:12:22	1:30:05	0:25:50
257	3380	2552	Ricardo Rodrigues		SEN	Alhandra Sporting Clube	274	0:21:57	229	0:55:29	296	0:12:45	1:30:11	0:25:56
258	5159		Daniel Luis		JUN	Individual	239	0:21:13	259	0:57:20	263	0:11:51	1:30:24	0:26:09
259	5175		Gil Rosa		SEN	Individual	247	0:21:25	266	0:57:46	250	0:11:30	1:30:41	0:26:26
260	5348		Rui Sal Santos		SEN	Individual	252	0:21:31	264	0:57:39	253	0:11:34	1:30:44	0:26:29
261	5190		João Carlos Silva		SEN	Individual	312	0:23:28	230	0:55:32	264	0:11:53	1:30:53	0:26:38
262	5259		Luis Miguel Dias		SEN	Individual	241	0:21:14	271	0:58:07	254	0:11:37	1:30:58	0:26:43
263	5226		José Carlos Scarpa		SEN	Individual	300	0:22:50	234	0:55:45	285	0:12:26	1:31:01	0:26:46
264	5314		Pedro Carneiro		SEN	Individual	268	0:21:51	252	0:56:54	283	0:12:24	1:31:09	0:26:54
265	5328		Rui Brito		V2	Individual	295	0:22:30	265	0:57:40	215	0:11:03	1:31:13	0:26:58
266	5244		Luis Marques		V1	Individual	290	0:22:26	258	0:57:14	256	0:11:39	1:31:19	0:27:04
267	5288		Nuno Miguel Pereira		SEN	Individual	299	0:22:47	247	0:56:33	268	0:12:00	1:31:20	0:27:05
268	5116		Alberto Cabo		V1	Individual	270	0:21:53	277	0:58:33	201	0:10:55	1:31:21	0:27:06
269	5357		Vasco Borges		SEN	Individual	315	0:23:40	225	0:55:12	289	0:12:34	1:31:26	0:27:11
270	5199		João Nogueira		V1	Individual	323	0:24:10	198	0:53:58	312	0:13:20	1:31:28	0:27:13
271	4226	3283	Fernando Henriques		V2	Clube Triatlo de Perosinho	201	0:20:25	289	0:59:38	248	0:11:29	1:31:32	0:27:17
272	5156		Carlos Manuel Matos		V1	Individual	321	0:24:04	200	0:54:01	314	0:13:34	1:31:39	0:27:24
273	5076		José Mocho		SEN	Individual	227	0:21:01	275	0:58:25	286	0:12:27	1:31:53	0:27:38
274	5267		Marco Jacinto		SEN	Individual	255	0:21:32	288	0:59:31	212	0:10:59	1:32:02	0:27:47

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
						5000	(MT)	23000	(KM)	2500	(MT)			
275	3390	3158	Hélder Valente		SEN	Serv. Soc. CGD	319	0:23:49	236	0:55:52	287	0:12:28	1:32:09	0:27:54
276	3341	460	João Paulo Correia		SEN	Amiciclo	220	0:20:48	298	1:00:23	216	0:11:05	1:32:16	0:28:01
277	5275		Miguel Ângelo Caetano		SEN	Individual	192	0:20:18	297	1:00:19	259	0:11:44	1:32:21	0:28:06
278	5337		Rui Pratas		SEN	Individual	294	0:22:29	240	0:56:05	318	0:13:49	1:32:23	0:28:08
279	5358		Victor Garcêz		V2	Individual	167	0:19:42	309	1:02:02	186	0:10:46	1:32:30	0:28:15
280	3431	3258	Henrique Venâncio		SEN	Peniche A. C.	265	0:21:41	283	0:59:08	266	0:11:53	1:32:42	0:28:27
281	4185	3100	Augusto Matos		V5	Ginásio Clube de Sines	243	0:21:15	296	1:00:17	232	0:11:14	1:32:46	0:28:31
282	5160		David Santinho		JUN	Individual	128	0:19:04	316	1:03:06	176	0:10:41	1:32:51	0:28:36
283	1125	2951	Ricardo Ferraz		JUN	Ginásio Clube de Sines	175	0:19:58	291	0:59:43	310	0:13:14	1:32:55	0:28:40
284	3324	2987	Luis Pimenta		SEN	Ginásio Clube de Sines	244	0:21:15	301	1:00:46	237	0:11:16	1:33:17	0:29:02
285	5296		Paulo Jorge Costa		V2	Individual	304	0:23:08	272	0:58:08	269	0:12:02	1:33:18	0:29:03
286	5153		Carlos José Santos		V3	Individual	306	0:23:10	254	0:57:04	308	0:13:07	1:33:21	0:29:06
287	5309		Pedro Luis Neves		SEN	Individual	308	0:23:13	269	0:57:52	278	0:12:18	1:33:23	0:29:08
288	3389	3157	Luis Barbosa		SEN	Clube de Natação Colégio Vasco da Gama	165	0:19:41	308	1:02:00	260	0:11:46	1:33:27	0:29:12
289	4077	856	João Côrte Real		V2	A.D.C.R. Painho	280	0:22:12	287	0:59:27	267	0:11:58	1:33:37	0:29:22
290	5177		Gonçalo Campos Lopes		SEN	Individual	310	0:23:16	248	0:56:38	317	0:13:48	1:33:42	0:29:27
291	5347		Rui Gonçalves		SEN	Individual	328	0:24:35	210	0:54:17	331	0:14:51	1:33:43	0:29:28
292	5361		Vitor Vicente		V3	Individual	297	0:22:37	292	0:59:44	243	0:11:23	1:33:44	0:29:29
293	5195		João Bouza Costa		SEN	Individual	292	0:22:28	278	0:58:46	288	0:12:31	1:33:45	0:29:30
294	3385	3138	Pedro Guedes		SEN	Individual	193	0:20:19	307	1:01:58	251	0:11:31	1:33:48	0:29:33
295	5350		Sérgio Currais		SEN	Individual	199	0:20:24	312	1:02:56	169	0:10:37	1:33:57	0:29:42
296	5118		Alexandre Velozo		JUN	Individual	260	0:21:34	302	1:00:52	255	0:11:38	1:34:04	0:29:49
297	5263		Manuel Horta		V4	Individual	317	0:23:42	262	0:57:37	300	0:12:48	1:34:07	0:29:52
298	4152	2869	Silvino Muchacho		V4	Peniche A. C.	320	0:23:59	246	0:56:28	315	0:13:40	1:34:07	0:29:52
299	5163		Domingos Laranjo		V1	Individual	298	0:22:46	284	0:59:10	292	0:12:38	1:34:34	0:30:19
300	4091	869	Vicente Graça		V2	Alhandra Sporting Clube	313	0:23:35	282	0:58:50	273	0:12:12	1:34:37	0:30:22
301	5229		José Pereira		V1	Individual	269	0:21:52	310	1:02:19	211	0:10:59	1:35:10	0:30:55
302	3391	3159	Carlos Albano Silva		SEN	Serv. Soc. CGD	296	0:22:34	290	0:59:38	305	0:13:01	1:35:13	0:30:58
303	5139		António Fabião		V2	Individual	316	0:23:41	295	1:00:14	277	0:12:18	1:36:13	0:31:58
304	4008	818	José Rijo		V5	C.F. "Os Belenenses"	277	0:22:01	314	1:03:02	244	0:11:24	1:36:27	0:32:12
305	5215		Jorge Filipe Costa		SEN	Individual	333	0:24:58	286	0:59:25	280	0:12:22	1:36:45	0:32:30
306	5281		Nuno Furtado		SEN	Individual	275	0:22:00	313	1:02:59	271	0:12:06	1:37:05	0:32:50
307	5320		Ricardo Filipe Garcia		SEN	Individual	271	0:21:53	323	1:04:47	171	0:10:39	1:37:19	0:33:04
308	5155		Carlos Manuel Pereira		V2	Individual	327	0:24:33	300	1:00:27	299	0:12:46	1:37:46	0:33:31
309	5220		José Colaço		V3	Individual	330	0:24:45	276	0:58:26	330	0:14:40	1:37:51	0:33:36
310	5224		José António Correia		V2	Individual	336	0:25:25	299	1:00:23	293	0:12:38	1:38:26	0:34:11
311	5303		Paulo Miguel Sobral		SEN	Individual	348	0:27:46	263	0:57:38	309	0:13:09	1:38:33	0:34:18
312	5264		Manuel Maria Santos		V1	Individual	342	0:26:04	285	0:59:22	311	0:13:18	1:38:44	0:34:29
313	4044	813	Arsénio Facas		V4	Clube Ferroviário de Vendas Novas	314	0:23:38	311	1:02:23	297	0:12:45	1:38:46	0:34:31
314	5186		Ivan Duque Costa		S23	Individual	329	0:24:44	304	1:01:41	284	0:12:25	1:38:50	0:34:35
315	5129		António João Santos		SEN	Individual	267	0:21:51	324	1:05:19	258	0:11:42	1:38:52	0:34:37
316	4132	2745	António Moriés		V2	Oeiras Sport Clube - TRANSINSULAR	338	0:25:50	281	0:58:48	322	0:14:21	1:38:59	0:34:44
317	5317		Pedro Miguel Couceiro		SEN	Individual	305	0:23:09	317	1:03:11	307	0:13:03	1:39:23	0:35:08
318	5121		Alfredo Sousa		V3	Individual	281	0:22:13	303	1:01:34	337	0:16:14	1:40:01	0:35:46
319	5339		Rui Manuel Correia		V4	Individual	307	0:23:12	325	1:05:24	246	0:11:27	1:40:03	0:35:48
320	5338		Rui Malha		V1	Individual	262	0:21:36	327	1:06:18	276	0:12:17	1:40:11	0:35:56
321	3209	2677	Pedro Miguel Lopes		SEN	Porto Runners	309	0:23:14	328	1:06:39	154	0:10:27	1:40:20	0:36:05
322	2094	126	Joaquim Guerreiro		S23	Amiciclo	125	0:19:01	320	1:04:16	339	0:17:30	1:40:47	0:36:32
323	5305		Paulo Bailão		SEN	Individual	311	0:23:27	318	1:03:29	328	0:14:36	1:41:32	0:37:17
324	5265		Manuel Ornelas Ramos		V2	Individual	335	0:25:18	319	1:03:56	282	0:12:22	1:41:36	0:37:21
325	5383		Ricardo Clemente		SEN	Individual	337	0:25:35	306	1:01:51	329	0:14:37	1:42:03	0:37:48
326	5125		André Luis		SEN	Individual	332	0:24:58	321	1:04:22	304	0:12:58	1:42:18	0:38:03
327	5164		Duarte Beltrão		SEN	Individual	324	0:24:13	322	1:04:47	313	0:13:22	1:42:22	0:38:07
328	5176		Gonçalo Sá		SEN	Individual	325	0:24:13	315	1:03:05	334	0:15:22	1:42:40	0:38:25
329	5134		António Neves Almeida		SEN	Individual	224	0:20:55	331	1:09:47	272	0:12:07	1:42:49	0:38:34
330	5233		José Carretas		V1	Individual	326	0:24:21	326	1:05:42	303	0:12:55	1:42:58	0:38:43
331	5140		Armando Santos		V5	Individual	322	0:24:10	329	1:07:51	324	0:14:25	1:46:26	0:42:11

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA		TOTAL	DIFF	
LG	DRSL	LIC	NOME	PEN	ESC	5000	(MT)	23000	(KM)	2500	(MT)			
						Pos	CORRIDA	Pos	CICLISMO	Pos	CORRIDA			
332	5318		Pedro Nuno Amaral		SEN	Individual	347	0:27:16	305	1:01:46	340	0:18:17	1:47:19	0:43:04
333	5225		José Carlos Dourado		V1	Individual	302	0:23:04	333	1:10:11	333	0:15:18	1:48:33	0:44:18
334	3085	722	Armando Costa		SEN	Fidalbyke	344	0:26:19	330	1:08:08	323	0:14:24	1:48:51	0:44:36
335	4046	816	Mário Melo		V4	Clube Ferroviário de Vendas Novas	331	0:24:54	335	1:12:09	306	0:13:03	1:50:06	0:45:51
336	5324		Ricardo Zenida		SEN	Individual	341	0:26:03	334	1:10:20	335	0:15:51	1:52:14	0:47:59
337	5179		Gustavo Pedrosa		SEN	Individual	339	0:25:51	336	1:13:42	319	0:13:57	1:53:30	0:49:15
338	5256		Luis Matias		V1	Individual	350	0:29:35	332	1:09:51	336	0:15:59	1:55:25	0:51:10
339	5287		Nuno Silva Oliveira		SEN	Individual	345	0:26:51	337	1:13:52	332	0:15:13	1:55:56	0:51:41
340	5273		Marques da Costa		V3	Individual	334	0:25:06	341	1:18:17	327	0:14:36	1:57:59	0:53:44
341	5334		Rogério Ferreira		SEN	Individual	343	0:26:14	340	1:17:49	325	0:14:35	1:58:38	0:54:23
342	5364		Vítor Manuel Fernandes		V4	Individual	346	0:26:58	342	1:18:42	321	0:14:11	1:59:51	0:55:36
343	5184		Hugo Ricardo Cardoso		SEN	Individual	349	0:28:02	338	1:15:12	341	0:18:39	2:01:53	0:57:38
344	5238		José Brandão		V3	Individual	351	0:30:15	339	1:15:43	338	0:16:51	2:02:49	0:58:34
345	259	2636	Diogo Mata Tristão	DNF	JUN	Alhandra Sporting Clube	104	0:18:45						
346	2070	2695	João José Pereira	DNF	S23	Alhandra Sporting Clube	3	0:14:55						
347	4192	626	Rui Melo	DNF	V1	COMPEED - Tri-Oeste	33	0:16:39						
348	4049	562	Paulo Vieira	DNF	V1	Ginásio Clube Figueirense								
349	5321		Ricardo Henriques	DNF	SEN	Individual	291	0:22:26						
350	5342		Rui Miguel Rocha	DNF	SEN	Individual	242	0:21:14						
351	5343		Rui Santos Martins	DNF	SEN	Individual	273	0:21:55						
352	1155	3078	Miguel Marques	DNS	JUN	Alhandra Sporting Clube								
353	1168	3144	Bruno Morais	DNS	JUN	Clube Ferroviário de Vendas Novas								
354	1164	3150	David Maia	DNS	JUN	HALCON - SPORTZONE Olímpico de Oeiras								
355	4013	648	Miguel Fragoso	DNS	V1	HALCON - SPORTZONE Olímpico de Oeiras								
356	1177	3247	Pedro Lourenço	DNS	JUN	HALCON - SPORTZONE Olímpico de Oeiras								
357	4165	2930	Carlos Candeias	DNS	V1	Individual								
358	5114		Abel Condesso	DNS	SEN	Individual								
359	5128		António Lopes	DNS	V2	Individual								
360	5130		Antonio Joaquim Reis	DNS	V2	Individual								
361	5131		António Trabuco	DNS	V2	Individual								
362	5145		Bruno Miguel Maia	DNS	SEN	Individual								
363	5146		Cameron Carvalho	DNS	JUN	Individual								
364	5151		Carlos Navarro	DNS	V2	Individual								
365	5161		David Alves	DNS	SEN	Individual								
366	5169		Emanuel Simões	DNS	SEN	Individual								
367	5174		Filipe Pereira	DNS	SEN	Individual								
368	5180		Hélder Lopes Ferreira	DNS	V1	Individual								
369	5182		Hugo Barrela	DNS	SEN	Individual								
370	5183		Hugo Carvalho Silva	DNS	SEN	Individual								
371	5187		Jesus Paz Sanz	DNS	V1	Individual								
372	5189		João Germano	DNS	V1	Individual								
373	5193		João fernandes	DNS	SEN	Individual								
374	5197		Joao Manuel Lopes	DNS	V3	Individual								
375	5200		João Manuel Sousa	DNS	V2	Individual								
376	5201		João Miguel Marques	DNS	SEN	Individual								
377	5202		João Paulo Oliveira	DNS	SEN	Individual								
378	5203		João Paulo Gomes	DNS	V1	Individual								
379	5206		João Pedro Sobral	DNS	SEN	Individual								
380	5218		Jorge Paraíba	DNS	SEN	Individual								
381	5219		Jorge Simões	DNS	SEN	Individual								
382	5231		José Júlio Nunes	DNS	V1	Individual								
383	5234		José Gouveia	DNS	V2	Individual								
384	5241		Justino Lopes	DNS	V3	Individual								
385	5242		Lúcia Oliveira	DNS	SEN	Individual								
386	5243		Luis Veríssimo	DNS	V4	Individual								
387	5252		Luis Roque	DNS	SEN	Individual								
388	5257		Luis Cavaco	DNS	SEN	Individual								

Temperatura Agua:						CORRIDA		CICLISMO		CORRIDA		TOTAL	DIFF
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	5000 (MT)	23000 (KM)	2500 (MT)	Pos	Pos		
							Pos	Pos	Pos	Pos			
389	5271		Mário Duarte	DNS	V2	Individual							
390	5272		Mario Pedro Soares	DNS	V2	Individual							
391	5276		Miguel Jose Horta	DNS	V1	Individual							
392	5279		Nelson Jesus Santos	DNS	SEN	Individual							
393	5282		Nuno Rocha	DNS	SEN	Individual							
394	5284		Nuno Jorge Martins	DNS	SEN	Individual							
395	5285		Nuno Miguel Cruz	DNS	SEN	Individual							
396	5289		Nuno Miguel Abreu	DNS	SEN	Individual							
397	5300		Paulo Gregório	DNS	SEN	Individual							
398	5301		Paulo Ribeiro	DNS	V1	Individual							
399	5306		Pedro Miguel Escalera	DNS	SEN	Individual							
400	5312		Pedro Vilaça Silva	DNS	SEN	Individual							
401	5322		Ricardo Jorge Silva	DNS	SEN	Individual							
402	5323		Ricardo Ferreira	DNS	SEN	Individual							
403	5325		Ricardo Soeiro	DNS	SEN	Individual							
404	5332		Rodrigo Machado	DNS	SEN	Individual							
405	5333		Rogério Soares	DNS	V2	Individual							
406	5336		Rui Afonso	DNS	V1	Individual							
407	5355		Tiago Grilo Freitas	DNS	SEN	Individual							
408	5360		Vitor Cotrim	DNS	V1	Individual							
409	3043	511	Horácio Ferreira	DNS	SEN	Oeiras Sport Clube - TRANSINSULAR							
410	4108	879	Paulo Leitão Santos	DNS	V2	Peniche A. C.							
411	3425	3221	Rui Mendes	DNS	SEN	Peniche A. C.							
412	3424	3220	Rui Antunes	DNS	SEN	Peniche A. C.							
413	3290	362	Sérgio Manuel Silva	DNS	SEN	SR Camarnal							
414	5150		Carlos Alberto Dias	DSQ	V4	Individual	266	0:21:47					