

Resultados

Localidade:	OEIRAS	Distância CORRI (MT): CICLIS (KM) CORRI (MT):	5000/18000/2500
Data:	04-02-2007	Hora de começo:	10h00m

Informação

Delegado técnico:	ARTUR PARREIRA	Juiz Principal:	PALMIRA RAMOS
Pontuável para:	Circuito Nacional	Juri de apelo:	ARTUR PARREIRA

CORRIDA 5000 (MT) Temperatura Agua:								CICLISMO 18000 (KM)						CORRIDA 2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
1	3117	486	Lino Barruncho		SEN	HALCON - Olímpico de Oeiras	1	0:15:24	1	0:00:21	16	0:39:31	4	0:00:23	5	0:07:58	1:03:37	0:00:00
2	3016	575	Bruno Pais		SEN	HALCON - Olímpico de Oeiras	2	0:15:46	2	0:00:23	18	0:41:40	30	0:00:29	6	0:08:11	1:06:29	0:02:52
3	4027	508	Alcino Serras		V1	SR Camarnal-Ika	6	0:16:20	54	0:00:39	17	0:41:19	29	0:00:29	13	0:08:39	1:07:26	0:03:49
4	3071	532	Luis Manuel Almeida		SEN	HALCON - Olímpico de Oeiras	4	0:16:07	4	0:00:25	22	0:42:55	2	0:00:22	7	0:08:13	1:08:02	0:04:25
5	1011	102	José Estrangeiro		JUN	HALCON - Olímpico de Oeiras	7	0:16:20	3	0:00:25	21	0:42:27	55	0:00:32	9	0:08:25	1:08:09	0:04:32
6	2070	2695	João José Pereira		S23	Alhandra Sporting Clube	5	0:16:18	6	0:00:27	20	0:42:23	1	0:00:19	16	0:08:49	1:08:16	0:04:39
7	3291	364	Duarte Marques		SEN	SR Camarnal-Ika	9	0:16:21	15	0:00:30	19	0:42:13	31	0:00:29	19	0:08:52	1:08:25	0:04:48
8	3292	2852	José Carvalho Silva		SEN	SR Camarnal-Ika	3	0:16:01	39	0:00:35	23	0:43:18	115	0:00:40	11	0:08:34	1:09:08	0:05:31
9	1020	179	Miguel Arraiolos		JUN	HALCON - Olímpico de Oeiras	10	0:16:28	16	0:00:30	27	0:44:18	47	0:00:31	8	0:08:18	1:10:05	0:06:28
10	3039	507	Custódio António		SEN	SR Camarnal-Ika	20	0:17:26	13	0:00:29	30	0:44:27	44	0:00:31	10	0:08:31	1:11:24	0:07:47
11	3214	2684	Miguel Ganchinho		SEN	Tri-Oeiras Sport Clube	17	0:17:15	19	0:00:31	31	0:44:33	20	0:00:27	14	0:08:41	1:11:27	0:07:50
12	3000	717	Vitor Santos		SEN	Individual	25	0:18:03	12	0:00:28	48	0:46:33	27	0:00:28	24	0:09:11	1:14:43	0:11:06
13	1054	2570	Vasco Pessoa		JUN	HALCON - Olímpico de Oeiras	12	0:16:40	11	0:00:28	38	0:45:13	48	0:00:31	29	0:09:22	1:12:14	0:08:37
14	3049	475	Sérgio Dias		SEN	Tri-Oeste -Clube de Triatlo do Oeste	15	0:17:00	61	0:00:40	40	0:45:24	68	0:00:33	15	0:08:45	1:12:22	0:08:45
15	5405		João Paulo Marques		V2	Individual	38	0:18:24	65	0:00:40	24	0:43:25	123	0:00:41	46	0:09:45	1:12:55	0:09:18
16	3285	2840	Hugo Ferreira		SEN	Tri-Oeiras Sport Clube	19	0:17:25	90	0:00:45	41	0:45:32	136	0:00:45	27	0:09:17	1:13:44	0:10:07
17	4058	520	António Catarino		V1	C.N. Cartaxo	35	0:18:23	140	0:00:52	32	0:44:34	112	0:00:39	42	0:09:37	1:14:05	0:10:28
18	3247	2734	António Henriques		SEN	SR Camarnal-Ika	47	0:18:46	120	0:00:50	26	0:44:11	189	0:00:55	31	0:09:24	1:14:06	0:10:29
19	4148	497	Pedro Cordeiro		V1	Tri-Oeste -Clube de Triatlo do Oeste	64	0:19:22	197	0:01:08	25	0:43:43	67	0:00:33	34	0:09:27	1:14:13	0:10:36
20	5376		Paulo Alexandre Pais		V1	Individual	40	0:18:26	64	0:00:40	37	0:45:08	40	0:00:30	39	0:09:30	1:14:14	0:10:37
21	5371		Luis Serrazina		V1	Individual	26	0:18:07	186	0:01:05	35	0:45:04	103	0:00:38	36	0:09:28	1:14:22	0:10:45
22	5136		Ivo Alexandre Pais		JUN	Individual	30	0:18:13	123	0:00:50	33	0:44:54	182	0:00:53	49	0:09:48	1:14:38	0:11:01
23	3000	717	Vitor Santos		SEN	Individual	25	0:18:03	12	0:00:28	48	0:46:33	27	0:00:28	24	0:09:11	1:14:43	0:11:06
24	4062	802	Carlos Cabrita		V3	S. R. Toreense	50	0:18:50	24	0:00:33	36	0:45:05	92	0:00:37	51	0:09:55	1:15:00	0:11:23
25	1095	2522	João Amorim		JUN	Alhandra Sporting Clube	16	0:17:11	5	0:00:26	58	0:47:41	12	0:00:25	28	0:09:18	1:15:01	0:11:24
26	3284	352	Pedro Gomes		SEN	Tri-Oeiras Sport Clube	13	0:16:42	14	0:00:29	72	0:48:53	17	0:00:26	12	0:08:34	1:15:04	0:11:27

CORRIDA									CICLISMO					CORRIDA				
5000 (MT) Temperatura Agua:									18000 (KM)					2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
27	3013	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	27	0:18:13	59	0:00:40	44	0:46:00	124	0:00:42	38	0:09:30	1:15:05	0:11:28
28	3197	2640	Délio Ferreira		SEN	Tri-Oeste -Clube de Triatlo do Oeste	14	0:16:43	28	0:00:34	66	0:48:33	10	0:00:25	20	0:08:54	1:15:09	0:11:32
29	2003	417	Rui Dolores		S23	Amiciclo	46	0:18:40	88	0:00:44	39	0:45:14	58	0:00:32	59	0:10:00	1:15:10	0:11:33
30	5218		João Paulo Oliveira		SEN	Individual	73	0:19:35	76	0:00:42	28	0:44:19	126	0:00:42	76	0:10:18	1:15:36	0:11:59
31	3293	2853	Henrique Santos		SEN	SR Camarnal-Ika	11	0:16:32	42	0:00:36	77	0:49:10	36	0:00:30	18	0:08:51	1:15:39	0:12:02
32	3090	636	Paulo Queirós Gonçalves		SEN	C.N. Cartaxo	18	0:17:24	25	0:00:33	73	0:48:54	7	0:00:24	17	0:08:49	1:16:04	0:12:27
33	5131		David Gonçalo Pantana		JUN	Individual	43	0:18:36	118	0:00:49	42	0:45:54	78	0:00:35	69	0:10:13	1:16:07	0:12:30
34	3198	295	Ricardo Teixeira		SEN	Tri-Oeste -Clube de Triatlo do Oeste	32	0:18:15	104	0:00:47	50	0:46:47	57	0:00:32	54	0:09:56	1:16:17	0:12:40
35	3264	2799	Manuel Alves		SEN	C.F. "Os Belenenses"	39	0:18:25	95	0:00:46	47	0:46:25	98	0:00:38	95	0:10:36	1:16:50	0:13:13
36	1063	52	Ruben Costa		JUN	Clube de Natação Colégio Vasco da Gama	8	0:16:20	105	0:00:47	14	-0:17:07			317	1:17:13	1:17:13	0:13:36
37	4059	800	Fernando Feijão		V3	HALCON - Olímpico de Oeiras	36	0:18:24	103	0:00:47	59	0:47:48	114	0:00:40	45	0:09:40	1:17:19	0:13:42
38	3183	2589	Ricardo Figueira Silva		SEN	C.F. "Os Belenenses"	58	0:19:08	134	0:00:52	49	0:46:36	185	0:00:54	50	0:09:53	1:17:23	0:13:46
39	5140		Pedro Nuno Duarte		JUN	Individual									318	1:17:27	1:17:27	0:13:50
40	3300	2871	Nélson Santos		SEN	Associação Recreativa Social e Cultural do Teledo	23	0:17:43	31	0:00:34	85	0:49:37	6	0:00:24	23	0:09:10	1:17:28	0:13:51
41	3102	662	Alexandre Feliz		SEN	Tri-Oeste -Clube de Triatlo do Oeste	57	0:19:06	153	0:00:57	51	0:47:03	65	0:00:33	57	0:09:58	1:17:37	0:14:00
42	3244	2735	Carlos Fernandes		SEN	Tri-Oeiras Sport Clube	29	0:18:13	78	0:00:43	81	0:49:12	43	0:00:31	21	0:09:04	1:17:43	0:14:06
43	3113	579	Duarte Barreto		SEN	C.N. Cartaxo	77	0:19:42	77	0:00:42	52	0:47:03	64	0:00:32	47	0:09:45	1:17:44	0:14:07
44	5096	504	Paulo Marques		SEN	Clube de Praças da Armada	22	0:17:32	179	0:01:03	13	-0:18:35			319	1:17:50	1:17:50	0:14:13
45	4060	762	António Moura		V2	C.N. Cartaxo	42	0:18:35	102	0:00:47	69	0:48:42	53	0:00:32	33	0:09:27	1:18:03	0:14:26
46	3201	2644	Tiago Fragata		SEN	Associação Recreativa Social e Cultural do Teledo	68	0:19:29	117	0:00:49	53	0:47:06	73	0:00:34	65	0:10:09	1:18:07	0:14:30
47	3150	2452	Ernesto Caniço		SEN	Ribabike / Associação dos 20 Km de Almeirim	86	0:20:01	84	0:00:44	43	0:45:57	93	0:00:37	115	0:10:57	1:18:16	0:14:39
48	4074	458	Pedro Marques		V1	Associação Recreativa Social e Cultural do Teledo	96	0:20:19	188	0:01:06	46	0:46:18	99	0:00:38	56	0:09:57	1:18:18	0:14:41
49	1086	2722	Carlos Alberto Costa		JUN	Amiciclo	28	0:18:13	68	0:00:41	68	0:48:41	97	0:00:38	74	0:10:17	1:18:30	0:14:53
50	3282	2839	Márcio Neves		SEN	Individual	48	0:18:48	45	0:00:37	63	0:48:19	15	0:00:26	98	0:10:38	1:18:48	0:15:11
51	1102	2854	Rui Mesquita Pereira		JUN	União Desportiva da Chamusca	60	0:19:13	79	0:00:43	62	0:48:01	100	0:00:38	78	0:10:20	1:18:55	0:15:18
52	4013	648	Miguel Fragoso		V1	HALCON - Olímpico de Oeiras	45	0:18:38	144	0:00:54	78	0:49:10	162	0:00:50	32	0:09:24	1:18:56	0:15:19
53	3147	604	Pedro Bento		SEN	Ribabike / Associação dos 20 Km de Almeirim	101	0:20:36	129	0:00:51	45	0:46:17	83	0:00:36	117	0:11:01	1:19:21	0:15:44
54	5416		Mário Alberto Sousa		V2	Individual	69	0:19:29	156	0:00:57	60	0:47:55	150	0:00:47	75	0:10:17	1:19:25	0:15:48
55	3295	2856	João Sousa Ferreira		SEN	Clube de Praças da Armada	56	0:19:03	178	0:01:03	80	0:49:11	132	0:00:43	35	0:09:27	1:19:27	0:15:50
56	5307		Ricardo Nuno Figaredo		SEN	Individual	112	0:20:51	287	0:01:47	34	0:44:59	258	0:01:16	120	0:11:02	1:19:55	0:16:18
57	2061	256	Carlos Gaspar		S23	Ginásio Clube de Sines	55	0:19:02	200	0:01:09	64	0:48:21	125	0:00:42	103	0:10:45	1:19:59	0:16:22
58	5164		Artur Manuel Batista		SEN	Individual	92	0:20:10	136	0:00:52	65	0:48:23	138	0:00:45	55	0:09:56	1:20:06	0:16:29
59	3304	2892	Ivan Pinto da Silva		SEN	Clube Triatlo de Perosinho	103	0:20:39	122	0:00:50	57	0:47:36	66	0:00:33	91	0:10:32	1:20:10	0:16:33
60	1117	2896	Hugo Ventura		JUN	Triathlon Lamego Club	66	0:19:27	9	0:00:28	76	0:49:07	14	0:00:26	124	0:11:07	1:20:35	0:16:58
61	5161		António José Amorim		SEN	Individual	41	0:18:32	48	0:00:37	104	0:51:12	3	0:00:22	53	0:09:55	1:20:38	0:17:01
62	4072	752	Renato Fidalgo		V2	A.D.C.R. Painho	91	0:20:10	147	0:00:55	70	0:48:46	105	0:00:39	72	0:10:16	1:20:46	0:17:09
63	3224	655	Daniel Trindade		SEN	Casa Benfica Faro/GASCAN	33	0:18:17	247	0:01:27	106	0:51:19	142	0:00:47	26	0:09:17	1:21:07	0:17:30

CORRIDA								CICLISMO						CORRIDA				
5000 (MT)								18000 (KM)						2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
64	2050	2523	Noé Dias		S23	Casa do Povo de Mouriscas	53	0:18:54	96	0:00:46	89	0:49:59	133	0:00:44	106	0:10:47	1:21:10	0:17:33
65	5319		Rui Vasco Medina		SEN	Individual	54	0:19:01	215	0:01:12	91	0:50:02	180	0:00:52	64	0:10:04	1:21:11	0:17:34
66	3225	2694	Rui Ferreira		SEN	C.F. "Os Belenenses"	78	0:19:49	202	0:01:10	86	0:49:47	120	0:00:41	48	0:09:48	1:21:15	0:17:38
67	3001	627	Paulo Teles		SEN	G. A. A. Vila Franca de Xira	80	0:19:52	170	0:01:01	83	0:49:21	116	0:00:40	86	0:10:26	1:21:20	0:17:43
68	4087	646	Manuel Batista		V1	G. A. A. Vila Franca de Xira	72	0:19:33	18	0:00:31	100	0:50:54	46	0:00:31	52	0:09:55	1:21:24	0:17:47
69	3086	649	Luis Guerreiro		SEN	Individual	62	0:19:19	131	0:00:51	90	0:50:00	152	0:00:47	94	0:10:35	1:21:32	0:17:55
70	3241	2718	Nuno Tintim		SEN	Individual	34	0:18:18	85	0:00:44	124	0:52:52	82	0:00:36	25	0:09:12	1:21:42	0:18:05
71	1105	35	João Serrano		JUN	C.N. Cartaxo	31	0:18:14	10	0:00:28	56	0:47:25	45	0:00:31	290	0:15:37	1:22:15	0:18:38
72	5129		Carlos Rafael Alves		JUN	Individual	122	0:21:02	203	0:01:10	54	0:47:08	199	0:00:58	210	0:12:36	1:22:54	0:19:17
73	5349		Francisco Palma Gomes		V1	Individual	76	0:19:37	44	0:00:36	108	0:51:28	87	0:00:36	100	0:10:41	1:22:58	0:19:21
74	5165		Bruno Miguel Fernandes		SEN	Individual	125	0:21:06	171	0:01:01	61	0:47:58	223	0:01:05	174	0:11:58	1:23:08	0:19:31
75	3148	653	José Rodrigues		SEN	Ribabike / Associação dos 20 Km de Almoçim	148	0:21:36	184	0:01:05	71	0:48:50	161	0:00:50	110	0:10:51	1:23:12	0:19:35
76	4075	751	José Peixoto		V2	A.D.C.R. Painho	79	0:19:50	52	0:00:38	115	0:52:14	72	0:00:34	61	0:10:02	1:23:18	0:19:41
77	3101	457	Nuno Almeida		SEN	A.D.C.R. Painho	121	0:21:02	40	0:00:35	99	0:50:49	25	0:00:28	83	0:10:24	1:23:18	0:19:41
78	5370		Luis Carlos Dinis		V1	Individual	126	0:21:06	199	0:01:08	67	0:48:40	192	0:00:55	156	0:11:38	1:23:27	0:19:50
79	5333		António Manuel Aguiar		V1	Individual	24	0:17:56	73	0:00:41	144	0:54:06	140	0:00:45	70	0:10:14	1:23:42	0:20:05
80	3023	669	Paulo Robalo		SEN	Alhandra Sporting Clube	49	0:18:49	21	0:00:32	149	0:54:17	21	0:00:27	44	0:09:39	1:23:44	0:20:07
81	5334		António Manuel Samora		V1	Individual	120	0:21:01	7	0:00:27	105	0:51:13	39	0:00:30	92	0:10:34	1:23:45	0:20:08
82	5210		João Domingos Sanona		SEN	Individual									320	1:23:49	1:23:49	0:20:12
83	5411		Luís Filipe Pereira		V2	Individual	141	0:21:30	66	0:00:40	79	0:49:10	250	0:01:13	141	0:11:23	1:23:56	0:20:19
84	4129	2740	João Hipólito		V1	Alhandra Sporting Clube	127	0:21:07	239	0:01:23	74	0:48:56	235	0:01:10	138	0:11:21	1:23:57	0:20:20
85	5434		Lucas Domingos Delgado		V3	Individual									321	1:23:58	1:23:58	0:20:21
86	3281	2838	Hélder Gonçalves Ribeiro		SEN	Individual	109	0:20:49	213	0:01:12	87	0:49:50	226	0:01:06	128	0:11:09	1:24:06	0:20:29
87	3004	485	Bruno Silva		SEN	G. A. A. Vila Franca de Xira	99	0:20:33	17	0:00:31	119	0:52:37	5	0:00:24	62	0:10:03	1:24:08	0:20:31
88	5291		Pedro Jorge Pinho		SEN	Individual	75	0:19:37	145	0:00:54	113	0:52:07	172	0:00:51	101	0:10:42	1:24:11	0:20:34
89	3120	720	Mário Couto		SEN	G. A. A. Vila Franca de Xira	82	0:19:54	46	0:00:37	132	0:53:18	24	0:00:28	60	0:10:01	1:24:18	0:20:41
90	3142	2526	Pedro Figueira		SEN	Ribabike / Associação dos 20 Km de Almoçim	105	0:20:45	86	0:00:44	107	0:51:21	117	0:00:40	112	0:10:53	1:24:23	0:20:46
91	5274		Nuno Miguel Jorge		SEN	Individual	123	0:21:03	234	0:01:19	75	0:48:56	183	0:00:53	199	0:12:15	1:24:26	0:20:49
92	5372		Luis Henrique Fontes		V1	Individual	124	0:21:04	191	0:01:06	98	0:50:47	70	0:00:33	116	0:10:58	1:24:28	0:20:51
93	1106	37	Fabrcio Tomás		JUN	C.N. Cartaxo	51	0:18:52	8	0:00:28	152	0:54:34	19	0:00:27	67	0:10:12	1:24:33	0:20:56
94	3310	2928	Rui Monteiro		SEN	Individual	209	0:23:13	183	0:01:04	55	0:47:24	188	0:00:54	183	0:12:08	1:24:43	0:21:06
95	3035	723	Carlos Branco		SEN	Clube de Praças da Armada	131	0:21:18	50	0:00:38	114	0:52:10	41	0:00:31	66	0:10:10	1:24:47	0:21:10
96	3140	4615	Jorge Vieira		SEN	Tri-Oeiras Sport Clube	85	0:20:00	143	0:00:54	123	0:52:52	153	0:00:48	80	0:10:23	1:24:57	0:21:20
97	5426		Vitor Manuel Pinho		V2	Individual	175	0:22:26	35	0:00:34	94	0:50:21	33	0:00:29	126	0:11:07	1:24:57	0:21:20
98	4142	492	Carlos Reis		V1	FidalBike	65	0:19:25	154	0:00:57	136	0:53:40	193	0:00:56	63	0:10:04	1:25:02	0:21:25
99	5391		Antonio Manoel Clara		V2	Individual	104	0:20:44	34	0:00:34	122	0:52:50	63	0:00:32	85	0:10:24	1:25:04	0:21:27
100	5386		Virgílio José Antunes		V1	Individual									322	1:25:18	1:25:18	0:21:41

CORRIDA									CICLISMO					CORRIDA				
5000 (MT) Temperatura Agua:									18000 (KM)					2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
101	3095	748	José Gonçalves		SEN	Triathlon Lamego Club	67	0:19:28	29	0:00:34	169	0:55:29	13	0:00:25	41	0:09:33	1:25:29	0:21:52
102	1094	20	Bruno Pereira		JUN	Alhandra Sporting Clube	70	0:19:30	23	0:00:33	125	0:52:53	9	0:00:25	185	0:12:11	1:25:32	0:21:55
103	3146	603	Victor Rodrigues		SEN	Ribabike / Associação dos 20 Km de Almoim	144	0:21:34	173	0:01:02	95	0:50:26	194	0:00:56	159	0:11:42	1:25:40	0:22:03
104	5298		Pedro Miguel Lucas		SEN	Individual	111	0:20:50	205	0:01:10	112	0:52:06	243	0:01:12	88	0:10:29	1:25:47	0:22:10
105	3043	511	Horácio Ferreira		SEN	Tri-Oeiras Sport Clube	140	0:21:29	38	0:00:35	128	0:52:59	11	0:00:25	90	0:10:32	1:26:00	0:22:23
106	5246		Manuel A F. Domingues		SEN	Individual									323	1:26:03	1:26:03	0:22:26
107	5169		Carlos Diogo Branco Lima		SEN	Individual	162	0:22:08	161	0:00:58	96	0:50:32	139	0:00:45	160	0:11:42	1:26:05	0:22:28
108	5284		Paulo Jose Lopes		SEN	Individual	164	0:22:11	182	0:01:04	101	0:50:54	211	0:00:59	118	0:11:01	1:26:09	0:22:32
109	4089	768	Jorge Duarte		V2	Tri-Oeiras Sport Clube	184	0:22:34	149	0:00:56	92	0:50:07	181	0:00:53	164	0:11:49	1:26:19	0:22:42
110	5250		Marco Paulo Carreira		SEN	Individual	118	0:20:59	233	0:01:19	117	0:52:28	202	0:00:58	97	0:10:37	1:26:21	0:22:44
111	5222		Joel Tiago Pena		SEN	Individual	228	0:23:53	101	0:00:46	84	0:49:24	96	0:00:37	162	0:11:42	1:26:22	0:22:45
112	5415		Manuel Vieira Valente		V2	Individual	93	0:20:12	109	0:00:47	129	0:53:02	23	0:00:27	170	0:11:55	1:26:23	0:22:46
113	3119	638	Paulo Calixto		SEN	G. A. A. Vila Franca de Xira	95	0:20:13	20	0:00:31	137	0:53:45	16	0:00:26	145	0:11:29	1:26:24	0:22:47
114	4000	798	Olímpio Guedelha		V3	G. A. A. Vila Franca de Xira	106	0:20:46	43	0:00:36	151	0:54:33	56	0:00:32	58	0:09:58	1:26:25	0:22:48
115	5085		Carlos Farófia		SEN	Individual	84	0:19:55	260	0:01:30	134	0:53:36	245	0:01:12	68	0:10:12	1:26:25	0:22:48
116	3258	2783	José Apolinário Teixeira		SEN	Clube Triatlo de Perosinho	90	0:20:09	162	0:01:00	142	0:53:59	218	0:01:02	79	0:10:21	1:26:31	0:22:54
117	5142		William da Silva Lemos		JUN	Individual	83	0:19:54	174	0:01:02	155	0:54:56	32	0:00:29	71	0:10:15	1:26:36	0:22:59
118	5233		José Nelson Narciso		SEN	Individual	108	0:20:48	220	0:01:14	126	0:52:53	209	0:00:59	104	0:10:45	1:26:39	0:23:02
119	3100	706	Luis Cipriano		SEN	A.D.C.R. Painho	63	0:19:20	30	0:00:34	185	0:56:40	37	0:00:30	43	0:09:39	1:26:43	0:23:06
120	5259		Miguel Gayoso Suárez		SEN	Individual	169	0:22:17	204	0:01:10	102	0:51:06	213	0:01:01	135	0:11:17	1:26:51	0:23:14
121	4166	2931	José Maria Santos		V2	Clube Ferroviário de Vendas Novas	152	0:21:48	158	0:00:58	109	0:51:39	246	0:01:13	140	0:11:23	1:27:01	0:23:24
122	3094	708	Pedro Fernandes		SEN	ABV Estoris	117	0:20:57	112	0:00:48	139	0:53:46	164	0:00:50	109	0:10:49	1:27:10	0:23:33
123	5179		David José Moutinho		SEN	Individual	59	0:19:11	53	0:00:38	197	0:57:37	8	0:00:24	30	0:09:22	1:27:12	0:23:35
124	5235		Leandro Fernandes Pinto		SEN	Individual	159	0:21:58	32	0:00:34	141	0:53:53	51	0:00:31	77	0:10:18	1:27:14	0:23:37
125	5323		Sandro Miguel Galvão		SEN	Individual	207	0:23:05	235	0:01:20	97	0:50:46	225	0:01:05	125	0:11:07	1:27:23	0:23:46
126	5205		Hugo Carvalho da Silva		SEN	Individual	158	0:21:57	189	0:01:06	111	0:52:04	200	0:00:58	142	0:11:25	1:27:30	0:23:53
127	5092		Ricardo Jorge S Ferraz		JUN	Individual	134	0:21:24	195	0:01:07	118	0:52:35	159	0:00:49	157	0:11:38	1:27:33	0:23:56
128	5219		João Pedro Freixial Correia		SEN	Individual	81	0:19:52	298	0:01:56	130	0:53:06	248	0:01:13	155	0:11:38	1:27:45	0:24:08
129	5170		Carlos Jorge da Silva		SEN	Individual	155	0:21:52	26	0:00:33	138	0:53:45	28	0:00:28	163	0:11:43	1:28:21	0:24:44
130	3239	2717	Telmo Veloso		SEN	Porto Runners	37	0:18:24	47	0:00:37	227	0:59:27	22	0:00:27	40	0:09:31	1:28:26	0:24:49
131	5300		Pedro Miguel Escaleira		SEN	Individual	221	0:23:35	297	0:01:55	88	0:49:57	215	0:01:01	175	0:11:59	1:28:27	0:24:50
132	5200		Guilherme Branquinho		SEN	Individual	204	0:23:03	181	0:01:04	121	0:52:47	179	0:00:52	102	0:10:43	1:28:29	0:24:52
133	5404		João Manuel Martins		V2	Individual	44	0:18:36	193	0:01:07	213	0:58:31	167	0:00:50	37	0:09:28	1:28:32	0:24:55
134	5149		Manuel João Teixeira		S23	Individual	163	0:22:11	99	0:00:46	135	0:53:38	79	0:00:35	154	0:11:37	1:28:47	0:25:10
135	5188		Fernando de Almeida Neto		SEN	Individual	230	0:23:56	242	0:01:24	93	0:50:10	178	0:00:52	207	0:12:32	1:28:54	0:25:17
136	4025	516	João Medeiro		V1	Serv. Soc. CGD	87	0:20:02	55	0:00:39	187	0:56:57	71	0:00:34	105	0:10:47	1:28:59	0:25:22
137	5378		Paulo José Godinho		V1	Individual	149	0:21:36	226	0:01:16	133	0:53:22	244	0:01:12	152	0:11:35	1:29:01	0:25:24

CORRIDA									CICLISMO					CORRIDA				
5000 (MT) Temperatura Agua:									18000 (KM)					2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
138	3075	531	Nuno Lopes		SEN	Clube Ferroviário de Vendas Novas	138	0:21:27	146	0:00:55	158	0:55:03	95	0:00:37	122	0:11:03	1:29:05	0:25:28
139	3299	2870	António Neto		SEN	Associação Recreativa Social e Cultural de Toledo	102	0:20:37	121	0:00:50	157	0:55:00	274	0:01:27	144	0:11:28	1:29:22	0:25:45
140	5133		Diogo Miguel Amorim		JUN	Individual	130	0:21:17	80	0:00:43	171	0:55:44	50	0:00:31	137	0:11:20	1:29:35	0:25:58
141	5419		Paulo Malheiro		V2	Individual	165	0:22:11	218	0:01:13	145	0:54:07	221	0:01:03	133	0:11:14	1:29:48	0:26:11
142	4108	879	Paulo Leitão Santos		V1	A.D.C.R. Painho	199	0:22:53	111	0:00:48	150	0:54:19	77	0:00:35	132	0:11:14	1:29:49	0:26:12
143	5153		Alfredo Manuel Azevedo		SEN	Individual	142	0:21:33	106	0:00:47	177	0:56:12	80	0:00:35	111	0:10:52	1:29:59	0:26:22
144	5130		Daniel Filipe Araújo		JUN	Individual	115	0:20:53	22	0:00:32	192	0:57:12	49	0:00:31	114	0:10:55	1:30:03	0:26:26
145	3177	2577	Miguel Reis		SEN	Amiciclo	178	0:22:27	169	0:01:01	147	0:54:13	156	0:00:49	168	0:11:54	1:30:24	0:26:47
146	5379		Paulo Manuel Jorge		V1	Individual	132	0:21:20	278	0:01:41	159	0:55:04	262	0:01:19	130	0:11:11	1:30:35	0:26:58
147	5196		Filipe da Silva Gomes		SEN	Individual	192	0:22:46	241	0:01:23	131	0:53:17	191	0:00:55	205	0:12:31	1:30:52	0:27:15
148	5202		Henrique Maia Ribeiro Leite		SEN	Individual	226	0:23:47	322	0:02:29	110	0:51:55	241	0:01:12	147	0:11:31	1:30:54	0:27:17
149	5355		João Manuel Lourenço		V1	Individual	74	0:19:35	58	0:00:39	233	1:00:00	52	0:00:31	84	0:10:24	1:31:09	0:27:32
150	5272		Nuno Miguel Luis		SEN	Individual	251	0:24:42	209	0:01:11	103	0:51:06	231	0:01:08	229	0:13:04	1:31:11	0:27:34
151	5461		Pedro Alves		SEN	Individual	139	0:21:28	229	0:01:16	189	0:57:01	90	0:00:36	113	0:10:53	1:31:14	0:27:37
152	5377		Paulo Jorge Taboas		V1	Individual	150	0:21:39	92	0:00:45	193	0:57:14	104	0:00:38	123	0:11:04	1:31:20	0:27:43
153	1104	2866	Carlos Alenquer		JUN	Mem Martins Sport Club	195	0:22:51	212	0:01:12	153	0:54:35	128	0:00:43	177	0:12:00	1:31:21	0:27:44
154	5310		Rui Manuel Cabral		SEN	Individual									324	1:31:26	1:31:26	0:27:49
155	5350		Hélder Lopes Ferreira		V1	Individual	129	0:21:16	236	0:01:20	186	0:56:44	267	0:01:22	108	0:10:47	1:31:29	0:27:52
156	5311		Rui Miguel Rocha		SEN	Individual	193	0:22:47	282	0:01:46	162	0:55:08	236	0:01:10	99	0:10:41	1:31:32	0:27:55
157	5279		Paulo Carmo		SEN	Individual	145	0:21:34	27	0:00:33	211	0:58:30	62	0:00:32	87	0:10:28	1:31:37	0:28:00
158	5438		Carlos Alberto Dias		V4	Individual	200	0:22:54	194	0:01:07	165	0:55:15	169	0:00:50	153	0:11:35	1:31:41	0:28:04
159	4076	454	Petro Mosinzov		V1	A.D.C.R. Painho	153	0:21:50	87	0:00:44	178	0:56:18	84	0:00:36	195	0:12:15	1:31:43	0:28:06
160	5137		Luis Andre Lopes		JUN	Individual	210	0:23:16	150	0:00:56	143	0:54:03	143	0:00:47	221	0:12:50	1:31:52	0:28:15
161	3314	2937	Pedro Salvador		SEN	FidalBike	170	0:22:19	224	0:01:16	166	0:55:18	252	0:01:14	171	0:11:56	1:32:03	0:28:26
162	3262	2794	Nuno Barbosa		SEN	Porto Runners	94	0:20:13	41	0:00:35	218	0:58:48	26	0:00:28	192	0:12:14	1:32:18	0:28:41
163	5247		Manuel Brito Castro Rego		SEN	Individual	168	0:22:17	163	0:01:00	181	0:56:24	75	0:00:34	194	0:12:14	1:32:29	0:28:52
164	3076	687	Rui Pereira		SEN	Clube Ferroviário de Vendas Novas	196	0:22:51	69	0:00:41	174	0:56:01	38	0:00:30	214	0:12:37	1:32:40	0:29:03
165	3087	657	António Cruz		SEN	C.F. "Os Belenenses"	110	0:20:50	67	0:00:41	234	1:00:04	91	0:00:37	96	0:10:37	1:32:49	0:29:12
166	5277		Paulo Alexandre Goulart		SEN	Individual	188	0:22:37	114	0:00:48	175	0:56:02	146	0:00:47	213	0:12:36	1:32:50	0:29:13
167	5390		Antonio Joaquim Reis		V2	Individual	161	0:22:07	127	0:00:50	194	0:57:19	127	0:00:42	167	0:11:52	1:32:50	0:29:13
168	5214		João Henrique Bobato		SEN	Individual	180	0:22:29	63	0:00:40	173	0:55:49	60	0:00:32	240	0:13:24	1:32:54	0:29:17
169	3202	2645	Adérito Pereira		SEN	Associação Recreativa Social e Cultural de Toledo	201	0:22:58	157	0:00:58	170	0:55:36	175	0:00:52	204	0:12:31	1:32:55	0:29:18
170	5089		Marco Antonio		SEN	Individual	290	0:26:12	269	0:01:32	127	0:52:54	174	0:00:51	143	0:11:27	1:32:56	0:29:19
171	5132		David Silva Raquel		JUN	Individual	203	0:23:03	177	0:01:03	116	0:52:27	197	0:00:57	295	0:15:49	1:33:19	0:29:42
172	5312		Rui Miguel Foles		SEN	Individual	259	0:24:56	214	0:01:12	146	0:54:09	157	0:00:49	190	0:12:13	1:33:19	0:29:42
173	5305		Ricardo Gomes Galvão		SEN	Individual	137	0:21:26	249	0:01:27	176	0:56:11	260	0:01:18	223	0:12:58	1:33:20	0:29:43
174	5204		Hugo André Barrela		SEN	Individual	202	0:22:58	155	0:00:57	199	0:57:44	118	0:00:40	119	0:11:02	1:33:21	0:29:44

CORRIDA								CICLISMO						CORRIDA				
5000 (MT)								18000 (KM)						2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
175	5254		Mário Miguel Baltazar		SEN	Individual	167	0:22:15	221	0:01:14	190	0:57:05	109	0:00:39	198	0:12:15	1:33:28	0:29:51
176	5278		Paulo Alexandre Oliveira		SEN	Individual	215	0:23:22	263	0:01:31	167	0:55:25	249	0:01:13	179	0:12:01	1:33:32	0:29:55
177	5251		Marcolino Simoes Verissimo		SEN	Individual	71	0:19:32	89	0:00:44	257	1:02:23	108	0:00:39	81	0:10:23	1:33:41	0:30:04
178	5364		José Davide Gregório		V1	Individual	181	0:22:31	49	0:00:37	201	0:57:49	69	0:00:33	187	0:12:12	1:33:42	0:30:05
179	5373		Manuel Joaquim Rodrigues		V1	Individual	182	0:22:31	33	0:00:34	203	0:57:52	76	0:00:34	191	0:12:13	1:33:44	0:30:07
180	5308		Ricardo Pedro Soeiro		SEN	Individual									325	1:33:57	1:33:57	0:30:20
181	5243		Luis Miguel do Carmo Lampra		SEN	Individual	214	0:23:21	309	0:02:02	164	0:55:10	261	0:01:19	189	0:12:13	1:34:05	0:30:28
182	5351		Helder Paulo Costa		V1	Individual	100	0:20:34	57	0:00:39	248	1:01:04	119	0:00:40	134	0:11:15	1:34:12	0:30:35
183	3298	2859	Paulo Falé		SEN	Clube de Praças da Armada	113	0:20:51	210	0:01:11	242	1:00:46	198	0:00:57	89	0:10:30	1:34:15	0:30:38
184	5208		João António Frade		SEN	Individual	151	0:21:40	100	0:00:46	237	1:00:13	165	0:00:50	107	0:10:47	1:34:16	0:30:39
185	3313	2936	José Carlos Pereira		SEN	FidalBike	241	0:24:15	51	0:00:38	168	0:55:26	54	0:00:32	245	0:13:31	1:34:22	0:30:45
186	5201		Hélder Fernando Silva		SEN	Individual	147	0:21:35	243	0:01:24	214	0:58:33	257	0:01:16	161	0:11:42	1:34:30	0:30:53
187	5342		Carlos Manuel Simões		V1	Individual	174	0:22:25	237	0:01:21	196	0:57:30	154	0:00:48	206	0:12:31	1:34:35	0:30:58
188	1061	2631	David Ferreira		JUN	Alhandra Sporting Clube	235	0:24:02	60	0:00:40	195	0:57:27	35	0:00:30	172	0:11:57	1:34:36	0:30:59
189	5135		Fábio Rafael Coelho		JUN	Individual	256	0:24:52	135	0:00:52	120	0:52:39	176	0:00:52	288	0:15:22	1:34:37	0:31:00
190	5361		José Anibal Correia		V1	Individual	197	0:22:52	138	0:00:52	220	0:58:56	121	0:00:41	136	0:11:17	1:34:38	0:31:01
191	5216		João Manuel Cruz		SEN	Individual	206	0:23:04	261	0:01:31	191	0:57:06	212	0:01:00	197	0:12:15	1:34:56	0:31:19
192	5162		Antonio José Santos		SEN	Individual	171	0:22:20	240	0:01:23	198	0:57:44	266	0:01:22	196	0:12:15	1:35:04	0:31:27
193	4045	757	Rogério Morais		V2	Clube Ferroviário de Vendas Novas	219	0:23:30	172	0:01:02	204	0:57:59	219	0:01:03	158	0:11:41	1:35:15	0:31:38
194	5363		José António Almeida		V1	Individual	249	0:24:40	310	0:02:02	148	0:54:16	264	0:01:20	227	0:13:02	1:35:20	0:31:43
195	5199		Gonçalo Quitério Ezequiel		SEN	Individual	186	0:22:35	125	0:00:50	217	0:58:47	129	0:00:43	217	0:12:39	1:35:34	0:31:57
196	5178		Dário Miguel Carvalho		SEN	Individual	229	0:23:55	307	0:02:00	184	0:56:38	283	0:01:32	151	0:11:35	1:35:40	0:32:03
197	5289		Pedro Emanuel Ferreira		SEN	Individual	260	0:24:57	273	0:01:38	154	0:54:36	269	0:01:23	231	0:13:10	1:35:44	0:32:07
198	4092	872	António Perdigoto		V2	Alhandra Sporting Clube	183	0:22:33	223	0:01:16	222	0:59:07	196	0:00:57	166	0:11:52	1:35:45	0:32:08
199	5389		António Gonçalves Ramalho		V2	Individual	179	0:22:28	267	0:01:32	205	0:58:11	256	0:01:15	202	0:12:23	1:35:49	0:32:12
200	3230	2703	Carlos Serra		SEN	Individual	198	0:22:53	201	0:01:09	228	0:59:35	160	0:00:50	149	0:11:34	1:36:01	0:32:24
201	5209		João Daniel Carolino		SEN	Individual	224	0:23:43	314	0:02:12	200	0:57:48	247	0:01:13	127	0:11:08	1:36:04	0:32:27
202	3002	484	Paulo Leote		V1	G. A. A. Vila Franca de Xira	136	0:21:25	74	0:00:41	259	1:02:30	34	0:00:29	121	0:11:02	1:36:07	0:32:30
203	5249		Manuel Pinto Moura		SEN	Individual	269	0:25:20	253	0:01:28	188	0:56:58	86	0:00:36	165	0:11:50	1:36:12	0:32:35
204	5345		Eduardo Jorge Anes		V1	Individual	239	0:24:10	264	0:01:31	160	0:55:06	275	0:01:27	264	0:14:03	1:36:17	0:32:40
205	1112	157	Rui Cordeiro		JUN	Ginásio Clube de Sines	157	0:21:57	97	0:00:46	240	1:00:39	137	0:00:45	193	0:12:14	1:36:21	0:32:44
206	5368		Luís Alberto Carvalhinho		V1	Individual	223	0:23:39	152	0:00:56	210	0:58:29	184	0:00:53	209	0:12:32	1:36:29	0:32:52
207	5341		Carlos Manuel Matos		V1	Individual									326	1:36:33	1:36:33	0:32:56
208	5288		Paulo Sérgio Vieira		SEN	Individual	246	0:24:31	231	0:01:18	182	0:56:24	228	0:01:07	237	0:13:18	1:36:38	0:33:01
209	5055		Rodrigo do Vale		SEN	Individual									327	1:37:01	1:37:01	0:33:24
210	1010	126	Joaquim Guerreiro		JUN	Amiciclo	177	0:22:27	168	0:01:01	238	1:00:17	81	0:00:36	219	0:12:43	1:37:04	0:33:27
211	3118	701	Nuno Morais		SEN	G. A. A. Vila Franca de Xira	231	0:23:57	133	0:00:52	226	0:59:20	163	0:00:50	182	0:12:07	1:37:06	0:33:29

CORRIDA								CICLISMO						CORRIDA				
5000 (MT)								18000 (KM)						2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
212	5441		Rui Manuel Correia		V4	Individual	243	0:24:20	139	0:00:52	223	0:59:09	170	0:00:50	176	0:11:59	1:37:10	0:33:33
213	5138		Luis Pedro Moreira		JUN	Individual	253	0:24:43	280	0:01:43	172	0:55:46	259	0:01:17	255	0:13:51	1:37:20	0:33:43
214	5344		Diogo Bourbon Franca		V1	Individual	273	0:25:31	327	0:03:17	140	0:53:52	295	0:01:45	236	0:13:16	1:37:41	0:34:04
215	5156		André Eusébio da Rocha		SEN	Individual	217	0:23:27	75	0:00:42	225	0:59:18	74	0:00:34	253	0:13:47	1:37:48	0:34:11
216	5128		Bruno Saraiva de Moraes		JUN	Individual	244	0:24:22	98	0:00:46	208	0:58:18	59	0:00:32	257	0:13:52	1:37:50	0:34:13
217	5166		Bruno Miguel Maia		SEN	Individual	97	0:20:25	62	0:00:40	272	1:05:06	85	0:00:36	129	0:11:09	1:37:56	0:34:19
218	5306		Ricardo Jorge Silva		SEN	Individual	265	0:25:06	292	0:01:52	161	0:55:08	306	0:02:08	252	0:13:46	1:38:00	0:34:23
219	5059		Frederico Raposo		SEN	Individual	218	0:23:28	271	0:01:36	229	0:59:35	238	0:01:10	201	0:12:16	1:38:05	0:34:28
220	4151	886	Francisco Cordeiro Santos		V4	Clube de Praças da Armada	98	0:20:29	276	0:01:40	266	1:03:55	290	0:01:39	82	0:10:23	1:38:06	0:34:29
221	5168		Carlos Alberto Barata		SEN	Individual	272	0:25:30	313	0:02:12	156	0:54:56	299	0:01:49	249	0:13:41	1:38:08	0:34:31
222	5171		Carlos Manuel Moraes		SEN	Individual	225	0:23:47	230	0:01:18	239	1:00:26	144	0:00:47	173	0:11:57	1:38:15	0:34:38
223	5047		Carlos Manuel Pinto		SEN	Individual	270	0:25:22	288	0:01:47	163	0:55:09	287	0:01:36	275	0:14:25	1:38:19	0:34:42
224	4117	2642	Carlos Egídio Alegre		V2	Associação Recreativa Social e Cultural do Telhado	116	0:20:56	37	0:00:35	273	1:05:14	42	0:00:31	131	0:11:13	1:38:29	0:34:52
225	5367		Juan Manuel Costa		V1	Individual	208	0:23:08	166	0:01:00	251	1:01:26	187	0:00:54	184	0:12:10	1:38:38	0:35:01
226	5429		Délio Coelho Rão		V3	Individual	258	0:24:54	321	0:02:27	179	0:56:20	286	0:01:36	250	0:13:42	1:38:59	0:35:22
227	5297		Pedro Manuel Santos		SEN	Individual	190	0:22:40	137	0:00:52	262	1:03:22	214	0:01:01	139	0:11:21	1:39:16	0:35:39
228	4152	2869	Silvino Muchacho		V4	A.D.C.R. Painho	282	0:25:48	192	0:01:07	206	0:58:16	227	0:01:06	225	0:13:00	1:39:17	0:35:40
229	5221		João Serra		SEN	Individual	114	0:20:52	70	0:00:41	279	1:06:30	130	0:00:43	93	0:10:35	1:39:21	0:35:44
230	5232		Jose Luis Lebre		SEN	Individual	266	0:25:08	238	0:01:22	180	0:56:24	268	0:01:23	286	0:15:07	1:39:24	0:35:47
231	1080	2310	João Pica		JUN	C.F. "Os Belenenses"	185	0:22:35	56	0:00:39	267	1:04:02	94	0:00:37	148	0:11:32	1:39:25	0:35:48
232	5421		Pedro Manuel Gomes		V2	Individual	88	0:20:03	83	0:00:43	286	1:07:49	89	0:00:36	73	0:10:16	1:39:27	0:35:50
233	5273		Nuno Miguel Almeida		SEN	Individual	211	0:23:19	275	0:01:39	236	1:00:11	292	0:01:43	212	0:12:36	1:39:28	0:35:51
234	5327		Tiago Pedro Varanda		SEN	Individual	212	0:23:19	277	0:01:41	235	1:00:09	294	0:01:44	216	0:12:38	1:39:31	0:35:54
235	5264		Nelson Pimenta Vieira		SEN	Individual	220	0:23:35	293	0:01:53	243	1:00:57	254	0:01:14	169	0:11:55	1:39:34	0:35:57
236	5125		António Kergoat Ferreira		SEN	Individual	255	0:24:50	306	0:01:59	212	0:58:30	293	0:01:43	218	0:12:41	1:39:43	0:36:06
237	5227		Jorge Miguel Simões Mendes		SEN	Individual	236	0:24:03	71	0:00:41	247	1:01:04	61	0:00:32	242	0:13:26	1:39:46	0:36:09
238	5197		Francisco Bourbon Franca		SEN	Individual	191	0:22:44	295	0:01:54	256	1:02:11	186	0:00:54	188	0:12:13	1:39:56	0:36:19
239	5160		António José das Neves		SEN	Individual	277	0:25:39	266	0:01:32	232	0:59:57	134	0:00:44	181	0:12:05	1:39:57	0:36:20
240	5063		João Galileu Dias		SEN	Individual	268	0:25:11	289	0:01:48	215	0:58:38	265	0:01:21	232	0:13:10	1:40:08	0:36:31
241	5265		Nuno Ferreira Vicente		SEN	Individual	222	0:23:38	300	0:01:57	250	1:01:19	255	0:01:15	178	0:12:01	1:40:10	0:36:33
242	5417		Mario Pedro Soares		V2	Individual	276	0:25:37	268	0:01:32	207	0:58:16	239	0:01:11	261	0:13:55	1:40:31	0:36:54
243	5406		João Santos Amaral		V2	Individual	233	0:23:58	227	0:01:16	252	1:01:41	216	0:01:01	220	0:12:46	1:40:42	0:37:05
244	5380		Paulo Renato Marques		V1	Individual	242	0:24:18	115	0:00:48	255	1:02:09	122	0:00:41	224	0:12:58	1:40:54	0:37:17
245	5315		Rui Montenegro Marques		SEN	Individual									328	1:41:03	1:41:03	0:37:26
246	5270		Nuno Miguel Lucas		SEN	Individual	261	0:24:59	319	0:02:20	221	0:59:01	302	0:01:51	228	0:13:04	1:41:15	0:37:38
247	4165	2930	Carlos Candeias		V1	Individual	213	0:23:20	208	0:01:11	271	1:04:37	113	0:00:40	150	0:11:35	1:41:23	0:37:46
248	5337		Carlos Alberto Sousa		V1	Individual	267	0:25:08	165	0:01:00	224	0:59:17	278	0:01:29	279	0:14:38	1:41:32	0:37:55

CORRIDA									CICLISMO					CORRIDA				
5000 (MT)									18000 (KM)					2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
249	5240		Luís Filipe Almeida		SEN	Individual	292	0:26:13	262	0:01:31	216	0:58:40	131	0:00:43	276	0:14:26	1:41:33	0:37:56
250	5193		Filipe André Leitão		SEN	Individual	283	0:25:50	245	0:01:26	246	1:01:02	145	0:00:47	208	0:12:32	1:41:37	0:38:00
251	5400		Henrique Antonio Rocha		V2	Individual	248	0:24:32	258	0:01:30	241	1:00:44	280	0:01:29	248	0:13:35	1:41:50	0:38:13
252	5428		Carlos Alberto Gonçalves		V3	Individual	234	0:23:58	207	0:01:10	261	1:02:40	229	0:01:07	235	0:13:14	1:42:09	0:38:32
253	5206		Hugo Jorge Macedo Antunes		SEN	Individual	291	0:26:13	252	0:01:28	219	0:58:54	253	0:01:14	274	0:14:21	1:42:10	0:38:33
254	5318		Rui Raposinho		SEN	Individual	227	0:23:49	142	0:00:53	254	1:01:57	166	0:00:50	283	0:14:52	1:42:21	0:38:44
255	5145		Gonçalo Filipe Carreira		S23	Individual	271	0:25:23	294	0:01:54	245	1:01:01	289	0:01:38	211	0:12:36	1:42:32	0:38:55
256	5141		Ricardo Jorge Ferraz		JUN	Individual	156	0:21:56	113	0:00:48	278	1:06:17	106	0:00:39	226	0:13:02	1:42:42	0:39:05
257	5332		Alvaro Manuel Quiterio		V1	Individual	154	0:21:50	164	0:01:00	281	1:06:42	220	0:01:03	186	0:12:11	1:42:46	0:39:09
258	5286		Paulo Miguel Sobral		SEN	Individual	320	0:29:28	176	0:01:02	183	0:56:25	147	0:00:47	289	0:15:24	1:43:06	0:39:29
259	5269		Nuno Miguel Gaspar		SEN	Individual	262	0:25:01	311	0:02:07	244	1:00:58	303	0:01:53	230	0:13:08	1:43:07	0:39:30
260	5181		Doug Cuneo		SEN	Individual	263	0:25:04	180	0:01:04	264	1:03:36	101	0:00:38	222	0:12:53	1:43:15	0:39:38
261	5375		Oscar Escaleira		V1	Individual	172	0:22:21	317	0:02:17	274	1:05:18	291	0:01:41	180	0:12:03	1:43:40	0:40:03
262	5230		José Francisco Silveira		SEN	Individual	297	0:26:38	315	0:02:14	202	0:57:50	310	0:03:20	260	0:13:55	1:43:57	0:40:20
263	5412		Luis Filipe Castanhas		V2	Individual	301	0:26:55	304	0:01:59	230	0:59:44	271	0:01:25	259	0:13:54	1:43:57	0:40:20
264	5217		João Miguel Soares		SEN	Individual	296	0:26:38	291	0:01:52	209	0:58:18	309	0:03:14	262	0:13:57	1:43:59	0:40:22
265	5410		José Luis Correia		V2	Individual	205	0:23:03	116	0:00:48	269	1:04:34	173	0:00:51	284	0:14:55	1:44:11	0:40:34
266	5019		Ramiro Saldanha		V3	Individual	280	0:25:47	272	0:01:37	260	1:02:33	222	0:01:03	243	0:13:27	1:44:27	0:40:50
267	5431		Edgar Correia Valadas		V3	Individual	293	0:26:21	255	0:01:28	253	1:01:52	141	0:00:46	271	0:14:18	1:44:45	0:41:08
268	5418		Paulo Jorge Costa		V2	Individual	264	0:25:05	259	0:01:30	263	1:03:29	284	0:01:33	241	0:13:24	1:45:01	0:41:24
269	5381		Pedro Manuel Vieira		V1	Individual	254	0:24:43	206	0:01:10	270	1:04:36	195	0:00:56	251	0:13:44	1:45:09	0:41:32
270	5359		Jorge Alberto Lopes		V1	Individual	279	0:25:40	281	0:01:44	258	1:02:25	237	0:01:10	268	0:14:15	1:45:14	0:41:37
271	4008	818	José Rijo		V4	C.F. "Os Belenenses"	216	0:23:26	132	0:00:52	287	1:08:05	155	0:00:49	200	0:12:16	1:45:28	0:41:51
272	5237		Luís Alexandre Soldado		SEN	Individual	318	0:29:09	246	0:01:26	231	0:59:48	224	0:01:05	287	0:15:14	1:46:42	0:43:05
273	5261		Miguel Maria Silva		SEN	Individual	232	0:23:58	126	0:00:50	276	1:05:34	110	0:00:39	299	0:16:06	1:47:07	0:43:30
274	5143		André duarte teixeira		S23	Individual	189	0:22:38	185	0:01:05	288	1:08:23	276	0:01:28	263	0:13:58	1:47:32	0:43:55
275	5301		Pedro Miguel Couceiro		SEN	Individual	298	0:26:51	81	0:00:43	275	1:05:22	148	0:00:47	258	0:13:52	1:47:35	0:43:58
276	5295		Pedro Luis Neves		SEN	Individual	299	0:26:54	303	0:01:59	265	1:03:53	281	0:01:30	244	0:13:29	1:47:45	0:44:08
277	5338		Carlos Manuel Correia		V1	Individual	278	0:25:40	250	0:01:27	280	1:06:41	204	0:00:58	272	0:14:19	1:49:05	0:45:28
278	4100	871	Jaime Carmo		V4	Individual	187	0:22:36	110	0:00:47	304	1:13:36	151	0:00:47	146	0:11:29	1:49:15	0:45:38
279	5358		João Pedro Anjos		V1	Individual	237	0:24:08	216	0:01:13	294	1:10:13	158	0:00:49	273	0:14:19	1:50:42	0:47:05
280	5420		Paulo Manuel Morão		V2	Individual	238	0:24:09	219	0:01:13	295	1:10:21	168	0:00:50	266	0:14:11	1:50:44	0:47:07
281	5150		Tiago Miguel Carvalhinho		S23	Individual	257	0:24:53	248	0:01:27	282	1:07:29	177	0:00:52	301	0:16:10	1:50:51	0:47:14
282	5424		Rui António Sanches		V2	Individual									329	1:51:13	1:51:13	0:47:36
283	5402		João Carlos Carvalhinho		V2	Individual	304	0:27:21	82	0:00:43	290	1:08:27	88	0:00:36	285	0:14:56	1:52:03	0:48:26
284	5433		Joaquim Luis Costa		V3	Individual	308	0:27:50	285	0:01:46	277	1:05:59	300	0:01:49	282	0:14:45	1:52:09	0:48:32
285	5409		José António Correia		V2	Individual									330	1:52:33	1:52:33	0:48:56

CORRIDA								CICLISMO						CORRIDA				
5000 (MT)								18000 (KM)						2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
286	5215		João José Malaquias Lima		SEN	Individual	312	0:28:27	316	0:02:16	268	1:04:07	297	0:01:47	300	0:16:08	1:52:45	0:49:08
287	3315	2938	Mário Figueiredo		SEN	FidalBike	194	0:22:50	244	0:01:25	307	1:13:48	272	0:01:26	239	0:13:21	1:52:50	0:49:13
288	5148		Juan Buitrago		S23	Individual	295	0:26:35	160	0:00:58	297	1:11:07	107	0:00:39	269	0:14:16	1:53:35	0:49:58
289	5194		Filipe Arroyo Cardoso		SEN	Individual	250	0:24:41	296	0:01:55	285	1:07:49	308	0:02:12	307	0:17:04	1:53:41	0:50:04
290	5346		Fernando Antunes		V1	Individual	252	0:24:42	254	0:01:28	300	1:12:31	282	0:01:30	247	0:13:32	1:53:43	0:50:06
291	5302		Renato Manuel Silva		SEN	Individual	275	0:25:35	148	0:00:55	299	1:12:31	135	0:00:44	281	0:14:45	1:54:30	0:50:53
292	5234		José Nuno Prates		SEN	Individual	285	0:25:52	175	0:01:02	303	1:13:13	102	0:00:38	265	0:14:09	1:54:54	0:51:17
293	5158		António Emilio Paquete		SEN	Individual	317	0:29:09	124	0:00:50	291	1:08:30	208	0:00:59	303	0:16:21	1:55:49	0:52:12
294	5183		Duarte César Barcelos		SEN	Individual	288	0:26:03	107	0:00:47	308	1:13:54	190	0:00:55	270	0:14:17	1:55:56	0:52:19
295	5287		Paulo Sérgio Bailão		SEN	Individual	287	0:25:53	72	0:00:41	309	1:14:29	111	0:00:39	267	0:14:15	1:55:57	0:52:20
296	5198		George Rodriguez		SEN	Individual	274	0:25:32	308	0:02:00	15	0:37:50	314	0:38:07	215	0:12:38	1:56:07	0:52:30
297	5070		Luis Madeira		V1	Individual	281	0:25:47	274	0:01:38	298	1:11:33	312	0:03:44	246	0:13:31	1:56:13	0:52:36
298	5348		Flávio Vieira Simões		V1	Individual	314	0:28:49	325	0:02:41	283	1:07:38	285	0:01:34	291	0:15:38	1:56:20	0:52:43
299	5413		Luis Manuel Parro		V2	Individual	247	0:24:31	93	0:00:45	313	1:16:50	217	0:01:01	238	0:13:19	1:56:26	0:52:49
300	5304		Ricardo Filipe Garcia		SEN	Individual									331	1:56:47	1:56:47	0:53:10
301	5357		João Paulo Ferreira		V1	Individual	294	0:26:34	324	0:02:39	292	1:09:26	313	0:04:35	256	0:13:51	1:57:05	0:53:28
302	5408		José António Gonçalves		V2	Individual	311	0:28:01	187	0:01:05	301	1:12:42	149	0:00:47	278	0:14:30	1:57:05	0:53:28
303	5207		Hugo Ricardo Cardoso		SEN	Individual	303	0:27:20	312	0:02:09	289	1:08:25	305	0:02:07	308	0:17:22	1:57:23	0:53:46
304	5425		Rui Manuel Carvalho Silva		V2	Individual	284	0:25:51	251	0:01:27	311	1:15:42	233	0:01:09	254	0:13:47	1:57:56	0:54:19
305	5435		Paulo Ferreira Carvalho		V3	Individual	310	0:27:59	290	0:01:50	305	1:13:44	298	0:01:47	280	0:14:43	2:00:03	0:56:26
306	5257		Miguel Afonso Rosa		SEN	Individual	240	0:24:14	257	0:01:30	321	1:20:16	203	0:00:58	234	0:13:13	2:00:11	0:56:34
307	5392		Carlos Jorge Leal		V2	Individual	324	0:30:22	128	0:00:50	293	1:10:12	205	0:00:58	310	0:17:50	2:00:12	0:56:35
308	4044	813	Arsénio Facas		V4	Clube Ferroviário de Vendas Novas	302	0:27:14	211	0:01:12	306	1:13:48	277	0:01:29	311	0:18:06	2:01:49	0:58:12
309	5040		Tiago Costa		SEN	Individual	315	0:29:00	318	0:02:17	302	1:13:06	304	0:02:04	292	0:15:39	2:02:06	0:58:29
310	5024		Tiago Matos		SEN	Individual	289	0:26:11	305	0:01:59	314	1:17:12	206	0:00:58	294	0:15:47	2:02:07	0:58:30
311	5388		Vitor Belarmino Costa		V1	Individual	316	0:29:01	283	0:01:46	310	1:14:30	273	0:01:26	309	0:17:31	2:04:14	1:00:37
312	5229		José Francisco Dimas		SEN	Individual	166	0:22:13	190	0:01:06	325	1:27:20	201	0:00:58	233	0:13:11	2:04:48	1:01:11
313	5401		João Carlos Franca		V2	Individual	305	0:27:38	323	0:02:36	315	1:17:25	270	0:01:24	298	0:15:59	2:05:02	1:01:25
314	5256		Michel Gaspar da Costa		SEN	Individual	327	0:31:10	302	0:01:59	316	1:18:34	242	0:01:12	203	0:12:26	2:05:21	1:01:44
315	5436		Antonio Manuel Paiva		V4	Individual	328	0:33:21	279	0:01:41	296	1:10:41	251	0:01:13	314	0:18:38	2:05:34	1:01:57
316	5394		Carlos Manuel Rocha		V2	Individual	300	0:26:55	284	0:01:46	317	1:18:59	288	0:01:37	312	0:18:14	2:07:31	1:03:54
317	5275		Nuno Ricardo Carmo		SEN	Individual	321	0:29:37	119	0:00:49	322	1:20:35	210	0:00:59	293	0:15:47	2:07:47	1:04:10
318	5423		Ricardo Jorge Almeida		V2	Individual	323	0:30:08	326	0:02:49	312	1:16:13	307	0:02:11	305	0:16:45	2:08:06	1:04:29
319	5395		David Antunes Constantino		V2	Individual									332	2:08:23	2:08:23	1:04:46
320	5407		Antonio Pedro Santos		SEN	Individual	309	0:27:51	328	0:15:10	284	1:07:47	296	0:01:45	296	0:15:57	2:08:30	1:04:53
321	5167		Carlos Martins Silva		SEN	Individual	322	0:30:08	270	0:01:36	318	1:19:11	240	0:01:12	304	0:16:24	2:08:31	1:04:54
322	5385		Tom Hayoraff		V1	Individual	319	0:29:13	299	0:01:56	319	1:19:56	232	0:01:09	306	0:16:55	2:09:09	1:05:32

CORRIDA								CICLISMO						CORRIDA				
5000 (MT)								18000 (KM)						2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
323	5442		Vítor Manuel Fernandes		V4	Individual	325	0:30:48	228	0:01:16	320	1:20:08	234	0:01:09	302	0:16:16	2:09:37	1:06:00
324	5397		Fernando José Alves		V2	Individual	286	0:25:52	265	0:01:31	323	1:26:39	279	0:01:29	277	0:14:30	2:10:01	1:06:24
325	5255		Mário Rui Vilar		SEN	Individual	306	0:27:40	286	0:01:47	326	1:28:12	230	0:01:08	297	0:15:58	2:14:45	1:11:08
326	5157		António Carlos Guedes		SEN	Individual	326	0:31:10	301	0:01:59	324	1:26:51	207	0:00:59	313	0:18:20	2:19:19	1:15:42
327	5195		Filipe Brederode Silva		SEN	Individual	313	0:28:48	320	0:02:21	327	1:30:36	301	0:01:50	316	0:20:11	2:23:46	1:20:09
328	5384		Rui Noel Batista		V1	Individual	307	0:27:41	217	0:01:13	328	1:37:33	263	0:01:19	315	0:18:53	2:26:39	1:23:02
329	5336		Carlos Alberto Correia		V1	Individual									333	2:28:39	2:28:39	1:25:02
330	3223	2693	Fernando Conceição	DNF	SEN	Clube de Praças da Armada	173	0:22:24	222	0:01:15	2	-0:23:39						
331	4146	2843	João Paulo Dias	DNF	V1	Tri-Oeiras Sport Clube	52	0:18:53	94	0:00:46	12	-0:19:39						
332	5134		Fabio André Ricardo	DNF	JUN	Individual	119	0:21:00	159	0:00:58	8	-0:21:58						
333	5174		Celso Rodrigues Barja	DNF	SEN	Individual	245	0:24:23	256	0:01:29	1	-0:25:52						
334	5184		Eduardo Amorim	DNF	SEN	Individual	89	0:20:04	108	0:00:47	10	-0:20:51	315	1:48:33	2	-1:48:33		
335	5248		Manuel Jorge Julio	DNF	SEN	Individual	61	0:19:19	151	0:00:56	11	-0:20:15						
336	5283		Paulo Jorge Oliveira	DNF	SEN	Individual	133	0:21:24	225	0:01:16	249	1:01:12	311	0:03:26	3	-1:27:18		
337	5285		Paulo Miguel Trindade	DNF	SEN	Individual	128	0:21:15	141	0:00:53	7	-0:22:08						
338	5320		Samuel Alexandre Teles	DNF	SEN	Individual	160	0:22:01	198	0:01:08	3	-0:23:09						
339	5360		Jorge Alexandre Monteiro	DNF	V1	Individual	107	0:20:46	91	0:00:45	9	-0:21:31						
340	5396		Fernando Albano Henriques	DNF	V2	Individual	143	0:21:33	130	0:00:51	6	-0:22:24	316	1:48:34	1	-1:48:34		
341	5444		Gonçalo Santa Ramalho	DNF	SEN	Individual	176	0:22:26	232	0:01:18	82	0:49:15	171	0:00:50	4	-1:13:49		
342	5087		Pedro Veiga	DNF	SEN	Individual	146	0:21:34	167	0:01:00	4	-0:22:34						
343	5092	2510	João Quitério	DNF	SEN	G. A. A. Vila Franca de Xira	135	0:21:24	196	0:01:07	5	-0:22:31						
344	3182	580	Alexandre Ventura	DNS	SEN	C.N. Cartaxo												
345	4032	769	Carlos Gomes	DNS	V2	Tri-Oeiras Sport Clube												
346	3073	635	Claudio Nogueira	DNS	SEN	Individual												
347	3316	368	Edgar Martins	DNS	SEN	C.N. Cartaxo												
348	4122	776	Fernando Teixeira	DNS	V2	Clube Ferroviário de Vendas Novas												
349	3226	2696	Gonçalo Catarino	DNS	SEN	Individual												
350	1045	222	João Amaral	DNS	JUN	C.N. Cartaxo												
351	1052	2563	João Pedro Silva	DNS	JUN	HALCON - Olímpico de Oeiras												
352	3121	2510	João Quitério	DNS	SEN	G. A. A. Vila Franca de Xira												
353	3257	2774	João Troca	DNS	SEN	Porto Runners												
354	3089	523	Jorge Rodrigues	DNS	SEN	C.N. Cartaxo												
355	4149	505	José Ribeiro	DNS	V1	SR Camamal-Ika												
356	1085	55	Miguel Henriques	DNS	JUN	C.N. Cartaxo												
357	3196	382	Nelson Silva	DNS	SEN	HALCON - Olímpico de Oeiras												
358	2055	2699	Rui Pisco	DNS	S23	Clube Ferroviário de Vendas Novas												
359	3170	2562	Rui Simões	DNS	SEN	Alhandra Sporting Clube												

CORRIDA								CICLISMO						CORRIDA				
5000 (MT) Temperatura Agua:								18000 (KM)						2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
360	5139		Miguel alexandre silvestre	DNS	JUN	Individual												
361	5144		Bruno sousa santos	DNS	S23	Individual												
362	5146		João José Silva	DNS	S23	Individual												
363	5147		Jorge Manuel Neves	DNS	S23	Individual												
364	5151		Alcides Lopes Freire	DNS	SEN	Individual												
365	5152		Alexandre Miguel Tremoceiro	DNS	SEN	Individual												
366	5154		Amâncio Nuno Santos	DNS	SEN	Individual												
367	5159		António Francisco Chevalbaq	DNS	SEN	Individual												
368	5163		Antonio Miguel Ferreira	DNS	SEN	Individual												
369	5172		Carlos Miguel Rodrigues	DNS	SEN	Individual												
370	5176		Dalton Amaral Souza	DNS	SEN	Individual												
371	5177		Daniel Vidal	DNS	SEN	Individual												
372	5180		Davide Gomes	DNS	SEN	Individual												
373	5182		Duarte Augusto Gonçalves	DNS	SEN	Individual												
374	5185		Eduardo Filipe Ferreira	DNS	SEN	Individual												
375	5186		Élio Macieira Barreira	DNS	SEN	Individual												
376	5189		Fernando Jorge Serol Alves	DNS	SEN	Individual												
377	5190		Fernando José Palma	DNS	SEN	Individual												
378	5191		Fernando Manuel Duarte	DNS	SEN	Individual												
379	5203		Honorio Manuel Teixeira	DNS	SEN	Individual												
380	5211		Joao Filipe Neves Marques	DNS	SEN	Individual												
381	5212		João Filipe Sequeira	DNS	SEN	Individual												
382	5213		João Helder Afonso	DNS	SEN	Individual												
383	5220		João Pedro Guilherme Sobral	DNS	SEN	Individual												
384	5223		Jorge Manuel Pereira	DNS	SEN	Individual												
385	5224		Jorge Manuel Neves	DNS	SEN	Individual												
386	5225		Jorge Mendes Ramos	DNS	SEN	Individual												
387	5226		Jorge Miguel Matias de Carva	DNS	SEN	Individual												
388	5228		José Eduardo Pinto Conde	DNS	SEN	Individual												
389	5231		Jose Joao Alvarez	DNS	SEN	Individual												
390	5236		Luciano Santana da Silva	DNS	SEN	Individual												
391	5238		Luis Carlos Ribeiro Rosa	DNS	SEN	Individual												
392	5239		Luís Fernando Augusto	DNS	SEN	Individual												
393	5241		Luis M.S.A. Coelho	DNS	SEN	Individual												
394	5242		Luís Miguel da Cruz Guerreir	DNS	SEN	Individual												
395	5244		Luis Miguel Nobre Guerreiro	DNS	SEN	Individual												
396	5245		Luis Norberto M Meirinho	DNS	SEN	Individual												

CORRIDA									CICLISMO					CORRIDA				
5000 (MT) Temperatura Agua:									18000 (KM)					2500 (MT)				
LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
397	5253		Mário José Patinha Reis	DNS	SEN	Individual												
398	5258		Miguel Filipe Menezes	DNS	SEN	Individual												
399	5260		Miguel Jose Horta	DNS	SEN	Individual												
400	5262		Miguel Pinto Moura	DNS	SEN	Individual												
401	5263		Nelson Jesus Santos	DNS	SEN	Individual												
402	5266		Nuno Gonçalo Lopes	DNS	SEN	Individual												
403	5267		Nuno Joao Matias	DNS	SEN	Individual												
404	5268		Nuno Miguel Cruz	DNS	SEN	Individual												
405	5271		Nuno Miguel Oliveira	DNS	SEN	Individual												
406	5280		Paulo Geoge Ferreira	DNS	SEN	Individual												
407	5281		Paulo Jorge Jorge	DNS	SEN	Individual												
408	5282		Paulo Jorge Sequeira	DNS	SEN	Individual												
409	5290		Pedro Jorge Pires	DNS	SEN	Individual												
410	5293		Pedro Jose Afonso	DNS	SEN	Individual												
411	5294		Pedro José Lebaneo	DNS	SEN	Individual												
412	5296		Pedro Manuel Ribeiro	DNS	SEN	Individual												
413	5299		Pedro Miguel Silva	DNS	SEN	Individual												
414	5303		Ricardo António Silva	DNS	SEN	Individual												
415	5309		Rodolfo Alexandre Rapaz	DNS	SEN	Individual												
416	5313		Rui Miguel Mendes Silva	DNS	SEN	Individual												
417	5314		Rui Miguel Gonçalves	DNS	SEN	Individual												
418	5316		Rui Paulo Monteiro	DNS	SEN	Individual												
419	5317		Rui Pereira da Silva	DNS	SEN	Individual												
420	5326		Tiago Grilo Freitas	DNS	SEN	Individual												
421	5328		Valter Ricardo Leite	DNS	SEN	Individual												
422	5329		Vasco Nuno Brinca	DNS	SEN	Individual												
423	5331		Abilio Silva	DNS	V1	Individual												
424	5335		Augusto Nuno Santos	DNS	V1	Individual												
425	5339		Carlos Manuel Pereira	DNS	V1	Individual												
426	5340		Carlos Manuel Rodrigues	DNS	V1	Individual												
427	5347		Fernando Lopes	DNS	V1	Individual												
428	5352		Hugo Alexandre Luz	DNS	V1	Individual												
429	5354		Jesus Paz Sanz	DNS	V1	Individual												
430	5356		João Paulo Ramos	DNS	V1	Individual												
431	5362		José António Fragoso	DNS	V1	Individual												
432	5365		Jose Fernando Pacheco	DNS	V1	Individual												
433	5366		José Miguel Almeida	DNS	V1	Individual												

Resultados

CORRIDA								CICLISMO						CORRIDA				
5000 (MT) Temperatura Agua:								18000 (KM)						2500 (MT)				
LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
434	5369		Luis Artur Gomes	DNS	V1	Individual												
435	5374		Miguel Lourenço	DNS	V1	Individual												
436	5382		Pedro Soutelinho Ribeiro	DNS	V1	Individual												
437	5383		Ruben Oliveira	DNS	V1	Individual												
438	5393		Carlos José Santos	DNS	V2	Individual												
439	5403		Joao Manuel Lopes	DNS	V2	Individual												
440	5414		Luis Vicente Barroso	DNS	V2	Individual												
441	5422		Pedro Miguel Araújo	DNS	V2	Individual												
442	5427		Antonio Manuel Filipe	DNS	V3	Individual												
443	5430		Dinis Pinto dos Santos	DNS	V3	Individual												
444	5437		António Paulo Cordeiro	DNS	V4	Individual												
445	5440		José de Moura Branco	DNS	V4	Individual												
446	5443		Alexandre Pedro Silva	DNS	SEN	Individual												
447	5466		Helder Verissimo	DNS	V4	Individual												
448	5048		Joel da Cruz	DNS	V1	Individual												
449	5042		Pedro Daniel V Alves	DNS	SEN	Individual												