

I DUATLO BTT DO JAMOR

CLASSIFICAÇÃO INDIVIDUAL ABSOLUTA

Resultados

Localidade:	OEIRAS	Distância CORRI (MT): CICLIS (KM) CORRI (MT):	5000/18000/2500
Data:	04-02-2007	Hora de começo:	10h00m

Informação

Delegado técnico:	ARTUR PARREIRA	Juiz Principal:	PALMIRA RAMOS
Pontuável para:	Circuito Nacional	Juri de apelo:	ARTUR PARREIRA

Temperatura Agua:						CORRIDA 5000 (MT)				CICLISMO 18000 (KM)				CORRIDA 2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
1	3117	486	Lino Barruncho		SEN	HALCON - Olímpico de Oeiras	1	0:15:24	1	0:00:21	19	0:39:31	4	0:00:23	5	0:07:58	1:03:37	0:00:00
2	3016	575	Bruno Pais		SEN	HALCON - Olímpico de Oeiras	2	0:15:46	2	0:00:23	21	0:41:40	30	0:00:29	6	0:08:11	1:06:29	0:02:52
3	4027	508	Alcino Serras		V1	SR Camarnal-Ika	6	0:16:20	60	0:00:39	20	0:41:19	29	0:00:29	13	0:08:39	1:07:26	0:03:49
4	3071	532	Luis Manuel Almeida		SEN	HALCON - Olímpico de Oeiras	4	0:16:07	4	0:00:25	25	0:42:55	2	0:00:22	7	0:08:13	1:08:02	0:04:25
5	1011	102	José Estrangeiro		JUN	HALCON - Olímpico de Oeiras	7	0:16:20	3	0:00:25	24	0:42:27	61	0:00:32	9	0:08:25	1:08:09	0:04:32
6	2070	2695	João José Pereira		S23	Alhandra Sporting Clube	5	0:16:18	6	0:00:27	23	0:42:23	1	0:00:19	17	0:08:49	1:08:16	0:04:39
7	3291	364	Duarte Marques		SEN	SR Camarnal-Ika	9	0:16:21	15	0:00:30	22	0:42:13	31	0:00:29	20	0:08:52	1:08:25	0:04:48
8	3292	2852	José Carvalho Silva		SEN	SR Camarnal-Ika	3	0:16:01	41	0:00:35	26	0:43:18	129	0:00:40	11	0:08:34	1:09:08	0:05:31
9	1020	179	Miguel Arraiolos		JUN	HALCON - Olímpico de Oeiras	10	0:16:28	16	0:00:30	30	0:44:18	51	0:00:31	8	0:08:18	1:10:05	0:06:28
10	3039	507	Custódio António		SEN	SR Camarnal-Ika	21	0:17:26	13	0:00:29	33	0:44:27	48	0:00:31	10	0:08:31	1:11:24	0:07:47
11	3214	2684	Miguel Ganchinho		SEN	Tri-Oeiras Sport Clube	17	0:17:15	19	0:00:31	34	0:44:33	20	0:00:27	14	0:08:41	1:11:27	0:07:50
12	3000	484	Paulo Pais		SEN	Tri-Oeiras Sport Clube	20	0:17:25	104	0:00:45	44	0:45:32	151	0:00:45	28	0:09:17	1:13:44	0:10:07
13	1054	2570	Vasco Pessoa		JUN	HALCON - Olímpico de Oeiras	12	0:16:40	11	0:00:28	41	0:45:13	53	0:00:31	30	0:09:22	1:12:14	0:08:37
14	3049	475	Sérgio Dias		SEN	Tri-Oeste -Clube de Triatlo do Oeste	15	0:17:00	68	0:00:40	43	0:45:24	75	0:00:33	15	0:08:45	1:12:22	0:08:45
15	5405		João Paulo Marques		V2	Individual	39	0:18:24	72	0:00:40	27	0:43:25	137	0:00:41	47	0:09:45	1:12:55	0:09:18
16	3285	2840	Hugo Ferreira		SEN	Tri-Oeiras Sport Clube	20	0:17:25	104	0:00:45	44	0:45:32	151	0:00:45	28	0:09:17	1:13:44	0:10:07
17	4058	520	António Catarino		V1	C.N. Cartaxo	36	0:18:23	157	0:00:52	35	0:44:34	126	0:00:39	43	0:09:37	1:14:05	0:10:28
18	3247	2734	António Henriques		SEN	SR Camarnal-Ika	48	0:18:46	137	0:00:50	29	0:44:11	208	0:00:55	32	0:09:24	1:14:06	0:10:29
19	4148	497	Pedro Cordeiro		V1	Tri-Oeste -Clube de Triatlo do Oeste	65	0:19:22	218	0:01:08	28	0:43:43	74	0:00:33	35	0:09:27	1:14:13	0:10:36
20	5376		Paulo Alexandre Pais		V1	Individual	41	0:18:26	71	0:00:40	40	0:45:08	44	0:00:30	40	0:09:30	1:14:14	0:10:37
21	5371		Luis Serrazina		V1	Individual	27	0:18:07	206	0:01:05	38	0:45:04	116	0:00:38	37	0:09:28	1:14:22	0:10:45
22	5136		Ivo Alexandre Pais		JUN	Individual	31	0:18:13	140	0:00:50	36	0:44:54	200	0:00:53	50	0:09:48	1:14:38	0:11:01
23	3000	717	Vitor Santos		SEN	Individual	26	0:18:03	12	0:00:28	51	0:46:33	27	0:00:28	25	0:09:11	1:14:43	0:11:06
24	4062	802	Carlos Cabrita		V3	S. R. Toreense	51	0:18:50	25	0:00:33	39	0:45:05	104	0:00:37	52	0:09:55	1:15:00	0:11:23
25	1095	2522	João Amorim		JUN	Alhandra Sporting Clube	16	0:17:11	5	0:00:26	61	0:47:41	12	0:00:25	29	0:09:18	1:15:01	0:11:24
26	3284	352	Pedro Gomes		SEN	Tri-Oeiras Sport Clube	13	0:16:42	14	0:00:29	75	0:48:53	17	0:00:26	12	0:08:34	1:15:04	0:11:27

Médias: 0:22:24 0:01:08 0:53:55 0:01:40 0:15:26

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA				
						5000 (MT)				18000 (KM)				2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
27	3013	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	28	0:18:13	66	0:00:40	47	0:46:00	138	0:00:42	39	0:09:30	1:15:05	0:11:28
28	3197	2640	Délio Ferreira		SEN	Tri-Oeste -Clube de Triatlo do Oeste	14	0:16:43	29	0:00:34	69	0:48:33	10	0:00:25	21	0:08:54	1:15:09	0:11:32
29	2003	417	Rui Dolores		S23	Amiciclo	47	0:18:40	101	0:00:44	42	0:45:14	64	0:00:32	60	0:10:00	1:15:10	0:11:33
30	5218		João Paulo Oliveira		SEN	Individual	74	0:19:35	86	0:00:42	31	0:44:19	140	0:00:42	78	0:10:18	1:15:36	0:11:59
31	3293	2853	Henrique Santos		SEN	SR Camarnal-Ika	11	0:16:32	44	0:00:36	81	0:49:10	39	0:00:30	19	0:08:51	1:15:39	0:12:02
32	3090	636	Paulo Queirós Gonçalves		SEN	C.N. Cartaxo	19	0:17:24	26	0:00:33	76	0:48:54	7	0:00:24	18	0:08:49	1:16:04	0:12:27
33	5131		David Gonçalo Pantana		JUN	Individual	44	0:18:36	135	0:00:49	45	0:45:54	88	0:00:35	70	0:10:13	1:16:07	0:12:30
34	3198	295	Ricardo Teixeira		SEN	Tri-Oeste -Clube de Triatlo do Oeste	33	0:18:15	118	0:00:47	53	0:46:47	63	0:00:32	55	0:09:56	1:16:17	0:12:40
35	3264	2799	Manuel Alves		SEN	C.F. "Os Belenenses"	40	0:18:25	109	0:00:46	50	0:46:25	111	0:00:38	97	0:10:36	1:16:50	0:13:13
36	1063	52	Ruben Costa		JUN	Clube de Nataçao Colégio Vasco da Gama	8	0:16:20	119	0:00:47	17	-0:17:07			339	1:17:13	1:17:13	0:13:36
37	4059	800	Fernando Feijão		V3	HALCON - Olímpico de Oeiras	37	0:18:24	117	0:00:47	62	0:47:48	128	0:00:40	46	0:09:40	1:17:19	0:13:42
38	3183	2589	Ricardo Figueira Silva		SEN	C.F. "Os Belenenses"	59	0:19:08	151	0:00:52	52	0:46:36	204	0:00:54	51	0:09:53	1:17:23	0:13:46
39	5140		Pedro Nuno Duarte		JUN	Individual									340	1:17:27	1:17:27	0:13:50
40	3300	2871	Nélson Santos		SEN	Associação Recreativa Social e Cultural de Teledo	24	0:17:43	32	0:00:34	89	0:49:37	6	0:00:24	24	0:09:10	1:17:28	0:13:51
41	3102	662	Alexandre Feliz		SEN	Tri-Oeste -Clube de Triatlo do Oeste	58	0:19:06	172	0:00:57	54	0:47:03	72	0:00:33	58	0:09:58	1:17:37	0:14:00
42	2017	274	Vanessa Fernandes		S23	Sport Lisboa e Benfica	18	0:17:15	79	0:00:41	100	0:50:27	65	0:00:32	16	0:08:47	1:17:42	0:14:05
43	3244	2735	Carlos Fernandes		SEN	Tri-Oeiras Sport Clube	30	0:18:13	88	0:00:43	85	0:49:12	47	0:00:31	22	0:09:04	1:17:43	0:14:06
44	3113	579	Duarte Barreto		SEN	C.N. Cartaxo	78	0:19:42	87	0:00:42	55	0:47:03	71	0:00:32	48	0:09:45	1:17:44	0:14:07
45	5096	504	Paulo Marques		SEN	Clube de Praças da Armada	23	0:17:32	199	0:01:03	16	-0:18:35			341	1:17:50	1:17:50	0:14:13
46	4060	762	António Moura		V2	C.N. Cartaxo	43	0:18:35	116	0:00:47	72	0:48:42	58	0:00:32	34	0:09:27	1:18:03	0:14:26
47	3201	2644	Tiago Fragata		SEN	Associação Recreativa Social e Cultural de Teledo	69	0:19:29	133	0:00:49	56	0:47:06	81	0:00:34	66	0:10:09	1:18:07	0:14:30
48	3150	2452	Ernesto Caniço		SEN	Ribabike / Associação dos 20 Km de Almassim	87	0:20:01	96	0:00:44	46	0:45:57	105	0:00:37	119	0:10:57	1:18:16	0:14:39
49	4074	458	Pedro Marques		V1	Associação Recreativa Social e Cultural de Teledo	97	0:20:19	208	0:01:06	49	0:46:18	112	0:00:38	57	0:09:57	1:18:18	0:14:41
50	1086	2722	Carlos Alberto Costa		JUN	Amiciclo	29	0:18:13	75	0:00:41	71	0:48:41	110	0:00:38	75	0:10:17	1:18:30	0:14:53
51	3282	2839	Márcio Neves		SEN	Individual	49	0:18:48	50	0:00:37	66	0:48:19	15	0:00:26	100	0:10:38	1:18:48	0:15:11
52	1102	2854	Rui Mesquita Pereira		JUN	União Desportiva da Chamusca	61	0:19:13	90	0:00:43	65	0:48:01	113	0:00:38	80	0:10:20	1:18:55	0:15:18
53	4013	648	Miguel Fragoso		V1	HALCON - Olímpico de Oeiras	46	0:18:38	162	0:00:54	82	0:49:10	180	0:00:50	33	0:09:24	1:18:56	0:15:19
54	3147	604	Pedro Bento		SEN	Ribabike / Associação dos 20 Km de Almassim	103	0:20:36	146	0:00:51	48	0:46:17	94	0:00:36	121	0:11:01	1:19:21	0:15:44
55	5416		Mário Alberto Sousa		V2	Individual	70	0:19:29	175	0:00:57	63	0:47:55	168	0:00:47	76	0:10:17	1:19:25	0:15:48
56	3295	2856	João Sousa Ferreira		SEN	Clube de Praças da Armada	57	0:19:03	198	0:01:03	84	0:49:11	146	0:00:43	36	0:09:27	1:19:27	0:15:50
57	5307		Ricardo Nuno Figaredo		SEN	Individual	114	0:20:51	312	0:01:47	37	0:44:59	279	0:01:16	124	0:11:02	1:19:55	0:16:18
58	2061	256	Carlos Gaspar		S23	Ginásio Clube de Sines	56	0:19:02	222	0:01:09	67	0:48:21	139	0:00:42	107	0:10:45	1:19:59	0:16:22
59	5164		Artur Manuel Batista		SEN	Individual	93	0:20:10	153	0:00:52	68	0:48:23	154	0:00:45	56	0:09:56	1:20:06	0:16:29
60	3304	2892	Ivan Pinto da Silva		SEN	Clube Triatlo de Perosinho	105	0:20:39	139	0:00:50	60	0:47:36	73	0:00:33	93	0:10:32	1:20:10	0:16:33
61	1117	2896	Hugo Ventura		JUN	Triathlon Lamego Club	67	0:19:27	9	0:00:28	80	0:49:07	14	0:00:26	129	0:11:07	1:20:35	0:16:58
62	5161		António José Amorim		SEN	Individual	42	0:18:32	54	0:00:37	109	0:51:12	3	0:00:22	54	0:09:55	1:20:38	0:17:01
63	4072	752	Renato Fidalgo		V2	A.D.C.R. Painho	92	0:20:10	166	0:00:55	73	0:48:46	118	0:00:39	73	0:10:16	1:20:46	0:17:09

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA				
						5000 (MT)				18000 (KM)				2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
64	3224	655	Daniel Trindade		SEN	Casa Benfica Faro/GASCAN	34	0:18:17	271	0:01:27	111	0:51:19	160	0:00:47	27	0:09:17	1:21:07	0:17:30
65	2050	2523	Noé Dias		S23	Casa do Povo de Mouriscas	54	0:18:54	110	0:00:46	93	0:49:59	147	0:00:44	110	0:10:47	1:21:10	0:17:33
66	5319		Rui Vasco Medina		SEN	Individual	55	0:19:01	239	0:01:12	95	0:50:02	198	0:00:52	65	0:10:04	1:21:11	0:17:34
67	3225	2694	Rui Ferreira		SEN	C.F. "Os Belenenses"	79	0:19:49	224	0:01:10	90	0:49:47	134	0:00:41	49	0:09:48	1:21:15	0:17:38
68	3001	627	Paulo Teles		SEN	G. A. A. Vila Franca de Xira	81	0:19:52	189	0:01:01	87	0:49:21	130	0:00:40	88	0:10:26	1:21:20	0:17:43
69	4087	646	Manuel Batista		V1	G. A. A. Vila Franca de Xira	73	0:19:33	18	0:00:31	105	0:50:54	50	0:00:31	53	0:09:55	1:21:24	0:17:47
70	3086	649	Luis Guerreiro		SEN	Individual	63	0:19:19	148	0:00:51	94	0:50:00	170	0:00:47	96	0:10:35	1:21:32	0:17:55
71	3241	2718	Nuno Tintim		SEN	Individual	35	0:18:18	98	0:00:44	129	0:52:52	93	0:00:36	26	0:09:12	1:21:42	0:18:05
72	1105	35	João Serrano		JUN	C.N. Cartaxo	32	0:18:14	10	0:00:28	59	0:47:25	49	0:00:31	311	0:15:37	1:22:15	0:18:38
73	5129		Carlos Rafael Alves		JUN	Individual	125	0:21:02	225	0:01:10	57	0:47:08	218	0:00:58	220	0:12:36	1:22:54	0:19:17
74	5349		Francisco Palma Gomes		V1	Individual	77	0:19:37	48	0:00:36	113	0:51:28	99	0:00:36	103	0:10:41	1:22:58	0:19:21
75	5165		Bruno Miguel Fernandes		SEN	Individual	129	0:21:06	190	0:01:01	64	0:47:58	244	0:01:05	183	0:11:58	1:23:08	0:19:31
76	3148	653	José Rodrigues		SEN	Ribabike / Associação dos 20 Km de Alenquer	154	0:21:36	204	0:01:05	74	0:48:50	179	0:00:50	114	0:10:51	1:23:12	0:19:35
77	4075	751	José Peixoto		V2	A.D.C.R. Painho	80	0:19:50	58	0:00:38	120	0:52:14	79	0:00:34	62	0:10:02	1:23:18	0:19:41
78	3101	457	Nuno Almeida		SEN	A.D.C.R. Painho	124	0:21:02	42	0:00:35	104	0:50:49	25	0:00:28	85	0:10:24	1:23:18	0:19:41
79	5370		Luis Carlos Dinis		V1	Individual	130	0:21:06	221	0:01:08	70	0:48:40	211	0:00:55	164	0:11:38	1:23:27	0:19:50
80	5333		António Manuel Aguiar		V1	Individual	25	0:17:56	83	0:00:41	150	0:54:06	157	0:00:45	71	0:10:14	1:23:42	0:20:05
81	3023	669	Paulo Robalo		SEN	Alhandra Sporting Clube	50	0:18:49	22	0:00:32	155	0:54:17	21	0:00:27	45	0:09:39	1:23:44	0:20:07
82	5334		António Manuel Samora		V1	Individual	123	0:21:01	7	0:00:27	110	0:51:13	43	0:00:30	94	0:10:34	1:23:45	0:20:08
83	5210		João Domingos Sanona		SEN	Individual									342	1:23:49	1:23:49	0:20:12
84	5411		Luis Filipe Pereira		V2	Individual	146	0:21:30	73	0:00:40	83	0:49:10	271	0:01:13	147	0:11:23	1:23:56	0:20:19
85	4129	2740	João Hipólito		V1	Alhandra Sporting Clube	131	0:21:07	263	0:01:23	77	0:48:56	256	0:01:10	144	0:11:21	1:23:57	0:20:20
86	5434		Lucas Domingos Delgado		V3	Individual									343	1:23:58	1:23:58	0:20:21
87	3281	2838	Hélder Gonçalves Ribeiro		SEN	Individual	111	0:20:49	237	0:01:12	91	0:49:50	247	0:01:06	133	0:11:09	1:24:06	0:20:29
88	3004	485	Bruno Silva		SEN	G. A. A. Vila Franca de Xira	101	0:20:33	17	0:00:31	124	0:52:37	5	0:00:24	63	0:10:03	1:24:08	0:20:31
89	5291		Pedro Jorge Pinho		SEN	Individual	76	0:19:37	164	0:00:54	118	0:52:07	190	0:00:51	104	0:10:42	1:24:11	0:20:34
90	3120	720	Mário Couto		SEN	G. A. A. Vila Franca de Xira	83	0:19:54	51	0:00:37	138	0:53:18	24	0:00:28	61	0:10:01	1:24:18	0:20:41
91	5322		Sandra Ramos Araújo		SEN	Individual	177	0:22:18	160	0:00:53	79	0:48:59	125	0:00:39	152	0:11:29	1:24:18	0:20:41
92	3142	2526	Pedro Figueira		SEN	Ribabike / Associação dos 20 Km de Alenquer	107	0:20:45	99	0:00:44	112	0:51:21	131	0:00:40	116	0:10:53	1:24:23	0:20:46
93	5274		Nuno Miguel Jorge		SEN	Individual	127	0:21:03	258	0:01:19	78	0:48:56	202	0:00:53	209	0:12:15	1:24:26	0:20:49
94	5372		Luis Henrique Fontes		V1	Individual	128	0:21:04	211	0:01:06	103	0:50:47	77	0:00:33	120	0:10:58	1:24:28	0:20:51
95	1106	37	Fabricao Tomás		JUN	C.N. Cartaxo	52	0:18:52	8	0:00:28	158	0:54:34	19	0:00:27	68	0:10:12	1:24:33	0:20:56
96	3310	2928	Rui Monteiro		SEN	Individual	224	0:23:13	203	0:01:04	58	0:47:24	207	0:00:54	192	0:12:08	1:24:43	0:21:06
97	3035	723	Carlos Branco		SEN	Clube de Praças da Armada	136	0:21:18	56	0:00:38	119	0:52:10	45	0:00:31	67	0:10:10	1:24:47	0:21:10
98	3140	4615	Jorge Vieira		SEN	Tri-Oeiras Sport Clube	86	0:20:00	161	0:00:54	128	0:52:52	171	0:00:48	82	0:10:23	1:24:57	0:21:20
99	5426		Vitor Manuel Pinho		V2	Individual	184	0:22:26	36	0:00:34	98	0:50:21	35	0:00:29	131	0:11:07	1:24:57	0:21:20
100	4142	492	Carlos Reis		V1	FidalBike	66	0:19:25	173	0:00:57	142	0:53:40	212	0:00:56	64	0:10:04	1:25:02	0:21:25

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA				
						5000 (MT)				18000 (KM)				2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
101	5391		Antonio Manoel Clara		V2	Individual	106	0:20:44	35	0:00:34	127	0:52:50	70	0:00:32	87	0:10:24	1:25:04	0:21:27
102	5386		Virgílio José Antunes		V1	Individual									344	1:25:18	1:25:18	0:21:41
103	3095	748	José Gonçalves		SEN	Triathlon Lamego Club	68	0:19:28	30	0:00:34	176	0:55:29	13	0:00:25	42	0:09:33	1:25:29	0:21:52
104	1094	20	Bruno Pereira		JUN	Alhandra Sporting Clube	71	0:19:30	24	0:00:33	130	0:52:53	9	0:00:25	194	0:12:11	1:25:32	0:21:55
105	3146	603	Victor Rodrigues		SEN	Ribabike / Associação dos 20 Km de Almeirim	150	0:21:34	192	0:01:02	99	0:50:26	213	0:00:56	167	0:11:42	1:25:40	0:22:03
106	5298		Pedro Miguel Lucas		SEN	Individual	113	0:20:50	227	0:01:10	117	0:52:06	264	0:01:12	90	0:10:29	1:25:47	0:22:10
107	3043	511	Horácio Ferreira		SEN	Tri-Oeiras Sport Clube	145	0:21:29	40	0:00:35	133	0:52:59	11	0:00:25	92	0:10:32	1:26:00	0:22:23
108	5246		Manuel A F. Domingues		SEN	Individual									345	1:26:03	1:26:03	0:22:26
109	5169		Carlos Diogo Branco Lima		SEN	Individual	169	0:22:08	180	0:00:58	101	0:50:32	155	0:00:45	168	0:11:42	1:26:05	0:22:28
110	5284		Paulo Jose Lopes		SEN	Individual	171	0:22:11	202	0:01:04	106	0:50:54	230	0:00:59	122	0:11:01	1:26:09	0:22:32
111	4089	768	Jorge Duarte		V2	Tri-Oeiras Sport Clube	195	0:22:34	168	0:00:56	96	0:50:07	199	0:00:53	172	0:11:49	1:26:19	0:22:42
112	5250		Marco Paulo Carreira		SEN	Individual	120	0:20:59	257	0:01:19	122	0:52:28	221	0:00:58	99	0:10:37	1:26:21	0:22:44
113	5222		Joel Tiago Pena		SEN	Individual	244	0:23:53	115	0:00:46	88	0:49:24	109	0:00:37	170	0:11:42	1:26:22	0:22:45
114	5415		Manuel Vieira Valente		V2	Individual	94	0:20:12	123	0:00:47	134	0:53:02	23	0:00:27	178	0:11:55	1:26:23	0:22:46
115	3119	638	Paulo Calixto		SEN	G. A. A. Vila Franca de Xira	96	0:20:13	20	0:00:31	143	0:53:45	16	0:00:26	151	0:11:29	1:26:24	0:22:47
116	4000	798	Olimpio Guedelha		V3	G. A. A. Vila Franca de Xira	108	0:20:46	46	0:00:36	157	0:54:33	62	0:00:32	59	0:09:58	1:26:25	0:22:48
117	5085		Carlos Farófia		SEN	Individual	85	0:19:55	284	0:01:30	140	0:53:36	266	0:01:12	69	0:10:12	1:26:25	0:22:48
118	3258	2783	José Apolinário Teixeira		SEN	Clube Triatlo de Perosinho	91	0:20:09	181	0:01:00	148	0:53:59	238	0:01:02	81	0:10:21	1:26:31	0:22:54
119	5088	12	Bárbara Clemente		JUN	HALCON - Olímpico de Oeiras	98	0:20:22	21	0:00:32	12	-0:20:54			346	1:26:33	1:26:33	0:22:56
120	5142		William da Silva Lemos		JUN	Individual	84	0:19:54	193	0:01:02	161	0:54:56	34	0:00:29	72	0:10:15	1:26:36	0:22:59
121	5233		José Nelson Narciso		SEN	Individual	110	0:20:48	244	0:01:14	131	0:52:53	228	0:00:59	108	0:10:45	1:26:39	0:23:02
122	3100	706	Luis Cipriano		SEN	A.D.C.R. Painho	64	0:19:20	31	0:00:34	192	0:56:40	40	0:00:30	44	0:09:39	1:26:43	0:23:06
123	5259		Miguel Gayoso Suárez		SEN	Individual	176	0:22:17	226	0:01:10	107	0:51:06	232	0:01:01	140	0:11:17	1:26:51	0:23:14
124	4166	2931	José Maria Santos		V2	Clube Ferroviário de Vendas Novas	158	0:21:48	177	0:00:58	114	0:51:39	267	0:01:13	146	0:11:23	1:27:01	0:23:24
125	3094	708	Pedro Fernandes		SEN	ABV Estoris	119	0:20:57	127	0:00:48	145	0:53:46	182	0:00:50	113	0:10:49	1:27:10	0:23:33
126	5179		David José Moutinho		SEN	Individual	60	0:19:11	59	0:00:38	205	0:57:37	8	0:00:24	31	0:09:22	1:27:12	0:23:35
127	5235		Leandro Fernandes Pinto		SEN	Individual	166	0:21:58	33	0:00:34	147	0:53:53	56	0:00:31	79	0:10:18	1:27:14	0:23:37
128	5323		Sandro Miguel Galvão		SEN	Individual	221	0:23:05	259	0:01:20	102	0:50:46	246	0:01:05	130	0:11:07	1:27:23	0:23:46
129	5205		Hugo Carvalho da Silva		SEN	Individual	165	0:21:57	209	0:01:06	116	0:52:04	219	0:00:58	148	0:11:25	1:27:30	0:23:53
130	5092		Ricardo Jorge S Ferraz		JUN	Individual	139	0:21:24	215	0:01:07	123	0:52:35	177	0:00:49	165	0:11:38	1:27:33	0:23:56
131	5219		João Pedro Freixial Correia		SEN	Individual	82	0:19:52	323	0:01:56	136	0:53:06	269	0:01:13	163	0:11:38	1:27:45	0:24:08
132	5170		Carlos Jorge da Silva		SEN	Individual	162	0:21:52	27	0:00:33	144	0:53:45	28	0:00:28	171	0:11:43	1:28:21	0:24:44
133	3239	2717	Telmo Veloso		SEN	Porto Runners	38	0:18:24	53	0:00:37	237	0:59:27	22	0:00:27	41	0:09:31	1:28:26	0:24:49
134	5300		Pedro Miguel Escaleira		SEN	Individual	237	0:23:35	322	0:01:55	92	0:49:57	234	0:01:01	184	0:11:59	1:28:27	0:24:50
135	5200		Guilherme Branquinho		SEN	Individual	218	0:23:03	201	0:01:04	126	0:52:47	197	0:00:52	105	0:10:43	1:28:29	0:24:52
136	5404		João Manuel Martins		V2	Individual	45	0:18:36	213	0:01:07	223	0:58:31	185	0:00:50	38	0:09:28	1:28:32	0:24:55
137	5149		Manuel João Teixeira		S23	Individual	170	0:22:11	113	0:00:46	141	0:53:38	89	0:00:35	162	0:11:37	1:28:47	0:25:10

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA				
						5000 (MT)				18000 (KM)				2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
138	5188		Fernando de Almeida Neto		SEN	Individual	247	0:23:56	266	0:01:24	97	0:50:10	196	0:00:52	217	0:12:32	1:28:54	0:25:17
139	4025	516	João Medeiro		V1	Serv. Soc. CGD	88	0:20:02	61	0:00:39	194	0:56:57	78	0:00:34	109	0:10:47	1:28:59	0:25:22
140	5378		Paulo José Godinho		V1	Individual	155	0:21:36	250	0:01:16	139	0:53:22	265	0:01:12	160	0:11:35	1:29:01	0:25:24
141	3075	531	Nuno Lopes		SEN	Clube Ferroviário de Vendas Novas	143	0:21:27	165	0:00:55	164	0:55:03	108	0:00:37	126	0:11:03	1:29:05	0:25:28
142	3299	2870	António Neto		SEN	Associação Recreativa Social e Cultural de Talada	104	0:20:37	138	0:00:50	163	0:55:00	296	0:01:27	150	0:11:28	1:29:22	0:25:45
143	5133		Diogo Miguel Amorim		JUN	Individual	135	0:21:17	92	0:00:43	178	0:55:44	55	0:00:31	143	0:11:20	1:29:35	0:25:58
144	5419		Paulo Malheiro		V2	Individual	172	0:22:11	242	0:01:13	151	0:54:07	242	0:01:03	138	0:11:14	1:29:48	0:26:11
145	4108	879	Paulo Leitão Santos		V1	A.D.C.R. Painho	211	0:22:53	126	0:00:48	156	0:54:19	86	0:00:35	137	0:11:14	1:29:49	0:26:12
146	5153		Alfredo Manuel Azevedo		SEN	Individual	148	0:21:33	120	0:00:47	184	0:56:12	90	0:00:35	115	0:10:52	1:29:59	0:26:22
147	5130		Daniel Filipe Araújo		JUN	Individual	117	0:20:53	23	0:00:32	199	0:57:12	54	0:00:31	118	0:10:55	1:30:03	0:26:26
148	3240	380	Carla Ribeiro		SEN	Ginásio Clube de Sines	147	0:21:33	196	0:01:03	173	0:55:23	237	0:01:02	127	0:11:04	1:30:05	0:26:28
149	3283	351	Inês Gonçalves		SEN	Tri-Oeiras Sport Clube	126	0:21:03	97	0:00:44	206	0:57:43	32	0:00:29	77	0:10:18	1:30:17	0:26:40
150	3177	2577	Miguel Reis		SEN	Amiciclo	188	0:22:27	188	0:01:01	153	0:54:13	174	0:00:49	176	0:11:54	1:30:24	0:26:47
151	5379		Paulo Manuel Jorge		V1	Individual	137	0:21:20	302	0:01:41	165	0:55:04	283	0:01:19	135	0:11:11	1:30:35	0:26:58
152	5196		Filipe da Silva Gomes		SEN	Individual	204	0:22:46	265	0:01:23	137	0:53:17	210	0:00:55	215	0:12:31	1:30:52	0:27:15
153	5202		Henrique Maia Ribeiro Leite		SEN	Individual	242	0:23:47	347	0:02:29	115	0:51:55	262	0:01:12	154	0:11:31	1:30:54	0:27:17
154	5173		Celina Santos Carpinteiro		SEN	Individual	223	0:23:12	232	0:01:11	135	0:53:04	201	0:00:53	229	0:12:41	1:31:01	0:27:24
155	5355		João Manuel Lourenço		V1	Individual	75	0:19:35	65	0:00:39	244	1:00:00	57	0:00:31	86	0:10:24	1:31:09	0:27:32
156	5272		Nuno Miguel Luis		SEN	Individual	269	0:24:42	233	0:01:11	108	0:51:06	252	0:01:08	245	0:13:04	1:31:11	0:27:34
157	5461		Pedro Alves		SEN	Individual	144	0:21:28	253	0:01:16	196	0:57:01	102	0:00:36	117	0:10:53	1:31:14	0:27:37
158	5377		Paulo Jorge Taboas		V1	Individual	156	0:21:39	106	0:00:45	200	0:57:14	117	0:00:38	128	0:11:04	1:31:20	0:27:43
159	1104	2866	Carlos Alenquer		JUN	Mem Martins Sport Club	207	0:22:51	236	0:01:12	159	0:54:35	142	0:00:43	186	0:12:00	1:31:21	0:27:44
160	5310		Rui Manuel Cabral		SEN	Individual									347	1:31:26	1:31:26	0:27:49
161	5350		Hélder Lopes Ferreira		V1	Individual	134	0:21:16	260	0:01:20	193	0:56:44	288	0:01:22	112	0:10:47	1:31:29	0:27:52
162	5311		Rui Miguel Rocha		SEN	Individual	205	0:22:47	307	0:01:46	168	0:55:08	257	0:01:10	102	0:10:41	1:31:32	0:27:55
163	5279		Paulo Carmo		SEN	Individual	151	0:21:34	28	0:00:33	221	0:58:30	69	0:00:32	89	0:10:28	1:31:37	0:28:00
164	5438		Carlos Alberto Dias		V4	Individual	213	0:22:54	214	0:01:07	171	0:55:15	187	0:00:50	161	0:11:35	1:31:41	0:28:04
165	4076	454	Petro Mosinzov		V1	A.D.C.R. Painho	159	0:21:50	100	0:00:44	185	0:56:18	95	0:00:36	205	0:12:15	1:31:43	0:28:06
166	5137		Luis Andre Lopes		JUN	Individual	225	0:23:16	169	0:00:56	149	0:54:03	161	0:00:47	233	0:12:50	1:31:52	0:28:15
167	3314	2937	Pedro Salvador		SEN	FidalBike	178	0:22:19	248	0:01:16	172	0:55:18	273	0:01:14	179	0:11:56	1:32:03	0:28:26
168	3262	2794	Nuno Barbosa		SEN	Porto Runners	95	0:20:13	43	0:00:35	228	0:58:48	26	0:00:28	201	0:12:14	1:32:18	0:28:41
169	5247		Manuel Brito Castro Rego		SEN	Individual	175	0:22:17	182	0:01:00	188	0:56:24	84	0:00:34	203	0:12:14	1:32:29	0:28:52
170	3076	687	Rui Pereira		SEN	Clube Ferroviário de Vendas Novas	208	0:22:51	77	0:00:41	181	0:56:01	41	0:00:30	224	0:12:37	1:32:40	0:29:03
171	3087	657	António Cruz		SEN	C.F. "Os Belenenses"	112	0:20:50	74	0:00:41	245	1:00:04	103	0:00:37	98	0:10:37	1:32:49	0:29:12
172	5277		Paulo Alexandre Goulart		SEN	Individual	200	0:22:37	129	0:00:48	182	0:56:02	164	0:00:47	223	0:12:36	1:32:50	0:29:13
173	5390		Antonio Joaquim Reis		V2	Individual	168	0:22:07	144	0:00:50	201	0:57:19	141	0:00:42	175	0:11:52	1:32:50	0:29:13
174	3294	2855	Patrícia Serafim		SEN	Clube de Praças da Armada	196	0:22:34	49	0:00:36	202	0:57:26	158	0:00:45	155	0:11:31	1:32:52	0:29:15

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA				
						5000 (MT)				18000 (KM)				2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
175	5214		João Henrique Bobato		SEN	Individual	190	0:22:29	70	0:00:40	180	0:55:49	67	0:00:32	257	0:13:24	1:32:54	0:29:17
176	3202	2645	Adérito Pereira		SEN	Associação Recreativa Social e Cultural de Teleda	215	0:22:58	176	0:00:58	177	0:55:36	193	0:00:52	214	0:12:31	1:32:55	0:29:18
177	5089		Marco Antonio		SEN	Individual	311	0:26:12	293	0:01:32	132	0:52:54	192	0:00:51	149	0:11:27	1:32:56	0:29:19
178	5132		David Silva Raquel		JUN	Individual	217	0:23:03	197	0:01:03	121	0:52:27	216	0:00:57	316	0:15:49	1:33:19	0:29:42
179	5312		Rui Miguel Foles		SEN	Individual	277	0:24:56	238	0:01:12	152	0:54:09	175	0:00:49	199	0:12:13	1:33:19	0:29:42
180	5305		Ricardo Gomes Galvão		SEN	Individual	142	0:21:26	273	0:01:27	183	0:56:11	281	0:01:18	239	0:12:58	1:33:20	0:29:43
181	5204		Hugo André Barreira		SEN	Individual	216	0:22:58	174	0:00:57	208	0:57:44	132	0:00:40	123	0:11:02	1:33:21	0:29:44
182	5254		Mário Miguel Baltazar		SEN	Individual	174	0:22:15	245	0:01:14	197	0:57:05	122	0:00:39	208	0:12:15	1:33:28	0:29:51
183	5278		Paulo Alexandre Oliveira		SEN	Individual	230	0:23:22	287	0:01:31	174	0:55:25	270	0:01:13	188	0:12:01	1:33:32	0:29:55
184	5251		Marcolino Simoes Verissimo		SEN	Individual	72	0:19:32	102	0:00:44	270	1:02:23	121	0:00:39	83	0:10:23	1:33:41	0:30:04
185	5364		José Davide Gregório		V1	Individual	192	0:22:31	55	0:00:37	210	0:57:49	76	0:00:33	196	0:12:12	1:33:42	0:30:05
186	119	231	Carolina Gregório		JUN	HALCON - Olímpico de Oeiras	191	0:22:31	39	0:00:35	211	0:57:50	59	0:00:32	204	0:12:15	1:33:43	0:30:06
187	5373		Manuel Joaquim Rodrigues		V1	Individual	193	0:22:31	34	0:00:34	213	0:57:52	85	0:00:34	200	0:12:13	1:33:44	0:30:07
188	5308		Ricardo Pedro Soeiro		SEN	Individual									348	1:33:57	1:33:57	0:30:20
189	5243		Luis Miguel do Carmo Lampreia		SEN	Individual	229	0:23:21	334	0:02:02	170	0:55:10	282	0:01:19	198	0:12:13	1:34:05	0:30:28
190	5351		Helder Paulo Costa		V1	Individual	102	0:20:34	64	0:00:39	260	1:01:04	133	0:00:40	139	0:11:15	1:34:12	0:30:35
191	3298	2859	Paulo Falé		SEN	Clube de Praças da Armada	115	0:20:51	234	0:01:11	254	1:00:46	217	0:00:57	91	0:10:30	1:34:15	0:30:38
192	5208		João António Frade		SEN	Individual	157	0:21:40	114	0:00:46	248	1:00:13	183	0:00:50	111	0:10:47	1:34:16	0:30:39
193	3313	2936	José Carlos Pereira		SEN	FidalBike	258	0:24:15	57	0:00:38	175	0:55:26	60	0:00:32	263	0:13:31	1:34:22	0:30:45
194	5201		Hélder Fernando Silva		SEN	Individual	153	0:21:35	267	0:01:24	224	0:58:33	278	0:01:16	169	0:11:42	1:34:30	0:30:53
195	5342		Carlos Manuel Simões		V1	Individual	183	0:22:25	261	0:01:21	204	0:57:30	172	0:00:48	216	0:12:31	1:34:35	0:30:58
196	1061	2631	David Ferreira		JUN	Alhandra Sporting Clube	252	0:24:02	67	0:00:40	203	0:57:27	38	0:00:30	181	0:11:57	1:34:36	0:30:59
197	5135		Fábio Rafael Coelho		JUN	Individual	274	0:24:52	152	0:00:52	125	0:52:39	194	0:00:52	309	0:15:22	1:34:37	0:31:00
198	5361		José Anibal Correia		V1	Individual	209	0:22:52	155	0:00:52	230	0:58:56	135	0:00:41	141	0:11:17	1:34:38	0:31:01
199	5216		João Manuel Cruz		SEN	Individual	220	0:23:04	285	0:01:31	198	0:57:06	231	0:01:00	207	0:12:15	1:34:56	0:31:19
200	5162		Antonio José Santos		SEN	Individual	180	0:22:20	264	0:01:23	207	0:57:44	287	0:01:22	206	0:12:15	1:35:04	0:31:27
201	4045	757	Rogério Morais		V2	Clube Ferroviário de Vendas Novas	235	0:23:30	191	0:01:02	214	0:57:59	239	0:01:03	166	0:11:41	1:35:15	0:31:38
202	5363		José António Almeida		V1	Individual	266	0:24:40	335	0:02:02	154	0:54:16	285	0:01:20	243	0:13:02	1:35:20	0:31:43
203	5199		Gonçalo Quitério Ezequiel		SEN	Individual	198	0:22:35	142	0:00:50	227	0:58:47	143	0:00:43	227	0:12:39	1:35:34	0:31:57
204	5178		Dário Miguel Carvalho		SEN	Individual	246	0:23:55	332	0:02:00	191	0:56:38	305	0:01:32	159	0:11:35	1:35:40	0:32:03
205	5289		Pedro Emanuel Ferreira		SEN	Individual	278	0:24:57	297	0:01:38	160	0:54:36	290	0:01:23	248	0:13:10	1:35:44	0:32:07
206	4092	872	António Perdigoto		V2	Alhandra Sporting Clube	194	0:22:33	247	0:01:16	232	0:59:07	215	0:00:57	174	0:11:52	1:35:45	0:32:08
207	5389		António Gonçalves Ramalho		V2	Individual	189	0:22:28	291	0:01:32	215	0:58:11	277	0:01:15	212	0:12:23	1:35:49	0:32:12
208	3230	2703	Carlos Serra		SEN	Individual	210	0:22:53	223	0:01:09	238	0:59:35	178	0:00:50	157	0:11:34	1:36:01	0:32:24
209	5209		João Daniel Carolino		SEN	Individual	240	0:23:43	339	0:02:12	209	0:57:48	268	0:01:13	132	0:11:08	1:36:04	0:32:27
210	3002	484	Paulo Leote		V1	G. A. A. Vila Franca de Xira	141	0:21:25	84	0:00:41	272	1:02:30	36	0:00:29	125	0:11:02	1:36:07	0:32:30
211	5249		Manuel Pinto Moura		SEN	Individual	287	0:25:20	277	0:01:28	195	0:56:58	97	0:00:36	173	0:11:50	1:36:12	0:32:35

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA				
						5000 (MT)				18000 (KM)				2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
212	5345		Eduardo Jorge Anes		V1	Individual	256	0:24:10	288	0:01:31	166	0:55:06	297	0:01:27	283	0:14:03	1:36:17	0:32:40
213	1112	157	Rui Cordeiro		JUN	Ginásio Clube de Sines	164	0:21:57	111	0:00:46	252	1:00:39	153	0:00:45	202	0:12:14	1:36:21	0:32:44
214	5368		Luís Alberto Carvalhinho		V1	Individual	239	0:23:39	171	0:00:56	220	0:58:29	203	0:00:53	219	0:12:32	1:36:29	0:32:52
215	5341		Carlos Manuel Matos		V1	Individual									349	1:36:33	1:36:33	0:32:56
216	5288		Paulo Sérgio Vieira		SEN	Individual	263	0:24:31	255	0:01:18	189	0:56:24	249	0:01:07	254	0:13:18	1:36:38	0:33:01
217	5055		Rodrigo do Vale		SEN	Individual									350	1:37:01	1:37:01	0:33:24
218	1027	7	Marina Pedro		JUN	Amiciclo	187	0:22:27	45	0:00:36	251	1:00:39	33	0:00:29	234	0:12:52	1:37:03	0:33:26
219	1010	126	Joaquim Guerreiro		JUN	Amiciclo	186	0:22:27	187	0:01:01	249	1:00:17	92	0:00:36	231	0:12:43	1:37:04	0:33:27
220	3118	701	Nuno Morais		SEN	G. A. A. Vila Franca de Xira	248	0:23:57	150	0:00:52	236	0:59:20	181	0:00:50	191	0:12:07	1:37:06	0:33:29
221	5441		Rui Manuel Correia		V4	Individual	260	0:24:20	156	0:00:52	233	0:59:09	188	0:00:50	185	0:11:59	1:37:10	0:33:33
222	1097	2327	Sofia Almeida		JUN	Alhandra Sporting Clube	231	0:23:24	78	0:00:41	240	0:59:37	87	0:00:35	238	0:12:55	1:37:12	0:33:35
223	3204	2651	Susana Simões		SEN	Porto Runners	122	0:21:01	91	0:00:43	284	1:04:23	52	0:00:31	101	0:10:38	1:37:16	0:33:39
224	5138		Luis Pedro Moreira		JUN	Individual	271	0:24:43	305	0:01:43	179	0:55:46	280	0:01:17	274	0:13:51	1:37:20	0:33:43
225	1032	2454	Ana Filipa Sampaio		JUN	Alhandra Sporting Clube	161	0:21:52	103	0:00:45	277	1:03:35	37	0:00:30	106	0:10:44	1:37:26	0:33:49
226	5344		Diogo Bourbon Franca		V1	Individual	291	0:25:31	352	0:03:17	146	0:53:52	317	0:01:45	253	0:13:16	1:37:41	0:34:04
227	5156		André Eusébio da Rocha		SEN	Individual	233	0:23:27	85	0:00:42	235	0:59:18	83	0:00:34	272	0:13:47	1:37:48	0:34:11
228	5128		Bruno Saraiva de Morais		JUN	Individual	261	0:24:22	112	0:00:46	218	0:58:18	66	0:00:32	276	0:13:52	1:37:50	0:34:13
229	5166		Bruno Miguel Maia		SEN	Individual	99	0:20:25	69	0:00:40	288	1:05:06	96	0:00:36	134	0:11:09	1:37:56	0:34:19
230	5306		Ricardo Jorge Silva		SEN	Individual	283	0:25:06	317	0:01:52	167	0:55:08	328	0:02:08	271	0:13:46	1:38:00	0:34:23
231	5059		Frederico Raposo		SEN	Individual	234	0:23:28	295	0:01:36	239	0:59:35	259	0:01:10	211	0:12:16	1:38:05	0:34:28
232	4151	886	Francisco Cordeiro Santos		V4	Clube de Praças da Armada	100	0:20:29	300	0:01:40	281	1:03:55	312	0:01:39	84	0:10:23	1:38:06	0:34:29
233	5168		Carlos Alberto Barata		SEN	Individual	290	0:25:30	338	0:02:12	162	0:54:56	321	0:01:49	267	0:13:41	1:38:08	0:34:31
234	5171		Carlos Manuel Morais		SEN	Individual	241	0:23:47	254	0:01:18	250	1:00:26	162	0:00:47	182	0:11:57	1:38:15	0:34:38
235	5047		Carlos Manuel Pinto		SEN	Individual	288	0:25:22	313	0:01:47	169	0:55:09	309	0:01:36	294	0:14:25	1:38:19	0:34:42
236	4117	2642	Carlos Egídio Alegre		V2	Associação Recreativa Social e Cultural de Talaia	118	0:20:56	38	0:00:35	290	1:05:14	46	0:00:31	136	0:11:13	1:38:29	0:34:52
237	1025	128	Tânia Boleta		JUN	Ginásio Clube de Sines	179	0:22:20	47	0:00:36	279	1:03:49	42	0:00:30	142	0:11:19	1:38:34	0:34:57
238	5367		Juan Manuel Costa		V1	Individual	222	0:23:08	185	0:01:00	263	1:01:26	206	0:00:54	193	0:12:10	1:38:38	0:35:01
239	5399		Glória Serrazina		V2	Individual	214	0:22:55	229	0:01:10	267	1:02:05	150	0:00:44	180	0:11:56	1:38:50	0:35:13
240	5429		Délio Coelho Rão		V3	Individual	276	0:24:54	346	0:02:27	186	0:56:20	308	0:01:36	268	0:13:42	1:38:59	0:35:22
241	5297		Pedro Manuel Santos		SEN	Individual	202	0:22:40	154	0:00:52	275	1:03:22	233	0:01:01	145	0:11:21	1:39:16	0:35:39
242	4152	2869	Silvino Muchacho		V4	A.D.C.R. Painho	300	0:25:48	212	0:01:07	216	0:58:16	248	0:01:06	241	0:13:00	1:39:17	0:35:40
243	5221		João Serra		SEN	Individual	116	0:20:52	80	0:00:41	296	1:06:30	144	0:00:43	95	0:10:35	1:39:21	0:35:44
244	5232		Jose Luis Lebre		SEN	Individual	284	0:25:08	262	0:01:22	187	0:56:24	289	0:01:23	307	0:15:07	1:39:24	0:35:47
245	1080	2310	João Pica		JUN	C.F. "Os Belenenses"	197	0:22:35	62	0:00:39	282	1:04:02	107	0:00:37	156	0:11:32	1:39:25	0:35:48
246	5421		Pedro Manuel Gomes		V2	Individual	89	0:20:03	95	0:00:43	304	1:07:49	101	0:00:36	74	0:10:16	1:39:27	0:35:50
247	5273		Nuno Miguel Almeida		SEN	Individual	226	0:23:19	299	0:01:39	247	1:00:11	314	0:01:43	222	0:12:36	1:39:28	0:35:51
248	5327		Tiago Pedro Varanda		SEN	Individual	227	0:23:19	301	0:01:41	246	1:00:09	316	0:01:44	226	0:12:38	1:39:31	0:35:54

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA							
						5000 (MT)				18000 (KM)				2500 (MT)							
LG	Drsl	Lic	Nome	PEN	ESC	Equipa				Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
249	5264		Nelson Pimenta Vieira		SEN	Individual				236	0:23:35	318	0:01:53	255	1:00:57	275	0:01:14	177	0:11:55	1:39:34	0:35:57
250	5125		António Kergoat Ferreira		SEN	Individual				273	0:24:50	331	0:01:59	222	0:58:30	315	0:01:43	230	0:12:41	1:39:43	0:36:06
251	5227		Jorge Miguel Simões Mendes		SEN	Individual				253	0:24:03	81	0:00:41	259	1:01:04	68	0:00:32	259	0:13:26	1:39:46	0:36:09
252	5197		Francisco Bourbon Franca		SEN	Individual				203	0:22:44	320	0:01:54	269	1:02:11	205	0:00:54	197	0:12:13	1:39:56	0:36:19
253	5160		António José das Neves		SEN	Individual				295	0:25:39	290	0:01:32	243	0:59:57	148	0:00:44	190	0:12:05	1:39:57	0:36:20
254	5063		João Galileu Dias		SEN	Individual				286	0:25:11	314	0:01:48	225	0:58:38	286	0:01:21	249	0:13:10	1:40:08	0:36:31
255	5265		Nuno Ferreira Vicente		SEN	Individual				238	0:23:38	325	0:01:57	262	1:01:19	276	0:01:15	187	0:12:01	1:40:10	0:36:33
256	5417		Mario Pedro Soares		V2	Individual				294	0:25:37	292	0:01:32	217	0:58:16	260	0:01:11	280	0:13:55	1:40:31	0:36:54
257	5406		João Santos Amaral		V2	Individual				250	0:23:58	251	0:01:16	264	1:01:41	235	0:01:01	232	0:12:46	1:40:42	0:37:05
258	5380		Paulo Renato Marques		V1	Individual				259	0:24:18	130	0:00:48	268	1:02:09	136	0:00:41	240	0:12:58	1:40:54	0:37:17
259	5315		Rui Montenegro Marques		SEN	Individual												351	1:41:03	1:41:03	0:37:26
260	5270		Nuno Miguel Lucas		SEN	Individual				279	0:24:59	344	0:02:20	231	0:59:01	324	0:01:51	244	0:13:04	1:41:15	0:37:38
261	4165	2930	Carlos Candeias		V1	Individual				228	0:23:20	231	0:01:11	287	1:04:37	127	0:00:40	158	0:11:35	1:41:23	0:37:46
262	5337		Carlos Alberto Sousa		V1	Individual				285	0:25:08	184	0:01:00	234	0:59:17	300	0:01:29	299	0:14:38	1:41:32	0:37:55
263	5240		Luis Filipe Almeida		SEN	Individual				313	0:26:13	286	0:01:31	226	0:58:40	145	0:00:43	295	0:14:26	1:41:33	0:37:56
264	5193		Filipe André Leitão		SEN	Individual				301	0:25:50	269	0:01:26	258	1:01:02	163	0:00:47	218	0:12:32	1:41:37	0:38:00
265	5400		Henrique Antonio Rocha		V2	Individual				265	0:24:32	282	0:01:30	253	1:00:44	302	0:01:29	266	0:13:35	1:41:50	0:38:13
266	5428		Carlos Alberto Gonçalves		V3	Individual				251	0:23:58	230	0:01:10	274	1:02:40	250	0:01:07	252	0:13:14	1:42:09	0:38:32
267	5206		Hugo Jorge Macedo Antunes		SEN	Individual				312	0:26:13	276	0:01:28	229	0:58:54	274	0:01:14	293	0:14:21	1:42:10	0:38:33
268	5318		Rui Raposinho		SEN	Individual				243	0:23:49	159	0:00:53	266	1:01:57	184	0:00:50	304	0:14:52	1:42:21	0:38:44
269	5145		Gonçalo Filipe Carreira		S23	Individual				289	0:25:23	319	0:01:54	257	1:01:01	311	0:01:38	221	0:12:36	1:42:32	0:38:55
270	5141		Ricardo Jorge Ferraz		JUN	Individual				163	0:21:56	128	0:00:48	295	1:06:17	119	0:00:39	242	0:13:02	1:42:42	0:39:05
271	5332		Alvaro Manuel Quitério		V1	Individual				160	0:21:50	183	0:01:00	298	1:06:42	241	0:01:03	195	0:12:11	1:42:46	0:39:09
272	5286		Paulo Miguel Sobral		SEN	Individual				344	0:29:28	195	0:01:02	190	0:56:25	165	0:00:47	310	0:15:24	1:43:06	0:39:29
273	5269		Nuno Miguel Gaspar		SEN	Individual				280	0:25:01	336	0:02:07	256	1:00:58	325	0:01:53	246	0:13:08	1:43:07	0:39:30
274	5181		Doug Cuneo		SEN	Individual				281	0:25:04	200	0:01:04	278	1:03:36	114	0:00:38	235	0:12:53	1:43:15	0:39:38
275	5375		Oscar Escaleira		V1	Individual				181	0:22:21	342	0:02:17	291	1:05:18	313	0:01:41	189	0:12:03	1:43:40	0:40:03
276	5230		José Francisco Silveira		SEN	Individual				319	0:26:38	340	0:02:14	212	0:57:50	332	0:03:20	279	0:13:55	1:43:57	0:40:20
277	5412		Luis Filipe Castanhas		V2	Individual				324	0:26:55	329	0:01:59	241	0:59:44	293	0:01:25	278	0:13:54	1:43:57	0:40:20
278	5217		João Miguel Soares		SEN	Individual				318	0:26:38	316	0:01:52	219	0:58:18	331	0:03:14	281	0:13:57	1:43:59	0:40:22
279	5410		José Luis Correia		V2	Individual				219	0:23:03	131	0:00:48	285	1:04:34	191	0:00:51	305	0:14:55	1:44:11	0:40:34
280	5019		Ramiro Saldanha		V3	Individual				298	0:25:47	296	0:01:37	273	1:02:33	243	0:01:03	260	0:13:27	1:44:27	0:40:50
281	5431		Edgar Correia Valadas		V3	Individual				314	0:26:21	279	0:01:28	265	1:01:52	159	0:00:46	290	0:14:18	1:44:45	0:41:08
282	5187		Esmeralda de Jesus Câmara		SEN	Individual				245	0:23:54	163	0:00:54	299	1:06:45	156	0:00:45	228	0:12:40	1:44:58	0:41:21
283	5418		Paulo Jorge Costa		V2	Individual				282	0:25:05	283	0:01:30	276	1:03:29	306	0:01:33	258	0:13:24	1:45:01	0:41:24
284	5381		Pedro Manuel Vieira		V1	Individual				272	0:24:43	228	0:01:10	286	1:04:36	214	0:00:56	269	0:13:44	1:45:09	0:41:32
285	5359		Jorge Alberto Lopes		V1	Individual				297	0:25:40	306	0:01:44	271	1:02:25	258	0:01:10	287	0:14:15	1:45:14	0:41:37

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA				
						5000 (MT)				18000 (KM)				2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
286	4008	818	José Rijo		V4	C.F. "Os Belenenses"	232	0:23:26	149	0:00:52	305	1:08:05	173	0:00:49	210	0:12:16	1:45:28	0:41:51
287	5252		Mariana Luísa Sousa		SEN	Individual	307	0:26:00	63	0:00:39	289	1:05:07	98	0:00:36	261	0:13:29	1:45:51	0:42:14
288	1103	146	Andreia Simões Lopes		JUN	Mem Martins Sport Club	212	0:22:54	217	0:01:08	2	-0:24:02			352	1:46:17	1:46:17	0:42:40
289	5237		Luís Alexandre Soldado		SEN	Individual	342	0:29:09	270	0:01:26	242	0:59:48	245	0:01:05	308	0:15:14	1:46:42	0:43:05
290	5261		Miguel Maria Silva		SEN	Individual	249	0:23:58	143	0:00:50	293	1:05:34	123	0:00:39	320	0:16:06	1:47:07	0:43:30
291	5143		André duarte teixeira		S23	Individual	201	0:22:38	205	0:01:05	306	1:08:23	298	0:01:28	282	0:13:58	1:47:32	0:43:55
292	5301		Pedro Miguel Couceiro		SEN	Individual	321	0:26:51	93	0:00:43	292	1:05:22	166	0:00:47	277	0:13:52	1:47:35	0:43:58
293	5295		Pedro Luis Neves		SEN	Individual	322	0:26:54	328	0:01:59	280	1:03:53	303	0:01:30	262	0:13:29	1:47:45	0:44:08
294	5338		Carlos Manuel Correia		V1	Individual	296	0:25:40	274	0:01:27	297	1:06:41	223	0:00:58	291	0:14:19	1:49:05	0:45:28
295	4100	871	Jaime Carmo		V4	Individual	199	0:22:36	124	0:00:47	324	1:13:36	169	0:00:47	153	0:11:29	1:49:15	0:45:38
296	5358		João Pedro Anjos		V1	Individual	254	0:24:08	240	0:01:13	313	1:10:13	176	0:00:49	292	0:14:19	1:50:42	0:47:05
297	5420		Paulo Manuel Morão		V2	Individual	255	0:24:09	243	0:01:13	314	1:10:21	186	0:00:50	285	0:14:11	1:50:44	0:47:07
298	5150		Tiago Miguel Carvalhinho		S23	Individual	275	0:24:53	272	0:01:27	300	1:07:29	195	0:00:52	322	0:16:10	1:50:51	0:47:14
299	5424		Rui António Sanches		V2	Individual									353	1:51:13	1:51:13	0:47:36
300	5402		João Carlos Carvalhinho		V2	Individual	327	0:27:21	94	0:00:43	308	1:08:27	100	0:00:36	306	0:14:56	1:52:03	0:48:26
301	5433		Joaquim Luis Costa		V3	Individual	331	0:27:50	310	0:01:46	294	1:05:59	322	0:01:49	303	0:14:45	1:52:09	0:48:32
302	1090	2595	Joana Barbeito		JUN	Mem Martins Sport Club	309	0:26:10	132	0:00:49	318	1:11:42	106	0:00:37	237	0:12:54	1:52:12	0:48:35
303	5398		Francisca da Conceição Lopes		V2	Individual	320	0:26:45	303	0:01:41	310	1:09:18	291	0:01:23	247	0:13:08	1:52:15	0:48:38
304	5409		José António Correia		V2	Individual									354	1:52:33	1:52:33	0:48:56
305	5215		João José Malaquias Lima		SEN	Individual	336	0:28:27	341	0:02:16	283	1:04:07	319	0:01:47	321	0:16:08	1:52:45	0:49:08
306	3315	2938	Mário Figueiredo		SEN	FidalBike	206	0:22:50	268	0:01:25	327	1:13:48	294	0:01:26	256	0:13:21	1:52:50	0:49:13
307	5148		Juan Buitrago		S23	Individual	317	0:26:35	179	0:00:58	316	1:11:07	120	0:00:39	288	0:14:16	1:53:35	0:49:58
308	1071	2592	Andreia Ponte		JUN	Ginásio Clube de Sines	267	0:24:41	125	0:00:48	331	1:14:37	91	0:00:36	236	0:12:54	1:53:36	0:49:59
309	5194		Filipe Arroyo Cardoso		SEN	Individual	268	0:24:41	321	0:01:55	303	1:07:49	330	0:02:12	328	0:17:04	1:53:41	0:50:04
310	5346		Fernando Antunes		V1	Individual	270	0:24:42	278	0:01:28	320	1:12:31	304	0:01:30	265	0:13:32	1:53:43	0:50:06
311	5302		Renato Manuel Silva		SEN	Individual	293	0:25:35	167	0:00:55	319	1:12:31	149	0:00:44	302	0:14:45	1:54:30	0:50:53
312	5234		José Nuno Prates		SEN	Individual	303	0:25:52	194	0:01:02	323	1:13:13	115	0:00:38	284	0:14:09	1:54:54	0:51:17
313	5158		António Emilio Paquete		SEN	Individual	341	0:29:09	141	0:00:50	309	1:08:30	227	0:00:59	324	0:16:21	1:55:49	0:52:12
314	5183		Duarte César Barcelos		SEN	Individual	308	0:26:03	121	0:00:47	328	1:13:54	209	0:00:55	289	0:14:17	1:55:56	0:52:19
315	5287		Paulo Sérgio Bailão		SEN	Individual	305	0:25:53	82	0:00:41	329	1:14:29	124	0:00:39	286	0:14:15	1:55:57	0:52:20
316	5198		George Rodriguez		SEN	Individual	292	0:25:32	333	0:02:00	18	0:37:50	336	0:38:07	225	0:12:38	1:56:07	0:52:30
317	5070		Luis Madeira		V1	Individual	299	0:25:47	298	0:01:38	317	1:11:33	334	0:03:44	264	0:13:31	1:56:13	0:52:36
318	5348		Flávio Vieira Simões		V1	Individual	338	0:28:49	350	0:02:41	301	1:07:38	307	0:01:34	312	0:15:38	1:56:20	0:52:43
319	5413		Luis Manuel Parro		V2	Individual	264	0:24:31	107	0:00:45	334	1:16:50	236	0:01:01	255	0:13:19	1:56:26	0:52:49
320	5304		Ricardo Filipe Garcia		SEN	Individual									355	1:56:47	1:56:47	0:53:10
321	5357		João Paulo Ferreira		V1	Individual	316	0:26:34	349	0:02:39	311	1:09:26	335	0:04:35	275	0:13:51	1:57:05	0:53:28
322	5408		José António Gonçalves		V2	Individual	335	0:28:01	207	0:01:05	321	1:12:42	167	0:00:47	297	0:14:30	1:57:05	0:53:28

Temperatura Agua:						CORRIDA				CICLISMO				CORRIDA				
						5000 (MT)				18000 (KM)				2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
323	5207		Hugo Ricardo Cardoso		SEN	Individual	326	0:27:20	337	0:02:09	307	1:08:25	327	0:02:07	329	0:17:22	1:57:23	0:53:46
324	5425		Rui Manuel Carvalho Silva		V2	Individual	302	0:25:51	275	0:01:27	332	1:15:42	254	0:01:09	273	0:13:47	1:57:56	0:54:19
325	1111	152	Marta Almeida		JUN	Ginásio Clube de Sines	306	0:25:57	76	0:00:41	337	1:17:29	80	0:00:34	300	0:14:39	1:59:20	0:55:43
326	4139	2789	Olívia Carmo		V2	Individual	315	0:26:22	89	0:00:43	338	1:17:38	152	0:00:45	298	0:14:34	2:00:02	0:56:25
327	5435		Paulo Ferreira Carvalho		V3	Individual	334	0:27:59	315	0:01:50	325	1:13:44	320	0:01:47	301	0:14:43	2:00:03	0:56:26
328	5257		Miguel Afonso Rosa		SEN	Individual	257	0:24:14	281	0:01:30	344	1:20:16	222	0:00:58	251	0:13:13	2:00:11	0:56:34
329	5392		Carlos Jorge Leal		V2	Individual	348	0:30:22	145	0:00:50	312	1:10:12	224	0:00:58	331	0:17:50	2:00:12	0:56:35
330	4044	813	Arsénio Facas		V4	Clube Ferroviário de Vendas Novas	325	0:27:14	235	0:01:12	326	1:13:48	299	0:01:29	332	0:18:06	2:01:49	0:58:12
331	5040		Tiago Costa		SEN	Individual	339	0:29:00	343	0:02:17	322	1:13:06	326	0:02:04	313	0:15:39	2:02:06	0:58:29
332	5024		Tiago Matos		SEN	Individual	310	0:26:11	330	0:01:59	335	1:17:12	225	0:00:58	315	0:15:47	2:02:07	0:58:30
333	5388		Vitor Belarmino Costa		V1	Individual	340	0:29:01	308	0:01:46	330	1:14:30	295	0:01:26	330	0:17:31	2:04:14	1:00:37
334	5229		José Francisco Dimas		SEN	Individual	173	0:22:13	210	0:01:06	350	1:27:20	220	0:00:58	250	0:13:11	2:04:48	1:01:11
335	5401		João Carlos Franca		V2	Individual	328	0:27:38	348	0:02:36	336	1:17:25	292	0:01:24	319	0:15:59	2:05:02	1:01:25
336	5256		Michel Gaspar da Costa		SEN	Individual	351	0:31:10	327	0:01:59	339	1:18:34	263	0:01:12	213	0:12:26	2:05:21	1:01:44
337	5436		Antonio Manuel Paiva		V4	Individual	353	0:33:21	304	0:01:41	315	1:10:41	272	0:01:13	336	0:18:38	2:05:34	1:01:57
338	1084	2850	Vanessa Pereira		JUN	Tri-Oeste -Clube de Triatlo do Oeste	333	0:27:54	134	0:00:49	347	1:24:09	82	0:00:34	270	0:13:45	2:07:11	1:03:34
339	5394		Carlos Manuel Rocha		V2	Individual	323	0:26:55	309	0:01:46	340	1:18:59	310	0:01:37	333	0:18:14	2:07:31	1:03:54
340	5275		Nuno Ricardo Carmo		SEN	Individual	345	0:29:37	136	0:00:49	345	1:20:35	229	0:00:59	314	0:15:47	2:07:47	1:04:10
341	5423		Ricardo Jorge Almeida		V2	Individual	347	0:30:08	351	0:02:49	333	1:16:13	329	0:02:11	326	0:16:45	2:08:06	1:04:29
342	5395		David Antunes Constantino		V2	Individual									356	2:08:23	2:08:23	1:04:46
343	5407		Antonio Pedro Santos		SEN	Individual	332	0:27:51	353	0:15:10	302	1:07:47	318	0:01:45	317	0:15:57	2:08:30	1:04:53
344	5167		Carlos Martins Silva		SEN	Individual	346	0:30:08	294	0:01:36	341	1:19:11	261	0:01:12	325	0:16:24	2:08:31	1:04:54
345	5385		Tom Hayoraff		V1	Individual	343	0:29:13	324	0:01:56	342	1:19:56	253	0:01:09	327	0:16:55	2:09:09	1:05:32
346	5442		Vitor Manuel Fernandes		V4	Individual	349	0:30:48	252	0:01:16	343	1:20:08	255	0:01:09	323	0:16:16	2:09:37	1:06:00
347	5397		Fernando José Alves		V2	Individual	304	0:25:52	289	0:01:31	348	1:26:39	301	0:01:29	296	0:14:30	2:10:01	1:06:24
348	5255		Mário Rui Vilar		SEN	Individual	329	0:27:40	311	0:01:47	351	1:28:12	251	0:01:08	318	0:15:58	2:14:45	1:11:08
349	5155		Ana Filipa Prudêncio Vilar		SEN	Individual	352	0:33:05	219	0:01:08	346	1:22:56	240	0:01:03	334	0:18:15	2:16:27	1:12:50
350	5157		António Carlos Guedes		SEN	Individual	350	0:31:10	326	0:01:59	349	1:26:51	226	0:00:59	335	0:18:20	2:19:19	1:15:42
351	5195		Filipe Brederode Silva		SEN	Individual	337	0:28:48	345	0:02:21	352	1:30:36	323	0:01:50	338	0:20:11	2:23:46	1:20:09
352	5384		Rui Noel Batista		V1	Individual	330	0:27:41	241	0:01:13	353	1:37:33	284	0:01:19	337	0:18:53	2:26:39	1:23:02
353	5336		Carlos Alberto Correia		V1	Individual									357	2:28:39	2:28:39	1:25:02
354	3223	2693	Fernando Conceição	DNF	SEN	Clube de Praças da Armada	182	0:22:24	246	0:01:15	3	-0:23:39						
355	4146	2843	João Paulo Dias	DNF	V1	Tri-Oeiras Sport Clube	53	0:18:53	108	0:00:46	15	-0:19:39						
356	1096	2314	Nadine Almeida	DNF	JUN	Alhandra Sporting Clube	132	0:21:09	52	0:00:37	10	-0:21:46						
357	5134		Fabio André Ricardo	DNF	JUN	Individual	121	0:21:00	178	0:00:58	9	-0:21:58						
358	5174		Celso Rodrigues Barja	DNF	SEN	Individual	262	0:24:23	280	0:01:29	1	-0:25:52						
359	5184		Eduardo Amorim	DNF	SEN	Individual	90	0:20:04	122	0:00:47	13	-0:20:51	337	1:48:33	2	-1:48:33		

Temperatura Agua:						CORRIDA 5000 (MT)				CICLISMO 18000 (KM)				CORRIDA 2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
360	5248		Manuel Jorge Julio	DNF	SEN	Individual	62	0:19:19	170	0:00:56	14	-0:20:15						
361	5283		Paulo Jorge Oliveira	DNF	SEN	Individual	138	0:21:24	249	0:01:16	261	1:01:12	333	0:03:26	3	-1:27:18		
362	5285		Paulo Miguel Trindade	DNF	SEN	Individual	133	0:21:15	158	0:00:53	8	-0:22:08						
363	5320		Samuel Alexandre Teles	DNF	SEN	Individual	167	0:22:01	220	0:01:08	4	-0:23:09						
364	5360		Jorge Alexandre Monteiro	DNF	V1	Individual	109	0:20:46	105	0:00:45	11	-0:21:31						
365	5396		Fernando Albano Henriques	DNF	V2	Individual	149	0:21:33	147	0:00:51	7	-0:22:24	338	1:48:34	1	-1:48:34		
366	5444		Gonçalo Santa Ramalho	DNF	SEN	Individual	185	0:22:26	256	0:01:18	86	0:49:15	189	0:00:50	4	-1:13:49		
367	5087		Pedro Veiga	DNF	SEN	Individual	152	0:21:34	186	0:01:00	5	-0:22:34						
368	5092	2510	João Quitério	DNF	SEN	G. A. A. Vila Franca de Xira	140	0:21:24	216	0:01:07	6	-0:22:31						
369	3182	580	Alexandre Ventura	DNS	SEN	C.N. Cartaxo												
370	4032	769	Carlos Gomes	DNS	V2	Tri-Oeiras Sport Clube												
371	3073	635	Claudio Nogueira	DNS	SEN	Individual												
372	3316	368	Edgar Martins	DNS	SEN	C.N. Cartaxo												
373	4122	776	Fernando Teixeira	DNS	V2	Clube Ferroviário de Vendas Novas												
374	3226	2696	Gonçalo Catarino	DNS	SEN	Individual												
375	3038	587	Helena Medeiro	DNS	SEN	Serv. Soc. CGD												
376	1045	222	João Amaral	DNS	JUN	C.N. Cartaxo												
377	1052	2563	João Pedro Silva	DNS	JUN	HALCON - Olímpico de Oeiras												
378	3121	2510	João Quitério	DNS	SEN	G. A. A. Vila Franca de Xira												
379	3257	2774	João Troca	DNS	SEN	Porto Runners												
380	3089	523	Jorge Rodrigues	DNS	SEN	C.N. Cartaxo												
381	4149	505	José Ribeiro	DNS	V1	SR Camarnal-Ika												
382	1085	55	Miguel Henriques	DNS	JUN	C.N. Cartaxo												
383	3196	382	Nelson Silva	DNS	SEN	HALCON - Olímpico de Oeiras												
384	2028	381	Rita Ribeiro	DNS	S23	Ginásio Clube de Sines												
385	2055	2699	Rui Pisco	DNS	S23	Clube Ferroviário de Vendas Novas												
386	3170	2562	Rui Simões	DNS	SEN	Alhandra Sporting Clube												
387	5139		Miguel alexandre silvestre	DNS	JUN	Individual												
388	5144		Bruno sousa santos	DNS	S23	Individual												
389	5146		João José Silva	DNS	S23	Individual												
390	5147		Jorge Manuel Neves	DNS	S23	Individual												
391	5151		Alcides Lopes Freire	DNS	SEN	Individual												
392	5152		Alexandre Miguel Tremeçoire	DNS	SEN	Individual												
393	5154		Amâncio Nuno Santos	DNS	SEN	Individual												
394	5159		António Francisco Chevalbaque	DNS	SEN	Individual												
395	5163		Antonio Miguel Ferreira	DNS	SEN	Individual												
396	5172		Carlos Miguel Rodrigues	DNS	SEN	Individual												

Resultados

Temperatura Agua:					CORRIDA 5000 (MT)				CICLISMO 18000 (KM)				CORRIDA 2500 (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
397	5175		Cristina Pereira de Azevedo	DNS	SEN	Individual												
398	5176		Dalton Amaral Souza	DNS	SEN	Individual												
399	5177		Daniel Vidal	DNS	SEN	Individual												
400	5180		Davide Gomes	DNS	SEN	Individual												
401	5182		Duarte Augusto Gonçalves	DNS	SEN	Individual												
402	5185		Eduardo Filipe Ferreira	DNS	SEN	Individual												
403	5186		Élio Macieira Barreira	DNS	SEN	Individual												
404	5189		Fernando Jorge Serol Alves	DNS	SEN	Individual												
405	5190		Fernando José Palma	DNS	SEN	Individual												
406	5191		Fernando Manuel Duarte	DNS	SEN	Individual												
407	5192		Filipa Tavares Fernandes	DNS	SEN	Individual												
408	5203		Honorio Manuel Teixeira	DNS	SEN	Individual												
409	5211		Joao Filipe Neves Marques	DNS	SEN	Individual												
410	5212		João Filipe Sequeira	DNS	SEN	Individual												
411	5213		João Helder Afonso	DNS	SEN	Individual												
412	5220		João Pedro Guilherme Sobral	DNS	SEN	Individual												
413	5223		Jorge Manuel Pereira	DNS	SEN	Individual												
414	5224		Jorge Manuel Neves	DNS	SEN	Individual												
415	5225		Jorge Mendes Ramos	DNS	SEN	Individual												
416	5226		Jorge Miguel Matias de Carvalho	DNS	SEN	Individual												
417	5228		José Eduardo Pinto Conde	DNS	SEN	Individual												
418	5231		Jose Joao Alvarez	DNS	SEN	Individual												
419	5236		Luciano Santana da Silva	DNS	SEN	Individual												
420	5238		Luis Carlos Ribeiro Rosa	DNS	SEN	Individual												
421	5239		Luis Fernando Augusto	DNS	SEN	Individual												
422	5241		Luis M.S.A. Coelho	DNS	SEN	Individual												
423	5242		Luis Miguel da Cruz Guerreiro	DNS	SEN	Individual												
424	5244		Luis Miguel Nobre Guerreiro	DNS	SEN	Individual												
425	5245		Luis Norberto M Meirinho	DNS	SEN	Individual												
426	5253		Mário José Patinha Reis	DNS	SEN	Individual												
427	5258		Miguel Filipe Menezes	DNS	SEN	Individual												
428	5260		Miguel Jose Horta	DNS	SEN	Individual												
429	5262		Miguel Pinto Moura	DNS	SEN	Individual												
430	5263		Nelson Jesus Santos	DNS	SEN	Individual												
431	5266		Nuno Gonçalo Lopes	DNS	SEN	Individual												
432	5267		Nuno Joao Matias	DNS	SEN	Individual												
433	5268		Nuno Miguel Cruz	DNS	SEN	Individual												

Temperatura Agua:						CORRIDA 5000 (MT)				CICLISMO 18000 (KM)				CORRIDA 2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
434	5271		Nuno Miguel Oliveira	DNS	SEN	Individual												
435	5276		Paula Teixeira Andrade	DNS	SEN	Individual												
436	5280		Paulo Geoge Ferreira	DNS	SEN	Individual												
437	5281		Paulo Jorge Jorge	DNS	SEN	Individual												
438	5282		Paulo Jorge Sequeira	DNS	SEN	Individual												
439	5290		Pedro Jorge Pires	DNS	SEN	Individual												
440	5293		Pedro Jose Afonso	DNS	SEN	Individual												
441	5294		Pedro José Lebaneo	DNS	SEN	Individual												
442	5296		Pedro Manuel Ribeiro	DNS	SEN	Individual												
443	5299		Pedro Miguel Silva	DNS	SEN	Individual												
444	5303		Ricardo António Silva	DNS	SEN	Individual												
445	5309		Rodolfo Alexandre Rapaz	DNS	SEN	Individual												
446	5313		Rui Miguel Mendes Silva	DNS	SEN	Individual												
447	5314		Rui Miguel Gonçalves	DNS	SEN	Individual												
448	5316		Rui Paulo Monteiro	DNS	SEN	Individual												
449	5317		Rui Pereira da Silva	DNS	SEN	Individual												
450	5321		Sandra Isabel Serafim	DNS	SEN	Individual												
451	5324		Susana do Rosário Martins	DNS	SEN	Individual												
452	5325		Teresa Margarida Adrega	DNS	SEN	Individual												
453	5326		Tiago Grilo Freitas	DNS	SEN	Individual												
454	5328		Valter Ricardo Leite	DNS	SEN	Individual												
455	5329		Vasco Nuno Brinca	DNS	SEN	Individual												
456	5331		Abilio Silva	DNS	V1	Individual												
457	5335		Augusto Nuno Santos	DNS	V1	Individual												
458	5339		Carlos Manuel Pereira	DNS	V1	Individual												
459	5340		Carlos Manuel Rodrigues	DNS	V1	Individual												
460	5343		Casimira Maria Baptista	DNS	V1	Individual												
461	5347		Fernando Lopes	DNS	V1	Individual												
462	5352		Hugo Alexandre Luz	DNS	V1	Individual												
463	5353		Isabel Maria Novo	DNS	V1	Individual												
464	5354		Jesus Paz Sanz	DNS	V1	Individual												
465	5356		João Paulo Ramos	DNS	V1	Individual												
466	5362		José António Fragoso	DNS	V1	Individual												
467	5365		Jose Fernando Pacheco	DNS	V1	Individual												
468	5366		José Miguel Almeida	DNS	V1	Individual												
469	5369		Luís Artur Gomes	DNS	V1	Individual												
470	5374		Miguel Lourenço	DNS	V1	Individual												

Resultados

Temperatura Agua:						CORRIDA 5000 (MT)				CICLISMO 18000 (KM)				CORRIDA 2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
471	5382		Pedro Soutelinho Ribeiro	DNS	V1	Individual												
472	5383		Ruben Oliveira	DNS	V1	Individual												
473	5387		Vitalina Isabel Gama	DNS	V1	Individual												
474	5393		Carlos José Santos	DNS	V2	Individual												
475	5403		Joao Manuel Lopes	DNS	V2	Individual												
476	5414		Luis Vicente Barroso	DNS	V2	Individual												
477	5422		Pedro Miguel Araújo	DNS	V2	Individual												
478	5427		Antonio Manuel Filipe	DNS	V3	Individual												
479	5430		Dinis Pinto dos Santos	DNS	V3	Individual												
480	5432		Filomena Maria Tomé	DNS	V3	Individual												
481	5437		António Paulo Cordeiro	DNS	V4	Individual												
482	5440		José de Moura Branco	DNS	V4	Individual												
483	5443		Alexandre Pedro Silva	DNS	SEN	Individual												
484	5466		Helder Verissimo	DNS	V4	Individual												
485	5048		Joel da Cruz	DNS	V1	Individual												
486	5042		Pedro Daniel V Alves	DNS	SEN	Individual												
487	1103	146	Andreia Simões Lopes	DNS	JUN	Mem Martins Sport Club												