

#### Resultados

Localidade:	Sesimbra	Distância NATAÇ (MT): CORRI (KM): (MT):	375/2500/
Data:	08-10-2006	Hora de começo:	15h00m

#### Informação

Delegado técnico:	Artur Parreira	Juiz Principal:	João Pinho
Pontuável para:		Juri de apelo:	Artur Parreira

Temperatura Agua:						NATAÇÃO		CORRIDA						
						375	(MT)	2500	(KM)	(MT)				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	CORRIDA	Pos	TOTAL	DIFF	
1	186	2522	João Amorim		JUV	Alhandra Sporting Clube	1	0:04:48	8	0:00:51	2	0:09:17	0:14:56	0:00:00
2	109	35	João Serrano		JUV	C.N. Cartaxo	3	0:05:21	3	0:00:44	1	0:08:58	0:15:03	0:00:07
3	209	20	Bruno Pereira		JUV	Alhandra Sporting Clube	2	0:05:00	10	0:00:59	7	0:09:38	0:15:37	0:00:41
4	51	145	André Simas		JUV	IPODEC / Tri-Oeiras.com	4	0:05:24	4	0:00:46	6	0:09:35	0:15:45	0:00:49
5	5035		Bernardo Costa		JUV	Individual	5	0:05:47	1	0:00:43	3	0:09:22	0:15:52	0:00:56
6	76	2266	Paulo Alexandre Antunes		JUV	Ginásio Clube de Sines	11	0:06:45	5	0:00:47	4	0:09:32	0:17:04	0:02:08
7	5187		David Martins		SEN	Individual	7	0:06:13	14	0:01:15	8	0:09:50	0:17:18	0:02:22
8	254	2629	Luis Filipe Marafuz		JUV	Alhandra Sporting Clube	10	0:06:45	2	0:00:44	9	0:09:51	0:17:20	0:02:24
9	259	2636	Diogo Mata Tristão		JUV	Alhandra Sporting Clube	8	0:06:22	7	0:00:51	11	0:10:14	0:17:27	0:02:31
10	77	195	Ruben Rosa		JUV	Ginásio Clube de Sines	6	0:05:58	12	0:01:12	12	0:10:25	0:17:35	0:02:39
11	5180		João Bernardo		V1	Individual	13	0:06:51	13	0:01:14	5	0:09:32	0:17:37	0:02:41
12	79	153	Gonçalo Barros		JUV	Ginásio Clube de Sines	14	0:07:17	6	0:00:48	10	0:10:12	0:18:17	0:03:21
13	83	157	Rui Cordeiro		JUV	Ginásio Clube de Sines	9	0:06:24	11	0:01:07	14	0:11:04	0:18:35	0:03:39
14	5190		Mário Duarte		S23	Individual	15	0:07:45	15	0:01:22	13	0:10:45	0:19:52	0:04:56
15	50	141	David Morgado		JUV	Mem Martins Sport Club	12	0:06:45	9	0:00:53	20	0:12:26	0:20:04	0:05:08
16	5183		Paulo Ramos		SEN	Individual	18	0:08:06	19	0:01:29	15	0:11:16	0:20:51	0:05:55
17	5172		Zacarias Lourenço		V5	Individual	19	0:08:23	20	0:01:47	17	0:11:46	0:21:56	0:07:00
18	5050		Domingos Coelho		V3	Individual	16	0:07:56	23	0:02:11	18	0:12:08	0:22:15	0:07:19
19	5192		Leonel Marques		JUN	Individual	20	0:09:04	21	0:01:51	16	0:11:20	0:22:15	0:07:19
20	5179		Luis José		V2	Individual	17	0:07:58	18	0:01:28	23	0:13:21	0:22:47	0:07:51
21	5062		Marcelino Passos		V4	Individual	22	0:09:25	22	0:02:00	19	0:12:09	0:23:34	0:08:38
22	5193		Guilherme Cabral		S23	Individual	21	0:09:21	16	0:01:24	21	0:12:49	0:23:34	0:08:38
23	5174		Jose Duarte		V5	Individual	23	0:09:55	17	0:01:28	22	0:13:12	0:24:35	0:09:39
24	5040		César Calado		SEN	Individual	24	0:15:22	24	0:02:21	24	0:14:54	0:32:37	0:17:41
25	4088	882	António Trabuco	DNS	V1	Triathlon Lamego Club								
26	5188		Pierre Aderne	DNS	V1	Individual								