

#### Resultados

Localidade:	Lamego	Distância CORRI (MT); CICLIS (KM) CORRI (MT):	9900/40000/5100
Data:	16-09-2006	Hora de começo:	17h00m

#### Informação

Delegado técnico:	Francisco Santos	Juiz Principal:	Nélson Laranjeira
Pontuável para:	Camp. Nacional	Juri de apelo:	J.L.Ferreira/F.Santos/T.Rocha

CORRIDA 9900 (MT)									CICLISMO 40000 (KM)					CORRIDA 5100 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
1	5156	362	Sérgio Manuel Silva		S23	SR Camarnal-Constr.Ramalho Couto-Ika	1	0:34:42	1	0:00:19	8	1:22:16	4	0:00:20	3	0:18:38	2:16:15	0:00:00
2	4027	508	Alcino Serras		V1	SR Camarnal-Constr.Ramalho Couto-Ika	3	0:34:59	2	0:00:20	7	1:21:57	3	0:00:20	4	0:18:40	2:16:16	0:00:01
3	3071	532	Luis Manuel Almeida		SEN	HALCON - Olímpico de Oeiras	4	0:34:59	3	0:00:21	12	1:26:38	5	0:00:21	5	0:18:53	2:21:12	0:04:57
4	3196	382	Nelson Silva		SEN	HALCON - Olímpico de Oeiras	2	0:34:58	4	0:00:21	14	1:26:41	1	0:00:18	6	0:19:15	2:21:33	0:05:18
5	3114	689	Rui Belo		SEN	HALCON - Olímpico de Oeiras	5	0:35:00	6	0:00:25	13	1:26:39	2	0:00:18	8	0:19:46	2:22:08	0:05:53
6	3197	2640	Délio Ferreira		SEN	Tri-Oeste -Clube de Triatlo do Oeste	6	0:36:08	8	0:00:26	9	1:25:26	8	0:00:25	9	0:20:09	2:22:34	0:06:19
7	3039	507	Custódio António		SEN	SR Camarnal-Constr.Ramalho Couto-Ika	10	0:37:32	20	0:00:42	10	1:25:42	10	0:00:30	7	0:19:25	2:23:51	0:07:36
8	3026	461	Anibal Oliveira		SEN	Amiciclo	8	0:37:27	7	0:00:26	11	1:26:06	7	0:00:24	10	0:21:31	2:25:54	0:09:39
9	3214	2684	Miguel Ganchinho		SEN	IPODEC / Tri-Oeiras.com	9	0:37:28	14	0:00:36	16	1:32:28	13	0:00:32	13	0:23:10	2:34:14	0:17:59
10	3247	2734	António Henriques		SEN	Individual	12	0:39:06	25	0:00:50	15	1:30:29	15	0:00:36	14	0:23:19	2:34:20	0:18:05
11	3137	466	Carlos Matos		SEN	Casa Benfica Faro/GASCAN	16	0:41:16	19	0:00:42	20	1:38:44	12	0:00:32	12	0:22:35	2:43:49	0:27:34
12	3064	465	Paulo Silva		SEN	Casa Benfica Faro/GASCAN	17	0:41:17	9	0:00:29	21	1:39:13	6	0:00:22	11	0:22:29	2:43:50	0:27:35
13	3206	338	André Guimarães		SEN	Clube Triatlo de Perosinho	14	0:39:44	16	0:00:38	18	1:38:08	18	0:00:40	24	0:25:45	2:44:55	0:28:40
14	3014	613	Paulo Lamego		SEN	C.F. "Os Belenenses"	20	0:42:00	21	0:00:42	19	1:38:39	16	0:00:36	15	0:23:31	2:45:28	0:29:13
15	3201	2644	Tiago Fragata		SEN	Associação Recreativa Social e Cultural de Toledo	21	0:43:05	22	0:00:45	17	1:37:10	14	0:00:33	25	0:25:50	2:47:23	0:31:08
16	3229	2700	João Saúde		SEN	Clube Ferroviário de Vendas Novas	11	0:38:43	10	0:00:30	26	1:44:11	11	0:00:30	17	0:23:49	2:47:43	0:31:28
17	2057	2724	Fábio Faustino		S23	Ginásio Clube de Sines	18	0:41:19	34	0:00:56	23	1:42:16	24	0:00:47	16	0:23:46	2:49:04	0:32:49
18	3225	2694	Rui Ferreira		SEN	C.F. "Os Belenenses"	19	0:41:38	15	0:00:36	22	1:41:17	30	0:00:52	23	0:25:43	2:50:06	0:33:51
19	3254	2764	Daniel Magalhães		SEN	IPODEC / Tri-Oeiras.com	15	0:40:03	18	0:00:41	24	1:42:26	25	0:00:48	28	0:27:27	2:51:25	0:35:10
20	4011	4791	João Albuquerque		V1	ABV Estoris	30	0:44:59	17	0:00:39	25	1:43:12	23	0:00:43	18	0:25:06	2:54:39	0:38:24
21	3100	706	Luis Cipriano		SEN	A.D.C.R. Painho	22	0:43:32	39	0:01:05	28	1:46:37	21	0:00:41	26	0:26:16	2:58:11	0:41:56
22	3227	2697	Marco Veríssimo		SEN	Individual	23	0:43:32	37	0:00:59	29	1:46:37	22	0:00:41	27	0:26:22	2:58:11	0:41:56
23	3241	2718	Nuno Tintim		SEN	Individual	28	0:44:01	38	0:01:04	30	1:49:31	20	0:00:40	22	0:25:35	3:00:51	0:44:36
24	1092	2757	Eduardo Mourato		JUN	Triathlon Lamego Club	31	0:45:18	33	0:00:56	27	1:45:39	33	0:01:03	33	0:29:05	3:02:01	0:45:46
25	3156	560	Pedro Pereira		SEN	Triathlon Lamego Club	35	0:47:44	32	0:00:55	31	1:53:10	17	0:00:39	20	0:25:13	3:07:41	0:51:26
26	4065	557	José Silva		V1	Associação Cultural e Recreativa da Ribeira	24	0:43:37	29	0:00:53	32	1:53:56	28	0:00:51	32	0:28:26	3:07:43	0:51:28

CORRIDA								CICLISMO						CORRIDA				
9900 (MT) Temperatura Agua:								40000 (KM)						5100 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
27	3252	2756	Francisco Cunha Pereira		SEN	Individual	26	0:43:49	35	0:00:57	33	1:54:37	35	0:01:10	34	0:29:40	3:10:13	0:53:58
28	2031	291	Nelson Pereira		S23	Triathlon Lamego Club	36	0:47:50	30	0:00:54	34	1:57:01	19	0:00:40	35	0:30:16	3:16:41	1:00:26
29	3239	2717	Telmo Veloso		SEN	Porto Runners	25	0:43:45	42	0:01:12	39	2:07:21	27	0:00:49	21	0:25:17	3:18:24	1:02:09
30	3262	2794	Nuno Barbosa		SEN	Porto Runners	27	0:43:58	26	0:00:50	40	2:07:42	31	0:00:57	19	0:25:12	3:18:39	1:02:24
31	3087	657	António Cruz		SEN	C.F. "Os Belenenses"	33	0:46:17	27	0:00:53	35	1:59:58	34	0:01:04	36	0:31:16	3:19:28	1:03:13
32	4018	709	Mário Magalhães		V2	Clube Triatlo de Perosinho	38	0:48:53	41	0:01:12	36	2:00:03	36	0:01:10	37	0:32:31	3:23:49	1:07:34
33	3230	2703	Carlos Serra		SEN	Individual	41	0:49:56	23	0:00:46	41	2:08:28	32	0:00:59	29	0:28:02	3:28:11	1:11:56
34	3209	2677	Pedro Miguel Lopes		SEN	Porto Runners	43	0:51:39	12	0:00:31	42	2:10:03	9	0:00:27	31	0:28:25	3:31:05	1:14:50
35	4134	2760	Manuel Veloso		V5	Porto Runners	39	0:49:03	43	0:01:32	43	2:19:26	37	0:02:55	30	0:28:16	3:41:12	1:24:57
36	3202	2645	Adérito Pereira	DNF	SEN	Associação Recreativa Social e Cultural de Teledr	42	0:50:04	36	0:00:59	1	-0:51:03						
37	1047	436	Daniel Almeida	DNF	JUN	Triathlon Lamego Club	40	0:49:05	31	0:00:55	2	-0:50:00						
38	2053	2599	João Lobão	DNF	S23	Triathlon Lamego Club	37	0:48:34	11	0:00:31	3	-0:49:05						
39	3200	2643	Paulo Joaquim Sousa	DNF	SEN	Associação Recreativa Social e Cultural de Teledr	34	0:46:26	40	0:01:08	4	-0:47:34						
40	2012	352	Pedro Gomes	DNF	S23	IPODEC / Tri-Oeiras.com	7	0:36:55	5	0:00:25	6	-0:37:20						
41	4064	785	José Reis	DNF	V1	Associação Cultural e Recreativa da Ribeira Over	13	0:39:07	24	0:00:46	5	-0:39:53						
42	4126	2729	António Piedade Santos	DNS	V3	Triathlon Lamego Club												
43	3224	655	Daniel Trindade	DNS	SEN	Casa Benfica Faro/GASCAN												
44	3113	579	Duarte Barreto	DNS	SEN	C.N. Cartaxo												
45	4127	2732	Emanuel Marques	DNS	V1	Triathlon Lamego Club												
46	4100	871	Jaime Carmo	DNS	V4	Individual												
47	3131	469	João Ferreira	DNS	SEN	Triathlon Lamego Club												
48	4136	2778	Paulo Calejo Rodrigues	DNS	V1	Individual												
49	3250	2743	Paulo Quintino	DNS	SEN	Clube Millennium BCP												
50	3216	2686	Ricardo Francisco	DNS	SEN	IPODEC / Tri-Oeiras.com												
51	3133	467	Sean McEvoy	DNS	SEN	Triathlon Lamego Club												
52	3098	559	José Pinto	DNS	SEN	Associação Cultural e Recreativa da Ribeira Over												
53	4137	2780	Luis Pires	DSQ	V3	Porto Runners	29	0:44:02	13	0:00:36	37	2:05:59	26	0:00:49	1	0:17:23	3:08:49	0:52:34
54	4117	2642	Carlos Egdio Alegre	DSQ	V2	Associação Recreativa Social e Cultural de Teledr	32	0:45:55	28	0:00:53	38	2:06:02	29	0:00:52	2	0:18:29	3:12:11	0:55:56