

#### Resultados

Localidade:	Oeiras	Distância SWIM (MT); BIKE (KM); RUN (MT):	750/20000/5000
Data:	11-06-2006	Hora de começo:	10h30m

#### Informação

Delegado técnico:	João Pinho	Juiz Principal:	Paula Figueiredo
Pontuável para:	Taça de Portugal	Juri de apelo:	J.L.Ferreira/J.Pinho/R.Salgueiro

SWIM							BIKE						RUN					
750 (MT)							20000 (KM)						5000 (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	SWIM	Pos	T-1	Pos	BIKE	Pos	T-2	Pos	RUN	Total	Diff
1	1001	51	Anais Moniz		JUN	C.F. "Os Belenenses"	1	0:11:20	2	0:00:54	1	0:28:54	1	0:00:44	1	0:19:14	1:01:06	0:00:00
2	1013	12	Bárbara Clemente		JUN	Sport União Colarense	3	0:12:42	1	0:00:51	2	0:29:29	4	0:00:51	3	0:20:05	1:03:58	0:02:52
3	1017	143	Joana Marques		JUN	IPODEC / Tri-Oeiras.com	6	0:12:55	5	0:01:02	4	0:31:23	2	0:00:45	2	0:19:53	1:05:58	0:04:52
4	1064	193	Filipa Ferreira		JUN	Alhandra Sporting Clube	5	0:12:54	4	0:00:57	5	0:31:29	15	0:01:07	5	0:22:20	1:08:47	0:07:41
5	2059	2738	Katarina Larsson		S23	IPODEC / Tri-Oeiras.com	12	0:14:17	9	0:01:21	7	0:32:26	19	0:01:14	4	0:21:11	1:10:29	0:09:23
6	3015	538	Maria João Madeira		SEN	IPODEC / Tri-Oeiras.com	11	0:14:15	12	0:01:32	3	0:30:18	16	0:01:07	11	0:23:35	1:10:47	0:09:41
7	1027	7	Marina Pedro		JUN	Ginásio Clube de Sines	13	0:14:39	11	0:01:25	6	0:31:56	9	0:00:54	8	0:23:12	1:12:06	0:11:00
8	1093	27	Mariana Costa		JUV	Individual	2	0:12:39	6	0:01:09	10	0:34:48	14	0:00:59	13	0:24:42	1:14:17	0:13:11
9	3240	380	Carla Ribeiro		SEN	C.N. Cartaxo	16	0:16:40	7	0:01:17	8	0:33:09	13	0:00:59	12	0:23:36	1:15:41	0:14:35
10	2047	2623	Marta Baleizão		S23	Alhandra Sporting Clube	8	0:13:47	8	0:01:18	11	0:36:22	5	0:00:52	14	0:24:49	1:17:08	0:16:02
11	1032	2454	Ana Filipa Sampaio		JUN	Alhandra Sporting Clube	4	0:12:47	3	0:00:55	9	0:34:20	7	0:00:54	23	0:29:57	1:18:53	0:17:47
12	3212	393	Maria Cecília Franco		SEN	IPODEC / Tri-Oeiras.com	15	0:15:45	19	0:01:52	12	0:36:42	21	0:01:23	10	0:23:20	1:19:02	0:17:56
13	1071	2592	Andreia Ponte		JUN	Ginásio Clube de Sines	9	0:13:54	15	0:01:41	17	0:38:17	10	0:00:55	17	0:26:46	1:21:33	0:20:27
14	3184	2596	Maria Rita Neves		SEN	IPODEC / Tri-Oeiras.com	14	0:14:48	17	0:01:45	16	0:38:11	18	0:01:11	16	0:25:42	1:21:37	0:20:31
15	1016	142	Ana Sampaio		JUN	IPODEC / Tri-Oeiras.com	10	0:13:58	10	0:01:25	18	0:38:46	12	0:00:57	19	0:27:07	1:22:13	0:21:07
16	1025	128	Tânia Boleta		JUN	Ginásio Clube de Sines	22	0:21:20	14	0:01:35	13	0:36:58	17	0:01:07	7	0:22:54	1:23:54	0:22:48
17	3192	2613	Isaura Faria		SEN	IPODEC / Tri-Oeiras.com	21	0:20:41	13	0:01:33	15	0:37:59	3	0:00:50	9	0:23:15	1:24:18	0:23:12
18	3038	587	Helena Medeiro		SEN	Serv. Soc. CGD	18	0:18:42	23	0:02:51	14	0:37:00	23	0:01:36	15	0:25:30	1:25:39	0:24:33
19	1035	2508	Ana Carrasco		JUN	Alhandra Sporting Clube	7	0:13:34	18	0:01:47	20	0:40:53	20	0:01:17	21	0:28:17	1:25:48	0:24:42
20	4007	808	Maria Moniz		V3	C.F. "Os Belenenses"	19	0:19:36	16	0:01:42	21	0:41:18	22	0:01:25	22	0:28:22	1:32:23	0:31:17
21	5014		Mariana Correia		SEN	Individual	17	0:17:33	21	0:02:13	23	0:44:35	8	0:00:54	20	0:27:29	1:32:44	0:31:38
22	3190	2609	Raquel Fróis		SEN	C.F. "Os Belenenses"	20	0:20:25	22	0:02:23	22	0:42:10	11	0:00:55	18	0:27:01	1:32:54	0:31:48
23	3204	2651	Susana Simões		SEN	Porto Runners	23	0:32:18	20	0:02:06	19	0:40:06	6	0:00:53	6	0:22:36	1:37:59	0:36:53