

POVOA DE LANHOSO



CAMPEONATO NACIONAL DE JUNIORES
CAMPEONATO NACIONAL DE AGE GROUPS

3 de Junho 2006

TRIA-LO

| Classif. | Classif Escalão | Lic. | Dorsal | Chip | Nome | Ano | Clube | S | Esc. | Corrida 1 | Trans. 1 | Ciclismo | Trans.2 | Corrida 2 | Tempo Total | Diff. | Pen. | | | | |
|----------|-----------------|-------------|--------|---------|-------------------------|------|--------------------------------------|---|-------|-----------|----------|----------|---------|-----------|-------------|-------|-------|----|----------|----------|----------|
| 1 | 1 | 382 | 3196 | DX8C2MB | Nelson Silva | 1982 | HALCON - Olímpico de Oeiras | M | 20-24 | 1 | 13:12 | 5 | 00:24 | 7 | 00:31:11 | 1 | 00:16 | 3 | 00:06:12 | 00:51:15 | |
| 2 | 1 | 508 | 4027 | CB44444 | Alcino Serras | 1965 | SR Camarnal-Constr.Ramalho Couto-Ika | M | 40-44 | 1 | 13:12 | 1 | 00:22 | 8 | 00:31:12 | 2 | 00:17 | 5 | 00:06:36 | 00:51:39 | 00:00:24 |
| 3 | 1 | 507 | 3039 | CB77381 | Custódio António | 1977 | SR Camarnal-Constr.Ramalho Couto-Ika | M | 25-29 | 7 | 13:56 | 8 | 00:25 | 4 | 00:30:30 | 4 | 00:20 | 6 | 00:06:39 | 00:51:50 | 00:00:35 |
| 4 | 1 | 523 | 3089 | CB97739 | Jorge Rodrigues | 1972 | Casa do Benfca no Fundão | M | 30-34 | 4 | 13:18 | 1 | 00:22 | 6 | 00:31:09 | 4 | 00:20 | 10 | 00:06:53 | 00:52:02 | 00:00:47 |
| 5 | 2 | 769 | 4032 | CB66973 | Carlos Gomes | 1962 | Oeiras Sport Clube | M | 40-44 | 12 | 14:00 | 9 | 00:26 | 2 | 00:30:25 | 3 | 00:20 | 10 | 00:06:53 | 00:52:04 | 00:00:49 |
| 6 | 2 | 2684 | 3214 | DA624K9 | Miguel Ganchinho | 1982 | IPODEC/Tri-Oeiras.com | M | 20-24 | 10 | 13:59 | 28 | 00:32 | 1 | 00:30:18 | 16 | 00:25 | 9 | 00:06:53 | 00:52:07 | 00:00:52 |
| 7 | 2 | 2640 | 3197 | DA04RWR | Délio Ferreira | 1976 | Tri-Oeste -Clube de Triatlo do Oeste | M | 30-34 | 6 | 13:50 | 13 | 00:27 | 5 | 00:30:34 | 21 | 00:28 | 14 | 00:07:15 | 00:52:34 | 00:01:19 |
| 8 | 3 | 461 | 3026 | CC78795 | Anibal Oliveira | 1975 | Amiciclo | M | 30-34 | 12 | 14:00 | 4 | 00:23 | 3 | 00:30:26 | 15 | 00:25 | 24 | 00:07:35 | 00:52:49 | 00:01:34 |
| 9 | 4 | 532 | 3071 | DN7SGM2 | Luis Manuel Almeida | 1972 | HALCON - Olímpico de Oeiras | M | 30-34 | 3 | 13:14 | 5 | 00:24 | 21 | 00:33:01 | 6 | 00:20 | 7 | 00:06:41 | 00:53:40 | 00:02:25 |
| 9 | 5 | 689 | 3114 | DX7KH5V | Rui Belo | 1976 | HALCON - Olímpico de Oeiras | M | 30-34 | 8 | 13:58 | 13 | 00:27 | 15 | 00:32:21 | 7 | 00:21 | 4 | 00:06:33 | 00:53:40 | 00:02:25 |
| 11 | 1 | 636 | 3090 | CB91004 | Paulo Queirós Gonçalves | 1969 | Casa do Benfca no Fundão | M | 35-39 | 15 | 14:01 | 11 | 00:27 | 12 | 00:32:14 | 9 | 00:22 | 8 | 00:06:52 | 00:53:56 | 00:02:41 |
| 12 | 3 | 785 | 4064 | CE40946 | José Reis | 1962 | A. C. R. Ribeira | M | 40-44 | 15 | 14:01 | 16 | 00:28 | 11 | 00:32:12 | 14 | 00:24 | 12 | 00:07:02 | 00:54:07 | 00:02:52 |
| 13 | 2 | 467 | 3133 | CC93464 | Sean McEvoy | 1967 | Triathlon Lamego Club | M | 35-39 | 20 | 14:32 | 10 | 00:26 | 10 | 00:31:54 | 7 | 00:21 | 13 | 00:07:08 | 00:54:21 | 00:03:06 |
| 14 | | NAOFEDERADO | 5036 | DR51PE3 | joaquim lopes | 1966 | Individual | M | 40-44 | 5 | 13:31 | 3 | 00:23 | 19 | 00:32:46 | 10 | 00:23 | 19 | 00:07:30 | 00:54:33 | 00:03:18 |
| 15 | 1 | 754 | 4041 | DX0WD3S | Fernando Pires | 1958 | Casa Benfca Faro/GASCAN | M | 45-49 | 12 | 14:00 | 11 | 00:27 | 16 | 00:32:21 | 10 | 00:23 | 21 | 00:07:31 | 00:54:42 | 00:03:27 |
| 16 | 3 | 2698 | 3228 | CH53993 | João Janela Martins | 1970 | Casa Benfca Faro/GASCAN | M | 35-39 | 23 | 14:48 | 30 | 00:33 | 9 | 00:31:20 | 50 | 00:38 | 33 | 00:07:59 | 00:55:18 | 00:04:03 |
| 17 | 2 | 881 | 4095 | DR9MA5R | Carlos Ferrão | 1960 | Oeiras Sport Clube | M | 45-49 | 15 | 14:01 | 7 | 00:25 | 22 | 00:33:20 | 13 | 00:24 | 15 | 00:07:17 | 00:55:27 | 00:04:12 |
| 18 | 1 | 2303 | 1006 | DR6BKVH | Pedro Leitão | 1989 | Alhandra Sporting Clube | M | 16-17 | 24 | 14:56 | 21 | 00:30 | 17 | 00:32:23 | 19 | 00:28 | 17 | 00:07:21 | 00:55:38 | 00:04:23 |
| 19 | 3 | 368 | 2020 | CB55147 | Edgar Martins | 1983 | Casa do Benfca no Fundão | M | 20-24 | 24 | 14:56 | 40 | 00:37 | 13 | 00:32:17 | 57 | 00:42 | 20 | 00:07:31 | 00:56:03 | 00:04:48 |
| 20 | 6 | 469 | 3131 | DX96WFH | João Ferreira | 1973 | Triathlon Lamego Club | M | 30-34 | 18 | 14:23 | 48 | 00:42 | 18 | 00:32:46 | 24 | 00:30 | 31 | 00:07:48 | 00:56:09 | 00:04:54 |
| 21 | 2 | 2612 | 1074 | DN2ABA6 | Pedro Laginha Palma | 1990 | Clube Triatlo de Perosinho | M | 16-17 | 8 | 13:58 | 47 | 00:41 | 24 | 00:33:40 | 28 | 00:32 | 28 | 00:07:47 | 00:56:38 | 00:05:23 |
| 22 | 3 | 865 | 4090 | CE77967 | Rui Campos | 1961 | Porto Runners | M | 45-49 | 22 | 14:47 | 53 | 00:43 | 14 | 00:32:19 | 45 | 00:37 | 43 | 00:08:25 | 00:56:51 | 00:05:36 |
| 23 | 4 | 499 | 4115 | CB50589 | António Ervideira | 1966 | Tri-Oeste -Clube de Triatlo do Oeste | M | 40-44 | 26 | 15:19 | 21 | 00:30 | 25 | 00:33:44 | 37 | 00:35 | 16 | 00:07:20 | 00:57:28 | 00:06:13 |
| 24 | 4 | 2700 | 3229 | DN48V7R | João Saúde | 1969 | Cl. Ferroviário de Vendas Novas | M | 35-39 | 21 | 14:36 | 33 | 00:33 | 30 | 00:34:16 | 18 | 00:27 | 28 | 00:07:47 | 00:57:39 | 00:06:24 |
| 25 | 4 | 2724 | 2057 | DN29XES | Fábio Faustino | 1986 | Ginásio Clube de Sines | M | 20-24 | 18 | 14:23 | 30 | 00:33 | 33 | 00:34:32 | 24 | 00:30 | 28 | 00:07:47 | 00:57:45 | 00:06:30 |
| 26 | 7 | 662 | 3102 | DX9D32M | Alexandre Feliz | 1972 | Tri-Oeste -Clube de Triatlo do Oeste | M | 30-34 | 30 | 15:41 | 33 | 00:33 | 22 | 00:33:20 | 30 | 00:33 | 32 | 00:07:49 | 00:57:56 | 00:06:41 |
| 27 | 8 | 471 | 3128 | CB55093 | José Ferreira | 1976 | Triathlon Lamego Club | M | 30-34 | 37 | 16:02 | 23 | 00:31 | 20 | 00:32:56 | 17 | 00:27 | 34 | 00:08:05 | 00:58:01 | 00:06:46 |
| 28 | 4 | 844 | 4125 | DN5AK1Y | Paulo Ribeiro | 1961 | Tri-Oeste -Clube de Triatlo do Oeste | M | 45-49 | 40 | 16:22 | 43 | 00:38 | 27 | 00:33:52 | 24 | 00:30 | 18 | 00:07:26 | 00:58:48 | 00:07:33 |
| 29 | 9 | 533 | 3072 | DX7Y78M | Octávio Luis | 1973 | HALCON - Olímpico de Oeiras | M | 30-34 | 34 | 15:56 | 35 | 00:33 | 32 | 00:34:23 | 45 | 00:37 | 22 | 00:07:34 | 00:59:03 | 00:07:48 |
| 30 | 5 | 781 | 4040 | DM4KPGV | António Raposo | 1958 | Casa Benfca Faro/GASCAN | M | 45-49 | 36 | 16:00 | 30 | 00:33 | 31 | 00:34:18 | 54 | 00:39 | 26 | 00:07:40 | 00:59:10 | 00:07:55 |
| 31 | 2 | 2452 | 3150 | CB87906 | Ernesto Caniço | 1978 | Ribabike / Assoc. 20 Km de Almeirim | M | 25-29 | 39 | 16:15 | 55 | 00:47 | 26 | 00:33:51 | 39 | 00:35 | 27 | 00:07:44 | 00:59:12 | 00:07:57 |
| 32 | 6 | 756 | 4034 | CD15606 | João Pereira | 1961 | IPODEC/Tri-Oeiras.com | M | 45-49 | 31 | 15:46 | 41 | 00:38 | 34 | 00:34:37 | 61 | 00:44 | 23 | 00:07:34 | 00:59:19 | 00:08:04 |
| 33 | 3 | 669 | 3023 | DR05GIN | Paulo Robalo | 1979 | Alhandra Sporting Club | M | 25-29 | 28 | 15:29 | 13 | 00:27 | 35 | 00:35:03 | 30 | 00:33 | 36 | 00:08:08 | 00:59:40 | 00:08:25 |
| 34 | 3 | 2513 | 1038 | DM43ERC | Diogo Custódio | 1989 | IPODEC/Tri-Oeiras.com | M | 16-17 | 27 | 15:28 | 18 | 00:29 | 36 | 00:35:09 | 19 | 00:28 | 45 | 00:08:29 | 01:00:03 | 00:08:48 |
| 35 | 4 | 2722 | 1086 | DA33YVW | Carlos Alberto Costa | 1990 | Ginásio Clube de Sines | M | 16-17 | 35 | 15:57 | 70 | 01:07 | 29 | 00:34:14 | 59 | 00:43 | 38 | 00:08:10 | 01:00:11 | 00:08:56 |
| 36 | 4 | 2734 | 3247 | DF0FDVZ | António Henriques | 1979 | Individual | M | 25-29 | 38 | 16:06 | 66 | 00:57 | 28 | 00:34:01 | 48 | 00:38 | 46 | 00:08:34 | 01:00:16 | 00:09:01 |
| 37 | | NAOFEDERADO | 5027 | DA89YF7 | Hugo Ferreira | 1975 | Individual | M | 30-34 | 10 | 13:59 | 17 | 00:28 | 47 | 00:38:08 | 12 | 00:23 | 25 | 00:07:38 | 01:00:36 | 00:09:21 |
| 38 | 10 | 531 | 3075 | DN213GZ | Nuno Lopes | 1976 | Cl. Ferroviário de Vendas Novas | M | 30-34 | 43 | 16:55 | 27 | 00:32 | 40 | 00:36:39 | 27 | 00:31 | 37 | 00:08:10 | 01:02:47 | 00:11:32 |
| 39 | 1 | 822 | 4067 | CB62141 | Carlos Leite | 1944 | A. C. R. Ribeira | M | 60-64 | 45 | 17:03 | 54 | 00:44 | 39 | 00:36:36 | 30 | 00:33 | 41 | 00:08:19 | 01:03:15 | 00:12:00 |
| 40 | 1 | 193 | 1064 | DA6ZWNB | Filipa Ferreira | 1990 | Alhandra Sporting Clube | F | 16-17 | 41 | 16:39 | 20 | 00:29 | 44 | 00:37:45 | 39 | 00:35 | 42 | 00:08:24 | 01:03:52 | 00:12:37 |
| 41 | 5 | 2732 | 4127 | DA69K19 | Emanuel Marques | 1964 | Triathlon Lamego Club | M | 40-44 | 33 | 15:55 | 71 | 01:17 | 43 | 00:37:39 | 71 | 01:10 | 40 | 00:08:16 | 01:04:17 | 00:13:02 |
| 42 | 5 | 215 | 1018 | DA0COZA | João Inácio | 1989 | IPODEC/Tri-Oeiras.com | M | 16-17 | 42 | 16:48 | 23 | 00:31 | 46 | 00:38:02 | 42 | 00:36 | 52 | 00:08:51 | 01:04:48 | 00:13:33 |
| 43 | 11 | 2733 | 3246 | DW73EAH | António Ferreira Lopes | 1974 | Individual | M | 30-34 | 66 | 18:44 | 60 | 00:50 | 38 | 00:35:58 | 52 | 00:39 | 58 | 00:09:17 | 01:05:28 | 00:14:13 |
| 44 | 5 | 2662 | 3207 | CE65092 | José Magalhães Dias | 1971 | A.D.C.R. Painho | M | 35-39 | 49 | 17:28 | 64 | 00:55 | 41 | 00:36:59 | 67 | 00:54 | 61 | 00:09:26 | 01:05:42 | 00:14:27 |
| 45 | 7 | 776 | 4122 | DX1APVF | Fernando Teixeira | 1958 | Cl. Ferroviário de Vendas Novas | M | 45-49 | 63 | 18:27 | 37 | 00:34 | 42 | 00:37:37 | 52 | 00:39 | 44 | 00:08:26 | 01:05:43 | 00:14:28 |
| 46 | 12 | 2717 | 3239 | DA6P7BY | Telmo Veloso | 1975 | Porto Runners | M | 30-34 | 29 | 15:33 | 67 | 00:57 | 57 | 00:40:10 | 68 | 00:58 | 35 | 00:08:06 | 01:05:44 | 00:14:29 |
| 47 | 5 | 560 | 3156 | DN2AP4K | Pedro Pereira | 1980 | Triathlon Lamego Club | M | 25-29 | 58 | 17:54 | 50 | 00:42 | 45 | 00:37:56 | 60 | 00:43 | 50 | 00:08:45 | 01:06:00 | 00:14:45 |
| 48 | 5 | 696 | 2002 | DN254R5 | Daniel Simões | 1984 | Alhandra Sporting Clube | M | 20-24 | 48 | 17:22 | 38 | 00:35 | 47 | 00:38:08 | 50 | 00:38 | 60 | 00:09:21 | 01:06:04 | 00:14:49 |
| 49 | | NAOFEDERADO | 5040 | DA7TWHH | Paulo Monteiro | 1973 | Individual | M | 30-34 | 32 | 15:52 | 35 | 00:33 | 61 | 00:40:59 | 23 | 00:30 | 39 | 00:08:11 | 01:06:05 | 00:14:50 |
| 50 | 6 | 286 | 2021 | DM43K2X | Pedro Penetra | 1984 | Casa do Benfca no Fundão | M | 20-24 | 54 | 17:47 | 51 | 00:43 | 51 | 00:38:15 | 45 | 00:37 | 51 | 00:08:46 | 01:06:08 | 00:14:53 |
| 51 | 13 | 559 | 3098 | DN2Y673 | José Pinto | 1976 | A. C. R. Ribeira | M | 30-34 | 73 | 21:55 | 74 | 01:35 | 67 | 00:35:26 | 75 | 01:44 | 2 | 00:05:33 | 01:06:13 | 00:14:58 |
| 52 | 1 | 2780 | 4137 | DR0R0TE | Luis Pires | 1956 | Porto Runners | M | 50-54 | 44 | 16:57 | 41 | 00:38 | 67 | 00:43:28 | 43 | 00:37 | 1 | 00:05:02 | 01:06:42 | 00:15:27 |
| 53 | 2 | 2641 | 4113 | DN7F5B1 | José Costa Moura | 1956 | Individual | M | 50-54 | 47 | 17:15 | 25 | 00:31 | 53 | 00:39:16 | 21 | 00:28 | 62 | 00:09:33 | 01:07:03 | 00:15:48 |
| 54 | 2 | 2454 | 1032 | DM4SNKG | Ana Filipa Sampaio | 1989 | Alhandra Sporting Clube | F | 16-17 | 50 | 17:34 | 29 | 00:32 | 55 | 00:39:43 | 34 | 00:34 | 49 | 00:08:41 | 01:07:04 | 00:15:49 |
| 55 | 1 | 811 | 4061 | CB51292 | Alberto Campos | 1948 | Casa do Benfca no Fundão | M | 55-59 | 60 | 18:06 | 63 | 00:55 | 52 | 00:38:18 | 64 | 00:47 | 56 | 00:09:12 | 01:07:18 | 00:16:03 |
| 56 | 14 | 657 | 3087 | DN7NWT6 | António Cruz | 1973 | C. F. Os Belenenses | M | 30-34 | 56 | 17:48 | 59 | 00:50 | 50 | 00:38:12 | 58 | 00:43 | 70 | 00:10:32 | 01:08:05 | 00:16:50 |
| 57 | 6 | 2706 | 3232 | DN2DEPB | Paulo Jorge Sousa | 1971 | Clube Triatlo de Perosinho | M | 35-39 | 46 | 17:07 | 72 | 01:25 | 54 | 00:39:38 | 74 | 01:25 | 47 | 00:08:39 | 01:08:14 | 00:16:59 |
| 58 | 3 | 128 | 1025 | DA8AHY4 | Tânia Boleta | 1989 | Ginásio Clube de Sines | F | 16-17 | 54 | 17:47 | 62 | 00:55 | 60 | 00:40:55 | 55 | 00:40 | 55 | 00:09:1 | | |

POVOA DE LANHOSO



**DA
T-10**

**CAMPEONATO NACIONAL DE JUNIORES
CAMPEONATO NACIONAL DE AGE GROUPS**

3 de Junho 2006

| Classif. | Classif Escalão | Lic. | Dorsal | Chip | Nome | Ano | Clube | S | Esc. | Corrida 1 | Trans. 1 | Ciclismo | Trans.2 | Corrida 2 | Tempo Total | Diff. | Pen. | | | | |
|----------|-----------------|-------------|--------|---------|------------------------|------|-------------------------|---|-------|-----------|----------|----------|---------|-----------|-------------|----------|-------|----|----------|----------|----------|
| 59 | 15 | 2515 | 3135 | DM22WDF | Mário Guedes | 1972 | Triathlon Lamego Club | M | 30-34 | 67 | 18:51 | 68 | 00:58 | 49 | 00:38:12 | 66 | 00:51 | 72 | 00:10:36 | 01:09:28 | 00:18:13 |
| 60 | 2 | 871 | 4100 | DA0C9C3 | Jaime Carmo | 1950 | Individual | M | 55-59 | 59 | 18:05 | 55 | 00:47 | 58 | 00:40:40 | 63 | 00:46 | 66 | 00:10:16 | 01:10:34 | 00:19:19 |
| 61 | 8 | 784 | 4066 | DN0XH5N | António Brandão | 1958 | A. C. R. Ribeira | M | 45-49 | 65 | 18:40 | 58 | 00:49 | 64 | 00:41:37 | 65 | 00:51 | 48 | 00:08:40 | 01:10:37 | 00:19:22 |
| 62 | 6 | 2723 | 1087 | DA69T8T | Daniel Adelinho | 1990 | Ginásio Clube de Sines | M | 16-17 | 64 | 18:36 | 44 | 00:40 | 62 | 00:41:12 | 48 | 00:38 | 71 | 00:10:32 | 01:11:38 | 00:20:23 |
| 63 | 9 | 786 | 4102 | DN06FAE | Luís Lima | 1958 | Triathlon Lamego Club | M | 45-49 | 62 | 18:25 | 75 | 01:42 | 63 | 00:41:24 | 72 | 01:14 | 54 | 00:09:09 | 01:11:54 | 00:20:39 |
| 64 | 6 | 2725 | 4124 | DR9RKB8 | Vitor Cotrim | 1966 | Individual | M | 40-44 | 52 | 17:39 | 45 | 00:40 | 69 | 00:44:04 | 43 | 00:37 | 64 | 00:09:45 | 01:12:45 | 00:21:30 |
| 65 | 1 | 2651 | 3204 | DN7NNMD | Susana Simões | 1972 | Porto Runners | F | 30-34 | 61 | 18:23 | 39 | 00:36 | 68 | 00:43:59 | 29 | 00:32 | 57 | 00:09:16 | 01:12:46 | 00:21:31 |
| 66 | | NAOFEDERADO | 5028 | DR4683B | Joaquim Avelar | 1962 | Individual | M | 40-44 | 71 | 19:43 | 65 | 00:56 | 65 | 00:41:43 | 62 | 00:44 | 67 | 00:10:25 | 01:13:31 | 00:22:16 |
| 67 | 6 | 2568 | 3174 | DM2BRE7 | Valter Nogueira | 1981 | Triathlon Lamego Club | M | 25-29 | 57 | 17:49 | 69 | 00:58 | 56 | 00:40:00 | 69 | 01:02 | 75 | 00:14:01 | 01:13:50 | 00:22:35 |
| 68 | 3 | 2729 | 4126 | DR3ZG2E | António Piedade Santos | 1953 | Triathlon Lamego Club | M | 50-54 | 52 | 17:39 | 52 | 00:43 | 73 | 00:45:45 | 34 | 00:34 | 59 | 00:09:21 | 01:14:02 | 00:22:47 |
| 69 | | NAOFEDERADO | 5018 | DN5EYCY | Carlos Rocha | 1966 | Individual | M | 40-44 | 51 | 17:37 | 57 | 00:49 | 75 | 00:46:37 | 41 | 00:36 | 53 | 00:08:58 | 01:14:37 | 00:23:22 |
| 70 | 1 | 7 | 1027 | DN06GDW | Marina Pedro | 1988 | Ginásio Clube de Sines | F | 18-19 | 69 | 19:13 | 18 | 00:29 | 70 | 00:44:46 | 30 | 00:33 | 69 | 00:10:29 | 01:15:30 | 00:24:15 |
| 71 | 1 | 2623 | 2047 | DX16ECH | Marta Baleizão | 1983 | Alhandra Sporting Clube | F | 20-24 | 72 | 20:22 | 60 | 00:50 | 66 | 00:43:13 | 36 | 00:34 | 73 | 00:10:47 | 01:15:46 | 00:24:31 |
| 72 | | NAOFEDERADO | 5037 | DF03GM6 | Jonathan Lewis | 1968 | Individual | M | 35-39 | 68 | 19:04 | 48 | 00:42 | 72 | 00:45:22 | 55 | 00:40 | 68 | 00:10:26 | 01:16:14 | 00:24:59 |
| 73 | 2 | 2760 | 4134 | DR020VM | Manuel Veloso | 1945 | Porto Runners | M | 60-64 | 70 | 19:20 | 73 | 01:31 | 74 | 00:46:27 | 72 | 01:14 | 62 | 00:09:33 | 01:18:05 | 00:26:50 |
| 74 | 4 | 2592 | 1071 | DA04NFS | Andreia Ponte | 1990 | Ginásio Clube de Sines | F | 16-17 | 74 | 21:56 | 26 | 00:32 | 71 | 00:44:53 | 37 | 00:35 | 65 | 00:10:10 | 01:18:06 | 00:26:51 |
| 75 | 1 | 2647 | 1070 | CE15815 | Adriano Silva | 1988 | Ginásio Clube de Sines | M | 18-19 | 75 | 23:24 | 46 | 00:41 | 69 | 00:40:53 | 70 | 01:08 | 74 | 00:13:20 | 01:19:26 | 00:28:11 |
| 76 | | NAOFEDERADO | 5039 | CD23819 | Olivia Carmo | 1960 | Individual | F | 45-49 | 76 | 26:41 | ##### | ##### | #### | 76 | 01:10:55 | | | | 01:37:36 | 00:46:21 |