

III Triatlo do Zêzere / Pedrógão

CLASSIFICAÇÃO INDIVIDUAL ABSOLUTA

Masculinos

Resultados

Localidade:	Pedrógão Grande	Distância SWIM (MT): BIKE (KM) RUN (MT):	750/20000/5000
Data:	07-05-2006	Hora de começo:	15h00m

Informação

Delegado técnico:	Bruno Salvador	Juiz Principal:	Paula Figueiredo
Pontuável para:	Taça de Portugal	Juri de apelo:	J L Ferreira / L Carvalho / Bruno S

Temperatura Agua:							SWIM		BIKE		RUN			
							750 M (MT)	20000 M (KM)		5000 M (MT)				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	SWIM	Pos	BIKE	Pos	RUN	TOTAL	DIFF
1	1063	52	Ruben Costa		JUN	Clube da Nataçao Colégio Vasco da Gama	6	0:09:55	4	0:39:21	5	0:15:37	1:04:53	0:00:00
2	2012	352	Pedro Gomes		S23	IPODEC / Tri-Oeiras.com	5	0:09:55	3	0:39:20	7	0:15:46	1:05:01	0:00:08
3	1011	102	José Estrangeiro		JUN	SR Camarnal-Constr.Ramalho Couto-Ika	7	0:09:58	2	0:39:15	10	0:16:08	1:05:21	0:00:28
4	3117	486	Lino Barruncho		SEN	Clube Olímpico de Oeiras	22	0:11:38	5	0:39:40	3	0:14:57	1:06:15	0:01:22
5	1054	2570	Vasco Pessoa		JUN	C.F. "Os Belenenses"	2	0:09:32	8	0:40:09	14	0:16:36	1:06:17	0:01:24
6	1020	179	Miguel Arraiolos		JUN	C.F. "Os Belenenses"	11	0:10:19	12	0:40:43	8	0:15:49	1:06:51	0:01:58
7	1082	2695	João José Pereira		JUN	Alhandra Sporting Clube	10	0:10:19	13	0:40:44	12	0:16:17	1:07:20	0:02:27
8	3039	507	Custódio António		SEN	SR Camarnal-Constr.Ramalho Couto-Ika	30	0:11:54	7	0:40:05	6	0:15:40	1:07:39	0:02:46
9	3049	475	Sérgio Dias		SEN	Tri-Oeste -Clube de Triatlo do Oeste	33	0:12:09	6	0:39:42	11	0:16:08	1:07:59	0:03:06
10	3040	505	José Ribeiro		SEN	SR Camarnal-Constr.Ramalho Couto-Ika	35	0:13:02	1	0:39:02	9	0:16:03	1:08:07	0:03:14
11	2007	362	Sérgio Manuel Silva		S23	SR Camarnal-Constr.Ramalho Couto-Ika	37	0:13:19	11	0:40:19	4	0:15:24	1:09:02	0:04:09
12	3214	2684	Miguel Ganchinho		SEN	IPODEC / Tri-Oeiras.com	27	0:11:46	9	0:40:14	19	0:17:14	1:09:14	0:04:21
13	3013	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	20	0:11:22	15	0:41:25	16	0:17:00	1:09:47	0:04:54
14	4013	648	Miguel Fragoso		V1	ABV Estoris	29	0:11:52	10	0:40:17	30	0:18:12	1:10:21	0:05:28
15	1074	2612	Pedro Laginha Palma		JUN	Clube Triatlo de Perosinho	15	0:10:55	19	0:43:07	15	0:16:41	1:10:43	0:05:50
16	2032	252	Tiago Neves		S23	IPODEC / Tri-Oeiras.com	4	0:09:52	20	0:43:16	26	0:18:00	1:11:08	0:06:15
17	4032	769	Carlos Gomes		V1	Oeiras Sport Clube	41	0:13:35	17	0:42:04	13	0:16:18	1:11:57	0:07:04
18	1006	2303	Pedro Leitão		JUN	Alhandra Sporting Clube	9	0:10:18	22	0:43:43	28	0:18:04	1:12:05	0:07:12
19	3107	621	Rui Sousa		SEN	C.N. Cartaxo	34	0:12:16	16	0:41:40	35	0:18:21	1:12:17	0:07:24
20	4115	499	António Ervideira		V1	Tri-Oeste -Clube de Triatlo do Oeste	39	0:13:23	18	0:42:37	18	0:17:14	1:13:14	0:08:21
21	3102	662	Alexandre Feliz		SEN	Tri-Oeste -Clube de Triatlo do Oeste	24	0:11:40	23	0:43:50	36	0:18:28	1:13:58	0:09:05
22	3017	729	Rui Pedro Sousa		SEN	C.F. "Os Belenenses"	12	0:10:46	30	0:45:55	21	0:17:27	1:14:08	0:09:15
23	3225	2694	Rui Ferreira		SEN	Individual	17	0:11:05	27	0:44:29	41	0:19:01	1:14:35	0:09:42
24	3211	354	Manuel Coutinho		SEN	IPODEC / Tri-Oeiras.com	3	0:09:51	26	0:44:20	61	0:20:57	1:15:08	0:10:15
25	2020	368	Edgar Martins		S23	Casa do Benfica no Fundão	40	0:13:27	24	0:44:01	27	0:18:04	1:15:32	0:10:39
26	4060	762	António Moura		V2	Casa do Benfica no Fundão	36	0:13:10	28	0:44:45	23	0:17:42	1:15:37	0:10:44

Temperatura Agua:							SWIM		BIKE		RUN			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	SWIM	Pos	BIKE	Pos	RUN	TOTAL	DIFF
27	3182	580	Alexandre Ventura		SEN	C.N. Cartaxo	21	0:11:33	25	0:44:09	54	0:20:07	1:15:49	0:10:56
28	1009	2506	Luis Courinha		JUN	Alhandra Sporting Clube	8	0:10:16	33	0:46:13	43	0:19:24	1:15:53	0:11:00
29	3009	629	Fernando Carmo		SEN	C.F. "Os Belenenses"	52	0:15:29	21	0:43:26	17	0:17:13	1:16:08	0:11:15
30	3113	579	Duarte Barreto		SEN	C.N. Cartaxo	31	0:11:58	31	0:46:02	33	0:18:18	1:16:18	0:11:25
31	4125	844	Paulo Ribeiro		V2	Tri-Oeste -Clube de Triatlo do Oeste	42	0:13:37	29	0:45:22	29	0:18:11	1:17:10	0:12:17
32	2005	2504	Mário Leitão		S23	Alhandra Sporting Clube	19	0:11:15	42	0:48:00	34	0:18:18	1:17:33	0:12:40
33	3112	593	Paulo Conde		SEN	C.N. Cartaxo	23	0:11:39	32	0:46:03	53	0:19:54	1:17:36	0:12:43
34	2002	696	Daniel Simões		S23	Alhandra Sporting Clube	14	0:10:48	34	0:46:28	59	0:20:30	1:17:46	0:12:53
35	4101	755	João Gomes		V2	IPODEC / Tri-Oeiras.com	28	0:11:50	43	0:48:09	42	0:19:11	1:19:10	0:14:17
36	2057	2724	Fábio Faustino		S23	Ginásio Clube de Sines	43	0:13:43	40	0:47:50	24	0:17:55	1:19:28	0:14:35
37	1076	116	Gonçalo Ruiivo		JUN	Águias de Alpiarça	16	0:11:05	44	0:48:13	58	0:20:25	1:19:43	0:14:50
38	1065	2328	Pedro Antão		JUN	Alhandra Sporting Clube	18	0:11:14	41	0:47:54	63	0:21:09	1:20:17	0:15:24
39	4052	770	Manuel Gonçalves		V2	Clube da Nataçao Colégio Vasco da Gama	44	0:14:01	47	0:49:05	25	0:17:56	1:21:02	0:16:09
40	5232		Pedro Figueira		SEN	Individual	26	0:11:45	50	0:49:40	49	0:19:41	1:21:06	0:16:13
41	3173	2564	José Lino		SEN	C.N. Cartaxo	60	0:16:22	35	0:46:29	40	0:18:54	1:21:45	0:16:52
42	5231		Pedro Quintela		SEN	Individual	53	0:15:34	37	0:47:22	39	0:18:49	1:21:45	0:16:52
43	3207	2662	José Magalhães Dias		SEN	A.D.C.R. Painho	45	0:14:20	39	0:47:41	56	0:20:08	1:22:09	0:17:16
44	4000	798	Olímpio Guedelha		V3	CCD / V.F. Xira	47	0:14:43	45	0:48:23	48	0:19:40	1:22:46	0:17:53
45	1067	2622	Nuno Sousa Faria		JUN	Alhandra Sporting Clube	32	0:12:05	57	0:51:35	55	0:20:07	1:23:47	0:18:54
46	2048	2659	Vitor Baía Silva		S23	Clube Triatlo de Perosinho	25	0:11:44	55	0:51:09	62	0:21:07	1:24:00	0:19:07
47	3119	638	Paulo Calixto		SEN	CCD / V.F. Xira	63	0:17:15	38	0:47:36	45	0:19:29	1:24:20	0:19:27
48	3120	720	Mário Couto		SEN	CCD / V.F. Xira	61	0:16:32	48	0:49:11	37	0:18:41	1:24:24	0:19:31
49	3140	4615	Jorge Vieira		SEN	Sport União Colarense	57	0:15:58	49	0:49:14	44	0:19:28	1:24:40	0:19:47
50	3095	748	José Gonçalves		SEN	Triathlon Lamego Club	49	0:15:13	58	0:52:11	31	0:18:13	1:25:37	0:20:44
51	2021	286	Pedro Penetra		S23	Casa do Benfica no Fundão	64	0:17:44	46	0:49:01	50	0:19:51	1:26:36	0:21:43
52	4061	811	Alberto Campos		V4	Casa do Benfica no Fundão	55	0:15:52	53	0:50:32	57	0:20:18	1:26:42	0:21:49
53	3203	2648	Pedro Soares Alves		SEN	Sport União Colarense	46	0:14:42	54	0:50:48	65	0:21:24	1:26:54	0:22:01
54	3100	706	Luis Cipriano		SEN	A.D.C.R. Painho	72	0:22:44	36	0:47:10	22	0:17:40	1:27:34	0:22:41
55	3002	484	Paulo Leote		SEN	CCD / V.F. Xira	51	0:15:24	59	0:52:51	47	0:19:36	1:27:51	0:22:58
56	4075	751	José Peixoto		V2	A.D.C.R. Painho	67	0:19:14	52	0:50:16	52	0:19:54	1:29:24	0:24:31
57	3194	2620	Nuno Paulo Simões		SEN	Sport União Colarense	54	0:15:51	61	0:54:07	68	0:23:23	1:33:21	0:28:28
58	2038	2552	Ricardo Rodrigues		S23	Alhandra Sporting Clube	38	0:13:20	63	0:55:20	69	0:25:29	1:34:09	0:29:16
59	5246	2711	Gonçalo Vicente		SEN	Clube da Nataçao Colégio Vasco da Gama	58	0:16:06	66	0:58:33	46	0:19:31	1:34:10	0:29:17
60	5228		Jorge Mendes		SEN	Individual	62	0:16:50	65	0:55:54	66	0:22:51	1:35:35	0:30:42
61	1061	2631	David Ferreira		JUN	Sport União Colarense	48	0:15:00	62	0:54:37	70	0:26:18	1:35:55	0:31:02
62	3218	2689	Filipe Cravo		SEN	C.F. "Os Belenenses"	56	0:15:55	70	1:02:47	20	0:17:24	1:36:06	0:31:13

Temperatura Agua:							SWIM		BIKE		RUN			
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	750 M (MT)	(MT)	20000 M (KM)	5000 M (MT)	(MT)	TOTAL	DIFF	
							Pos	SWIM	Pos	BIKE	Pos	RUN		
63	4072	752	Renato Fidalgo		V2	A.D.C.R. Painho	75	0:25:47	56	0:51:34	60	0:20:42	1:38:03	0:33:10
64	4100	871	Jaime Carmo		V4	Individual	69	0:21:17	64	0:55:53	64	0:21:20	1:38:30	0:33:37
65	3239	2717	Telmo Veloso		SEN	Porto Runners	70	0:21:34	67	0:59:27	38	0:18:41	1:39:42	0:34:49
66	3241	2718	Nuno Tintim		SEN	Individual	65	0:18:49	71	1:04:50	32	0:18:16	1:41:55	0:37:02
67	5245		Gonçalo dos Santos		SEN	Individual	68	0:20:32	69	1:01:36	51	0:19:53	1:42:01	0:37:08
68	3230	2703	Carlos Serra		SEN	Individual	66	0:18:52	68	1:00:12	67	0:23:13	1:42:17	0:37:24
69	4003	830	João Branco		V5	C.F. "Os Belenenses"	74	0:24:43	72	1:09:23	71	0:28:39	2:02:45	0:57:52
70	5233		Vitor Fernandes		V4	Individual	71	0:22:38	73	1:12:47	72	0:31:05	2:06:30	1:01:37
71	3085	722	Armando Costa		SEN	C.F. "Os Belenenses"	76	0:27:52	74	1:16:12	73	0:37:33	2:21:37	1:16:44
72	2044	273	Charly Blanchard	DNF	S23	IPODEC / Tri-Oeiras.com	13	0:10:47						
73	1052	2563	João Pedro Silva	DNF	JUN	C.F. "Os Belenenses"	1	0:09:31	14	0:40:51				
74	3209	2677	Pedro Miguel Lopes	DNF	SEN	Porto Runners	73	0:24:37						
75	1045	222	João Amaral	DNS	JUN	C.N. Cartaxo								
76	1089	2737	João Sousa Castro	DNS	JUN	Individual								
77	3023	669	Paulo Robalo	DNS	SEN	Alhandra Sporting Clube								
78	3198	295	Ricardo Teixeira	DNS	SEN	Tri-Oeste -Clube de Triatlo do Oeste								
79	3081	745	Ricardo Vieira	DNS	SEN	Ginásio Clube Figueirense								
80	5215		Diego Yebra	DNS	SEN	Individual								
81	5229		Paulo Renato Santos	DNS	V1	Individual								
82	5075		Carlos Silva	DSQ	SEN	Individual	59	0:16:09	60	0:53:22	1	0:06:20	1:15:51	0:10:58
83	1092	2757	Eduardo Mourato	DSQ	JUN	Triathlon Lamego Club	50	0:15:22	51	0:49:57	2	0:12:31	1:17:50	0:12:57