

I Duatlo da S.R.Camarnal/ C.M.

CLASSIFICAÇÃO POR ESCALÕES

Resultados

Localidade:	Camarnal	Distância CORR (MT); CICLIS (KM) CORR (MT):	5000/20/2500
Data:	08-10-2005	Hora de começo:	15h00m

Informação

Delegado técnico:	Artur Parreira	Juiz Principal:	Carlos Dias
Pontuável para:	Circuito Nacional	Juri de apelo:	

V5 Masculinos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)						CORRIDA 2500 M (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
54	4067	822	Carlos Leite		V5	Vitória Club de Ovar	64	0:21:42	0	-0:00:56	55	0:37:57	6	-0:01:01	49	0:11:38	1:09:20	0:11:49
86	4043	829	Francisco Martins		V5	Clube Ferroviário de Vendas Novas	87	0:26:08	31	-0:00:30	84	0:45:26	24	-0:00:42	83	0:14:59	1:25:21	0:27:50

V4 Masculinos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)						CORRIDA 2500 M (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
76	4100	871	Jaime Carmo		V4	Individual	76	0:24:00	13	-0:00:43	73	0:42:28	20	-0:00:44	73	0:13:26	1:18:27	0:20:56

V3 Masculinos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)						CORRIDA 2500 M (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
24	4059	800	Fernando Feijão		V3	Casa do Benfica no Fundão	19	0:18:56	75	-0:00:16	21	0:34:32	47	-0:00:30	29	0:10:35	1:03:17	0:05:46
53	4000	798	Olímpio Guedelha		V3	CCD / V.F. Xira	56	0:21:13	21	-0:00:34	53	0:37:44	29	-0:00:38	46	0:11:24	1:09:09	0:11:38
85	4035	812	Carlos Raimundo		V3	IPODEC / Tri-Oeiras.com	88	0:26:49	23	-0:00:34	80	0:44:44	30	-0:00:38	82	0:14:36	1:24:57	0:27:26

V2 Masculinos

CORRIDA 5000 M (MT) Temperatura Agua:							CICLISMO 20 KM (KM)						CORRIDA 2500 M (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
15	4060	762	António Moura		V2	Casa do Benfica no Fundão	21	0:18:58	79	-0:00:15	13	0:34:10	82	-0:00:19	15	0:09:57	1:02:31	0:05:00
38	4015	774	José Oliveira		V2	ABV Estoris	40	0:20:26	67	-0:00:18	35	0:35:27	55	-0:00:27	35	0:10:43	1:05:51	0:08:20
43	4039	792	José Varela		V2	Casa Benfica Faro/GASCAN	46	0:20:45	36	-0:00:28	30	0:35:15	56	-0:00:27	44	0:11:17	1:06:22	0:08:51
50	5291		Joaquim Afonso		V2	Individual	42	0:20:41	8	-0:00:45	52	0:37:33	18	-0:00:46	53	0:12:01	1:08:44	0:11:13
58	5070		José Moura		V2	Individual	60	0:21:37	66	-0:00:18	59	0:38:44	33	-0:00:36	59	0:12:20	1:11:47	0:14:16
59	4048	777	Jerónimo Cruz		V2	Clube Ferroviário de Vendas Novas	69	0:22:33	41	-0:00:26	60	0:38:47	59	-0:00:27	55	0:12:05	1:12:32	0:15:01
79	4092	872	António Perdigoto		V2	Alhandra Sporting Clube	75	0:23:52	37	-0:00:26	77	0:43:39	43	-0:00:31	62	0:12:37	1:19:11	0:21:40
88	4091	869	Vicente Graça		V2	Alhandra Sporting Clube	84	0:25:19	26	-0:00:32	90	0:47:19	19	-0:00:45	84	0:15:02	1:26:23	0:28:52
92	4095	881	Carlos Ferrão	DNF	V2	Musclor-Oeiras Sport Clube	16	0:18:43	71	-0:00:17	1	-0:18:26	91	0:54:29	1	-0:54:29		

V1 Masculinos

CORRIDA 5000 M (MT) Temperatura Agua:							CICLISMO 20 KM (KM)						CORRIDA 2500 M (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
1	4027	508	Alcino Serras		V1	SR Camarnal-Constr.Ramalho Couto-Ika	0	0:16:46	88	-0:00:12	2	0:32:48	85	-0:00:18	5	0:08:27	0:57:31	0:00:00
11	4032	769	Carlos Gomes		V1	Musclor-Oeiras Sport Clube	9	0:17:49	85	-0:00:13	18	0:34:23	90	0:31:17	2	-0:22:09	1:01:07	0:03:36
12	4086	489	José Salgueiro		V1	Vitória Janes	23	0:19:07	51	-0:00:22	11	0:33:23	48	-0:00:30	22	0:10:21	1:01:59	0:04:28
13	4058	520	António Catarino		V1	Casa do Benfica no Fundão	10	0:17:50	83	-0:00:14	19	0:34:26	72	-0:00:22	34	0:10:43	1:02:23	0:04:52
33	4074	458	Pedro Marques		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	45	0:20:44	40	-0:00:26	34	0:35:23	51	-0:00:29	23	0:10:22	1:05:34	0:08:03
34	4036	839	Carlos Cunha		V1	IPODEC / Tri-Oeiras.com	36	0:20:11	77	-0:00:16	26	0:34:51	77	-0:00:21	42	0:11:10	1:05:35	0:08:04
45	4065	557	José Silva		V1	Vitória Club de Ovar	32	0:19:55	20	-0:00:35	42	0:36:00	22	-0:00:44	67	0:13:02	1:07:38	0:10:07
56	4072	752	Renato Fidalgo		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	62	0:21:39	6	-0:00:49	56	0:38:18	2	-0:01:21	76	0:13:33	1:11:20	0:13:49
82	5143		António Trabuco		V1	Individual	81	0:24:36	4	-0:00:51	78	0:44:06	12	-0:00:53	78	0:14:12	1:21:10	0:23:39

SEN Masculinos

CORRIDA 5000 M (MT) Temperatura Agua:							CICLISMO 20 KM (KM)						CORRIDA 2500 M (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
2	3114	689	Rui Belo		SEN	Vitória Janes	6	0:16:51	81	-0:00:15	7	0:32:58	84	-0:00:19	4	0:08:25	0:57:40	0:00:09
5	3088	521	João Campos		SEN	Casa do Benfica no Fundão	5	0:16:49	86	-0:00:13	3	0:32:54	86	-0:00:18	8	0:08:44	0:57:56	0:00:25
6	3089	523	Jorge Rodrigues		SEN	Casa do Benfica no Fundão	3	0:16:48	87	-0:00:13	6	0:32:56	83	-0:00:19	10	0:08:56	0:58:08	0:00:37
7	3071	532	Luis Manuel Almeida		SEN	Clube Ferroviário de Vendas Novas	2	0:16:47	91	-0:00:12	8	0:33:03	68	-0:00:25	11	0:09:19	0:58:32	0:01:01
8	3039	507	Custódio António		SEN	SR Camarnal-Constr.Ramalho Couto-Ika	7	0:17:31	84	-0:00:14	9	0:33:08	75	-0:00:21	12	0:09:20	0:59:24	0:01:53

Médias: 0:21:20 -0:00:27 0:37:49 0:00:16 0:10:35

9	3040	505	José Ribeiro	SEN	SR Camarnal-Constr.Ramalho Couto-Ika	8	0:17:35	68	-0:00:18	10	0:33:08	80	-0:00:20	13	0:09:35	0:59:40	0:02:09
10	3090	636	Paulo Queirós Gonçalves	SEN	Casa do Benfica no Fundão	11	0:17:51	80	-0:00:15	17	0:34:20	88	-0:00:17	9	0:08:51	1:00:30	0:02:59
14	3064	465	Paulo Silva	SEN	Casa Benfica Faro/GASCAN	20	0:18:57	76	-0:00:16	20	0:34:30	81	-0:00:20	14	0:09:39	1:02:30	0:04:59
17	3139	2524	Nuno Nunes	SEN	SR Camarnal-Constr.Ramalho Couto-Ika	12	0:18:03	69	-0:00:18	33	0:35:23	73	-0:00:22	16	0:09:57	1:02:43	0:05:12
18	3153	741	Pedro Bartolomeu	SEN	TAC-Natação	15	0:18:42	53	-0:00:22	22	0:34:40	67	-0:00:25	18	0:10:09	1:02:44	0:05:13
20	3137	466	Carlos Matos	SEN	Casa Benfica Faro/GASCAN	26	0:19:18	42	-0:00:25	15	0:34:17	46	-0:00:30	20	0:10:16	1:02:56	0:05:25
21	5135		João Saúde	SEN	Individual	17	0:18:43	50	-0:00:22	23	0:34:45	76	-0:00:21	19	0:10:14	1:02:59	0:05:28
23	5010		Daniel Trindade	SEN	Individual	13	0:18:16	92	-0:00:08	28	0:34:56	79	-0:00:20	27	0:10:29	1:03:13	0:05:42
25	3026	461	Anibal Oliveira	SEN	Amiciclo	22	0:19:05	48	-0:00:23	16	0:34:20	64	-0:00:25	47	0:11:27	1:04:04	0:06:33
26	3014	613	Paulo Lamego	SEN	C.F. "Os Belenenses"	28	0:19:38	44	-0:00:25	38	0:35:41	32	-0:00:37	25	0:10:28	1:04:45	0:07:14
27	3170	2562	Rui Simões	SEN	Sport União Colarenses	35	0:20:07	22	-0:00:34	29	0:35:08	58	-0:00:27	33	0:10:41	1:04:55	0:07:24
28	3086	649	Luis Guerreiro	SEN	Borealis	27	0:19:36	52	-0:00:22	36	0:35:37	57	-0:00:27	32	0:10:41	1:05:05	0:07:34
29	5260	682	David Vaz	SEN	Casa do Benfica no Fundão	30	0:19:44	70	-0:00:18	0	-0:19:26			92	1:05:07	1:05:07	0:07:36
30	3054	739	António Luz Gomes	SEN	IPODEC / Tri-Oeiras.com	31	0:19:52	57	-0:00:20	31	0:35:16	50	-0:00:29	36	0:10:53	1:05:12	0:07:41
31	3100	706	Luis Cipriano	SEN	A.D.C.R. Painho/Pêra Rocha do Oeste	39	0:20:23	16	-0:00:39	40	0:35:49	37	-0:00:36	24	0:10:26	1:05:23	0:07:52
32	3113	579	Duarte Barreto	SEN	C.N. Cartaxo	43	0:20:42	74	-0:00:16	27	0:34:55	52	-0:00:28	31	0:10:40	1:05:33	0:08:02
36	3072	533	Octávio Luis	SEN	Clube Ferroviário de Vendas Novas	50	0:20:52	58	-0:00:20	25	0:34:49	74	-0:00:22	30	0:10:36	1:05:35	0:08:04
37	3173	2564	José Lino	SEN	C.N. Cartaxo	37	0:20:18	65	-0:00:18	32	0:35:17	71	-0:00:23	38	0:10:57	1:05:51	0:08:20
39	5285		Paulo Nunes	SEN	Individual	18	0:18:55	34	-0:00:29	49	0:36:54	53	-0:00:28	41	0:11:02	1:05:54	0:08:23
41	5050		Tiago Fragata	SEN	Individual	38	0:20:19	15	-0:00:43	43	0:36:10	15	-0:00:48	43	0:11:16	1:06:14	0:08:43
47	3023	669	Paulo Robalo	SEN	Alhandra Sporting Clube	53	0:21:01	28	-0:00:31	45	0:36:43	41	-0:00:33	45	0:11:18	1:07:58	0:10:27
48	3094	708	Pedro Fernandes	SEN	ABV Estoris	47	0:20:47	39	-0:00:26	50	0:36:59	34	-0:00:36	50	0:11:47	1:08:31	0:11:00
49	3022	540	Pedro Gaspar	SEN	Alhandra Sporting Clube	59	0:21:34	19	-0:00:36	51	0:37:19	35	-0:00:36	40	0:11:00	1:08:41	0:11:10
51	3119	638	Paulo Calixto	SEN	Ateneu Artístico Cartaxense	49	0:20:51	43	-0:00:25	48	0:36:51	44	-0:00:31	60	0:12:21	1:09:07	0:11:36
52	3121	2510	João Quitério	SEN	Ateneu Artístico Cartaxense	55	0:21:09	17	-0:00:38	47	0:36:50	28	-0:00:38	61	0:12:25	1:09:08	0:11:37
55	3171	315	Bruno Ferreira	SEN	C.N. Cartaxo	54	0:21:04	24	-0:00:32	54	0:37:52	26	-0:00:39	57	0:12:16	1:10:01	0:12:30
57	3004	485	Bruno Silva	SEN	CCD / V.F. Xira	44	0:20:43	73	-0:00:16	62	0:39:27	60	-0:00:26	51	0:11:57	1:11:25	0:13:54
60	3120	720	Mário Couto	SEN	Ateneu Artístico Cartaxense	65	0:21:46	49	-0:00:23	58	0:38:43	21	-0:00:44	71	0:13:19	1:12:41	0:15:10
61	5132		Carlos F. da Silva	SEN	Individual	66	0:21:50	5	-0:00:51	63	0:39:29	5	-0:01:03	72	0:13:20	1:12:45	0:15:14
62	5131		Joaquim Figueiras	SEN	Individual	58	0:21:25	38	-0:00:26	69	0:41:04	16	-0:00:47	56	0:12:09	1:13:25	0:15:54
65	3087	657	António Cruz	SEN	C.F. "Os Belenenses"	63	0:21:40	32	-0:00:29	68	0:41:00	13	-0:00:48	64	0:12:38	1:14:01	0:16:30
67	5237		José Davide Gregório	SEN	Individual	68	0:22:21	78	-0:00:16	66	0:40:47	63	-0:00:26	58	0:12:16	1:14:42	0:17:11
68	5184		Francisco Pereira	SEN	Individual	90	0:27:43	12	-0:00:43	91	0:48:05	8	-0:00:59	3	0:00:40	1:14:46	0:17:15
71	5007		Helder Costa	SEN	Individual	51	0:20:57	35	-0:00:28	79	0:44:36	40	-0:00:33	54	0:12:04	1:16:36	0:19:05
72	3118	701	Nuno Morais	SEN	Ateneu Artístico Cartaxense	77	0:24:02	56	-0:00:20	70	0:41:16	69	-0:00:24	63	0:12:37	1:17:11	0:19:40
74	5095		Alfonso Piñera	SEN	Individual	73	0:23:01	72	-0:00:17	76	0:43:10	27	-0:00:39	66	0:12:57	1:18:12	0:20:41
75	5252		António Henriques	SEN	Individual	74	0:23:41	11	-0:00:44	72	0:41:46	10	-0:00:56	81	0:14:27	1:18:14	0:20:43
77	5098		Luis Lemos	SEN	Individual	70	0:22:34	2	-0:00:52	82	0:44:52	3	-0:01:08	70	0:13:13	1:18:39	0:21:08
78	5123		Adérito Pereira	SEN	Individual	78	0:24:13	18	-0:00:36	71	0:41:45	11	-0:00:54	79	0:14:14	1:18:42	0:21:11
80	3122	2514	Jorge Mendes	SEN	Mem Martins Sport Club	82	0:24:37	46	-0:00:24	74	0:42:36	66	-0:00:25	74	0:13:28	1:19:52	0:22:21

81	5006		Pedro Silva		SEN	Individual	67	0:22:19	7	-0:00:48	83	0:45:08	4	-0:01:08	85	0:15:06	1:20:37	0:23:06
83	3076	687	Rui Pereira		SEN	Clube Ferroviário de Vendas Novas	80	0:24:26	59	-0:00:20	81	0:44:50	42	-0:00:33	88	0:16:06	1:24:29	0:26:58
84	5064		Hugo Silva		SEN	Individual	85	0:25:28	3	-0:00:51	86	0:46:09	0	-0:01:28	87	0:15:34	1:24:52	0:27:21
87	5041		Ricardo Soeiro		SEN	Individual	79	0:24:22	1	-0:00:55	89	0:47:14	1	-0:01:22	90	0:16:54	1:26:13	0:28:42
89	5163		Pedro Couceiro		SEN	Individual	86	0:25:54	47	-0:00:24	88	0:46:45	39	-0:00:34	86	0:15:20	1:27:01	0:29:30
91	5081		Rui Chambel		SEN	Individual	89	0:27:12	54	-0:00:22	87	0:46:40	36	-0:00:36	91	0:17:19	1:30:13	0:32:42
93	5246		Miguel Lopes	DNF	SEN	Individual	91	0:27:43	14	-0:00:43	92	0:48:05	9	-0:00:59	0	-1:14:06		

SEN Femininos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)					CORRIDA 2500 M (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
5	3192	2613	Isaura Faria		SEN	IPODEC / Tri-Oeiras.com	-8	0:25:08	-11	-0:00:39	-7	0:47:31	-9	-0:00:37	-8	0:13:50	1:25:13	0:27:42
8	5217		Mónica Vieira		SEN	Individual	-7	0:25:14	-7	-0:00:26	-5	0:58:16	-12	-0:00:48	-10	0:13:44	1:36:00	0:38:29

S23 Masculinos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)					CORRIDA 2500 M (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
3	2029	382	Nelson Silva		S23	Vitória Janes	4	0:16:48	90	-0:00:12	4	0:32:54	89	-0:00:16	6	0:08:30	0:57:44	0:00:13
4	2006	364	Duarte Marques		S23	SR Camarnal-Constr.Ramalho Couto-Ika	1	0:16:46	89	-0:00:12	5	0:32:56	87	-0:00:17	7	0:08:36	0:57:49	0:00:18
16	5295		Miguel Ganchinho		S23	Individual	29	0:19:40	10	-0:00:44	12	0:33:54	31	-0:00:37	28	0:10:29	1:02:42	0:05:11
22	2020	368	Edgar Martins		S23	Casa do Benfica no Fundão	14	0:18:38	60	-0:00:19	24	0:34:49	65	-0:00:25	21	0:10:19	1:03:02	0:05:31
35	2013	2502	João Miguel Coelho		S23	IPODEC / Tri-Oeiras.com	33	0:20:03	45	-0:00:25	41	0:35:55	62	-0:00:26	26	0:10:28	1:05:35	0:08:04
42	2042	295	Ricardo Teixeira		S23	Tri-Oeste -Clube de Triatlo do Oeste	24	0:19:12	62	-0:00:19	44	0:36:11	17	-0:00:47	52	0:12:00	1:06:17	0:08:46
44	2021	286	Pedro Penetra		S23	Casa do Benfica no Fundão	41	0:20:27	25	-0:00:32	39	0:35:45	45	-0:00:31	48	0:11:37	1:06:46	0:09:15
64	5072		Rui Pisco		S23	Individual	57	0:21:21	64	-0:00:19	57	0:38:42	49	-0:00:30	80	0:14:26	1:13:40	0:16:09
66	2046	253	Nuno Chainho		S23	Os Kotas Bike Team	61	0:21:38	27	-0:00:31	67	0:40:57	23	-0:00:43	69	0:13:12	1:14:33	0:17:02
69	5128		Filipe Dias		S23	Individual	48	0:20:48	55	-0:00:20	75	0:42:42	54	-0:00:27	65	0:12:56	1:15:39	0:18:08
73	2002	696	Daniel Simões		S23	Alhandra Sporting Clube	83	0:25:00	9	-0:00:44	64	0:40:18	25	-0:00:40	77	0:13:55	1:17:49	0:20:18
90	2025	290	Luis Estrela		S23	Clube Ferroviário de Vendas Novas	92	0:28:15	29	-0:00:31	85	0:45:33	7	-0:01:00	89	0:16:14	1:28:31	0:31:00

S23 Femininos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)					CORRIDA 2500 M (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRIDA	Total	Diff
7	2047	2623	Marta Baleizão		S23	Alhandra Sporting Clube	-6	0:25:43	-10	-0:00:39	-6	0:52:26	-10	-0:00:42	-6	0:14:35	1:31:23	0:33:52

JUN Masculinos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)					CORRIDA 2500 M (MT)					
LG	DrsI	LIC	Nome	PEN	ESC	Equipa	Pos	CORRID/	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRID/	Total	Diff
19	1006	2303	Pedro Leitão		JUN	Alhandra Sporting Clube	25	0:19:13	61	-0:00:19	14	0:34:13	61	-0:00:26	17	0:10:08	1:02:49	0:05:18
40	1044	2523	Noé Dias		JUN	Casa do Povo de Mouriscas	34	0:20:06	82	-0:00:15	37	0:35:40	78	-0:00:21	37	0:10:53	1:06:03	0:08:32
46	1007	2504	Mário Leitão		JUN	Alhandra Sporting Clube	52	0:20:58	33	-0:00:29	46	0:36:46	38	-0:00:35	39	0:11:00	1:07:40	0:10:09
63	1009	2506	Luis Courinha		JUN	Alhandra Sporting Clube	72	0:22:54	30	-0:00:30	61	0:38:54	14	-0:00:48	68	0:13:05	1:13:35	0:16:04
70	5255		Jason Cruz Santos		JUN	Individual	71	0:22:41	63	-0:00:19	65	0:40:39	70	-0:00:24	75	0:13:29	1:16:06	0:18:35

JUN Femininos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)					CORRIDA 2500 M (MT)					
LG	DrsI	LIC	Nome	PEN	ESC	Equipa	Pos	CORRID/	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRID/	Total	Diff
1	23	193	Filipa Ferreira		JUN	Alhandra Sporting Clube	-11	0:22:49	-6	-0:00:25	-12	0:40:39	-8	-0:00:36	-12	0:12:18	1:14:45	0:17:14
2	1025	128	Tânia Boleta		JUN	Os Kotas Bike Team	-12	0:22:38	-12	-0:00:44	-10	0:43:28	-7	-0:00:33	-11	0:12:21	1:17:10	0:19:39
3	1027	7	Marina Pedro		JUN	Os Kotas Bike Team	-10	0:23:24	-5	-0:00:15	-11	0:41:47	-6	-0:00:26	-5	0:14:41	1:19:11	0:21:40
4	1032	2454	Ana Filipa Sampaio		JUN	Alhandra Sporting Clube	-9	0:23:40	-9	-0:00:36	-9	0:46:20	-13	-0:00:52	-9	0:13:50	1:22:22	0:24:51
6	1035	2508	Ana Carrasco		JUN	Alhandra Sporting Clube	-5	0:26:01	-8	-0:00:33	-8	0:47:05	-11	-0:00:42	-7	0:14:05	1:25:56	0:28:25

V2 Femininos

CORRIDA 5000 M (MT) Temperatura Agua:								CICLISMO 20 KM (KM)					CORRIDA 2500 M (MT)					
LG	DrsI	LIC	Nome	PEN	ESC	Equipa	Pos	CORRID/	Pos	T-1	Pos	CICLISMC	Pos	T-2	Pos	CORRID/	Total	Diff
9	4096	841	Maria João Martins	DNS	V2	IPODEC / Tri-Oeiras.com												
94	4061	811	Alberto Campos	DNS	V4	Casa do Benfica no Fundão												
95	3172	645	João Lourenço	DNS	SEN	C.N. Cartaxo												
96	4087	646	Manuel Batista	DNS	V1	Ateneu Artístico Cartaxense												
97	4090	865	Rui Campos	DNS	V1	Musclor-Oeiras Sport Clube												
98	5284		Rui Pereira	DNS	SEN	Individual												
99	5297		Ulisses Lopes	DNS	SEN	Individual												
100	5210		Vítor Pereira	DNS	SEN	Individual												
101	2010	2501	João Belo Martins	DNS	S23	IPODEC / Tri-Oeiras.com												
102	5069		Daniel Magalhães	DNS	SEN	Individual												
103	2039	293	Paulo Fernandes Pereira	DNS	S23	A.D.C.R. Painho/Pêra Rocha do Oeste												
104	3194	2620	Nuno Paulo Simões	DNS	SEN	Sport União Colarense												
105	3140	4615	Jorge Vieira	DNS	SEN	Sport União Colarense												

Médias: 0:21:20 -0:00:27 0:37:49 0:00:16 0:10:35

Resultados

106	5057	Fábio Afonso	DNS	JUN	Individual														
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