

**Resultados**

<b>Localidade:</b>	<b>Monte Gordo</b>	<b>Distância</b> NATAÇ (MT); CICLIS (KM) CORRI (MT):	<b>375/12/2500</b>
<b>Data:</b>	<b>18-09-2005</b>	<b>Hora de começo:</b>	<b>10h30m</b>

**Informação**

<b>Delegado técnico:</b>	<b>Artur Parreira</b>	<b>Juiz Principal:</b>	<b>Ricardo Guerreiro</b>
<b>Pontuável para:</b>		<b>Juri de apelo:</b>	<b>J. L. Ferreira; A. Francisco; A. Parreira</b>

Temperatura Agua:						NATAÇÃO		CICLISMO		CORRIDA		TOTAL	DIFF	
LG	DRSL	LIC	NOME	PEN	ESC	Pos	NATAÇÃO (MT)	Pos	CICLISMO (KM)	Pos	CORRIDA (MT)			
1	189	2302	Diogo Calado		JUV	C.F. "Os Belenenses"	2	0:06:41	1	0:14:45	7	0:10:32	0:31:58	0:00:00
2	210	52	Ruben Costa		JUV	Clube da Nataçao Colégio Vasco da Gama	4	0:07:00	8	0:15:34	2	0:09:39	0:32:13	0:00:15
3	1006	2303	Pedro Leitão		JUN	Alhandra Sporting Clube	8	0:07:06	4	0:15:25	3	0:10:02	0:32:33	0:00:35
4	186	2522	João Amorim		JUV	Alhandra Sporting Clube	3	0:06:59	7	0:15:31	16	0:10:57	0:33:27	0:01:29
5	5157		João Dias		S23	Individual					83	0:34:12	0:34:12	0:02:14
6	101	37	Fabrizio Tomás		JUV	C.N. Cartaxo	6	0:07:06	5	0:15:27	31	0:11:47	0:34:20	0:02:22
7	5038		Nelson Mestre		SEN	Individual	32	0:08:12	2	0:15:21	12	0:10:50	0:34:23	0:02:25
8	1038	2513	Diogo Custódio		JUN	Mem Martins Sport Club	18	0:07:37	12	0:15:54	15	0:10:55	0:34:26	0:02:28
9	1050	2549	José Quaresma		JUN	C.F. "Os Belenenses"	23	0:07:46	3	0:15:23	22	0:11:26	0:34:35	0:02:37
10	1007	2504	Mário Leitão		JUN	Alhandra Sporting Clube	12	0:07:27	18	0:16:25	10	0:10:48	0:34:40	0:02:42
11	97	2274	Pedro Nuno Duarte		JUV	Casa do Povo de Mouriscas	42	0:08:51	11	0:15:51	5	0:10:18	0:35:00	0:03:02
12	2001	658	Miguel Máia		S23	Alhandra Sporting Clube	13	0:07:28	16	0:16:12	25	0:11:33	0:35:13	0:03:15
13	109	35	João Serrano		JUV	C.N. Cartaxo	9	0:07:07	17	0:16:22	32	0:11:47	0:35:16	0:03:18
14	5098		Hugh Gibbs		V1	Individual	37	0:08:26	10	0:15:47	18	0:11:05	0:35:18	0:03:20
15	1003	2294	Francisco Oliveira Reis		JUN	C.F. "Os Belenenses"	19	0:07:37	15	0:16:07	27	0:11:37	0:35:21	0:03:23
16	1009	2506	Luis Courinha		JUN	Alhandra Sporting Clube	10	0:07:17	9	0:15:36	43	0:12:45	0:35:38	0:03:40
17	1045	222	João Amaral		JUN	C.N. Cartaxo	11	0:07:24	22	0:16:32	35	0:12:06	0:36:02	0:04:04
18	5069		João Martins		V1	Individual	41	0:08:46	19	0:16:26	14	0:10:54	0:36:06	0:04:08
19	2042	295	Ricardo Teixeira		S23	Tri-Oeste -Clube de Triatlo do Oeste	64	0:10:37	6	0:15:30	4	0:10:11	0:36:18	0:04:20
20	1024	287	José Pinho		JUN	A.D.C.R. Painho/Pêra Rocha do Oeste	17	0:07:35	29	0:17:04	30	0:11:45	0:36:24	0:04:26
21	1057	2607	Marcos Duro		JUN	Mem Martins Sport Club	28	0:08:08	30	0:17:22	13	0:10:54	0:36:24	0:04:26
22	1023	445	Miguel Caetano		JUN	A.D.C.R. Painho/Pêra Rocha do Oeste	49	0:09:18	21	0:16:29	9	0:10:42	0:36:29	0:04:31
23	5135		Sergio Lopes		SEN	Individual					84	0:36:40	0:36:40	0:04:42
24	1027	7	Marina Pedro		JUN	Os Kotas Bike Team	34	0:08:15	20	0:16:27	37	0:12:16	0:36:58	0:05:00
25	209	20	Bruno Pereira		JUV	Alhandra Sporting Clube	16	0:07:35	28	0:17:00	39	0:12:28	0:37:03	0:05:05
26	2002	696	Daniel Simões		S23	Alhandra Sporting Clube	5	0:07:04	25	0:16:51	55	0:13:09	0:37:04	0:05:06
27	3100	706	Luis Cipriano		SEN	A.D.C.R. Painho/Pêra Rocha do Oeste	65	0:10:44	13	0:15:58	6	0:10:23	0:37:05	0:05:07
28	51	145	André Simas		JUV	Mem Martins Sport Club	29	0:08:11	24	0:16:45	36	0:12:10	0:37:06	0:05:08
29	23	193	Filipa Ferreira		JUV	Alhandra Sporting Clube	30	0:08:11	27	0:16:56	33	0:12:00	0:37:07	0:05:09
30	1018	215	João Inácio		JUN	Mem Martins Sport Club	27	0:08:07	31	0:17:42	21	0:11:23	0:37:12	0:05:14
31	4073	456	Amândio Caetano		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	54	0:09:56	23	0:16:34	17	0:10:59	0:37:29	0:05:31
32	5237		Paulo Nunes		SEN	Individual	53	0:09:55	26	0:16:53	19	0:11:07	0:37:55	0:05:57
33	1017	143	Joana Marques		JUN	Mem Martins Sport Club	26	0:07:59	36	0:18:35	26	0:11:36	0:38:10	0:06:12
34	5006		João Lima		SEN	Individual	39	0:08:42	38	0:18:48	23	0:11:28	0:38:58	0:07:00
35	1030	427	Ricardo Marques		JUN	C.N. Cartaxo	20	0:07:38	14	0:15:59	78	0:15:38	0:39:15	0:07:17
36	86	27	Mariana Costa		JUV	Os Kotas Bike Team	21	0:07:42	46	0:19:14	41	0:12:31	0:39:27	0:07:29
37	119	231	Carolina Gregório		JUV	Sport União Colarense	47	0:09:15	35	0:18:29	34	0:12:02	0:39:46	0:07:48
38	5143		Nicolau Henrique		JUV	Individual	15	0:07:31	53	0:19:47	52	0:12:59	0:40:17	0:08:19
39	5205		Nuno Simões		SEN	Individual	46	0:09:07	37	0:18:35	42	0:12:36	0:40:18	0:08:20
40	121	2328	Pedro Antão		JUV	Alhandra Sporting Clube	31	0:08:12	49	0:19:19	46	0:12:50	0:40:21	0:08:23
41	2038	2552	Ricardo Rodrigues		S23	Alhandra Sporting Clube	33	0:08:14	45	0:19:11	49	0:12:57	0:40:22	0:08:24
42	5297		Carlos Brás		JUN	Individual	36	0:08:24	48	0:19:14	51	0:12:59	0:40:37	0:08:39
43	5250		André Correia		JUN	Individual	14	0:07:31	55	0:20:04	56	0:13:09	0:40:44	0:08:46
44	3058	740	André Rocha		SEN	IPODEC / Tri-Oeiras.com	38	0:08:28	51	0:19:28	50	0:12:58	0:40:54	0:08:56
45	5295		Leandro Flores		SEN	Individual	62	0:10:31	40	0:18:55	28	0:11:41	0:41:07	0:09:09
46	3096	547	José Antunes		SEN	Individual	74	0:11:22	33	0:18:11	29	0:11:42	0:41:15	0:09:17
47	1032	2454	Ana Filipa Sampaio		JUN	Alhandra Sporting Clube	22	0:07:43	58	0:20:36	61	0:13:23	0:41:42	0:09:44

Temperatura Agua:						NATAÇÃO		CICLISMO		CORRIDA				
						375 M (MT)		12 KM (KM)		2500 M (MT)				
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	CICLISMO	Pos	CORRIDA	TOTAL	DIFF
48	1010	126	Joaquim Guerreiro		JUN	Amiciclo	61	0:10:26	54	0:19:59	20	0:11:18	0:41:43	0:09:45
49	5041		Filipe Conceição		SEN	Individual	66	0:10:48	56	0:20:07	11	0:10:49	0:41:44	0:09:46
50	3003	854	César Andrade		SEN	CCD / V.F. Xira	48	0:09:17	34	0:18:23	71	0:14:08	0:41:48	0:09:50
51	5210		Pedro Bernardo		SEN	Individual	57	0:10:13	32	0:17:56	66	0:13:46	0:41:55	0:09:57
52	5282		Luis Rocha		SEN	Individual	55	0:09:59	44	0:19:08	48	0:12:56	0:42:03	0:10:05
53	2047	2623	Marta Baleizão		S23	Alhandra Sporting Clube	35	0:08:15	57	0:20:29	62	0:13:26	0:42:10	0:10:12
54	5126		Pedro Fernandes		SEN	Individual	56	0:10:07	50	0:19:19	53	0:12:59	0:42:25	0:10:27
55	83	157	Rui Cordeiro		JUV	Os Kotas Bike Team	51	0:09:36	52	0:19:30	60	0:13:20	0:42:26	0:10:28
56	5275		José Carlos Serra		SEN	Individual	69	0:11:05	43	0:19:06	38	0:12:22	0:42:33	0:10:35
57	118	2293	Inês Jorge		JUV	Sport União Colarense	25	0:07:54	62	0:21:30	57	0:13:10	0:42:34	0:10:36
58	4035	812	Carlos Raimundo		V3	IPODEC / Tri-Oeiras.com	63	0:10:35	39	0:18:49	64	0:13:32	0:42:56	0:10:58
59	5033		Mário Sousa		SEN	Individual	71	0:11:08	42	0:19:05	45	0:12:47	0:43:00	0:11:02
60	5057		Nuno Alves		SEN	Individual	72	0:11:09	41	0:19:02	59	0:13:17	0:43:28	0:11:30
61	1035	2508	Ana Carrasco		JUN	Alhandra Sporting Clube	24	0:07:50	68	0:22:03	65	0:13:43	0:43:36	0:11:38
62	5231		João Correia		SEN	Individual	68	0:11:04	47	0:19:14	68	0:13:48	0:44:06	0:12:08
63	5285		Filipe Pereira		SEN	Individual	43	0:08:52	69	0:22:20	54	0:13:03	0:44:15	0:12:17
64	52	146	Andreia Simões Lopes		JUV	Mem Martins Sport Club	59	0:10:20	83	0:43:39	1	-0:09:41	0:44:18	0:12:20
65	233	2592	Andreia Ponte		JUV	Os Kotas Bike Team	45	0:09:05	65	0:21:45	70	0:13:59	0:44:49	0:12:51
66	1016	142	Ana Sampaio		JUN	Mem Martins Sport Club	50	0:09:22	59	0:20:59	74	0:14:40	0:45:01	0:13:03
67	5082		Ricardo Conceição		S23	Individual	79	0:13:07	66	0:21:58	8	0:10:32	0:45:37	0:13:39
68	5166		Filipe Cravo		SEN	Individual	44	0:08:59	70	0:22:25	73	0:14:32	0:45:56	0:13:58
69	1025	128	Tânia Boleta		JUN	Os Kotas Bike Team	75	0:11:48	72	0:22:43	24	0:11:30	0:46:01	0:14:03
70	5286		Lopo Faísca		V1	Individual	60	0:10:23	73	0:22:55	44	0:12:46	0:46:04	0:14:06
71	3192	2613	Isaura Faria		SEN	IPODEC / Tri-Oeiras.com	73	0:11:13	74	0:23:09	40	0:12:28	0:46:50	0:14:52
72	120	2327	Sofia Almeida		JUV	Alhandra Sporting Clube	40	0:08:45	77	0:24:53	63	0:13:27	0:47:05	0:15:07
73	5291		João Martins		SEN	Individual	58	0:10:15	75	0:23:14	69	0:13:48	0:47:17	0:15:19
74	4004	801	Luís Ramos		V3	C.F. "Os Belenenses"	76	0:12:03	63	0:21:36	67	0:13:48	0:47:27	0:15:29
75	5217		Amândio Norberto		V4	Individual	80	0:13:15	61	0:21:28	47	0:12:52	0:47:35	0:15:37
76	5300		António Mories		V1	Individual	70	0:11:06	60	0:21:22	75	0:15:13	0:47:41	0:15:43
77	5068		Constantino Conceição		V2	Individual	81	0:13:25	64	0:21:41	58	0:13:14	0:48:20	0:16:22
78	5246		João Costa		SEN	Individual	67	0:10:53	67	0:21:58	77	0:15:37	0:48:28	0:16:30
79	5131		Domingos Martins		V3	Individual	77	0:12:08	71	0:22:35	72	0:14:10	0:48:53	0:16:55
80	5245		Nuno Norberto		SEN	Individual	52	0:09:37	78	0:25:08	76	0:15:35	0:50:20	0:18:22
81	3085	722	Armando Costa		SEN	Sport União Colarense	78	0:12:28	76	0:23:58	82	0:18:59	0:55:25	0:23:27
82	3105	750	Maria Bernardo		SEN	A.D.C.R. Painho/Pêra Rocha do Oeste	82	0:13:55	79	0:25:32	79	0:17:48	0:57:15	0:25:17
83	5072		Sofia Santos		SEN	Individual	83	0:16:13	80	0:35:46	80	0:18:27	1:10:26	0:38:28
84	5163		Vitor Agostinho		SEN	Individual	84	0:16:13	81	0:35:46	81	0:18:28	1:10:27	0:38:29
85	102	55	Miguel Henriques	DNF	JUV	C.N. Cartaxo	7	0:07:06	82	0:38:26				
86	1031	269	Pedro Reis	DNF	JUN	C.N. Cartaxo	1	0:02:51	84	0:59:53				
87	5255		Joel Silva	DNF	SEN	Individual								
88	4001	821	Adelino Vicente	DNS	V4	Individual								
89	103	65	Ana Oliveira	DNS	JUV	C.N. Cartaxo								
90	3054	739	António Luz Gomes	DNS	SEN	IPODEC / Tri-Oeiras.com								
91	4094	873	Artur Amaral	DNS	V1	C.N. Cartaxo								
92	2027	380	Carla Ribeiro	DNS	S23	C.N. Cartaxo								
93	106	54	Filipa Ribeiro	DNS	JUV	C.N. Cartaxo								
94	215	39	Isabel Ribeiro	DNS	JUV	C.N. Cartaxo								
95	4003	830	João Branco	DNS	V5	C.F. "Os Belenenses"								
96	5260		José Manta	DNS	SEN	Individual								
97	5067		Eunice Guerreiro	DNS	SEN	Individual								
98	5063		Ana Corriente Rosa	DNS	SEN	Individual								
99	5269		Joana Elias	DNS	SEN	Individual								
100	5133		Nuno Soares	DNS	SEN	Individual								
101	5289		Nuno Tintim	DNS	SEN	Individual								
102	5089		Ricardo Martins	DNS	JUN	Individual								