

### Resultados

<b>Localidade:</b>	<b>Idanha-a-Nova</b>	<b>Distância</b> NATAÇ (MT); CICLIS (KM) CORRI (MT):	<b>375/10/2500</b>
<b>Data:</b>	<b>03-09-2005</b>	<b>Hora de começo:</b>	<b>11h00m</b>

### Informação

<b>Delegado técnico:</b>	<b>Artur Parreira</b>	<b>Juiz Principal:</b>	<b>João Pinho</b>
<b>Pontuável para:</b>		<b>Juri de apelo:</b>	<b>Alfr. Teixeira; J. Baptista; Artur P.</b>

Temperatura Agua:						NATAÇÃO		CICLISMO		CORRIDA		TOTAL	DIFF		
LG	DRSL	LIC	NOME	PEN	ESC	Equipa	375 M (MT)	10 KM (KM)	2500 M (MT)						
1	3013	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	2	0:05:12	2	0:22:22	24	0:18:21	0:45:55	0:00:00	
2	2020	368	Edgar Martins		S23	Casa do Benfica no Fundão Individual	11	0:05:59	1	0:21:42	28	0:19:09	0:46:50	0:00:55	
3	3113	579	Duarte Barreto		SEN	C.N. Cartaxo	7	0:05:51	5	0:23:54	26	0:18:41	0:48:26	0:02:31	
4	5284		Emanuel Marques		V1	Individual	21	0:07:50	19	0:28:53	5	0:12:10	0:48:53	0:02:58	
5	5010		Paulo Nunes		SEN	Individual	23	0:07:56	14	0:27:34	14	0:13:36	0:49:06	0:03:11	
6	4060	762	António Moura		V2	Casa do Benfica no Fundão	13	0:06:10	6	0:24:45	25	0:18:27	0:40:22	0:03:37	
7	3120	720	Mário Couto		SEN	Ateneu Artístico Cartaxense	22	0:07:54	18	0:28:34	13	0:13:29	0:49:57	0:04:02	
8	3182	580	Alexandre Ventura		SEN	C.N. Cartaxo	6	0:05:41	4	0:23:37	29	0:21:13	0:50:31	0:04:36	
9	2027	380	Carla Ribeiro		S23	C.N. Cartaxo	20	0:07:21	23	0:31:03	6	0:12:12	0:50:36	0:04:41	
10	3119	638	Paulo Calixto		SEN	Ateneu Artístico Cartaxense	28	0:09:30	15	0:27:35	15	0:13:42	0:50:47	0:04:52	
11	5199		Nuno Tintim		SEN	Individual	31	0:09:42	16	0:28:12	12	0:13:12	0:51:06	0:05:11	
12	51	145	André Simas		JUV	Mem Martins Sport Club	8	0:05:53	20	0:29:13	22	0:16:25	0:51:31	0:05:36	
13	3096	547	José Antunes		SEN	Individual	35	0:10:41	21	0:30:19	2	0:10:43	0:51:43	0:05:48	
14	4100	871	Jaime Carmo		V4	Individual	32	0:10:13	22	0:30:49	4	0:11:44	0:52:46	0:06:51	
15	1017	143	Joana Marques		JUN	Mem Martins Sport Club	10	0:05:58	17	0:28:13	27	0:18:47	0:52:58	0:07:03	
16	97	2274	Pedro Nuno Duarte		JUV	Casa do Povo de Mouriscas	15	0:06:15	7	0:25:00	31	0:21:46	0:53:01	0:07:06	
17	1052	2563	João Pedro Silva		JUN	Individual	1	0:04:39	3	0:22:46	34	0:25:38	0:53:03	0:07:08	
18	5296		Pedro Silva		SEN	Individual	27	0:09:22	24	0:31:53	8	0:12:32	0:53:47	0:07:52	
19	62	116	Gonçalo Ruivo		JUV	Águias de Alpiarça	12	0:06:03	10	0:25:15	33	0:22:44	0:54:02	0:08:07	
20	1030	427	Ricardo Marques		JUN	C.N. Cartaxo	3	0:05:23	13	0:27:21	30	0:21:24	0:54:08	0:08:13	
21	5148		Carlos Serra		SEN	Individual	25	0:09:05	27	0:34:08	3	0:11:14	0:54:27	0:08:32	
22	1031	269	Pedro Reis		JUN	C.N. Cartaxo	9	0:05:56	12	0:26:57	32	0:22:18	0:55:11	0:09:16	
23	3097	546	Luis Antunes		SEN	Individual	30	0:09:37	26	0:33:35	9	0:12:37	0:55:49	0:09:54	
24	1016	142	Ana Sampaio		JUN	Mem Martins Sport Club	17	0:06:20	29	0:35:17	18	0:14:34	0:56:11	0:10:16	
25	233	2592	Andreia Ponte		JUV	Os Kotas Bike Team Individual	14	0:06:14	31	0:36:32	17	0:14:21	0:57:07	0:11:12	
26	5081		Oscar Escalreira		V1	Individual	24	0:08:55	30	0:36:12	7	0:12:27	0:57:34	0:11:39	
27	5070		José Almeida		SEN	Individual	36	0:11:35	25	0:33:29	10	0:12:55	0:57:59	0:12:04	
28	5167		António Mories		V1	Individual	26	0:09:18	28	0:34:19	19	0:15:12	0:58:49	0:12:54	
29	1018	215	João Inácio		JUN	Mem Martins Sport Club	18	0:06:24	8	0:25:02	36	0:28:42	1:00:08	0:14:13	
30	1057	2607	Marcos Duro		JUN	Mem Martins Sport Club	4	0:05:25	11	0:26:06	35	0:28:37	1:00:08	0:14:13	
31	1038	2513	Diogo Custódio		JUN	Mem Martins Sport Club	16	0:06:16	9	0:25:07	37	0:28:57	1:00:20	0:14:25	
32	5128		Domingos Martins		V3	Individual	34	0:10:26	32	0:37:16	11	0:13:04	1:00:46	0:14:51	
33	66	117	Nádia Arraiolos		JUV	Águias de Alpiarça	19	0:06:54	33	0:38:19	20	0:15:34	1:00:47	0:14:52	
34	5223		Luis Boleto		SEN	Individual	33	0:10:16	34	0:41:16	23	0:16:29	1:08:01	0:22:06	
35	5194		João Calejo		SEN	Individual	29	0:09:31	35	0:44:54	21	0:15:43	1:10:08	0:24:13	
36	5195		Ulisses Lopes		SEN	Individual	39	0:13:45	37	0:53:35	16	0:14:04	1:21:24	0:35:29	
37	5192		Hugo Alves		DNF	SEN	Individual	37	0:12:08						
38	1006	2303	Pedro Leitão		DNF	JUN	Alhandra Sporting Clube	5	0:05:26						
39	3091	682	David Vaz		DNS	SEN	Casa do Benfica no Fundão								
40	70	235	Diogo Leitão		DNS	JUV	Águias de Alpiarça								
41	5221		João Lima		DNS	SEN	Individual								
42	5237		Marco Ferreira		DNS	JUN	Individual								
43	2021	286	Pedro Penetra		DNS	S23	Casa do Benfica no Fundão								
44	5123		Márcio Sampaio		DSQ	SEN	Individual	38	0:12:22	36	0:46:33	1	0:01:54	1:00:49	0:14:54