

Resultados

Localidade:	Peniche	Distância NATAC (MT): <input type="text"/> CICLIS (KM) CORR (MT):	800/21000/5400
Data:	02-07-2005	Hora de começo:	16h00m

Informação

Delegado técnico:	Nelson Laranjeira	Juiz Principal:	João Pinho
Pontuável para:	Circuito Nacional	Juri de apelo:	Nelson Laranjeira

Temperatura Agua:					NATAÇÃO				CICLISMO				CORRIDA					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	800 M (MT)				21000 M (KM)				5400 M (MT)			
							Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
1	3063	488	Nuno Neves		SEN	Casa Benfca Faro/GASCAN	4	0:11:11	5	0:00:36	16	0:35:29	8	0:00:27	4	0:20:23	1:08:06	0:00:00
2	3165	476	Mário Raimundo		SEN	IPODEC / Tri-Oeiras.com	2	0:10:08	3	0:00:35	17	0:36:07	15	0:00:28	6	0:21:00	1:08:18	0:00:12
3	2003	417	Rui Dolores		S23	Amiciclo	17	0:12:00	42	0:00:57	10	0:34:57	32	0:00:34	5	0:20:48	1:09:16	0:01:10
4	3013	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	7	0:11:25	1	0:00:35	13	0:35:19	12	0:00:28	12	0:21:40	1:09:27	0:01:21
5	3046	495	Luis Duarte		SEN	Tri-Oeste -Clube de Triatlo do Oeste	23	0:12:08	11	0:00:41	9	0:34:55	21	0:00:30	11	0:21:34	1:09:48	0:01:42
6	3069	497	Pedro Cordeiro		SEN	Casa Benfca Faro/GASCAN	5	0:11:18	7	0:00:37	14	0:35:25	19	0:00:29	18	0:22:23	1:10:12	0:02:06
7	3021	588	Marco Mello		SEN	ABV Estoris	15	0:11:56	16	0:00:43	12	0:35:15	22	0:00:31	16	0:22:17	1:10:42	0:02:36
8	3049	475	Sérgio Dias		SEN	Tri-Oeste -Clube de Triatlo do Oeste	31	0:12:24	26	0:00:50	19	0:36:20	33	0:00:34	9	0:21:26	1:11:34	0:03:28
9	1052	2563	João Pedro Silva		JUN	Individual	1	0:10:07	2	0:00:35	54	0:38:55	73	0:00:44	13	0:21:43	1:12:04	0:03:58
10	3182	580	Alexandre Ventura		SEN	C.N. Cartaxo	11	0:11:50	9	0:00:40	15	0:35:26	57	0:00:41	38	0:24:03	1:12:40	0:04:34
11	3020	524	Miguel Palma		SEN	ABV Estoris	21	0:12:04	17	0:00:43	11	0:35:02	38	0:00:36	58	0:24:58	1:13:23	0:05:17
12	2020	368	Edgar Martins		S23	Casa do Benfca no Fundão	43	0:13:08	67	0:01:09	23	0:36:45	13	0:00:28	19	0:22:28	1:13:58	0:05:52
13	3107	621	Rui Sousa		SEN	C.D. Asas do Milénium	37	0:12:51	46	0:00:58	24	0:36:50	66	0:00:42	24	0:22:58	1:14:19	0:06:13
14	3180	730	Paulo Jorge Barradas		SEN	Grecas - Vagos	25	0:12:13	109	0:01:30	25	0:37:00	53	0:00:39	25	0:23:01	1:14:23	0:06:17
15	3137	466	Carlos Matos		SEN	Casa Benfca Faro/GASCAN	52	0:13:59	37	0:00:55	32	0:37:36	31	0:00:34	8	0:21:20	1:14:24	0:06:18
16	3079	728	Eduardo Alçada		SEN	Ginásio Clube Figueirense	34	0:12:31	49	0:01:01	26	0:37:01	26	0:00:32	30	0:23:26	1:14:31	0:06:25
17	4040	781	António Raposo		V2	Casa Benfca Faro/GASCAN	30	0:12:23	29	0:00:52	28	0:37:21	75	0:00:45	29	0:23:22	1:14:43	0:06:37
18	3102	662	Alexandre Feliz		SEN	A.D.C.R. Painho/Pêra Rocha do Oeste	13	0:11:54	72	0:01:11	31	0:37:33	35	0:00:34	31	0:23:45	1:14:57	0:06:51
19	4031	665	José Zacarias		V1	Musclor-Oeiras Sport Clube	32	0:12:25	30	0:00:52	20	0:36:25	58	0:00:41	48	0:24:37	1:15:00	0:06:54
20	3164	2555	Olimpio Ferreira		SEN	AGM-Portas / GGS-Torneiras	26	0:12:14	20	0:00:47	35	0:37:40	23	0:00:31	33	0:23:52	1:15:04	0:06:58
21	3017	729	Rui Pedro Sousa		SEN	C.F. "Os Belenenses"	8	0:11:34	100	0:01:24	56	0:38:59	45	0:00:37	20	0:22:37	1:15:11	0:07:05
22	3026	461	Anibal Oliveira		SEN	Amiciclo	78	0:15:47	47	0:01:01	22	0:36:44	5	0:00:27	7	0:21:20	1:15:19	0:07:13
23	3064	465	Paulo Silva		SEN	Casa Benfca Faro/GASCAN	51	0:13:52	35	0:00:54	39	0:37:52	4	0:00:25	17	0:22:17	1:15:20	0:07:14
24	4093	840	Rui Sa		V1	Casa Benfca Faro/GASCAN	24	0:12:12	61	0:01:06	29	0:37:27	87	0:00:49	36	0:23:58	1:15:32	0:07:26
25	5292		Diego Yebra		SEN	Individual	44	0:13:14	28	0:00:51	38	0:37:46	61	0:00:41	27	0:23:06	1:15:38	0:07:32
26	3051	499	António Ervideira		SEN	Tri-Oeste -Clube de Triatlo do Oeste	61	0:14:52	43	0:00:58	37	0:37:46	20	0:00:30	14	0:21:47	1:15:53	0:07:47

Temperatura Agua:						NATAÇÃO				CICLISMO				CORRIDA				
						800 M (MT)				21000 M (KM)				5400 M (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
27	4060	762	António Moura		V2	Casa do Benfica no Fundão	48	0:13:31	24	0:00:49	47	0:38:18	1	0:00:24	23	0:22:53	1:15:55	0:07:49
28	3005	620	Diogo Almeida		SEN	C.F. "Os Belenenses"	9	0:11:44	40	0:00:57	18	0:36:12	49	0:00:39	80	0:26:33	1:16:05	0:07:59
29	3010	585	Paulo Codinha		SEN	C.F. "Os Belenenses"	28	0:12:19	18	0:00:44	36	0:37:43	52	0:00:39	51	0:24:40	1:16:05	0:07:59
30	3034	721	Pedro Freitas		SEN	CEFA	16	0:11:57	68	0:01:09	34	0:37:39	96	0:00:51	53	0:24:46	1:16:22	0:08:16
31	1054	2570	Vasco Pessoa		JUN	Individual	3	0:10:12	15	0:00:42	71	0:39:55	27	0:00:32	59	0:25:01	1:16:22	0:08:16
32	4101	755	João Gomes		V1	IPODEC / Tri-Oeiras.com	29	0:12:21	14	0:00:42	33	0:37:37	42	0:00:37	62	0:25:15	1:16:32	0:08:26
33	3139	2524	Nuno Nunes		SEN	SR Camarnal-Constr.Ramalho Couto-Ika	53	0:14:03	79	0:01:15	62	0:39:37	29	0:00:33	10	0:21:31	1:16:59	0:08:53
34	1023	445	Miguel Caetano		JUN	A.D.C.R. Painho/Pêra Rocha do Oeste	63	0:14:59	63	0:01:08	30	0:37:32	54	0:00:40	28	0:23:15	1:17:34	0:09:28
35	3022	540	Pedro Gaspar		SEN	Alhandra Sporting Clube	18	0:12:02	86	0:01:17	49	0:38:30	94	0:00:50	57	0:24:56	1:17:35	0:09:29
36	3113	579	Duarte Barreto		SEN	C.N. Cartaxo	14	0:11:56	6	0:00:37	45	0:38:01	63	0:00:42	78	0:26:26	1:17:42	0:09:36
37	3007	573	António Cabaço		SEN	C.F. "Os Belenenses"	33	0:12:26	57	0:01:06	58	0:39:07	71	0:00:44	44	0:24:23	1:17:46	0:09:40
38	3172	645	João Lourenço		SEN	C.N. Cartaxo	66	0:15:06	69	0:01:10	27	0:37:18	7	0:00:27	37	0:23:59	1:18:00	0:09:54
39	5084		Neil Vasa		SEN	Individual	35	0:12:38	13	0:00:41	91	0:42:00	40	0:00:36	15	0:22:14	1:18:09	0:10:03
40	3163	2554	Rúben Silva		SEN	AGM-Portas / GGS-Torneiras	22	0:12:07	22	0:00:47	63	0:39:37	9	0:00:27	69	0:25:54	1:18:52	0:10:46
41	4014	775	João Santos		V1	ABV Estoris	36	0:12:50	50	0:01:01	42	0:37:58	47	0:00:38	79	0:26:31	1:18:58	0:10:52
42	2001	658	Miguel Mália		S23	Alhandra Sporting Clube	42	0:13:07	90	0:01:20	68	0:39:49	86	0:00:49	41	0:24:12	1:19:17	0:11:11
43	5180		José Leitão		V1	Individual	116	0:17:49	134	0:02:11	8	0:32:30	128	0:01:22	66	0:25:29	1:19:21	0:11:15
44	4036	839	Carlos Cunha		V1	IPODEC / Tri-Oeiras.com	100	0:16:46	65	0:01:09	21	0:36:38	95	0:00:51	39	0:24:04	1:19:28	0:11:22
45	3101	457	Nuno Almeida		SEN	A.D.C.R. Painho/Pêra Rocha do Oeste	65	0:15:04	76	0:01:13	41	0:37:57	44	0:00:37	49	0:24:37	1:19:28	0:11:22
46	3012	715	Ricardo Fróis		SEN	C.F. "Os Belenenses"	41	0:13:03	12	0:00:41	79	0:40:42	39	0:00:36	55	0:24:52	1:19:54	0:11:48
47	3004	485	Bruno Silva		SEN	CCD / V.F. Xira	67	0:15:07	53	0:01:03	57	0:39:03	41	0:00:37	40	0:24:07	1:19:57	0:11:51
48	5053		Luis Teixeira		SEN	Individual	60	0:14:49	87	0:01:18	69	0:39:51	11	0:00:27	32	0:23:46	1:20:11	0:12:05
49	4052	770	Manuel Gonçalves		V1	Papa-Légua de Assafora	62	0:14:54	41	0:00:57	82	0:40:53	59	0:00:41	22	0:22:51	1:20:16	0:12:10
50	4073	456	Amândio Caetano		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	59	0:14:48	101	0:01:25	53	0:38:55	70	0:00:44	50	0:24:39	1:20:31	0:12:25
51	3108	544	António Costa		SEN	C.D. Asas do Milénium	90	0:16:26	88	0:01:19	40	0:37:56	72	0:00:44	42	0:24:19	1:20:44	0:12:38
52	1030	427	Ricardo Marques		JUN	C.N. Cartaxo	6	0:11:22	21	0:00:47	48	0:38:27	65	0:00:42	111	0:29:42	1:21:00	0:12:54
53	5071		José Alcantara		SEN	Individual	27	0:12:15	36	0:00:54	77	0:40:24	56	0:00:40	92	0:27:22	1:21:35	0:13:29
54	3092	746	Pedro Venâncio		SEN	Casa do Benfica no Fundão	72	0:15:30	51	0:01:01	66	0:39:47	48	0:00:38	60	0:25:05	1:22:01	0:13:55
55	4065	557	José Silva		V1	Vitória Club de Ovar	105	0:17:10	78	0:01:14	74	0:40:17	51	0:00:39	21	0:22:50	1:22:10	0:14:04
56	2024	289	Gonçalo Lopes		S23	C.D. Asas do Milénium	76	0:15:42	126	0:01:51	4	-0:17:33			137	1:22:32	1:22:32	0:14:26
57	3160	2550	Nuno Vasco		SEN	Ginásio Clube Figueirense	55	0:14:20	105	0:01:26	50	0:38:33	126	0:01:19	89	0:26:58	1:22:36	0:14:30
58	4011	4791	João Albuquerque		V1	ABV Estoris	82	0:16:06	56	0:01:05	60	0:39:27	98	0:00:52	65	0:25:23	1:22:53	0:14:47
59	3023	669	Paulo Robalo		SEN	Alhandra Sporting Clube	73	0:15:36	110	0:01:30	81	0:40:52	55	0:00:40	43	0:24:19	1:22:57	0:14:51
60	3173	2564	José Lino		SEN	C.N. Cartaxo	119	0:18:08	32	0:00:54	65	0:39:47	121	0:01:16	26	0:23:04	1:23:09	0:15:03
61	4080	761	Zeferino Eloy		V1	C.D. Asas do Milénium	69	0:15:23	80	0:01:15	44	0:37:59	105	0:00:54	95	0:27:43	1:23:14	0:15:08
62	1038	2513	Diogo Custódio		JUN	Mem Martins Sport Club	54	0:14:15	8	0:00:38	90	0:41:43	17	0:00:29	75	0:26:11	1:23:16	0:15:10
63	3120	720	Mário Couto		SEN	Ateneu Artístico Cartaxense	106	0:17:10	52	0:01:02	67	0:39:48	68	0:00:43	52	0:24:42	1:23:25	0:15:19

Temperatura Agua:						NATAÇÃO				CICLISMO				CORRIDA				
						800 M (MT)				21000 M (KM)				5400 M (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
64	3119	638	Paulo Calixto		SEN	Ateneu Artístico Cartaxense	111	0:17:42	25	0:00:49	59	0:39:24	69	0:00:43	54	0:24:51	1:23:29	0:15:23
65	1027	7	Marina Pedro		JUN	Os Kotas Bike Team	46	0:13:18	19	0:00:47	89	0:41:39	3	0:00:25	91	0:27:21	1:23:30	0:15:24
66	4061	811	Alberto Campos		V4	Casa do Benfica no Fundão	74	0:15:36	84	0:01:17	75	0:40:18	81	0:00:46	67	0:25:45	1:23:42	0:15:36
67	3100	706	Luis Cipriano		SEN	A.D.C.R. Painho/Pêra Rocha do Oeste	125	0:19:18	89	0:01:20	46	0:38:10	114	0:01:07	35	0:23:57	1:23:52	0:15:46
68	3057	734	Henrique Matias		SEN	IPODEC / Tri-Oeiras.com	117	0:17:51	77	0:01:14	61	0:39:37	99	0:00:53	46	0:24:27	1:24:02	0:15:56
69	3001	627	Paulo Teles		SEN	CCD / V.F. Xira	58	0:14:39	70	0:01:10	55	0:38:56	107	0:00:56	104	0:28:35	1:24:16	0:16:10
70	4106	647	Luis Parrinha		V1	C.N. Cartaxo	118	0:18:04	82	0:01:17	52	0:38:37	18	0:00:29	68	0:25:51	1:24:18	0:16:12
71	3015	538	Maria João Madeira		SEN	C.F. "Os Belenenses"	45	0:13:18	34	0:00:54	88	0:41:31	36	0:00:35	101	0:28:24	1:24:42	0:16:36
72	4049	562	Paulo Vieira		V1	Ginásio Clube Figueirense	92	0:16:29	108	0:01:28	72	0:40:05	78	0:00:46	71	0:26:01	1:24:49	0:16:43
73	4072	752	Renato Fidalgo		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	126	0:19:18	111	0:01:30	43	0:37:58	122	0:01:17	56	0:24:53	1:24:56	0:16:50
74	4045	757	Rogério Morais		V1	Clube Ferroviário de Vendas Novas	56	0:14:32	113	0:01:35	73	0:40:13	104	0:00:54	94	0:27:42	1:24:56	0:16:50
75	3094	708	Pedro Fernandes		SEN	ABV Estoris	107	0:17:14	54	0:01:03	70	0:39:54	83	0:00:47	73	0:26:03	1:25:01	0:16:55
76	4081	861	Sebastião Fraústo		V1	C.D. Asas do Milénium	103	0:17:04	75	0:01:13	64	0:39:42	79	0:00:46	81	0:26:34	1:25:19	0:17:13
77	4038	780	Joaquim Patrício		V4	C.N. Alvito	70	0:15:26	112	0:01:31	84	0:40:59	132	0:01:24	72	0:26:02	1:25:22	0:17:16
78	1017	143	Joana Marques		JUN	Mem Martins Sport Club	20	0:12:04	23	0:00:48	121	0:45:51	2	0:00:24	77	0:26:23	1:25:30	0:17:24
79	4089	768	Jorge Duarte		V2	Musclor-Oeiras Sport Clube	71	0:15:26	71	0:01:11	87	0:41:18	64	0:00:42	93	0:27:32	1:26:09	0:18:03
80	4075	751	José Peixoto		V2	A.D.C.R. Painho/Pêra Rocha do Oeste	124	0:19:11	33	0:00:54	85	0:41:14	84	0:00:48	45	0:24:23	1:26:30	0:18:24
81	5151		Paulo Silva		SEN	Individual	93	0:16:30	92	0:01:20	83	0:40:55	125	0:01:18	86	0:26:52	1:26:55	0:18:49
82	2034		João Pinto		S23	Individual	87	0:16:21	81	0:01:15	94	0:42:23	67	0:00:42	84	0:26:44	1:27:25	0:19:19
83	3140	4615	Jorge Vieira		SEN	Individual	91	0:16:29	124	0:01:47	98	0:42:52	43	0:00:37	70	0:25:55	1:27:40	0:19:34
84	3082	651	João Seródio		SEN	Papa-Légua de Assafora	96	0:16:39	55	0:01:03	93	0:42:16	97	0:00:51	85	0:26:52	1:27:41	0:19:35
85	2015	294	Catarina Jerónimo		S23	Casa Benfica Faro/GASCAN	39	0:12:56	48	0:01:01	111	0:44:52	62	0:00:42	100	0:28:19	1:27:50	0:19:44
86	1057	2607	Marcos Duro		JUN	Mem Martins Sport Club	47	0:13:23	27	0:00:51	119	0:45:34	10	0:00:27	96	0:27:44	1:27:59	0:19:53
87	5263		Emanuel Marques		V1	Individual	94	0:16:34	118	0:01:44	101	0:42:58	130	0:01:23	63	0:25:20	1:27:59	0:19:53
88	1012	72	Angela Silvério		JUN	C.N. Alvito	89	0:16:26	74	0:01:13	104	0:43:51	16	0:00:29	74	0:26:10	1:28:09	0:20:03
89	3077	743	Pedro Bilro		SEN	Clube Ferroviário de Vendas Novas	84	0:16:15	83	0:01:17	76	0:40:19	108	0:00:56	110	0:29:27	1:28:14	0:20:08
90	4082	862	José Maçarria		V2	Ginásio Clube Figueirense	114	0:17:49	129	0:01:53	97	0:42:43	82	0:00:47	64	0:25:22	1:28:34	0:20:28
91	5141	866	Paulo Alves		V1	Amiciclo	131	0:20:23	94	0:01:21	95	0:42:25	24	0:00:31	34	0:23:55	1:28:35	0:20:29
92	4108	879	Paulo Leitão Santos		V1	Individual	98	0:16:42	59	0:01:06	3	-0:17:48			138	1:28:42	1:28:42	0:20:36
93	1024	287	José Pinho		JUN	A.D.C.R. Painho/Pêra Rocha do Oeste	19	0:12:03	45	0:00:58	103	0:43:41	14	0:00:28	128	0:31:43	1:28:53	0:20:47
94	2045	2601	Rui Ligeiro		S23	Ginásio Clube Figueirense	102	0:16:56	115	0:01:38	80	0:40:49	116	0:01:10	102	0:28:25	1:28:58	0:20:52
95	5200		Nuno Tintim		SEN	Individual	128	0:20:04	62	0:01:07	102	0:43:10	25	0:00:31	47	0:24:29	1:29:21	0:21:15
96	5236		Paulo Guedes		V2	Individual	75	0:15:41	103	0:01:25	96	0:42:40	89	0:00:49	108	0:29:02	1:29:37	0:21:31
97	4030	820	José Gomes		V5	Musclor-Oeiras Sport Clube	109	0:17:25	133	0:02:03	100	0:42:58	119	0:01:13	76	0:26:17	1:29:56	0:21:50
98	1010	126	Joaquim Guerreiro		JUN	Amiciclo	104	0:17:06	128	0:01:53	115	0:45:17	120	0:01:14	61	0:25:09	1:30:39	0:22:33
99	3028	630	António Cunha		SEN	CEFA	99	0:16:43	127	0:01:53	86	0:41:17	103	0:00:54	116	0:29:57	1:30:44	0:22:38
100	1046	19	Diogo Henriques		JUN	C.N. Cartaxo	12	0:11:52	31	0:00:54	107	0:44:26	91	0:00:50	131	0:33:07	1:31:09	0:23:03

Temperatura Agua:						NATAÇÃO				CICLISMO				CORRIDA				
						800 M (MT)				21000 M (KM)				5400 M (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
101	3081	745	Ricardo Vieira		SEN	Ginásio Clube Figueirense	68	0:15:22	98	0:01:22	128	0:47:04	100	0:00:53	82	0:26:36	1:31:17	0:23:11
102	5156		Pedro Belchior		V1	Individual	121	0:18:38	116	0:01:39	1	-0:20:17	135	1:04:58	88	0:26:55	1:31:53	0:23:47
103	3122	2514	Jorge Mendes		SEN	Mem Martins Sport Club	97	0:16:41	85	0:01:17	108	0:44:28	30	0:00:33	107	0:28:56	1:31:55	0:23:49
104	3109	2451	Duarte Caldeira		SEN	C.D. Asas do Milénium	83	0:16:13	66	0:01:09	120	0:45:39	77	0:00:45	97	0:28:14	1:32:00	0:23:54
105	1018	215	João Inácio		JUN	Mem Martins Sport Club	49	0:13:34	44	0:00:58	122	0:46:12	6	0:00:27	125	0:31:29	1:32:40	0:24:34
106	3018	528	Sérgio Oliveira		SEN	ABV Estoris	115	0:17:49	64	0:01:08	110	0:44:50	80	0:00:46	99	0:28:15	1:32:48	0:24:42
107	2014	393	Maria Cecília Franco		S23	IPODEC / Tri-Oeiras.com	57	0:14:36	125	0:01:47	114	0:45:10	118	0:01:12	118	0:30:10	1:32:55	0:24:49
108	4001	821	Adelino Vicente		V4	Individual	120	0:18:17	107	0:01:27	106	0:44:10	106	0:00:55	103	0:28:31	1:33:20	0:25:14
109	5272		Nuno Franca		V1	Individual	50	0:13:36	131	0:01:58	129	0:47:28	129	0:01:22	109	0:29:06	1:33:30	0:25:24
110	4024	500	Rui Teixeira		V1	CEFA	85	0:16:15	123	0:01:46	123	0:46:14	92	0:00:50	105	0:28:43	1:33:48	0:25:42
111	3076	687	Rui Pereira		SEN	Clube Ferroviário de Vendas Novas	113	0:17:48	60	0:01:06	117	0:45:27	74	0:00:44	115	0:29:54	1:34:59	0:26:53
112	5206		Nuno Simões		SEN	Individual	81	0:15:57	91	0:01:20	99	0:42:55	101	0:00:53	134	0:33:55	1:35:00	0:26:54
113	4002	852	Christian Bayon		V3	C.F. "Os Belenenses"	86	0:16:21	99	0:01:23	112	0:44:58	111	0:01:03	127	0:31:40	1:35:25	0:27:19
114	3177	2577	Miguel Reis		SEN	Individual	88	0:16:25	136	0:02:23	109	0:44:44	133	0:01:52	120	0:30:35	1:35:59	0:27:53
115	1025	128	Tânia Boleta		JUN	Os Kotas Bike Team	132	0:20:32	38	0:00:55	133	0:47:46	34	0:00:34	83	0:26:36	1:36:23	0:28:17
116	5066		Paulo jorge		SEN	Individual	137	0:21:36	130	0:01:55	78	0:40:26	131	0:01:23	124	0:31:19	1:36:39	0:28:33
117	5181		Rui Correia		V3	Individual	136	0:21:25	104	0:01:25	105	0:44:05	102	0:00:53	112	0:29:47	1:37:35	0:29:29
118	3058	740	André Rocha		SEN	IPODEC / Tri-Oeiras.com	77	0:15:44	93	0:01:21	118	0:45:33	90	0:00:50	135	0:34:27	1:37:55	0:29:49
119	3188	550	César Oliveira		SEN	Grecas - Vagos	129	0:20:13	120	0:01:46	113	0:45:09	76	0:00:45	119	0:30:32	1:38:25	0:30:19
120	4102	786	Luis Lima		V2	Triathlon Lamego Club	141	0:22:44	121	0:01:46	124	0:46:16	117	0:01:12	87	0:26:54	1:38:52	0:30:46
121	4035	812	Carlos Raimundo		V3	IPODEC / Tri-Oeiras.com	101	0:16:54	96	0:01:21	126	0:46:19	93	0:00:50	132	0:33:30	1:38:54	0:30:48
122	5283		Vitor Francisco		SEN	Individual	108	0:17:22	139	0:02:36	134	0:47:53	37	0:00:35	121	0:30:36	1:39:02	0:30:56
123	5274		Pedro Silva		SEN	Individual	134	0:21:18	117	0:01:41	132	0:47:43	60	0:00:41	98	0:28:14	1:39:37	0:31:31
124	4003	830	João Branco		V5	C.F. "Os Belenenses"	130	0:20:23	73	0:01:12	116	0:45:22	46	0:00:38	130	0:32:06	1:39:41	0:31:35
125	3179	652	Nuno André		SEN	Individual	127	0:19:59	106	0:01:26	127	0:46:58	123	0:01:17	117	0:30:04	1:39:44	0:31:38
126	4077	856	João Côrte Real		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	95	0:16:39	141	0:04:26	130	0:47:34	134	0:02:43	113	0:29:50	1:41:12	0:33:06
127	5214		Nuno Almeida		SEN	Individual	110	0:17:33	39	0:00:55	137	0:50:17	127	0:01:21	126	0:31:31	1:41:37	0:33:31
128	4096	841	Maria João Martins		V2	IPODEC / Tri-Oeiras.com	112	0:17:45	119	0:01:45	131	0:47:35	115	0:01:08	133	0:33:52	1:42:05	0:33:59
129	4100	871	Jaime Carmo		V4	Individual	138	0:22:00	135	0:02:12	125	0:46:19	112	0:01:04	122	0:31:04	1:42:39	0:34:33
130	5106		Carlos Serra		SEN	Individual	133	0:20:35	138	0:02:30	140	0:51:01	109	0:00:56	106	0:28:43	1:43:45	0:35:39
131	5256		Luis Sousa		V1	Individual	123	0:18:50	137	0:02:27	141	0:55:13	88	0:00:49	90	0:27:06	1:44:25	0:36:19
132	5065		Oscar Escaleira		V1	Individual	135	0:21:19	140	0:03:32	138	0:50:20	113	0:01:06	114	0:29:52	1:46:09	0:38:03
133	3080	727	Rute Pais Costa		SEN	Ginásio Clube Figueirense	80	0:15:54	114	0:01:36	135	0:49:23	85	0:00:48	136	0:39:01	1:46:42	0:38:36
134	3185	2597	Patrícia Pereira		SEN	IPODEC / Tri-Oeiras.com									139	1:46:52	1:46:52	0:38:46
135	5208		Domingos Martins		V3	Individual	140	0:22:28	132	0:01:58	136	0:49:34	110	0:00:56	129	0:32:02	1:46:58	0:38:52
136	4004	801	Luis Ramos		V3	C.F. "Os Belenenses"	139	0:22:25	122	0:01:46	139	0:50:26	124	0:01:18	123	0:31:11	1:47:06	0:39:00
137	3067	463	Cláudio Ribeiro	DNF	SEN	Casa Benfca Faro/GASCAN	38	0:12:55	58	0:01:06	6	-0:14:01	136	1:21:59	1	-1:21:59		

Temperatura Agua:						NATAÇÃO				CICLISMO				CORRIDA				
						800 M (MT)				21000 M (KM)				5400 M (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
138	1045	222	João Amaral	DNF	JUN	C.N. Cartaxo	10	0:11:45	10	0:00:40	92	0:42:04	50	0:00:39	3	-0:55:08		
139	3002	484	Paulo Leote	DNF	SEN	CCD / V.F. Xira	64	0:15:00	97	0:01:22	5	-0:16:22						
140	1031	269	Pedro Reis	DNF	JUN	C.N. Cartaxo	40	0:13:01	4	0:00:35	7	-0:13:36						
141	3025	530	Ricardo Nunes	DNF	SEN	Individual	122	0:18:45	95	0:01:21	2	-0:20:06						
142	5178		Daniel Trindade	DNF	SEN	Individual	79	0:15:47	102	0:01:25	51	0:38:33	28	0:00:32	2	-0:56:17		
143	3062	622	Ana Pereira	DNS	SEN	Casa Benfica Faro/GASCAN												
144	3054	739	António Luz Gomes	DNS	SEN	IPODEC / Tri-Oeiras.com												
145	3032	502	Bruno Guerreiro	DNS	SEN	CEFA												
146	4097	790	Carlos Suzana	DNS	V1	IPODEC / Tri-Oeiras.com												
147	3039	507	Custódio António	DNS	SEN	SR Camarnal-Constr.Ramalho Couto-Ika												
148	2013	2502	João Miguel Coelho	DNS	S23	IPODEC / Tri-Oeiras.com												
149	3040	505	José Ribeiro	DNS	SEN	SR Camarnal-Constr.Ramalho Couto-Ika												
150	3086	649	Luis Guerreiro	DNS	SEN	Borealis												
151	4018	709	Mário Magalhães	DNS	V2	AGM-Portas / GGS-Torneiras												
152	3075	531	Nuno Lopes	DNS	SEN	Clube Ferroviário de Vendas Novas												
153	5195		Raquel Lopes	DNS	SEN	Individual												
154	5143		José Sacramento	DNS	V3	Individual												
155	5226		Luis Guerreiro	DNS	SEN	Individual												
156	5126		Luis Novo	DNS	SEN	Individual												
157	5277		Paulo Jorge Ribeiro	DNS	V1	Individual												
158	5215		Paulo Campos Silva	DNS	SEN	Individual												