

VIII Duatlo da Póvoa do Lanhoso

CLASSIFICAÇÃO INDIVIDUAL ABSOLUTA

Resultados

Localidade:	PÓVOA DO LANHOSO	Distância CORR (MT); CICLIS (KM); CORR (MT):	5000/20/2500
Data:	21-05-2005	Hora de começo:	16h00m

Informação

Delegado técnico:	DAVID VAZ	Juiz Principal:	ISABEL COSTA
Pontuável para:	Taça de Portugal Camp. Nacional	Juri de apelo:	

Temperatura Agua:					CORRIDA				CICLISMO				CORRIDA					
					5000 KM (MT)				20 KM (KM)				2500 (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
1	2007	362	Sérgio Manuel Silva		S23	SR Camarnal-Constr.Ramalho Couto-Ika					57	0:45:41	4	0:00:13	4	0:07:19	0:53:13	0:00:00
2	2006	364	Duarte Marques		S23	SR Camarnal-Constr.Ramalho Couto-Ika	5	0:14:53	2	0:00:16	4	0:30:55	2	0:00:12	5	0:07:21	0:53:37	0:00:24
3	3071	532	Luis Manuel Almeida		SEN	Clube Ferroviário de Vendas Novas	1	0:14:36			10	0:31:57			2	0:07:12	0:53:45	0:00:32
4	4027	508	Alcino Serras		V1	SR Camarnal-Constr.Ramalho Couto-Ika	2	0:14:52	1	0:00:16	8	0:31:30	1	0:00:12	1	0:07:08	0:53:58	0:00:45
5	2029	382	Nelson Silva		S23	Vitoria Janes	3	0:14:52	4	0:00:16	6	0:31:18	11	0:00:16	7	0:07:26	0:54:08	0:00:55
6	3089	523	Jorge Rodrigues		SEN	Casa do Benfica no Fundão	4	0:14:53	5	0:00:17	7	0:31:25			17	0:08:02	0:54:37	0:01:24
7	3039	507	Custódio António		SEN	SR Camarnal-Constr.Ramalho Couto-Ika	13	0:15:41	7	0:00:17	5	0:31:17	10	0:00:16	10	0:07:36	0:55:07	0:01:54
8	4058	520	António Catarino		V1	Casa do Benfica no Fundão	7	0:15:08	11	0:00:19	9	0:31:51			20	0:08:08	0:55:26	0:02:13
9	3088	521	João Campos		SEN	Casa do Benfica no Fundão	8	0:15:30	6	0:00:17	11	0:32:31	8	0:00:16	15	0:07:45	0:56:19	0:03:06
10	4064	785	José Reis		V1	Vitória Club de Ovar	12	0:15:41	13	0:00:19	18	0:34:00	5	0:00:14	3	0:07:18	0:57:32	0:04:19
11	3114	689	Rui Belo		SEN	Vitoria Janes	10	0:15:30	19	0:00:20	23	0:34:11	18	0:00:19	6	0:07:23	0:57:43	0:04:30
12	5105		Joaquim Lopes		SEN	Individual	6	0:14:55	36	0:00:33	26	0:34:26	28	0:00:22	8	0:07:27	0:57:43	0:04:30
13	4032	769	Carlos Gomes		V1	Musclor-Oeiras Sport Clube	14	0:15:51	8	0:00:18	17	0:33:45	9	0:00:16	9	0:07:36	0:57:46	0:04:33
14	4095	881	Carlos Ferrão		V2	Musclor-Oeiras Sport Clube	9	0:15:30	12	0:00:19	22	0:34:11	3	0:00:13	11	0:07:37	0:57:50	0:04:37
15	3133	467	Sean McEvoy		SEN	Triathlon Lamego Club	20	0:16:25	3	0:00:16	13	0:33:16	6	0:00:14	12	0:07:39	0:57:50	0:04:37
16	3127	468	Tiago Lobo		SEN	Triathlon Lamego Club	18	0:16:15	10	0:00:18	16	0:33:26	19	0:00:19	13	0:07:40	0:57:58	0:04:45
17	3131	469	João Ferreira		SEN	Triathlon Lamego Club	17	0:16:11	35	0:00:33	12	0:33:15	24	0:00:20	14	0:07:42	0:58:01	0:04:48
18	3026	461	Anibal Oliveira		SEN	Amiciclo	15	0:16:02	27	0:00:26	15	0:33:23	13	0:00:17	19	0:08:03	0:58:11	0:04:58
19	3050	496	Bruno Fernandes		SEN	Tri-Oeste -Clube de Triatlo do Oeste	19	0:16:16	18	0:00:20	14	0:33:18	15	0:00:18	16	0:08:01	0:58:13	0:05:00
20	3139	2524	Nuno Nunes		SEN	SR Camarnal-Constr.Ramalho Couto-Ika	11	0:15:33	9	0:00:18	19	0:34:06	23	0:00:20	22	0:08:11	0:58:28	0:05:15
21	3051	499	António Ervideira		SEN	Tri-Oeste -Clube de Triatlo do Oeste	29	0:17:39	17	0:00:20	21	0:34:11	21	0:00:20	21	0:08:09	1:00:39	0:07:26
22	2009	285	Vasco Côte-Real		S23	Tri-Oeste -Clube de Triatlo do Oeste	24	0:17:03	40	0:00:36	27	0:34:31	41	0:00:28	18	0:08:02	1:00:40	0:07:27
23	2042	295	Ricardo Teixeira		S23	Tri-Oeste -Clube de Triatlo do Oeste	22	0:16:53	46	0:00:42	25	0:34:19	38	0:00:26	24	0:08:23	1:00:43	0:07:30
24	5104		João Saúde		SEN	Individual	21	0:16:27	30	0:00:29	29	0:35:04	25	0:00:20	27	0:08:27	1:00:47	0:07:34
25	4060	762	António Moura		V2	Casa do Benfica no Fundão	28	0:17:38	23	0:00:23	20	0:34:07	7	0:00:15	25	0:08:25	1:00:48	0:07:35
26	4059	800	Fernando Feijão		V3	Casa do Benfica no Fundão	23	0:16:59	16	0:00:20	28	0:34:44	42	0:00:29	30	0:08:38	1:01:10	0:07:57

Médias: 0:18:11 0:00:33 0:34:40 0:00:26 0:09:04

Temperatura Agua:							CORRIDA				CICLISMO				CORRIDA			
							5000 KM (MT)				20 KM (KM)				2500 (MT)			
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
27	3054	739	António Luz Gomes		SEN	Tri-Oeiras.com	27	0:17:28	24	0:00:24	24	0:34:17	37	0:00:26	36	0:09:01	1:01:36	0:08:23
28	4040	781	António Raposo		V2	Casa Benfca Faro/GASCAN	30	0:17:39	39	0:00:35	33	0:35:35	33	0:00:24	23	0:08:17	1:02:30	0:09:17
29	4048	777	Jerónimo Cruz		V2	Clube Ferroviário de Vendas Novas	31	0:17:41	25	0:00:24	35	0:35:42	22	0:00:20	26	0:08:27	1:02:34	0:09:21
30	4039	792	José Varela		V2	Casa Benfca Faro/GASCAN	33	0:17:42	20	0:00:21	36	0:35:46	14	0:00:17	32	0:08:48	1:02:54	0:09:41
31	4074	458	Pedro Marques		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	36	0:18:25	59	0:01:07	30	0:35:23	30	0:00:22	28	0:08:35	1:03:52	0:10:39
32	4000	798	Olimpio Guedelha		V3	CCD / V.F. Xira	37	0:18:34	48	0:00:47	34	0:35:38	39	0:00:27	31	0:08:40	1:04:06	0:10:53
33	3052	479	Hélder Milheiras		SEN	Tri-Oeiras.com	38	0:18:39	22	0:00:23	37	0:35:54	17	0:00:19	35	0:08:59	1:04:14	0:11:01
34	4065	557	José Silva		V1	Vitória Club de Ovar	32	0:17:42	41	0:00:36	40	0:37:02	35	0:00:25	29	0:08:36	1:04:21	0:11:08
35	3116	688	Bruno Martins		SEN	Vitoria Janes	34	0:17:44	21	0:00:22	41	0:37:11	12	0:00:17	33	0:08:52	1:04:26	0:11:13
36	3092	746	Pedro Venâncio		SEN	Casa do Benfca no Fundão	47	0:19:51	38	0:00:35	32	0:35:28	40	0:00:28	38	0:09:18	1:05:40	0:12:27
37	4067	822	Carlos Leite		V5	Vitória Club de Ovar	40	0:18:51	54	0:00:56	38	0:36:21	50	0:00:45	34	0:08:54	1:05:47	0:12:34
38	2010	2501	João Belo Martins		S23	Tri-Oeiras.com	46	0:19:50	37	0:00:35	31	0:35:25	32	0:00:24	42	0:09:53	1:06:07	0:12:54
39	2021	286	Pedro Penetra		S23	Casa do Benfca no Fundão	39	0:18:44	45	0:00:42	39	0:36:48			47	0:10:11	1:06:25	0:13:12
40	2013	2502	João Miguel Coelho		S23	Tri-Oeiras.com	35	0:17:45	29	0:00:28	45	0:39:24			45	0:10:02	1:07:39	0:14:26
41	3034	721	Pedro Freitas		SEN	CEFA	44	0:19:21	50	0:00:53	42	0:37:26	51	0:00:52	40	0:09:50	1:08:22	0:15:09
42	5280		Hugo Magalhães		JUN	Individual	26	0:17:18	32	0:00:30	48	0:41:23	29	0:00:22	39	0:09:20	1:08:53	0:15:40
43	3028	630	António Cunha		SEN	CEFA	45	0:19:35	52	0:00:55	44	0:39:04	43	0:00:32	37	0:09:10	1:09:16	0:16:03
44	4061	811	Alberto Campos		V4	Casa do Benfca no Fundão	50	0:20:08	28	0:00:27	43	0:38:36	31	0:00:23	41	0:09:51	1:09:25	0:16:12
45	4103	4803	Artur Barbosa		V1	Triathlon Lamego Club	41	0:18:51	56	0:00:59	47	0:40:07	46	0:00:41	43	0:09:54	1:10:32	0:17:19
46	1027	7	Marina Pedro		JUN	Os Kotas Bike Team	48	0:20:01	15	0:00:20	49	0:42:01	20	0:00:20	44	0:10:01	1:12:43	0:19:30
47	3126	735	Sérgio Monteiro		SEN	Triathlon Lamego Club	52	0:20:27	44	0:00:41	46	0:39:41	53	0:01:10	51	0:10:46	1:12:45	0:19:32
48	4102	786	Luís Lima		V2	Triathlon Lamego Club	49	0:20:07	34	0:00:32	51	0:42:47	27	0:00:22	48	0:10:19	1:14:07	0:20:54
49	5242		Carlos Magalhães		SEN	Individual	25	0:17:17	33	0:00:30	56	0:45:24	36	0:00:25	57	0:12:22	1:15:58	0:22:45
50	4100	871	Jaime Carmo		V4	Individual	53	0:21:29	55	0:00:58	54	0:43:13	44	0:00:37	54	0:11:21	1:17:38	0:24:25
51	5145		Jose Sacramento		V3	Individual	56	0:22:18	58	0:01:07	50	0:42:24	49	0:00:44	56	0:11:45	1:18:18	0:25:05
52	4008	818	José Rijo		V4	C.F. "Os Belenenses"	55	0:22:16	53	0:00:56	53	0:43:04	54	0:01:15	52	0:10:57	1:18:28	0:25:15
53	5146		Manuel Oliveira		V3	Individual	54	0:21:29	57	0:00:59	58	0:45:54	47	0:00:41	49	0:10:28	1:19:31	0:26:18
54	5229		Joaquim Avelar		V1	Individual	59	0:23:38	49	0:00:50	55	0:43:46	45	0:00:37	50	0:10:41	1:19:32	0:26:19
55	4043	829	Francisco Martins		V5	Clube Ferroviário de Vendas Novas	60	0:24:00	60	0:01:23	52	0:42:49	52	0:01:06	55	0:11:32	1:20:50	0:27:37
56	4005	817	Vitor Costa		V3	C.F. "Os Belenenses"	57	0:22:46	31	0:00:30	60	0:47:58	26	0:00:21	53	0:11:14	1:22:49	0:29:36
57	4003	830	João Branco		V5	C.F. "Os Belenenses"	58	0:23:38	43	0:00:40	59	0:46:27	34	0:00:25	58	0:12:26	1:23:36	0:30:23
58	1025	128	Tânia Boleta		JUN	Os Kotas Bike Team	51	0:20:27	26	0:00:26	62	0:52:23	16	0:00:19	46	0:10:06	1:23:41	0:30:28
59	5116		Ulisses Lopes		SEN	Individual	61	0:26:28	42	0:00:38	61	0:49:11	48	0:00:42	59	0:13:53	1:30:52	0:37:39
60	4009	684	Mário Silva	DNF	V1	C.F. "Os Belenenses"	42	0:19:13	47	0:00:44	2	-0:19:57						
61	4041	754	Fernando Pires	DNF	V2	Casa Benfca Faro/GASCAN	16	0:16:08	14	0:00:19	3	-0:16:27						
62	5231	333	João Leite	DNF	S23	Triathlon Lamego Club	43	0:19:16	51	0:00:53	1	-0:20:09						
63	4090	865	Rui Campos	DNS	V1	Musclor-Oeiras Sport Clube												

Resultados

Temperatura Agua:						CORRIDA 5000 KM (MT)				CICLISMO 20 KM (KM)				CORRIDA 2500 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	CORRIDA	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
64	3040	505	José Ribeiro	DNS	SEN	SR Camarnal-Constr.Ramalho Couto-Ika												
65	3066	332	Irina Coelho	DNS	SEN	Casa Benfica Faro/GASCAN												