

Resultados

Localidade:	Quarteira	Distância NATAÇ (MT): <input type="text"/> CICLIS (KM) <input type="text"/> CORRI (MT):	750/20/5
Data:	03-04-2005	Hora de começo:	11h00m

Informação

Delegado técnico:	Bruno Salvador	Juiz Principal:	Palmira Ramos
Pontuável para:	Taça de Portugal	Juri de apelo:	José Luis / Carlos Gravata / Bruno

Temperatura Agua: 16°					NATAÇÃO 750 (MT)				CICLISMO 20 KM (KM)				CORRIDA 5 KM (MT)					
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
1	3016	575	Bruno Pais		SEN	C.F. "Os Belenenses"	4	0:13:26	1	0:00:24	8	0:31:11	10	0:00:23	2	0:15:57	1:01:21	0:00:00
2	2006	364	Duarte Marques		S23	SR Camarnal-Constr.Ramalho Couto-Ika	1	0:13:08	3	0:00:26	9	0:31:41	11	0:00:23	6	0:16:40	1:02:18	0:00:57
3	5240		Samer Ali Guardia		S23	Individual	5	0:13:28	11	0:00:30	12	0:32:52	49	0:00:31	1	0:15:55	1:03:16	0:01:55
4	5263		José Maria Merchan		SEN	Individual	6	0:13:33	9	0:00:29	11	0:32:52	35	0:00:28	5	0:16:24	1:03:46	0:02:25
5	5203		Gerald Horvath		SEN	Individual	8	0:13:57	2	0:00:25	10	0:32:29	21	0:00:25	8	0:16:49	1:04:05	0:02:44
6	2000	321	João Cavaleiro		S23	C.F. "Os Belenenses"	2	0:13:11	16	0:00:34	14	0:33:09	6	0:00:22	12	0:17:17	1:04:33	0:03:12
7	3165	476	Mário Raimundo		SEN	Tri-Oeiras.com	3	0:13:21	15	0:00:33	13	0:33:01	12	0:00:23	17	0:17:46	1:05:04	0:03:43
8	2017	274	Vanessa Fernandes		S23	AGM-Portas / GGS-Torneiras	12	0:14:01	13	0:00:31	28	0:34:35	16	0:00:24	7	0:16:47	1:06:18	0:04:57
9	5081		Daniel Guzman		S23	Individual	15	0:14:28	35	0:00:42	24	0:34:11	1	-0:00:32	15	0:17:39	1:06:28	0:05:07
10	3041	578	Luis Diogo Santos		SEN	SR Camarnal-Constr.Ramalho Couto-Ika	24	0:15:48	5	0:00:27	4	-0:16:15			136	1:07:12	1:07:12	0:05:51
11	5277		Juan António Nebro		SEN	Individual	20	0:15:06	7	0:00:28	25	0:34:23	5	0:00:21	9	0:17:04	1:07:22	0:06:01
12	5277		Juan António Nebro		SEN	Individual	20	0:15:06	7	0:00:28	25	0:34:23	5	0:00:21	9	0:17:04	1:07:22	0:06:01
13	2032	252	Tiago Neves		S23	Tri-Oeiras.com	11	0:14:01	10	0:00:30	29	0:34:39	38	0:00:29	23	0:18:00	1:07:39	0:06:18
14	5237		Eduardo Salas		SEN	Individual	16	0:14:31	30	0:00:40	20	0:34:02	13	0:00:23	28	0:18:25	1:08:01	0:06:40
15	2012	352	Pedro Gomes		S23	Tri-Oeiras.com	14	0:14:23	19	0:00:35	33	0:34:55	23	0:00:27	21	0:17:50	1:08:10	0:06:49
16	5276		Victoriano Moreno		JUN	Individual	9	0:13:57	14	0:00:31	31	0:34:44	34	0:00:28	39	0:19:09	1:08:49	0:07:28
17	3069	497	Pedro Cordeiro		SEN	Casa Benfica Faro/GASCAN	23	0:15:40	12	0:00:31	18	0:33:43	26	0:00:27	36	0:18:48	1:09:09	0:07:48
18	3127	468	Tiago Lobo		SEN	Triathlon Lamego Club	19	0:15:00	4	0:00:26	54	0:36:20	82	0:00:40	11	0:17:14	1:09:40	0:08:19
19	3063	488	Nuno Neves		SEN	Casa Benfica Faro/GASCAN	25	0:15:50	64	0:01:00	34	0:35:00	14	0:00:24	22	0:17:53	1:10:07	0:08:46
20	3049	475	Sérgio Dias		SEN	Tri-Oeste -Clube de Triatlo do Oeste	57	0:17:59	26	0:00:39	21	0:34:03	27	0:00:27	10	0:17:06	1:10:14	0:08:53
21	4027	508	Alcino Serras		V1	SR Camarnal-Constr.Ramalho Couto-Ika	85	0:19:58	20	0:00:36	16	0:33:16	31	0:00:28	4	0:16:18	1:10:36	0:09:15
22	1020	179	Miguel Arraiolos		JUN	Águias de Alpiarça	29	0:16:00	33	0:00:41	38	0:35:14	29	0:00:28	31	0:18:35	1:10:58	0:09:37
23	2003	417	Rui Dolores		S23	Amiciclo	45	0:16:51	97	0:01:14	30	0:34:43	41	0:00:29	19	0:17:47	1:11:04	0:09:43
24	3013	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	35	0:16:13	17	0:00:35	47	0:35:50	17	0:00:25	24	0:18:06	1:11:09	0:09:48
25	3074	686	Pedro Amaral		SEN	Clube Ferroviário de Vendas Novas	55	0:17:58	32	0:00:41	22	0:34:04	18	0:00:25	30	0:18:32	1:11:40	0:10:19
26	3046	495	Luis Duarte		SEN	Tri-Oeste -Clube de Triatlo do Oeste	71	0:18:19	25	0:00:37	19	0:33:46	28	0:00:27	34	0:18:43	1:11:52	0:10:31

Temperatura Agua: 16º						NATAÇÃO				CICLISMO				CORRIDA				
						750 (MT)				20 KM (KM)				5 KM (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
27	1001	51	Anais Moniz		JUN	C.F. "Os Belenenses"									138	1:11:54	1:11:54	0:10:33
28	3133	467	Sean McEvoy		SEN	Triathlon Lamego Club	52	0:17:44	37	0:00:44	40	0:35:21	33	0:00:28	14	0:17:37	1:11:54	0:10:33
29	3021	588	Marco Mello		SEN	ABV Estoris	43	0:16:46	40	0:00:45	42	0:35:24	60	0:00:34	32	0:18:35	1:12:04	0:10:43
30	5050		Miguel Santa Maria		S23	Individual	31	0:16:08	29	0:00:40	49	0:36:04	108	0:00:51	26	0:18:21	1:12:04	0:10:43
31	4062	802	Carlos Cabrita		V3	S. R. Toreense	81	0:19:45	22	0:00:36	17	0:33:32	36	0:00:28	18	0:17:46	1:12:07	0:10:46
32	1002	276	Sarah Moniz		JUN	C.F. "Os Belenenses"	13	0:14:22	8	0:00:29	58	0:36:34	30	0:00:28	63	0:20:15	1:12:08	0:10:47
33	3131	469	João Ferreira		SEN	Triathlon Lamego Club	37	0:16:14	69	0:01:02	44	0:35:41	42	0:00:29	35	0:18:47	1:12:13	0:10:52
34	3113	579	Duarte Barreto		SEN	C.N. Cartaxo	46	0:16:55	21	0:00:36	39	0:35:16	43	0:00:29	40	0:19:10	1:12:26	0:11:05
35	2009	285	Vasco Côte-Real		S23	Tri-Oeste -Clube de Triatlo do Oeste	36	0:16:14	86	0:01:08	60	0:36:39	85	0:00:41	25	0:18:18	1:13:00	0:11:39
36	1013	12	Bárbara Clemente		JUN	Sport União Colarense	28	0:16:00	34	0:00:42	62	0:36:44	24	0:00:27	46	0:19:31	1:13:24	0:12:03
37	3148	653	José Rodrigues		SEN	C.A.D.C. Almeirim / Ribabike	49	0:17:26	44	0:00:49	26	0:34:29	22	0:00:27	60	0:20:14	1:13:25	0:12:04
38	2026	379	Maria Areosa		S23	C.N. Cartaxo	17	0:14:40	23	0:00:37	76	0:38:08	19	0:00:25	48	0:19:38	1:13:28	0:12:07
39	4101	755	João Gomes		V1	Tri-Oeiras.com	41	0:16:25	43	0:00:47	45	0:35:48	61	0:00:34	53	0:20:00	1:13:34	0:12:13
40	3061	725	Miguel Palmeira		SEN	Ginásio Clube de Tavira	82	0:19:46	47	0:00:52	15	0:33:16	37	0:00:29	41	0:19:14	1:13:37	0:12:16
41	3145	602	Luis Lopes		SEN	C.A.D.C. Almeirim / Ribabike	48	0:17:23	92	0:01:11	23	0:34:11	74	0:00:37	67	0:20:28	1:13:50	0:12:29
42	1006	2303	Pedro Leitão		JUN	Alhandra Sporting Clube	30	0:16:05	28	0:00:40	69	0:37:12	51	0:00:32	50	0:19:46	1:14:15	0:12:54
43	4032	769	Carlos Gomes		V1	Musclor-Oeiras Sport Clube	94	0:20:59	60	0:00:58	27	0:34:35	4	0:00:19	13	0:17:24	1:14:15	0:12:54
44	3064	465	Paulo Silva		SEN	Casa Benfica Faro/GASCAN			141	0:20:49	46	0:35:49	3	0:00:19	16	0:17:40	1:14:37	0:13:16
45	2023	370	Gustavo Capão		S23	Grecas - Vagos	40	0:16:16	73	0:01:04	59	0:36:37	67	0:00:36	59	0:20:12	1:14:45	0:13:24
46	3153	741	Pedro Bartolomeu		SEN	TAC-Natação	61	0:18:05	54	0:00:54	55	0:36:24	50	0:00:31	38	0:18:57	1:14:51	0:13:30
47	3045	623	Luis Filipe Lopes		SEN	Musclor-Oeiras Sport Clube	34	0:16:12	41	0:00:46	66	0:37:06	64	0:00:35	64	0:20:15	1:14:54	0:13:33
48	3107	621	Rui Sousa		SEN	C.D. Asas do Milénium	76	0:19:00	71	0:01:03	48	0:35:59	58	0:00:34	29	0:18:27	1:15:03	0:13:42
49	3009	629	Fernando Carmo		SEN	C.F. "Os Belenenses"	84	0:19:54	70	0:01:03	43	0:35:39	81	0:00:40	20	0:17:49	1:15:05	0:13:44
50	4040	781	António Raposo		V2	Casa Benfica Faro/GASCAN	56	0:17:59	66	0:01:01	57	0:36:25	77	0:00:37	42	0:19:15	1:15:17	0:13:56
51	3020	524	Miguel Palma		SEN	ABV Estoris	53	0:17:52	36	0:00:43	41	0:35:24	48	0:00:31	78	0:20:56	1:15:26	0:14:05
52	3137	466	Carlos Matos		SEN	Casa Benfica Faro/GASCAN	92	0:20:49	62	0:00:59	32	0:34:48	44	0:00:30	27	0:18:22	1:15:28	0:14:07
53	3056	594	Hugo Ribeiro		SEN	Tri-Oeiras.com	66	0:18:10	39	0:00:45	37	0:35:11	40	0:00:29	79	0:20:57	1:15:32	0:14:11
54	4060	762	António Moura		V2	Casa do Benfica no Fundão	70	0:18:16	82	0:01:06	61	0:36:40	2	0:00:18	44	0:19:18	1:15:38	0:14:17
55	3010	585	Paulo Codinha		SEN	C.F. "Os Belenenses"	47	0:17:10	38	0:00:45	50	0:36:05	39	0:00:29	87	0:21:17	1:15:46	0:14:25
56	5241		José António Hurtado		SEN	Individual	95	0:20:59	31	0:00:40	35	0:35:00	54	0:00:32	37	0:18:54	1:16:05	0:14:44
57	3070	742	Leonardo Lopes		SEN	Casa Benfica Faro/GASCAN	73	0:18:26	49	0:00:52	79	0:38:10	69	0:00:36	33	0:18:37	1:16:41	0:15:20
58	2013	2502	João Miguel Coelho		S23	Tri-Oeiras.com	113	0:22:32	101	0:01:18	7	0:31:02	121	0:01:02	77	0:20:52	1:16:46	0:15:25
59	5242		Javier Martin		SEN	Individual									139	1:16:59	1:16:59	0:15:38
60	2008	365	Manuel Júlio		S23	Musclor-Oeiras Sport Clube	62	0:18:07	24	0:00:37	73	0:37:31	47	0:00:31	61	0:20:14	1:17:00	0:15:39
61	3149	667	Danny Silva		SEN	C.A.D.C. Almeirim / Ribabike	68	0:18:12	61	0:00:59	65	0:37:02	68	0:00:36	73	0:20:34	1:17:23	0:16:02
62	4015	774	José Oliveira		V2	ABV Estoris	79	0:19:13	56	0:00:55	51	0:36:07	119	0:00:59	56	0:20:09	1:17:23	0:16:02
63	3017	729	Rui Pedro Sousa		SEN	C.F. "Os Belenenses"	32	0:16:10	77	0:01:05	99	0:40:15	59	0:00:34	52	0:19:53	1:17:57	0:16:36

Temperatura Agua: 16º						NATAÇÃO				CICLISMO				CORRIDA				
						750 (MT)				20 KM (KM)				5 KM (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
64	4093	840	Rui Sa		V1	Casa Benfica Faro/GASCAN	60	0:18:03	88	0:01:09	68	0:37:08	91	0:00:43	86	0:21:15	1:18:18	0:16:57
65	1007	2504	Mário Leitão		JUN	Alhandra Sporting Clube	38	0:16:15	55	0:00:55	97	0:40:11	76	0:00:37	66	0:20:21	1:18:19	0:16:58
66	3034	721	Pedro Freitas		SEN	CEFA	51	0:17:34	119	0:01:39	78	0:38:09	118	0:00:59	55	0:20:07	1:18:28	0:17:07
67	3022	540	Pedro Gaspar		SEN	Alhandra Sporting Clube	42	0:16:46	98	0:01:15	85	0:38:31	98	0:00:46	85	0:21:12	1:18:30	0:17:09
68	2033	354	Manuel Coutinho		S23	Tri-Oeiras.com	10	0:13:59	18	0:00:35	109	0:41:43	86	0:00:42	89	0:21:32	1:18:31	0:17:10
69	3147	604	Pedro Bento		SEN	C.A.D.C. Almeirim / Ribabike	90	0:20:43	63	0:01:00	53	0:36:15	62	0:00:35	57	0:20:11	1:18:44	0:17:23
70	3163	2554	Rúben Silva		SEN	AGM-Portas / GGS-Torneiras	63	0:18:07	57	0:00:56	82	0:38:21	7	0:00:22	82	0:21:05	1:18:51	0:17:30
71	5128		Rui Simões		SEN	Individual	104	0:21:22	91	0:01:10	36	0:35:08	102	0:00:48	70	0:20:30	1:18:58	0:17:37
72	580		Alexandre Ventura		SEN	Individual	69	0:18:15	42	0:00:46	67	0:37:07	73	0:00:36	98	0:22:22	1:19:06	0:17:45
73	3164	2555	Olimpio Ferreira		SEN	AGM-Portas / GGS-Torneiras	54	0:17:57	53	0:00:54	87	0:38:44	8	0:00:22	84	0:21:10	1:19:07	0:17:46
74	1019	420	André Leitão		JUN	Águias de Alpiarça	44	0:16:49	51	0:00:53	83	0:38:24	46	0:00:31	102	0:22:37	1:19:14	0:17:53
75	4034	756	João Pereira		V1	Tri-Oeiras.com	83	0:19:49	52	0:00:54	86	0:38:32	70	0:00:36	47	0:19:35	1:19:26	0:18:05
76	2030	333	João Leite		S23	Triathlon Lamego Club	22	0:15:33	99	0:01:17	115	0:42:26	104	0:00:49	49	0:19:42	1:19:47	0:18:26
77	3075	531	Nuno Lopes		SEN	Clube Ferroviário de Vendas Novas	102	0:21:10	80	0:01:06	63	0:36:54	89	0:00:43	58	0:20:12	1:20:05	0:18:44
78	3060	336	Fernando Minhalma		SEN	Ginásio Clube de Tavira	58	0:18:00	50	0:00:53	102	0:40:33	63	0:00:35	62	0:20:15	1:20:16	0:18:55
79	1000	124	Pedro Lopes		JUN	C.F. "Os Belenenses"	33	0:16:11	81	0:01:06	94	0:40:00	56	0:00:33	101	0:22:35	1:20:25	0:19:04
80	1023	445	Miguel Caetano		JUN	A.D.C.R. Painho/Pêra Rocha do Oeste	100	0:21:08	103	0:01:20	74	0:37:56	71	0:00:36	54	0:20:03	1:21:03	0:19:42
81	5235		Javier Bordallo Junior		JUN	Individual	80	0:19:37	45	0:00:49	52	0:36:12	65	0:00:35	115	0:23:52	1:21:05	0:19:44
82	4063	832	José Soares		V2	S. R. Toreense	72	0:18:26	65	0:01:00	95	0:40:02	80	0:00:40	80	0:20:58	1:21:06	0:19:45
83	3161	2551	Hugo Afonso		SEN	Individual	88	0:20:31	136	0:02:31	56	0:36:24	114	0:00:55	76	0:20:50	1:21:11	0:19:50
84	3150	2452	Ernesto Caniço		SEN	C.A.D.C. Almeirim / Ribabike	103	0:21:14	78	0:01:05	64	0:37:01	72	0:00:36	88	0:21:31	1:21:27	0:20:06
85	2037	312	Duarte Costa		S23	TAC-Natação	27	0:15:52	102	0:01:20	3	-0:17:12			140	1:21:46	1:21:46	0:20:25
86	3067	463	Cláudio Ribeiro		SEN	Casa Benfica Faro/GASCAN	78	0:19:03	131	0:02:07	98	0:40:15	66	0:00:36	51	0:19:49	1:21:50	0:20:29
87	3004	485	Bruno Silva		SEN	CCD / V.F. Xira									141	1:21:51	1:21:51	0:20:30
88	3026	461	Anibal Oliveira		SEN	Amiciclo	119	0:23:34	108	0:01:24	72	0:37:19	52	0:00:32	43	0:19:15	1:22:04	0:20:43
89	3036	732	Nuno Campos		SEN	CEFA	107	0:21:48	106	0:01:23	71	0:37:15	101	0:00:48	83	0:21:08	1:22:22	0:21:01
90	4052	770	Manuel Gonçalves		V1	Papa-Léguas de Assafora	109	0:22:10	90	0:01:10	90	0:39:20	79	0:00:39	45	0:19:26	1:22:45	0:21:24
91	4042	753	João Rita		V2	Casa Benfica Faro/GASCAN	98	0:21:06	58	0:00:57	75	0:38:05	105	0:00:50	93	0:21:51	1:22:49	0:21:28
92	1009	2506	Luis Courinha		JUN	Alhandra Sporting Clube	21	0:15:18	74	0:01:05	117	0:43:01	87	0:00:42	104	0:22:45	1:22:51	0:21:30
93	2001	658	Miguel Mália		S23	Alhandra Sporting Clube	74	0:18:36	96	0:01:14	105	0:41:15	97	0:00:46	81	0:21:01	1:22:52	0:21:31
94	5200		José Correia		SEN	Individual	87	0:20:06	79	0:01:05	77	0:38:08	83	0:00:40	108	0:22:57	1:22:56	0:21:35
95	2002	696	Daniel Simões		S23	Alhandra Sporting Clube	67	0:18:11	84	0:01:08	96	0:40:03	113	0:00:55	107	0:22:51	1:23:08	0:21:47
96	3146	603	Victor Rodrigues		SEN	C.A.D.C. Almeirim / Ribabike	93	0:20:53	67	0:01:02	84	0:38:28	111	0:00:53	95	0:22:02	1:23:18	0:21:57
97	1050	2549	José Quaresma		JUN	C.F. "Os Belenenses"	77	0:19:02	112	0:01:28	88	0:38:51	107	0:00:51	111	0:23:11	1:23:23	0:22:02
98	5279		Carlos Capela		S23	Individual	26	0:15:50	116	0:01:30	124	0:44:03	53	0:00:32	91	0:21:40	1:23:35	0:22:14
99	1027	7	Marina Pedro		JUN	Os Kotas Bike Team	65	0:18:09	87	0:01:09	100	0:40:22	20	0:00:25	113	0:23:34	1:23:39	0:22:18
100	1003	2294	Francisco Oliveira Reis		JUN	C.F. "Os Belenenses"	39	0:16:15	75	0:01:05	112	0:42:05	15	0:00:24	116	0:23:59	1:23:48	0:22:27

Temperatura Agua: 16°							NATAÇÃO				CICLISMO				CORRIDA			
							750 (MT)				20 KM (KM)				5 KM (MT)			
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
101	1045	222	João Amaral		JUN	C.N. Cartaxo	50	0:17:30	105	0:01:22	114	0:42:12	84	0:00:41	106	0:22:48	1:24:33	0:23:12
102	3030	501	Nuno Raimundo		SEN	CEFA	101	0:21:09	46	0:00:52	106	0:41:17	88	0:00:43	75	0:20:44	1:24:45	0:23:24
103	3023	669	Paulo Robalo		SEN	Alhandra Sporting Clube	91	0:20:48	120	0:01:39	104	0:41:09	116	0:00:58	65	0:20:16	1:24:50	0:23:29
104	4073	456	Amândio Caetano		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	111	0:22:20	115	0:01:29	92	0:39:45	94	0:00:44	72	0:20:33	1:24:51	0:23:30
105	3015	538	Maria João Madeira		SEN	C.F. "Os Belenenses"	75	0:18:56	83	0:01:08	103	0:41:04	55	0:00:33	112	0:23:33	1:25:14	0:23:53
106	4045	757	Rogério Morais		V1	Clube Ferroviário de Vendas Novas	89	0:20:35	110	0:01:26	93	0:39:54	115	0:00:56	100	0:22:27	1:25:18	0:23:57
107	4089	768	Jorge Duarte		V2	Musclor-Oeiras Sport Clube	96	0:21:02	85	0:01:08	89	0:39:13	112	0:00:54	110	0:23:01	1:25:18	0:23:57
108	3077	743	Pedro Bilro		SEN	Clube Ferroviário de Vendas Novas	115	0:22:45	113	0:01:29	91	0:39:32	96	0:00:46	92	0:21:45	1:26:17	0:24:56
109	2004	283	Ricardo Martins		S23	Amiciclo	99	0:21:06	122	0:01:42	110	0:41:49	32	0:00:28	96	0:22:04	1:27:09	0:25:48
110	4049	562	Paulo Vieira		V1	Ginásio Clube Figueirense	120	0:23:42	128	0:02:00	80	0:38:15	110	0:00:53	105	0:22:47	1:27:37	0:26:16
111	4075	751	José Peixoto		V2	A.D.C.R. Painho/Pêra Rocha do Oeste	135	0:27:45	68	0:01:02	81	0:38:16	78	0:00:38	68	0:20:29	1:28:10	0:26:49
112	4072	752	Renato Fidalgo		V1	A.D.C.R. Painho/Pêra Rocha do Oeste	136	0:28:24	109	0:01:25	70	0:37:13	126	0:01:06	69	0:20:29	1:28:37	0:27:16
113	4082	862	José Maçarria		V2	Ginásio Clube Figueirense	123	0:24:39	117	0:01:34	107	0:41:27	93	0:00:44	74	0:20:42	1:29:06	0:27:45
114	4023	765	Francisco Bexiga		V2	CEFA	86	0:20:00	111	0:01:27	111	0:42:04	106	0:00:51	118	0:25:13	1:29:35	0:28:14
115	5202		Fernando Castilho		V2	Individual	122	0:23:51	133	0:02:16	134	0:46:21	127	0:01:08	3	0:16:01	1:29:37	0:28:16
116	1010	126	Joaquim Guerreiro		JUN	Amiciclo	121	0:23:47	132	0:02:08	123	0:43:57	128	0:01:09	71	0:20:31	1:31:32	0:30:11
117	5164		Eduardo Fernandes		SEN	Individual	118	0:23:14	100	0:01:17	122	0:43:53	131	0:01:16	103	0:22:42	1:32:22	0:31:01
118	4002	852	Christian Bayon		V3	C.F. "Os Belenenses"	114	0:22:36	89	0:01:10	118	0:43:05	132	0:01:17	119	0:25:14	1:33:22	0:32:01
119	3058	740	André Rocha		SEN	Tri-Oeiras.com	97	0:21:04	93	0:01:13	126	0:44:17	120	0:01:02	126	0:26:03	1:33:39	0:32:18
120	3076	687	Rui Pereira		SEN	Clube Ferroviário de Vendas Novas	117	0:23:05	118	0:01:35	128	0:44:46	103	0:00:49	114	0:23:38	1:33:53	0:32:32
121	3028	630	António Cunha		SEN	CEFA	134	0:27:10	134	0:02:17	113	0:42:05	90	0:00:43	90	0:21:38	1:33:53	0:32:32
122	5114		Joaquim Baluga		V3	Individual	127	0:25:48	130	0:02:03	121	0:43:42	57	0:00:33	94	0:21:54	1:34:00	0:32:39
123	3081	745	Ricardo Vieira		SEN	Ginásio Clube Figueirense	116	0:23:02	107	0:01:24	132	0:45:33	123	0:01:03	109	0:23:00	1:34:02	0:32:41
124	4100	871	Jaime Carmo		V4	Individual	112	0:22:28	124	0:01:52	116	0:42:52	133	0:01:21	125	0:25:47	1:34:20	0:32:59
125	2014	393	Maria Cecília Franco		S23	Tri-Oeiras.com	105	0:21:27	129	0:02:01	127	0:44:28	124	0:01:04	123	0:25:41	1:34:41	0:33:20
126	4046	816	Mário Melo		V3	Clube Ferroviário de Vendas Novas	110	0:22:15	125	0:01:54	130	0:45:16	109	0:00:53	117	0:24:53	1:35:11	0:33:50
127	1025	128	Tânia Boleta		JUN	Os Kotas Bike Team	130	0:26:24	48	0:00:52	131	0:45:16	25	0:00:27	97	0:22:20	1:35:19	0:33:58
128	2038	2552	Ricardo Rodrigues		S23	Alhandra Sporting Clube	108	0:21:51	114	0:01:29	135	0:46:26	130	0:01:14	120	0:25:19	1:36:19	0:34:58
129	1035	2508	Ana Carrasco		JUN	Alhandra Sporting Clube	59	0:18:01	123	0:01:44	139	0:50:01	125	0:01:04	127	0:26:12	1:37:02	0:35:41
130	4001	821	Adelino Vicente		V4	Individual	132	0:26:47	95	0:01:14	120	0:43:42	122	0:01:03	124	0:25:43	1:38:29	0:37:08
131	5144		Luis Rocha		SEN	Individual	106	0:21:40	140	0:02:49	136	0:47:16	9	0:00:22	128	0:26:22	1:38:29	0:37:08
132	5280		Fina Moreno Postigo		V2	Individual	124	0:24:42	94	0:01:13	119	0:43:28	100	0:00:46	133	0:28:51	1:39:00	0:37:39
133	4035	812	Carlos Raimundo		V3	Tri-Oeiras.com	128	0:26:07	104	0:01:22	125	0:44:10	117	0:00:58	129	0:26:27	1:39:04	0:37:43
134	4018	709	Mário Magalhães		V2	AGM-Portas / GGS-Torneiras	140	0:33:26	121	0:01:40	101	0:40:27	129	0:01:13	99	0:22:24	1:39:10	0:37:49
135	4016	827	John Graney		V5	ABV Estoris	126	0:25:35	137	0:02:33	108	0:41:33	135	0:01:58	130	0:27:51	1:39:30	0:38:09
136	4004	801	Luis Ramos		V3	C.F. "Os Belenenses"	133	0:27:08	127	0:01:57	133	0:45:46	134	0:01:21	122	0:25:28	1:41:40	0:40:19
137	1008	2505	Diogo Carvalho		JUN	Alhandra Sporting Clube	125	0:25:35	126	0:01:57	129	0:45:02	75	0:00:37	134	0:28:54	1:42:05	0:40:44

Temperatura Agua: 16º						NATAÇÃO 750 (MT)				CICLISMO 20 KM (KM)				CORRIDA 5 KM (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
138	4003	830	João Branco		V5	C.F. "Os Belenenses"	137	0:28:36	76	0:01:05	137	0:47:39	92	0:00:44	131	0:28:04	1:46:08	0:44:47
139	5268		Constantino Conceição		V2	Individual	138	0:30:46	138	0:02:34	140	0:50:01	99	0:00:46	121	0:25:27	1:49:34	0:48:13
140	5191		João Antunes		SEN	Individual	129	0:26:13	135	0:02:23	141	0:51:13	45	0:00:30	135	0:30:58	1:51:17	0:49:56
141	5269		Domingos Martins		V3	Individual	139	0:31:06	139	0:02:37	138	0:49:37	95	0:00:45	132	0:28:17	1:52:22	0:51:01
142	2015	294	Catarina Jerónimo	DNF	S23	Casa Benfica Faro/GASCAN	64	0:18:09	59	0:00:58	2	-0:19:07						
143	1011	102	José Estrangeiro	DNF	JUN	SR Camarnal-Constr.Ramalho Couto-Ika	18	0:14:41	27	0:00:40	5	-0:15:21						
144	3102	662	Alexandre Feliz	DNF	SEN	A.D.C.R. Painho/Pêra Rocha do Oeste												
145	3108	544	António Costa	DNF	SEN	C.D. Asas do Milénium	131	0:26:45	72	0:01:03	1	-0:27:48						
146	4095	881	Carlos Ferrão	DNF	V2	Musclor-Oeiras Sport Clube												
147	4014	775	João Santos	DNF	V1	ABV Estoris												
148	4098	583	Carlos Pinto	DNS	V1	Triathlon Lamego Club												
149	3062	622	Ana Pereira	DNS	SEN	Casa Benfica Faro/GASCAN												
150	1021	422	Gonçalo Silva	DNS	JUN	Águias de Alpiarça												
151	3007	573	António Cabaço	DNS	SEN	C.F. "Os Belenenses"												
152	3136	666	Rute Costa	DNS	SEN	Casa Benfica Faro/GASCAN												
153	3012	715	Ricardo Fróis	DNS	SEN	C.F. "Os Belenenses"												
154	1024	287	José Pinho	DNS	JUN	A.D.C.R. Painho/Pêra Rocha do Oeste												
155	3128	471	José Ferreira	DNS	SEN	Triathlon Lamego Club												
156	5192		Valter Graça	DNS	SEN	Individual												
157	5116		Rui Canário	DNS	SEN	Individual												
158	1030	427	Ricardo Marques	DNS	JUN	C.N. Cartaxo												
159	1046	19	Diogo Henriques	DNS	JUN	C.N. Cartaxo												