

XI DUATLO CONTRA-RELÓGIO DE GRÂNDOLA - CATEGORIAS MASCULINAS

Localidade:	Grândola
Data:	06-03-2005

Distância	5km/20Km/2,5km
Hora	15h00

Cut-Off	Mas.	0:56:28,66	6%
	Fem	1:04:51,69	10%

Delegado Téc.	Bruno Salvador
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Juiz Principal	Ricardo Guerreiro
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Pontuável	Taça de Portugal
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Juri de Apelo	Bruno Salvador
	José Luís Ferreira
	Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)						
8	8	1	102	1011	DN06RAH	1988	José Estrangeiro	M JUN	16:28:00	12	16:03,25	11	00:39,60	7	31:40,05	20	0:00:41,40	14	07:40,30	00:56:44,60	00:03:27,75	+6,50%	
31	30	2	179	1020	CE79581	1988	Miguel Arraiolos	M JUN	15:56:30	30	17:20,30	51	00:51,45	33	34:30,90	58	0:00:51,30	33	08:39,15	01:02:13,10	00:08:56,25	+16,77%	
72	68	3		1023	CD16038	1988	Miguel Caetano	M JUN	15:17:30	64	19:22,20	94	01:06,15	83	38:06,95	75	0:00:56,25	64	09:23,85	01:08:55,40	00:15:38,55	+29,36%	
73	69	4	2303	1006	DR6BKVH	1989	Pedro Leitão	M JUN	15:58:00	61	19:19,80	91	01:03,45	87	38:43,80	92	0:01:03,45	46	09:01,60	01:09:12,10	00:15:55,25	+29,88%	
74	70	5	420	1019	DX62NF4	1987	André Leitão	M JUN	15:51:00	85	20:35,95	84	01:01,55	70	37:01,60	57	0:00:51,20	96	10:18,55	01:09:48,85	00:16:32,00	+31,03%	
85	81	6	430	1005	DX07S3F	1987	Tiago Pinto	M JUN	15:59:00	96	20:57,55	75	00:58,60	78	37:42,65	76	0:00:56,40	88	10:10,10	01:10:45,30	00:17:28,45	+32,80%	
88	84	7	2504	1007	DA7GKV5	1986	Mário Leitão	M JUN	15:56:00	63	19:21,20	117	01:19,50	96	39:39,10	131	0:01:32,55	58	09:14,50	01:11:06,85	00:17:50,00	+33,47%	
89	85	8	45	1026	DA0C1GG	1989	Miguel Ferrinho	M JUN	15:57:30	87	20:39,20	89	01:03,10	88	38:46,70	90	0:01:02,75	76	09:51,75	01:11:23,50	00:18:06,65	+33,99%	
94	90	9	2506	1009	DA8AHTZ		Luis Courinha	M JUN	15:48:30	83	20:26,90	108	01:14,55	94	39:01,20	67	0:00:54,70	99	10:22,65	01:12:00,00	00:18:43,15	+35,13%	
95	91	10	126	1010	DX0X86X	1988	Joaquim Guerreiro	M JUN	15:55:30	72	19:49,90	118	01:20,10	97	39:40,00	98	0:01:07,30	98	10:19,80	01:12:17,10	00:19:00,25	+35,67%	
99	94	11	222	1045	DA18TXS	1989	João Amaral	M JUN	15:54:30	100	21:08,10	42	00:48,90	99	39:47,80	34	0:00:46,05	110	11:06,50	01:13:37,35	00:20:20,50	+38,18%	
104	97	12	2457	1033	DM2B60C	1988	Eduardo Santos	M JUN	15:53:30	78	20:02,50	82	01:01,15	121	42:28,55	40	0:00:47,75	95	10:14,35	01:14:34,30	00:21:17,45	+39,96%	
113	104	13	2513	1038	DM43ERC	1989	Diogo Custódio	M JUN	15:52:30	114	22:22,75	54	00:52,00	106	40:35,95	31	0:00:45,85	130	12:44,65	01:17:21,20	00:24:04,35	+45,18%	
114	105	14	2511	1036	DM4K14X	1986	Ricardo Silva	M JUN	15:58:30	110	22:14,10	92	01:03,65	110	40:49,25	110	0:01:11,55	128	12:35,10	01:17:53,65	00:24:36,80	+46,20%	
117	108	15	2505	1008	DR01PE2	1986	Diogo Carvalho	M JUN	15:52:00	125	24:18,75	74	00:58,55	108	40:43,90	81	0:00:58,95	127	12:32,05	01:19:32,20	00:26:15,35	+49,28%	
119	110	16	2512	1037	DM7844Z	1986	André Branco	M JUN	15:50:30	124	24:17,20	36	00:48,35	107	40:37,10	54	0:00:50,85	134	13:16,65	01:19:50,15	00:26:33,30	+49,84%	
127	117	17	215	1018	DA0C0ZA	1989	João Inácio	M JUN	15:55:00	130	24:43,10	45	00:49,20	126	43:31,40	19	0:00:41,25	125	12:25,75	01:22:10,70	00:28:53,85	+54,24%	
128	118	18		5246	DR1647Z	1988	Marcos Duro	M JUN	15:17:00	111	22:15,25	24	00:44,85	138	49:23,60	16	0:00:40,25	93	10:13,50	01:23:17,45	00:30:00,60	+56,32%	
138	125	19	2520	1043	DM736WC	1986	Bruno Esteves	M JUN	15:51:30	90	20:46,60	40	00:48,80	140	59:39,85	37	0:00:47,35	101	10:23,60	01:32:26,20	00:39:09,35	+73,49%	
			422	1021	DN7ZSEN	1987	Gonçalo Silva	M JUN	15:54:00												DNS		
			19	1046	DA6PKAF	1988	Diogo Henriques	M JUN	15:53:00													DNS	
			5254	DX2H3BH	João Romão	1989	Individual	M JUN	15:16:00		47:11,30								14:07,30	DSQ			

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Hora	15h00

Cut-Off	Mas.	0:56:28,66	6%
	Fem	1:04:51,69	10%

Delegado Téc.	Bruno Salvador
Pontuável	Taça de Portugal

Juiz Principal	Ricardo Guerreiro
Juri de Apelo	Bruno Salvador José Luís Ferreira Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)							
4	4	1	362	2007	DN5KFEB	Sérgio Manuel Silva	1983	SR Camarna- Constr. Ramalho Couto-Ika	M S23	16:38:00	1	14:56,15	1	00:34,30	9	32:11,55	1	0:00:32,20	1	07:06,90	00:55:21,10	00:02:04,25	+3,89%	
6	6	2	382	2029	DX8C2MB	Nelson Silva	1982	Vitoria Janes	M S23	16:33:00	5	15:18,30	2	00:34,95	10	32:14,50	3	0:00:34,35	2	07:10,90	00:55:53,00	00:02:36,15	+4,88%	
15	15	3	321	2000	DX07HGR	João Cavaleiro	1983	C.F. "Os Belenenses"	M S23	16:26:00	15	16:21,00	31	00:45,85	22	33:25,05	23	0:00:42,70	13	07:39,45	00:58:54,05	00:05:37,20	+10,55%	
20	19	4		5261	DR1EB81	Paulo João Fernandes Pereira	1982	Individual	M S23	15:19:30	25	17:01,00	35	00:47,00	13	32:47,20	32	0:00:46,00	42	08:55,95	01:00:17,15	00:07:00,30	+13,15%	
22	21	5		5025	BC81150	Rafael Gomes	1982	Individual	M S23	15:20:00	33	17:45,90	13	00:40,40	27	33:59,70	138		26	08:26,50	01:00:52,50	00:07:35,65	+14,25%	
23	22	6	417	2003	DX1TVZF	Rui Dolores	1984	Amiciclo	M S23	16:02:30	27	17:10,00	22	00:44,55	28	34:00,15	24	0:00:43,50	24	08:18,90	01:00:57,10	00:07:40,25	+14,40%	
25	24	7	352	2012	DX00V18	Pedro Gomes	1983	Tri-Oeiras.com	M S23	16:21:00	21	16:46,10	15	00:41,30	29	34:00,75	93	0:01:03,90	29	08:31,30	01:01:03,35	00:07:46,50	+14,59%	
33	32	8	368	2020	CB55147	Edgar Martins	1983	Casa do Benfica no Fundão	M S23	16:00:00	34	17:58,60	39	00:48,55	32	34:28,45	88	0:01:01,25	31	08:33,05	01:02:49,90	00:09:33,05	+17,93%	
34	33	9	252	5060	CD16087	Tiago Neves	1985	Tri-Oeiras.com	M S23	16:25:00	68	19:42,95	21	00:44,45	19	33:21,60	33	0:00:46,05	37	08:48,80	01:03:23,85	00:10:07,00	+18,99%	
42	40	10	285	2009	DA0CY1	Vasco Côte-Real	1983	Tri-Oeste - Clube de Triatlo do Oeste	M S23	16:03:00	29	17:19,35	34	00:46,50	64	36:46,55	12	0:00:38,45	45	09:01,35	01:04:32,20	00:11:15,35	+21,13%	
51	49	11		5101	DA4DAEX	Ricardo Teixeira	1982	Individual	M S23	15:21:00	67	19:37,65	129	01:30,50	34	34:33,40	78	0:00:58,30	56	09:12,20	01:05:52,05	00:12:35,20	+23,62%	
65	61	12	354	5061	CB64496	Manuel Coutinho	1982	Tri-Oeiras.com	M S23	16:01:00	82	20:24,45	62	00:54,20	51	35:32,70	79	0:00:58,35	72	09:44,40	01:07:34,10	00:14:17,25	+26,82%	
82	78	13	286	2021	DM43K2X	Pedro Penetra	1984	Casa do Benfica no Fundão	M S23	16:02:00	80	20:14,95	106	01:14,20	84	38:21,60	69	0:00:55,30	73	09:45,00	01:10:31,05	00:17:14,20	+32,35%	
93	89	14	696	2002	DN2S4R5	Daniel Simões	1984	Alhandra Sporting Clube	M S23	15:59:30	89	20:44,90	122	01:25,15	86	38:28,30	124	0:01:25,45	77	09:54,60	01:11:58,40	00:18:41,55	+35,08%	
101	95	15	658	2001	DA83N5N	Miguel Mália	1984	Alhandra Sporting Clube	M S23	16:01:30	79	20:09,50	109	01:14,65	109	40:47,95	129	0:01:31,70	100	10:23,50	01:14:07,30	00:20:50,45	+39,12%	
130	120	16		5035	DA7DFWB	Ricardo Rodrigues	1984	Individual	M S23	15:20:30	128	24:25,45	121	01:24,65	131	45:31,25	125	0:01:26,60	116	11:45,55	01:24:33,50	00:31:16,65	+58,70%	
			289	2024	DM78MFZ	Gonçalo Lopes	1984	C.D. Asas do Milénium	M S23	16:00:30												DNS		
			5084		DN6PYD3	Bernardo Marujo	1982	Individual	M S23	15:18:00													DNS	
			5250		DF6ES3H	Nuno Correia	1985	Individual	M S23	15:19:00													DNS	

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Delegado Téc.	Bruno Salvador
Pontuável	Taça de Portugal

Juiz Principal	Ricardo Guerreiro
Juri de Apelo	Bruno Salvador José Luis Ferreira Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)					
1	1	575	3016	CB88704	Bruno Pais	1981	C.F. "Os Belenenses"	M SEN	16:36:00	3	15:10,65	7	00:37,80	1	29:37,00	11	0:00:38,20	3	07:13,20	00:53:16,85		
2	2	486	3117	CB55379	Lino Barruncho	1976	Vitoria Janes	M SEN	16:35:00	2	15:02,80	8	00:38,45	3	30:49,10	21	0:00:41,70	4	07:14,10	00:54:26,15	00:01:09,30	+2,17%
5	5	505	3040	CB89876	José Ribeiro	1967	SR Camarnal-Constr.Ramalho Couto-Ika	M SEN	16:34:00	10	15:48,40	4	00:36,65	2	30:45,05	26	0:00:43,90	7	07:28,60	00:55:22,60	00:02:05,75	+3,93%
7	7	474	3053	CB91253	Sérgio Marques	1980	Tri-Oeiras.com	M SEN	16:32:00	13	16:04,05	18	00:42,35	4	30:51,75	99	0:01:07,40	9	07:30,45	00:56:16,00	00:02:59,15	+5,60%
9	9	521	3088	CB89346	João Campos	1968	Casa do Benfica no Fundão	M SEN	16:31:00	6	15:33,55	6	00:37,55	12	32:40,05	5	0:00:34,85	6	07:26,40	00:56:52,40	00:03:35,55	+6,74%
10	10	507	3039	CB77381	Custódio António	1977	SR Camarnal-Constr.Ramalho Couto-Ika	M SEN	16:30:00	17	16:27,20	14	00:40,85	8	31:40,20	6	0:00:36,10	12	07:35,10	00:56:59,45	00:03:42,60	+6,96%
11	11	523	3090	CB97739	Jorge Rodrigues	1972	Casa do Benfica no Fundão	M SEN	16:24:00	7	15:42,50	9	00:38,70	11	32:34,55	7	0:00:36,15	11	07:35,05	00:57:06,95	00:03:50,10	+7,20%
12	12	566	3006	DN6Y8Y7	Paulo Antunes	1978	C.F. "Os Belenenses"	M SEN	16:27:00	19	16:35,90	32	00:46,05	6	31:32,55	104	0:01:09,80	15	07:45,30	00:57:49,60	00:04:32,75	+8,53%
13	13	532	3071	DN7SGM2	Luis Manuel Almeida	1972	Clube Ferroviário de Vendas Novas	M SEN	16:29:00	9	15:45,50	12	00:40,05	18	33:21,05	9	0:00:37,70	8	07:30,00	00:57:54,30	00:04:37,45	+8,68%
14	14	475	3049	CD15195	Sérgio Dias	1977	Tri-Oeste - Clube de Triatlo do Oeste	M SEN	16:23:00	14	16:19,70	37	00:48,45	15	32:48,70	27	0:00:44,85	17	07:53,80	00:58:35,50	00:05:18,65	+9,97%
17	16	689	3114	DX7KH5V	Rui Belo	1976	Vitoria Janes	M SEN	16:18:30	11	15:56,60	16	00:42,25	35	34:45,15	8	0:00:36,95	10	07:34,45	00:59:35,40	00:06:18,55	+11,84%
18	17	5113	DR2XCPC	Tiago Lobo	1978	Individual	M SEN	15:33:00	23	16:47,50	25	00:44,85	26	33:58,45	17	0:00:41,05	18	07:55,60	01:00:07,45	00:06:50,60	+12,84%	
19	18	2524	3139	DA9R14X	Nuno Nunes	1980	SR Camarnal-Constr.Ramalho Couto-Ika	M SEN	16:13:30	8	15:43,05	3	00:35,50	47	35:20,40	10	0:00:37,95	19	07:59,15	01:00:16,05	00:06:59,20	+13,11%
21	20	461	3026	CC78795	Anibal Oliveira	1975	Amiciclo	M SEN	16:03:30	24	16:49,95	41	00:48,85	24	33:51,50	18	0:00:41,25	23	08:16,75	01:00:28,30	00:07:11,45	+13,50%
24	23	636	3090	CB91004	Paulo Queirós Gonçalves	1969	Casa do Benfica no Fundão	M SEN	16:15:30	18	16:28,95	10	00:39,05	49	35:29,95	4	0:00:34,70	16	07:46,45	01:00:59,10	00:07:42,25	+14,46%
26	25	629	3009	DR01RA8	Fernando Carmo	1967	C.F. "Os Belenenses"	M SEN	16:08:00	31	17:24,70	23	00:44,80	23	33:50,30	60	0:00:51,90	27	08:26,60	01:01:18,30	00:08:01,45	+15,06%
27	26	496	3050	DR0V6C7	Bruno Fernandes	1980	Tri-Oeste - Clube de Triatlo do Oeste	M SEN	16:22:00	22	16:46,15	26	00:44,95	45	35:15,25	29	0:00:45,30	20	08:06,40	01:01:38,05	00:08:21,20	+15,68%
28	27	497	3069	CG52231	Pedro Cordeiro	1967	Casa Benfica Faro/GASCAN	M SEN	16:16:30	43	18:34,85	20	00:43,00	14	32:48,55	53	0:00:50,65	38	08:50,65	01:01:47,70	00:08:30,85	+15,98%
29	28	5247	DA45Y25	Mário Raimundo	1981	Individual	M SEN	15:28:00	32	17:28,50	19	00:42,65	25	33:52,65	112	0:01:12,45	30	08:31,45	01:01:47,70	00:08:30,85	+15,98%	
32	31	686	3074	DN7PF3R	Pedro Amaral	1977	Clube Ferroviário de Vendas Novas	M SEN	16:16:00	44	18:39,05	38	00:48,50	20	33:22,60	46	0:00:48,85	32	08:35,75	01:02:14,75	00:08:57,90	+16,83%
36	35	479	3052	CB88045	Hélder Milheiras	1973	Tri-Oeiras.com	M SEN	16:08:30	40	18:26,25	66	00:55,50	37	34:49,15	96	0:01:07,10	28	08:27,25	01:03:45,25	00:10:28,40	+19,66%
37	36	739	3054	DA837TA	António Luz Gomes	1972	Tri-Oeiras.com	M SEN	16:04:30	37	18:11,40	48	00:50,75	42	35:11,00	87	0:01:00,80	36	08:47,55	01:04:01,50	00:10:44,65	+20,17%
40	38	466	3137	CB75885	Carlos Matos	1969	Casa Benfica Faro/GASCAN	M SEN	16:05:30	47	18:42,55	69	00:58,20	40	35:00,35	44	0:00:48,65	41	08:54,85	01:04:24,60	00:11:07,75	+20,89%
43	41	492	3106	CB49358	Carlos Reis	1967	C.D. Asas do Milénium	M SEN	16:06:00	35	18:07,30	120	01:22,70	46	35:19,90	120	0:01:21,70	49	09:03,10	01:05:14,70	00:11:57,85	+22,45%
44	42	693	3024	DR02MCP	Duarte Ponte	1973	Alhandra Sporting Clube	M SEN	16:07:30	26	17:05,70	90	01:03,25	80	37:56,85	49	0:00:49,50	25	08:22,90	01:05:18,20	00:12:01,35	+22,56%
45	43	2453	3110	DM4KY6A	Jorge Bento	1970	C.D. Asas do Milénium	M SEN	16:09:30	41	18:29,90	87	01:01,80	50	35:31,40	114	0:01:12,70	53	09:09,30	01:05:25,10	00:12:08,25	+22,78%
46	44	649	3086	DX9BNGP	Luis Guerreiro	1971	Borealis	M SEN	16:11:30	45	18:39,90	77	01:00,05	44	35:12,45	72	0:00:56,05	70	09:37,20	01:05:25,65	00:12:08,80	+22,80%
50	48	725	3061	DN15SEF	Miguel Palmeira	1978	Ginásio Clube de Tavira	M SEN	16:12:00	71	19:49,10	50	00:51,00	21	33:25,00	47	0:00:49,35	105	10:47,15	01:05:41,60	00:12:24,75	+23,30%
52	50	621	3107	DX0MPWE	Rui Sousa	1971	C.D. Asas do Milénium	M SEN	16:20:00	36	18:08,60	85	01:01,75	72	37:09,90	55	0:00:51,05	34	08:41,65	01:05:52,95	00:12:36,10	+23,65%
55	51	638	3119	CB43839	Paulo Calixto	1972	Ateneu Artístico Cartaxense	M SEN	16:14:00	39	18:22,25	29	00:45,60	66	36:51,80	45	0:00:48,70	54	09:10,15	01:05:58,50	00:12:41,65	+23,83%
56	52	585	3010	DX7477W	Paulo Codinha	1966	C.F. "Os Belenenses"	M SEN	16:14:30	65	19:31,45	86	01:01,80	48	35:22,20	66	0:00:54,50	59	09:15,15	01:06:05,10	00:12:48,25	+24,03%
57	53	579	3113	DN0641P	Duarte Barreto	1975	C.N. Cartaxo	M SEN	16:06:30	55	19:10,10	30	00:45,75	58	36:04,35	63	0:00:52,90	57	09:12,70	01:06:05,80	00:12:48,95	+24,05%
59	55	729	3017	DA18BK4	Rui Pedro Sousa	1971	C.F. "Os Belenenses"	M SEN	16:19:00	52	18:58,85	101	01:10,80	63	36:30,20	91	0:01:03,10	40	08:53,05	01:06:36,00	00:13:19,15	+25,00%
60	56	746	3092	DM4K7ZY	Pedro Venâncio	1973	Casa do Benfica no Fundão	M SEN	16:18:00	58	19:14,05	68	00:57,60	59	36:06,65	70	0:00:55,40	67	09:27,65	01:06:41,35	00:13:24,50	+25,17%
61	57	5112	DR34YWF	Rui Simões	1973	Individual	M SEN	15:32:30	69	19:43,30	115	01:19,30	36	34:45,40	103	0:01:09,15	81	10:04,30	01:07:01,45	00:13:44,60	+25,79%	
64	60	540	3022	CB76283	Pedro Gaspar	1966	Alhandra Sporting Clube	M SEN	16:17:30	76	19:56,45	112	01:18,35	61	36:08,65	95	0:01:06,00	48	09:02,70	01:07:32,15	00:14:15,30	+26,75%
66	62	662	3102	DX9D32M	Alexandre Feliz		A.D.C.R. Painho/Pêra Rocha do Oeste	M SEN	15:57:00	66	19:32,65	81	01:01,15	65	36:46,60	43	0:00:48,30	65	09:25,65	01:07:34,35	00:14:17,50	+26,82%
67	63	531	3075	DN213GZ	Nuno Lopes	1976	Clube Ferroviário de Vendas Novas	M SEN	16:12:30	73	19:51,80	76	00:58,80	62	36:24,15	59	0:00:51,60	69	09:34,25	01:07:40,60	00:14:23,75	+27,02%
71	67	5175	DM4M9GR	Fernando Costa	1978	Individual	M SEN	15:25:30		08:35,30	88	01:01,85	89	38:47,45	39	0:00:47,60	138	19:10,45	01:08:22,65	00:15:05,80	+28,33%	
76	72	734	3057	DA83HXF	Henrique Matias	1977	Tri-Oeiras.com	M SEN	16:09:00	77	19:58,60	105	01:12,70	77	37:41,65	123	0:01:24,70	71	09:39,80	01:09:57,45	00:16:40,60	+31,30%
78	74	5026	DX637EP	Renato Guerreiro	1980	Individual	M SEN	15:31:00	28	17:10,65	60	00:54,20	122	42:29,95	15	0:00:40,10	39	08:52,40	01:10:07,30	00:16:50,45	+31,61%	
79	75	5099	DA867RW	Ricardo Silva	1975	Individual	M SEN	15:32:00	54	19:01,95	107	01:14,25	68	36:59,00	136	0:02:26,60	103	10:25,55	01:10:07,35	00:16:50,50	+31,61%	

XI DUATLO CONTRA-RELÓGIO DE GRÂNDOLA - CATEGORIAS MASCULINAS

Localidade:	Grândola
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Distância	5km/20Km/2,5km
Hora	15h00

Cut-Off	Mas.	0:56:28,66	6%
	Fem	1:04:51,69	10%

Delegado Téc.	Bruno Salvador
Pontuável	Taça de Portugal

Juiz Principal	Ricardo Guerreiro
Juri de Apelo	Bruno Salvador José Luis Ferreira Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)												
80	76	43	708	3094	CB50808	Pedro Fernandes	1979	ABV Estoris	M SEN	16:17:00	75	19:56,30	104	01:12,05	79	37:45,80	83	0:00:59,60	97	10:19,70	01:10:13,45	00:16:56,60	+31,80%						
81	77	44		5259	DN1CCYV	Nuno Tintim	1976	Individual	M SEN	15:29:30	48	18:43,45	123	01:25,50	98	39:47,05	82	0:00:59,55	66	09:26,45	01:10:22,00	00:17:05,15	+32,07%						
83	79	45		5034	DF0S5NF	Ricardo Cruz	1981	Individual	M SEN	15:31:30	86	20:37,20	52	00:51,70	85	38:24,60	38	0:00:47,55	75	09:50,05	01:10:31,10	00:17:14,25	+32,35%						
86	82	46		5082	BC81798	Alexandre Ventura	1976	Individual	M SEN	15:21:30	95	20:56,90	53	00:51,75	81	37:59,10	52	0:00:50,55	86	10:08,20	01:10:46,50	00:17:29,65	+32,83%						
90	86	47	701	3118	CA92852	Nuno Morais	1973	Ateneu Artístico Cartaxense	M SEN	16:13:00	109	22:02,85	95	01:07,05	69	37:00,80	77	0:00:56,45	102	10:24,95	01:11:32,10	00:18:15,25	+34,26%						
91	87	48		5248	DA9BYF4	Miguel Lopes	1981	Individual	M SEN	15:28:30	93	20:52,95	57	00:52,60	95	39:03,40	36	0:00:47,05	92	10:12,25	01:11:48,25	00:18:31,40	+34,77%						
106	98	49		5056	DA5NDKF	Carlos Pereira	1968	Individual	M SEN	15:23:30	105	21:33,00	133	01:37,70	101	40:01,75			140	38:32,20	01:15:02,20	00:21:45,35	+40,83%						
111	102	50		5262	DF5XMSZ	Paulo Jorge	1970	Individual	M SEN	15:30:00	118	22:59,40	136	01:41,65	92	38:53,05	102	0:01:08,30	124	12:15,55	01:16:57,95	00:23:41,10	+44,45%						
115	106	51	2514	3122	DM2BGCP	Jorge Mendes	1974	Mem Martins Sport Club	M SEN	16:10:00	122	23:42,80	78	01:00,45	114	41:26,15	115	0:01:13,00	114	11:40,10	01:19:02,50	00:25:45,65	+48,35%						
120	111	52		5001	DA4206X	Rui Santos Sousa		Individual	M SEN	15:18:30	131	24:43,20	127	01:29,75	103	40:08,25	135	0:01:43,60	123	12:15,55	01:20:20,35	00:27:03,50	+50,78%						
121	112	53	459	3027	CB44280	Paulo Jorge	1972	Amiciclo	M SEN	16:15:00	126	24:24,00	124	01:26,40	116	41:31,75	122	0:01:23,95	118	11:52,60	01:20:38,70	00:27:21,85	+51,36%						
131	121	54		5087	DX82GTY	Carlos Serra	1968	Individual	M SEN	15:24:00	116	22:53,40	65	00:55,25	136	48:23,65	101	0:01:07,75	111	11:18,10	01:24:38,15	00:31:21,30	+58,85%						
137	124	55	722	3085	DA7GMXY	Armando Costa	1970	Sport União Colarense	M SEN	16:05:00	138	27:17,30	139	02:00,75	128	44:19,60	132	0:01:38,00	137	15:39,65	01:30:55,30	00:37:38,45	+70,65%						
139	126	56		5251	DA6MB5E	João Gomes	1978	Individual	M SEN	15:26:30	123	23:49,40	96	01:07,95	139	54:56,90	86	0:01:00,75	129	12:41,15	01:33:36,15	00:40:19,30	+75,68%						
				528	3018	DX49PAS	Sérgio Oliveira	1968	ABV Estoris	M SEN	16:20:30		21:50,10		00:51,60		40:25,90		0:00:56,80		10:34,35			DSQ					
				499	3051	CB50589	António Ervideira	1966	Tri-Oeste -Clube de Triatlo do Oeste	M SEN	16:04:00														DNF				
				4615	615	DA049VE	Jorge Vieira	1969	Individual	M SEN	16:10:30															DNF			
				706	3100	CE22338	Luis Cipriano	1973	A.D.C.R. Painho/Pêra Rocha do Oeste	M SEN	16:11:00																DNF		
				592	3048	DN28V83	Rui Rodrigues	1966	Tri-Oeste -Clube de Triatlo do Oeste	M SEN	16:19:30																DNF		
					5000	DF70D32	Paulo Sousa	1971	Individual	M SEN	15:30:30																DNS		
					5275	DR7GY16	António Jesus	1968	Individual	M SEN	15:22:00																	DNS	
					5092	DR666CA	Bruno Martins	1976	Individual	M SEN	15:22:30																	DNS	
					5089	DR9FF12	Carlos Gomes	1981	Individual	M SEN	15:23:00																	DNS	
					5069	DF7D24C	Hélder abrantés	1980	Individual	M SEN	15:26:00																	DNS	
					5255	DA5FKY5	Jorge Lourenço	1980	Individual	M SEN	15:27:00																	DNS	
					5256	DF81SN9	José Correia	1973	Individual	M SEN	15:27:30																	DNS	
					5249	DN73H3V	Nuno Andre	1977	Individual	M SEN	15:29:00																	DNS	
				2451	3109	DM2BZ67	Duarte Caldeira	1978	C.D. Asas do Milénium	M SEN	16:07:00																	DNS	
					5049	DA4B7PA	Daniel Trindade	1974	Individual	M SEN	15:24:30																	DSQ	
					5252	DX6GBBB	Dario Teixeira	1969	Individual	M SEN	15:25:00																	DSQ	

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Hora	15h00

Cut-Off	Mas.	0:56:28,66	6%
	Fem	1:04:51,69	10%

Delegado Téc.	Bruno Salvador
Pontuável	Taça de Portugal

Juiz Principal	Ricardo Guerreiro
Juri de Apelo	Bruno Salvador José Luis Ferreira Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)							
3	3	1	508	4027	CB44444	Alcino Serras	1965	SR Camarnal-Constr.Ramalho Couto-Ika	M V1	16:37:00	4	15:17,10	5	00:36,85	5	31:14,00	2	0:00:33,25	5	07:19,50	00:55:00,70	00:01:43,85	+3,25%	
35	34	2	665	4031	DN7FZ9M	José Zacarias		Musclor-Oeiras Sport Clube	M V1	15:49:00	53	19:01,50	59	00:53,55	17	33:03,55	108	0:01:11,35	61	09:16,55	01:03:26,50	00:10:09,65	+19,07%	
38	37	3	648	4013	CB43486	Miguel Fragoso	1965	ABV Estoris	M V1	15:47:30	49	18:43,50	64	00:55,20	31	34:19,75	117	0:01:13,80	51	09:03,65	01:04:15,90	00:10:59,05	+20,62%	
47	45	4	755	4101	CB89543	João Gomes	1961	IPODEC / Tri-Oeiras.com	M V1	15:45:00	42	18:30,80	44	00:49,15	56	36:02,25	50	0:00:50,00	62	09:18,45	01:05:30,65	00:12:13,80	+22,95%	
48	46	5		4074	DN2EKYK	Pedro Marques	1964	A.D.C.R. Painho/Pêra Rocha do Oeste	M V1	15:15:00	70	19:48,90	70	00:58,45	39	34:51,45	73	0:00:56,25	43	08:56,25	01:05:31,30	00:12:14,45	+22,97%	
62	58	6	516	4025	CB74353	João Medeiro	1963	Serv. Soc. CGD	M V1	15:45:30	46	18:40,50	80	01:00,60	75	37:38,00	22	0:00:42,25	50	09:03,10	01:07:04,45	00:13:47,60	+25,89%	
63	59	7		4072	CB51011	Renato Fidalgo	1961	A.D.C.R. Painho/Pêra Rocha do Oeste	M V1	15:15:30	60	19:18,45	110	01:15,90	60	36:06,70	118	0:01:17,75	63	09:19,25	01:07:18,05	00:14:01,20	+26,31%	
68	64	8	775	4014	DX62Z7E	João Santos	1961	ABV Estoris	M V1	15:46:00	92	20:52,60	46	00:50,50	41	35:08,60	74	0:00:56,25	78	09:54,65	01:07:42,60	00:14:25,75	+27,08%	
69	65	9	646	487	DN43T5K	Manuel Batista	1965	Ateneu Artístico Cartaxense	M V1	15:47:00	56	19:12,35	98	01:08,85	71	37:06,85	107	0:01:10,90	60	09:15,30	01:07:54,25	00:14:37,40	+27,45%	
75	71	10	840	4093	DN587M8	Rui Sa	1962	Casa Benfica Faro/GASCAN	M V1	15:49:30	84	20:29,70	103	01:11,40	74	37:29,30	109	0:01:11,55	68	09:33,85	01:09:55,80	00:16:38,95	+31,25%	
87	83	11	503	4022	DX06FSV	Jorge Oliveira	1964	CEFA	M V1	15:46:30	91	20:52,25	61	00:54,20	82	37:59,85	65	0:00:53,90	91	10:11,85	01:10:52,05	00:17:35,20	+33,01%	
97	93	12	861	4081	DM43N8M	Sebastião Fraústo	1961	C.D. Asas do Milénium	M V1	15:50:00	103	21:21,85	93	01:04,95	93	38:56,30	80	0:00:58,60	85	10:07,45	01:12:29,15	00:19:12,30	+36,04%	
102	96	13	790	4097	DN7M2WA	Carlos Suzana	1961	Tri-Oeiras.com	M V1	15:44:30	94	20:56,80	72	00:58,55	112	41:18,80	84	0:00:59,65	87	10:08,20	01:14:22,00	00:21:05,15	+39,57%	
107	99	14		4088	DM4K17E	António Trabuco		Triathlon Lamego Club	M V1	15:16:30	108	21:53,30	114	01:18,95	102	40:07,50	119	0:01:19,60	109	10:49,80	01:15:29,15	00:22:12,30	+41,68%	
116	107	15	873	4094	DM731TT	Artur Amaral	1962	C.N. Cartaxo	M V1	15:43:30	120	23:11,80	63	00:54,75	120	42:25,35	94	0:01:04,00	115	11:43,65	01:19:19,55	00:26:02,70	+48,88%	
			839	4036	DA8AVER	Carlos Cunha	1962	Tri-Oeiras.com	M V1	15:44:00		18:23,65											DNF	
				5253	DA3THZ8	João Carvalho	1963	Individual	M V1	15:13:30													DNS	
				5245	DN96YZN	Luis Parrinha	1964	Individual	M V1	15:14:00													DNS	
				5260	DA710K2	Oscar Escaleira	1964	Individual	M V1	15:14:30													DNS	
			529	4012	DN7P3ZK	Paulo Espirito Santo	1963	ABV Estoris	M V1	15:48:00													DNS	

XI DUATLO CONTRA-RELÓGIO DE GRÂNDOLA - CATEGORIAS MASCULINAS

Localidade:	Grândola
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Hora	15h00

Cut-Off	Mas.	0:56:28,66	6%
	Fem	1:04:51,69	10%

Delegado Téc.	Bruno Salvador
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Juiz Principal	Ricardo Guerreiro
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Pontuável	Taça de Portugal
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Juri de Apelo	Bruno Salvador
	José Luís Ferreira
	Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)
30	29	1	881	4095	DM2BS28	1960	Musclor-Oeiras Sport Clube	M V2	15:40:00	20 16:40,55	71 00:58,55	52 35:35,10	48 0:00:49,35	21 08:08,25	01:02:11,80	00:08:54,95	+16,73%
41	39	2	777	4048	DX8KNDG	1960	Clube Ferroviário de Vendas Novas	M V2	15:41:30	38 18:20,60	55 00:52,10	53 35:50,30	14 0:00:39,85	35 08:46,05	01:04:28,90	00:11:12,05	+21,02%
49	47	3	774	4015	CB24276	1960	ABV Estoris	M V2	15:42:30	50 18:49,75	28 00:45,50	54 35:58,95	85 0:01:00,65	44 08:59,25	01:05:34,10	00:12:17,25	+23,06%
70	66	4		5258	DN9PB9B	1956	Individual	M V2	15:12:00	62 19:19,85	43 00:49,00	73 37:16,35		139 20:00,80	01:08:00,80	00:14:43,95	+27,65%
84	80	5	788	4010	CB61607	1959	C.F. "Os Belenenses"	M V2	15:39:30	102 21:20,35	102 01:11,35	55 35:59,60	106 0:01:10,75	107 10:49,25	01:10:31,30	00:17:14,45	+32,36%
92	88	6		5243	CH00792	1958	Individual	M V2	15:12:30	74 19:52,50	111 01:16,55	91 38:51,25	134 0:01:43,15	83 10:06,25	01:11:49,70	00:18:32,85	+34,81%
96	92	7	709	4018	DX63WNG	1959	AGM-Portas / GGS-Torneiras	M V2	15:43:00	107 21:41,80	134 01:40,80	67 36:54,70	111 0:01:11,80	106 10:48,60	01:12:17,70	00:19:00,85	+35,69%
110	101	8	863	4083	DM78CN3	1960	C.N. Cartaxo	M V2	15:41:00	101 21:11,25	132 01:35,50	119 42:17,35	116 0:01:13,45	94 10:13,50	01:16:31,05	00:23:14,20	+43,61%
112	103	9		5016	CD68665	1958	Individual	M V2	15:13:00	117 22:59,10	137 01:49,80	90 38:48,80	133 0:01:42,05	117 11:51,40	01:17:11,15	00:23:54,30	+44,87%
118	109	10	864	4085	DM73H3S	1958	Sport União Colareense	M V2	15:40:30	106 21:38,40	138 01:58,20	125 43:17,35	127 0:01:30,30	112 11:19,15	01:19:43,40	00:26:26,55	+49,63%
			872	4092	DM22SSV	1960	Alhandra Sporting Clube	M V2	15:38:30							DNF	
			781	4040	DA68KMH	1958	Casa Benfica Faro/GASCAN	M V2	15:39:00							DNS	
			806	4050	CB44627	1956	Papa-Léguas de Assafora	M V2	15:42:00							DNS	

XI DUATLO CONTRA-RELÓGIO DE GRÂNDOLA - CATEGORIAS MASCULINAS

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	Fem	1:04:51,69	10%

Delegado Téc.	Bruno Salvador
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Juiz Principal	Ricardo Guerreiro
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Pontuável	Taça de Portugal
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Juri de Apelo	Bruno Salvador
	José Luís Ferreira
	Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)
109	100	1	5109	DN9P65G	Rui Correia	1951	Individual	M V3	15:11:30	112 22:15,40	135 01:41,25	104 40:12,40	113 0:01:12,45	104 10:29,70	01:15:51,20	00:22:34,35	+42,37%
124	114	2	868	CA91706	Artur Romero	1954	AGM-Portas / GGS-Torneiras	M V3	15:37:00	113 22:17,00	97 01:08,30	133 46:15,80	71 0:00:55,80	89 10:10,90	01:20:47,80	00:27:30,95	+51,64%
126	116	3	812	CB50877	Carlos Raimundo	1951	Tri-Oeiras.com	M V3	15:37:30	132 24:48,50	125 01:27,40	118 41:40,50	100 0:01:07,65	122 12:15,15	01:21:19,20	00:28:02,35	+52,63%
135	123	4	5227	DX8T1X9	Domingos Martins	1954	Individual	M V3	15:11:00	137 27:07,00	119 01:22,65	132 45:48,10	97 0:01:07,20	136 13:45,75	01:29:10,70	00:35:53,85	+67,37%
			817	CB46286	Vitor Costa	1952	C.F. "Os Belenenses"	M V3	15:38:00						DNF		

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Delegado Téc.	Bruno Salvador
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Juri de Apelo	Bruno Salvador
	José Luís Ferreira
	Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)						
77	73	1	811	4061	CB51292	Alberto Campos	1948	Casa do Benfica no Fundão	M V4	15:35:00	81	20:22,35	99	01:08,90	76	37:40,05	68	0:00:55,00	79	09:57,70	01:10:04,00	00:16:47,15	+31,50%
125	115	2	871	4100	DA0C9C3	Jaime Carmo	1950	Individual	M V4	15:35:30	119	23:07,10	126	01:28,70	124	42:56,05	130	0:01:32,40	120	12:07,35	01:21:11,60	00:27:54,75	+52,39%
			818	4008	CD14202	José Rijo	1948	C.F. "Os Belenenses"	M V4	15:36:00											DNF		
			850	4019	DN7NMT9	Mário Santana	1950	Amiciclo	M V4	15:36:30											DNF		

XI DUATLO CONTRA-RELÓGIO DE GRÂNDOLA - CATEGORIAS MASCULINAS

Localidade:	Grândola
Data:	06-03-2005

Distância	5km/20Km/2,5km
Hora	15h00

Cut-Off	Mas.	0:56:28,66	6%
	Fem	1:04:51,69	10%

Delegado Téc.	Bruno Salvador
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Juiz Principal	Ricardo Guerreiro
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Pontuável	Taça de Portugal
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Juri de Apelo	Bruno Salvador
	José Luís Ferreira
	Organizador C.M.G.

Rank. Sexo	Rank Esc.	Lic.	Dorsal	Chip	Nome Atleta	Ano	Equipa	Esc	Hora Partida	Corrida 1	Trans. 1	Ciclismo	Trans.2	Corrida 2	Tempo Total	Diff.	Diff. (%)						
58	54	1	824	4057	CB42860	Venceslau Fernandes	1945	AGM-Portas / GGS-Torneiras	M V5	15:34:30	88	20:40,30	56	00:52,25	30	34:09,00	30	0:00:45,80	82	10:05,35	01:06:32,70	00:13:15,85	+24,89%
123	1113	2		5257	DN9S7PP	José Correia	1943	Individual	M V5	15:10:30	127	24:25,20	131	01:33,05	115	41:27,65	126	0:01:27,45	119	11:52,75	01:20:46,10	00:27:29,25	+51,59%
129	119	3	829	4043	CA51033	Francisco Martins	1938	Clube Ferroviário de Vendas Novas	M V5	15:33:30	134	25:19,20	113	01:18,90	127	44:00,40	61	0:00:51,90	126	12:29,75	01:24:00,15	00:30:43,30	+57,66%
134	122	4		5055	DR38T02	Carlos Matias	1942	Individual	M V5	15:10:00	133	25:06,65	100	01:09,75	134	47:46,25	89	0:01:02,25	131	12:50,60	01:27:55,50	00:34:38,65	+65,02%
			830	4003	CE15820	João Branco	1945	C.F. "Os Belenenses"	M V5	15:34:00											DNS		