

Resultados

Localidade:	Idanha-a-Nova	Distância NATAÇÃO (MT); CICLISMO (KM) CORRIDA (MT):	350/10/25000
Data:	04-09-2004	Hora de começo:	11h00m

Informação

Delegado técnico:	José Luis Ferreira	Juiz Principal:	Vitor Costa
Pontuável para:		Juri de apelo:	

Temperatura Agua:						NATAÇÃO		CICLISMO		CORRIDA		TOTAL	DIFF	
LG	DRSL	LIC	NOME	PEN	ESC	350 (MT)	10 KM (KM)	10 KM (KM)	25000 M (MT)	Pos NATAÇÃO	Pos CICLISMO			Pos CORRIDA
1	1194		Ciro Tobar Ortiz de Urbina		SEN	Individual	1	0:05:08	1	0:23:05	1	0:08:19	0:36:32	0:00:00
2	489	468	Tiago Lobo		SEN	Triathlon Lamego Club	2	0:05:29	4	0:23:30	2	0:08:34	0:37:33	0:01:01
3	542	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	3	0:05:38	3	0:23:20	5	0:08:56	0:37:54	0:01:22
4	520	520	António Catarino		SEN	Casa do Benfica no Fundão	15	0:08:02	2	0:23:09	3	0:08:41	0:39:52	0:03:20
5	682	682	David Vaz		SEN	Casa do Benfica no Fundão	6	0:06:36	10	0:25:11	6	0:09:00	0:40:47	0:04:15
6	774	774	José Cláudio		V1	ABV Estoril	11	0:06:57	6	0:24:43	7	0:09:15	0:40:55	0:04:23
7	658	524	Miguel Palma		SEN	ABV Estoril	4	0:06:31	8	0:25:03	12	0:09:42	0:41:16	0:04:44
8	1111		Aintzane Argair Castro		SEN	Individual	9	0:06:51	7	0:24:55	10	0:09:36	0:41:22	0:04:50
9	800	800	Fernando Feijão		V2	Casa do Benfica no Fundão	16	0:08:16	11	0:25:48	4	0:08:54	0:42:58	0:06:26
10	967		André Trévidic Tavares		SEN	Individual	19	0:08:25	9	0:25:10	9	0:09:31	0:43:06	0:06:34
11	975		Jorge Manuel Bento		SEN	Individual	26	0:09:37	5	0:24:24	8	0:09:30	0:43:31	0:06:59
12	45	45	Miguel Ferrinho		JUV	Os Kotas Bike Team	7	0:06:39	12	0:25:56	19	0:10:59	0:43:34	0:07:02
13	683	683	Arlindo Brás		SEN	Casa do Benfica no Fundão	5	0:06:34	14	0:27:58	13	0:09:57	0:44:29	0:07:57
14	428	7	Marina Pedro		JUN	Os Kotas Bike Team	8	0:06:40	17	0:29:00	21	0:11:09	0:46:49	0:10:17
15	981		Gonçalo Gabriel Lopes		S23	Individual	24	0:09:09	13	0:27:16	20	0:11:01	0:47:26	0:10:54
16	982		João Nuno Martins		S23	Individual	14	0:07:23	23	0:30:41	11	0:09:39	0:47:43	0:11:11
17	46	46	Carlos Mata		JUV	Os Kotas Bike Team	12	0:07:09	20	0:29:59	23	0:11:18	0:48:26	0:11:54
18	1130		Ricardo Silva		SEN	Individual	17	0:08:17	19	0:29:56	16	0:10:23	0:48:36	0:12:04
19	193	193	Filipa Ferreira		JUV	Os Kotas Bike Team	10	0:06:52	24	0:30:44	24	0:11:18	0:48:54	0:12:22
20	116	116	Gonçalo Ruivo		JUV	Águas de Alpiarça	13	0:07:16	16	0:28:43	41	0:13:09	0:49:08	0:12:36
21	951		Marcelo Cazassa		SEN	Individual	30	0:09:44	15	0:28:05	38	0:12:36	0:50:25	0:13:53
22	547	547	José Antunes		SEN	Individual	34	0:10:18	18	0:29:37	18	0:10:44	0:50:39	0:14:07
23	977		Sebastião Fraústo		V1	Individual	22	0:09:03	22	0:30:39	28	0:11:26	0:51:08	0:14:36
24	952		Pedro Jorge Pires		SEN	Individual	20	0:08:28	25	0:32:11	29	0:11:32	0:52:11	0:15:38
25	862	821	Adelino Vicente		V4	Individual	25	0:09:29	26	0:32:42	25	0:11:22	0:53:33	0:17:01
26	978		Duarte Jorge Caldeira		SEN	Individual	23	0:09:08	29	0:34:29	26	0:11:23	0:55:00	0:18:28
27	546	546	Luis Antunes		SEN	Individual	35	0:10:19	27	0:33:09	33	0:11:57	0:55:25	0:18:53
28	1184		Victor de Rus Andreu		S23	Individual	18	0:08:20	30	0:34:59	40	0:12:58	0:56:17	0:19:45
29	971		Nuno Tintim		SEN	Individual	40	0:11:19	28	0:33:50	31	0:11:41	0:56:50	0:20:18
30	128	128	Tânia Boleta		JUV	Os Kotas Bike Team	29	0:09:41	32	0:37:01	34	0:12:03	0:58:45	0:22:13
31	436	436	Daniel Almeida		JUN	Triathlon Lamego Club	49	0:15:02	31	0:35:01	14	0:10:04	1:00:07	0:23:35
32	435	435	Ruben Bastos		JUN	Triathlon Lamego Club	47	0:12:30	33	0:37:46	22	0:11:17	1:01:33	0:25:01
33	968		Óscar Escaleira		V1	Individual	31	0:09:52	38	0:40:17	27	0:11:25	1:01:34	0:25:02
34	786	786	Luís Lima		V2	Triathlon Lamego Club	45	0:12:01	21	0:30:17	50	0:19:49	1:02:07	0:25:35
35	995		Tiago Barreiros		SEN	Individual	44	0:11:50	35	0:39:41	17	0:10:38	1:02:09	0:25:37
36	988		Daniel Lopes		S23	Individual	36	0:10:28	37	0:39:59	32	0:11:46	1:02:13	0:25:41
37	2299	2299	Ana Isabel Alves		JUV	Os Kotas Bike Team	33	0:10:08	41	0:41:22	36	0:12:31	1:04:01	0:27:29
38	986		Vera Faria		S23	Individual	37	0:10:36	40	0:40:54	42	0:13:24	1:04:54	0:28:22
39	970		Carlos Serra		SEN	Individual	32	0:09:52	43	0:42:54	35	0:12:09	1:04:55	0:28:23
40	953		Raquel Frois		SEN	Individual	39	0:11:18	42	0:41:24	39	0:12:54	1:05:36	0:29:04
41	154	154	Jorge Lúcio		JUV	Os Kotas Bike Team	21	0:08:47	39	0:40:41	47	0:16:15	1:05:43	0:29:11
42	2298	2298	Ana Cristina Mata		JUV	Os Kotas Bike Team	27	0:09:38	36	0:39:44	48	0:16:24	1:05:46	0:29:14
43	998		Luis Novo		SEN	Individual	28	0:09:39	44	0:43:26	45	0:15:03	1:08:08	0:31:36
44	994		Pedro Afonso		SEN	Individual	42	0:11:40	47	0:45:55	37	0:12:32	1:10:07	0:33:35
45	205	205	Micael Filipe Fernandes		JUV	Triathlon Lamego Club	48	0:12:49	45	0:44:32	46	0:15:09	1:12:30	0:35:58
46	584	584	Francisco Santos		SEN	Triathlon Lamego Club	46	0:12:28	46	0:45:41	43	0:14:22	1:12:31	0:35:59
47	963		Carlos Miguel Gameiras		SEN	Individual	41	0:11:30	49	0:49:49	30	0:11:35	1:12:54	0:36:22

FEDERAÇÃO DE TRIATLO

Temperatura Agua:						NATAÇÃO		CICLISMO		CORRIDA			
LG	DRSI	LIC	NOME	PEN	ESC	Equipa	350 (MT)	10 KM (KM)	25000 M (MT)	TOTAL	DIFF		
							Pos NATAÇÃO	Pos CICLISMO	Pos CORRIDA				
48	363	363	Hugo Cruz		JUN	Triathlon Lamego Club	38 0:10:37	48 0:46:37	49 0:18:15	1:15:29	0:38:57		
49	974		Luis Boleto		SEN	Individual	43 0:11:48	50 1:00:40	44 0:14:30	1:26:58	0:50:26		
50	564	564	Cristiano Andrade	DNS	SEN	Assoc. Fernão Mendes Pinto							
51	822	822	Carlos Leite	DNS	V5	Vibória Club de Ovar							
52	422	422	Gonçalo Silva	DNS	JUN	Águias de Alpiarça							
53	441	179	Miguel Arraiolos	DNS	JUN	Águias de Alpiarça							
54	420	420	André Leitão	DNS	JUN	Águias de Alpiarça							
55	2251	2251	João Calado	DNS	JUV	Os Kotas Bike Team							
56	965		Pedro Venâncio	DNS	SEN	Individual							
57	633	633	Rui Gil	DNS	SEN	Triathlon Lamego Club							
58	206	206	Rui Santos	DNS	JUV	Triathlon Lamego Club							
59	985		António Moreira	DNS	SEN	Individual							
60	990		Hugo Alves	DNS	SEN	Individual							
61	1138		Jaime Menéndez de Luarca	DNS	SEN	Individual							
62	434	434	Carlos Cruz	DSQ	JUN	Triathlon Lamego Club	50 0:15:21	34 0:38:16	15 0:10:13	1:03:50	0:27:18		

Resultados

Localidade:	Idanha-a-Nova	Distância NATA (MT); CICLIS (KM) CORRI (MT):	350/10/25000
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Informação

Delegado técnico:	José Luis Ferreira	Juiz Principal:	Vitor Costa
Pontuável para:		Juri de apelo:	

V4 Masculinos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
25	862	821	Adelino Vicente		V4	Individual	0:53:33	0:17:01

V2 Masculinos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
9	800	800	Fernando Feijão		V2	Casa do Benfica no Fundão	0:42:58	0:06:26
34	786	786	Luís Lima		V2	Triathlon Lamego Club	1:02:07	0:25:35

V1 Masculinos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
6	774	774	José Oliveira		V1	ABV Estoris	0:40:55	0:04:23
23	977		Sebastião Fraústo		V1	Individual	0:51:08	0:14:36
33	966		Óscar Escalera		V1	Individual	1:01:34	0:25:02

SEN Masculinos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
1	1194		Ciro Tobar Ortíz de Urbina		SEN	Individual	0:36:32	0:00:00
2	489	488	Tiago Lobo		SEN	Triathlon Lamego Club	0:37:33	0:01:01
3	542	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	0:37:54	0:01:22
4	520	520	António Catarino		SEN	Casa do Benfica no Fundão	0:39:52	0:03:20
6	682	682	David Vaz		SEN	Casa do Benfica no Fundão	0:40:47	0:04:15
7	658	524	Miguel Palma		SEN	ABV Estoris	0:41:16	0:04:44
10	967		André Trévidic Tavares		SEN	Individual	0:43:06	0:06:34
11	975		Jorge Manuel Bento		SEN	Individual	0:43:31	0:06:59
13	883	883	Arlindo Brás		SEN	Casa do Benfica no Fundão	0:44:29	0:07:57
18	1130		Ricardo Silva		SEN	Individual	0:48:36	0:12:04
21	951		Marcelo Cazassa		SEN	Individual	0:50:25	0:13:53
22	547	547	José Antunes		SEN	Individual	0:50:39	0:14:07
24	952		Pedro Jorge Pires		SEN	Individual	0:52:11	0:15:39
27	546	546	Luís Antunes		SEN	Individual	0:55:25	0:18:53
29	971		Nuno Tintim		SEN	Individual	0:56:50	0:20:18
35	995		Tiago Barreiros		SEN	Individual	1:02:09	0:25:37
39	970		Carlos Serra		SEN	Individual	1:04:55	0:28:23
43	998		Luís Novo		SEN	Individual	1:08:08	0:31:36
44	994		Pedro Afonso		SEN	Individual	1:10:07	0:33:35
46	584	584	Francisco Santos		SEN	Triathlon Lamego Club	1:12:31	0:35:59
47	963		Carlos Miguel Gamelas		SEN	Individual	1:12:54	0:36:22
49	974		Luís Boletto		SEN	Individual	1:26:58	0:50:26

SEN Femininos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
8	1111		Aintzane Argair Castro		SEN	Individual	0:41:22	0:04:50
28	978		Duarte Jorge Caldeira		SEN	Individual	0:55:00	0:18:28
40	953		Raquel Frois		SEN	Individual	1:05:36	0:29:04

S23 Masculinos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
15	981		Gonçalo Gabriel Lopes		S23	Individual	0:47:26	0:10:54
16	982		João Nuno Martins		S23	Individual	0:47:43	0:11:11
28	1184		Victor de Rus Andreu		S23	Individual	0:56:17	0:19:45
36	988		Daniel Lopes		S23	Individual	1:02:13	0:25:41

S23 Femininos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
986			Vera Faria		S23	Individual	1:04:54	0:28:22

JUV Masculinos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
12	45	45	Miguel Ferrinho		JUV	Os Kotas Bike Team	0:43:34	0:07:02
17	46	46	Carlos Mata		JUV	Os Kotas Bike Team	0:48:26	0:11:54
20	116	116	Gonçalo Ruivo		JUV	Águias de Alpiarça	0:49:08	0:12:36
41	154	154	Jorge Lúcio		JUV	Os Kotas Bike Team	1:05:43	0:29:11
45	205	205	Micael Filipe Fernandes		JUV	Triathlon Lamego Club	1:12:30	0:35:58

JUV Femininos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
19	193	193	Filipa Ferreira		JUV	Os Kotas Bike Team	0:48:54	0:12:22
30	128	128	Tânia Boleta		JUV	Os Kotas Bike Team	0:58:45	0:22:13
37	2299	2299	Ana Isabel Alves		JUV	Os Kotas Bike Team	1:04:01	0:27:29
42	2298	2298	Ana Cristina Mata		JUV	Os Kotas Bike Team	1:05:46	0:29:14

JUN Masculinos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
31	436	436	Daniel Almeida		JUN	Triathlon Lamego Club	1:00:07	0:23:35
32	435	435	Ruben Bastos		JUN	Triathlon Lamego Club	1:01:33	0:25:01
48	363	363	Hugo Cruz		JUN	Triathlon Lamego Club	1:15:29	0:38:57
62	434	434	Carlos Cruz	DSQ	JUN	Triathlon Lamego Club	1:03:50	0:27:18

JUN Femininos

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
14	428	7	Marina Pedro		JUN	Os Kotas Bike Team	0:46:49	0:10:17

0:19:03

LG	Drst	Lic	Nome	PEN	ESC	Equipa	Total	Diff
58	208	208	Rui Santos	DNS	JUV	Triathlon Lamego Club		



handogard 4/9/06 V. Costa

Resultados

Localidade:	Idanha-a-Nova	Distância NATAC (MT); CICLIS (KM) CORRI (MT):	350/10/25000
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Informação

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Pontuável para:		Juri de apelo:	

Casa do Benfica no Fundão

Tempo Total: 2:03:37

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
4	520	520	António Catarino		SEN	Casa do Benfica no Fundão	0:39:52	0:02:19
5	882	882	David Vaz		SEN	Casa do Benfica no Fundão	0:40:47	0:03:14
800	800		Fernando Feijão		V2	Casa do Benfica no Fundão	0:42:58	0:05:25

Os Kotas Bike Team

Tempo Total: 2:37:43

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
12	45	45	Miguel Ferrinho		JUV	Os Kotas Bike Team	0:43:34	0:06:01
17	46	46	Carlos Mata		JUV	Os Kotas Bike Team	0:48:26	0:10:53
41	154	154	Jorge Lúcio		JUV	Os Kotas Bike Team	1:05:43	0:28:10

Triathlon Lamego Club

Tempo Total: 2:39:13

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
2	488	488	Tiago Lobo		SEN	Triathlon Lamego Club	0:37:33	0:00:00
31	436	436	Daniel Almeida		JUN	Triathlon Lamego Club	1:00:07	0:22:34
32	435	435	Ruben Bastos		JUN	Triathlon Lamego Club	1:01:33	0:24:00

Resultados

Localidade:	Idanha-a-Nova	Distância NATAÇ (MT); CICLIS (KM) CORRI (MT):	350/10/25000
Data:	04-09-2004	Hora de começo:	11h00m

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Pontuável para:		Juri de apelo:	

Os Kotas Bike Team

Tempo Total: 2:34:28

LG	Dist	Lic	Nome	PEN	ESC	Equipa	Total	Diff
14	428	7	Marina Pedro		JUN	Os Kotas Bike Team	0:46:49	0:00:00
19	193	193	Filipa Ferreira		JUV	Os Kotas Bike Team	0:48:54	0:02:05
20	128	128	Tânia Boleta		JUV	Os Kotas Bike Team	0:58:45	0:11:56