



FEDERAÇÃO DE TRIATLO  
PORTUGAL

**Homem de Ferro MG 2004**

**CLASSIFICAÇÃO INDIVIDUAL ABSOLUTA**

**Resultados**

<b>Localidade:</b>	<b>Idanha-a-Nova</b>	<b>Distância</b> NATAÇ (MT); CICLIS (KM) CORR (MT):	<b>38000/180/422000</b>
<b>Data:</b>	<b>04-09-2004</b>	<b>Hora de começo:</b>	<b>7h00m</b>

**Informação**

<b>Delegado técnico:</b>	<b>José Luis Ferrelra</b>	<b>Juiz Principal:</b>	<b>Vitor Costa</b>
<b>Pontuável para:</b>		<b>Juri de apelo:</b>	

Temperatura Agua:						NATAÇÃO		CICLISMO		CORRIDA		TOTAL	DIFF	
LG	DRSL	LIC	NOME	PEN	ESC	38000 M (MT)	Pos	180 KM (KM)	Pos	42200 (MT)	Pos			
1	12		Fernando Aja		SEN	SVC Seguridad	2	0:58:56	4	5:11:45	2	3:04:10	9:14:51	0:00:00
2	18	508	Alcino Serras		SEN	SR Camamal-Const.Ramalho	21	1:11:56	3	5:11:08	1	3:00:54	9:23:58	0:09:07
3	43		Iban Ridriguez		SEN	Clube Triatlon Ourense	18	1:09:32	1	5:07:21	3	3:12:12	9:29:05	0:14:14
4	2		Pedro Oviedo		V1	Clube Triatlon Ourense	1	0:58:51	6	5:17:49	4	3:16:17	9:32:57	0:18:06
5	3		Ramon Arias		SEN	Clube Triatlon Ourense	4	0:59:06	9	5:27:40	5	3:17:31	9:44:17	0:29:26
6	18	506	Pedro Ribeiro		SEN	Tri-Oeste -Clube de Triatlo do Oeste	20	1:11:22	2	5:10:22	7	3:20:42	9:51:29	0:36:47
7	53		Pablo Cabeza		V1	Trialavera C. T.	13	1:05:05	5	5:16:32	8	3:32:53	9:54:30	0:39:39
8	39		Alejandro Jimenez		SEN	Fuji T3 Canoe	7	1:03:22	7	5:21:20	10	3:42:32	10:07:14	0:52:23
9	26	467	Sean Evoy		SEN	Triathlon Lamego Club	15	1:05:24	16	5:41:26	6	3:23:44	10:10:34	0:55:43
10	40		Jaime Salvador		SEN	Ecosport Triatlon	19	1:09:43	8	5:26:04	12	3:56:36	10:32:23	1:17:32
11	50	707	Cleibe Silva		SEN	Casa do Benfica no Fundão	11	1:04:54	10	5:29:33	15	4:01:34	10:36:01	1:21:10
12	48		Ewen Taylor		V1	Orkney Triathlon Club	28	1:14:07	17	5:45:29	9	3:41:27	10:41:03	1:28:12
13	6	623	Luis Filipe Lopes		SEN	Fenistil-Oeiras Sport Clube	3	0:58:59	12	5:34:51	19	4:12:48	10:46:38	1:31:47
14	38		Julian Garcia		SEN	Euskoman	10	1:04:49	15	5:38:40	21	4:20:22	11:03:51	1:49:00
15	11		Hugh Gibbs		V1	Individual	14	1:05:19	25	6:03:15	13	4:00:25	11:08:59	1:54:08
16	5		Pedro Mariño		SEN	Club Triatlon Nola	22	1:12:11	21	5:56:07	14	4:01:02	11:09:20	1:54:29
17	51	775	João Santos		V1	ABV Estoril	12	1:04:57	14	5:38:17	22	4:30:42	11:13:56	1:59:05
18	57		Manuel Cabanes		SEN	Espanha	8	1:03:39	28	6:10:14	16	4:03:14	11:17:07	2:02:16
19	25	726	Faber Martins		SEN	Triathlon Lamego Club	29	1:14:49	27	6:06:37	11	3:56:04	11:17:30	2:02:39
20	31	580	Alexandre Ventura		SEN	C.N. Cartaxo	9	1:04:43	19	5:48:29	30	4:48:28	11:41:40	2:28:49
21	32	578	Duarte Barreto		SEN	C.N. Cartaxo	6	1:02:54	20	5:48:59	31	4:49:47	11:41:40	2:28:49
22	47		Carlos Duarte		SEN	M. D. Triatlon Tres Cantos	34	1:21:00	18	5:46:55	26	4:39:12	11:47:07	2:32:16
23	22		Ignácio Escribano		V1	Espanha	16	1:06:41	24	6:00:03	27	4:40:27	11:47:11	2:32:20
24	49		Igor Yovanovitch		SEN	Espanha	25	1:13:02	34	6:31:48	17	4:05:00	11:49:50	2:34:59
25	36	613	Paulo Lamego		SEN	C.F. "Os Belelenses"	17	1:07:59	11	5:33:22	36	5:09:55	11:51:16	2:36:25
26	23		Maritati Giacomo		V1	Individual	32	1:16:05	23	5:57:37	24	4:38:48	11:52:30	2:37:39
27	55		Jonathan Bishop		SEN	Tri Sport Epping	30	1:15:34	26	6:05:06	23	4:35:35	11:56:15	2:41:24
28	28	621	Rui Sousa		SEN	C.D. Asas do Milénium	23	1:12:56	36	6:33:34	18	4:11:22	11:57:52	2:43:01
29	54		Marcelo Tezza		V1	Club Triatlon Leon	42	1:26:37	30	6:16:35	20	4:18:56	12:02:08	2:47:17
30	70		José Bengoa		SEN	SVC Seguridad	44	1:30:55	22	5:56:16	25	4:39:11	12:06:22	2:51:31
31	10	685	José Zacarias		SEN	Fenistil-Oeiras Sport Clube	24	1:13:01	13	5:36:20	39	5:34:11	12:23:32	3:08:41
32	14		Bernardino Brezmes		SEN	Triatlon El Musel	31	1:15:47	31	6:18:05	34	4:59:05	12:32:57	3:18:06
33	62		José Martínez		SEN	Club Triatlon Nola	27	1:14:04	35	6:32:55	29	4:47:18	12:34:17	3:19:26
34	24	470	Urbino Santos		SEN	Triathlon Lamego Club	5	1:01:34	37	6:44:55	32	4:53:46	12:40:15	3:25:24
35	29	781	Zeferino Eloy		V1	C.D. Asas do Milénium	33	1:18:23	32	6:29:26	33	4:54:06	12:41:55	3:27:04
36	16		Ruth Alvarez		SEN	Fuji T3 Canoe	26	1:13:23	29	6:12:22	41	5:38:33	13:04:18	3:49:27
37	41		Jacques Fox		V1	Triflux Luxemburg	38	1:24:01	41	7:02:10	28	4:43:30	13:09:41	3:54:50
38	1	587	Helena Medeiro		SEN	Fenistil-Oeiras Sport Clube	39	1:25:50	40	7:02:05	35	5:00:27	13:28:22	4:13:31
39	42		Dilg Hans-Joachim		V1	SIGAT Saarbruecken	36	1:23:27	43	7:06:54	38	5:21:57	13:52:18	4:37:27
40	9	607	António Silveira		V1	Fenistil-Oeiras Sport Clube	45	1:31:28	44	7:16:20	37	5:11:17	13:59:05	4:44:14
41	45		Ian Mayhew		SEN	gearsandtears.com	41	1:26:16	39	7:00:21	40	5:35:52	14:02:29	4:47:38
42	56	557	José Silva		V1	Vitória Club de Ovar	43	1:27:03	38	6:54:17	43	6:10:16	14:31:36	5:16:45
43	33		Gerrit Geurtsen		SEN	TRIOSS	46	1:42:23	33	6:30:38	45	6:39:37	14:52:38	5:37:47
44	21	836	Francisco Reis		V2	Clube BCP	40	1:26:11	42	7:06:13	44	6:20:15	14:52:39	5:37:48
45	15	737	Maria Lúcia Franco		SEN	Individual	48	1:47:53	46	7:39:51	42	5:46:54	15:14:38	5:59:47
46	8	516	João Medeiro	DNF	V1	Fenistil-Oeiras Sport Clube	37	1:23:47	45	7:32:42				
47	44		Andres Perez	DNF	SEN	Malaga'99	35	1:21:59						