



Resultados

Localidade:	Quarteira	Distância NATAÇ (MT); CICLIS (KM) CORRI (MT):	750/20/5000
Data:	28-03-2004	Hora de começo:	10h30m

Informação

Delegado técnico:	Paulo Alves	Juiz Principal:	Vitor Costa
Pontuável para:	Camp. Nacional Júniores Taça de Portugal	Juri de apelo:	

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	NATAÇÃO			CICLISMO			CORRIDA			Total	Diff	
							750 (MT)			20 (KM)			5000 (MT)					
							Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos			CORRIDA
1	285	364	Duarte Marques		S23	SR Camamal-Constr.Ramalho Couto-Ika	1	0:10:18	1	0:00:22	1	0:29:41	36	0:00:26	3	0:16:27	0:57:14	0:00:00
2	989		Jose Mª Merchan Illanes		SEN	Individual	6	0:10:33	11	0:00:30	7	0:30:33	44	0:00:27	1	0:15:41	0:57:44	0:00:30
3	984		Ali-Said Guardia Samer		S23	Individual	4	0:10:29	15	0:00:32	8	0:30:34	18	0:00:23	2	0:16:11	0:58:09	0:00:55
4	424	252	Tiago Neves		JUN	Tri-Oeiras.com	5	0:10:30	5	0:00:27	9	0:30:41	25	0:00:24	11	0:17:11	0:59:13	0:01:59
5	566	566	Paulo Antunes		SEN	C.F. "Os Belenenses"	2	0:10:25	4	0:00:27	11	0:30:47	7	0:00:20	24	0:18:09	1:00:08	0:02:54
6	1069	474	Sérgio Marques		SEN	Tri-Oeiras.com	17	0:12:25	9	0:00:29	5	0:30:27	9	0:00:21	6	0:16:46	1:00:28	0:03:14
7	488	488	Nuno Neves		SEN	Casa Benfica Faro/GASCAN	15	0:12:21	10	0:00:30	6	0:30:29	13	0:00:22	7	0:16:54	1:00:36	0:03:22
8	1125	578	Luís Santos		SEN	SR Camamal-Constr.Ramalho Couto-Ika									108	1:00:40	1:00:40	0:03:26
9	399	268	João Silva		JUN	C.F. "Os Belenenses"	9	0:11:08	8	0:00:29	27	0:31:52	24	0:00:24	8	0:17:01	1:00:54	0:03:40
10	412	273	Charly Blanchard		JUN	Ávalanche/Vitoria Janes	7	0:10:54	3	0:00:25	30	0:32:02	20	0:00:24	12	0:17:13	1:00:58	0:03:44
11	299	360	Rafael Gomes		S23	Fenistil-Oeiras Sport Clube	14	0:11:55	2	0:00:23	14	0:31:06	22	0:00:24	14	0:17:29	1:01:17	0:04:03
12	321	321	João Cavaleiro		S23	C.F. "Os Belenenses"	3	0:10:28	42	0:00:52	31	0:32:06	32	0:00:25	18	0:18:01	1:01:52	0:04:38
13	397	274	Vanessa Fernandes		JUN	AGM-Portas / GGS-Torneiras	8	0:10:57	6	0:00:28	41	0:32:29	17	0:00:23	16	0:17:46	1:02:03	0:04:49
14	507	507	Custódio António		SEN	SR Camamal-Constr.Ramalho Couto-Ika	27	0:13:09	24	0:00:37	17	0:31:24	27	0:00:24	5	0:16:44	1:02:18	0:05:04
15	505	505	José Ribeiro		SEN	SR Camamal-Constr.Ramalho Couto-Ika	47	0:14:39	67	0:01:04	2	0:29:59	3	0:00:16	4	0:16:30	1:02:28	0:05:14
16	592	592	Rui Rodrigues		SEN	Tri-Oeste -Clube de Triatlo do Oeste	21	0:12:57	20	0:00:34	22	0:31:42	34	0:00:26	10	0:17:06	1:02:45	0:05:31
17	431	102	José Estrangeiro		JUN	Sport União Colarense	18	0:12:28	27	0:00:39	29	0:32:01	10	0:00:22	13	0:17:21	1:02:51	0:05:37
18	490	490	Marco Sousa		SEN	Ávalanche/Vitoria Janes	22	0:12:58	25	0:00:38	19	0:31:33	53	0:00:30	15	0:17:30	1:03:09	0:05:55
19	986		Rafael Moreno Martinez		SEN	Individual	23	0:13:01	16	0:00:32	20	0:31:33	28	0:00:24	23	0:18:08	1:03:38	0:06:24
20	468	468	Tiago Lobo		SEN	Triathlon Lamego Club	13	0:11:45	59	0:01:02	39	0:32:26	39	0:00:27	19	0:18:02	1:03:42	0:06:28
21	802	802	Carlos Correia		V3	S. R. Toreense	44	0:14:31	14	0:00:32	10	0:30:42	42	0:00:27	17	0:17:53	1:04:05	0:06:51
22	564	564	Cristiano Andrade		SEN	Assoc. Fernão Mendes Pinto	20	0:12:43	31	0:00:44	25	0:31:47	33	0:00:25	31	0:18:37	1:04:16	0:07:02
23	951		Rui Melo		SEN	Individual									109	1:04:35	1:04:35	0:07:21
24	390	390	Pedro Henriques		JUN	C.N. Cartaxo	16	0:12:23	7	0:00:29	35	0:32:10	40	0:00:27	41	0:19:21	1:04:50	0:07:36
25	495	495	Luís Duarte		SEN	Tri-Oeste -Clube de Triatlo do Oeste	39	0:13:49	32	0:00:45	16	0:31:15	30	0:00:25	35	0:18:48	1:05:02	0:07:48
26	1093	379	Maria Areosa Ribeiro		S23	C.N. Cartaxo	12	0:11:32	17	0:00:33	63	0:34:17	31	0:00:25	26	0:18:15	1:05:02	0:07:48
27	579	579	Duarte Barreto		SEN	C.N. Cartaxo	28	0:13:11	13	0:00:32	18	0:31:29	35	0:00:26	48	0:19:39	1:05:17	0:08:03
28	465	465	Paulo Silva		SEN	Casa Benfica Faro/GASCAN	60	0:15:13	30	0:00:44	32	0:32:06	2	0:00:16	9	0:17:05	1:05:24	0:08:10
29	469	469	João Ferreira		SEN	Triathlon Lamego Club	32	0:13:17	66	0:01:04	47	0:32:52	16	0:00:23	28	0:18:18	1:05:54	0:08:40
30	506	506	Pedro Pinheiro		SEN	Tri-Oeste -Clube de Triatlo do Oeste	76	0:16:42	29	0:00:44	3	0:30:20	45	0:00:28	20	0:18:03	1:06:17	0:09:03
31	475	475	Sérgio Dias		SEN	Tri-Oeste -Clube de Triatlo do Oeste	67	0:16:05	19	0:00:34	15	0:31:09	58	0:00:31	21	0:18:04	1:06:23	0:09:09
32	1145	497	Pedro Cordeiro		SEN	Individual	31	0:13:16	12	0:00:32	28	0:32:00	66	0:00:33	53	0:20:08	1:06:29	0:09:15
33	542	542	Bruno Grilo		SEN	C.F. "Os Belenenses"	37	0:13:45	35	0:00:48	46	0:32:39	69	0:00:34	34	0:18:47	1:06:33	0:09:19
34	328	417	Rui Dolores		S23	Amiciclo	30	0:13:14	68	0:01:05	24	0:31:45	60	0:00:31	52	0:20:02	1:06:37	0:09:23
35	755	755	João Gomes		V1	Tri-Oeiras.com	33	0:13:19	45	0:00:53	52	0:33:10	46	0:00:28	38	0:18:52	1:06:42	0:09:28
36	774	774	José Oliveira		V1	ABV Estoris	40	0:13:51	43	0:00:52	26	0:31:51	83	0:00:41	43	0:19:32	1:06:47	0:09:33
37	283	365	Manuel Júlio		S23	Fenistil-Oeiras Sport Clube	56	0:14:54	34	0:00:48	40	0:32:26	81	0:00:39	27	0:18:15	1:07:02	0:09:48
38	398	276	Sarah Moniz		JUN	C.F. "Os Belenenses"	10	0:11:30	21	0:00:34	67	0:34:21	8	0:00:20	64	0:20:38	1:07:23	0:10:09
39	975		António Raposo		V2	Individual	38	0:13:47	62	0:01:02	45	0:32:36	78	0:00:38	45	0:19:32	1:07:35	0:10:21
40	762	762	António Moura		V1	Casa do Benfica no Fundão	54	0:14:51	64	0:01:03	34	0:32:08	5	0:00:19	40	0:19:15	1:07:36	0:10:22
41	667	667	Danny Silva		SEN	C.A.D.C. Almeirim	35	0:13:28	47	0:00:54	49	0:32:53	51	0:00:29	50	0:19:54	1:07:38	0:10:24
42	602	602	Luís Lopes		SEN	C.A.D.C. Almeirim	52	0:14:47	40	0:00:51	36	0:32:11	37	0:00:26	44	0:19:32	1:07:47	0:10:33
43	471	471	José Ferreira		SEN	Triathlon Lamego Club	62	0:15:23	58	0:01:00	21	0:31:33	29	0:00:24	46	0:19:32	1:07:52	0:10:38
44	621	621	Rui Sousa		SEN	C.D. Asas do Milénium	50	0:14:45	38	0:00:51	42	0:32:31	57	0:00:31	42	0:19:29	1:08:07	0:10:53
45	426	51	Anais Moniz		JUN	C.F. "Os Belenenses"	11	0:11:31	23	0:00:36	65	0:34:20	23	0:00:24	70	0:21:21	1:08:12	0:10:58
46	631	631	Pedro Santos		SEN	CEFA	41	0:14:01	65	0:01:04	50	0:32:59	19	0:00:24	49	0:19:52	1:08:20	0:11:06
47	686	686	Pedro Amaral		SEN	Clube Ferroviário de Vendas Novas	59	0:14:59	72	0:01:13	23	0:31:44	54	0:00:30	59	0:20:25	1:08:51	0:11:37
48	648	648	Miguel Fragoso		SEN	ABV Estoris	46	0:14:39	39	0:00:51	44	0:32:36	70	0:00:34	58	0:20:22	1:09:02	0:11:48
49	861	503	Jorge Oliveira		V1	CEFA	55	0:14:53	56	0:01:00	33	0:32:08	48	0:00:29	63	0:20:37	1:09:07	0:11:53
50	775	775	João Santos		V1	ABV Estoris	49	0:14:44	51	0:00:56	38	0:32:22	55	0:00:30	62	0:20:36	1:09:08	0:11:54
51	756	756	João Pereira		V1	Tri-Oeiras.com									110	1:09:11	1:09:11	0:11:57
52	629	629	Fernando Carmo		SEN	C.F. "Os Belenenses"	72	0:16:21	70	0:01:09	37	0:32:14	59	0:00:31	39	0:19:03	1:09:18	0:12:04
53	758	758	Artur Parreira		V1	Sport União Colarense	57	0:14:55	46	0:00:54	70	0:34:58	67	0:00:34	22	0:18:08	1:09:29	0:12:15
54	653	653	José Rodrigues		SEN	C.A.D.C. Almeirim	65	0:15:59	41	0:00:51	13	0:31:04	65	0:00:32	75	0:21:43	1:10:09	0:12:55
55	658	524	Miguel Palma		SEN	ABV Estoris	45	0:14:36	36	0:00:48	43	0:32:33	50	0:00:29	80	0:21:57	1:10:23	0:13:09
56	769	769	Carlos Gomes		V1	Fenistil-Oeiras Sport Clube	77	0:16:50	33	0:00:46	60	0:33:52	4	0:00:18	37	0:18:50	1:10:36	0:13:22
57	695	695	Humberto Santos		SEN	Tri-Oeste -Clube de Triatlo do Oeste	80	0:17:10	53	0:00:57	54	0:33:16	61	0:00:32	36	0:18:48	1:10:43	0:13:29
58	574	574	José Freire		SEN	C.F. "Os Belenenses"	70	0:16:15	93	0:01:41	57	0:33:34	63	0:00:32	32	0:18:42	1:10:44	0:13:30
59	840	840	Rui Sa		V1	Amiciclo	36	0:13:37	88	0:01:28	53	0:33:10	82	0:00:39	79	0:21:54	1:10:48	0:13:34
60	693	596	Luís Santos		SEN	Casa Benfica Faro/GASCAN	53	0:14:50	26	0:00:38	64	0:34:19	12	0:00:22	65	0:20:44	1:10:53	0:13:39
61	604	604	Pedro Bento		SEN	C.A.D.C. Almeirim	69	0:16:12	75	0:01:17	4	0:30:21	64	0:00:32	88	0:22:44	1:11:06	0:13:52
62	971		José Águas		SEN	Individual	24	0:13:02	18	0:00:33	59	0:33:48	56	0:00:30	90	0:23:20	1:11:13	0:13:59
63	327	392	João Dias		S23	Ateneu Artístico Cartaxense	25	0:13:04	22	0:00:36	58	0:33:39	15	0:00:23	92	0:23:52	1:11:34	0:14:20
64	754	754	Fernando Pires		V2	Casa Benfica Faro/GASCAN	81	0:17:30	87	0:01:27	62	0:34:04	1	0:00:16	29	0:18:23	1:11:40	0:14:26
65	585	585	Paulo Codinha		SEN	C.F. "Os Belenenses"	29	0:13:14	37	0:00:49	69	0:34:44	89	0:00:47	86	0:22:24	1:11:58	0:14:44
66	487	487	João Matias		SEN	Ávalanche/Vitoria Janes	96	0:21:48	44	0:00:53	12	0:30:50	6	0:00:20	30	0:18:24	1:12:15	0:15:01
67	753	753	João Rita															



Temperatura Agua:						NATAÇÃO				CICLISMO				CORRIDA				
						750 (MT)				20 (KM)				5000 (MT)				
LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Pos	NATAÇÃO	Pos	T-1	Pos	CICLISMO	Pos	T-2	Pos	CORRIDA	Total	Diff
76	965		Miguel Palmeira		SEN	Individual	84	0:18:55	63	0:01:02	66	0:34:20	79	0:00:38	61	0:20:31	1:15:26	0:18:12
77	294	294	Catarina Jerónimo		S23	Casa Benfica Faro/GASCAN	42	0:14:13	52	0:00:56	88	0:38:20	73	0:00:35	71	0:21:30	1:15:34	0:18:20
78	645	645	João Lourenço		SEN	C.S.R.D. Ota	79	0:17:09	82	0:01:24	73	0:35:18	11	0:00:22	85	0:22:13	1:16:26	0:19:12
79	773	773	Henrique Freire		V1	Avalanche/Vitoria Janes	66	0:16:04	28	0:00:40	86	0:38:09	90	0:00:47	76	0:21:44	1:17:24	0:20:10
80	757	757	Rogério Morais		V1	Clube Ferroviário de Vendas Novas	71	0:16:17	86	0:01:27	84	0:37:53	92	0:00:49	73	0:21:34	1:18:00	0:20:46
81	751	751	José Peixoto		V2	A.D.C.R. Painho/Pêra Rocha	88	0:21:06	48	0:00:55	74	0:35:29	74	0:00:37	56	0:20:13	1:18:20	0:21:06
82	603	603	Victor Rodrigues		SEN	C.A.D.C. Almeirim	94	0:21:46	80	0:01:20	51	0:33:09	91	0:00:47	83	0:22:05	1:19:07	0:21:53
83	452	2452	Ernesto Caniço		SEN	C.A.D.C. Almeirim	85	0:19:19	77	0:01:19	75	0:35:38	96	0:00:53	82	0:22:01	1:19:10	0:21:56
84	768	768	Jorge Duarte		V2	Fenistil-Oeiras Sport Clube	86	0:19:49	74	0:01:17	78	0:36:31	87	0:00:46	69	0:21:19	1:19:42	0:22:28
85	525	525	Leonor Calaim		SEN	ABV Estoris	63	0:15:43	57	0:01:00	83	0:37:51	95	0:00:53	94	0:24:32	1:19:59	0:22:45
86	982		Javier Gamez Martin		SEN	Individual	73	0:16:26	71	0:01:12	89	0:38:22	98	0:00:54	91	0:23:23	1:20:17	0:23:03
87	338	338	André Guimarães		S23	AGM-Portas / GGS-Torneiras	91	0:21:19	91	0:01:30	80	0:36:56	75	0:00:37	51	0:20:02	1:20:24	0:23:10
88	765	765	Francisco Bexiga		V2	CEFA	68	0:16:10	84	0:01:26	92	0:38:43	97	0:00:54	89	0:23:15	1:20:28	0:23:14
89	752	752	Renato Fidalgo		V1	A.D.C.R. Painho/Pêra Rocha	99	0:24:23	83	0:01:25	61	0:33:58	88	0:00:47	55	0:20:12	1:20:45	0:23:31
90	492	492	Carlos Reis		SEN	C.D. Asas do Milénium	83	0:18:36	105	0:02:56	94	0:39:31	86	0:00:46	47	0:19:33	1:21:22	0:24:08
91	974		André Rocha		SEN	Individual	61	0:15:22	101	0:02:17	90	0:38:29	43	0:00:27	99	0:24:58	1:21:33	0:24:19
92	428	7	Marina Pedro		JUN	Os Kotas Bike Team	43	0:14:28	61	0:01:02	97	0:41:00	14	0:00:22	96	0:24:43	1:21:35	0:24:21
93	955		Joaquim Baluga		V3	Individual	82	0:18:25	95	0:01:50	95	0:39:37	38	0:00:26	74	0:21:34	1:21:52	0:24:38
94	461	461	Anibal Oliveira		SEN	Amiciclo	106	0:28:30	85	0:01:26	56	0:33:21	47	0:00:28	25	0:18:11	1:21:56	0:24:42
95	970		Nuno Martins		SEN	Individual	78	0:17:05	103	0:02:22	96	0:40:20	84	0:00:41	77	0:21:50	1:22:18	0:25:04
96	531	531	Nuno Lopes		SEN	Clube Ferroviário de Vendas Novas	93	0:21:37	102	0:02:21	76	0:36:17	80	0:00:39	81	0:22:01	1:22:55	0:25:41
97	485	485	Bruno Silva		SEN	CCD / V.F. Xira	74	0:16:30	49	0:00:55	107	0:45:31	68	0:00:34	57	0:20:15	1:23:45	0:26:31
98	862	821	Adelino Vicente		V4	Individual	97	0:21:50	81	0:01:22	82	0:37:08	104	0:01:17	87	0:22:25	1:24:02	0:26:48
99	806	806	José Nunes		V2	Papa-Légua de Assafora	89	0:21:14	78	0:01:20	81	0:37:00	100	0:01:02	101	0:25:04	1:25:40	0:28:26
100	953		Fernando Casquilho		V2	Individual	75	0:16:40	98	0:02:00	101	0:42:06	99	0:00:55	95	0:24:32	1:26:13	0:28:59
101	615	4615	Jorge Vieira		SEN	Individual	101	0:24:45	100	0:02:09	87	0:38:13	105	0:01:20	66	0:20:55	1:27:22	0:30:08
102	874	874	Dinis Nobre		V1	A.D.C.R. Painho/Pêra Rocha	102	0:24:50	90	0:01:30	93	0:38:51	101	0:01:05	68	0:21:09	1:27:25	0:30:11
103	963		Valter Graça		SEN	Individual	100	0:24:35	99	0:02:03	91	0:38:40	93	0:00:51	93	0:24:00	1:30:09	0:32:55
104	687	687	Rui Pereira		SEN	Clube Ferroviário de Vendas Novas	90	0:21:15	97	0:01:59	100	0:41:48	21	0:00:24	100	0:24:59	1:30:25	0:33:11
105	558	2558	Helena Jorge		SEN	C.A.D.C. Almeirim	87	0:21:05	79	0:01:20	102	0:42:08	52	0:00:29	104	0:27:11	1:32:13	0:34:59
106	715	715	Ricardo Fróis		SEN	Individual	95	0:21:47	104	0:02:24	99	0:41:43	107	0:01:40	102	0:25:25	1:32:59	0:35:45
107	801	801	Luis Ramos		V2	C.F. "Os Belenenses"	104	0:25:25	89	0:01:29	104	0:42:35	102	0:01:10	103	0:25:26	1:36:05	0:38:51
108	830	830	João Branco		V4	C.F. "Os Belenenses"	98	0:23:28	69	0:01:06	98	0:41:14	72	0:00:35	105	0:29:43	1:36:06	0:38:52
109	976		Carlos Palma		V1	Individual	105	0:26:31	107	0:04:27	103	0:42:19	71	0:00:34	98	0:24:55	1:38:46	0:41:32
110	952		Armando Costa		SEN	Individual	103	0:24:53	106	0:02:57	105	0:43:51	106	0:01:24	106	0:29:51	1:42:56	0:45:42
111	841	841	Maria Martins		V2	Tri-Oeiras.com	107	0:29:26	96	0:01:56	106	0:45:21	103	0:01:11	107	0:31:13	1:49:07	0:51:53
112	584	584	Francisco Santos	DNF	SEN	Triathlon Lamego Club												
						A.D.C.R. Painho/Pêra Rocha												
114	459	459	Paulo Jorge	DNF	SEN	Amiciclo												
115	486	486	Lino Barruncho	DNS	SEN	Avalanche/Vitoria Janes												
116	284	382	Nelson Silva	DNS	S23	Avalanche/Vitoria Janes												
117	462	462	David Caldeirão	DNS	SEN	Individual												
118	719	719	João Miranda	DNS	SEN	Individual												
119	697	697	Jorge Pereira	DNS	SEN	Triathlon Lamego Club												
120	776	776	Fernando Teixeira	DNS	V2	Clube Ferroviário de Vendas Novas												
121	635	635	Claudio Nogueira	DNS	SEN	Clube Ferroviário de Vendas Novas												
122	451	451	Paulo Prieto	DNS	SEN	A.D.C.R. Painho/Pêra Rocha												
123	662	662	Alexandre Feliz	DNS	SEN	A.D.C.R. Painho/Pêra Rocha												
124	454	454	Petro Mosinzov	DNS	SEN	A.D.C.R. Painho/Pêra Rocha												
125	580	580	Alexandre Ventura	DNS	SEN	C.N. Cartaxo												
126	811	811	Alberto Campos	DNS	V4	C.F. "Os Belenenses"												
127	308	308	Joana Guerra	DNS	S23	C.F. "Os Belenenses"												
128	376	376	Tiago Marques	DNS	S23	C.F. "Os Belenenses"												
129	430	430	Tiago Pinto	DNS	JUN	C.F. "Os Belenenses"												
130	466	466	Carlos Matos	DNS	SEN	Casa Benfica Faro/GASCAN												
131	622	622	Ana Pereira	DNS	SEN	Casa Benfica Faro/GASCAN												
132	447	126	Joaquim Guerreiro	DNS	JUN	Amiciclo												
133	448	448	Gonçalo Baluga	DNS	JUN	Amiciclo												
134	968		Rui Correia	DNS	V3	Individual												
135	988		Alberto León Villegas	DNS	JUN	Individual												
136	987		Roberto Canales Ayesta	DNS	SEN	Individual												
137	991		Santos Caballero Gonzalez	DNS	SEN	Individual												
138	994		Daniel Robles Cons	DNS	SEN	Individual												
139	995		Antonio Vicente Corral	DNS	S23	Individual												
140	996		David Plaza Trasmonte	DNS	JUN	Individual												
141	997		Fernando Fernandez Perez	DNS	S23	Individual												
142	998		Jose Antonio Zafra Hurtado	DNS	SEN	Individual												
143	999		Eduardo Mateos Salas	DNS	SEN	Individual												
144	467	467	Sean Evoy	DNS	SEN	Triathlon Lamego Club												