



Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE:	FUNDÃO	DISTANCIA Natação (MT); Ciclismo (KM); Corrida (MT)	,75/20,5/5
Data:	07-09-2003	HORA DE COMEÇO:	11:00

INFO

DELEGADO TÉCNICO:	SÉRGIO SANTOS	JUIZ PRINCIPAL:	NELSON LARANJEIRA
PONTUAVÉL PARA:	TAÇA DE PORTUGAL CIRCUITO NACIONAL JUNIORES	JURI DE APELO:	JOSÉ LUÍS FERREIRA; SÉRGIO SANTOS; RUI

Temperatura Agua: 22,5						Natação 0,750 (MT)		Ciclismo 20,5(KM)		Corrida 5 (MT)		Total	Diff
LG	Dral	Lic	Nome	PEN	ESC	Pos	Natação	Pos	Ciclismo	Pos	Corrida		
1	292	575	BRUNO PAIS		SUB2	4	0:10:00	3	0:33:40	8	0:15:35	0:59:15	0:00:00
2	566	566	PAULO ANTUNES		SEN	1	0:09:57	17	0:36:21	1	0:15:10	1:01:28	0:02:13
3	285	364	DUARTE MARQUES		SUB2	5	0:10:00	14	0:36:17	3	0:15:13	1:01:30	0:02:15
4	298	353	ANDRÉ CAMPOS		SUB2	3	0:09:59	18	0:36:21	9	0:15:43	1:02:03	0:02:48
5	399	268	JOÃO SILVA		JUN	11	0:10:28	11	0:35:51	12	0:15:47	1:02:06	0:02:51
6	424	252	TIAGO NEVES		JUN	10	0:10:12	12	0:36:03	13	0:16:04	1:02:19	0:03:04
7	376	376	TIAGO MARQUES		JUN	7	0:10:08	13	0:36:07	15	0:16:19	1:02:34	0:03:19
8	481	481	GUSTAVO HACHMEISTER		SEN	14	0:10:44	8	0:35:28	20	0:16:35	1:02:47	0:03:32
9	296	476	MÁRIO RAIMUNDO		SUB2	6	0:10:04	16	0:36:19	18	0:16:31	1:02:54	0:03:39
10	486	486	LINO BARRUNCHO		SEN	25	0:12:23	7	0:35:27	4	0:15:17	1:03:07	0:03:52
11	507	507	CUSTÓDIO ANTÓNIO		SEN	28	0:12:26	9	0:35:30	7	0:15:32	1:03:28	0:04:13
12	412	273	CHARLY BLANCHARD		JUN	12	0:10:41	10	0:35:38	26	0:17:12	1:03:31	0:04:16
13	299	360	RAFAEL GOMES		SUB2	16	0:11:06	23	0:36:48	10	0:15:45	1:03:39	0:04:24
14	397	274	VANESSA FERNANDES		JUN	8	0:10:09	25	0:37:28	25	0:16:47	1:04:24	0:05:09
15	295	474	SÉRGIO MARQUES		SUB2	31	0:12:36	21	0:36:41	2	0:15:12	1:04:29	0:05:14
16	488	488	NUNO NEVES		SEN	19	0:11:30	-11	0:36:24	108	0:16:51	1:04:45	0:05:30
17	286	362	SÉRGIO MANUEL SILVA		SUB2	62	0:14:59	5	0:35:06	5	0:15:23	1:05:28	0:06:13
18	495	495	LUÍS DUARTE		SEN	32	0:12:38	15	0:36:18	23	0:16:37	1:05:33	0:06:18
19	505	505	JOSÉ MÁRIO RIBEIRO		SEN	71	0:15:28	4	0:34:48	6	0:15:32	1:05:48	0:06:33
20	321	321	JOÃO CAVALEIRO		SUB2	2	0:09:59	48	0:40:03	16	0:16:20	1:06:22	0:07:07
21	564	564	CRISTIANO ANDRADE		SEN	29	0:12:28	19	0:36:38	33	0:17:28	1:06:34	0:07:19
22	390	390	PEDRO HENRIQUES		JUN	23	0:11:58	-10	0:36:52	109	0:18:02	1:06:52	0:07:37
23	297	352	PEDRO GOMES		SUB2	37	0:13:10	24	0:37:12	24	0:16:40	1:07:02	0:07:47
24	506	506	PEDRO PINHEIRO		SEN	75	0:15:49	6	0:35:21	14	0:16:17	1:07:27	0:08:12
25	626		RUI MELO		SEN	33	0:13:08	36	0:38:54	11	0:15:45	1:07:47	0:08:32
26	423	277	PEDRO MENDES		JUN	17	0:11:08	29	0:38:05	51	0:18:39	1:07:52	0:08:37
27	970		PEDRO CORDEIRO		SEN	26	0:12:23	22	0:36:44	58	0:19:00	1:08:07	0:08:52
28	669		PAULO PEREIRA		SEN	22	0:11:37	26	0:37:41	54	0:18:49	1:08:07	0:08:52
29	592	592	RUI RODRIGUES		SEN	36	0:13:09	32	0:38:27	26	0:17:02	1:08:38	0:09:23
30	379	379	MARIA AREOSA		JUN	15	0:10:46	49	0:40:17	36	0:17:41	1:08:44	0:09:29
31	579		DUARTE BARRETO		SEN	38	0:13:13	28	0:37:54	43	0:18:04	1:09:11	0:09:56
32	310	370	GUSTAVO CAPÃO		SUB2	24	0:12:15	42	0:39:34	35	0:17:31	1:09:20	0:10:05
33	580		ALEXANDRE VENTURA		SEN	30	0:12:34	33	0:38:31	47	0:18:30	1:09:35	0:10:20
34	602	602	LUIS ALBERTO LOPES		SEN	41	0:13:35	20	0:36:39	65	0:19:29	1:09:43	0:10:28
35	392	392	JOÃO DIAS		JUN	20	0:11:31	43	0:39:37	52	0:18:47	1:09:55	0:10:40
36	499	499	ANTÓNIO ERVIDEIRA		SEN	63	0:15:01	30	0:38:15	32	0:17:21	1:10:37	0:11:22
37	594	594	HUGO RIBEIRO		SEN	50	0:14:19	27	0:37:45	53	0:18:49	1:10:53	0:11:38
38	398	276	SARAH VERGUET MONIZ		JUN	13	0:10:41	51	0:40:22	73	0:20:18	1:11:21	0:12:06
39	774	774	JOSÉ GUILHERME OLIVEIRA		V1	67	0:15:20	31	0:38:19	38	0:17:48	1:11:27	0:12:12
40	844	844	PAULO RIBEIRO		V1	52	0:14:25	37	0:39:02	44	0:18:19	1:11:46	0:12:31
41	479		HÉLDER MILHEIRAS		SEN	55	0:14:29	57	0:40:44	22	0:16:37	1:11:50	0:12:35
42	623	623	LUIS LOPES		SEN	35	0:13:09	69	0:41:55	29	0:17:20	1:12:24	0:13:09
43	520	520	ANTÓNIO CATARINO		SEN	85	0:17:23	34	0:38:40	17	0:16:31	1:12:34	0:13:19

Médias: 0:14:50 0:41:25 0:18:05 1:15:19



Temperatura Agua: 22,5						Natação 0,750 (MT)		Ciclismo 20,5(KM)		Corrida 5 (MT)		Total	Diff	
LG	Drel	Lic	Nome	PEN	ESC	Equipa	Pos	Natação	Pos	Ciclismo	Pos			Corrida
44	466	466	CARLOS MATOS		SEN	Casa Benfica Faro	69	0:15:23	41	0:39:32	37	0:17:43	1:12:38	0:13:23
45	611	611	BRUNO SALVADOR		SEN	C.f. "os Belenenses"	27	0:12:26	59	0:40:53	63	0:19:23	1:12:42	0:13:27
46	769	769	CARLOS GOMES		V1	S.i.m.e.cruz-quebradense	82	0:16:48	39	0:39:24	19	0:16:33	1:12:45	0:13:30
47	620	620	DIOGO ALMEIDA		SEN	C.f. "os Belenenses"	21	0:11:36	55	0:40:39	76	0:20:32	1:12:47	0:13:32
48	320	596	LUIS SANTOS		SUB2	Casa Benfica Faro	45	0:13:53	80	0:41:07	39	0:17:52	1:12:52	0:13:37
49	854	456	AMÂNDIO CAETANO		V1	A.d.c.r. Painho	68	0:15:18	46	0:39:44	42	0:18:01	1:13:03	0:13:48
50	629	629	FERNANDO CARMO		SEN	C.f. "os Belenenses"	87	0:17:26	35	0:38:47	31	0:17:21	1:13:34	0:14:19
51	563	563	PAULO CATARINO		SEN	Assoc. Fernão Mendes Pinto	59	0:14:50	50	0:40:22	49	0:18:36	1:13:48	0:14:33
52	308	308	JOANA GUERRA		SUB2	C.f. "os Belenenses"	9	0:10:12	77	0:42:42	83	0:20:57	1:13:51	0:14:36
53	798	798	OLÍMPIO GUEDELHA		V2	Cod/v.f.xira	72	0:15:29	54	0:40:38	41	0:17:56	1:14:03	0:14:48
54	635	635	CLÁUDIO NOGUEIRA		SEN	Clube Ferroviario De Vendas Novas	65	0:15:17	45	0:39:41	60	0:19:13	1:14:11	0:14:56
55	574	574	JOSÉ FREIRE		SEN	C.f. "os Belenenses"	83	0:16:51	47	0:40:00	34	0:17:30	1:14:21	0:15:06
56	465	465	PAULO SILVA		SEN	Casa Benfica Faro	79	0:16:31	56	0:40:43	27	0:17:11	1:14:25	0:15:10
57	984		CLEIBE SILVA		SEN	Individual	51	0:14:25	58	0:40:50	64	0:19:25	1:14:40	0:15:25
58	653	653	JOSE RODRIGUES		SEN	C.a.d.c. Almeirim	40	0:13:34	38	0:39:20	94	0:21:54	1:14:48	0:15:33
59	987		BRUNO GRILO		SEN	Individual	39	0:13:28	78	0:42:49	56	0:18:51	1:15:08	0:15:53
60	631	631	PEDRO SANTOS		SEN	Cefa	46	0:14:00	62	0:41:15	70	0:19:57	1:15:12	0:15:57
61	775	775	JOÃO SANTOS		V1	Abv Estoris	56	0:14:32	65	0:41:26	66	0:19:32	1:15:30	0:16:15
62	519	519	CARLOS ROCHA		SEN	Papa-légus De Assafora	68	0:17:38	40	0:39:31	48	0:18:33	1:15:42	0:16:27
63	811	811	ALBERTO CAMPOS		V4	C.f. "os Belenenses"	49	0:14:15	72	0:42:15	61	0:19:19	1:15:49	0:16:34
64	462	462	DAVID CALDEIRÃO		SEN	Udo - União Desportiva Oeste	42	0:13:46	44	0:39:40	98	0:22:55	1:16:21	0:17:06
65	1077		PAULO BARRADAS		SEN	Individual	43	0:13:50	76	0:42:40	69	0:19:56	1:16:26	0:17:11
66	658	524	MIGUEL PALMA		SEN	Abv Estoris	58	0:14:45	68	0:41:37	77	0:20:34	1:16:56	0:17:41
67	951		DAVID VAZ		SEN	Individual	61	0:14:59	64	0:41:21	78	0:20:39	1:16:59	0:17:44
68	770	770	MANUEL GONÇALVES		V1	Papa-légus De Assafora	81	0:16:41	70	0:42:03	45	0:18:20	1:17:04	0:17:49
69	782	782	ANTÓNIO VIEIRA		V1	Grecas - Vagos	90	0:17:52	53	0:40:36	50	0:18:39	1:17:07	0:17:52
70	556	554	HELENA BARROS		SEN	C.f. "os Belenenses"	18	0:11:15	95	0:45:45	72	0:20:09	1:17:09	0:17:54
71	800	800	FERNANDO FEIJÃO		V2	Casa Do Benfica No Fundão	102	0:19:37	52	0:40:31	30	0:17:20	1:17:28	0:18:13
72	600	800	JOSÉ SANTOS		SEN	Sr Camamal-constr.ramalho Couto-ika	107	0:20:26	66	0:41:26	21	0:16:36	1:18:28	0:19:13
73	585	585	PAULO CODINHA		SEN	C.f. "os Belenenses"	64	0:15:13	74	0:42:22	61	0:20:55	1:18:30	0:19:15
74	549	549	ÓSCAR OLIVEIRA		SEN	Grecas - Vagos	100	0:19:18	63	0:41:19	40	0:17:55	1:18:32	0:19:17
75	529	528	SÉRGIO RODRIGUES		SEN	Papa-légus De Assafora	95	0:18:29	67	0:41:34	55	0:18:50	1:18:53	0:19:38
76	806	806	JOSÉ LUÍS NUNES		V2	Papa-légus De Assafora	76	0:15:51	81	0:43:20	75	0:20:27	1:19:38	0:20:23
77	651	651	JOÃO SERÓDIO		SEN	Individual	73	0:15:44	85	0:43:56	71	0:20:00	1:19:40	0:20:25
78	484	484	PAULO LEOTE		SEN	Cod/v.f.xira	78	0:16:18	86	0:44:07	62	0:19:21	1:19:46	0:20:31
79	968		CARLOS MENDES		SEN	Individual	70	0:15:25	80	0:43:02	85	0:21:21	1:19:48	0:20:33
80	301		TIAGO COCHICHO		SUB2	Sport União Colarense	47	0:14:05	79	0:42:56	97	0:22:55	1:19:56	0:20:41
81	792	792	JOSÉ VARELA		V2	Casa Benfica Faro	99	0:19:10	73	0:42:20	46	0:18:28	1:19:58	0:20:43
82	593	593	PAULO CONDE		SEN	C.f. "os Belenenses"	60	0:14:51	67	0:44:09	64	0:21:09	1:20:09	0:20:54
83	648	648	MIGUEL FRAGOSO		SEN	Individual	54	0:14:28	80	0:45:10	79	0:20:42	1:20:20	0:21:05
84	633	633	RUI GIL		SEN	Individual	44	0:13:53	82	0:43:27	100	0:23:09	1:20:29	0:21:14
85	627	627	PAULO TELES		SEN	Individual	84	0:17:08	75	0:42:25	62	0:20:56	1:20:29	0:21:14
86	751	751	JOSÉ PEIXOTO		V2	A.d.c.r. Painho	101	0:19:29	71	0:42:14	58	0:19:09	1:20:52	0:21:37
87	538	538	MARIA JOÃO MADEIRA		SEN	C.f. "os Belenenses"	57	0:14:37	89	0:44:52	89	0:21:27	1:20:56	0:21:41
88	562	562	PAULO VIEIRA		SEN	Assoc. Fernão Mendes Pinto	91	0:18:02	84	0:43:42	67	0:19:37	1:21:21	0:22:06
89	427		RICARDO MARQUES		JUN	C.n. Cartaxo	34	0:13:09	82	0:45:20	99	0:23:06	1:21:35	0:22:20
90	752	752	RENATO INÁCIO		V1	A.d.c.r. Painho	105	0:20:13	61	0:41:11	74	0:20:20	1:21:44	0:22:29
91	846		JOÃO VENÂNCIO		V2	Casa Do Benfica No Fundão	83	0:18:07	91	0:45:18	57	0:18:53	1:22:18	0:23:03
92	550	550	CÉSAR OLIVEIRA		SEN	Grecas - Vagos	86	0:17:25	88	0:44:44	93	0:21:53	1:24:02	0:24:47
93	630	630	ANTÓNIO CUNHA		SEN	Cefa	97	0:18:53	87	0:47:06	68	0:19:56	1:25:55	0:26:40
94	618	618	CÉSAR GOVERNO		SEN	Papa-légus De Assafora	94	0:18:15	84	0:45:39	86	0:22:31	1:26:25	0:27:10
95	790		CARLOS SUZANA		V1	Aegistónico-ipodec	104	0:20:05	93	0:45:37	80	0:20:51	1:26:33	0:27:18
96	1101	525	LEONOR CALAIM		SEN	Abv Estoris	68	0:15:23	96	0:45:47	106	0:25:35	1:26:45	0:27:30



Federação de Triatlo de Portugal

Temperatura Agua: 22,5						Natação 0,750 (MT)		Ciclismo 20,5(KM)		Corrida 5 (MT)				
LG	Dra#	Lic	Nome	PEN	ESC	Equipa	Pos	Natação	Pos	Ciclismo	Pos	Corrida	Total	Diff
97	1088		RICARDO PATRÍCIO		SEN	Individual	48	0:14:12	108	0:51:09	87	0:21:24	1:26:45	0:27:30
98	622	622	ANA TERESA PEREIRA		SEN	Casa Benfca Faro	74	0:15:44	98	0:48:15	104	0:24:14	1:28:13	0:28:58
99	963		PEDRO VENÂNCIO		SEN	Individual	89	0:17:49	103	0:49:50	88	0:21:23	1:29:02	0:29:47
100	952		ALBERTO TADEIA		SEN	Individual	53	0:14:26	107	0:53:12	90	0:21:32	1:29:10	0:29:55
101	528	528	SÉRGIO OLIVEIRA		SEN	Abv Estoris	96	0:18:42	101	0:49:24	88	0:21:25	1:29:31	0:30:16
102	812		CARLOS RAIMUNDO		V3	Aegistécnico-ipodec	80	0:16:40	102	0:49:29	103	0:24:14	1:30:23	0:31:08
103	805		FERNANDO ANDRADE		V2	Papa-léguas De Assafora	103	0:19:56	100	0:49:10	81	0:21:47	1:30:53	0:31:38
104	530	530	RICARDO NUNES		SEN	Abv Estoris	98	0:19:08	99	0:48:51	102	0:23:46	1:31:45	0:32:30
105	1082		PAULO SILVA		SEN	Individual	108	0:22:32	104	0:49:53	95	0:22:18	1:34:43	0:35:28
106	786	786	LUÍS LIMA		V2	Ovarense	110	0:28:13	105	0:50:28	92	0:21:52	1:38:33	0:39:18
107	841		MARIA JOÃO MARTINS		V1	Aegistécnico-ipodec	109	0:22:41	108	0:53:24	105	0:24:53	1:40:58	0:41:43
108	801	801	LUÍS RAMOS		V2	C.f. "os Belenenses"	108	0:20:23	109	0:54:02	107	0:27:15	1:41:40	0:42:25
109	966		DANIEL GOMES		SUB-2	Individual	92	0:18:07	110	1:01:03	101	0:23:21	1:42:31	0:43:16
110	839	529	PAULO ESPÍRITO SANTO	DNF	V1	Abv Estoris	77	0:16:08	83	0:43:29				
111	490	490	MARCO SOUSA	DNS	SEN	Avalanche/sir Janes								
112	487	487	JOÃO MATIAS	DNS	SEN	Avalanche/sir Janes								
113	967		HELENA JORGE	DNS	SEN	Individual								
114	971		JOSÉ VALENTE	DNS	SEN	Individual								
115	426	51	ANAIS VERGUET MONIZ	DNS	JUN	C.f. "os Belenenses"								
116	573		ANTÓNIO CABAÇO	DNS	SEN	C.f. "os Belenenses"								
117	808	808	ALÍCIA MONIZ	DNS	V2	C.f. "os Belenenses"								
118	976		MARCO MAURÍCIO	DNS	SUB-2	Individual								
119	977		SÉRGIO CARVALHO	DNS	SEN	Individual								
120	982		JOÃO GUERRA	DNS	JUN	Individual								
121	845	557	JOSÉ MANUEL SILVA	DNS	V1	Ovarense								
122	395	258	DANIEL GUEDELHA	DNS	JUN	Cod/v.f.xira								