

FTP

XVI TRIATLO DO AMBIENTE - OEIRAS - CAMPEONATO NACIONAL DE CLUBES

CLASSIFICAÇÃO INDIVIDUAL ABSOLUTA

Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE: OEIRAS	DISTANCIA (MT):	(KM):	(MT):	750/20/10
Data: 08-06-2003	HORA DE COMEÇO:		10:30	

DELEGADO TÉCNICO: JOÃO PINHO	JUIZ PRINCIPAL: CRISTINA LOPES
PONTUAVÉL PARA:	JURI DE APELO:

Genal

CAMPEONATO

Final - Rain - 1511000
nº - 500 - 1511000

Informação

Temperatura Água		Ciclismo										Corrida						
LG	Drst	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff	
1	285	285	DUARTE MARQUES		SUB2	Sr Camamal-const.ramalho Couto-Ika	1	0:10:34	12	0:00:33	21	0:28:58	25	0:00:37	4	0:16:43	0:57:25	0:00:00
2	481	481	GUSTAVO HACHMEISTER		SEN	Sr Camamal-const.ramalho Couto-Ika	7	0:11:04	6	0:00:31	13	0:28:33	12	0:00:34	10	0:17:21	0:58:03	0:00:38
3	486	486	LINO BARRUNCHO		SEN	Avilanches/ir Janes	24	0:13:05	16	0:00:37	3	0:27:47	8	0:00:33	1	0:16:14	0:58:16	0:00:51
4	288	288	ANDRÉ CAMPOS		SUB2	Aegisténico-ipodec	2	0:10:58	14	0:00:35	45	0:29:55	11	0:00:34	5	0:16:51	0:58:53	0:01:28
5	424	424	TIAGO NEVES		JUN	Aegisténico-ipodec	11	0:11:23	2	0:00:29	34	0:29:32	18	0:00:35	6	0:16:58	0:58:57	0:01:32
6	283	283	MANUEL JÚLIO		SUB2	S.l.m.e cruz-quebradense	18	0:12:46	1	0:00:27	5	0:28:13	16	0:00:35	7	0:17:06	0:59:07	0:01:42
7	388	388	JOÃO SILVA		JUN	C.f. "os Belenenses"	6	0:11:04	17	0:00:37	39	0:29:49	14	0:00:35	8	0:17:07	0:59:12	0:01:47
8	376	376	TIAGO MARQUES		JUN	C.f. "os Belenenses"	3	0:10:59	7	0:00:32	41	0:29:52	9	0:00:33	9	0:17:19	0:59:15	0:01:50
9	286	286	RAFAEL GOMES		SUB2	Sport União Colarene	14	0:11:37	11	0:00:33	28	0:29:18	22	0:00:37	12	0:17:28	0:59:33	0:02:08
10	397	397	VANESSA FERNANDES		JUN	Club Triatlo De Perceinho	9	0:11:15	13	0:00:34	30	0:29:21	52	0:00:43	20	0:17:47	0:59:40	0:02:15
11	423	423	PEDRO MENDES		JUN	Portinaco	15	0:11:45	22	0:00:38	23	0:29:07	26	0:00:37	23	0:17:51	0:59:58	0:02:33
12	488	488	INUNO NEVES		SEN	Avilanches/ir Janes	16	0:12:14	24	0:00:39	15	0:28:37	21	0:00:37	25	0:17:58	1:00:05	0:02:40
13	286	286	MÁRIO RAIMUNDO		SUB2	Aegisténico-ipodec	10	0:11:19	4	0:00:30	36	0:29:37	48	0:00:42	28	0:18:17	1:00:25	0:03:00
14	412	412	CHARLY BLANCHARD		JUN	Avilanches/ir Janes	5	0:11:04	5	0:00:31	40	0:29:50	13	0:00:35	29	0:18:30	1:00:30	0:03:05
15	286	286	SÉRGIO MANUEL SILVA		SUB2	Sr Camamal-const.ramalho Couto-Ika	68	0:15:51	19	0:00:37	1	0:27:13	4	0:00:30	2	0:16:24	1:00:35	0:03:10
16	505	505	JOSÉ MÁRIO RIBEIRO		SEN	Sr Camamal-const.ramalho Couto-Ika	67	0:15:49	21	0:00:38	2	0:27:16	1	0:00:27	3	0:16:35	1:00:45	0:03:20
17	310	310	GUSTAVO CAPÃO		SUB2	Grecas - Vagos	17	0:12:33	31	0:00:43	8	0:28:21	39	0:00:40	38	0:18:59	1:01:16	0:03:51
18	586	586	PAULO ANTUNES		SEN	C.f. "os Belenenses"	4	0:11:03	18	0:00:37	42	0:29:53	33	0:00:39	52	0:19:24	1:01:36	0:04:11
19	592	592	RUI RODRIGUES		SEN	Udo - União Desportiva Oeste	25	0:13:05	41	0:00:49	38	0:29:46	55	0:00:44	14	0:17:35	1:01:59	0:04:34
20	597		NEIL VASA		SEN	Udr Casalense	44	0:14:25	57	0:00:59	12	0:28:31	41	0:00:41	11	0:17:24	1:02:00	0:04:35
21	480	480	MARCO SOUSA		SEN	Avilanches/ir Janes	27	0:13:29	28	0:00:43	32	0:29:27	44	0:00:42	17	0:17:41	1:02:02	0:04:37
22	784	784	ANTÓNIO HORTA		V1	Cefa	41	0:14:13	39	0:00:49	19	0:28:50	10	0:00:33	15	0:17:39	1:02:04	0:04:39
23	783		FERNANDO CORREIA		V1	Udo - União Desportiva Oeste	40	0:14:11	56	0:00:56	18	0:28:44	31	0:00:38	16	0:17:40	1:02:09	0:04:44
24	485	485	LUIS DUARTE		SEN	Udo - União Desportiva Oeste	43	0:14:21	15	0:00:36	20	0:28:50	30	0:00:38	27	0:18:00	1:02:25	0:05:00

Médias

0.18.38 0.01.06 0.32.12 0.00.52 0.22.35

Federação de Triatlo de Portugal

LG	Drel	Lic	Nome	PEN	ESC	Equipa	Natação			Ciclismo			Corrida					
							Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos	Tempo	Diff			
25	478		HÉLDER MILHEIRAS		SEN	Aegistécnico-ipodec	48	0:14:48	30	0:00:43	9	0:28:22	29	0:00:38	26	0:17:58	1:02:29	0:05:04
26	623	623	LUIS LOPES		SEN	Casa Do Benfica No Fundo	32	0:13:58	27	0:00:41	31	0:29:26	78	0:00:49	24	0:17:54	1:02:48	0:05:23
27	578		DUARTE BARRETO		SEN	C.n. Cartaxo	39	0:14:09	9	0:00:32	24	0:29:08	17	0:00:35	30	0:18:33	1:02:57	0:05:32
28	402	402	CARLOS GASPAS		JUN	Borealis	33	0:14:00	10	0:00:33	26	0:29:14	20	0:00:37	31	0:18:38	1:03:02	0:05:37
29	321	321	JOÃO CAVALheiro		SUB2	C.f. "os Belenenses"	8	0:11:07	47	0:00:52	81	0:31:55	50	0:00:43	34	0:18:44	1:03:21	0:05:56
30	584	584	CRISTIANO ANDRADE		SEN	Assoc. Fomão Mendes Pinto	23	0:13:03	48	0:00:52	43	0:29:53	28	0:00:38	41	0:19:04	1:03:30	0:06:05
31	580		ALEXANDRE VENTURA		SEN	C.n. Cartaxo	26	0:13:26	43	0:00:50	29	0:29:20	34	0:00:39	49	0:19:18	1:03:33	0:06:08
32	508	508	PEDRO PINHEIRO		SEN	Udo - União Desportiva Oeste	77	0:16:34	23	0:00:38	4	0:27:55	65	0:00:46	22	0:17:48	1:03:41	0:06:16
33	392	392	JOÃO DIAS		JUN	Ateneu Artístico Cartaxense									138	1:03:45	1:03:45	0:06:20
34	390	390	PEDRO HENRIQUES		JUN	C.n. Cartaxo	22	0:13:01	8	0:00:32	46	0:30:00	67	0:00:47	53	0:19:25	1:03:45	0:06:20
35	584	584	HUGO RIBEIRO		SEN	Aegistécnico-ipodec	51	0:14:54	34	0:00:47	6	0:28:14	35	0:00:39	55	0:19:28	1:04:02	0:06:37
36	758	758	ARMINDO CORREIA		V1	Borealis	47	0:14:42	42	0:00:50	10	0:28:25	53	0:00:44	50	0:19:22	1:04:03	0:06:38
37	417	417	RUI DOLORES		JUN	Amiciolo	38	0:14:06	103	0:01:23	11	0:28:29	64	0:00:46	54	0:19:26	1:04:10	0:06:45
38	856	489	JOSÉ SALGUEIRO		V1	Avianchefer Janes	66	0:15:48	26	0:00:40	17	0:28:42	62	0:00:46	44	0:19:08	1:05:04	0:07:39
39	322	322	MANUEL COUTINHO		SUB2	Aegistécnico-ipodec									139	1:05:09	1:05:09	0:07:44
40	769	769	CARLOS GOMES		V1	S.l.m.e cruz-quebradense	78	0:16:36	65	0:01:01	33	0:29:32	3	0:00:30	13	0:17:33	1:05:12	0:07:47
41	613	613	PAULO LAMEGO		SEN	C.f. "os Belenenses"	76	0:16:30	59	0:01:00	35	0:29:37	15	0:00:35	21	0:17:48	1:05:30	0:08:05
42	774	774	JOSÉ GUILHERME OLIVEIRA		V1	Abv Estoris	50	0:14:53	33	0:00:47	7	0:28:15	122	0:01:18	70	0:20:33	1:05:46	0:08:21
43	658	524	MIGUEL PALMA		SEN	Abv Estoris	42	0:14:19	51	0:00:53	16	0:28:39	72	0:00:48	83	0:21:07	1:05:46	0:08:21
44	689	625	PAULO PEREIRA		SEN	Abv Estoris	36	0:14:03	54	0:00:55	22	0:29:05	70	0:00:48	81	0:20:56	1:05:47	0:08:22
45	398	398	SARAH VERGUEI MONIZ		JUN	C.f. "os Belenenses"	13	0:11:31	25	0:00:39	91	0:32:25	32	0:00:39	82	0:21:02	1:06:16	0:08:51
46	513	1150	PAULO GONÇALVES		SEN	S.l.m.e cruz-quebradense	83	0:17:07	122	0:01:36	14	0:28:34	127	0:01:22	19	0:17:46	1:06:25	0:09:00
47	475	475	SÉRGIO DIAS		SEN	Aegistécnico-ipodec	87	0:17:16	35	0:00:48	25	0:29:12	42	0:00:41	32	0:18:40	1:06:37	0:09:12
48	403	403	RODRIGO SILVA		JUN	Borealis	21	0:13:01	77	0:01:07	52	0:30:29	74	0:00:49	85	0:21:17	1:06:43	0:09:18
49	466	466	CARLOS MATOS		SEN	Casa Benfica Faro	69	0:15:59	20	0:00:38	54	0:30:38	36	0:00:40	39	0:19:00	1:06:55	0:09:30
50	756		JOÃO PEREIRA		V1	Aegistécnico-ipodec	57	0:15:06	62	0:01:00	66	0:31:21	68	0:00:47	33	0:18:43	1:06:57	0:09:32
51	621	621	RUI SOUSA		SEN	C.d. Asas Do Milénium	53	0:14:58	91	0:01:14	63	0:31:14	37	0:00:40	36	0:18:55	1:07:01	0:09:36
52	775	775	JOÃO SANTOS		V1	Abv Estoris	45	0:14:41	32	0:00:46	51	0:30:29	5	0:00:31	71	0:20:35	1:07:02	0:09:37
53	451	451	PAULO PRIETO		SEN	A.d.c.r. Painho	82	0:17:04	44	0:00:50	27	0:29:15	24	0:00:37	51	0:19:23	1:07:09	0:09:44
54	762	762	ANTÓNIO MOURA		V1	Udo - União Desportiva Oeste	55	0:15:00	70	0:01:04	62	0:31:07	2	0:00:29	56	0:19:32	1:07:12	0:09:47
55	499	499	ANTÓNIO ERVIDEIRA		SEN	Udo - União Desportiva Oeste	72	0:16:13	40	0:00:49	48	0:30:07	40	0:00:40	62	0:20:06	1:07:55	0:10:30
56	758	758	ARTUR PARREIRA		V1	A.b.v.colares - Delta Catés	64	0:15:30	49	0:00:52	69	0:31:26	23	0:00:37	57	0:19:37	1:08:02	0:10:37
57	754	754	FERNANDO PIRES		V2	Casa Benfica Faro	102	0:18:43	66	0:01:02	49	0:30:10	7	0:00:33	18	0:17:46	1:08:14	0:10:49
58	753	753	JOÃO RITA		V2	Casa Benfica Faro	79	0:16:39	53	0:00:54	44	0:29:55	89	0:00:52	61	0:20:05	1:08:25	0:11:00
59	465	465	PAULO SILVA		SEN	Casa Benfica Faro	85	0:17:14	67	0:01:04	37	0:29:41	6	0:00:31	60	0:19:56	1:08:26	0:11:01

Luiz Krueper
de Casimiro Lopez
75450

Federação de Triatlo de Portugal

Temp. Temperatura Água:		Natação				Ciclismo				Corrida							
LG	Dreal	Lic	Nome	ESC	Equipa	Pos	Subst	Pos	T-1	Pos	Subst	Pos	T-2	Pos	Subst	Total	Diff
80	755	755	JOÃO GOMES	V1	Aegistácnico-ípodec	30	0:13:46	50	0:00:52	50	0:30:12	100	0:00:56	105	0:22:51	1:08:37	0:11:12
81	844	844	PAULO RIBEIRO	V1	Udo - União Desportiva Oeste	62	0:15:27	36	0:00:48	61	0:31:07	93	0:00:52	72	0:20:37	1:08:51	0:11:26
82	540	540	PEDRO GASPAR	SEN	Udr Casalense	46	0:14:41	115	0:01:32	60	0:31:07	83	0:00:50	76	0:20:43	1:08:53	0:11:28
83	773	773	HENRIQUE FREIRE	V1	Udr Casalense	70	0:16:07	38	0:00:49	58	0:31:00	47	0:00:42	66	0:20:20	1:08:58	0:11:33
84	631	631	PEDRO SANTOS	SEN	Cefa	35	0:14:02	106	0:01:25	82	0:31:58	60	0:00:46	79	0:20:51	1:09:02	0:11:37
85	300		NUNO SILVA	SUB2	Sport União Colarense	31	0:13:47	29	0:00:43	70	0:31:27	86	0:00:51	100	0:22:31	1:09:19	0:11:54
86	485	485	BRUNO SILVA	SEN	CodV f.xira	81	0:16:53	76	0:01:07	59	0:31:03	109	0:01:02	48	0:19:16	1:09:21	0:11:56
87	365	365	HENRIQUE MADEIRA	JUN	C.f. "os Belenenses"	19	0:12:53	45	0:00:51	76	0:31:46	84	0:00:51	111	0:23:07	1:09:28	0:12:03
88	842	842	ANTÓNIO CARITA	SEN	C.d. Asas Do Milénium	52	0:14:56	114	0:01:30	73	0:31:38	98	0:00:56	69	0:20:30	1:09:30	0:12:05
89	798	798	OLÍMPIO GUEDELHA	V2	CodV f.xira	71	0:16:11	128	0:01:40	65	0:31:20	56	0:00:45	58	0:19:39	1:09:35	0:12:10
70	620	620	DIOGO ALMEIDA	SEN	C.f. "os Belenenses"	34	0:14:00	81	0:01:08	56	0:30:50	113	0:01:06	102	0:22:46	1:09:50	0:12:25
71	317	317	NUNO CRUZ	SUB2	C.f. "os Belenenses"	99	0:18:30	58	0:01:00	53	0:30:29	58	0:00:45	43	0:19:07	1:09:51	0:12:26
72	534	534	JOSÉ ABRANTES	SEN	C.d. Asas Do Milénium	74	0:16:29	116	0:01:33	85	0:32:03	57	0:00:45	40	0:19:02	1:09:52	0:12:27
73	792	792	JOSÉ VARELA	V2	Casa Benfica Faro	93	0:17:56	94	0:01:16	57	0:30:54	19	0:00:36	46	0:19:11	1:09:53	0:12:28
74	544	544	ANTÓNIO COSTA	SEN	C.d. Asas Do Milénium	105	0:18:47	87	0:01:11	47	0:30:06	61	0:00:46	42	0:19:06	1:09:56	0:12:31
75	770	770	MANUEL GONÇALVES	V1	Papa-léguas De Assafora	86	0:17:15	84	0:01:09	75	0:31:44	54	0:00:44	45	0:19:10	1:10:02	0:12:37
76	537	537	JOSÉ NEVES	SEN	C.f. "os Belenenses"									140	1:10:06	1:10:06	0:12:41
77	811	1143	BRUNO SALVADOR	SEN	C.f. "os Belenenses"	28	0:13:36	72	0:01:05	101	0:33:09	51	0:00:43	89	0:21:33	1:10:08	0:12:41
78	635	635	CLAUDIO NOGUEIRA	SEN	Clube Ferroviario De Vendas Novas	73	0:16:20	97	0:01:19	68	0:31:24	104	0:00:58	68	0:20:30	1:10:31	0:13:06
79	308	308	JOANA GUERRA	SUB2	C.f. "os Belenenses"	12	0:11:29	3	0:00:30	106	0:34:03	45	0:00:42	118	0:23:47	1:10:31	0:13:06
80	585	585	PAULO CODINHA	SEN	C.f. "os Belenenses"	54	0:14:58	78	0:01:07	79	0:31:51	81	0:00:50	93	0:21:50	1:10:36	0:13:11
81	854	854	AMÁNDIO CAETANO	V1	A.d.c.r. Painho	95	0:18:21	68	0:01:04	55	0:30:42	77	0:00:49	59	0:19:55	1:10:51	0:13:26
82	301		TIAGO COCHICO	SUB2	Sport União Colarense									141	1:10:54	1:10:54	0:13:29
83	629	629	FERNANDO CARMO	SEN	C.f. "os Belenenses"	97	0:18:27	121	0:01:35	67	0:31:23	62	0:00:50	35	0:18:49	1:11:04	0:13:39
84	667	667	DANNY SILVA	SEN	Individual	56	0:15:01	86	0:01:10	78	0:31:49	71	0:00:48	98	0:22:23	1:11:11	0:13:46
85	563	563	PAULO CATARINO	SEN	Assoc. Fernão Mendes Pinto	61	0:15:26	107	0:01:25	102	0:33:19	59	0:00:45	78	0:20:49	1:11:44	0:14:19
86	519	519	CARLOS ROCHA	SEN	Papa-léguas De Assafora	109	0:18:59	63	0:01:00	90	0:32:17	43	0:00:41	37	0:18:55	1:11:52	0:14:27
87	662	662	ALEXANDRE FELIZ	SEN	A.d.c.r. Painho	60	0:15:24	127	0:01:39	89	0:32:15	98	0:00:55	92	0:21:49	1:12:02	0:14:37
88	761	761	ZEFERINO ELOY	V1	C.d. Asas Do Milénium	92	0:17:47	83	0:01:09	64	0:31:19	76	0:00:49	95	0:21:57	1:13:01	0:15:36
89	845	845	JOSÉ MANUEL SILVA	V1	Ovarense	108	0:18:58	96	0:01:18	87	0:32:08	134	0:01:45	47	0:19:12	1:13:21	0:15:56
90	556	556	MARIA DO CARMO	SEN	C.f. "os Belenenses"	20	0:13:00	89	0:01:13	115	0:35:02	94	0:00:53	116	0:23:20	1:13:28	0:16:03
91	793		JOAQUIM RUELA	V2	Aegistácnico-ípodec	80	0:16:40	69	0:01:04	71	0:31:28	130	0:01:29	110	0:23:05	1:13:46	0:16:21
92	789	789	ANTÓNIO NEVES	V1	C.f. "os Belenenses"	103	0:18:45	125	0:01:37	84	0:32:00	102	0:00:57	73	0:20:38	1:13:57	0:16:32
93	806	806	JOSÉ LUIS NUNES	V2	Papa-léguas De Assafora	89	0:17:25	95	0:01:16	72	0:31:30	108	0:01:01	106	0:22:54	1:14:06	0:16:41
94	811	811	ALBERTO CAMPOS	V4	C.f. "os Belenenses"	112	0:19:15	102	0:01:23	74	0:31:44	116	0:01:07	77	0:20:49	1:14:18	0:16:53

Jun-12 (kin)
 @Scribble-Lab
 355600

Federação de Triatlo de Portugal

Natação										Ciclismo										Corrida	
LG	Draj	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	T-1	Pos	Tempo	T-2	Pos	Tempo	Total	Diff					
85	288		HUGO ROCHA		SUB2	C.f. 'os Belenenses'	29	0:13:39	113	0:01:29	130	0:37:55	79	0:00:50	75	0:20:42	1:14:35	0:17:10			
86	538	538	MARIA JOÃO MADEIRA		SEN	C.f. 'os Belenenses'	49	0:14:51	55	0:00:56	114	0:34:52	80	0:00:50	114	0:23:18	1:14:47	0:17:22			
87	501	501	NUNO RAIMUNDO		SEN	Cefa	106	0:18:52	101	0:01:23	86	0:32:14	88	0:00:52	87	0:21:27	1:14:48	0:17:23			
88	645	645	JOÃO LOURENÇO		SEN	C.s.r.d. Ota	118	0:19:42	124	0:01:37	86	0:32:03	38	0:00:40	84	0:21:10	1:15:12	0:17:47			
89	528	528	SÉRGIO RODRIGUES		SEN	Papa-légua De Assafora	114	0:19:24	64	0:01:00	77	0:31:46	49	0:00:42	99	0:22:25	1:15:17	0:17:52			
100	562	562	PAULO VIEIRA		SEN	Assoc. Femiao Mendes Pinto	116	0:19:27	82	0:01:08	80	0:31:52	97	0:00:55	96	0:22:07	1:15:29	0:18:04			
101	771	771	JOAQUIM AVELAR		V1	S.l.m.e.cruz-quebradense	100	0:18:32	61	0:01:00	100	0:32:59	112	0:01:05	94	0:21:53	1:15:29	0:18:04			
102	457	457	NUNO ALMEIDA		SEN	A.d.c.r. Painho	117	0:19:38	104	0:01:24	93	0:32:31	91	0:00:52	86	0:21:26	1:15:51	0:18:26			
103	284	284	CATARINA JERÓNIMO		SUB2	Casa Benfica Faro	59	0:15:21	71	0:01:05	124	0:36:53	27	0:00:38	108	0:23:00	1:16:57	0:19:32			
104	651	651	JOÃO SERÓDIO		SEN	Individual	120	0:19:49	90	0:01:14	94	0:32:33	107	0:01:01	97	0:22:22	1:16:59	0:19:34			
105	549	549	ÓSCAR OLIVEIRA		SEN	Greas - Vagos	131	0:22:13	112	0:01:27	92	0:32:28	103	0:00:57	63	0:20:10	1:17:15	0:19:50			
106	627	627	PAULO TELES		SEN	Individual	119	0:19:44	37	0:00:49	98	0:32:55	75	0:00:49	109	0:23:02	1:17:19	0:19:54			
107	647	647	LUIS PARRINHA		SEN	C.s.r.d. Ota	127	0:21:38	133	0:02:04	99	0:32:55	63	0:00:46	67	0:20:26	1:17:49	0:20:24			
108	525	525	LEONOR CALAIM		SEN	Abv Estoris	65	0:15:43	93	0:01:16	105	0:34:03	119	0:01:14	131	0:25:54	1:18:10	0:20:45			
109	318	318	PEDRO PEREIRA		SUB2	Ovarense	125	0:20:57	79	0:01:08	107	0:34:04	73	0:00:48	90	0:21:35	1:18:32	0:21:07			
110	455	455	CARLOS QUEIROZ		SEN	A.d.c.r. Painho	91	0:17:43	130	0:01:44	125	0:36:55	46	0:00:42	88	0:21:30	1:18:34	0:21:09			
111	400	400	PEDRO FORTES		JUN	Ateneu Artístico Carfaxense	63	0:15:28	108	0:01:25	110	0:34:46	133	0:01:37	129	0:25:20	1:18:36	0:21:11			
112	820	820	JOSÉ ESPINHEIRA GOMES		V4	S.l.m.e.cruz-quebradense	124	0:20:26	123	0:01:36	108	0:34:14	123	0:01:18	91	0:21:35	1:19:09	0:21:44			
113	378	387	JOANA NEVES		JUN	C.f. 'os Belenenses'	101	0:18:40	120	0:01:34	113	0:34:50	96	0:00:54	113	0:23:18	1:19:16	0:21:51			
114	751	751	JOSÉ PEIXOTO		V2	A.d.c.r. Painho	133	0:23:25	88	0:01:11	103	0:33:44	106	0:00:59	64	0:20:18	1:19:37	0:22:12			
115	638	638	PAULO CALIXTO		SEN	Ateneu Artístico Carfaxense	135	0:23:51	46	0:00:51	104	0:33:51	90	0:00:52	65	0:20:20	1:19:45	0:22:20			
116	794	794	ANTÓNIO MOREIRA		V2	Individual	111	0:19:10	52	0:00:54	120	0:36:17	69	0:00:48	101	0:22:37	1:19:46	0:22:21			
117	618	618	CÉSAR GOVERNO		SEN	Papa-légua De Assafora	104	0:18:46	85	0:01:09	97	0:32:48	118	0:01:13	132	0:26:00	1:19:58	0:22:31			
118	780	780	CARLOS SUZANA		V1	Aegistónico-ipodec	132	0:22:26	98	0:01:19	96	0:32:35	111	0:01:04	104	0:22:49	1:20:13	0:22:48			
119	302	302	GONÇALO PINTO		SUB2	Sport União Colarensis	58	0:15:09	73	0:01:05	131	0:38:17	124	0:01:19	121	0:24:25	1:20:15	0:22:50			
120	484	484	PAULO LEOTE		SEN	Codiv fixa	110	0:19:05	109	0:01:27	129	0:37:50	115	0:01:07	80	0:20:54	1:20:23	0:22:58			
121	404	253	NUNO CHAINHO		JUN	Oa Kotas Bike Team	115	0:19:27	138	0:02:37	111	0:34:47	117	0:01:08	112	0:23:11	1:21:10	0:23:45			
122	752	752	RENATO INÁCIO		V1	A.d.c.r. Painho	138	0:25:23	99	0:01:21	95	0:32:35	125	0:01:20	74	0:20:40	1:21:19	0:23:54			
123	530	530	RICARDO NUNES		SEN	Abv Estoris	121	0:20:09	105	0:01:25	109	0:34:37	101	0:00:57	122	0:24:30	1:21:38	0:24:13			
124	772	772	MÁRIO RAMOS		V1	Udr Casalense	96	0:18:26	131	0:01:48	128	0:37:31	114	0:01:06	107	0:22:57	1:21:48	0:24:23			
125	808	808	ALÍCIA MONIZ		V2	C.f. 'os Belenenses'	113	0:19:15	74	0:01:05	117	0:35:43	92	0:00:52	128	0:25:07	1:22:02	0:24:37			
126	796	796	ANTÓNIO SANTOS		V2	Borealis	84	0:17:08	129	0:01:43	126	0:37:14	131	0:01:32	124	0:24:49	1:22:26	0:25:01			
127	765	765	FRANCISCO BEXIGA		V2	Cefa	90	0:17:42	119	0:01:34	127	0:37:27	126	0:01:21	125	0:24:59	1:23:03	0:25:38			
128	276	279	GONÇALO JACINTO		SUB2	Ateneu Artístico Carfaxense	75	0:16:29	92	0:01:14	136	0:40:00	121	0:01:17	123	0:24:36	1:23:36	0:26:11			
129	816	816	MÁRIO MELO		V3	Ferrovário	88	0:17:17	100	0:01:21	132	0:38:19	128	0:01:26	130	0:25:21	1:23:44	0:26:19			

Médias:

0:16:38

0:01:08

0:32:12

0:00:52

0:22:35

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Federação de Triatlo de Portugal

Temporizador: 19:00:00		Natação				Ciclismo				Corrida								
LG	Dref	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff
130	528	528	SÉRGIO OLIVEIRA		SEN	Abv Estoril	128	0:21:42	75	0:01:06	119	0:36:14	119	0:00:52	120	0:24:14	1:24:08	0:26:43
131	851	851	AMÉRICO GASPAR		V1	C.s.r.d. Ota	140	0:28:29	80	0:01:08	83	0:32:00	95	0:00:54	103	0:22:49	1:26:20	0:27:55
132	798	798	LUIS FILIPE SILVA		V2	Udr. Casalenise	137	0:24:43	117	0:01:33	112	0:34:47	110	0:01:02	115	0:23:18	1:26:23	0:27:58
133	550	550	CÉSAR OLIVEIRA		SEN	Grecas - Vagos	129	0:21:48	118	0:01:33	123	0:36:51	120	0:01:15	133	0:26:03	1:27:30	0:30:05
134	801	801	LUIS RAMOS		V2	C.f. "os Belenenses"	136	0:24:05	110	0:01:27	116	0:35:33	129	0:01:27	127	0:25:07	1:27:39	0:30:14
135	830	830	JOÃO BRANCO		V4	C.f. "os Belenenses"	130	0:22:12	111	0:01:27	118	0:36:08	85	0:00:51	135	0:27:01	1:27:39	0:30:14
136	290	290	MARIA CECÍLIA FRANCO		SUB2	C.f. "os Belenenses"	122	0:20:14	136	0:02:24	133	0:38:36	135	0:01:48	134	0:26:46	1:29:48	0:32:23
137	288		VERA CORREIA		SUB2	C.f. "os Belenenses"									142	1:31:26	1:31:28	0:34:01
138	870		IVONE FERREIRA		SEN	Individual	94	0:18:09	134	0:02:09	139	0:48:21	66	0:00:47	117	0:23:41	1:33:07	0:35:42
139	841		MARIA JOÃO MARTINS		V1	Aegistécnico-Ipodec	134	0:23:49	132	0:01:52	135	0:39:19	136	0:01:49	137	0:28:03	1:34:52	0:37:27
140	786	786	LUIS LIMA		V2	Ovarense	141	0:29:00	135	0:02:17	134	0:38:55	137	0:02:14	119	0:24:02	1:36:28	0:39:03
141	875	875	SÓNIA MARQUES		SEN	C.f. "os Belenenses"	107	0:18:56	137	0:02:31	138	0:47:17	105	0:00:59	136	0:28:00	1:37:43	0:40:18
142	828	828	FERNANDO INÁCIO		V5	Abv Estoril	139	0:27:54	126	0:01:39	137	0:42:20	132	0:01:35	126	0:25:07	1:38:35	0:41:10
143	483	483	CLÁUDIO RIBEIRO	DNF	SEN	Casa Benfica Faro	123	0:20:16			121	0:36:35						
144	852	852	CHRISTIAN BAYON	DNF	V2	C.f. "os Belenenses"	98	0:18:28	60	0:01:00	122	0:36:49						
145	295	295	SÉRGIO MARQUES	DNF	SUB2	Aegistécnico-Ipodec	37	0:14:06										
146	318	318	PEDRO PEREIRA	DNF	SUB2	Ovarense	126	0:20:57										
147	828	828	VITOR REAL	DNS	V5	Abv Estoril												
148	888	888	RUTE COSTA	DNS	SEN	Casa Benfica Faro												
149	282	282	HUGO FORTUNA	DNS	SUB2	Avalanchet/air James												
150	547	547	JOSÉ ANTUNES	DNS	SEN	Individual												
151	546	546	LUIS ANTUNES	DNS	SEN	Individual												
152	785	721	JOSÉ REIS	DNS	V1	Ovarense												
153	320	596	LUIS SANTOS	DNS	SUB2	Casa Benfica Faro												
154	846	846	MANUEL BATISTA	DNS	SEN	C.s.r.d. Ota												
155	654	654	PEDRO MONTEIRO	DNS	SEN	C.f. "os Belenenses"												
156	828	828	RUI MELO	DNS	SEN	Sport União Colarensis												
157	280	280	JOÃO JACINTO	DNS	SUB2	Ateneu Artístico Cartaxense												
158	314	314	CARLA RIBEIRO	DNS	SUB2	C.n. Cartaxo												
159	381	381	RITA RIBEIRO	DNS	JUN	C.n. Cartaxo												
160	805		CATARINA NEVES	DNS	SEN	C.n. Cartaxo												
161	860	860	SÉRGIO ANDRÉ	DNS	SEN	C.n. Cartaxo												
162	453	453	SERGIY DAKHNOVSKY	DNS	SEN	A.d.c.r. Pailho												

Handicaps
 P = Cui's b/w/b/y
 35 H00

Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE: OEIRAS	DISTANCIA (MT); (MT); (KM); (MT): 750/20/10
Data: 08-06-2003	HORA DE COMEÇO: 10:30

INFO

DELEGADO TÉCNICO: JOÃO PINHO	JUIZ PRINCIPAL: CRISTINA LOPES
PONTUAVÉL PARA:	JURI DE APELO:

Informação

V5 Masculinos

Natação		Ciclismo				Corrida											
LG	Drs/Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	T-2	Pos	Tempo	Total	Diff		
142	828	FERNANDO INÁCIO		V5	Abv Estorils	139	0:27:54	126	0:01:39	137	0:42:20	132	0:01:35	126	0:25:07	1:38:35	0:41:10
147	828	VITOR REAL	DNS	V5	Abv Estorils												

V4 Masculinos

Natação		Ciclismo				Corrida											
LG	Drs/Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	T-2	Pos	Tempo	Total	Diff		
94	811	ALBERTO CAMPOS		V4	C.f. "os Belenenses"	112	0:19:15	102	0:01:23	74	0:31:44	116	0:01:07	77	0:20:49	1:14:18	0:16:53
112	820	JOSÉ ESPINHEIRA GOMEZ		V4	S.L.M. e cruz-quebradense	124	0:20:26	123	0:01:36	108	0:34:14	123	0:01:18	91	0:21:35	1:19:09	0:21:44
135	830	JOÃO BRANCO		V4	C.f. "os Belenenses"	130	0:22:12	111	0:01:27	118	0:36:08	85	0:00:51	135	0:27:01	1:27:39	0:30:14

V3 Masculinos

Natação		Ciclismo				Corrida											
LG	Drs/Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	T-2	Pos	Tempo	Total	Diff		
128	816	MÁRIO MELO		V3	Ferrovário	88	0:17:17	100	0:01:21	132	0:38:19	128	0:01:26	130	0:25:21	1:23:44	0:28:19

João Pinho - J.P.
N.º Cris. Pinho - Lopes
251400

ESCALÕES
CAMPEONATO

Federação de Triatlo de Portugal

Handwritten notes: "18.11.2014", "C. de Coimbra", "57A00"

V2 Masculinos

Natação		Ciclismo										Corrida						
LG	Drei	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff
57	754	754	FERNANDO PIRES		V2	Casa Benfca Faro	102	0:18:43	66	0:01:02	49	0:30:10	7	0:00:33	18	0:17:46	1:08:14	0:10:49
58	753	753	JOÃO RITA		V2	Casa Benfca Faro	79	0:16:39	53	0:00:54	44	0:29:55	89	0:00:52	61	0:20:05	1:08:25	0:11:00
69	788	788	OLÍMPIO GUEDELHA		V2	Ccdlv. Fira	71	0:16:11	128	0:01:40	65	0:31:20	56	0:00:45	58	0:19:39	1:09:35	0:12:10
73	782	782	JOSÉ VARELA		V2	Casa Benfca Faro	93	0:17:56	94	0:01:16	57	0:30:54	19	0:00:36	46	0:19:11	1:09:53	0:12:28
81	783		JOAQUIM RUELA		V2	Aegistónico-iodec	80	0:16:40	69	0:01:04	71	0:31:28	130	0:01:29	110	0:23:05	1:13:46	0:16:21
83	808	808	JOSÉ LUÍS NUNES		V2	Papa-léguas De Assafora	89	0:17:25	95	0:01:16	72	0:31:30	108	0:01:01	106	0:22:54	1:14:06	0:16:41
114	751	751	JOSÉ PEIXOTO		V2	A.d.c.r. Palinho	133	0:23:25	88	0:01:11	103	0:33:44	106	0:00:59	64	0:20:18	1:19:37	0:22:12
116	784	784	ANTÓNIO MOREIRA		V2	Individual	111	0:19:10	52	0:00:54	120	0:36:17	69	0:00:48	101	0:22:37	1:19:46	0:22:21
126	786	786	ANTÓNIO SANTOS		V2	Borealis	84	0:17:08	129	0:01:43	126	0:37:14	131	0:01:32	124	0:24:49	1:22:26	0:25:01
127	785	785	FRANCISCO BEXIGA		V2	Cefa	90	0:17:42	119	0:01:34	127	0:37:27	126	0:01:21	125	0:24:59	1:23:03	0:25:38
132	789	789	LUÍS FILIPE SILVA		V2	Udr Casalense	137	0:24:43	117	0:01:33	112	0:34:47	110	0:01:02	115	0:23:18	1:25:23	0:27:58
134	801	801	LUÍS RAMOS		V2	C.f. "os Belenenses"	136	0:24:05	110	0:01:27	116	0:35:33	129	0:01:27	127	0:25:07	1:27:39	0:30:14
140	788	788	LUIS LIMA		V2	Ovarense	141	0:29:00	135	0:02:17	134	0:38:55	137	0:02:14	119	0:24:02	1:36:28	0:39:03
144	852	852	CHRISTIAN BAYON	DNF	V2	C.f. "os Belenenses"	98	0:18:28	60	0:01:00	122	0:36:49						

V2 Femininos

Natação		Ciclismo										Corrida						
LG	Drei	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff
126	808	808	ALÍCIA MONIZ		V2	C.f. "os Belenenses"	113	0:19:15	74	0:01:05	117	0:35:43	92	0:00:52	128	0:25:07	1:22:02	0:24:37

V1 Masculinos

Natação		Ciclismo										Corrida						
LG	Drei	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff
22	764	764	ANTÓNIO HORTA		V1	Cefa	41	0:14:13	39	0:00:49	19	0:28:50	10	0:00:33	15	0:17:39	1:02:04	0:04:39
23	763		FERNANDO CORREIA		V1	Udo - União Desportiva Oeste	40	0:14:11	56	0:00:56	18	0:28:44	31	0:00:38	16	0:17:40	1:02:09	0:04:44
							Médias:	0:16:38		0:01:06		0:32:12		0:00:52		0:22:35		

Federação de Triatlo de Portugal

Quilómetros - 100
 N.º de Ciclistas - 100

38	759	ARMINDO CORREIA	V1	Borealis	47	0:14:42	42	0:00:50	10	0:28:25	53	0:00:44	50	0:19:22	1:04:03	0:06:38
38	868	JOSÉ SALGUEIRO	V1	Avianche/str. Janes	66	0:15:48	26	0:00:40	17	0:28:42	62	0:00:46	44	0:19:08	1:05:04	0:07:39
40	768	CARLOS GOMES	V1	S.i.m.e.cruz-quebradense	78	0:16:36	65	0:01:01	33	0:29:32	3	0:00:30	13	0:17:33	1:05:12	0:07:47
42	774	JOSÉ GUILHERME OLIVEIRA	V1	Abv Estoril	50	0:14:53	33	0:00:47	7	0:28:15	122	0:01:18	70	0:20:33	1:05:46	0:08:21
50	756	JOÃO PEREIRA	V1	Aegistónico-Ipodéc	57	0:15:06	62	0:01:00	66	0:31:21	68	0:00:47	33	0:18:43	1:06:57	0:09:32
52	775	JOÃO SANTOS	V1	Abv Estoril	45	0:14:41	32	0:00:46	51	0:30:29	5	0:00:31	71	0:20:35	1:07:02	0:09:37
54	762	ANTÓNIO MOURA	V1	Udo - União Desportiva Oeste	55	0:15:00	70	0:01:04	62	0:31:07	2	0:00:29	56	0:19:32	1:07:12	0:09:47
56	758	ARTUR PARREIRA	V1	A.b.v.colares - Delta Cetés	64	0:15:30	49	0:00:52	69	0:31:26	23	0:00:37	57	0:19:37	1:08:02	0:10:37
60	755	JOÃO GOMES	V1	Aegistónico-Ipodéc	30	0:13:46	50	0:00:52	50	0:30:12	100	0:00:56	105	0:22:51	1:08:37	0:11:12
61	844	PAULO RIBEIRO	V1	Udo - União Desportiva Oeste	62	0:15:27	36	0:00:48	61	0:31:07	93	0:00:52	72	0:20:37	1:08:51	0:11:26
63	773	HENRIQUE FREIRE	V1	Udr Casalense	70	0:16:07	38	0:00:49	58	0:31:00	47	0:00:42	66	0:20:20	1:08:58	0:11:33
75	770	MANUEL GONÇALVES	V1	Papa-léguas De Assafora	86	0:17:15	84	0:01:09	75	0:31:44	54	0:00:44	45	0:19:10	1:10:02	0:12:37
81	854	AMÂNDIO CAETANO	V1	A.d.c.r. Palinho	95	0:18:21	68	0:01:04	55	0:30:42	77	0:00:49	59	0:19:55	1:10:51	0:13:26
88	761	ZEFERINO ELOY	V1	C.d. Asas Do Milénium	92	0:17:47	83	0:01:09	64	0:31:19	76	0:00:49	95	0:21:57	1:13:01	0:15:36
89	845	JOSÉ MANUEL SILVA	V1	Ovarense	108	0:18:58	96	0:01:18	87	0:32:08	134	0:01:45	47	0:19:12	1:13:21	0:15:56
92	789	ANTÓNIO NEVES	V1	C.f. "os Belenenses"	103	0:18:45	125	0:01:37	84	0:32:00	102	0:00:57	73	0:20:38	1:13:57	0:16:32
101	771	JOAQUIM AVELAR	V1	S.i.m.e.cruz-quebradense	100	0:18:32	61	0:01:00	100	0:32:59	112	0:01:05	94	0:21:53	1:15:29	0:18:04
118	780	CARLOS SUZANA	V1	Aegistónico-Ipodéc	132	0:22:26	98	0:01:19	96	0:32:35	111	0:01:04	104	0:22:48	1:20:13	0:22:48
122	752	RENATO INÁCIO	V1	A.d.c.r. Palinho	138	0:25:23	99	0:01:21	95	0:32:35	125	0:01:20	74	0:20:40	1:21:19	0:23:54
124	772	MÁRIO RAMOS	V1	Udr Casalense	96	0:18:26	131	0:01:48	128	0:37:31	114	0:01:06	107	0:22:57	1:21:48	0:24:23
131	851	AMÉRICO GASPAR	V1	C.s.r.d. Ota	140	0:28:29	80	0:01:08	83	0:32:00	95	0:00:54	103	0:22:49	1:25:20	0:27:55
152	785	JOSÉ REIS	DNS	Ovarense												

V1 Femininos

Natação		Ciclismo										Corrida					
LG	Dreal Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff
139	841	MARIA JOÃO MARTINS		V1	Aegistónico-Ipodéc	134	0:23:49	132	0:01:52	135	0:38:19	136	0:01:49	137	0:28:03	1:34:52	0:37:27

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RESULTADOS

Federação de Triatlo de Portugal

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15400

SUB23 Masculinos

Natação										Ciclismo										Corrida		
LG	DrsL	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff				
1	285	285	DUARTE MARQUES		SUB2	Sr Camamal-const.ramalho Couto-Ika	1	0:10:34	12	0:00:33	21	0:28:58	25	0:00:37	4	0:16:43	0:57:25	0:00:00				
4	288	288	ANDRÉ CAMPOS		SUB2	Registístico-Ipodec	2	0:10:58	14	0:00:35	45	0:29:55	11	0:00:34	5	0:16:51	0:58:53	0:01:28				
6	283	283	MANUEL JÚLIO		SUB2	S.I.M.e.cruz-quebradense	18	0:12:46	1	0:00:27	5	0:28:13	16	0:00:35	7	0:17:06	0:59:07	0:01:42				
9	289	289	RAFAEL GOMES		SUB2	Sport União Colarense	14	0:11:37	11	0:00:33	28	0:29:18	22	0:00:37	12	0:17:28	0:59:33	0:02:08				
13	286	286	MÁRIO RAIMUNDO		SUB2	Registístico-Ipodec	10	0:11:19	4	0:00:30	38	0:29:37	48	0:00:42	28	0:18:17	1:00:25	0:03:00				
15	286	286	SÉRGIO MANUEL SILVA		SUB2	Sr Camamal-const.ramalho Couto-Ika	68	0:15:51	19	0:00:37	1	0:27:13	4	0:00:30	2	0:16:24	1:00:35	0:03:10				
17	310	310	GUSTAVO CAPÃO		SUB2	Greccas - Vagos	17	0:12:33	31	0:00:43	8	0:28:21	39	0:00:40	38	0:18:59	1:01:16	0:03:51				
29	321	321	JOÃO CAVALEIRO		SUB2	C.f."os Belenenses"	8	0:11:07	47	0:00:52	81	0:31:55	50	0:00:43	34	0:18:44	1:03:21	0:05:56				
39	322	322	MANUEL COUTINHO		SUB2	Registístico-Ipodec									139	1:05:09	1:05:09	0:07:44				
65	300		NUNO SILVA		SUB2	Sport União Colarense	31	0:13:47	29	0:00:43	70	0:31:27	86	0:00:51	100	0:22:31	1:09:19	0:11:54				
71	317	317	NUNO CRUZ		SUB2	C.f."os Belenenses"	99	0:18:30	58	0:01:00	53	0:30:28	58	0:00:45	43	0:19:07	1:09:51	0:12:26				
82	301		TIAGO COCHICHO		SUB2	Sport União Colarense									141	1:10:54	1:10:54	0:13:29				
95	288		HUGO ROCHA		SUB2	C.f."os Belenenses"	29	0:13:39	113	0:01:29	130	0:37:55	79	0:00:50	75	0:20:42	1:14:35	0:17:10				
109	318	318	PEDRO PEREIRA		SUB2	Ovarense	125	0:20:57	79	0:01:08	107	0:34:04	73	0:00:48	90	0:21:35	1:18:32	0:21:07				
119	302		GONÇALO PINTO		SUB2	Sport União Colarense	58	0:15:09	73	0:01:05	131	0:38:17	124	0:01:19	121	0:24:25	1:20:15	0:22:50				
128	278	278	GONÇALO JACINTO		SUB2	Ateneu Artistico Cartaxense	75	0:16:29	92	0:01:14	136	0:40:00	121	0:01:17	123	0:24:36	1:23:36	0:26:11				
145	285	285	SÉRGIO MARQUES	DNF	SUB2	Registístico-Ipodec	37	0:14:06														
148	318	318	PEDRO PEREIRA	DNF	SUB2	Ovarense	126	0:20:57														
148	282	282	HUGO FORTUNA	DNS	SUB2	Avalanche/sr. Janes																
153	320	508	LUIS SANTOS	DNS	SUB2	Casa Benfica Faro																
157	280	280	JOÃO JACINTO	DNS	SUB2	Ateneu Artistico Cartaxense																

SUB23 Femininos

Natação										Ciclismo										Corrida		
LG	DrsL	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff				
79	308	308	JOANA GUERRA		SUB2	C.f."os Belenenses"	12	0:11:29	3	0:00:30	106	0:34:03	45	0:00:42	118	0:23:47	1:10:31	0:13:06				

Médias: 0:16:38 0:01:08 0:32:12 0:00:52 0:22:35

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RESULTADOS

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103	284	CATARINA JERÓNIMO	SUB2	Casa Benfica Faro	59	0:15:21	71	0:01:05	124	0:36:53	27	0:00:38	108	0:23:00	1:16:57	0:19:32
136	280	MARIA CECÍLIA FRANCO	SUB2	C.f. "os Belenenses"	122	0:20:14	136	0:02:24	133	0:38:36	135	0:01:48	134	0:26:46	1:29:48	0:32:23
137	289	VERA CORREIA	SUB2	C.f. "os Belenenses"									142	1:31:26	1:31:26	0:34:01
158	314	CARLA RIBEIRO	DNS	C.n. Cartaxo												

SEN Masculinos

N.º		Nome		Equipa		ESC		PEN		Pos		T-1		Pos		T-2		Pos		Total		Diff	
LG	Dst	Lic	Nome	ESC	Equipa	Pos	N.º	Pos	T-1	Pos	T-2	Pos	T-1	Pos	T-2	Pos	Total	Diff					
2	481	481	GUSTAVO HACHMEISTER	SEN	Sr Camamal-const.ramalho Couib-ika	7	0:11:04	6	0:00:31	13	0:28:33	12	0:00:34	10	0:17:21	0:58:03	0:00:38						
3	486	486	LINO BARRUNCHO	SEN	Avalanche/sr Janes	24	0:13:05	16	0:00:37	3	0:27:47	8	0:00:33	1	0:16:14	0:58:16	0:00:51						
12	488	488	NUÑO NEVES	SEN	Avalanche/sr Janes	16	0:12:14	24	0:00:39	15	0:28:37	21	0:00:37	25	0:17:58	1:00:05	0:02:40						
16	505	505	JOSÉ MÁRIO RIBEIRO	SEN	Sr Camamal-const.ramalho Couib-ika	67	0:15:49	21	0:00:38	2	0:27:16	1	0:00:27	3	0:16:35	1:00:45	0:03:20						
18	566	566	PAULO ANTUNES	SEN	C.f. "os Belenenses"	4	0:11:03	18	0:00:37	42	0:29:53	33	0:00:39	52	0:19:24	1:01:36	0:04:11						
19	592	592	RUI RODRIGUES	SEN	Udo - União Desportiva Oeste	25	0:13:05	41	0:00:49	38	0:29:46	55	0:00:44	14	0:17:35	1:01:59	0:04:34						
20	597		NEIL VASA	SEN	Udr Casalense	44	0:14:25	57	0:00:59	12	0:28:31	41	0:00:41	11	0:17:24	1:02:00	0:04:35						
21	490	490	MARCO SOUSA	SEN	Avalanche/sr Janes	27	0:13:29	28	0:00:43	32	0:29:27	44	0:00:42	17	0:17:41	1:02:02	0:04:37						
24	495	495	LUIS DUARTE	SEN	Udo - União Desportiva Oeste	43	0:14:21	15	0:00:36	20	0:28:50	30	0:00:38	27	0:18:00	1:02:25	0:05:00						
25	479		HÉLDER MILHEIRAS	SEN	Aegistónico-Ipodec	48	0:14:48	30	0:00:43	9	0:28:22	29	0:00:38	26	0:17:58	1:02:29	0:05:04						
26	623	623	LUIS LOPES	SEN	Casa Do Benfica No Fundão	32	0:13:58	27	0:00:41	31	0:29:26	78	0:00:49	24	0:17:54	1:02:48	0:05:23						
27	579		DUARTE BARRETO	SEN	C.n. Cartaxo	39	0:14:09	9	0:00:32	24	0:29:08	17	0:00:35	30	0:18:33	1:02:57	0:05:32						
30	564	564	CRISTIANO ANDRADE	SEN	Assoc. Fermão Mendes Pinto	23	0:13:03	48	0:00:52	43	0:29:53	28	0:00:38	41	0:19:04	1:03:30	0:06:05						
31	550		ALEXANDRE VENTURA	SEN	C.n. Cartaxo	26	0:13:26	43	0:00:50	29	0:29:20	34	0:00:39	49	0:19:18	1:03:33	0:06:08						
32	506	506	PEDRO PINHEIRO	SEN	Udo - União Desportiva Oeste	77	0:16:34	23	0:00:38	4	0:27:55	65	0:00:46	22	0:17:48	1:03:41	0:06:16						
35	594	594	HUGO RIBEIRO	SEN	Aegistónico-Ipodec	51	0:14:54	34	0:00:47	6	0:28:14	35	0:00:39	55	0:19:28	1:04:02	0:06:37						
41	613	613	PAULO LAMEGO	SEN	C.f. "os Belenenses"	76	0:16:30	59	0:01:00	35	0:29:37	15	0:00:35	21	0:17:48	1:05:30	0:08:05						
43	658	524	MIGUEL PALMA	SEN	Abv Estoril	42	0:14:19	51	0:00:53	16	0:28:39	72	0:00:48	83	0:21:07	1:05:46	0:08:21						
44	669	625	PAULO PEREIRA	SEN	Abv Estoril	36	0:14:03	54	0:00:55	22	0:29:05	70	0:00:48	81	0:20:56	1:05:47	0:08:22						
46	513	1150	PAULO GONÇALVES	SEN	S.l.m.e cruz-quebradense	83	0:17:07	122	0:01:36	14	0:28:34	127	0:01:22	19	0:17:46	1:06:25	0:09:00						
47	475	475	SÉRGIO DIAS	SEN	Aegistónico-Ipodec	67	0:17:16	35	0:00:48	25	0:29:12	42	0:00:41	32	0:18:40	1:06:37	0:09:12						
49	466	466	CARLOS MATOS	SEN	Casa Benfica Faro	69	0:15:59	20	0:00:38	54	0:30:38	36	0:00:40	39	0:19:00	1:06:55	0:09:30						
51	621	621	RUI SOUSA	SEN	C.d. Asas Do Milénium	53	0:14:58	91	0:01:14	63	0:31:14	37	0:00:40	36	0:18:55	1:07:01	0:09:36						
53	451	451	PAULO PRIETO	SEN	A.d.c.r. Painho	82	0:17:04	44	0:00:50	27	0:29:15	24	0:00:37	51	0:19:23	1:07:09	0:09:44						

Médias: 0:16:38 0:01:08 0:32:12 0:00:52 0:22:35

D.º: 0:22:35

Juiz: Alexandre
 P.º: Ricardo
 25/06

Federação de Triatlo de Portugal

Luiz Brasil
 Triatlo de Portugal
 25/10/00

55	488	ANTÓNIO ERVEIDEIRA	SEN	Udo - União Desportiva Oeste	72	0:16:13	40	0:00:49	48	0:30:07	40	0:00:40	62	0:20:06	1:07:55	0:10:30
58	485	PAULO SILVA	SEN	Casa Benfica Faro	85	0:17:14	67	0:01:04	37	0:29:41	6	0:00:31	60	0:19:56	1:08:26	0:11:01
82	540	PEDRO GASPAS	SEN	Udr Cassilense	46	0:14:41	115	0:01:32	60	0:31:07	83	0:00:50	76	0:20:43	1:08:53	0:11:28
84	631	PEDRO SANTOS	SEN	Cefa	35	0:14:02	106	0:01:25	82	0:31:58	60	0:00:46	79	0:20:51	1:09:02	0:11:37
86	485	BRUNO SILVA	SEN	Ccdv/xira	81	0:16:53	76	0:01:07	59	0:31:03	109	0:01:02	48	0:19:16	1:09:21	0:11:56
88	842	ANTÓNIO CARITA	SEN	C.d. Asas Do Milénium	52	0:14:56	114	0:01:30	73	0:31:38	99	0:00:56	69	0:20:30	1:09:30	0:12:05
70	820	DIOGO ALMEIDA	SEN	C.f. "os Belenenses"	34	0:14:00	81	0:01:08	58	0:30:50	113	0:01:06	102	0:22:46	1:09:50	0:12:25
72	534	JOSÉ ABRANTES	SEN	C.d. Asas Do Milénium	74	0:16:29	116	0:01:33	85	0:32:03	57	0:00:45	40	0:19:02	1:09:52	0:12:27
74	544	ANTÓNIO COSTA	SEN	C.d. Asas Do Milénium	105	0:18:47	87	0:01:11	47	0:30:06	61	0:00:46	42	0:19:06	1:09:56	0:12:31
76	537	JOSÉ NEVES	SEN	C.f. "os Belenenses"									140	1:10:06	1:10:06	0:12:41
77	611	BRUNO SALVADOR	SEN	C.f. "os Belenenses"	28	0:13:36	72	0:01:05	101	0:33:09	51	0:00:43	89	0:21:33	1:10:06	0:12:41
78	635	CLÁUDIO NOGUEIRA	SEN	Clube Ferroviário De Vendas Novas	73	0:16:20	97	0:01:19	68	0:31:24	104	0:00:58	68	0:20:30	1:10:31	0:13:06
80	585	PAULO CODINHA	SEN	C.f. "os Belenenses"	54	0:14:58	78	0:01:07	79	0:31:51	81	0:00:50	93	0:21:50	1:10:36	0:13:11
83	828	FERNANDO CARMO	SEN	C.f. "os Belenenses"	97	0:18:27	121	0:01:35	67	0:31:23	82	0:00:50	35	0:18:49	1:11:04	0:13:39
84	887	DANNY SILVA	SEN	Individual	56	0:15:01	86	0:01:10	78	0:31:49	71	0:00:48	98	0:22:23	1:11:11	0:13:46
85	563	PAULO CATARINO	SEN	Assoc. Farnão Mendes Pinto	61	0:15:26	107	0:01:25	102	0:33:19	59	0:00:45	78	0:20:49	1:11:44	0:14:19
86	519	CARLOS ROCHA	SEN	Papa-léguas De Assafora	109	0:18:59	63	0:01:00	90	0:32:17	43	0:00:41	37	0:18:55	1:11:52	0:14:27
87	882	ALEXANDRE FELIZ	SEN	A.d.c.r. Palinho	60	0:15:24	127	0:01:39	89	0:32:15	98	0:00:55	92	0:21:49	1:12:02	0:14:37
87	501	NUNO RAIMUNDO	SEN	Cefa	106	0:18:52	101	0:01:23	88	0:32:14	88	0:00:52	87	0:21:27	1:14:48	0:17:23
88	845	JOÃO LOURENÇO	SEN	C.s.r.d. Ota	118	0:19:42	124	0:01:37	86	0:32:03	38	0:00:40	84	0:21:10	1:15:12	0:17:47
89	528	SÉRGIO RODRIGUES	SEN	Papa-léguas De Assafora	114	0:19:24	64	0:01:00	77	0:31:46	49	0:00:42	99	0:22:25	1:15:17	0:17:52
100	562	PAULO VIEIRA	SEN	Assoc. Farnão Mendes Pinto	116	0:19:27	82	0:01:08	80	0:31:52	97	0:00:55	96	0:22:07	1:15:29	0:18:04
102	457	NUNO ALMEIDA	SEN	A.d.c.r. Palinho	117	0:19:38	104	0:01:24	93	0:32:31	91	0:00:52	86	0:21:26	1:15:51	0:18:26
104	851	JOÃO SERÓDIO	SEN	Individual	120	0:19:49	90	0:01:14	94	0:32:33	107	0:01:01	97	0:22:22	1:16:59	0:19:34
105	549	ÓSCAR OLIVEIRA	SEN	Greças - Vagos	131	0:22:13	112	0:01:27	92	0:32:28	103	0:00:57	63	0:20:10	1:17:15	0:19:50
108	827	PAULO TELES	SEN	Individual	119	0:19:44	37	0:00:49	98	0:32:55	75	0:00:49	109	0:23:02	1:17:19	0:19:54
107	847	LUIS PARRINHA	SEN	C.s.r.d. Ota	127	0:21:38	133	0:02:04	99	0:32:55	63	0:00:46	67	0:20:26	1:17:49	0:20:24
110	455	CARLOS QUEIROZ	SEN	A.d.c.r. Palinho	91	0:17:43	130	0:01:44	125	0:36:55	46	0:00:42	88	0:21:30	1:18:34	0:21:09
115	838	PAULO CALIXTO	SEN	Ateneu Artístico Cartaxense	135	0:23:51	46	0:00:51	104	0:33:51	90	0:00:52	65	0:20:20	1:19:45	0:22:20
117	818	CÉSAR GOVERNO	SEN	Papa-léguas De Assafora	104	0:18:46	85	0:01:09	97	0:32:48	118	0:01:13	132	0:26:00	1:19:56	0:22:31
120	484	PAULO LEOTE	SEN	Ccdv/xira	110	0:19:05	109	0:01:27	129	0:37:50	115	0:01:07	80	0:20:54	1:20:23	0:22:58
123	530	RICARDO NUNES	SEN	Abv Esports	121	0:20:09	105	0:01:25	109	0:34:37	101	0:00:57	122	0:24:30	1:21:38	0:24:13
130	528	SÉRGIO OLIVEIRA	SEN	Abv Esports	128	0:21:42	75	0:01:06	119	0:36:14	87	0:00:52	120	0:24:14	1:24:08	0:26:43
133	550	CÉSAR OLIVEIRA	SEN	Greças - Vagos	129	0:21:48	118	0:01:33	123	0:36:51	120	0:01:15	133	0:26:03	1:27:30	0:30:05

Federação de Triatlo de Portugal

Triatlo de Portugal
 2017
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LG	Drel	Lic	Nome	ESC	PEN	DNF	SEN	Casa Benfica Faro	123	0:20:16	121	0:36:35
143	483		CLÁUDIO RIBEIRO	SEN		DNS	SEN	Casa Benfica Faro				
150	547		JOSÉ ANTUNES	SEN		DNS	SEN	Individual				
151	548		LUIS ANTUNES	SEN		DNS	SEN	Individual				
154	848		MANUEL BATISTA	SEN		DNS	SEN	C.s.r.d. Ota				
155	854		PEDRO MONTEIRO	SEN		DNS	SEN	C.f. "os Belenenses"				
156	828		RUI MELO	SEN		DNS	SEN	Sport União Colarense				
181	860		SÉRGIO ANDRÉ	SEN		DNS	SEN	C.n. Cartaxo				
182	453		SERGYI DAKHOVSKY	SEN		DNS	SEN	A.d.c.r. Palmho				

SEN Femininos

Natação										Ciclismo										Corrida		
LG	Drel	Lic	Nome	ESC	PEN	Pos	Tempo	Pos	Tempo	T-1	Pos	Tempo	T-2	Pos	Tempo	Total	Diff					
80	556	558	MARIA DO CARMO	SEN	C.f. "os Belenenses"	20	0:13:00	89	0:01:13	115	0:35:02	94	0:00:53	116	0:23:20	1:13:28	0:16:03					
88	538	538	MARIA JOÃO MADEIRA	SEN	C.f. "os Belenenses"	49	0:14:51	55	0:00:56	114	0:34:52	80	0:00:50	114	0:23:18	1:14:47	0:17:22					
108	525	525	LEONOR CALAIM	SEN	Abv Estoril	65	0:15:43	93	0:01:16	105	0:34:03	119	0:01:14	131	0:25:54	1:18:10	0:20:45					
138	670		IVONE FERREIRA	SEN	Individual	94	0:18:09	134	0:02:09	139	0:48:21	66	0:00:47	117	0:23:41	1:33:07	0:35:42					
141	675	675	SÓNIA MARQUES	SEN	C.f. "os Belenenses"	107	0:18:56	137	0:02:31	138	0:47:17	105	0:00:59	136	0:28:00	1:37:43	0:40:18					
148	688	688	RUTE COSTA	DNS	Casa Benfica Faro																	
180	605		CATARINA NEVES	DNS	C.n. Cartaxo																	

JUN Masculinos

Natação										Ciclismo										Corrida		
LG	Drel	Lic	Nome	ESC	PEN	Pos	Tempo	Pos	Tempo	T-1	Pos	Tempo	T-2	Pos	Tempo	Total	Diff					
5	424	424	TIAGO NEVES	JUN	Aegistónico-Ipodec	11	0:11:23	2	0:00:29	34	0:29:32	18	0:00:35	6	0:16:58	0:58:57	0:01:32					
7	399	399	JOÃO SILVA	JUN	C.f. "os Belenenses"	6	0:11:04	17	0:00:37	39	0:29:49	14	0:00:35	8	0:17:07	0:59:12	0:01:47					
8	376	376	TIAGO MARQUES	JUN	C.f. "os Belenenses"	3	0:10:59	7	0:00:32	41	0:29:52	9	0:00:33	9	0:17:19	0:59:15	0:01:50					
11	423	423	PEDRO MENDES	JUN	Portinão	15	0:11:45	22	0:00:38	23	0:29:07	26	0:00:37	23	0:17:51	0:59:58	0:02:33					
14	412	412	CHARLY BLANCHARD	JUN	Avalanche/sr. Janes	5	0:11:04	5	0:00:31	40	0:29:50	13	0:00:35	29	0:18:30	1:00:30	0:03:05					
28	402	402	CARLOS GASPAR	JUN	Boreal	33	0:14:00	10	0:00:33	26	0:29:14	20	0:00:37	31	0:18:38	1:03:02	0:05:37					
33	382	382	JOÃO DIAS	JUN	Ateneu Artístico Cartaxense									138	1:03:45	1:03:45	0:06:20					

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34	390	PEDRO HENRIQUES	JUN	C.n. Cartaxo	22	0:13:01	8	0:00:32	46	0:30:00	67	0:00:47	53	0:19:25	1:03:45	0:06:20
37	417	RUI DOLORES	JUN	Amiciolo	38	0:14:06	103	0:01:23	11	0:28:29	64	0:00:46	54	0:19:26	1:04:10	0:06:45
48	403	RODRIGO SILVA	JUN	Borealis	21	0:13:01	77	0:01:07	52	0:30:29	74	0:00:49	85	0:21:17	1:06:43	0:09:18
67	385	HENRIQUE MADEIRA	JUN	Cf. "os Belenenses"	19	0:12:53	45	0:00:51	76	0:31:46	84	0:00:51	111	0:23:07	1:09:28	0:12:03
111	400	PEDRO FORTES	JUN	Ateneu Artístico Cartaxense	63	0:15:28	108	0:01:25	110	0:34:46	133	0:01:37	129	0:25:20	1:18:36	0:21:11
121	404	NUNO CHAINHO	JUN	Os Kotas Bike Team	115	0:19:27	138	0:02:37	111	0:34:47	117	0:01:08	112	0:23:11	1:21:10	0:23:45

JUN Femininos

Município: Fátima										Ciclismo										Corridos									
LG	Dres	Lic	Nome	PEN	ESC	Equipa	Pos	Tempo	Pos	T-1	Pos	Tempo	Pos	T-2	Pos	Tempo	Total	Diff											
10	397	397	VANESSA FERNANDES		JUN	Club Triatlo De Perosinho	9	0:11:15	13	0:00:34	30	0:29:21	52	0:00:43	20	0:17:47	0:59:40	0:02:15											
45	388	388	SARAH VERGUET MONIZ		JUN	Cf. "os Belenenses"	13	0:11:31	25	0:00:39	91	0:32:25	32	0:00:39	82	0:21:02	1:06:16	0:08:51											
113	376	387	JOANA NEVES		JUN	Cf. "os Belenenses"	101	0:18:40	120	0:01:34	113	0:34:50	96	0:00:54	113	0:23:18	1:19:16	0:21:51											
159	381	381	IRITA RIBEIRO	DNS	JUN	C.n. Cartaxo																							