

Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE:	QUARTEIRA	DISTANCIA (KM):	(MT):	75/20/5000
Data:	11-05-2003	HORA DE COMEÇO:	10:30	

INFO

DELEGADO TÉCNICO:	PAULO ALVES	JUIZ PRINCIPAL:	JOÃO PAULO ALVES
PONTUAVÉL PARA:	TACA DE PORTUGAL	JURI DE APELO:	JOSE L. FERREIRA

Informação

Lg	Drel	Lic	Nome	PEN	ESC	Equipa	Natação			Ciclismo			Corrida					
							Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos	Tempo	Total	Diff		
1	282	292	BRUNO PAIS		S23	C.I. "os Belenenses"	6	0:08:33	8	0:00:28	2	0:29:08	10	0:00:20	2	0:16:12	0:54:41	0:00:00
2	285	285	DUARTE MARQUES		S23	Sr Cantamel-constr.ramalho Couto-Ika	1	0:08:00	11	0:00:29	6	0:29:41	5	0:00:17	5	0:16:41	0:55:08	0:00:27
3	481	481	GUSTAVO HACHEMEISTER		SEN	Sr Cantamel-constr.ramalho Couto-Ika	13	0:08:40	5	0:00:26	1	0:29:07	22	0:00:23	9	0:16:53	0:55:29	0:00:48
4	412	412	CHARLY BLANCHARD		JUN	Avilancheir James	5	0:08:32	7	0:00:27	3	0:29:16	14	0:00:21	24	0:17:59	0:56:35	0:01:54
5	286	286	MARIO RAIMUNDO		S23	Aegistónico-ipoedc	3	0:08:16	13	0:00:30	4	0:29:32	43	0:00:27	28	0:18:10	0:56:55	0:02:14
8	1065	578	LUIS DIOGO SANTOS		SEN	Sport União Colarense	18	0:09:41	18	0:00:31	10	0:30:29	24	0:00:23	3	0:16:21	0:57:25	0:02:44
7	388	399	JOÃO SILVA		JUN	C.I. "os Belenenses"	11	0:08:37	24	0:00:33	24	0:31:15	17	0:00:22	6	0:16:41	0:57:28	0:02:47
8	289	289	RAFAEL GOMES		S23	Sport União Colarense	14	0:09:05	4	0:00:25	17	0:30:54	30	0:00:24	7	0:16:41	0:57:29	0:02:48
9	424	424	TIAGO NEVES		JUN	Aegistónico-ipoedc	4	0:08:31	15	0:00:31	26	0:31:19	58	0:00:30	11	0:17:06	0:57:57	0:03:16
10	468	468	NUNO NEVES		JUN	Avilancheir James	15	0:09:08	20	0:00:32	15	0:30:44	19	0:00:22	14	0:17:20	0:58:04	0:03:23
11	423	423	PEDRO MENDES		JUN	Portinado	16	0:09:07	9	0:00:28	16	0:30:47	55	0:00:30	16	0:17:23	0:58:15	0:03:34
12	376	376	TIAGO MARQUES		JUN	C.I. "os Belenenses"	8	0:08:35	12	0:00:29	25	0:31:15	12	0:00:21	20	0:17:40	0:58:20	0:03:39
13	505	505	JOSÉ MARIO RIBEIRO		SEN	Sr Cantamel-constr.ramalho Couto-Ika	50	0:11:36	53	0:00:50	5	0:29:39	1	0:00:13	4	0:16:25	0:58:43	0:04:02
14	507	507	CUSTÓDIO ANTÓNIO		SEN	Sr Cantamel-constr.ramalho Couto-Ika	23	0:10:14	14	0:00:31	13	0:30:38	64	0:00:33	8	0:16:52	0:58:48	0:04:07
15	387	387	VANESSA FERNANDES		JUN	Individual	9	0:08:35	10	0:00:28	29	0:31:32	33	0:00:25	22	0:17:49	0:58:49	0:04:08
16	1000		NIKO PFITENMAIER		SEN	Individual	22	0:10:12	37	0:00:41	11	0:30:33	66	0:00:33	17	0:17:29	0:59:28	0:04:47
17	582	582	RUI RODRIGUES		SEN	Udo - União Desportiva Oeste	20	0:10:04	36	0:00:41	28	0:31:28	74	0:00:35	12	0:17:06	0:59:54	0:05:13
18	480	490	MARCO SOUSA		SEN	Avilancheir James	25	0:10:17	16	0:00:31	14	0:30:40	51	0:00:29	25	0:18:01	0:59:58	0:05:17
19	287	287	PEDRO GOMES		S23	Aegistónico-ipoedc	40	0:11:23	26	0:00:33	8	0:30:13	21	0:00:22	21	0:17:47	1:00:18	0:05:37
20	485	485	LUIS DUARTE		SEN	Udo - União Desportiva Oeste	36	0:11:14	27	0:00:34	9	0:30:18	48	0:00:28	23	0:17:56	1:00:30	0:05:49
21	763	763	FERNANDO CORREIA		V1	Udo - União Desportiva Oeste	37	0:11:15	51	0:00:48	7	0:30:05	32	0:00:25	26	0:18:03	1:00:36	0:05:55
22	310	310	GUSTAVO CAPÃO		S23	Grecas - Vegas	17	0:09:30	49	0:00:48	23	0:31:12	28	0:00:24	42	0:18:52	1:00:46	0:06:05
23	402	402	CARLOS GASPAR		JUN	Borralis	28	0:10:29	21	0:00:33	21	0:31:03	15	0:00:22	40	0:18:45	1:01:12	0:06:31
24	664	664	CRISTIANO ANDRADE		SEN	Assoc. Fátima Mendes Pinho	21	0:10:11	60	0:00:57	22	0:31:08	52	0:00:30	34	0:18:29	1:01:15	0:06:34
25	380	380	PEDRO HENRIQUES		JUN	C.n. Ceriseo	19	0:09:42	3	0:00:25	12	0:30:35	31	0:00:25	58	0:20:12	1:01:19	0:06:38
26	1011	321	JOÃO CAVALLEIRO		S23	C.I. "os Belenenses"	2	0:08:03	72	0:01:06	60	0:33:33	69	0:00:34	27	0:18:08	1:01:24	0:06:43

Medias:

0:12:35

0:01:02

0:34:11

0:00:35

0:20:55

Federação de Triatlo de Portugal

LG	Dist	Lic	Nome	PEN	ESC	Equipa	Natação (400)			CIC (10)			Corridos (300-300)					
							Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos	Tempo	Total	Diff		
27	580	580	ALEXANDRE VENTURA		SEN	C.n. Cartaxo	29	0:10:35	32	0:00:39	18	0:30:56	63	0:00:32	41	0:18:49	1:01:31	0:06:50
28	578	578	DUARTE BARRETO		SEN	C.n. Cartaxo	32	0:10:39	28	0:00:35	19	0:30:58	34	0:00:26	43	0:18:55	1:01:33	0:06:52
28	482	482	DAVID CALDEIRÃO		SEN	Udo - União Desportiva Oeiras	27	0:10:28	29	0:00:36	20	0:30:59	29	0:00:24	50	0:19:26	1:01:53	0:07:12
30	660	660	SÉRGIO ANDRÉ		SEN	C.n. Cartaxo	30	0:10:35	34	0:00:40	44	0:32:49	49	0:00:29	15	0:17:23	1:01:56	0:07:15
31	320	320	LUIS SANTOS		S23	Casa Benfica Faro	44	0:11:27	23	0:00:33	37	0:32:20	11	0:00:21	18	0:17:32	1:02:13	0:07:32
32	656	656	JOSE SALGUEIRO		V1	Avançar/air Janes	62	0:12:07	39	0:00:42	27	0:31:24	8	0:00:18	29	0:18:11	1:02:42	0:08:01
33	463	463	CLAUDIO RIBEIRO		SEN	Casa Benfica Faro	41	0:11:25	67	0:01:02	30	0:31:48	2	0:00:16	30	0:18:14	1:02:45	0:08:04
34	465	465	PAULO SILVA		SEN	Casa Benfica Faro	59	0:12:05	41	0:00:43	45	0:32:49	3	0:00:16	13	0:17:12	1:03:05	0:08:24
35	479	479	HÉLDER MILHEIRAS		SEN	Agilético-ípodoc	52	0:11:43	35	0:00:40	31	0:31:58	57	0:00:30	36	0:18:33	1:03:24	0:08:43
36	766	766	CARLOS GOMES		V1	Sl.m.o.cruz-quebradense	66	0:12:20	55	0:00:51	50	0:33:05	4	0:00:16	10	0:17:00	1:03:32	0:08:51
37	769	769	ARMANDO CORREIA		V1	Bornalis	38	0:11:16	22	0:00:33	38	0:32:22	16	0:00:22	44	0:19:03	1:03:36	0:08:55
38	959		ANTONIO RAPOSO		V2	Individual	39	0:11:17	65	0:01:00	35	0:32:11	81	0:00:38	45	0:19:06	1:04:12	0:09:31
39	466	466	CARLOS MATOS		SEN	Casa Benfica Faro	58	0:12:04	40	0:00:43	43	0:32:48	53	0:00:30	33	0:18:23	1:04:28	0:09:47
40	417	417	RUI DOLORES		JUN	Amiçob	35	0:11:03	82	0:01:10	36	0:32:12	89	0:00:42	48	0:19:22	1:04:29	0:09:48
41	403	403	RODRIGO SILVA		JUN	Bornalis	24	0:10:16	64	0:01:00	47	0:32:53	46	0:00:28	59	0:20:18	1:04:55	0:10:14
42	764	764	FERNANDO PIRES		V2	Casa Benfica Faro	87	0:14:00	61	0:00:58	34	0:32:09	7	0:00:18	19	0:17:33	1:04:58	0:10:17
43	398	398	SARAH VERGUET MONIZ		JUN	C.f. "os Belenenses"	12	0:08:38	6	0:00:27	72	0:34:42	27	0:00:24	66	0:20:49	1:05:00	0:10:19
44	461	461	PAULO PRIETO		SEN	A.d.c.r. Painho	79	0:13:31	44	0:00:46	41	0:32:39	36	0:00:26	31	0:18:14	1:05:36	0:10:55
45	613	613	PAULO LAMEGO		SEN	C.f. "os Belenenses"	72	0:13:08	38	0:00:42	54	0:33:15	42	0:00:27	32	0:18:18	1:05:50	0:11:09
46	301	301	TIAGO COCHICHO		S23	Sport União Colarense	64	0:12:15	17	0:00:31	46	0:32:49	39	0:00:26	55	0:19:58	1:05:59	0:11:18
47	840	840	RUI SA		V1	Amiçob	33	0:10:50	77	0:01:08	40	0:32:33	68	0:00:34	67	0:20:55	1:06:00	0:11:19
48	656	656	MIGUEL PALMA		SEN	Abv Estoril	45	0:11:28	33	0:00:40	33	0:32:09	67	0:00:34	72	0:21:21	1:06:12	0:11:31
48	619	619	CARLOS ROCHA		SEN	Papa-Jéguas De Azeitona	81	0:13:45	50	0:00:48	39	0:32:28	54	0:00:30	39	0:18:43	1:06:14	0:11:33
50	308	308	JOANA GUERRA		S23	C.f. "os Belenenses"	10	0:08:36	19	0:00:32	81	0:35:44	41	0:00:27	71	0:21:17	1:06:36	0:11:55
51	822	822	JOSÉ SOARES		V2	S. R. Torrens	46	0:11:30	62	0:00:58	55	0:33:18	26	0:00:24	62	0:20:35	1:06:45	0:12:04
52	766	766	JOÃO PEREIRA		V1	Agilético-ípodoc	56	0:11:59	69	0:01:03	56	0:33:25	58	0:00:30	51	0:19:53	1:06:50	0:12:09
53	317	317	NUNO CRUZ		S23	C.f. "os Belenenses"	85	0:13:57	57	0:00:56	48	0:32:56	60	0:00:31	35	0:18:31	1:06:51	0:12:10
54	300	300	NUNO SILVA		S23	Sport União Colarense	31	0:10:36	25	0:00:33	51	0:33:10	78	0:00:36	79	0:22:02	1:06:57	0:12:16
55	782	782	JOSÉ VARELA		V2	Casa Benfica Faro	73	0:13:16	79	0:01:09	62	0:33:37	9	0:00:20	38	0:18:38	1:07:00	0:12:19
56	770	770	MANUEL GONÇALVES		V1	Papa-Jéguas De Azeitona	74	0:13:22	81	0:01:09	58	0:33:29	70	0:00:34	37	0:18:34	1:07:08	0:12:27
57	540	540	PEDRO GASPAR		SEN	Udr Casalense	48	0:11:34	80	0:01:09	63	0:33:39	80	0:00:38	57	0:20:09	1:07:09	0:12:28
58	783	783	JOAQUIM RUELA		V2	Agilético-ípodoc	60	0:12:05	54	0:00:51	59	0:33:31	73	0:00:35	60	0:20:28	1:07:30	0:12:49
59	631	631	PEDRO SANTOS		SEN	Cefa	26	0:10:27	104	0:01:36	75	0:35:07	44	0:00:27	53	0:19:56	1:07:33	0:12:52
60	763	763	JOÃO RITA		V2	Casa Benfica Faro	67	0:12:37	74	0:01:07	42	0:32:40	76	0:00:36	63	0:20:37	1:07:37	0:12:56
61	563	563	PAULO CATARINO		SEN	Aeoc. Ferrão Mendes Pinho	53	0:11:46	83	0:01:11	65	0:34:09	72	0:00:35	64	0:20:38	1:08:19	0:13:38
62	952		JAVIER MARTIN		SEN	Individual								114	0:08:20	1:08:20	0:13:39	
63	963		FILIPE CONCEIÇÃO		SEN	Individual	94	0:14:38	92	0:01:20	95	0:37:16	25	0:00:23	1	0:15:02	1:08:39	0:13:58

Médias:

0:12:35	0:01:02	0:34:11	0:00:35	0:20:55
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11/01/03

Federação de Triatlo de Portugal

LG	Drs#	Lic	Nome	Equipa	ESC	PEN	Natação			Ciclismo			Corrida					
							Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos	Tempo				
64	529	529	SÉRGIO RODRIGUES	Papa-Igúas De Assafora	SEN		86	0:13:57	52	0:00:49	49	0:32:59	38	0:00:26	68	0:20:56	1:09:07	0:14:26
65	773	773	HENRIQUE FREIRE	Udr. Casalenã	V1		70	0:12:51	30	0:00:37	70	0:34:37	37	0:00:26	65	0:20:48	1:08:19	0:14:38
66	854	854	AMÂNDIO CAETANO	A.d.c.r. Painho	V1		89	0:14:08	71	0:01:05	64	0:33:48	62	0:00:31	54	0:19:57	1:09:29	0:14:48
67	782	782	ANTÓNIO VIEIRA	Gracas - Vagos	V1		99	0:15:33	48	0:00:48	61	0:33:33	18	0:00:22	47	0:19:21	1:09:37	0:14:56
68	887	887	DANNY SILVA	Individual	SEN		47	0:11:32	78	0:01:08	67	0:34:28	71	0:00:34	84	0:22:09	1:09:51	0:15:10
69	287	287	JORGE MARTIN	Abv Estoris	S23		42	0:11:26	68	0:01:03	53	0:33:14	92	0:00:44	96	0:23:45	1:10:12	0:15:31
70	585	585	PAULO CODINHA	C.f. 'os Belenenses'	SEN		51	0:11:36	63	0:00:59	73	0:34:53	77	0:00:36	83	0:22:09	1:10:13	0:15:32
71	966	966	JOAO BARBOSA	Individual	SEN		57	0:12:03	110	0:02:14	78	0:35:31	82	0:00:38	61	0:20:31	1:10:57	0:16:16
72	762	762	RENATO INACIO	A.d.c.r. Painho	V1		110	0:17:09	86	0:01:15	32	0:32:03	83	0:00:39	56	0:20:02	1:11:08	0:16:27
73	467	467	NUNO ALMEIDA	A.d.c.r. Painho	SEN		77	0:13:28	2	0:00:18	83	0:35:48	13	0:00:21	77	0:21:57	1:11:52	0:17:11
74	638	638	PAULO CALIXTO	Alnus Artístico Carfaxense	SEN		112	0:17:24	31	0:00:37	66	0:34:25	85	0:00:40	46	0:19:08	1:12:14	0:17:33
75	538	538	MARIA JOÃO MADEIRA	C.f. 'os Belenenses'	SEN		61	0:12:06	43	0:00:45	84	0:36:09	35	0:00:26	91	0:22:51	1:12:17	0:17:36
76	662	662	ALEXANDRE FELIZ	A.d.c.r. Painho	SEN		54	0:11:50	96	0:01:24	88	0:36:27	106	0:01:00	78	0:21:58	1:12:39	0:17:58
77	751	751	JOSÉ PEIXOTO	A.d.c.r. Painho	V2		107	0:16:30	58	0:00:56	76	0:35:14	79	0:00:38	49	0:19:24	1:12:42	0:18:01
78	314	314	CARLA RIBEIRO	C.n. Carfax	S23		69	0:12:48	46	0:00:48	91	0:36:42	40	0:00:27	86	0:22:18	1:13:03	0:18:22
79	805	805	JOSÉ LUIS NUNES	Papa-Igúas De Assafora	V2		71	0:13:00	85	0:01:13	80	0:35:40	109	0:01:20	87	0:22:32	1:13:45	0:19:04
80	1060	501	NUNO RAIMUNDO	Cefa	SEN		92	0:14:17	99	0:01:26	79	0:35:33	59	0:00:30	82	0:22:08	1:13:54	0:19:13
81	381	381	RITA RIBEIRO	C.n. Carfax	JUN		76	0:13:25	56	0:00:54	94	0:37:13	45	0:00:28	81	0:22:06	1:14:06	0:19:25
82	1112		VITOR CARAPELHO	Individual	V1		75	0:13:24	87	0:01:15	90	0:36:34	103	0:00:57	80	0:22:05	1:14:15	0:19:34
83	294	294	CATARINA JERÓNIMO	Casa Benfca Faro	S23		43	0:11:27	66	0:01:01	104	0:38:12	6	0:00:18	94	0:23:35	1:14:33	0:19:52
84	528	528	SÉRGIO OLIVEIRA	Abv Estoris	SEN		95	0:14:40	42	0:00:45	86	0:36:14	88	0:00:42	85	0:22:14	1:14:35	0:19:54
85	562	562	PAULO VIEIRA	Assoc. Farnão Mendes Pinho	SEN		104	0:16:12	103	0:01:36	74	0:34:58	93	0:00:46	70	0:21:03	1:14:35	0:19:54
86	877		JOAQUIM RAMOS	Individual	SEN		93	0:14:29	1	0:00:16	102	0:37:57	65	0:00:33	73	0:21:22	1:14:37	0:19:56
87	890		JOAQUIM BALUGA	Individual	V2		88	0:14:07	106	0:01:37	93	0:37:03	75	0:00:35	74	0:21:30	1:14:52	0:20:11
88	891		VALTER GRAÇA	Individual	SEN		108	0:16:44	98	0:01:25	68	0:34:31	99	0:00:51	75	0:21:39	1:15:10	0:20:29
89	625	625	LEONOR CALAIM	Abv Estoris	SEN		63	0:12:08	73	0:01:07	82	0:35:48	97	0:00:51	106	0:25:35	1:15:29	0:20:48
90	454	454	PETRO MOSINZOV	A.d.c.r. Painho	SEN		101	0:15:41	95	0:01:23	107	0:38:24	23	0:00:23	52	0:19:54	1:15:45	0:21:04
91	769	769	LUÍS FILIPE SILVA	Udr. Casalenã	V2		114	0:17:43	93	0:01:22	71	0:34:41	86	0:00:41	76	0:21:40	1:16:07	0:21:26
92	851	851	AMÉRICO GASPAS	C.s.r.d. Ota	V1		117	0:19:48	105	0:01:37	52	0:33:12	94	0:00:46	69	0:20:59	1:16:22	0:21:41
93	852	852	CHRISTIAN BAYON	C.f. 'os Belenenses'	V2		80	0:13:37	75	0:01:07	92	0:36:53	104	0:00:58	97	0:23:48	1:16:23	0:21:42
94	808	808	ALICIA MONIZ	C.f. 'os Belenenses'	V2		98	0:14:41	47	0:00:48	85	0:36:13	50	0:00:29	101	0:24:15	1:16:26	0:21:45
95	818	818	CÉSAR GOVERNO	Papa-Igúas De Assafora	SEN		84	0:13:56	59	0:00:56	89	0:36:27	91	0:00:43	102	0:24:26	1:16:28	0:21:47
96	790	790	CARLOS SUZANA	Agnostico-podec	V1		103	0:16:11	91	0:01:19	77	0:35:18	84	0:00:40	95	0:23:44	1:17:12	0:22:31
97	866	866	RUTE COSTA	Casa Benfca Faro	SEN		97	0:15:14	70	0:01:04	101	0:37:52	90	0:00:42	88	0:22:36	1:17:28	0:22:47
98	772	772	MÁRIO RAMOS	Udr. Casalenã	V1		90	0:14:11	111	0:02:15	98	0:37:43	102	0:00:56	89	0:22:37	1:17:42	0:23:01
99	978		LEONARDO LEONARDO	Individual	SEN		102	0:15:53	108	0:02:12	69	0:34:33	100	0:00:54	104	0:24:48	1:18:20	0:23:39
100	765	765	FRANCISCO BEXIGA	Cefa	V2		91	0:14:14	102	0:01:35	106	0:36:23	95	0:00:48	93	0:23:23	1:18:23	0:23:42

Médias: 0:12:36 0:01:02 0:34:11 0:00:35 0:20:56

Handwritten signature and date: 11/05/03



CLASSIFICAÇÃO POR EQUIPAS

MASCULINOS

Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE:	QUARTEIRA	DISTANCIA (MT); (KM); (MT):	,75/20/5000
Data:	11-05-2003	HORA DE COMEÇO:	10:30

INFO

DELEGADO TÉCNICO:	PAULO ALVES	JUIZ PRINCIPAL:	JOÃO PAULO ALVES
PONTUAVÉL PARA:	TAÇA DE PORTUGAL	JURI DE APELO:	JOSE L. FERREIRA

SR CAMARNAL-CONSTR.RAMALHO

Tempo Total: 2:49:20

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
2	285	285	DUARTE MARQUES		S23	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	0:55:08	0:00:27
3	481	481	GUSTAVO HACHMEISTER		SEN	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	0:55:29	0:00:48
13	505	505	JOSÉ MÁRIO RIBEIRO		SEN	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	0:58:43	0:04:02

C.F. "OS BELENENSES"

Tempo Total: 2:50:29

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
1	292	292	BRUNO PAIS		S23	C.F. "OS BELENENSES"	0:54:41	0:00:00
7	399	399	JOÃO SILVA		JUN	C.F. "OS BELENENSES"	0:57:28	0:02:47
12	376	376	TIAGO MARQUES		JUN	C.F. "OS BELENENSES"	0:58:20	0:03:39

AVALANCHE/SIR JANES

Tempo Total: 2:54:37

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
4	412	412	CHARLY BLANCHARD		JUN	AVALANCHE/SIR JANES	0:56:35	0:01:54
10	488	488	NUNO NEVES		SEN	AVALANCHE/SIR JANES	0:58:04	0:03:23
18	490	490	MARCO SOUSA		SEN	AVALANCHE/SIR JANES	0:59:58	0:05:17

AEGISTÉCNICO-IPODEC

Tempo Total: 2:55:10

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
5	296	296	MÁRIO RAIMUNDO		S23	AEGISTÉCNICO-IPODEC	0:56:55	0:02:14
9	424	424	TIAGO NEVES		JUN	AEGISTÉCNICO-IPODEC	0:57:57	0:03:16
19	297	297	PEDRO GOMES		S23	AEGISTÉCNICO-IPODEC	1:00:18	0:05:37

SPORT UNIÃO COLARENSE

Tempo Total: 3:01:51

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
6	1085	578	LUÍS DIOGO SANTOS		SEN	SPORT UNIÃO COLARENSE	0:57:25	0:02:44
8	299	299	RAFAEL GOMES		S23	SPORT UNIÃO COLARENSE	0:57:29	0:02:48
54	300	300	NUNO SILVA		S23	SPORT UNIÃO COLARENSE	1:06:57	0:12:16

UDO - UNIÃO DESPORTIVA OESTE

Tempo Total: 3:02:23

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
17	592	592	RUI RODRIGUES		SEN	UDO - UNIÃO DESPORTIVA OESTE	0:59:54	0:05:13
21	763	763	FERNANDO CORREIA		V1	UDO - UNIÃO DESPORTIVA OESTE	1:00:36	0:05:55
29	462	462	DAVID CALDEIRÃO		SEN	UDO - UNIÃO DESPORTIVA OESTE	1:01:53	0:07:12



C.N. CARTAXO

Tempo Total: 3:04:23

LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Total	Diff
25	390	390	PEDRO HENRIQUES		JUN	C.N. CARTAXO	1:01:19	0:06:38
27	580	580	ALEXANDRE VENTURA		SEN	C.N. CARTAXO	1:01:31	0:06:50
28	579	579	DUARTE BARRETO		SEN	C.N. CARTAXO	1:01:33	0:06:52

CASA BENFICA FARO

Tempo Total: 3:08:03

LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Total	Diff
31	320	320	LUIS SANTOS		S23	CASA BENFICA FARO	1:02:13	0:07:32
33	463	463	CLÁUDIO RIBEIRO		SEN	CASA BENFICA FARO	1:02:45	0:08:04
34	465	465	PAULO SILVA		SEN	CASA BENFICA FARO	1:03:05	0:08:24

BOREALIS

Tempo Total: 3:09:43

LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Total	Diff
23	402	402	CARLOS GASPAR		JUN	BOREALIS	1:01:12	0:06:31
37	759	759	ARMINDO CORREIA		V1	BOREALIS	1:03:36	0:08:55
41	403	403	RODRIGO SILVA		JUN	BOREALIS	1:04:55	0:10:14

PAPA-LÉGUAS DE ASSAFORA

Tempo Total: 3:22:29

LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Total	Diff
49	519	519	CARLOS ROCHA		SEN	PAPA-LÉGUAS DE ASSAFORA	1:06:14	0:11:33
56	770	770	MANUEL GONÇALVES		V1	PAPA-LÉGUAS DE ASSAFORA	1:07:08	0:12:27
65	529	529	SÉRGIO RODRIGUES		SEN	PAPA-LÉGUAS DE ASSAFORA	1:09:07	0:14:26

ASSOC. FERNÃO MENDES PINTO

Tempo Total: 3:24:09

LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Total	Diff
24	564	564	CRISTIANO ANDRADE		SEN	ASSOC. FERNÃO MENDES PINTO	1:01:15	0:06:34
61	563	563	PAULO CATARINO		SEN	ASSOC. FERNÃO MENDES PINTO	1:08:19	0:13:38

A.D.C.R. PAINHO

Tempo Total: 3:26:13

LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Total	Diff
44	451	451	PAULO PRIETO		SEN	A.D.C.R. PAINHO	1:05:36	0:10:55
67	854	854	AMÂNDIO CAETANO		V1	A.D.C.R. PAINHO	1:09:29	0:14:48
73	752	752	RENATO INÁCIO		V1	A.D.C.R. PAINHO	1:11:08	0:16:27

UDR CASALENSE

Tempo Total: 3:32:35

LG	DrsI	Lic	Nome	PEN	ESC	Equipa	Total	Diff
57	540	540	PEDRO GASPAR		SEN	UDR CASALENSE	1:07:09	0:12:28
66	773	773	HENRIQUE FREIRE		V1	UDR CASALENSE	1:09:19	0:14:38
92	799	799	LUÍS FILIPE SILVA		V2	UDR CASALENSE	1:16:07	0:21:26

Handwritten signature and date: 11/05/03

Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE:	QUARTEIRA	DISTANCIA (MT); (KM); (MT):	,75/20/5000
Data:	11-05-2003	HORA DE COMEÇO:	10:30

INFO

DELEGADO TÉCNICO:	PAULO ALVES	JUIZ PRINCIPAL:	JOÃO PAULO ALVES
PONTUAVÉL PARA:	TAÇA DE PORTUGAL	JURI DE APELO:	JOSE L. FERREIRA

SR CAMARNAL-CONSTR.RAMALHO

Tempo Total: 2:49:20

LG	DrsL	Lic	Nome	PEN	ESC	Equipa	Total	Diff
2	285	285	DUARTE MARQUES		S23	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	0:55:08	0:00:27
3	481	481	GUSTAVO HACHMEISTER		SEN	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	0:55:29	0:00:48
13	505	505	JOSÉ MÁRIO RIBEIRO		SEN	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	0:58:43	0:04:02

C.F. "OS BELENENSES"

Tempo Total: 2:50:29

LG	DrsL	Lic	Nome	PEN	ESC	Equipa	Total	Diff
1	292	292	BRUNO PAIS		S23	C.F. "OS BELENENSES"	0:54:41	0:00:00
7	399	399	JOÃO SILVA		JUN	C.F. "OS BELENENSES"	0:57:28	0:02:47
12	376	376	TIAGO MARQUES		JUN	C.F. "OS BELENENSES"	0:58:20	0:03:39

AVALANCHE/SIR JANES

Tempo Total: 2:54:37

LG	DrsL	Lic	Nome	PEN	ESC	Equipa	Total	Diff
4	412	412	CHARLY BLANCHARD		JUN	AVALANCHE/SIR JANES	0:56:35	0:01:54
10	488	488	NUNO NEVES		SEN	AVALANCHE/SIR JANES	0:58:04	0:03:23
18	490	490	MARCO SOUSA		SEN	AVALANCHE/SIR JANES	0:59:58	0:05:17

AEGISTÉCNICO-IPODEC

Tempo Total: 2:55:10

LG	DrsL	Lic	Nome	PEN	ESC	Equipa	Total	Diff
5	296	296	MÁRIO RAIMUNDO		S23	AEGISTÉCNICO-IPODEC	0:56:55	0:02:14
9	424	424	TIAGO NEVES		JUN	AEGISTÉCNICO-IPODEC	0:57:57	0:03:16
19	297	297	PEDRO GOMES		S23	AEGISTÉCNICO-IPODEC	1:00:18	0:05:37

SPORT UNIÃO COLARENSE

Tempo Total: 3:01:51

LG	DrsL	Lic	Nome	PEN	ESC	Equipa	Total	Diff
6	1065	578	LUÍS DIOGO SANTOS		SEN	SPORT UNIÃO COLARENSE	0:57:25	0:02:44
8	299	299	RAFAEL GOMES		S23	SPORT UNIÃO COLARENSE	0:57:29	0:02:48
54	300	300	NUNO SILVA		S23	SPORT UNIÃO COLARENSE	1:06:57	0:12:16

UDO - UNIÃO DESPORTIVA OESTE

Tempo Total: 3:02:23

LG	DrsL	Lic	Nome	PEN	ESC	Equipa	Total	Diff
17	592	592	RUI RODRIGUES		SEN	UDO - UNIÃO DESPORTIVA OESTE	0:59:54	0:05:13
21	763	763	FERNANDO CORREIA		V1	UDO - UNIÃO DESPORTIVA OESTE	1:00:36	0:05:55
29	462	462	DAVID CALDEIRÃO		SEN	UDO - UNIÃO DESPORTIVA OESTE	1:01:53	0:07:12



C.N. CARTAXO

Tempo Total: 3:04:23

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
25	390	390	PEDRO HENRIQUES		JUN	C.N. CARTAXO	1:01:19	0:06:38
27	580	580	ALEXANDRE VENTURA		SEN	C.N. CARTAXO	1:01:31	0:06:50
28	579	579	DUARTE BARRETO		SEN	C.N. CARTAXO	1:01:33	0:06:52

CASA BENFICA FARO

Tempo Total: 3:08:03

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
31	320	320	LUIS SANTOS		S23	CASA BENFICA FARO	1:02:13	0:07:32
33	463	463	CLÁUDIO RIBEIRO		SEN	CASA BENFICA FARO	1:02:45	0:08:04
34	465	465	PAULO SILVA		SEN	CASA BENFICA FARO	1:03:05	0:08:24

BOREALIS

Tempo Total: 3:09:43

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
23	402	402	CARLOS GASPAR		JUN	BOREALIS	1:01:12	0:06:31
37	759	759	ARMINDO CORREIA		V1	BOREALIS	1:03:36	0:08:55
41	403	403	RODRIGO SILVA		JUN	BOREALIS	1:04:55	0:10:14

PAPA-LÉGUAS DE ASSAFORA

Tempo Total: 3:22:29

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
49	519	519	CARLOS ROCHA		SEN	PAPA-LÉGUAS DE ASSAFORA	1:06:14	0:11:33
58	770	770	MANUEL GONÇALVES		V1	PAPA-LÉGUAS DE ASSAFORA	1:07:08	0:12:27
85	529	529	SÉRGIO RODRIGUES		SEN	PAPA-LÉGUAS DE ASSAFORA	1:09:07	0:14:26

ASSOC. FERNÃO MENDES PINTO

Tempo Total: 3:24:09

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
24	564	564	CRISTIANO ANDRADE		SEN	ASSOC. FERNÃO MENDES PINTO	1:01:15	0:06:34
61	563	563	PAULO CATARINO		SEN	ASSOC. FERNÃO MENDES PINTO	1:08:19	0:13:38

A.D.C.R. PAINHO

Tempo Total: 3:26:13

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
44	451	451	PAULO PRIETO		SEN	A.D.C.R. PAINHO	1:05:36	0:10:55
67	854	854	AMÂNDIO CAETANO		V1	A.D.C.R. PAINHO	1:09:29	0:14:48
73	752	752	RENATO INÁCIO		V1	A.D.C.R. PAINHO	1:11:08	0:16:27

UDR CASALENSE

Tempo Total: 3:32:35

LG	Drsl	Lic	Nome	PEN	ESC	Equipa	Total	Diff
57	540	540	PEDRO GASPAR		SEN	UDR CASALENSE	1:07:09	0:12:28
66	773	773	HENRIQUE FREIRE		V1	UDR CASALENSE	1:09:19	0:14:38
82	799	799	LUÍS FILIPE SILVA		V2	UDR CASALENSE	1:16:07	0:21:26

Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE:	QUARTEIRA	DISTANCIA Percorrida (MT):	75/20/5000
		Tempo (KM):	1:00:00 (MT):
Data:	11-05-2003	HORA DE COMEÇO:	10:30

INFO

DELEGADO TÉCNICO:	PAULO ALVES	JUIZ PRINCIPAL:	JOÃO PAULO ALVES
PONTUÁVEL PARA:	TAÇA DE PORTUGAL	JURI DE APELO:	JOSE L. FERREIRA

Informação

LG	Drel	Lic	Nome	PEN	ESC	Equipa	Natação (km)					Ciclismo (km)					Corrida (km)				
							Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos	Tempo	Pos
1	1004		JOAO VITOR CARLOS		SEN	Os Individuais	3	0:15:36	3	0:00:17	1	0:34:17	2	0:00:09	4	0:21:53	1:12:12	0:00:00			
2	1002		ANTONIO OCTAVIO ANTO		SEN	Escalafados Da Cruz D' Assumada	5	0:18:23	1	0:00:14	2	0:38:42	1	0:00:09	1	0:18:33	1:14:01	0:01:49			
3	1008		NUNO JOAO FILIPE		SEN	Os Reis Do Mar	1	0:15:03	2	0:00:16	3	0:42:07	5	0:00:12	3	0:20:48	1:18:26	0:06:14			
4	1006		NUNO JOAQUIM JOSE		SEN	Os Cavaleiros	2	0:15:04	4	0:00:19	4	0:42:51	4	0:00:10	2	0:20:42	1:19:06	0:06:54			
5	1003		LAETITIA IRINA WAVENEY		SEN	As Mulheres	4	0:17:01	5	0:00:43	5	0:45:37	3	0:00:10	5	0:23:16	1:28:47	0:14:35			