



Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE: ESTORIL	DISTANCIA Corrida (MT); Ciclismo(KM); Corrida(MT):
Data: 19-04-2003	HORA DE COMEÇO: 15:30

INFO

DELEGADO TÉCNICO: SERGIO SANTOS	JUIZ PRINCIPAL: ISABEL COSTA
PONTUAVÉL PARA: CIRCUITO NACIONAL	JURI DE APELO:

Informação

		Temperatura Agua:				Corrida (MT)				Ciclismo (KM)				Corrida (MT)				
LG	Dret	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
1	486	486	LINO BARRUNCHO		SEN	Avelanchefair-Janes	2	0:31:04	1	0:00:19	12	1:06:12	2	0:00:17	1	0:15:25	1:53:17	0:00:00
2	286	286	SÉRGIO MANUEL SILVA		S23	Sr Camamal-const.ramelho Couto-lla	3	0:31:04	16	0:00:26	10	1:06:07	3	0:00:17	2	0:15:39	1:53:33	0:00:16
3	508	508	ALCINO SERRAS		SEN	Sr Camamal-const.ramelho Couto-lla	5	0:31:05	3	0:00:21	13	1:06:15	1	0:00:16	3	0:15:49	1:53:46	0:00:29
4	282	282	BRUNO PAIS		S23	C.f. 'oe Belenense'	7	0:31:05	9	0:00:22	11	1:06:11	8	0:00:22	4	0:16:01	1:54:01	0:00:44
5	523	523	JORGE RODRIGUES		SEN	Casa Do Benfica No Fundo	1	0:31:00	5	0:00:21	15	1:06:19	4	0:00:17	5	0:16:17	1:54:14	0:00:57
6	284	284	NELSON SILVA		S23	Sr Camamal-const.ramelho Couto-lla	4	0:31:04	4	0:00:21	14	1:06:18	6	0:00:19	6	0:16:21	1:54:23	0:01:06
7	505	505	JOSÉ MÁRIO RIBEIRO		SEN	Sr Camamal-const.ramelho Couto-lla	8	0:31:15	8	0:00:22	9	1:06:05	5	0:00:19	10	0:17:09	1:55:10	0:01:53
8	507	507	CUSTÓDIO ANTONIO		SEN	Sr Camamal-const.ramelho Couto-lla	12	0:32:28	2	0:00:21	5	1:04:57	7	0:00:21	8	0:17:06	1:55:13	0:01:56
9	586	586	PAULO ANTUNES		SEN	C.f. 'oe Belenense'	13	0:32:28	13	0:00:23	7	1:04:59	30	0:00:32	7	0:17:02	1:55:24	0:02:07
10	487	487	SEAN EVOY		SEN	A.c.r.d. Penude De Balco	17	0:32:56	34	0:00:33	4	1:04:22	15	0:00:27	11	0:17:13	1:55:31	0:02:14
11	481	481	GUSTAVO HACHMEISTER		SEN	Sr Camamal-const.ramelho Couto-lla	9	0:32:27	12	0:00:23	6	1:04:59	17	0:00:28	12	0:17:45	1:56:02	0:02:45
12	283	283	MANUEL JÚLIO		S23	S.l.m.cruz-quebradense	25	0:33:18	22	0:00:26	1	1:04:07	20	0:00:28	16	0:18:31	1:56:43	0:03:26
13	508	508	PEDRO PINHEIRO		SEN	Udo - União Desportiva Oeste	18	0:33:11	14	0:00:23	3	1:04:18	52	0:00:57	15	0:18:52	1:57:08	0:03:52
14	288	288	RAFAEL GOMES		S23	Spot União Colares	20	0:33:16	15	0:00:24	2	1:04:08	16	0:00:28	27	0:19:25	1:57:19	0:04:02
15	488	488	NUNO NEVES		SEN	Avelanchefair-Janes	23	0:33:16	38	0:00:34	20	1:10:00	14	0:00:27	9	0:17:07	2:01:24	0:04:24
16	785	785	JOSÉ REIS		V1	Oversense	24	0:33:16	44	0:00:37	16	1:07:43	31	0:00:32	31	0:19:51	2:01:59	0:06:42
17	543	543	RICARDO BARBOSA		SEN	A.c.r.d. Penude De Balco	30	0:34:08	31	0:00:32	17	1:09:05	23	0:00:29	13	0:17:57	2:02:11	0:06:54
18	488	488	TIAGO LOBO		SEN	A.c.r.d. Penude De Balco	27	0:34:02	43	0:00:37	19	1:09:09	22	0:00:29	14	0:18:27	2:02:44	0:09:27
19	488	488	JOÃO JORGE FERREIRA		SEN	A.c.r.d. Penude De Balco	29	0:34:07	39	0:00:35	18	1:09:09	41	0:00:37	22	0:19:08	2:03:36	0:10:19
20	628	628	FERNANDO CARMO		SEN	C.f. 'oe Belenense'	16	0:32:35	7	0:00:21	24	1:10:51	9	0:00:25	30	0:19:47	2:03:59	0:10:42
21	786	786	CARLOS GOMES		V1	S.l.m.cruz-quebradense	14	0:32:28	21	0:00:28	25	1:10:55	11	0:00:26	32	0:19:55	2:04:10	0:10:53
22	461	461	ANIBAL OLIVEIRA		SEN	Antibico	10	0:32:08	20	0:00:26	35	1:13:01	19	0:00:28	18	0:18:45	2:04:48	0:11:31
23	644	644	PAULO PINHEIRO		SEN	C.a.r.d. Ota	15	0:32:28	29	0:00:30	33	1:12:45	48	0:00:40	33	0:19:56	2:06:19	0:13:02
24	681	681	ROMEU CORREIA		SEN	Assoc. Farnão Mendes Pinto	32	0:34:59	33	0:00:33	30	1:11:56	34	0:00:33	17	0:18:43	2:06:44	0:13:27
25	534	534	JOSÉ ABRANTES		SEN	C.d. Asas Do Milénium	34	0:35:57	17	0:00:26	26	1:11:07	35	0:00:34	20	0:18:58	2:07:02	0:13:45
26	320	320	LUIS SANTOS		S23	Casa Benfica Faro				0:00:31		1:12:26		0:00:33		0:20:03		

Métries:



Federação de Triatlo de Portugal

LG		Drai		Llo		Nome		Equipa		ESC		PEN		Corrida (MT)					Ciclismo (KM)					Corrida (MT)					
Temperatura Agua:														Pos	Condiç	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Condiç	Total	Diff	Pos	Condiç	Total	Diff
27	774	774		JOSÉ GUILHERME OLIVEI		V1	Abv Estoril							41	0:36:40	26	0:00:29	23	1:10:17	39	0:00:36	23	0:19:08	2:07:11	0:13:54				
28	317	317		MUNO CRUZ		S23	C.f. 'os Belenenses'							28	0:34:06	37	0:00:34	34	1:12:49	32	0:00:33	24	0:19:11	2:07:13	0:13:56				
29	475	475		SERGIO DIAS		SEN	Angistémico-ipodec							33	0:35:41	18	0:00:27	28	1:11:21	38	0:00:36	28	0:19:29	2:07:33	0:14:16				
30	782	782		JOSÉ VARELA		V2	Casa Benfca Faro							36	0:35:58	42	0:00:37	31	1:12:07	36	0:00:34	21	0:19:06	2:08:22	0:15:05				
31	770	770		MANUEL GONÇALVES		V1	Praia-Águas De Azeitona							35	0:35:57	46	0:00:40	32	1:12:33	42	0:00:37	25	0:19:17	2:08:04	0:15:47				
32	451	451		PAULO PRIETO		SEN	A.d.c.t. Palinho							31	0:34:44	11	0:00:23	39	1:14:04	37	0:00:35	26	0:19:19	2:08:05	0:15:48				
33	594	594		HUGO RIBEIRO		SEN	Angistémico-ipodec							49	0:37:58	19	0:00:26	22	1:10:16	26	0:00:31	35	0:20:07	2:08:18	0:16:01				
34	788	788		OLÍMPIO GUEDELHA		V2	CcdV.Lxra							43	0:37:00	51	0:00:47	29	1:11:28	43	0:00:38	29	0:19:44	2:09:37	0:16:20				
35	808	808		VITOR ANACLETO		SEN	Gracaa - Vagos							42	0:36:41	50	0:00:45	27	1:11:13	24	0:00:30	37	0:20:39	2:09:48	0:16:31				
36	847	847		LUIS PARRINHA		SEN	C.s.r.d. Ota							40	0:36:32	24	0:00:28	40	1:14:07	27	0:00:31	34	0:20:06	2:11:44	0:18:27				
37	782	782		ANTÓNIO VIEIRA		V1	Gracaa - Vagos							38	0:36:23	30	0:00:32	41	1:14:42	18	0:00:28	36	0:20:17	2:12:22	0:19:06				
38	775	775		JOÃO SANTOS		V1	Abv Estoril							56	0:40:32	35	0:00:33	21	1:10:10	21	0:00:28	44	0:21:56	2:13:39	0:20:22				
39	594	594		CRISTIANO ANDRADE		SEN	Assoc. Família Mendes Pinto							46	0:37:30	40	0:00:36	36	1:13:05	45	0:00:39	49	0:23:18	2:16:08	0:21:51				
40	533	533		OCTÁVIO LUIS		SEN	Clube Ferroviário De Vendas Novas							47	0:37:52	25	0:00:29	43	1:16:33	13	0:00:27	38	0:20:46	2:16:52	0:23:35				
41	838	838		PAULO CALIXTO		SEN	Aleneu Artístico Cartaxense							37	0:36:00	27	0:00:29	48	1:18:48	44	0:00:38	39	0:20:56	2:16:52	0:23:35				
42	854	854		PEDRO MONTEIRO		SEN	C.f. 'os Belenenses'							53	0:38:58	52	0:00:49	42	1:15:12	47	0:00:40	46	0:22:10	2:17:49	0:24:32				
43	854	854		AMÁNDIO CAETANO		V1	A.d.c.r. Palinho							48	0:37:57	49	0:00:44	45	1:17:22	50	0:00:49	40	0:21:07	2:17:59	0:24:42				
44	538	538		CRISTINA PONTE		SEN	Sr Camarnal-constr.ramalho Couto-Ita							45	0:37:21	47	0:00:42	49	1:19:13	28	0:00:31	41	0:21:13	2:19:00	0:25:43				
45	804	804		MARCOS		V2	Individual							44	0:37:02	48	0:00:43	47	1:18:25	49	0:00:45	45	0:22:08	2:19:03	0:25:46				
46	858	858		MIGUEL PALMA		SEN	Abv Estoril							57	0:40:34	36	0:00:33	38	1:13:55	40	0:00:38	50	0:23:27	2:19:05	0:25:48				
47	800	800		FERNANDO FEIJÃO		V2	Casa Do Benfca No Fundão							22	0:33:16	10	0:00:22	37	1:13:39	55	0:01:09	55	0:30:41	2:19:07	0:25:50				
48	417	417		RUI DOLORES		JUN	Amicião							51	0:38:34	41	0:00:36	44	1:17:01	46	0:00:39	47	0:22:45	2:19:35	0:26:18				
49	846	846		MANUEL BATISTA		SEN	C.s.r.d. Ota							39	0:36:32	28	0:00:30	46	1:17:58	25	0:00:30	52	0:25:45	2:21:15	0:27:58				
50	851	851		AMÉRICO GASPÁR		V1	C.s.r.d. Ota							54	0:38:58	53	0:00:52	50	1:19:39	51	0:00:50	42	0:21:37	2:21:56	0:28:39				
51	531	531		MUNO LOPES		SEN	Clube Ferroviário De Vendas Novas							55	0:39:15	45	0:00:39	51	1:21:26	28	0:00:32	43	0:21:50	2:23:42	0:30:25				
52	864	864		ANA ISABEL OLIVEIRA		SEN	C.n. Cartaxo							59	0:42:58	23	0:00:27	53	1:26:19	10	0:00:26	48	0:23:07	2:33:17	0:40:00				
53	538	538		MARIA JOÃO MADEIRA		SEN	C.f. 'os Belenenses'							60	0:43:33	32	0:00:33	52	1:25:22	33	0:00:33	51	0:24:42	2:34:43	0:41:26				
54	540	540		PEDRO GASPÁR		SEN	Udr Caselense							58	0:42:30	55	0:00:58	54	1:30:22	53	0:01:01	53	0:26:46	2:41:37	0:48:20				
55	290	290		MARIA CECÍLIA FRANCO		S23	C.f. 'os Belenenses'							61	0:49:43	54	0:00:54	55	1:37:05	54	0:01:09	54	0:27:06	2:55:57	1:02:40				
56	776	776		FERNANDO TEIXEIRA		DNF	Clube Ferroviário De Vendas Novas							50	0:38:31														
57	285	285		DUARTE MARQUES		DNF	Sr Camarnal-constr.ramalho Couto-Ita							6	0:31:05														
58	600	600		JOSÉ SANTOS		DNF	Sr Camarnal-constr.ramalho Couto-Ita							21	0:33:16														
59	286	286		MÁRIO RAIMUNDO		DNF	Angistémico-ipodec							26	0:33:23														
60	297	297		PEDRO GOMES		DNF	Angistémico-ipodec							19	0:33:14														
61	565	565		SOFIA PERDIGÃO		DNF	C.f. 'os Belenenses'																						
62	559	559		JOSÉ PINTO		DNF	Ovarense							52	0:38:46														
63	282	282		HUGO FORTUNA		DNS	Avelancher/Jer. Jenes																						

Médias:

0:55:27

1:12:25

0:00:31

0:20:03



Federação de Triatlo de Portugal

Lic		Nome		Temporatura Agua:		Corrida (MT)		Ciclismo (KM)			Corrida (MT)				
Dns	Lic	Nome	ESC	pen	Equipa	Pos	Corrida	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
64	777	JERÓNIMO CRUZ	V1	DNS	Clube Ferroviário De Vendas Novas										
65	778	JOSÉ TEIXEIRA	V1	DNS	Clube Ferroviário De Vendas Novas										
66	754	FERNANDO PIRES	V2	DNS	Case Benfica Faro										
67	298	ANDRÉ CAMPOS	S23	DNS	Agistáclica-ipcdec										
68	376	TIAGO MARQUES	JUN	DNS	C.f. "de Belenenses"										
69	521	JOÃO CAMPOS	SEN	DNS	Case Da Benfica No Fundão										
70	301	TIAGO COCHICO	S23	DNS	Sport União Colaresa										
71	302	GONÇALO PINTO	S23	DNS	Sport União Colaresa										



Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE:	ESTORIL	DISTANCIA Corrida (MT); Ciclismo(KM); Corrida(MT):	
Data:	19-04-2003	HORA DE COMEÇO:	15:30

INFO

DELEGADO TÉCNICO:	SERGIO SANTOS	JUIZ PRINCIPAL:	ISABEL COSTA
PONTUÁVEL PARA:	CIRCUITO NACIONAL	JURI DE APELO:	

Informação

V2 Masculinos

Corrida		Temperatura Agua:										Ciclismo				Corrida			
LG	Drs	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff	
30	782	782	JOSÉ VARELA		V2	Casa Benfica Faro	36	0:36:58	42	0:00:37	31	1:12:07	36	0:00:34	21	0:19:06	2:06:22	0:15:05	
34	788	788	OLÍMPIO GUEDELHA		V2	Ccdv.f.tra	43	0:37:00	51	0:00:47	29	1:11:28	43	0:00:38	29	0:19:44	2:09:37	0:16:20	
45	804	804	NARCISO MARCOS		V2	Individual	44	0:37:02	48	0:00:43	47	1:18:25	49	0:00:45	45	0:22:08	2:19:03	0:25:48	
47	800	800	FERNANDO FEIJÃO		V2	Casa Do Benfica No Fundão	22	0:33:16	10	0:00:22	37	1:13:39	55	0:01:09	55	0:30:41	2:19:07	0:25:50	
56	776	776	FERNANDO TEIXEIRA	DNF	V2	Clube Farnojariro De Vendas Novas	50	0:38:31											
66	754	754	FERNANDO PIRES	DNS	V2	Casa Benfica Faro													

V1 Masculinos

Corrida		Temperatura Agua:										Ciclismo				Corrida			
LG	Drs	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff	
16	765	765	JOSÉ REIS		V1	Ovarense	23	0:33:16	38	0:00:34	20	1:10:00	14	0:00:27	9	0:17:07	2:01:24	0:08:07	
21	769	769	CARLOS GOMES		V1	S.L.m.cruz-quabradense	16	0:32:35	7	0:00:21	24	1:10:51	9	0:00:25	30	0:19:47	2:03:59	0:10:42	
27	774	774	JOSÉ GUILHERME OLIVE		V1	Abv Estoril	41	0:36:40	26	0:00:29	23	1:10:17	39	0:00:36	23	0:19:09	2:07:11	0:13:54	
31	770	770	MANUEL GONÇALVES		V1	Pepe-têguas De Assafona	35	0:35:57	46	0:00:40	32	1:12:33	42	0:00:37	25	0:19:17	2:09:04	0:15:47	
37	782	782	ANTÓNIO VIEIRA		V1	Grecas - Vagos	38	0:36:23	30	0:00:32	41	1:14:42	18	0:00:28	36	0:20:17	2:12:22	0:19:06	
38	775	775	JOÃO SANTOS		V1	Abv Estoril	56	0:40:32	35	0:00:33	21	1:10:10	21	0:00:28	44	0:21:56	2:13:39	0:20:22	
43	854	854	AMÂNDIO CAETANO		V1	A.d.c.r. Palmilho	48	0:37:57	49	0:00:44	45	1:17:22	50	0:00:49	40	0:21:07	2:17:59	0:24:42	
50	851	851	AMÉRICO GASPAS		V1	C.s.r.d. Ota	54	0:38:58	53	0:00:52	50	1:19:39	51	0:00:50	42	0:21:37	2:21:56	0:26:39	
84	777	777	JERÓNIMO CRUZ	DNS	V1	Clube Farnojariro De Vendas Novas													
85	778	778	JOSÉ TEIXEIRA	DNS	V1	Clube Farnojariro De Vendas Novas													



Federação de Triatlo de Portugal

SEN Masculinos

Corrida		Ciclismo										Corrida						
LG	Dst	Lic	Nome	Temp. Agua:	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
1	496	486	ILINO BARRUNCHO		SEN	Avançacheir Jenes	2	0:31:04	1	0:00:19	12	1:06:12	2	0:00:17	1	0:15:25	1:53:17	0:00:00
3	508	508	ALCINO SERRAS		SEN	Sr Camarnel-constr.ramalho Couto-Ita	5	0:31:06	3	0:00:21	13	1:06:16	1	0:00:16	3	0:15:48	1:53:46	0:00:29
5	523	523	JORGÉ RODRIGUES		SEN	Casa Do Benfica No Fundão	1	0:31:00	5	0:00:21	15	1:06:19	4	0:00:17	5	0:16:17	1:54:14	0:00:57
7	505	505	JOSÉ MÁRIO RIBEIRO		SEN	Sr Camarnel-constr.ramalho Couto-Ita	8	0:31:15	8	0:00:22	9	1:06:05	5	0:00:19	10	0:17:09	1:55:10	0:01:53
8	507	507	CUSTÓDIO ANTÓNIO		SEN	Sr Camarnel-constr.ramalho Couto-Ita	12	0:32:28	2	0:00:21	5	1:04:57	7	0:00:21	8	0:17:08	1:55:13	0:01:56
9	568	568	PAULO ANTUNES		SEN	C.f. "os Belezeneses"	13	0:32:28	13	0:00:23	7	1:04:59	30	0:00:32	7	0:17:02	1:55:24	0:02:07
10	467	467	SEAN EVOY		SEN	A.c.r.d. Penude De Balbo	17	0:32:56	34	0:00:33	4	1:04:22	15	0:00:27	11	0:17:13	1:55:31	0:02:14
11	481	481	GUSTAVO HACHMEISTER		SEN	Sr Camarnel-constr.ramalho Couto-Ita	11	0:32:27	12	0:00:23	6	1:04:59	17	0:00:28	12	0:17:45	1:56:02	0:02:45
13	506	506	PEDRO PINHEIRO		SEN	Ufo - União Desportiva Oeste	25	0:33:18	22	0:00:26	1	1:04:07	12	0:00:26	19	0:18:52	1:57:09	0:03:52
15	488	488	NUNO NEVES		SEN	Avançacheir Jenes	20	0:33:16	15	0:00:24	2	1:04:08	16	0:00:26	27	0:19:25	1:57:41	0:04:24
17	543	543	RICARDO BARBOSA		SEN	A.c.r.d. Penude De Balbo	24	0:33:16	44	0:00:37	16	1:07:43	31	0:00:32	31	0:19:51	2:01:59	0:08:42
18	488	488	TIAGO LOBO		SEN	A.c.r.d. Penude De Balbo	30	0:34:08	31	0:00:32	17	1:09:05	23	0:00:29	13	0:17:57	2:02:11	0:08:54
19	489	489	JOÃO JORGE FERREIRA		SEN	A.c.r.d. Penude De Balbo	27	0:34:02	43	0:00:37	19	1:09:09	22	0:00:29	14	0:18:27	2:02:44	0:09:27
20	629	629	FERNANDO CARMO		SEN	C.f. "os Belezeneses"	29	0:34:07	39	0:00:36	18	1:09:09	41	0:00:37	22	0:19:08	2:03:36	0:10:19
22	481	481	ANIBAL OLIVEIRA		SEN	Amiclido	14	0:32:28	21	0:00:26	25	1:10:55	11	0:00:26	32	0:19:55	2:04:10	0:10:53
23	644	644	PAULO PINHEIRO		SEN	C.s.r.d. Ota	10	0:32:08	20	0:00:26	35	1:13:01	19	0:00:28	18	0:18:45	2:04:48	0:11:31
24	661	661	ROMEU CORREIA		SEN	Assoc. Famão Mendes Pinto	15	0:32:28	29	0:00:30	33	1:12:45	48	0:00:40	33	0:19:56	2:06:19	0:13:02
25	534	534	JOSÉ ABRANTES		SEN	C.d. Asas Do Milénium	32	0:34:59	33	0:00:33	30	1:11:56	34	0:00:33	17	0:18:43	2:06:44	0:13:27
29	475	475	SÉRGIO DIAS		SEN	Aegléntico-ípodoc	33	0:35:41	18	0:00:26	28	1:11:21	38	0:00:36	28	0:19:29	2:07:33	0:14:16
32	461	461	PAULO PRIETO		SEN	A.d.c.r. Pehiho	31	0:34:44	11	0:00:23	39	1:14:04	37	0:00:35	26	0:19:19	2:08:06	0:15:48
33	594	594	HUGO RIBEIRO		SEN	Aegléntico-ípodoc	48	0:37:58	19	0:00:26	22	1:10:16	26	0:00:31	35	0:20:07	2:08:18	0:16:01
35	608	608	VITOR ANACLETO		SEN	Grecas - Vagos	42	0:36:41	50	0:00:45	27	1:11:13	24	0:00:30	37	0:20:39	2:08:48	0:16:31
36	647	647	LUIS PARRINHA		SEN	C.s.r.d. Ota	40	0:36:32	24	0:00:28	40	1:14:07	27	0:00:31	34	0:20:06	2:11:44	0:18:27
39	564	564	CRISTIANO ANDRADE		SEN	Assoc. Famão Mendes Pinto	46	0:37:30	40	0:00:36	36	1:13:05	45	0:00:39	49	0:23:18	2:15:08	0:21:51
40	533	533	OCTÁVIO LUIS		SEN	Clube Ferroviário De Vendas Novas	47	0:37:52	25	0:00:29	43	1:16:33	13	0:00:27	38	0:20:46	2:16:07	0:22:50
41	638	638	PAULO CALIXTO		SEN	Ateneu Artístico Carbanense	37	0:36:00	27	0:00:29	48	1:18:48	44	0:00:39	39	0:20:56	2:16:52	0:23:35
42	654	654	PEDRO MONTEIRO		SEN	C.f. "os Belezeneses"	53	0:38:58	52	0:00:49	42	1:15:12	47	0:00:40	46	0:22:10	2:17:49	0:24:32
46	658	658	MIGUEL PALMA		SEN	Avy Estoril	57	0:40:34	36	0:00:33	38	1:13:55	40	0:00:36	50	0:23:27	2:19:05	0:25:48
49	646	646	MANUEL BATISTA		SEN	C.s.r.d. Ota	39	0:36:32	28	0:00:30	46	1:17:58	25	0:00:30	52	0:25:45	2:21:15	0:27:58
51	531	531	NUNO LOPES		SEN	Clube Ferroviário De Vendas Novas	55	0:39:15	45	0:00:39	51	1:21:26	29	0:00:32	43	0:21:50	2:23:42	0:30:26
54	540	540	PEDRO GASPAR		SEN	Udr Casaleira	58	0:42:30	55	0:00:58	54	1:30:22	53	0:01:01	53	0:26:46	2:41:37	0:48:20
58	600	600	JOSÉ SANTOS	DNF	SEN	Sr Camarnel-constr.ramalho Couto-Ita	21	0:33:16										
62	559	559	JOSÉ PINTO	DNF	SEN	Ovarense	52	0:38:46										
66	521	521	JOÃO CAMPOS	DNS	SEN	Casa Do Benfica No Fundão												



Federação de Triatlo de Portugal

SEN Femininos

Corrida		Ciclismo (KM)										Corrida (MT)					
LG	Dres/Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
44	536	CRISTINA PONTE		SEN	Sr Camarnel-constr.ramalho Couto-ika	45	0:37:21	47	0:00:42	49	1:19:13	28	0:00:31	41	0:21:13	2:19:00	0:26:43
52	664	ANA ISABEL OLIVEIRA		SEN	C.n. Carfaxo	59	0:42:58	23	0:00:27	53	1:26:19	10	0:00:26	48	0:23:07	2:33:17	0:40:00
53	538	MARIA JOÃO MADEIRA		SEN	C.f. "os Belezeneses"	60	0:43:33	32	0:00:33	52	1:26:22	33	0:00:33	51	0:24:42	2:34:43	0:41:26
61	665	SOFIA PERDIGÃO	DNF	SEN	C.f. "os Belezeneses"												

S23 Masculinos

Corrida		Ciclismo (KM)										Corrida (MT)					
LG	Dres/Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
2	286	SÉRGIO MANUEL SILVA		S23	Sr Camarnel-constr.ramalho Couto-ika	3	0:31:04	16	0:00:26	10	1:06:07	3	0:00:17	2	0:15:39	1:53:33	0:00:16
4	282	BRUNO PAIS		S23	C.f. "os Belezeneses"	7	0:31:05	9	0:00:22	11	1:06:11	8	0:00:22	4	0:16:01	1:54:01	0:00:44
6	284	NELSON SILVA		S23	Sr Camarnel-constr.ramalho Couto-ika	4	0:31:04	4	0:00:21	14	1:06:18	6	0:00:19	6	0:16:21	1:54:23	0:01:06
12	283	MANUEL JÚLIO		S23	S.l.m.a.cruz-quabradense	9	0:31:20	6	0:00:21	8	1:06:03	20	0:00:28	16	0:18:31	1:56:43	0:03:26
14	289	RAFAEL GOMES		S23	Sport União Colerense	18	0:33:11	14	0:00:23	3	1:04:18	52	0:00:57	15	0:18:30	1:57:19	0:04:02
26	320	LUIS SANTOS		S23	Casa Benfica Faro	34	0:35:57	17	0:00:26	26	1:11:07	35	0:00:34	20	0:18:58	2:07:02	0:13:45
28	317	NUNO CRUZ		S23	C.f. "os Belezeneses"	28	0:34:06	37	0:00:34	34	1:12:49	32	0:00:33	24	0:19:11	2:07:13	0:13:56
57	285	DUARTE MARQUES	DNF	S23	Sr Camarnel-constr.ramalho Couto-ika	6	0:31:05										
59	286	MARIO RAIMUNDO	DNF	S23	Aegislântico-ipodoc	26	0:33:23										
60	287	PEDRO GOMES	DNF	S23	Aegislântico-ipodoc	19	0:33:14										
63	282	HUGO FORTUNA	DNS	S23	Aviação/efk Janes												
67	288	ANDRÉ CAMPOS	DNS	S23	Aegislântico-ipodoc												
70	301	TIAGO COCHICHO	DNS	S23	Sport União Colerense												
71	302	GONÇALO PINTO	DNS	S23	Sport União Colerense												

S23 Femininos

Corrida		Ciclismo (KM)										Corrida (MT)					
LG	Dres/Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
55	280	MARIA CECÍLIA FRANCO		S23	C.f. "os Belezeneses"	61	0:49:43	54	0:00:54	55	1:37:05	54	0:01:09	54	0:27:06	2:55:57	1:02:40



Federação de Triatlo de Portugal

JUN Masculinos

Corrida		Temperatura Agua:				Ciclismo										Corrida			
Le	Dress	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	DIFF	
48	417	417	RUI DOLORES		JUN	Amigado	51	0:38:34	41	0:00:36	44	1:17:01	46	0:00:39	47	0:22:45	2:19:36	0:26:18	
68	376	376	TIAGO MARQUES	DNS	JUN	C.f. "de Belenenses"													