

Federação de Triatlo de Portugal

RESULTADOS

LOCALIDADE:	BORBA	DISTÂNCIA Corrida (MT); Ciclismo (KM); Corrida (MT):	4500/23/2250
Data:	29-03-2003	HORA DE COMEÇO:	16:00

INFO

DELEGADO TÉCNICO:	SERGIO SANTOS	JUIZ PRINCIPAL:	CRISTINA LOPES
PONTUÁVEL PARA:	CIRCUITO NACIONAL	JURI DE APELO:	

Informação

Corrida		4500 (MT) Temperatura Agua:										23 (KM)										Corrida		
LG	Dns	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff							
1	284		NELSON SILVA		S23	Sr Camamal-constr.namelho Couto-Ika	2	0:15:03	1	0:00:12	5	0:46:59	3	0:00:13	1	0:07:28	1:09:55	0:00:00						
2	286		SÉRGIO MANUEL SILVA		S23	Sr Camamal-constr.namelho Couto-Ika	1	0:15:03	5	0:00:15	4	0:46:55	1	0:00:12	2	0:07:39	1:10:04	0:00:09						
3	486		LINO BARRUNCHO		SEN	Avianche/sr Janes	4	0:15:04	3	0:00:14	2	0:46:52	5	0:00:13	3	0:07:55	1:10:18	0:00:23						
4	523		JORGE RODRIGUES		SEN	Casa Do Benfica No Fundão	6	0:15:07	8	0:00:16	3	0:46:54	2	0:00:12	6	0:08:13	1:10:42	0:00:47						
5	282		BRUNO PAIS		S23	C.f. "os Belenenses"	8	0:15:27	2	0:00:13	1	0:46:30	19	0:00:19	28	0:09:08	1:11:37	0:01:42						
6	282		HUGO FORTUNA		S23	Avianche/sr Janes	5	0:15:06	4	0:00:14	8	0:48:04	28	0:00:21	7	0:08:15	1:12:00	0:02:05						
7	507		CUSTÓDIO ANTÓNIO		SEN	Sr Camamal-constr.namelho Couto-Ika	10	0:15:48	9	0:00:18	7	0:48:00	6	0:00:14	10	0:08:21	1:12:41	0:02:48						
8	488		NUNO NEVES		SEN	Avianche/sr Janes	15	0:16:12	17	0:00:20	6	0:47:28	18	0:00:19	14	0:08:36	1:12:55	0:03:00						
9	283		MANUEL JÚLIO		S23	S.i.m.e.cruz-quebradense	7	0:15:21	6	0:00:15	9	0:49:20	25	0:00:20	11	0:08:24	1:13:40	0:03:45						
10	398		RUBEN CRISTIANO		JUN	Sr Camamal-constr.namelho Couto-Ika	3	0:15:04	23	0:00:22	14	0:50:48	46	0:00:27	8	0:08:16	1:14:57	0:05:02						
11	844		PAULO PINHEIRO		SEN	C.s.r.d. Ota	9	0:15:47	46	0:00:31	16	0:50:51	7	0:00:15	4	0:07:58	1:15:22	0:05:27						
12	636		PAULO MANUEL GONÇALV		SEN	Casa Do Benfica No Fundão	12	0:15:56	11	0:00:18	15	0:50:50	12	0:00:17	5	0:08:06	1:15:27	0:05:32						
13	1145		VANESSA FERNANDES		JUN	Individual	20	0:16:32	15	0:00:19	10	0:49:21	48	0:00:27	21	0:08:58	1:15:37	0:05:42						
14	461		ANIBAL OLIVEIRA		SEN	Amiciolo	14	0:16:04	35	0:00:26	12	0:50:36	8	0:00:15	12	0:08:26	1:15:47	0:05:52						
15	499		ANTÓNIO ERVIDEIRA		SEN	Udo - União Desportiva Oeste	21	0:16:33	19	0:00:21	11	0:50:13	33	0:00:23	18	0:08:52	1:16:22	0:06:27						
16	535		RENATO MANUEL		SEN	Clube Ferroviário De Vendas Novas	27	0:16:54	31	0:00:25	13	0:50:47	15	0:00:18	9	0:08:16	1:16:40	0:08:45						
17	800		FERNANDO FEIJÃO		V2	Casa Do Benfica No Fundão	18	0:16:32	24	0:00:22	19	0:51:19	31	0:00:22	20	0:08:56	1:17:31	0:07:36						
18	628		FERNANDO CARMO		SEN	C.f. "os Belenenses"	23	0:16:35	54	0:00:35	17	0:51:02	53	0:00:29	28	0:09:12	1:17:53	0:07:58						
19	534		JOSÉ ABRANTES		SEN	C.d. Asas Do Milénium	29	0:17:07	60	0:00:38	22	0:51:39	38	0:00:24	15	0:08:37	1:18:25	0:08:30						
20	423		PEDRO MENDES		JUN	Portinredo	26	0:16:52	34	0:00:28	25	0:52:09	45	0:00:27	16	0:08:36	1:18:32	0:08:37						
21	778		JOSÉ TEIXEIRA		V1	Clube Ferroviário De Vendas Novas	38	0:17:40	18	0:00:20	20	0:51:26	32	0:00:22	17	0:08:47	1:18:35	0:08:40						
22	582		RUI RODRIGUES		SEN	Udo - União Desportiva Oeste	13	0:15:57	38	0:00:27	28	0:53:05	52	0:00:29	19	0:08:53	1:18:51	0:08:56						
23	754		FERNANDO PIRES		V2	Casa Benfica Faro	19	0:16:32	33	0:00:25	29	0:53:06	22	0:00:19	30	0:09:21	1:19:43	0:09:48						
24	310		GUSTAVO CAPÃO		S23	Grecas - Vagos	37	0:17:39	58	0:00:37	21	0:51:37	50	0:00:28	39	0:09:35	1:19:56	0:10:01						

7^o = hush u = 764



Federação de Triatlo de Portugal

Corrida				Ciclismo										Corrida				
4500 (MT) Temperatura Agua:				23 (KM)										2250 (MT)				
LG	Drel	LIC	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
25	317		NUNO CRUZ		S23	C.f. "os Belenenses"	28	0:16:55	77	0:00:49	26	0:52:22	83	0:00:52	24	0:09:06	1:20:04	0:10:09
26	806		VITOR ANACLETO		SEN	Grecas - Vagos	39	0:17:53	43	0:00:30	24	0:52:00	35	0:00:23	31	0:09:24	1:20:10	0:10:15
27	564		CRISTIANO ANDRADE		SEN	Assoc. Ferrão Mendes Pinto	36	0:17:33	61	0:00:38	23	0:51:50	44	0:00:28	45	0:09:54	1:20:21	0:10:26
28	785		JOSÉ REIS		V1	Ovarense	30	0:17:14	57	0:00:36	34	0:53:59	41	0:00:24	13	0:08:28	1:20:41	0:10:46
29	466		CARLOS MATOS		SEN	Casa Benfics Faro	40	0:17:54	47	0:00:31	27	0:52:22	30	0:00:21	43	0:09:46	1:20:54	0:10:59
30	465		PAULO SILVA		SEN	Casa Benfics Faro	17	0:16:30	16	0:00:20	35	0:55:12	11	0:00:17	23	0:09:03	1:21:22	0:11:27
31	856		JOSÉ SALGUEIRO		V1	Avalanchet/Sl James	56	0:18:40	27	0:00:24	18	0:51:06	36	0:00:23	69	0:11:08	1:21:41	0:11:46
32	533		OCTAVIO LUIS		SEN	Clube Ferroviario De Vendas Novas	53	0:18:30	12	0:00:18	33	0:53:58	9	0:00:16	34	0:09:29	1:22:31	0:12:36
33	645		JOÃO LOURENÇO		SEN	C.s.r.d. Ota	54	0:18:32	29	0:00:24	31	0:53:19	21	0:00:19	47	0:10:12	1:22:46	0:12:51
34	646		MANUEL BATISTA		SEN	C.s.r.d. Ota	41	0:17:57	39	0:00:27	32	0:53:52	14	0:00:17	50	0:10:13	1:22:46	0:12:51
35	613		PAULO LAMEGO		SEN	C.f. "os Belenenses"	35	0:17:33	30	0:00:25	40	0:56:23	40	0:00:24	37	0:09:30	1:24:15	0:14:20
36	413		CESARIO GASPAS		JUN	Grecas - Vagos	31	0:17:16	59	0:00:37	41	0:56:25	72	0:00:37	33	0:09:27	1:24:22	0:14:27
37	822		CARLOS LEITE		V4	Ovarense	50	0:18:27	51	0:00:32	37	0:55:26	16	0:00:18	41	0:09:41	1:24:24	0:14:29
38	775		JOÃO SANTOS		V1	Abv Estoril	75	0:20:30	7	0:00:16	30	0:53:14	4	0:00:13	48	0:10:13	1:24:26	0:14:31
39	638		PAULO CALIXTO		SEN	Ateneu Artístico Carabense	34	0:17:23	44	0:00:31	50	0:57:08	49	0:00:28	42	0:09:46	1:25:16	0:15:21
40	536		CRISTINA PONTE		SEN	Sl Carnaçal-consel. ramalho Couto-Ita	44	0:18:07	41	0:00:29	47	0:56:49	39	0:00:24	35	0:09:30	1:25:19	0:15:24
41	778		FERNANDO TEIXEIRA		V2	Clube Ferroviario De Vendas Novas	52	0:18:29	22	0:00:21	45	0:56:41	20	0:00:19	38	0:09:34	1:25:24	0:15:28
42	845		JOSÉ MANUEL SILVA		V1	Ovarense	32	0:17:16	28	0:00:24	54	0:58:20	27	0:00:20	25	0:09:06	1:25:26	0:15:31
43	559		JOSÉ PINTO		SEN	Ovarense	49	0:18:27	69	0:00:43	42	0:58:25	10	0:00:16	40	0:09:40	1:25:31	0:15:36
44	847		LUIS PARRINHA		SEN	C.s.r.d. Ota	51	0:18:28	32	0:00:25	44	0:58:40	29	0:00:21	44	0:09:49	1:25:43	0:15:48
45	854		PEDRO MONTEIRO		SEN	C.f. "os Belenenses"	65	0:19:25	65	0:00:39	36	0:55:16	68	0:00:35	52	0:10:17	1:26:12	0:16:17
46	846		JOÃO VENÂNCIO		V2	Casa Do Benfics No Fundão	58	0:18:59	20	0:00:21	43	0:58:26	13	0:00:17	51	0:10:14	1:26:17	0:16:22
47	315		BRUNO FERREIRA		S23	C.s.r.d. Ota	57	0:18:56	62	0:00:38	38	0:58:18	69	0:00:35	57	0:10:28	1:26:55	0:17:00
48	392		JOÃO DIAS		JUN	Ateneu Artístico Carabense	59	0:19:05	10	0:00:18	46	0:56:44	23	0:00:20	61	0:10:34	1:27:01	0:17:06
49	1044		SERGIO OLIVEIRA		SEN	Individual	43	0:18:05	82	0:00:56	49	0:57:03	62	0:00:32	65	0:10:41	1:27:17	0:17:22
50	782		ANTÓNIO VIEIRA		V1	Grecas - Vagos	42	0:18:03	56	0:00:36	57	0:58:55	70	0:00:36	32	0:09:25	1:27:35	0:17:40
51	851		AMÉRICO GASPAS		V1	C.s.r.d. Ota	62	0:19:07	85	0:01:00	39	0:56:21	86	0:00:57	55	0:10:20	1:27:45	0:17:50
52	398		SARAH VERGUET MONIZ		JUN	C.f. "os Belenenses"	61	0:19:06	21	0:00:21	52	0:58:09	47	0:00:27	54	0:10:20	1:28:23	0:18:28
53	782		JOSÉ VARELA		V2	Casa Benfics Faro	46	0:18:09	26	0:00:24	61	1:00:08	17	0:00:19	36	0:09:30	1:28:30	0:18:36
54	649		LUIS GUERREIRO		SEN	Individual	45	0:18:07	76	0:00:48	58	0:59:10	73	0:00:38	56	0:10:23	1:29:06	0:19:11
55	831		JORGE MACHADO		V2	Casa Benfics Faro	69	0:19:52	67	0:00:42	51	0:57:53	64	0:00:34	60	0:10:31	1:29:32	0:19:37
56	637		LUIS QUINTELA		SEN	Casa Do Benfics No Fundão	33	0:17:19	86	0:01:01	67	1:01:16	86	0:01:02	22	0:08:59	1:29:37	0:19:42
57	627		PAULO TELES		SEN	Individual	67	0:19:28	50	0:00:32	53	0:58:12	78	0:00:42	68	0:11:01	1:29:55	0:20:00
58	777		JERÓNIMO CRUZ		V1	Clube Ferroviario De Vendas Novas	63	0:19:22	40	0:00:28	59	0:59:44	26	0:00:20	53	0:10:19	1:30:13	0:20:18
59	406		HUGO LANÇA		JUN	Udo - União Desportiva Oeste	81	0:21:00	48	0:00:32	48	0:56:57	67	0:00:35	81	0:12:04	1:31:06	0:21:13

A-Gishine TLP



Federação de Triatlo de Portugal

Corrida 4500 (MT) Temperatura Agua:										Ciclismo 23 (KM)					Corrida 2250 (MT)		
LG	Dres	Lic	Nome	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
60	531		NUNO LOPES	SEN	Clube Ferroviário De Vendas Novas	84	0:19:23	52	0:00:33	64	1:00:29	58	0:00:31	49	0:10:13	1:31:09	0:21:14
61	1039		JOSE REBOLA	SEN	Individual	55	0:18:35	36	0:00:28	68	1:01:18	37	0:00:23	59	0:10:29	1:31:11	0:21:16
62	540		PEDRO GASPAS	SEN	Ldr Casalese	86	0:19:27	72	0:00:47	66	1:01:10	59	0:00:32	46	0:10:08	1:32:04	0:22:08
63	509		CARLOS BORGES	SEN	Clube Ferroviário De Vendas Novas	11	0:15:55	13	0:00:18	79	1:06:45	43	0:00:26	27	0:09:08	1:32:32	0:22:37
64	419		ANDREIA MOÇO	JUN	Grecas - Vagos	85	0:21:18	53	0:00:35	56	0:58:50	61	0:00:48	75	0:11:24	1:32:55	0:23:00
65	806		JOSÉ LUÍS NUNES	V2	Papa-Igúias De Assafora	77	0:20:38	68	0:00:42	63	1:00:14	79	0:00:45	64	0:10:41	1:33:00	0:23:05
66	456		RUI PEDRO MATOS	SEN	Casa Benfica Faro	80	0:19:05	45	0:00:31	74	1:03:56	51	0:00:28	29	0:09:17	1:33:17	0:23:22
67	1048		TIAGO TELES	SEN	Individual	78	0:20:40	63	0:00:38	60	1:00:07	74	0:00:38	71	0:11:19	1:33:22	0:23:27
68	1027		NUNO GUERREIRO	S23	Individual	84	0:21:08	88	0:01:10	55	0:56:24	84	0:00:52	83	0:12:28	1:34:02	0:24:07
68	547		JOSÉ ANTUNES	SEN	Individual	86	0:21:31	75	0:00:48	65	1:00:44	65	0:00:34	58	0:10:28	1:34:08	0:24:11
70	799		LUIS FILIPE SILVA	V2	Ldr Casalese	79	0:20:41	78	0:00:49	62	1:00:12	76	0:00:40	78	0:11:46	1:34:08	0:24:13
71	595		PAULO CODINHA	SEN	C.i. "os Belenenses"	74	0:20:23	64	0:00:39	70	1:02:23	54	0:00:29	74	0:11:23	1:35:17	0:25:22
72	773		HENRIQUE FREIRE	V1	Ldr Casalese	80	0:20:42	25	0:00:22	72	1:03:32	60	0:00:32	73	0:11:21	1:36:29	0:26:34
73	546		LUIS ANTUNES	SEN	Individual	87	0:21:31	71	0:00:47	69	1:01:19	63	0:00:33	84	0:12:31	1:36:41	0:26:46
74	553		VITOR CUNHA	SEN	Casa Benfica Faro	70	0:19:53	66	0:00:42	75	1:04:31	87	0:01:01	70	0:11:15	1:37:22	0:27:27
75	1045		ANA OLIVEIRA	SEN	Individual	72	0:20:05	80	0:00:54	77	1:04:50	80	0:00:47	66	0:10:55	1:37:31	0:27:36
76	1048		CARLOS VASQUEZ	SEN	Individual	71	0:20:03	84	0:00:59	76	1:04:39	85	0:00:55	67	0:10:57	1:37:33	0:27:38
77	418		BRUNO SANTOS	JUN	Individual	48	0:18:19	37	0:00:27	84	1:08:47	42	0:00:25	62	0:10:35	1:38:33	0:28:38
78	279		GONÇALO JACINTO	S23	Ateneu Artístico Cartaxense	90	0:22:18	89	0:01:11	71	1:03:07	71	0:00:37	72	0:11:20	1:38:33	0:28:38
79	528		SÉRGIO OLIVEIRA	SEN	Atv Estoril	76	0:20:38	14	0:00:19	73	1:03:50	34	0:00:23	87	0:14:04	1:39:14	0:29:19
80	818		JOSÉ RIJO	V4	C.i. "os Belenenses"	82	0:21:03	87	0:01:03	78	1:06:37	75	0:00:40	77	0:11:32	1:40:55	0:31:00
81	771		JOAQUIM AVELAR	V1	S.l.m.e.cruz-quebradense	88	0:21:52	83	0:00:57	80	1:06:58	56	0:00:31	63	0:10:37	1:40:55	0:31:00
82	648		MIGUEL FRAGOSO	SEN	Individual	83	0:21:07	49	0:00:32	81	1:07:27	77	0:00:42	80	0:11:59	1:41:47	0:31:52
83	643		JORGE VITORINO	SEN	C.d. Azeitão Do Milénium	73	0:20:11	81	0:00:56	83	1:08:43	55	0:00:31	76	0:11:28	1:41:49	0:31:54
84	829		FRANCISCO MARTINS	V5	Clube Ferroviário De Vendas Novas	91	0:23:04	55	0:00:35	82	1:07:49	57	0:00:31	82	0:12:22	1:44:21	0:34:26
85	280		MARIA CECÍLIA FRANCO	S23	C.i. "os Belenenses"	92	0:23:23	79	0:00:54	85	1:11:30	82	0:00:49	79	0:11:58	1:48:34	0:38:39
86	400		PEDRO FORTES	JUN	Ateneu Artístico Cartaxense	69	0:22:17	74	0:00:48	86	1:12:42	88	0:01:05	86	0:13:18	1:50:10	0:40:15
87	830		JOÃO BRANCO	V4	C.i. "os Belenenses"	93	0:23:40	42	0:00:29	87	1:13:06	24	0:00:20	85	0:13:07	1:50:42	0:40:47
88	801		LUÍS RAMOS	V2	C.i. "os Belenenses"	97	0:25:42	90	0:01:28	88	1:18:21	90	0:01:08	88	0:14:27	2:01:06	0:51:11
88	1042		SARA CALADO	S23	Individual	95	0:25:31	70	0:00:45	90	1:33:35	61	0:00:32	90	0:14:32	2:14:55	1:05:00
90	1043		PEDRO REBOLA	SEN	Individual	96	0:25:31	73	0:00:47	89	1:33:34	66	0:00:34	89	0:14:30	2:14:56	1:05:01
91	304		BRUNO FERNANDES	DNF	Ujo - União Desportiva Oeste	22	0:16:35										
92	314		CARLA RIBEIRO	DNF	C.n. Cartaxo												
93	280		JOÃO JACINTO	DNF	Ateneu Artístico Cartaxense	94	0:23:45										
94	753		JOÃO RITA	DNF	Casa Benfica Faro	68	0:19:44										

Médias:

0:18:41

0:00:33

0:58:04

0:00:28

0:10:09

D=0 3

Nº Cas por Ref.



RESULTADOS

Federação de Triatlo de Portugal

Corrida										Ciclismo					Corrida		
4500 (MT) Temperatura Agua:										23 (KM)					2250 (MT)		
LG	Dns	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	T-2	Pos	Corrida	Total	Diff	
95	412	412	CHARLY BLANCHARD	DNF	JUN	Avianche/air Janes	16	0:16:16									
96	297	297	PEDRO GOMES	DNF	S23	Aegistecnico-ipodec	47	0:18:10									
97	804	804	NARCISO MARCOS	DNF	V2	Individual	25	0:16:45									
98	659	659	RICARDO ROCHA	DNF	SEN	Amiciclo	24	0:16:37									
99	298	298	ANDRÉ CAMPOS	DNF	S23	Aegistecnico-ipodec											
100	404	404	NUNO CHAINHO	DNS	JUN	Os Kotas Bike Team											
101	505	505	JOSÉ MÁRIO RIBEIRO	DNS	SEN	Sr Camamal-constr.namalho Couto-Ika											
102	774	774	JOSÉ GUILHERME OLIVEIRA	DNS	V1	Abv Estofis											
103	484	484	PAULO LEOTE	DNS	SEN	Codv.f.xira											
104	588	588	PAULO ANTUNES	DNS	SEN	C.f. "os Belenenses"											
105	817	817	MTOR COSTA	DNS	V3	C.f. "os Belenenses"											
106	308	308	JOANA GUERRA	DNS	S23	C.f. "os Belenenses"											
107	378	378	TIAGO MARQUES	DNS	JUN	C.f. "os Belenenses"											
108	808	808	ALICIA MONIZ	DNS	V2	C.f. "os Belenenses"											
109	399	399	JOÃO SILVA	DNS	JUN	C.f. "os Belenenses"											
110	252	252	TIAGO NEVES	DNS	JUN	Aegistecnico-ipodec											
111	296	296	MÁRIO RAIMUNDO	DNS	S23	Aegistecnico-ipodec											
112	812		CARLOS RAIMUNDO	DNS	V3	Individual											
113	635	635	CLÁUDIO NOGUEIRA	DNS	SEN	Clube Ferroviário De Vendas Novas											
114	843	843	ANTÓNIO PEREIRA	DNS	V5	Individual											
115	824		VENCESLAU FERNANDES	DNS	V4	Individual											
116	1037		MARCO SANTOS	DNS	SEN	Individual											
117	1038		ISOLINDO FELIZARDO	DNS	SEN	Individual											
118	1046		JOAO PIMPAO	DNS	SEN	Individual											
119	1050		RICARDO FRANCISCO	DNS	SEN	Individual											
120	1032		LUIS ALMEIDA	DNS	SEN	Individual											

LOCALIDADE: BORBA	DISTANCIA Corrida (MT); Ciclismo (KM); Corrida (MT):	4500/23/2250
Data: 29-03-2003	HORA DE COMEÇO:	16:00

INFO

DELEGADO TÉCNICO: SERGIO SANTOS	JUZ PRINCIPAL: CRISTINA LOPES
PONTUAVÉL PARA: CIRCUITO NACIONAL	JURI DE APELO:

Informação

Corrida		Ciclismo										Corrida						
4500 (MT)		23 (KM)										2250 (MT)						
LG	Draj	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	T-2	Pos	Corrida	Total	Diff		
1	284	284	NELSON SILVA		S23	Sr Camamal-coostr.ramelho Couto-Ita	2	0:15:03	1	0:00:12	5	0:46:59	3	0:00:13	1	0:07:28	1:09:55	0:00:00
2	286	286	SÉRGIO MANUEL SILVA		S23	Sr Camamal-coostr.ramelho Couto-Ita	1	0:15:03	5	0:00:15	4	0:46:55	1	0:00:12	2	0:07:39	1:10:04	0:00:09
3	486	486	LINO BARRUNCHO		SEN	Avalanche/air Janes	4	0:15:04	3	0:00:14	2	0:46:52	5	0:00:13	3	0:07:55	1:10:18	0:00:23
4	523	523	JORGE RODRIGUES		SEN	Casa Do Benficia No Fundão	6	0:15:07	8	0:00:16	3	0:46:54	2	0:00:12	6	0:08:13	1:10:42	0:00:47
5	282	282	BRUNO PAIS		S23	C.f. "os Bealenenses"	8	0:15:27	2	0:00:13	1	0:46:30	19	0:00:19	25	0:09:08	1:11:37	0:01:42
6	282	282	HUGO FORTUNA		S23	Avalanche/air Janes	5	0:15:06	4	0:00:14	8	0:48:04	28	0:00:21	7	0:08:15	1:12:00	0:02:05
7	507	507	CUSTÓDIO ANTÓNIO		SEN	Sr Camamal-coostr.ramelho Couto-Ita	10	0:15:48	9	0:00:18	7	0:48:00	6	0:00:14	10	0:08:21	1:12:41	0:02:46
8	488	488	NUÑO NEVES		SEN	Avalanche/air Janes	15	0:18:12	16	0:00:20	6	0:47:28	18	0:00:19	14	0:08:36	1:12:55	0:03:00
9	283	283	MANUEL JÚLIO		S23	S.l.m.e.cruz-quebradense	7	0:15:21	6	0:00:15	9	0:49:20	25	0:00:20	11	0:08:24	1:13:40	0:03:45
10	398	398	RUBEN CRISTIANO		JUN	Sr Camamal-coostr.ramelho Couto-Ita	3	0:15:04	21	0:00:22	13	0:50:48	45	0:00:27	8	0:08:16	1:14:57	0:05:02
11	844	844	PAULO PINHEIRO		SEN	C.s.r.d. Ota	9	0:15:47	43	0:00:31	15	0:50:51	7	0:00:15	4	0:07:58	1:15:22	0:05:27
12	638	638	PAULO MANUEL GONÇALV		SEN	Casa Do Benficia No Fundão	12	0:15:56	11	0:00:18	14	0:50:50	12	0:00:17	5	0:08:06	1:15:27	0:05:32
13	481	481	ANIBAL OLIVEIRA		SEN	Ambicão	14	0:16:04	33	0:00:26	11	0:50:36	8	0:00:15	12	0:08:26	1:15:47	0:05:52
14	489	489	ANTÓNIO ERVEIDEIRA		SEN	Udo - União Desportiva Oeste	20	0:16:33	18	0:00:21	10	0:50:13	33	0:00:23	18	0:08:52	1:16:22	0:06:27
15	535	535	RENATO MANUEL		SEN	Clube Ferroviario Da Vendas Novas	26	0:16:54	29	0:00:25	12	0:50:47	15	0:00:18	9	0:08:16	1:16:40	0:06:45
16	800	800	FERNANDO FEIJÃO		V2	Casa Do Benficia No Fundão	18	0:16:32	22	0:00:22	18	0:51:19	31	0:00:22	20	0:08:56	1:17:31	0:07:36
17	829	829	FERNANDO CARMO		SEN	C.f. "os Bealenenses"	22	0:16:35	50	0:00:35	16	0:51:02	50	0:00:29	27	0:09:12	1:17:53	0:07:58
18	534	534	JOSÉ ABRANTES		SEN	C.d. Asas Do Milénium	28	0:17:07	56	0:00:38	21	0:51:39	38	0:00:24	15	0:08:37	1:18:25	0:08:30
19	423	423	PEDRO MENDES		JUN	Portinado	25	0:16:52	32	0:00:26	24	0:52:09	44	0:00:27	16	0:08:38	1:18:32	0:08:37
20	778	778	JOSÉ TEIXEIRA		V1	Clube Ferroviario De Vendas Novas	37	0:17:40	17	0:00:20	19	0:51:26	32	0:00:22	17	0:08:47	1:18:35	0:08:40
21	592	592	RUI RODRIGUES		SEN	Udo - União Desportiva Oeste	13	0:15:57	36	0:00:27	27	0:53:05	49	0:00:29	19	0:08:53	1:18:51	0:08:56
22	754	754	FERNANDO PIRES		V2	Casa Benficia Faro	19	0:16:32	31	0:00:25	28	0:53:06	22	0:00:19	29	0:09:21	1:19:43	0:09:48
23	310	310	GUSTAVO CAPÃO		S23	Grecas - Vagos	36	0:17:39	54	0:00:37	20	0:51:37	47	0:00:28	37	0:09:35	1:19:56	0:10:01
24	317	317	NUÑO CRUZ		S23	C.f. "os Bealenenses"	27	0:16:55	72	0:00:49	25	0:52:22	76	0:00:52	23	0:09:08	1:20:04	0:10:09

D. G. Silva





Federação de Triatlo de Portugal

Corrida		4500 (MT) Temperatura Agua:										Ciclismo										2250 (MT)			
LG	Detal	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Pos	Corrida	Total	Diff					
25	606		VITOR ANACLETO		SEN	Greca - Vagos	38	0:17:53	40	0:00:30	23	0:52:00	35	0:00:23	30	0:09:24	30	0:09:24	1:20:10	0:10:15					
26	564		CRISTIANO ANDRADE		SEN	Assoc. Ferrão Mendes Pinto	35	0:17:33	57	0:00:38	22	0:51:50	43	0:00:28	43	0:09:54	43	0:09:54	1:20:21	0:10:26					
27	785		JOSÉ REIS		V1	Ovarense	29	0:17:14	53	0:00:36	33	0:53:59	40	0:00:24	13	0:08:28	13	0:08:28	1:20:41	0:10:46					
28	466		CARLOS MATOS		SEN	Casa Benfica Faro	39	0:17:54	44	0:00:31	26	0:52:22	30	0:00:21	41	0:09:46	41	0:09:46	1:20:54	0:10:59					
29	465		PAULO SILVA		SEN	Casa Benfica Faro	17	0:16:30	15	0:00:20	34	0:55:12	11	0:00:17	22	0:09:03	22	0:09:03	1:21:22	0:11:27					
30	856		JOSÉ SALGUEIRO		V1	Avançar - Jense	54	0:18:40	25	0:00:24	17	0:51:06	36	0:00:23	65	0:11:08	65	0:11:08	1:21:41	0:11:46					
31	533		OCTÁVIO LUIS		SEN	Clube Ferroviário De Vendas Novas	51	0:18:30	12	0:00:18	32	0:53:58	9	0:00:16	33	0:09:29	33	0:09:29	1:22:31	0:12:36					
32	845		JOÃO LOURENÇO		SEN	C.s.r.d. Ota	52	0:18:32	27	0:00:24	30	0:53:19	21	0:00:19	45	0:10:12	45	0:10:12	1:22:46	0:12:51					
33	846		MANUEL BATISTA		SEN	C.s.r.d. Ota	40	0:17:57	37	0:00:27	31	0:53:52	14	0:00:17	48	0:10:13	48	0:10:13	1:22:46	0:12:51					
34	613		PAULO LAMEGO		SEN	C.f. "os Belenenses"	34	0:17:33	28	0:00:25	38	0:56:23	39	0:00:24	35	0:09:30	35	0:09:30	1:24:15	0:14:20					
35	413		CESÁRIO GASPAS		JUN	Greca - Vagos	30	0:17:16	55	0:00:37	40	0:56:25	68	0:00:37	32	0:09:27	32	0:09:27	1:24:22	0:14:27					
36	822		CARLOS LEITE		V4	Ovarense	48	0:18:27	48	0:00:32	36	0:55:26	16	0:00:18	39	0:09:41	39	0:09:41	1:24:24	0:14:29					
37	775		JOÃO SANTOS		V1	Av Estoril	71	0:20:30	7	0:00:16	29	0:53:14	4	0:00:13	46	0:10:13	46	0:10:13	1:24:26	0:14:31					
38	836		PAULO CALIXTO		SEN	Ateneu Artistico Caritativo	33	0:17:23	41	0:00:31	48	0:57:08	46	0:00:28	40	0:09:46	40	0:09:46	1:25:16	0:15:21					
39	776		FERNANDO TEIXEIRA		V2	Clube Ferroviário De Vendas Novas	50	0:18:29	20	0:00:21	44	0:56:41	20	0:00:19	36	0:09:34	36	0:09:34	1:25:24	0:15:29					
40	845		JOSÉ MANUEL SILVA		V1	Ovarense	31	0:17:16	26	0:00:24	51	0:58:20	27	0:00:20	24	0:09:06	24	0:09:06	1:25:26	0:15:31					
41	559		JOSÉ PINTO		SEN	Ovarense	47	0:18:27	65	0:00:43	41	0:58:25	10	0:00:16	38	0:09:40	38	0:09:40	1:25:31	0:15:36					
42	847		LUIS PARRINHA		SEN	Ovarense	49	0:18:28	30	0:00:25	43	0:58:40	28	0:00:21	42	0:09:49	42	0:09:49	1:25:43	0:15:48					
43	854		PEDRO MONTEIRO		SEN	C.s.r.d. Ota	62	0:19:25	61	0:00:39	35	0:55:16	64	0:00:35	50	0:10:17	50	0:10:17	1:26:12	0:16:17					
44	846		JOÃO VENÂNCIO		V2	Casa Do Benfica No Fundão	58	0:18:59	19	0:00:21	42	0:58:26	13	0:00:17	49	0:10:14	49	0:10:14	1:26:17	0:16:22					
45	315		BRUNO FERREIRA		S23	C.s.r.d. Ota	55	0:18:56	58	0:00:38	37	0:58:18	65	0:00:35	54	0:10:28	54	0:10:28	1:26:55	0:17:00					
46	362		JOÃO DIAS		JUN	Ateneu Artistico Caritativo	57	0:19:05	10	0:00:18	45	0:58:44	23	0:00:20	58	0:10:34	58	0:10:34	1:27:01	0:17:08					
47	1044		SERGIO OLIVEIRA		SEN	Individual	42	0:18:05	75	0:00:56	47	0:57:03	58	0:00:32	62	0:10:41	62	0:10:41	1:27:17	0:17:22					
48	782		ANTÓNIO VIEIRA		V1	Greca - Vagos	41	0:18:03	52	0:00:36	53	0:58:55	66	0:00:36	31	0:09:25	31	0:09:25	1:27:35	0:17:40					
49	851		AMÉRICO GASPAS		V1	C.s.r.d. Ota	59	0:19:07	78	0:01:00	38	0:58:21	79	0:00:57	52	0:10:20	52	0:10:20	1:27:45	0:17:50					
50	792		JOSÉ VARELA		V2	Casa Benfica Faro	44	0:18:09	24	0:00:24	57	1:00:08	17	0:00:19	34	0:09:30	34	0:09:30	1:28:30	0:18:35					
51	649		LUIS GUERREIRO		SEN	Individual	43	0:18:07	71	0:00:48	54	0:59:10	69	0:00:38	53	0:10:23	53	0:10:23	1:29:06	0:19:11					
52	851		JORGE MACHADO		V2	Casa Benfica Faro	66	0:19:52	63	0:00:42	49	0:57:53	60	0:00:34	57	0:10:31	57	0:10:31	1:29:32	0:19:37					
53	637		LUIS QUINTELA		SEN	Casa Do Benfica No Fundão	32	0:17:19	79	0:01:01	63	1:01:16	81	0:01:02	21	0:08:59	21	0:08:59	1:29:37	0:19:42					
54	627		PAULO TELES		SEN	Individual	64	0:19:28	47	0:00:32	50	0:58:12	74	0:00:42	64	0:11:01	64	0:11:01	1:29:55	0:20:00					
55	777		JERÓNIMO CRUZ		V1	Clube Ferroviário De Vendas Novas	60	0:19:22	38	0:00:28	55	0:59:44	28	0:00:20	51	0:10:19	51	0:10:19	1:30:13	0:20:18					
56	406		HUGO LANÇA		JUN	Udo - União Desportiva Oeste	77	0:21:00	45	0:00:32	46	0:58:57	63	0:00:35	75	0:12:04	75	0:12:04	1:31:08	0:21:13					
57	531		NUNO LOPES		SEN	Clube Ferroviário De Vendas Novas	61	0:19:23	49	0:00:33	60	1:00:29	55	0:00:31	47	0:10:13	47	0:10:13	1:31:09	0:21:14					
58	1036		JOSE REBOLA		SEN	Individual	53	0:18:35	34	0:00:26	64	1:01:18	64	0:00:23	56	0:10:29	56	0:10:29	1:31:11	0:21:16					
59	540		PEDRO GASPAS		SEN	Udr Casalense	63	0:19:27	67	0:00:47	62	1:01:10	56	0:00:32	44	0:10:08	44	0:10:08	1:32:04	0:22:09					

Médias:

0:18:32

0:00:33

0:57:31

0:00:28

0:10:04

1:27:32

Federação de Triatlo de Portugal

Corrida 4500 (MT) Temperatura Agua:										Ciclismo 23 (KM)					Corrida 2250 (MT)			
LG	Dref	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
60	509		CARLOS BORGES		SEN	Clube Ferroviário De Vendas Novas	11	0:15:55	13	0:00:18	74	1:06:45	42	0:00:28	26	0:09:08	1:32:32	0:22:37
61	808		JOSÉ LUÍS NUNES		V2	Papa-Íguas De Assafora	73	0:20:38	64	0:00:42	59	1:00:14	75	0:00:45	61	0:10:41	1:33:00	0:23:05
62	456		RUI PEDRO MATOS		SEN	Casa Benfica Faro	58	0:19:05	42	0:00:31	70	1:03:56	48	0:00:28	28	0:09:17	1:33:17	0:23:22
63	1046		TIAGO TELES		SEN	Individual	74	0:20:40	59	0:00:38	56	1:00:07	70	0:00:38	67	0:11:19	1:33:22	0:23:27
64	1027		NUNO GUERREIRO		S23	Individual	80	0:21:08	81	0:01:10	52	0:58:24	77	0:00:52	77	0:12:28	1:34:02	0:24:07
65	547		JOSÉ ANTUNES		SEN	Individual	81	0:21:31	70	0:00:48	61	1:00:44	61	0:00:34	55	0:10:29	1:34:06	0:24:11
66	799		LUÍS FILIPE SILVA		V2	Udr Casalense	75	0:20:41	73	0:00:49	58	1:00:12	72	0:00:40	73	0:11:46	1:34:08	0:24:13
67	585		PAULO CODINHA		SEN	C.f. "os Belelenses"	70	0:20:23	60	0:00:39	66	1:02:23	51	0:00:29	70	0:11:23	1:35:17	0:25:22
68	773		HENRIQUE FREIRE		V1	Udr Casalense	76	0:20:42	23	0:00:22	68	1:03:32	57	0:00:32	69	0:11:21	1:36:29	0:26:34
69	548		LUIS ANTUNES		SEN	Individual	82	0:21:31	66	0:00:47	65	1:01:19	59	0:00:33	78	0:12:31	1:36:41	0:26:46
70	553		VITOR CUNHA		SEN	Casa Benfica Faro	67	0:19:53	62	0:00:42	71	1:04:31	80	0:01:01	66	0:11:15	1:37:22	0:27:27
71	1049		CARLOS VASQUEZ		SEN	Individual	68	0:20:03	77	0:00:59	72	1:04:39	78	0:00:55	63	0:10:57	1:37:33	0:27:38
72	418		BRUNO SANTOS		JUN	Individual	46	0:18:19	35	0:00:27	79	1:08:47	41	0:00:25	59	0:10:35	1:38:33	0:28:38
73	279		GONÇALO JACINTO		S23	Ateneu Artístico Cartaxense	85	0:22:18	82	0:01:11	67	1:03:07	67	0:00:37	68	0:11:20	1:38:33	0:28:38
74	528		SÉRGIO OLIVEIRA		SEN	Abv Estoril	72	0:20:36	14	0:00:19	69	1:03:50	34	0:00:23	81	0:14:04	1:39:14	0:29:19
75	818		JOSÉ RIJO		V4	C.f. "os Belelenses"	78	0:21:03	80	0:01:03	73	1:06:37	71	0:00:40	72	0:11:32	1:40:55	0:31:00
76	771		JOAQUIM AVELAR		V1	S.l.m.s.cruz-quebradense	83	0:21:52	76	0:00:57	75	1:06:58	53	0:00:31	60	0:10:37	1:40:55	0:31:00
77	648		MIGUEL FRAGOSO		SEN	Individual	79	0:21:07	46	0:00:32	76	1:07:27	73	0:00:42	74	0:11:59	1:41:47	0:31:52
78	643		JORGE VITORINO		SEN	C.d. Asas Do Milénium	69	0:20:11	74	0:00:56	78	1:08:43	52	0:00:31	71	0:11:28	1:41:49	0:31:54
79	829		FRANCISCO MARTINS		V5	Clube Ferroviário De Vendas Novas	86	0:23:04	51	0:00:35	77	1:07:49	54	0:00:31	76	0:12:22	1:44:21	0:34:26
80	400		PEDRO FORTES		JUN	Ateneu Artístico Cartaxense	84	0:22:17	69	0:00:48	80	1:12:42	82	0:01:05	80	0:13:18	1:50:10	0:40:15
81	690		JOÃO BRANCO		V4	C.f. "os Belelenses"	87	0:23:40	39	0:00:29	81	1:13:06	24	0:00:20	79	0:13:07	1:50:42	0:40:47
82	801		LUÍS RAMOS		V2	C.f. "os Belelenses"	90	0:25:42	83	0:01:28	82	1:18:21	83	0:01:08	82	0:14:27	2:01:06	0:51:11
83	1043		PEDRO REBOLA		SEN	Individual	89	0:25:31	68	0:00:47	83	1:33:34	62	0:00:34	83	0:14:30	2:14:56	1:05:01
84	404		NUNO CHAINHO	DNS	JUN	Os Kobas Bike Team												
85	304		BRUNO FERNANDES	DNF	S23	Judo - União Desportiva Oeiras	21	0:16:35										
86	505		JOSÉ MÁRIO RIBEIRO	DNS	SEN	Sr. Carnaímal-constr.ramalho Couto-Illa												
87	280		JOÃO JACINTO	DNF	S23	Ateneu Artístico Cartaxense	88	0:23:45										
88	774		JOSÉ GUILHERME OLIVEIRA	DNS	V1	Abv Estoril												
89	763		JOÃO RITA	DNF	V2	Casa Benfica Faro	65	0:19:44										
90	484		PAULO LEOTE	DNS	SEN	Codv.Lixa												
91	412		CHARLY BLANCHARD	DNF	JUN	Avellanche/Isr. James												
92	566		PAULO ANTUNES	DNS	SEN	C.f. "os Belelenses"												
93	817		VITOR COSTA	DNS	V3	C.f. "os Belelenses"												
94	376		TIAGO MARQUES	DNS	JUN	C.f. "os Belelenses"												

Federação de Triatlo de Portugal

Corrida 4500 (MT) Temperatura Agua:										Ciclismo 23 (KM)					Corrida 2250 (MT)			
LG	Drei	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff
95	399	399	JOÃO SILVA	DNS	JUN	C.i. "os Belenenses"												
98	252	252	TIAGO NEVES	DNS	JUN	Aegistecnico-ipodec												
97	297	297	PEDRO GOMES	DNF	S23	Aegistecnico-ipodec	16	0:16:16										
98	298	298	MÁRIO RAIMUNDO	DNS	S23	Aegistecnico-ipodec												
99	812		CARLOS RAIMUNDO	DNS	V3	Individual												
100	695	695	CLÁUDIO NOGUEIRA	DNS	SEN	Clube Ferroviario De Vendas Novas												
101	843	843	ANTÓNIO PEREIRA	DNS	V5	Individual												
102	804	804	NARCISO MARCOS	DNF	V2	Individual	45	0:18:10										
103	824		VENCESLAU FERNANDES	DNS	V4	Individual												
104	1037		MARCO SANTOS	DNS	SEN	Individual												
105	1098		ISOLINDO FELIZARDO	DNS	SEN	Individual												
106	1046		JOAO PIMPAO	DNS	SEN	Individual												
107	1050		RICARDO FRANCISCO	DNS	SEN	Individual												
108	1032		LUIS ALMEIDA	DNS	SEN	Individual												
109	659	659	RICARDO ROCHA	DNF	SEN	Anticiclo	24	0:18:45										
110	298	298	ANDRÉ CAMPOS	DNF	S23	Aegistecnico-ipodec	23	0:16:37										

7:15 bis hinet 6:15



LOCALIDADE:	BORBA	DISTANCIA Corrida (MT); Ciclismo (KM); Corrida (MT):	4500/23/2250
Data:	29-03-2003	HORA DE COMEÇO:	16:00

INFO

DELEGADO TÉCNICO:	SERGIO SANTOS	JUIZ PRINCIPAL:	CRISTINA LOPES
PONTUAVÉL PARA:	CIRCUITO NACIONAL	JURI DE APELO:	

Informação

Corrida		4500 (MT)										23 (KM)							Corrida		
LG	Dref	Lic	Nome	PEN	ESC	Equipa	Pos	Corrida	Pos	T-1	Pos	Ciclismo	Pos	T-2	Pos	Corrida	Total	Diff			
1	1145	387	VANESSA FERNANDES		JUN	individual	1	0:16:32	1	0:00:19	1	0:49:21	3	0:00:27	1	0:08:58	1:15:37	0:00:00			
2	538	538	CRISTINA PONTE		SEN	Sr. Carmamal-const. ramalho Couto-Illa	2	0:18:07	3	0:00:29	2	0:56:49	1	0:00:24	2	0:09:30	1:25:19	0:09:42			
3	388	388	SARAH VERGUET MONIZ		JUN	C.f. "os Belenenses"	3	0:19:06	2	0:00:21	3	0:58:09	2	0:00:27	3	0:10:20	1:28:23	0:12:46			
4	419	419	ANDREIA MOÇO		JUN	Grecas - Vagos	5	0:21:18	4	0:00:35	4	0:58:50	6	0:00:48	5	0:11:24	1:32:55	0:17:18			
5	1045		ANA OLIVEIRA		SEN	individual	4	0:20:05	7	0:00:54	5	1:04:50	5	0:00:47	4	0:10:55	1:37:31	0:21:54			
6	290	290	MARIA CECÍLIA FRANCO		S23	C.f. "os Belenenses"	6	0:23:23	6	0:00:54	6	1:11:30	7	0:00:49	6	0:11:58	1:48:34	0:32:57			
7	1042		SARA CALADO		S23	individual	7	0:25:31	5	0:00:45	7	1:33:35	4	0:00:32	7	0:14:32	2:14:55	0:58:18			
8	314	314	CARLA RIBEIRO	DNF	S23	C.n. Caribaxo															
9	308	308	JOANA GUERRA	DNS	S23	C.f. "os Belenenses"															
10	808	808	ALICIA MONIZ	DNS	V2	C.f. "os Belenenses"															



LOCALIDADE:	BORBA	DISTANCIA Corrida (MT); Ciclismo (KM); Corrida (MT):	4500/23/2250
Data:	29-03-2003	HORA DE COMEÇO:	16:00

INFO

DELEGADO TÉCNICO:	SERGIO SANTOS	JUIZ PRINCIPAL:	CRISTINA LOPES
PONTUAVÉL PARA:	CIRCUITO NACIONAL	JURI DE APELO:	

SR CAMARNAL-CONSTR.RAMALHO

Tempo Total: **3:32:40**

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
1	284	284	NELSON SILVA		S23	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	1:09:55	0:00:00
2	286	286	SÉRGIO MANUEL SILVA		S23	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	1:10:04	0:00:09
7	507	507	CUSTÓDIO ANTÓNIO		SEN	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	1:12:41	0:02:46

AVALANCHE/SIR JANES

Tempo Total: **3:35:13**

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
3	486	486	LINO BARRUNCHO		SEN	AVALANCHE/SIR JANES	1:10:18	0:00:23
6	282	282	HUGO FORTUNA		S23	AVALANCHE/SIR JANES	1:12:00	0:02:05
8	488	488	NUNO NEVES		SEN	AVALANCHE/SIR JANES	1:12:55	0:03:00

CASA DO BENFICA NO FUNDÃO

Tempo Total: **3:43:40**

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
4	523	523	JORGE RODRIGUES		SEN	CASA DO BENFICA NO FUNDÃO	1:10:42	0:00:47
12	636	636	PAULO MANUEL GONÇALVES		SEN	CASA DO BENFICA NO FUNDÃO	1:15:27	0:05:32
16	800	800	FERNANDO FEIJÃO		V2	CASA DO BENFICA NO FUNDÃO	1:17:31	0:07:36

C.F. "OS BELENENSES"

Tempo Total: **3:49:34**

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
5	292	292	BRUNO PAIS		S23	C.F. "OS BELENENSES"	1:11:37	0:01:42
17	629	629	FERNANDO CARMO		SEN	C.F. "OS BELENENSES"	1:17:53	0:07:16
24	317	317	NUNO CRUZ		S23	C.F. "OS BELENENSES"	1:20:04	0:10:09

CLUBE FERROVIARIO DE VENDAS NOVAS

Tempo Total: **3:57:46**

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
15	535	535	RENATO MANUEL		SEN	CLUBE FERROVIARIO DE VENDAS NOVAS	1:16:40	0:06:45
20	778	778	JOSÉ TEIXEIRA		V1	CLUBE FERROVIARIO DE VENDAS NOVAS	1:18:35	0:08:40
31	533	533	OCTÁVIO LUIS		SEN	CLUBE FERROVIARIO DE VENDAS NOVAS	1:22:31	0:12:36

C.S.R.D. OTA

Tempo Total: **4:00:54**

LG	Drs	Lic	Nome	PEN	ESC	Equipa	Total	Diff
11	644	644	PAULO PINHEIRO		SEN	C.S.R.D. OTA	1:15:22	0:05:27
32	645	645	JOÃO LOURENÇO		SEN	C.S.R.D. OTA	1:22:46	0:12:51
33	646	646	MANUEL BATISTA		SEN	C.S.R.D. OTA	1:22:46	0:12:51



CASA BENFICA FARO

Tempo Total: 4:01:59

LG	Drsal	Lic	Nome	PEN	ESC	Equipa	Total	Diff
22	754	754	FERNANDO PIRES		V2	CASA BENFICA FARO	1:19:43	0:09:48
28	488	488	CARLOS MATOS		SEN	CASA BENFICA FARO	1:20:54	0:10:59
29	485	485	PAULO SILVA		SEN	CASA BENFICA FARO	1:21:22	0:11:27

GRECAS - VAGOS

Tempo Total: 4:04:28

LG	Drsal	Lic	Nome	PEN	ESC	Equipa	Total	Diff
23	310	310	GUSTAVO CAPÃO		S23	GRECAS - VAGOS	1:19:56	0:10:01
25	608	608	VITOR ANACLETO		SEN	GRECAS - VAGOS	1:20:10	0:10:15
35	413	413	CESÁRIO GASPAR		JUN	GRECAS - VAGOS	1:24:22	0:14:27

UDO - UNIÃO DESPORTIVA OESTE

Tempo Total: 4:06:21

LG	Drsal	Lic	Nome	PEN	ESC	Equipa	Total	Diff
14	499	499	ANTÓNIO ERVIDEIRA		SEN	UDO - UNIÃO DESPORTIVA OESTE	1:16:22	0:06:27
21	582	582	RUI RODRIGUES		SEN	UDO - UNIÃO DESPORTIVA OESTE	1:18:51	0:08:56
56	408	408	HUGO LANÇA		JUN	UDO - UNIÃO DESPORTIVA OESTE	1:31:08	0:21:13

OVARENSE

Tempo Total: 4:10:31

LG	Drsal	Lic	Nome	PEN	ESC	Equipa	Total	Diff
27	785	785	JOSÉ REIS		V1	OVARENSE	1:20:41	0:10:46
38	822	822	CARLOS LEITE		V4	OVARENSE	1:24:24	0:14:29
40	845	845	JOSÉ MANUEL SILVA		V1	OVARENSE	1:25:26	0:15:31

ATENEU ARTÍSTICO CARTAXENSE

Tempo Total: 4:30:50

LG	Drsal	Lic	Nome	PEN	ESC	Equipa	Total	Diff
38	638	638	PAULO CALIXTO		SEN	ATENEU ARTÍSTICO CARTAXENSE	1:25:16	0:15:21
48	392	392	JOÃO DIAS		JUN	ATENEU ARTÍSTICO CARTAXENSE	1:27:01	0:17:06
73	277	277	Gonçalo Jacinto		S23	Ateneu Artística Cartaxense	1:36:33	0:26:36

UDR CASALENSE

Tempo Total: 4:42:41

LG	Drsal	Lic	Nome	PEN	ESC	Equipa	Total	Diff
59	540	540	PEDRO GASPAR		SEN	UDR CASALENSE	1:32:04	0:22:09
66	799	799	LUÍS FILIPE SILVA		V2	UDR CASALENSE	1:34:08	0:24:13
68	773	773	HENRIQUE FREIRE		V1	UDR CASALENSE	1:36:29	0:26:34

FTP

II DUATLO DE BORBA

CLASSIFICAÇÃO POR ESCALÕES

MASCULINOS

RESULTADOS

Federação de Triatlo de Portugal

LOCALIDADE: BORBA	DISTANCIA Corrida (MT); Ciclismo (KM); Corrida (MT)	4500/23/2250
Data: 29-03-2003	HORA DE COMEÇO:	16:00

INFO

DELEGADO TÉCNICO: SERGIO SANTOS	JUIZ PRINCIPAL: CRISTINA LOPES
PONTUAVÉL PARA: CIRCUITO NACIONAL	JURI DE APELO:

V5 Masculinos

LG	Dres	Lic	Nome	PEN	ESC	Equipa	Total	Diff
79	829	829	FRANCISCO MARTINS		V5	CLUBE FERROVIARIO DE VENDAS NOVAS	1:44:21	0:34:26
102	843	843	ANTÓNIO PEREIRA	DNS	V5	INDIVIDUAL		

V4 Masculinos

LG	Dres	Lic	Nome	PEN	ESC	Equipa	Total	Diff
36	822	822	CARLOS LEITE		V4	OVARENSE	1:24:24	0:14:29
75	818	818	JOSÉ RIJO		V4	C.F. "OS BELENENSES"	1:40:55	0:31:00
81	830	830	JOÃO BRANCO		V4	C.F. "OS BELENENSES"	1:50:42	0:40:47
104	824		VENCESLAU FERNANDES	DNS	V4	INDIVIDUAL		

V3 Masculinos

LG	Dres	Lic	Nome	PEN	ESC	Equipa	Total	Diff
84	817	817	VITOR COSTA	DNS	V3	C.F. "OS BELENENSES"		
100	812		CARLOS RAIMUNDO	DNS	V3	INDIVIDUAL		

V2 Masculinos

LG	Dres	Lic	Nome	PEN	ESC	Equipa	Total	Diff
16	800	800	FERNANDO FEIJÃO		V2	CASA DO BENFICA NO FUNDÃO	1:17:31	0:07:36
22	754	754	FERNANDO PIRES		V2	CASA BENFICA FARO	1:19:43	0:09:48
39	776	776	FERNANDO TEIXEIRA		V2	CLUBE FERROVIARIO DE VENDAS NOVAS	1:25:24	0:15:29
44	846	846	JOÃO VENÂNCIO		V2	CASA DO BENFICA NO FUNDÃO	1:26:17	0:16:22
50	792	792	JOSÉ VARELA		V2	CASA BENFICA FARO	1:28:30	0:18:35

Nº 101/2003





LG	Dra#	Lic	Nome	PEN	ESC	Equipa	Total	Diff
52	831	831	JORGE MACHADO		V2	CASA BENFICA FARO	1:29:32	0:19:37
81	808	808	JOSÉ LUIS NUNES		V2	PAPA-LÉGUAS DE ASSAFORA	1:33:00	0:23:05
86	788	788	LUIS FILIPE SILVA		V2	UDR CASALENSE	1:34:08	0:24:13
82	801	801	LUIS RAMOS		V2	C.F. "OS BELENENSES"	2:01:06	0:51:11
90	753	753	JOÃO RITA	DNF	V2	CASA BENFICA FARO		
103	804	804	NARCISO MARCOS	DNF	V2	INDIVIDUAL		

V2 Femininos

LG	Dra#	Lic	Nome	PEN	ESC	Equipa	Total	Diff
9	808	808	ALICIA MONIZ	DNS	V2	C.F. "OS BELENENSES"		

V1 Masculinos

LG	Dra#	Lic	Nome	PEN	ESC	Equipa	Total	Diff
20	778	778	JOSÉ TEIXEIRA		V1	CLUBE FERROVIARIO DE VENDAS NOVAS	1:18:35	0:08:40
27	785	785	JOSÉ REIS		V1	OVARENSE	1:20:41	0:10:46
30	858	488	JOSÉ SALGUEIRO		V1	AVALANCHE/SIR JAMES	1:21:41	0:11:46
37	775	775	JOÃO SANTOS		V1	ABV ESTORIS	1:24:26	0:14:31
40	845	845	JOSÉ MANUEL SILVA		V1	OVARENSE	1:25:26	0:15:31
48	782	782	ANTÓNIO VIEIRA		V1	GRECAS - VAGOS	1:27:35	0:17:40
49	851	851	AMÉRICO GASPAS		V1	C.S.R.D. OTA	1:27:45	0:17:50
55	777	777	JERÓNIMO CRUZ		V1	CLUBE FERROVIARIO DE VENDAS NOVAS	1:30:13	0:20:18
68	773	773	HENRIQUE FREIRE		V1	UDR CASALENSE	1:36:29	0:26:34
78	771	771	JOAQUIM AVELAR		V1	S.I.M.E.CRUZ-QUEBRADENSE	1:40:55	0:31:00
89	774	774	JOSÉ GUILHERME OLIVEIRA	DNS	V1	ABV ESTORIS		

SEN Masculinos

LG	Dra#	Lic	Nome	PEN	ESC	Equipa	Total	Diff
3	488	488	LINO BARRUNCHO		SEN	AVALANCHE/SIR JAMES	1:10:18	0:00:23
4	523	523	JORGE RODRIGUES		SEN	CASA DO BENFICA NO FUNDÃO	1:10:42	0:00:47
7	507	507	CUSTÓDIO ANTÓNIO		SEN	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	1:12:41	0:02:46
8	488	488	NUNO NEVES		SEN	AVALANCHE/SIR JAMES	1:12:55	0:03:00
11	844	844	PAULO PINHEIRO		SEN	C.S.R.D. OTA	1:15:22	0:05:27
12	838	838	PAULO MANUEL GONÇALVES		SEN	CASA DO BENFICA NO FUNDÃO	1:15:27	0:05:32
13	481	481	ANIBAL OLIVEIRA		SEN	AMICICLO	1:15:47	0:05:52
14	489	489	ANTÓNIO ERVIDEIRA		SEN	UDO - UNIÃO DESPORTIVA OESTE	1:16:22	0:06:27
15	535	535	RENATO MANUEL		SEN	CLUBE FERROVIARIO DE VENDAS NOVAS	1:16:40	0:06:45
17	629	629	FERNANDO CARMO		SEN	C.F. "OS BELENENSES"	1:17:53	0:07:58

RESULTADOS

18	534	JOSÉ ABRANTES	SEN	C.D. ASAS DO MILÉNIO	1:18:25	0:08:30
21	592	RUI RODRIGUES	SEN	UDO - UNIÃO DESPORTIVA OESTE	1:18:51	0:08:56
25	606	VITOR ANACLETO	SEN	GRECAS - VAGOS	1:20:10	0:10:15
28	594	CRISTIANO ANDRADE	SEN	ASSOC. FERNÃO MENDES PINTO	1:20:21	0:10:26
28	488	CARLOS MATOS	SEN	CASA BENFICA FARO	1:20:54	0:10:58
28	485	PAULO SILVA	SEN	CASA BENFICA FARO	1:21:22	0:11:27
31	533	OCTÁVIO LUIS	SEN	CLUBE FERROVIARIO DE VENDAS NOVAS	1:22:31	0:12:36
32	645	JOÃO LOURENÇO	SEN	C.S.R.D. OTA	1:22:46	0:12:51
33	646	MANUEL BATISTA	SEN	C.S.R.D. OTA	1:22:48	0:12:51
34	613	PAULO LAMEGO	SEN	C.F. "OS BELENENSES"	1:24:15	0:14:20
38	638	PAULO CALIXTO	SEN	ATENEU ARTÍSTICO CARTAXENSE	1:25:16	0:15:21
41	559	JOSÉ PINTO	SEN	OVARENSE	1:25:31	0:15:36
42	647	LUIS PARRINHA	SEN	C.S.R.D. OTA	1:25:43	0:15:48
43	654	PEDRO MONTEIRO	SEN	C.F. "OS BELENENSES"	1:26:12	0:16:17
47	1044	SERGIO OLIVEIRA	SEN	INDIVIDUAL	1:27:17	0:17:22
51	649	LUIS GUERREIRO	SEN	INDIVIDUAL	1:29:06	0:19:11
63	637	LUIS QUINTELA	SEN	CASA DO BENFICA NO FUNDÃO	1:29:37	0:19:42
64	627	PAULO TELES	SEN	INDIVIDUAL	1:29:55	0:20:00
67	531	NUNO LOPES	SEN	CLUBE FERROVIARIO DE VENDAS NOVAS	1:31:09	0:21:14
68	1039	JOSE REBOLA	SEN	INDIVIDUAL	1:31:11	0:21:16
69	540	PEDRO GASPAR	SEN	UDR CASALENSE	1:32:04	0:22:09
69	508	CARLOS BORGES	SEN	CLUBE FERROVIARIO DE VENDAS NOVAS	1:32:32	0:22:37
82	456	RUI PEDRO MATOS	SEN	CASA BENFICA FARO	1:33:17	0:23:22
83	1048	TIAGO TELES	SEN	INDIVIDUAL	1:33:22	0:23:27
85	547	JOSÉ ANTUNES	SEN	INDIVIDUAL	1:34:06	0:24:11
87	585	PAULO CODINHA	SEN	C.F. "OS BELENENSES"	1:35:17	0:25:22
89	546	LUIS ANTUNES	SEN	INDIVIDUAL	1:36:41	0:26:46
70	553	VITOR CUNHA	SEN	CASA BENFICA FARO	1:37:22	0:27:27
71	1048	CARLOS VASQUEZ	SEN	INDIVIDUAL	1:37:33	0:27:38
74	528	SÉRGIO OLIVEIRA	SEN	ABV ESTORIS	1:38:14	0:28:19
77	648	MIGUEL FRAGOSO	SEN	INDIVIDUAL	1:41:47	0:31:52
78	643	JORGE VITORINO	SEN	C.D. ASAS DO MILÉNIO	1:41:49	0:31:54
84	1043	PEDRO REBOLA	SEN	INDIVIDUAL	2:14:56	1:05:01
87	505	JOSÉ MÁRIO RIBEIRO	DNS	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA		
91	484	PAULO LEOTE	DNS	CCDV.F.XIRA		
93	588	PAULO ANTUNES	DNS	C.F. "OS BELENENSES"		
101	635	CLAUDIO NOGUEIRA	DNS	CLUBE FERROVIARIO DE VENDAS NOVAS		
105	1037	MARCO SANTOS	DNS	INDIVIDUAL		
106	1038	ISOLINDO FELIZARDO	DNS	INDIVIDUAL		
107	1048	JOAO PIMPAO	DNS	INDIVIDUAL		

FTP

Federação de Triatlo de Portugal

RESULTADOS



LG	Draç	Lic	Nome	DNS	SEN	INDIVIDUAL	Total	Diff
108	1060		RICARDO FRANCISCO	DNS	SEN	INDIVIDUAL		
108	1082		LUIS ALMEIDA	DNS	SEN	INDIVIDUAL		
110	659	659	RICARDO ROCHA	DNF	SEN	AMICICLO		

SEN Femininos

LG	Draç	Lic	Nome	PEN	ESC	Equipa	Total	Diff
2	536	536	CRISTINA PONTE		SEN	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	1:25:19	0:15:24
5	1045		ANA OLIVEIRA		SEN	INDIVIDUAL	1:37:31	0:27:36

S23 Masculinos

LG	Draç	Lic	Nome	PEN	ESC	Equipa	Total	Diff
1	284	284	NELSON SILVA		S23	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	1:09:55	0:00:00
2	286	286	SÉRGIO MANUEL SILVA		S23	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	1:10:04	0:00:09
5	292	292	BRUNO PAIS		S23	C.F. "OS BELENENSES"	1:11:37	0:01:42
6	282	282	HUGO FORTUNA		S23	AVALANCHE/SIR JANES	1:12:00	0:02:05
9	283	283	MANUEL JÚLIO		S23	S.I.M.E.CRUZ-QUEBRADENSE	1:13:40	0:03:45
23	310	310	GUSTAVO CAPÃO		S23	GRECAS - VAGOS	1:19:56	0:10:01
24	317	317	NIUNO CRUZ		S23	C.F. "OS BELENENSES"	1:20:04	0:10:09
45	315	315	BRUNO FERREIRA		S23	C.S.R.D. OTA	1:26:55	0:17:00
64	1027		NIUNO GUERREIRO		S23	INDIVIDUAL	1:34:02	0:24:07
73	279	279	GONÇALO JACINTO		S23	ATENEU ARTISTICO CARTAXENSE	1:38:33	0:28:38
83	1042		SARA CALADO		S23	INDIVIDUAL	2:14:55	1:05:00
86	304	304	BRUNO FERNANDES	DNF	S23	UDO - UNIÃO DESPORTIVA OESTE		
88	280	280	JOÃO JACINTO	DNF	S23	ATENEU ARTISTICO CARTAXENSE		
98	287	287	PEDRO GOMES	DNF	S23	AEGISTÉCNICO-IPODEC		
99	286	286	MÁRIO RAIMUNDO	DNS	S23	AEGISTÉCNICO-IPODEC		
111	288	288	ANDRÉ CAMPOS	DNF	S23	AEGISTÉCNICO-IPODEC		

S23 Femininos

LG	Draç	Lic	Nome	PEN	ESC	Equipa	Total	Diff
6	290	290	MARIA CECÍLIA FRANCO		S23	C.F. "OS BELENENSES"	1:48:34	0:38:39
7	314	314	CARLA RIBEIRO	DNF	S23	C.N. CARTAXO		
8	308	308	JOANA GUERRA	DNS	S23	C.F. "OS BELENENSES"		

RESULTADOS

JUN Masculinos

LG	Dres	Lic	Nome	PEN	ESC	Equipa	Total	Diff
10	396	396	RUBEN CRISTIANO		JUN	SR CAMARNAL-CONSTR.RAMALHO COUTO-IKA	1:14:57	0:05:02
19	423	423	PEDRO MENDES		JUN	PORTINADO	1:18:32	0:08:37
35	413	413	CESÁRIO GASPAR		JUN	GRECAS - VAGOS	1:24:22	0:14:27
46	392	392	JOÃO DIAS		JUN	ATENEU ARTÍSTICO CARTAXENSE	1:27:01	0:17:06
56	406	406	HUGO LANÇA		JUN	UDO - UNIÃO DESPORTIVA OESTE	1:31:08	0:21:13
72	418	418	BRUNO SANTOS		JUN	INDIVIDUAL	1:38:33	0:28:38
80	400	400	PEDRO FORTES		JUN	ATENEU ARTÍSTICO CARTAXENSE	1:50:10	0:40:15
85	404	404	NUNO CHAINHO	DNS	JUN	OS KOTAS BIKE TEAM		
92	412	412	CHARLY BLANCHARD	DNF	JUN	AVALANCHE/SIR JANES		
95	378	378	TIAGO MARQUES	DNS	JUN	C.F. "OS BELENENSES"		
96	399	399	JOÃO SILVA	DNS	JUN	C.F. "OS BELENENSES"		
97	252	252	TIAGO NEVES	DNS	JUN	AEGISTÉCNICO-IPODEC		

JUN Femininos

LG	Dres	Lic	Nome	PEN	ESC	Equipa	Total	Diff
1	1145	397	VANESSA FERNANDES		JUN	INDIVIDUAL	1:15:37	0:05:42
3	398	398	SARAH VERGUET MONIZ		JUN	C.F. "OS BELENENSES"	1:28:23	0:18:28
4	419	419	ANDREIA MOÇO		JUN	GRECAS - VAGOS	1:32:55	0:23:00

Nº 68/2016

