

CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	N.FED./ L.DESP.	NOME	CATEG.	EQUIPA	NATACAO		CICLISMO		CORRIDA		TOTAL
						500 M	CL. TEMPO	20 KM	CL. TEMPO	CL.	5 KM	
1	22	N- 38	PEDRO CORDEIRO	SEN	TODDY	1 0: 7:40		1 0:35:16		1	7 0:16:56	1 0:59:32
2	38	N- 8	CARLOS BRITO	SEN	DIARIO NOT-DIAS	3 0: 8:13		2 0:36: 8		2	2 0:18:13	2 1: 0:34
3	23	N- 213	ANTONIO JOURDAN	SEN	TODDY	5 0: 8:20		3 0:37:22		3	4 0:16:54	3 1: 2:36
4	78	N- 3	ARTUR FERREIRA	SEN	C.T.TORRE NOVAS	8 0: 8:48		5 0:39: 0		8	4 0:16:39	4 1: 4:23
5	159	N- 386	AMERICO PEREIRA	SEN	EITEL COMERCIAL	24 0: 9:40		10 0:39: 8		11	1 0:15:48	5 1: 4:36
6	164	N-8002	YENS SCHNEIDER	SEN		10 0: 8:57		8 0:38:53		9	5 0:16:51	6 1: 4:41
7	163	N- 73	PAULO SILVA	SEN		7 0: 8:45		5 0:38: 8		8	18 0:18: 6	7 1: 4:59
8	121	N- 287	PAULO NUNES	JUN		2 0: 7:41		6 0:38:16		4	40 0:19:31	8 1: 5:28
9	90	N- 379	DAVID CALDEIRAO	SEN	ENCARN.E OLIVAS	6 0: 8:35		4 0:37:33		5	39 0:19:28	9 1: 5:36
10	112	N- 190	JOSE SALGUEIRO	SEN	VITARIA DE JANES	16 0: 9:12		7 0:38:30		7	23 0:18:35	10 1: 6:17
11	111	N- 114	PAULO CATARINO	SEN	C.N.RIO MAIOR	9 0: 8:52		11 0:39:23		10	17 0:18: 4	11 1: 6:19
12	142	N- 333	FREDERICO JACOB	SEN	C.F. BELENENSES	13 0: 9: 6		13 0:39:48		12	15 0:17:49	12 1: 6:40
13	144	N- 312	HUGO SOUSA	JUN	C.F. BELENENSES	23 0: 9:39		14 0:39:58		15	13 0:17:39	13 1: 7:13
14	113	N- 296	LUIS BOAVIDA	SEN	VITARIA DE JANES	14 0: 9: 8		16 0:40:35		16	19 0:18:10	14 1: 7:53
15	115	N- 301	ANTONIO ALEXANDRE PEREIRA	JUN	VITARIA DE JANES	15 0: 9:10		15 0:40:21		13	22 0:18:23	15 1: 7:54
16	49	N- 233	JOSE MANUEL OLIVEIRA	SEN	CEFA	33 0:10:11		20 0:41:38		21	21 0:18:14	16 1:10: 3
17	160	N- 415	ANTONIO CARITA	SEN	EITEL COMERCIAL	26 0: 9:57		28 0:42:49		23	11 0:17:24	17 1:10:10
18	51	N- 448	MARIO MACHADO	SEN	MOSIPAL	11 0: 9: 0		21 0:41:39		17	45 0:19:45	18 1:10:24
19	29	N- 291	JORGE DUARTE	SEN	TODDY	34 0:10:22		18 0:40:55		16	35 0:19:24	19 1:10:41
20	83	N- 440	JOAO AMARO	JUV	NESTE	4 0: 8:19		19 0:41:14		14	67 0:21:10	20 1:10:43
21	145	N- 344	BRUNO PEREIRA	JUN	C.F. BELENENSES	41 0:10:45		17 0:40:51		19	30 0:19: 9	21 1:10:45
22	86	N- 407	FERNANDO FEIJAO	SEN	ENCARN.E OLIVAS	64 0:12:24		25 0:42: 1		35	3 0:16:27	22 1:10:52
23	24	N- 84	FRANCISCO RODRIGUES	SEN	TODDY	28 0:10: 0		36 0:43:44		29	12 0:17:26	23 1:11:10
24	57	N- 438	PEDRO NUNES	JUN	FERROVIARIO	12 0: 9: 1		26 0:42:40		20	41 0:19:39	24 1:11:20
25	120	N- 355	RUI PINTO	SEN	OS SAPOS TRIATLO	56 0:11:36		24 0:41:58		26	19 0:18:10	25 1:11:46
26	131	N- 370	JOAO MARAL	SEN	TECNICO	20 0: 9:29		43 0:44:16		30	24 0:18:39	26 1:12:24
27	64	N- 321	ROGERIO MORAIS	SEN	FERROVIARIO	22 0: 9:32		39 0:43:52		25	37 0:19:27	27 1:12:51
28	147	N- 229	PAULO MATIAS	SEN	TECNICO	36 0:10:32		34 0:43:42		31	26 0:18:47	28 1:13: 1
29	141	N- 58	JOAQUIM RUELA	SEN	C.F. BELENENSES	30 0:10: 6		58 0:45:41		44	10 0:17:20	29 1:13: 7
30	26	N- 49	JOAO MEDEIRO	SEN	TODDY	59 0:11:55		41 0:44:10		48	6 0:17:11	30 1:13:16
31	87	N- 316	PEDRO GASPAR	SEN	ENCARN.E OLIVAS	32 0:10:10		44 0:44:17		36	27 0:18:54	31 1:13:21
32	49	N-8001	IAN ROBERTS	SEN	CINCIBERLANT	29 0:10: 2		30 0:43:18		24	59 0:20:20	32 1:13:40
33	21	N- 243	ALFREDO TEIXEIRA	SEN	TODDY	18 0: 9:15		27 0:42:47		22	76 0:21:48	33 1:13:50
34	137	N-5055	MIGUEL MARQUES	SEN	PORTINADO	40 0:10:42		29 0:42:53		27	58 0:20:17	34 1:13:52
35	84	N- 441	MARCO MILHARADAS	JUV	NESTE	19 0: 9:18		42 0:44:15		26	60 0:20:26	35 1:13:59
36	96	N- 475	LUIS MANUEL SOUSA	SEN	B.C. LUSITANIA ADORES	67 0:12:37		22 0:41:43		33	53 0:20: 2	36 1:14:22
37	89	N- 462	PAULO CONDE	SEN	ENCARN.E OLIVAS	37 0:10:31		37 0:43:47		32	57 0:20:11	37 1:14:29
38	110	N- 383	DIEGO SACCO	SEN	C.N.RIO MAIOR	55 0:11:34		37 0:43:47		40	47 0:19:48	38 1:14: 9
39	81	N- 408	LUIS MATEUS	SEN	NESTE	65 0:12:30		31 0:43:21		45	33 0:19:21	39 1:15:12

## CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	N.FED./ L. DESP.	NOME	CATEG.	EQUIPA	NATAÇAO		CICLISMO		CORRIDA		TOTAL		
						CL.	TEMPO	CL.	TEMPO	CL.	TEMPO		CL.	TEMPO
40	63	N- 309	JOSE GUILHERNE OLIVETRA	SEN	OSMOP	50	0:11:20	47	0:44:44	47	41	0:19:39	40	1:15:43
41	69	N- 196	LUIS BATISTA	SEN	OSMOP	35	0:10:29	45	0:44:22	39	64	0:20:54	41	1:15:45
42	97	N- 394	LUIS FILIPE SILVA	SEN	S.C. LUSITANIA AODRES	79	0:13:22	31	0:43:21	53	31	0:19:11	42	1:16:54
43	60	N- 389	LUIS QUINTAS	SEN	NESTE	70	0:12:43	23	0:41:59	37	69	0:21:17	43	1:16:55
45	108	N- 455	PEDRO MATEUS	SEN	C.N.RIO MAIOR	60	0:11:57	40	0:44: 7	49	51	0:20: 0	44	1:16: 6
45	114	N- 258	PAULO PINA <i>WACIO</i>	SEN	VITORIA DE JAMES	21	0: 9:30	66	0:46:46	50	49	0:19:58	45	1:16:11
46	129	N-5063	ALEXANDRE MONTEIRO	SEN	ENCARN.E OLIVAIS	101	0:15:48	12	0:39:39	41	63	0:20:45	46	1:16:12
47	109	N- 413	LUIS JORSE MATEUS	SEN	C.N.RIO MAIOR	47	0:11: 7	33	0:43:35	38	75	0:21:37	47	1:16:19
48	133	N- 411	ANTONIO DAS NEVES	SEN		63	0:12:20	49	0:44:58	57	44	0:19:42	48	1:17: 0
49	146	N- 434	BRUNO GALANTINO	JUN	C.F. BELENENSES	39	0:10:40	35	0:43:43	34	88	0:22:43	49	1:17: 6
50	104	N- 16	JOAQUIM PATRICIO	V2	FARO E BENFICA	42	0:10:47	63	0:46:18	55	54	0:20: 7	50	1:17:12
51	88	N- 397	RUI RICARDO	SEN	ENCARN.E OLIVAIS	43	0:10:56	60	0:45:56	54	61	0:20:34	51	1:17:26
52	139	N- 60	AMERICO SEQUEIRA	SEN	CCD CAMARA LAGES	74	0:12:51	59	0:46:30	60	25	0:18:46	52	1:17:27
53	76	N- 391	ANTONIO AMARO	V1	NESTE	72	0:12:45	52	0:46:35	59	31	0:19:11	53	1:17:34
54	25	N- 297	JOSE FIRES	JUN	TODDY	31	0:10: 8	51	0:45:33	43	79	0:21:58	54	1:17:39
55	44	N- 302	ANTONIO RODRIGUES	SEN	CEFA	44	0:11: 1	58	0:45:39	51	71	0:21:26	55	1:18: 6
56	65	N-5064	CARLOS BATISTA	SEN		33	0:11:29	58	0:45:44	56	66	0:21: 8	56	1:18:21
57	135	N- 387	PEDRO BONÇALVES	JUN	TECNICO	17	0: 9:13	65	0:46:44	46	87	0:22:38	57	1:18:35
58	102	N- 219	NUNO PATRICIO	SEN	FARO E BENFICA	45	0:11: 3	46	0:44:27	42	93	0:23: 8	58	1:18:38
59	119	N- 218	AMANDIO CAETANO	SEN	OS SAPOS TRIATLO	84	0:13:38	52	0:45:35	64	36	0:19:26	59	1:18:39
60	34	N- 416	ANA MAFALDA FARIA	SMF	CRUZ GUERRADENSE	27	0: 9:57	64	0:46:43	52	85	0:22:17	60	1:18:59
61	126	N- 147	RUI FONSECA	SEN	ENCARN.E OLIVAIS	89	0:14:13	48	0:44:47	62	56	0:20:10	61	1:19:10
62	122	N- 280	ALFREDO SOUSA	SEN	ENCARN.E OLIVAIS	92	0:14:32	50	0:45: 8	65	48	0:19:51	62	1:19:31
64	106	N- 418	PEDRO MARINHO	SEN	CCD CAMARA LOURES	46	0:11: 6	69	0:47:45	61	70	0:21:25	63	1:20:16
64	162	N-5065	FILIFE PEREIRA	SEN	BOLEGIO VASCO DA GAMA	36	0:10:30	72	0:47:51	58	63	0:22:13	64	1:20:34
65	71	N- 140	ANTONIO CUSTODIO	V1		49	0:11:16	70	0:47:46	63	80	0:21:59	65	1:21: 1
66	123	N- 108	ANTONIO LAZARO	V4	ENCARN.E OLIVAIS	94	0:14:45	56	0:45:41	68	62	0:20:38	66	1:21: 4
67	156	N- 375	JOAO PEREIRA	SEN	TECNICO	66	0:12:35	77	0:45: 8	74	34	0:19:22	67	1:21: 5
68	128	N- 371	JOSE CARLOS MATOS	SEN	ENCARN.E OLIVAIS	69	0:12:39	78	0:49:33	77	29	0:18:59	68	1:21:11
69	57	N- 63	RAMON NETO	V2	TOKANDAR	86	0:13:51	61	0:45:57	67	71	0:21:26	69	1:21:16
70	75	N- 376	HUGO SILVA	JUV	C.C.D.CASSEAIS	78	0:13:19	79	0:49:39	81	27	0:18:54	70	1:21:52
71	154	N- 387	JOAQUIM DIAS	SEN	TECNICO	48	0:11: 8	73	0:48:37	66	86	0:22:27	71	1:22:12
72	99	N-5066	TELMO SILVA	JUV		100	0:15:47	83	0:50:26	89	9	0:17:17	72	1:23:30
73	37	N-5067	RUI BORDA	SEN	CAMARA M. PRAIA VITORIA	76	0:12:52	85	0:50:45	84	50	0:19:57	73	1:23:34
74	65	N- 400	RUI BARROS	V1	FERROVIARIO	95	0:15: 1	74	0:46:45	85	52	0:20: 1	74	1:23:47
75	117	N- 191	JOAQUIM MARTINS	SEN	VITORIA DE JAMES	102	0:16: 0	62	0:46: 6	76	82	0:22: 4	75	1:24:10
76	52	N-5068	MAIA GABRIEL	SEN		50	0:11:20	91	0:52:47	86	55	0:20: 8	76	1:24:15
77	28	N- 290	CARLOS CRISOSTOMO	V5	TODDY	105	0:16:50	54	0:45:36	75	77	0:21:54	77	1:24:20
78	73	N-5069	RODRIGO DIOGO	JUV		83	0:13:37	70	0:47:46	72	92	0:23: 4	78	1:24:27

## CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	N.FED./ L.DESP.	NOME	CATEG.	EQUIPA	NATACAO		CICLISMO		CORRIDA		TOTAL		
						500 M	CL. TEMPO	20 KM	CL. TEMPO	CL. 5 KM	CL. TEMPO			
79	101	N- 72	RICARDO AGUIAR	SEN		25	0:9:41	86	0:51:27	71	96	0:23:29	79	1:24:37
80	41	N-5070	PAULO ALMEIDA	SEN	COLEGIO VASCO DA GAMA	62	0:12:18	82	0:50:24	80	80	0:21:59	80	1:24:41
81	58	N- 251	ANTONIO VALIDO	SEN	TOKANDAR	74	0:12:51	80	0:49:42	79	83	0:22:13	81	1:24:46
82	82	N- 390	ANA QUINTAS	SNF	NESTE	77	0:12:53	76	0:48:55	75	91	0:23:11	82	1:24:49
84	50	N-8003	TREVOR RANDALL	SEN	DINCIBERLANT	90	0:14:17	88	0:51:54	88	37	0:19:27	83	1:25:38
84	95	N-5072	PAULA COSTA	SNF	S.C. LUSITANIA ADORES	85	0:13:43	89	0:52:18	87	46	0:19:46	84	1:25:47
85	61	N- 315	FERNANDO MOREIRA	V2	TOKANDAR	68	0:12:38	84	0:50:31	83	89	0:22:44	85	1:25:53
86	94	N- 477	HENRIQUE FREIRE	SEN	G.D. AUTOSIL	71	0:12:44	99	0:55:26	94	14	0:17:48	86	1:25:58
87	39	N-5073	MARCO COSTA	JUN		73	0:12:49	75	0:48:50	73	99	0:24:24	87	1:26:13
88	187	N-5058	JOSE DUARTE	SEN	TECNICO	81	0:13:32	68	0:47:16	69	102	0:26:42	88	1:27:20
89	65	N-5024	ANTONIO SANTOS	SEN	NESTE	82	0:13:36	92	0:52:48	91	68	0:21:13	89	1:27:37
90	72	N- 488	VITOR SANTOS	V1		91	0:14:20	90	0:52:19	92	74	0:21:30	90	1:28:19
91	132	N- 36	ADRIANO CUNHA	SEN		80	0:13:26	93	0:53:26	93	78	0:21:55	91	1:28:47
92	107	N- 92	JOSE MARINHO	V2	CCD CAMARA LOURES	97	0:15:15	95	0:53:35	97	65	0:20:59	92	1:29:49
93	53	N- 450	RICARDO PEREIRA	SEN	MOSIPAL	103	0:16:12	81	0:50:12	90	97	0:24:18	93	1:30:32
94	148	N-5074	VIRGILIO ANTUNES	SEN	PIPELINE SUF-SHOP	98	0:15:18	100	0:56:34	99	43	0:19:41	94	1:31:33
95	59	N- 300	LUIS RAMOS	SEN	TOKANDAR	99	0:15:25	94	0:53:28	98	90	0:22:47	95	1:31:40
96	79	N- 392	ANTONIO BORGES	V1	NESTE	96	0:15:19	96	0:53:39	96	95	0:23:17	96	1:32:15
97	40	N-5075	JOAO SERODIO	JUV	COLEGIO VASCO DA GAMA	54	0:11:30	87	0:51:33	82	104	0:29:01	97	1:32:54
98	165	N- 225	MANUEL DINIZ DOS SANTOS	SEN		104	0:16:30	98	0:55:24	100	73	0:21:27	98	1:33:21
99	52	N- 445	ANA MATA	SNF	MOSIPAL	52	0:11:22	101	0:57:16	98	100	0:25:53	99	1:34:31
100	130	N-5076	JOAO CLEMENTE	JUV		87	0:14:13	87	0:46:49	70	107	0:33:46	100	1:34:38
101	147	N- 478	JOSE FURTADO	JUV	C.F. BELENENSES	88	0:14:10	103	1:01:26	101	92	0:24:19	101	1:35:55
102	60	N- 314	FERNANDO INACIO	V4	TOKANDAR	106	0:17:10	102	0:58:41	102	94	0:23:13	102	1:39:14
103	131	N- 442	RUI NOGUEIRA	SEN		98	0:11:41	107	1:13:21	107	16	0:17:56	103	1:42:58
104	35	N- 327	JUANA FERREIRA	SNF	CRUZ QUEBRADENSE	57	0:11:40	105	1:01:17	104	101	0:26:55	104	1:44:22
105	105	N- 183	MARIA AUGUSTA OLIVEIRA	SNF	FARD E BENFICA	93	0:14:37	104	1:01:15	103	103	0:28:57	105	1:44:49
106	124	N- 473	SILVIA SOUSA	JNF	C.F. BELENENSES	61	0:12:12	106	1:01:52	105	106	0:30:31	106	1:49:25
107	82	N- 343	ANTONIO PEREIRA	V3	TOKANDAR	107	0:24:27	97	0:54:36	106	105	0:30:23	107	1:49:26