

CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	N.FED./ L.DESP.	NOME	CATEG.	EQUIPA	CORRIDA 7 KM		CICLISMO 30 KM		CORRIDA 3,5 KM		TOTAL CL. TEMPO
						CL.	TEMPO	CL.	TEMPO	CL.	TEMPO	
1	27	N- 189	LUIS MIGUEL SILVA	SEN	TODDY	4	0:21:27	1	0:50: 6	1	7 0:15:15	1 1:26:48
2	62	N- 8	CARLOS BRITO	SEN	DIARIO NOTÍCIAS	3	0:21:20	5	0:51:58	3	4 0:14:56	2 1:28:14
3	63	N- 14	FERNANDO DAMAS	VI	DIARIO NOTÍCIAS	7	0:21:42	2	0:51:34	2	9 0:15:24	3 1:28:40
4	54	N- 386	AMERICD PEREIRA	SEN	EITEL COMERCIAL	2	0:20:53	11	0:55: 1	7	2 0:14:39	4 1:30:33
5	54	N- 336	JOSE MARIO RIBEIRO	SEN	TODDY	1	0:20:52	13	0:55:28	8	3 0:14:50	5 1:31:10
6	26	N- 285	MIGUEL FERREIRA	SEN	TODDY	22	0:22:56	6	0:52:28	4	16 0:15:53	6 1:31:17
7	29	N- 213	ANTONIO JOURDAN	SEN	TODDY	19	0:22:48	8	0:53:44	9	14 0:15:45	7 1:32:17
8	107	N- 174	CARLOS CABRITA	SEN		11	0:21:59	16	0:55:52	12	1 0:14:37	8 1:32:28
9	30	N- 222	PAULO PEREIRA	SEN	TODDY	33	0:23:51	3	0:51:41	5	37 0:17: 2	9 1:32:34
10	55	N- 463	ANTONIO HORTA	SEN	EITEL COMERCIAL	5	0:21:40	15	0:55:41	11	8 0:15:20	10 1:32:41
11	100	N- 73	PAULO SILVA	SEN		35	0:23:59	4	0:51:48	6	38 0:17: 3	11 1:32:50
12	52	N- 264	JOSE LUIS FERREIRA	SEN	EITEL COMERCIAL	6	0:21:41	19	0:56:21	14	5 0:15: 1	12 1:33: 3
13	57	N- 265	JOSE LUIS MATOS	SEN	EITEL COMERCIAL	16	0:22:36	12	0:55:25	13	6 0:15: 9	13 1:33:10
14	32	N- 49	JOAO MEDEIRO	SEN	TODDY	10	0:21:57	17	0:56: 6	15	9 0:15:24	14 1:33:27
15	65	N- 190	JOSE LUIS SALGUEIRO	SEN	VITÓRIA DE JANES	32	0:23:50	7	0:52:59	10	29 0:16:48	15 1:33:37
16	94	N- 333	FREDERICO JACOB	SEN	C.F. BELENENSES	23	0:23: 0	14	0:55:32	16	20 0:16:19	16 1:34:51
17	7	N- 266	JOAO PORTELA	V2	SETUBAL TRIATLO JOMARA	15	0:22:25	22	0:56:36	19	17 0:15:58	17 1:34:59
18	99	N- 287	PAULO NUNES	JUN		37	0:24: 7	9	0:54:26	17	22 0:16:32	18 1:35: 5
19	114	N- 407	FERNANDO FEIJAO	SEN	ENCARN.E OLIVAIS	8	0:21:43	31	0:58: 5	24	11 0:15:29	19 1:35:17
20	56	N- 415	ANTONIO CARITA	SEN	EITEL COMERCIAL	14	0:22:12	27	0:57:26	22	15 0:15:48	20 1:35:26
21	95	N- 312	HUGO SOUSA	JUN	C.F. BELENENSES	18	0:22:46	17	0:56: 6	18	41 0:17: 7	21 1:35:59
22	98	N- 346	ANTONIO ANTUNES	SEN		24	0:23: 1	21	0:56:35	21	24 0:16:35	22 1:36:11
23	53	N- 89	ANTONIO BOTELHO	SEN	EITEL COMERCIAL	13	0:22: 6	29	0:57:38	23	31 0:16:51	23 1:36:35
24	54	N- 157	PEDRO MANUEL VIEIRA	SEN	C.T.TORRES NOVAS	26	0:23:30	20	0:56:26	25	26 0:16:39	24 1:36:35
25	90	N- 34	JOAQUIM SILVA	VI	C.C.D.CASCAIS	21	0:22:52	30	0:57:50	26	19 0:16: 1	25 1:36:43
26	4	N-5015	ALBERTO PEREIRA	SEN	ATLETICO VIA RARA	9	0:21:55	41	0:59:16	27	32 0:16:52	26 1:38: 3
27	82	N- 338	HELDER COSTA	SEN	ELITE/CN RIO MAIOR	25	0:23:25	33	0:58:15	29	24 0:16:35	27 1:38:15
28	76	N- 114	PAULO CATARINO	SEN	ELITE/CN RIO MAIOR	44	0:24:44	23	0:57: 0	30	28 0:16:44	28 1:38:28
29	111	N- 313	ANTONIO ESQUETIM MARQUES	JUN	CICLES BRASIL	30	0:23:47	28	0:57:31	28	44 0:17:17	29 1:38:35
30	96	N- 344	BRUNO PEREIRA	JUN	C.F. BELENENSES	47	0:24:50	10	0:54:41	20	72 0:19: 5	30 1:38:36
31	31	N- 84	FRANCISCO RODRIGUES	SEN	TODDY	20	0:22:49	43	0:59:22	33	21 0:16:27	31 1:38:38
32	66	N- 296	LUIS BOAVIDA	SEN	VITÓRIA DE JANES	40	0:24:30	25	0:57:20	31	42 0:17: 8	32 1:38:58
33	93	N- 335	PAULO LAMEGO	SEN	C.F. BELENENSES	34	0:23:52	45	0:59:31	36	17 0:15:58	33 1:39:21
34	8	N- 393	RUI SANTOS	VI	SETUBAL TRIATLO JOMARA	46	0:24:48	24	0:57: 6	32	61 0:18:29	34 1:40:23
35	115	N- 185	ANTONIO MOURA	SEN	ENCARN.E OLIVAIS	26	0:23:30	56	1: 1:23	44	13 0:15:40	35 1:40:33
36	103	N- 442	RUI NOGUEIRA	SEN		51	0:25: 6	34	0:58:16	35	43 0:17:12	36 1:40:34
37	84	N- 117	RUI SILVA	SEN	ELITE/CN RIO MAIOR	59	0:25:34	32	0:58: 7	38	34 0:16:54	37 1:40:35
38	92	N- 58	JOAQUIM RUELA	SEN	C.F. BELENENSES	28	0:23:39	53	1: 1:18	47	22 0:16:32	38 1:41:29
39	102	N-5001	JOSE RAUL BARAD	SEN	CICLES BRASIL	36	0:24: 5	48	1: 0: 1	40	49 0:17:31	39 1:41:37

CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	N.FED./ L.DESP.	NOME	CATEG.	EQUIPA	CORRIDA 7 KM		CICLISMO	CORRIDA 3,5 KM		TOTAL CL. TEMPO			
						CL.	TEMPO	CL.	TEMPO	1+2 CL.		TEMPO		
40	112	N- 399	RENATO INACIO	SEN	CICLES BRASIL	45	0:24:45	46	0:59:46	41	46	0:17:29	40	1:42:00
41	58	N- 395	RUI OSCAR REIS	SEN	CADC ALMEIRIM	17	0:22:44	68	1: 2:29	49	35	0:16:57	41	1:42:10
42	40	N- 59	PAULO VALE FIGUEIRA	SEN	TECNICO	30	0:23:47	47	0:59:59	39	59	0:18:25	42	1:42:11
43	6	N- 475	LUIS MANUEL SOUSA	SEN	ATLETICO VIA RARA	38	0:24:22	40	0:59:12	37	68	0:18:45	43	1:42:19
44	10	N- 166	JOSE ESPINHEIRA GOMES	V2	OSMOP	42	0:24:41	49	1: 0:15	46	47	0:17:30	44	1:42:26
45	108	N-5038	SERGIO LENIR	SEN	CICLES BRASIL	60	0:25:53	25	0:57:20	34	78	0:19:21	45	1:42:34
46	79	N- 246	MARIO PINTO	SEN	ELITE/CN RIO MAIOR	29	0:23:46	63	1: 1:59	51	33	0:16:53	46	1:42:38
47	77	N- 457	OSCAR LOUREIRO SILVA	SEN	ELITE/CN RIO MAIOR	49	0:24:58	54	1: 1:20	53	26	0:16:39	47	1:42:57
48	80	N- 455	PEDRO MATEUS	SEN	ELITE/CN RIO MAIOR	61	0:25:55	39	0:59: 0	45	53	0:18: 2	48	1:42:57
49	78	N- 373	CARLOS FILIPE FERNANDES	SEN	ELITE/CN RIO MAIOR	66	0:26:24	36	0:58:35	48	57	0:18:17	49	1:43:16
50	46	N- 321	ROGERIO MORAIS	SEN	FERROVIARIO	64	0:26: 9	36	0:58:35	43	65	0:18:36	50	1:43:20
51	68	N- 301	ALEXANDRE PEREIRA	JUN	VITORIA DE JANES	52	0:25:17	42	0:59:19	42	69	0:18:47	51	1:43:23
52	109	N-5039	JOSE MONTEIRO	V1	CICLES BRASIL	12	0:22: 1	83	1: 6: 5	64	12	0:15:33	52	1:43:39
53	18	N- 147	RUI FONSECA	SEN	ENCARN.E OLIVAIS	48	0:24:56	58	1: 1:39	55	39	0:17: 6	53	1:43:41
54	101	N- 417	ADRIANO COELHO	V2		39	0:24:25	67	1: 2:20	57	39	0:17: 6	54	1:43:51
55	5	N- 394	LUIS FILIPE SILVA	SEN	ATLETICO VIA RARA	68	0:26:39	38	0:58:44	50	62	0:18:30	55	1:43:53
56	88	N- 96	JOSE EUFRASIO	V1	ELITE/CN RIO MAIOR	57	0:25:30	54	1: 1:20	58	47	0:17:30	56	1:44:20
57	85	N- 384	LUIS DEUS	SEN	ELITE/CN RIO MAIOR	76	0:26:58	44	0:59:29	54	54	0:18: 8	57	1:44:35
58	70	N- 448	MARIO MACHADO	SEN	HOSPITAL	41	0:24:33	70	1: 2:41	60	50	0:17:34	58	1:44:48
59	110	N-5002	JORGE BOLAS	V1	CICLES BRASIL	43	0:24:42	65	1: 2: 1	56	64	0:18:35	59	1:45:18
60	42	N- 370	JOAO MARAL	SEN	TECNICO	53	0:25:18	52	1: 0:53	52	75	0:19:17	60	1:45:28
61	9	N-5040	LINDO FREIRE	V2	SETUBAL TRIATLO JOMARA	55	0:25:24	63	1: 1:59	61	55	0:18: 9	61	1:45:32
62	25	N- 243	ALFREDO TEIXEIRA	SEN	TODDY	87	0:28:37	35	0:58:20	59	73	0:19: 6	62	1:46: 3
63	49	N- 438	PEDRO NUNES	JUN	FERROVIARIO	71	0:26:46	51	1: 0:52	62	63	0:18:34	63	1:46:12
64	14	N- 280	ALFREDO SOUSA	SEN	ENCARN.E OLIVAIS	56	0:25:28	69	1: 2:32	63	60	0:18:26	64	1:46:26
65	23	N-5018	ARMINDO GOMES	SEN	ARCD MENDIGA	63	0:26: 7	71	1: 2:54	67	52	0:17:58	65	1:46:59
66	118	N-5041	RICARDO FURTADO	SEN		81	0:27:17	57	1: 1:27	65	58	0:18:22	66	1:47: 6
67	81	N- 383	DIEGO SACCO	SEN	ELITE/CN RIO MAIOR	54	0:25:21	75	1: 5: 4	72	29	0:16:48	67	1:47:13
68	61	N-5042	JOAO FERRAND	SEN	IPAM	75	0:26:56	66	1: 2:12	68	86	0:20: 3	68	1:49:11
69	41	N- 367	JOAQUIM DIAS	SEN	TECNICO	99	0:29:37	50	1: 0:21	71	79	0:19:23	69	1:49:21
70	2	N- 295	FIRMINO VALENTIM	SEN	TOKANDAR	78	0:27:14	59	1: 1:42	66	90	0:20:38	70	1:49:34
71	13	N- 426	JOAO BAPTISTA	SEN	OSMOP	86	0:27:59	61	1: 1:47	70	84	0:19:55	71	1:49:41
72	11	N- 309	JOSE GUILHERME OLIVEIRA	SEN	OSMOP	83	0:27:24	62	1: 1:49	69	89	0:20:34	72	1:49:47
73	59	N- 491	JOAO CORREIA	SEN	OSMOP	70	0:26:45	74	1: 4:51	76	56	0:18:13	73	1:49:49
74	104	N-5027	MANUEL ARCANGELO	SEN	CADC ALMEIRIM	58	0:25:33	85	1: 7: 2	79	45	0:17:21	74	1:49:56
75	21	N- 106	ANTONIO LAZARO	V4	ENCARN.E OLIVAIS	72	0:26:48	73	1: 4:26	74	71	0:19: 0	75	1:50:14
76	22	N-5020	NARCISO CORDEIRO	SEN	ARCD MENDIGA	77	0:27: 9	72	1: 4:21	75	74	0:19:15	76	1:50:45
77	75	N- 389	LUIS QUINTAS	SEN	NESTE	62	0:25:58	80	1: 5:58	77	76	0:19:19	77	1:51:15
78	75	N- 389	LUIS QUINTAS	SEN	NESTE	93	0:29: 4	60	1: 1:46	73	94	0:20:55	78	1:51:45

CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	N.FED./ L.DESP.	NOME	CATEG.	EQUIPA	CORRIDA 7 KM		CICLISMO 30 KM		CORRIDA 3,5 KM		TOTAL
						CL.	TEMPO	CL.	TEMPO	CL.	TEMPO	
79	64	N- 239	MARGARIDA VIEIRA	SNF	DIARIO NOTICIAS	74	0:26:55	77	1: 5:35	78	82 0:19:45	79 1:52:15
80	89	N- 376	HUGO SILVA	JUV	C.C.D.CASCAIS	67	0:26:34	84	1: 6:51	81	77 0:19:20	80 1:52:45
81	15	N- 444	CARLOS CARVALHO	SEN	ENCARN.E OLIVAIS	79	0:27:15	80	1: 5:58	80	83 0:19:46	81 1:52:59
82	3	N- 315	FERNANDO GUIMARO	V2	TOKANDAR	91	0:28:57	78	1: 5:53	85	67 0:18:39	82 1:53:29
83	69	N- 450	RICARDO PEREIRA	SEN	MOBIPAL	85	0:27:57	79	1: 5:54	82	87 0:20: 4	83 1:53:55
84	86	N- 458	ALCIDES RIBEIRO	SEN	ELITE/CN RIO MAIOR	82	0:27:21	89	1: 9: 9	88	65 0:18:36	84 1:55: 6
85	34	N- 290	CARLOS CRISOSTOMO	V5	TODDY	88	0:28:38	76	1: 5:34	83	96 0:21: 4	85 1:55:16
86	24	N-5043	ACACIO GOMES	SEN	ARCD MENDIGA	84	0:27:28	88	1: 8:21	87	80 0:19:33	86 1:55:22
87	47	N- 400	RUI BARROS	V1	FERROVIARIO	69	0:26:43	96	1:11:48	91	36 0:17: 0	87 1:55:31
88	113	N- 234	FRANCISCO BEXIGA	SEN	CEFA	97	0:29:22	82	1: 6: 3	86	100 0:21:41	88 1:57: 6
89	106	N-5019	LUIS PAULO CIPRIANO	JUN		73	0:26:53	86	1: 7:21	84	101 0:23: 8	89 1:57:22
90	36	N- 27	DORA PINTO	SNF	CRUZ QUEBRADENSE	96	0:29: 8	87	1: 7:32	89	97 0:21: 6	90 1:57:46
91	48	N- 310	CARLOS MARTINS FERNANDES	SEN	FERROVIARIO	92	0:28:58	95	1:11:15	95	51 0:17:56	91 1:58: 9
92	97	N- 460	VITOR MANUEL COSTA	V1	C.F. BELENENSES	95	0:29: 7	90	1: 9:43	92	81 0:19:36	92 1:58:26
93	1	N- 251	ANTONIO VALIDO	SEN	TOKANDAR	89	0:28:39	93	1:10:50	93	95 0:21: 3	93 2: 0:32
94	12	N- 40	VITOR REAL	V4	OSMOP	90	0:28:40	97	1:12:10	97	88 0:20:20	94 2: 1:10
95	45	N-5033	PEDRO SARAMAGO	SEN	TECNICO	98	0:29:36	91	1:10:22	94	99 0:21:14	95 2: 1:12
96	74	N- 390	ANA PAULA QUINTAS	SNF	NESTE	100	0:30: 9	92	1:10:24	96	93 0:20:48	96 2: 1:21
97	105	N- 36	ADRIANO CUNHA	SEN		80	0:27:16	99	1:14:32	98	85 0:19:59	97 2: 1:47
98	73	N- 392	ANTONIO BORGES	V1	NESTE	65	0:26:22	101	1:16:59	99	69 0:16:47	98 2: 2: 8
99	51	N-5044	TIAGO DA COSTA ALCOBIA	JUN	FERROVIARIO	50	0:25: 5	98	1:12:33	90	102 0:25:29	99 2: 3: 7
100	37	N- 416	MAFALDA FARIA	SNF	CRUZ QUEBRADENSE	101	0:32:58	94	1:11:14	100	92 0:20:40	100 2: 4:52
101	50	N-5045	JOSE VICENTE ALCOBIA	SEN	FERROVIARIO	94	0:29: 6	100	1:16:25	101	98 0:21: 8	101 2: 6:39
102	38	N- 327	MARTA FERREIRA	JNF	CRUZ QUEBRADENSE	102	0:34:17	102	1:23:18	102	90 0:20:38	102 2:18:13
103	44	N-5046	JOAO BELO	SEN	TECNICO	103	0:38:37	103	1:37:23	103	103 0:28: 0	103 2:44: 0