

CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	N.FED./ L.DESP.	NOME	CATEG.	EQUIPA	CORRIDA		CICLISMO		CORRIDA		TOTAL
						5.000M CL.	TEMPO	30KM CL.	TEMPO	1+2 CL.	5.000M CL.	
1	2	N-	8	CARLOS BRITO	SEN	DIARIO NOTÍCIAS	1 0: 0: 0	1 0: 0: 0	1	2 1:24: 2	1 1:24: 2	
2	134	N-	336	JOSE MARIO RIBEIRO	SEN	TODDY	1 0: 0: 0	1 0: 0: 0	1	3 1:26:49	2 1:26:49	
3	1	N-	14	FERNANDO DAMAS	V1	DIARIO NOTÍCIAS	1 0: 0: 0	1 0: 0: 0	1	4 1:27:10	3 1:27:10	
4	81	N-	386	AMERICQ PEREIRA	SEN	EITEL COMERCIAL	1 0: 0: 0	1 0: 0: 0	1	5 1:27:16	4 1:27:16	
5	4	N-	174	CARLOS CABRITA	SEN		1 0: 0: 0	1 0: 0: 0	1	6 1:29:20	5 1:29:20	
6	131	N-	38	PEDRO CORDEIRO	SEN	TODDY	1 0: 0: 0	1 0: 0: 0	1	7 1:29:48	6 1:29:48	
7	40	N-	333	FREDERICO JACOB	SEN	C.F. BELENENSES	1 0: 0: 0	1 0: 0: 0	1	8 1:30:25	7 1:30:25	
8	144	N-	346	ANTONIO ANTUNES	SEN		1 0: 0: 0	1 0: 0: 0	1	9 1:30:40	8 1:30:40	
9	146	N-	463	ANTONIO HORTA	SEN	EITEL COMERCIAL	1 0: 0: 0	1 0: 0: 0	1	10 1:31:19	9 1:31:19	
10	140	N-	49	JOAO MEDEIRO	SEN	TODDY	1 0: 0: 0	1 0: 0: 0	1	11 1:31:27	10 1:31:27	
11	42	N-	312	HUGO SOUSA	JUN	C.F. BELENENSES	1 0: 0: 0	1 0: 0: 0	1	12 1:31:53	11 1:31:53	
12	135	N-	213	ANTONIO JOURDAN	SEN	TODDY	1 0: 0: 0	1 0: 0: 0	1	13 1:31:55	12 1:31:55	
13	143	N-	73	PAULO SILVA	SEN		1 0: 0: 0	1 0: 0: 0	1	14 1:32:20	13 1:32:20	
14	118	N-	B002	IENS SCHNEIDER	SEN	ELITE/C.N.RIO MAIOR	1 0: 0: 0	1 0: 0: 0	1	15 1:32:38	14 1:32:38	
15	104	N-	379	DAVID CALDEIRAO	SEN	ENCARN.E OLIVAIS	1 0: 0: 0	1 0: 0: 0	1	16 1:32:50	15 1:32:50	
16	115	N-	287	PAULO NUNES	JUN		1 0: 0: 0	1 0: 0: 0	1	17 1:32:58	16 1:32:58	
17	93	N-	190	JOSE BALGUEIRO	SEN	VITÓRIA DE JAVES	1 0: 0: 0	1 0: 0: 0	1	18 1:33: 4	17 1:33: 4	
18	82	N-	265	JOSE MATOS	SEN	EITEL COMERCIAL	1 0: 0: 0	1 0: 0: 0	1	20 1:33:39	18 1:33:39	
19	39	N-	335	PAULO LAMESD	SEN	C.F. BELENENSES	1 0: 0: 0	1 0: 0: 0	1	21 1:34:16	19 1:34:16	
20	114	N-	266	JOAO PORTELA	V2	CICLOLIVEIRA	1 0: 0: 0	1 0: 0: 0	1	22 1:34:22	20 1:34:22	
21	31	N-	5015	ALBERTO PEREIRA	SEN	ATLETICO DE VIA RARA	1 0: 0: 0	1 0: 0: 0	1	23 1:34:35	21 1:34:35	
22	36	N-	34	JOAQUIM SILVA	V1	C.C.D.CASCAIS	1 0: 0: 0	1 0: 0: 0	1	24 1:34:38	22 1:34:38	
23	107	N-	185	ANTONIO MOURA	SEN	ENCARN.E OLIVAIS	1 0: 0: 0	1 0: 0: 0	1	25 1:34:57	23 1:34:57	
24	10	N-	373	CARLOS FILIPE FERNANDES	SEN	ELITE/C.N.RIO MAIOR	1 0: 0: 0	1 0: 0: 0	1	26 1:35:13	24 1:35:13	
25	84	N-	89	ANTONIO BOTELHO	SEN	EITEL COMERCIAL	1 0: 0: 0	1 0: 0: 0	1	27 1:35:17	25 1:35:17	
26	58	N-	114	PAULO CATARINO	SEN	ELITE/C.N.RIO MAIOR	1 0: 0: 0	1 0: 0: 0	1	28 1:35:38	26 1:35:38	
27	85	N-	415	ANTONIO CARITA	SEN	EITEL COMERCIAL	1 0: 0: 0	1 0: 0: 0	1	29 1:36:44	27 1:36:44	
28	43	N-	344	BRUNO PEREIRA	JUN	C.F. BELENENSES	1 0: 0: 0	1 0: 0: 0	1	30 1:37:29	28 1:37:29	
29	139	N-	84	FRANCISCO RODRIGUES	SEN	TODDY	1 0: 0: 0	1 0: 0: 0	1	31 1:39: 3	29 1:39: 3	
30	94	N-	296	LUIS BOAVIDA	SEN	VITÓRIA DE JAVES	1 0: 0: 0	1 0: 0: 0	1	32 1:39:15	30 1:39:15	
31	62	N-	455	PEDRO MATEUS	SEN	ELITE/C.N.RIO MAIOR	1 0: 0: 0	1 0: 0: 0	1	33 1:39:21	31 1:39:21	
32	65	N-	117	RUI SILVA	SEN	ELITE/C.N.RIO MAIOR	1 0: 0: 0	1 0: 0: 0	1	34 1:39:32	32 1:39:32	
33	38	N-	58	JOAQUIM RUELA	SEN	C.F. BELENENSES	1 0: 0: 0	1 0: 0: 0	1	35 1:39:42	33 1:39:42	
34	108	N-	147	RUI FONSECA	SEN	ENCARN.E OLIVAIS	1 0: 0: 0	1 0: 0: 0	1	36 1:39:59	34 1:39:59	
35	111	N-	313	ANTONIO MARGUES	JUN	CICLES BRASIL	1 0: 0: 0	1 0: 0: 0	1	37 1:40:29	35 1:40:29	
36	92	N-	393	RUI SANTOS	V1		1 0: 0: 0	1 0: 0: 0	1	38 1:40:45	36 1:40:45	
37	33	N-	129	LUIS SOUSA	SEN	ATLETICO DE VIA RARA	1 0: 0: 0	1 0: 0: 0	1	39 1:41: 9	37 1:41: 9	
38	15	N-	417	ADRIANO COELHO	V2		1 0: 0: 0	1 0: 0: 0	1	40 1:41:13	38 1:41:13	
39	45	N-	442	RUI NOGUEIRA	SEN		1 0: 0: 0	1 0: 0: 0	1	41 1:41:20	39 1:41:20	
40	67	N-	96	JOSE EUFRASIO	V1	ELITE/C.N.RIO MAIOR	1 0: 0: 0	1 0: 0: 0	1	42 1:41:36	40 1:41:36	

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CL.	DORSAL	N.FED./ L.DESP.	NOME	CATEG.	EQUIPA	CORRIDA 5.000M		CICLISMO	CORRIDA		TOTAL	
						CL.	TEMPO	30KM	CL.	5.000M		CL.
41	14	N-5001	JOSE BARAO	SEN	CICLES BRASIL	1	0:0:0	1	0:0:0	1	43 1:42:8	41 1:42:8
42	70	N- 166	JOSE ESPINHEIRA GOMES	V2	OSMOP	1	0:0:0	1	0:0:0	1	44 1:42:15	42 1:42:15
43	48	N- 101	OSCAR GONCALVES	SEN	I.P.A.M.	1	0:0:0	1	0:0:0	1	45 1:42:18	43 1:42:18
44	88	N- 448	MARIO MACHADO	SEN	MOGIPAL	1	0:0:0	1	0:0:0	1	46 1:42:25	44 1:42:25
45	32	N- 394	LUIS FILIPE SILVA	SEN	ATLETICO DE VIA RARA	1	0:0:0	1	0:0:0	1	47 1:42:28	45 1:42:28
46	101	N- 280	ALFREDO SOUSA	SEN	ENCARN.E OLIVAS	1	0:0:0	1	0:0:0	1	48 1:42:40	46 1:42:40
47	138	N- 291	JORGE DUARTE	SEN	TODDY	1	0:0:0	110	0:18:45	110	1 1:23:57	47 1:42:42
48	30	N- 430	PEDRO SANTOS VIEIRA	JUN	C.T.TORRES NOVAS	1	0:0:0	1	0:0:0	1	49 1:42:47	48 1:42:47
49	28	N- 431	MARCO SOUSA	JUN	C.T.TORRES NOVAS	1	0:0:0	1	0:0:0	1	50 1:43:11	49 1:43:11
50	22	N- 59	PAULO VALE FIGUEIRA	SEN	TECNICO	1	0:0:0	1	0:0:0	1	51 1:43:23	50 1:43:23
51	113	N- 358	RUI PINTO	SEN	CLUBE TRIATLO CADAVAL	1	0:0:0	1	0:0:0	1	52 1:43:32	51 1:43:32
52	50	N- 432	GONCALO NEVES	SEN	C.T.TORRES NOVAS	1	0:0:0	1	0:0:0	1	53 1:44:11	52 1:44:11
53	61	N- 246	MARIO PINTO	SEN	ELITE/C.N.RIO MAIOR	1	0:0:0	1	0:0:0	1	54 1:44:51	53 1:44:51
54	121	N-5016	NUNO LAFANJEIRA	V2	CLUBE DESP. RIBEIRENSE	1	0:0:0	1	0:0:0	1	55 1:45:58	54 1:45:58
55	51	N- 321	ROGERIO MORAIS	SEN	FERROVIARIO	1	0:0:0	1	0:0:0	1	56 1:46:6	55 1:46:6
56	98	N-5017	JOAQUIM MENDONÇA	SEN	VITORIA DE JAMES	1	0:0:0	1	0:0:0	1	57 1:46:17	56 1:46:17
57	18	N- 229	PAULO MATIAS	SEN	TECNICO	1	0:0:0	1	0:0:0	1	58 1:46:48	57 1:46:48
58	75	N-5018	ARMINDO GOMES	SEN	A.R.C.D. MENDINGA	1	0:0:0	1	0:0:0	1	59 1:46:57	58 1:46:57
59	105	N- 316	PEDRO GASPAR	SEN	ENCARN.E OLIVAS	1	0:0:0	1	0:0:0	1	60 1:47:7	59 1:47:7
60	136	N- 297	JOSE PIRES	JUN	TODDY	1	0:0:0	1	0:0:0	1	61 1:47:16	60 1:47:16
61	54	N- 438	PEDRO NUNES	JUN	FERROVIARIO	1	0:0:0	1	0:0:0	1	62 1:47:39	61 1:47:39
62	56	N-5019	LUIS CIPRIANO	SEN		1	0:0:0	1	0:0:0	1	63 1:47:46	62 1:47:46
63	29	N- 491	JOAO CORREIA	SEN	C.A.D.C.A. ALMEIRIM	1	0:0:0	1	0:0:0	1	64 1:47:47	63 1:47:47
64	103	N- 397	RUI RICARDO	SEN	ENCARN.E OLIVAS	1	0:0:0	1	0:0:0	1	65 1:48:3	64 1:48:3
65	72	N- 309	JOSE GUILHERME OLIVEIRA	SEN	OSMOP	1	0:0:0	1	0:0:0	1	66 1:48:17	65 1:48:17
66	130	N- 243	ALFREDO TEIXEIRA	SEN	TODDY	1	0:0:0	1	0:0:0	1	67 1:48:47	66 1:48:47
67	109	N- 462	PAULO CONDE	SEN	ENCARN.E OLIVAS	1	0:0:0	1	0:0:0	1	68 1:49:29	67 1:49:29
68	9	N- 63	RAMON NETO	V2	TOXANDAR	1	0:0:0	1	0:0:0	1	69 1:49:45	68 1:49:45
69	74	N-5020	NARCISO CORDEIRO	SEN	A.R.C.D. MENDINGA	1	0:0:0	1	0:0:0	1	70 1:49:50	69 1:49:50
70	19	N- 367	JOAQUIM DIAS	SEN	TECNICO	1	0:0:0	1	0:0:0	1	71 1:49:52	70 1:49:52
71	11	N- 298	FIRMINO VALENTIM	SEN	TOXANDAR	1	0:0:0	1	0:0:0	1	72 1:50:13	71 1:50:13
72	77	N- 389	LUIS QUINTAS	SEN	B.D.C.T. NESTE	1	0:0:0	1	0:0:0	1	73 1:50:28	72 1:50:28
73	63	N- 383	DIEGO SACCO	SEN	ELITE/C.N.RIO MAIOR	1	0:0:0	1	0:0:0	1	74 1:51:14	73 1:51:14
74	3	N- 239	MARGARIDA VIEIRA	SNF	DIARIO NOTÍCIAS	1	0:0:0	1	0:0:0	1	75 1:51:16	74 1:51:16
75	68	N- 398	RUI REIS	SEN	C.A.D.C.A. ALMEIRIM	1	0:0:0	1	0:0:0	1	76 1:51:18	75 1:51:18
76	80	N- 399	RENATO INACIO	SEN	TRIATLO "OS SAPOS"	1	0:0:0	1	0:0:0	1	77 1:52:22	76 1:52:22
77	23	N- 370	JOAO MARAL	SEN	TECNICO	1	0:0:0	111	0:19:14	111	19 1:33:14	77 1:52:28
78	122	N-5021	LUIS MARIANO	SEN	CLUBE DESP. RIBEIRENSE	1	0:0:0	1	0:0:0	1	78 1:52:29	78 1:52:29
79	76	N-5043	ACACIO GOMES	SEN	A.R.C.D. MENDINGA	1	0:0:0	1	0:0:0	1	79 1:53:9	79 1:53:9
80	110	N-5023	JOAO GILBERTO MATA	SEN	OSMOP	1	0:0:0	1	0:0:0	1	80 1:53:11	80 1:53:11

CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	N.FED./ L.DESP.	NOME	CATEG.	EQUIPA	CORRIDA 5.000M		CICLISMO	CORRIDA		TOTAL	
						CL.	TEMPO	30KM CL.	TEMPO	1+2 CL.		5.000M TEMPO
81	100	N- 108	ANTONIO LAZARO	V4	ENCARN.E OLIVAIS	1	0: 0: 0	1	0: 0: 0	1	81 1:53:21	81 1:53:21
82	8	N-5024	ANTONIO SANTOS	SEN		1	0: 0: 0	1	0: 0: 0	1	82 1:53:25	82 1:53:25
83	127	N- 27	DORA PINTO	SNF	CRUZ QUEBRADENSE	1	0: 0: 0	1	0: 0: 0	1	83 1:53:31	83 1:53:31
84	21	N-5025	PAULO VIDAL	SEN	TECNICO	1	0: 0: 0	1	0: 0: 0	1	84 1:53:32	84 1:53:32
85	27	N-5026	VITOR SOBRAL	SEN		1	0: 0: 0	1	0: 0: 0	1	85 1:53:40	85 1:53:40
86	137	N- 290	CARLOS CRISOSTOMO	V5	TODDY	1	0: 0: 0	1	0: 0: 0	1	86 1:54: 2	86 1:54: 2
87	13	N- 315	FERNANDO GUIMARO MDREIRA	V2	TOKANDAR	1	0: 0: 0	1	0: 0: 0	1	87 1:55:19	87 1:55:19
88	89	N- 454	OSCAR PEREIRA SILVA	SEN	MOSIPAL	1	0: 0: 0	1	0: 0: 0	1	88 1:55:21	88 1:55:21
89	34	N- 376	HUGO SILVA	JUV	C.C.D.CASDAIS	1	0: 0: 0	1	0: 0: 0	1	89 1:56: 8	89 1:56: 8
90	46	N-5027	MANUEL ARCANDELO	SEN		1	0: 0: 0	1	0: 0: 0	1	90 1:56:29	90 1:56:29
91	17	N-5028	ERNESTO DUQUE	SEN		1	0: 0: 0	1	0: 0: 0	1	91 1:57:17	91 1:57:17
92	147	N-5029	JOAO BISPO	SEN		1	0: 0: 0	1	0: 0: 0	1	92 1:57:55	92 1:57:55
93	49	N- 408	EMANUEL NEVES	SEN	I.F.A.M.	1	0: 0: 0	1	0: 0: 0	1	93 1:58:42	93 1:58:42
94	90	N- 450	RICARDO PEREIRA	SEN	MOSIPAL	1	0: 0: 0	1	0: 0: 0	1	94 1:59: 8	94 1:59: 8
95	145	N- 36	ADRIANO CUNHA	SEN		1	0: 0: 0	1	0: 0: 0	1	95 1:59:35	95 1:59:35
96	71	N- 374	JOAO MATA	V2	OSMOP	1	0: 0: 0	1	0: 0: 0	1	96 1:59:56	96 1:59:56
97	12	N- 300	LUIS RAMOS	SEN	TOKANDAR	1	0: 0: 0	1	0: 0: 0	1	97 2: 0: 5	97 2: 0: 5
98	123	N-5030	ABEL MOLIAND	SEN	CLUBE DESP. RIBEIRENSE	1	0: 0: 0	1	0: 0: 0	1	98 2: 0:14	98 2: 0:14
99	124	N-5031	LUIS PEREIRA	SEN	CLUBE DESP. RIBEIRENSE	1	0: 0: 0	1	0: 0: 0	1	99 2: 0:16	99 2: 0:16
100	126	N-5032	PEDRO FERNANDES	JUN	CLUBE DESP. RIBEIRENSE	1	0: 0: 0	1	0: 0: 0	1	100 2: 0:17	100 2: 0:17
101	25	N-5033	PEDRO SARAMAGO	SEN	TECNICO	1	0: 0: 0	1	0: 0: 0	1	101 2: 0:42	101 2: 0:42
102	78	N- 390	ANA QUINTAS	SNF	G.D.C.T. NESTE	1	0: 0: 0	1	0: 0: 0	1	102 2: 0:48	102 2: 0:48
103	5	N- 1	PAULO CAVALEIRO	SEN	ENCARN.E OLIVAIS	1	0: 0: 0	1	0: 0: 0	1	103 2: 1:29	103 2: 1:29
104	57	N-5034	ILIDIO SILVA	SEN	M BEATO PIRES/AUTOMOVEIS	1	0: 0: 0	1	0: 0: 0	1	104 2: 3:27	104 2: 3:27
105	41	N- 332	VITOR COSTA	SEN	C.F. BELENENSES	1	0: 0: 0	1	0: 0: 0	1	105 2: 5: 6	105 2: 5: 6
106	102	N- 372	JOAQUIM AVELAR	SEN	ENCARN.E OLIVAIS	1	0: 0: 0	1	0: 0: 0	1	106 2: 5:20	106 2: 5:20
107	119	N-5035	VITOR PEREIRA	V3	CLUBE DESP. RIBEIRENSE	1	0: 0: 0	1	0: 0: 0	1	107 2: 5:50	107 2: 5:50
108	120	N-5036	MANUEL FRANCO	V2	CLUBE DESP. RIBEIRENSE	1	0: 0: 0	1	0: 0: 0	1	108 2: 5:51	108 2: 5:51
109	24	N-5037	JOAO NUNES	SEN	TECNICO	1	0: 0: 0	1	0: 0: 0	1	109 2: 6:20	109 2: 6:20
110	16	N- 459	ANTONIO MAGANAO	V3	GRUPO AMIGOS V.F. XIRA	1	0: 0: 0	1	0: 0: 0	1	110 2: 6:52	110 2: 6:52
111	91	N- 449	JOSE COLAÇO	SEN	MOSIPAL	1	0: 0: 0	1	0: 0: 0	1	111 2: 7:34	111 2: 7:34