

CLASSIFICACAO GERAL INDIVIDUAL

CL.	DORSAL	NOME	CATEG.	EQUIPA	NATACAO	CICLISMO	CORRIDA	TOTAL
					2.500 M	76 KM	19 KM	CL. TEMPO
CL.	CL.	CL.	CL.	CL.	CL. TEMPO	CL. TEMPO	CL. TEMPO	CL. TEMPO
1	36	ANTONIO ANTUNES	SEN	CL. FUTEBOL OS BELENENSES	1 0:30:26	3 2:12:53	5 1: 9:40	1 3:52:59
2	4	JOSE MARIZ	V1	DOM PEDRO CLUBE	13 0:38:30	1 2:12:38	1 1: 4:12	2 3:55:20
3	2	CARLOS BRITO	SEN	DIARIO DE NOTICIAS	7 0:34:41	2 2:12:44	3 1: 9:18	3 3:56:43
4	20	PEDRO CORDEIRO	SEN	SOL CAMPO/CRUZ QUEBRADENS	5 0:33: 5	5 2:14:23	7 1:11:10	4 3:58:38
5	3	JORGE QUARESMA	SEN	DIARIO DE NOTICIAS	10 0:35:40	4 2:13: 6	8 1:11:26	5 4: 0:12
6	17	LUIS SILVA	SEN	SOL CAMPO/CRUZ QUEBRADENS	6 0:34:27	6 2:14:59	9 1:11:47	6 4: 1:13
7	33	PAULO PEREIRA	SEN		2 0:30:28	10 2:19:44	11 1:13: 1	7 4: 3:13
8	6	RAUL LEMIR	SEN		3 0:32:14	9 2:18: 7	12 1:13:42	8 4: 4: 3
9	11	PAULO SILVA	SEN	DOM PEDRO CLUBE	9 0:35:38	8 2:16:53	15 1:15:10	9 4: 7:41
10	1	FERNANDO DAMAS	SEN	DIARIO DE NOTICIAS	17 0:39: 7	7 2:16:42	10 1:12:44	10 4: 8:33
11	10	CARLOS CABRITA	SEN	DOM PEDRO CLUBE	18 0:39:27	12 2:21: 7	4 1: 9:20	11 4: 9:54
12	18	MIGUEL FERREIRA	SEN	SOL CAMPO/CRUZ QUEBRADENS	4 0:32:52	11 2:20: 7	19 1:19:46	12 4:12:45
13	32	ROGERIO TAVEIRA	SEN		12 0:38:21	24 2:36:20	2 1: 6:59	13 4:21:40
14	38	FERNANDO MENDES	SEN	CENTRO EDUCACAO F ARMADA	11 0:38:18	13 2:24:47	20 1:20:26	14 4:23:31
15	23	CARLOS MARQUES	SEN	CL. TRIATLO TORRES NOVAS	29 0:45:13	15 2:27:36	13 1:14:51	15 4:27:40
16	24	PAULO MOURAO	SEN	CL. TRIATLO TORRES NOVAS	21 0:40:16	16 2:27:55	18 1:19:31	16 4:27:42
17	26	HELDER COSTA	SEN	CL. TRIATLO TORRES NOVAS	28 0:45: 9	19 2:33:54	6 1:10:19	17 4:29:22
18	40	PAULO CATARINO	SEN	ACADEMICA DE COIMBRA	16 0:39: 6	17 2:28:44	22 1:21:51	18 4:29:41
19	15	ANTONIO MOURA	SEN		26 0:41:56	18 2:31: 1	16 1:17:57	19 4:30:54
20	31	JOSE SALGUEIRO	SEN		15 0:39: 3	14 2:26: 0	27 1:27:13	20 4:32:16
21	37	FREDERICO JACOB	SEN	CL. FUTEBOL OS BELENENSES	24 0:41:12	27 2:40:55	17 1:19:18	21 4:41:25
22	39	CARLOS FERNANDES	SEN	ACADEMICA DE COIMBRA	22 0:40:35	25 2:39:22	23 1:22: 3	22 4:42: 0
23	16	JORGE DUARTE	SEN	SOL CAMPO/CRUZ QUEBRADENS	31 0:51:51	21 2:35:21	14 1:14:57	23 4:42: 9
24	19	ALFREDO TEIXEIRA	SEN	SOL CAMPO/CRUZ QUEBRADENS	20 0:39:58	22 2:36: 6	26 1:27:11	24 4:43:15
25	22	GONÇALO NEVES	SEN	CL. TRIATLO TORRES NOVAS	14 0:38:50	26 2:39:29	25 1:26:53	25 4:45:12
26	8	ANTONIO JESUINO	SEN	DOM PEDRO CLUBE	32 0:55:19	20 2:34:32	21 1:20:29	26 4:50:20
27	34	MARIO PINTO	SEN		8 0:35:35	29 2:51: 1	29 1:28:54	27 4:55:30
28	42	DAVID CALDEIRAO	JUN	SOC E R UNIDOS LECEIA	19 0:39:56	23 2:36:17	33 1:48:37	28 5: 4:50
29	43	MARGARIDA VIEIRA	SNF	DIARIO DE NOTICIAS	30 0:47:50	31 2:58: 4	28 1:27:36	29 5:13:30
30	7	CARLOS FERNANDES	SEN	CLUBE FERROVIARIO PORTUG.	27 0:45: 7	32 3: 2:18	24 1:26: 6	30 5:13:31
31	5	JOAQUIM AVELAR	SEN	A.D.C.E.O.	23 0:41: 6	30 2:53:38	32 1:42:58	31 5:17:42
32	30	LUIS F SILVA	SEN	ATLETICO DE VIA RARA	33 0:57:15	28 2:45:41	31 1:34:48	32 5:17:44
33	41	PEDRO GASPAR	SEN	SOC E R UNIDOS LECEIA	25 0:41:54	33 3:24: 6	30 1:29:42	33 5:35:42