

Okms Cycling - 10 kms Running

Closing Ballefon which the Entry Fee must cirrive May 31 sh 1942.

ST DOM PEDRO SPRINT TRIATHLON infs Swim + 20 kms Cycling - 5 kms Runnin

he Entry Fee must arrive -

oer dat, per person

Single Learn w/breaklast

Half Board supplement

Esc. 6100\$

Codex - Portugat



Hotel Reservations and Registration DOMPEDRO CLUBE

Hotel Dom Pedra Marina ax (089) 31 32 70 – Tel**f (**08**5**) 38 98 02 Vilamoura - Algarve Portugal









EUROPEAN VETERAN'S CHAMPIONSHIP OF PORTUGAL

21st JUNE 1992

VILAMOURA - ALGARVE - PORTUGAL

Vilamoura is located in the Algarve, in the south of Portugal, nearby the Atlantic Ocean, 25 kms from the International Airport at Faro, 300 kms from Lisbon the capital of Portugal, 76 kms from the

Border between Portugal and Spain, connected throught an International Bridge, 200 kms from Seville.

Vilamoura has approximately 2 500 beds distributed for several hotels of 4 and 5 stars and aparthotels. As the official accommodation for this Europen Event we have three 4 star Hotels (Dom Fedro Golf, Dom Fedro Marina and Dom Fedro Portobelo) with an excelente service including friendly ambiance, where you find 500 double rooms with air conditionning, satelit TV, telephone, mini bar and 24 hours room service, representing 1 000 beds, 3 swimming pools, 3 lighted tennis courts and jaccuzi, etc. Nearby we can also offer you an Olympic Swimming Pool, in Loulé.

Vilamoura also has a Casino, a Marina which serves 1 000 yachts, 30 tennis courts, 3 magnificent golf courses (18 holes) horse riding, shooting, sailing, big game fishing.

The climate is an incentive for sports in the open air during the whole year, for example the temperatures in June are:

- sea water : 20/22 centigrade degrees

- air : 28 centigrade degrees

COMPETITION

Masters European Championship 1992-06-21 Olympic distances Vilamoura (Algarve), Portugal

TECHNICAL DELEGATE

Didier LEHENAFF 13 Rue massenet 93270 servan, France Fax 42 45 83 44







HOSTING NGB

Federação de Triatlo de Portugal Mr. Paulo CAYALEIRO, President Apartado 21782 1138 Lisbon Cedex Fax 469 11 15 759 62 92

DRGANIZING COMMITTEE

Mr. carlos GALINO Secretario geral Dom Pedro Clube Hotel Dom Fedro marina 8125 Vilamoura Fax 089-313270

GENERAL RACE MARSHAL Mr. João Naves Almeida Rua João Pires Correia, 30 Alcabideche 2765 Estoril

ORGANIZATION FACILITIES

- 1 conference room
- 1 meeting room for the E.T.U.
- 1 meeting room for the press
 1 meeting room for de technical management
- 1 secretary room
- 1 Race marshal room
- 1 meeting room for the Portuguese Triathlon Federation (F.T.P.)

Meeting room Press and Secretary room will have telephone, Telefax, Telex and copy facilities.

Private transportation(motorbyckes and cars) for the Juries, Press and Management is provided

The organization will take a special insurance for the Race, covering ECUS 1, 000,000 per occurence. This insurance ingludes the organizing committee, the competition and medical race and the ETU and their representatives, subordinates, officials, etc.







Swimming Support: eight emergency boats w/outboard eight boards and Kaiakes

Technical description:

- Swimming Flan:
 - Starting line will be signed on the beach : 30 mts wide
 - The first buoy will be fixed 500 mts away
 - The second buoy will be fixed 450 mts away from the first and 550 mts from the shore

Emergency boats will have a safety arriving area with 50 mts wide

- Transition Park
 - Walking Ways
 - Espectators
 - Athlets
 - Bicycle Park
 - Fress
 - Medical Center
 - Bicycle Parks and mechanical facilities
 - Massage
 - Bridge
 - Antidoping Control
 - Organization
 - Showers
 - Finishing line
 - VIP seats

Bicycle Course with 40,8 Km - but and back

- Signed every 50 km
- First aid and water assistance will be provided every 10 km approximately
- -It is in quite good conditions, except the first 1.500 mts (please note that we were promissed it will be also arranged until June 92)
- -Filled with several up and downs from zero to 180 mts. high $_{\rm I}$ the most important are at:
 - The 2nd km : Quarteira Town to be crossed
 - The 3rd km : An elevation with 6,5 p/c declivity and 250 mts long
 - The 9th km : A trainmail
 - The 12th km: Another elevation with 2 km long
 - The 14th km: A small town with some up and downs-to be crossed
 - The 17,5th km: The return back
 - the 21st km: One elevation with 1,5 km long
 - The 23rd km: An elevation with 800 mts long
 - The 25,8 Km: Loulé Town
 - The 32,2 km: The Trainrail
 - The 37th km: Quarteira Town







Run Course - 10 km

A beautifull sightseing is joining the flat running course all around Vilamoura. However the athletes also will find 12 short steps on the 1st. and the 6th km.

Water assistance will be provided on the beginning of the circuit.

Water and medical assistance will be provided on the 3rd and 6th kms.

Please also note that the circuit between the 3.2 and the 8.4 kms will be out and back.

GENERAL RULES

1 -Age group for Men

- 1 from 40 to 44
- 2 from 45 to 49
- 3 from 50 to 54
- 4 from 55 to 59
- 5 from 60 to 64
- 6 more than 65

Age group for Women

- 1 from 40 to 44
- 2 from 45 to 49
- 3 from 50 to 54
- 4 from 55 to 59
- 5 from 60 to 64
- 6 more than 65

Note: Each team will have between 3 and 6 athletes

- 2 The controll will be closed 4 hours after the beginning
- The Final remarks will be fixed for one hour. In case of complaints the athlete must repport to the Discipline Committee of the E.T.U.







4 — The closing date on which the application forms and entry fees must arrive is May 31st 92. The entry fee is 5–500\$, a cheque on this amount must be sent to : DOM FEDRO CLUB

Address : Dom Fedro Clube

Hotel Dom Pedro Marina

8125 Vilamoura Algarve - Portugal

Telephone: (089) 389802 - Fax: (089) 313270

- 5 The 1st three athletes of each age group(men and women) will receive a Crystal Trophy and one Accommodation Voucher in the Dom Pedro Hotels in the Algarve
- 6 Prizes for all the participants:
 - 1 commemorative medal
 - 1 T.Shirt
 - Local souvenirs

Each athlete will receive a ticket to the free entrance for the Gala Dinner with prizes given and the "Pasta Party"

Note: The partners will pay the ticket entrance

- 7 All the participants have to respect the traffic rules and the sugestions given by the authorities or by the organization, and the participants will be the only ones responsable for any transgression
- 8 -The Medical Team on duty has the authority to forbide of carrying on those who may not be health conditions.
- 9 -Each athlete has to sign a Health Certified which will make them responsible for any health accident as result of his participation
- 10- The neglectful cases will be analysed by the Organization according to the Competition General Rules of the Portugal Federation of Triathlon.

TECHNICAL SUPPORT

Fortuguese Federation of Triathlon

TECHNICAL SUPERVISOR E.T.U.







SPORTIVE RULES

A - SWIMMING

- 1 All the athletes have to be duly numbered on the right hand
- 2 The use of a numbered bathing cap, provided by the organization is compulsory
- 3 It is forbiden any means of propulsion, flutuation and breath
- 4 Will be desqualified any athlete who doesn't respect the points nr. 1, 2 or 3; who doesn't complete all the course or those who eventualy maybe helped by the others

B - CYCLISM

- 1 The use of the dorsal, is compulsory
- 2 The use of an Hard Helmut, duly buckled is compulsory
- 3 Each cyclist is responsable for the maintenance and repairing of his bycicle during the course, withought any external support
- 4 It is not allowed the support of any vehicle
- 5 It in not allowed to go "On the Wheel" of any other cyclist
- 6 Those who don't respect the points nr. 1, 2, 3, 4 and 5 will be disqualified

C - RUN

- 1 The number on the brest, is compulsory
- 2 It is forbiden to go along with the athletes







DOM PEDRO HOTELS HOTEL PACKAGE

PRICES PER DAY, PER PERSON, IN ESCUDOS:

Double room w/breakfast
Single room w/breakfast
Half Board Supl.
Extra Bed supl.

Esc. **6** 100\$00 " **9** 400\$00 " 2 450\$00

" 3 150\$00

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ENTERTAINMENT PROGRAMME

A sightseing tour with lunch in a typical restaurant: Visit to Faro, the Capital of the Algarye. Hystorical Monuments and shopping.

Dom Pedro Hotels facilities includes; a daily entertainment programme (life music, folcklore, dance contests, bingo, magic show, etc.)