

III

# TRIATLO DE LAGOS

24/9/1989

## Classificação individual

CLS	Nº	NOME	EQUIPA	ESC	NATAÇÃO	CICLISMO	CORRIDA	FINAL
19	18	CARLOS BRITO	ASS. COMANDOS	B	21.38 5	1.08.18 6	34.59 1	2.04.55
20	20	FERNANDO DAMAS	ASS. COMANDOS	B	23.32 11	1.05.31 1	37.46 6	2.06.49
30	4	ARTUR PARREIRA	NATIRIS	B	23.10 9	1.08.23 7	35.58 4	2.07.31
40	19	JOSÉ MARIZ	ASS. COMANDOS	B	24.32 17	1.07.43 5	35.34 2	2.07.49
50	50	PEDRO CORDEIRO	EUROPEU/BELNENSES	B	21.37 3	1.06.21 3	40.18 16	2.08.16
60	76	LUIS SILVA	EUROPEU/BELNENSES	A	21.43 6	1.10.06 9	38.02 7	2.09.51
70	51	LEANDRO SILVA	EUROPEU/BELNENSES	B	23.10 10	1.06.08 2	41.19 19	2.10.37
80	43	RUI SÁ	FITODIETE	B	21.43 7	1.09.01 8	40.02 15	2.10.46
90	5	JÚLIO VIANA	NATIRIS	B	21.37 4	1.07.40 4	42.41 29	2.11.58
100	13	CARLOS CABRITA	PALMARES/C.V.LAGOS	B	26.44 26	1.11.02 11	35.44 3	2.13.30
110	32	JOÃO MARQUES	C.E.F.ARMADA	B	24.36 18	1.13.42 15	39.19 9	2.17.37
120	36	JOSÉ PALMELA	GIN. SUL/VITASTAR	B	21.32 2	1.15.24 24	41.26 22	2.18.22
130	21	JORGE QUARESMA	ASS. COMANDOS	B	23.43 14	1.12.58 14	41.44 26	2.18.25
140	72	ANTÓNIO JORDAN	ASS. COMANDOS	A	25.14 22	1.12.53 13	40.42 17	2.18.49
150	30	JOSÉ OLIVEIRA	C.E.F.ARMADA	B	24.36 19	1.14.22 16	39.55 13	2.18.53
160	10	PAULO GLÓRIA	PALMARES/C.V.LAGOS	B	23.42 13	1.15.11 22	40.00 14	2.19.03
170	31	CARLOS DIAS	C.E.F.ARMADA	B	23.08 8	1.15.01 19	41.31 23	2.19.40
180	46	PAULO ALVES	FITODIETE	B	27.46 30	1.15.01 19	37.21 5	2.20.08
190	77	PAULO PEREIRA	SPORTING C. P.	A	20.22 1	1.15.08 21	45.14 38	2.20.44
200	22	ANTÓNIO BOTELHO	ASS. COMANDOS	B	26.29 25	1.16.10 25	39.53 12	2.22.32
210	52	ANTÓNIO MONTEIRO	EUROPEU/BELNENSES	B	26.12 23	1.14.54 18	42.25 28	2.23.31
220	24	EDUARDO SEBASTIÃO	A.E.I.S.TÉCNICO	B	23.41 12	1.15.15 23	44.54 37	2.23.50
230	42	PAULO BASÍLIO	INDIVIDUAL	B	24.30 16	1.18.32 32	41.21 20	2.24.23
240	40	ANTÓNIO ALBANO	CASA BENF. CALDAS	B	31.21 40	1.11.16 12	43.12 33	2.25.49
250	49	ROBERTO CORONEL	G.D.J.M.JANES	B	24.55 20	1.19.49 38	41.21 20	2.26.05
260	45	FRANCISCO RODRIGUES	ENCARNACÃO	B	26.56 27	1.18.22 30	41.42 25	2.27.00
270	48	JOSÉ SALGUEIRO	G.D.J.M.JANES	B	27.28 28	1.16.34 26	43.27 34	2.27.29
280	11	CARLOS JESUS	PALMARES/C.V.LAGOS	B	32.02 46	1.14.35 17	41.09 18	2.27.46
290	73	MIGUEL CASTRO	INDIVIDUAL	A	29.38 35	1.16.58 28	41.32 24	2.27.58
300	85	JOAQUIM PATRÍCIO	GIN. SUL/VITASTAR	B	27.46 29	1.19.20 36	43.52 35	2.30.58
310	28	ANTÓNIO CUSTÓDIO	G.DESP. "R N"	B	32.02 47	1.18.44 35	42.51 30	2.33.37
320	17	CARLOS CABRAL	PALMARES/C.V.LAGOS	B	38.02 61	1.17.13 29	39.36 11	2.34.51
330	29	ÓSCAR GONÇALVES	ASS. PSIC. PORT.	B	31.35 42	1.21.41 43	42.08 27	2.35.24
340	25	JOÃO CARREIRO	A.E.I.S.TÉCNICO	B	27.52 31	1.25.01 49	42.58 31	2.35.51
350	82	ADELINO VICENTE	PICANÇO ROSETE 50	C	34.09 60	1.18.36 33	43.11 32	2.35.56
360	26	DÉLIO GUERREIRO	CASA BENF. CALDAS	B	33.20 55	1.16.56 27	46.46 41	2.37.02
370	9	EDUARDO AUGUSTO	PALMARES/C.V.LAGOS	B	29.30 34	1.18.24 31	49.56 48	2.37.50
380	35	ALBERTO MARQUES	GIN. SUL/VITASTAR	B	31.19 39	1.21.23 42	47.01 43	2.39.43
390	33	FRANCISCO BEXIGA	C.E.F.ARMADA	B	31.42 43	1.19.38 37	49.28 47	2.40.48
400	38	JOÃO DA SILVA	INDIVIDUAL	B	31.58 45	1.19.51 39	50.51 51	2.41.40
410	14	PAULO SILVA	PALMARES/C.V.LAGOS	B	28.25 32	1.22.00 44	52.07 53	2.42.32
420	47	JOAQUIM MARTINS	G.D.J.M.JANES	B	31.51 44	1.20.55 41	50.37 50	2.43.23
430	16	JOÃO PEREIRA	PALMARES/C.V.LAGOS	B	32.54 50	1.23.57 47	46.35 40	2.43.26
440	81	ALBERTO ARIAS	OLIMPIO	C	33.40 56	1.23.09 45	47.00 42	2.43.49
450	12	ARMÊNIO RITA	PALMARES/C.V.LAGOS	B	44.53 63	1.20.32 40	38.35 8	2.44.00
460	83	JOÃO PORTELA	CASA BENF. CALDAS	C	47.12 64	1.18.36 33	39.29 10	2.45.17
470	44	PAULO FIGUEIRA	EUROPEU/BELNENSES	B	33.16 54	1.25.30 50	47.33 45	2.46.19
480	8	AMÉRICO SEQUEIRA	PALMARES/C.V.LAGOS	B	33.43 57	1.26.21 51	47.10 44	2.47.14
490	91	DORA PINTO	NATIRIS	D	28.37 33	1.28.40 54	50.10 49	2.47.27
500	15	JOAQUIM BALUGA	PALMARES/C.V.LAGOS	B	33.48 58	1.29.25 55	44.50 36	2.48.03
510	92	ANABELA SALGADO	NATIRIS	D	33.08 52	1.27.10 52	48.09 46	2.48.27
520	37	PAULO CAVALEIRO	GIN. SUL/VITASTAR	B	32.29 48	1.24.26 48	54.43 54	2.51.38
530	34	CARLOS RAIMUNDO	C.C.D.LOURES	B	33.09 53	1.23.48 46	55.04 55	2.52.01
540	23	ANTÓNIO LISBOA	SOL DO CAMPO	B	33.50 59	1.29.59 57	51.11 52	2.55.00
550	84	JOSÉ MARINHO	C.C.D.LOURES	C	42.23 62	1.27.38 53	45.39 39	2.55.40
560	27	JOÃO PINHO	G.D.AUTOSIL	B	31.23 41	1.29.45 56	1.02.11 58	3.03.19
570	86	CAETANO REIS	PICANÇO ROSETE 50	C	33.05 51	1.31.24 58	1.00.42 57	3.05.11
580	2	GONÇALO VELEZ	INDIVIDUAL	B	32.49 49	1.38.17 59	1.00.01 56	3.11.07