

Local da Prova: **Trafaria**

Data: **29/10/2023**

Hora da Partida: **08:26:00**

Distancias: Natação - 1500

Ciclismo - 38000

Corrida - 10000

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	104367	3967	Raquel Rocha	30-34	CNATRIL Triatlo	00:11:40	00:01:36	01:00:30	00:00:43	00:38:57	01:53:26	00:00:00
2	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:12:50	00:01:52	01:10:04	00:00:47	00:40:48	02:06:21	01:12:55
3	107787	3010	Francisca Parente	25-29	CNATRIL Triatlo	00:12:44	00:01:51	01:10:17	00:00:43	00:41:57	02:07:32	01:14:06
4	103605	8521	Inês Raimundo	20-24	AmoraSub/Associação Naval Amorense	00:14:53	00:01:48	01:10:28	00:00:44	00:44:40	02:12:33	01:19:07
5	100161	3291	Joana Tomé	20-24	SFRAA TRIATLO	00:12:40	-	-	00:00:50	00:42:50	02:12:58	01:19:32
6	102529	5110	Patricia Rivotti	45-49	Clube Oriental de Lisboa	00:15:05	00:02:26	01:13:28	00:01:23	00:40:52	02:13:14	01:19:48
7	100805	4335	Filomena Gomes	50-54	Try Portugal / V. Janes	00:16:23	00:02:45	01:10:25	00:01:26	00:45:25	02:16:24	01:22:58
8	104276	2330	Leonor Medronheira	JUN	Sport Lisboa e Benfica	00:13:05	00:01:51	01:22:09	00:01:10	00:45:41	02:23:56	01:30:30
9	107607	5419	Sandra Cristina Fernandes Rodrigues	50-54	AmoraSub/Associação Naval Amorense	00:19:11	00:02:55	01:15:20	00:01:29	00:46:27	02:25:22	01:31:56
10	105661	5250	Isabel Moreira	55-59	Triatlo Fundação Salesianos	00:14:52	00:02:25	01:19:29	00:01:06	00:50:10	02:28:02	01:34:36
11	109383	3875	Sara Gonçalves	30-34	AmoraSub/Associação Naval Amorense	00:16:08	00:02:40	01:19:46	00:02:00	00:51:33	02:32:07	01:38:41
12	107259	4724	Mónica Silva	50-54	Sporting Clube de Portugal	00:16:23	00:03:06	01:18:16	00:02:02	00:55:05	02:34:52	01:41:26
13	104869	3797	Sofia Cruz	20-24	SFRAA TRIATLO	00:17:27	00:02:58	01:23:04	00:01:25	00:51:23	02:36:17	01:42:51
14	106056	3120	Alexandra Quintaneiro	35-39	Aminata Triatlo	00:16:32	00:03:25	01:23:54	00:02:06	00:50:23	02:36:20	01:42:54
15	106425	4511	Helena Sécio	55-59	Individual	00:16:47	00:04:17	01:20:44	00:01:37	00:55:41	02:39:06	01:45:40
16	108914	4304	Cláudia Marques	40-44	AmoraSub/Associação Naval Amorense	00:16:32	00:02:26	01:23:43	00:01:48	00:56:57	02:41:26	01:48:00
17	108875	5955	Salomé Pinhal	45-49	Centro Ciclista Azeitonense	00:18:40	00:03:02	-	-	00:58:25	02:49:21	01:55:55
18	101006	4452	Madalena Caninas	60-64	Clube Oriental de Lisboa	00:17:06	-	-	-	00:55:07	02:51:37	01:58:11
DNF	100472	2354	Mariana Silva	JUN	SFRAA TRIATLO	00:16:36	00:03:33	-	-	-	-	DNF
DNF	104085	2286	Maria Gonçalves	JUN	Sport Lisboa e Benfica	00:11:39	00:01:38	-	-	-	-	DNF
DNF	104884	8523	Sofia Santos Rocha	JUN	Sporting Clube de Portugal	00:12:36	00:01:53	-	-	-	-	DNF
DNF	106844	2336	Matilde Branco	JUN	Sporting Clube de Portugal	00:12:32	-	-	-	-	-	DNF
DNS	108624	3681	Filipa Rodrigues	35-39	Individual	-	-	-	-	-	-	DNS
DNS	105585	5220	Fernanda Moura	60-64	Outsystems Olímpico de Oeiras	-	-	-	-	-	-	DNS
DNS	102054	4155	Ana Mata	50-54	Sport União Colarense	-	-	-	-	-	-	DNS
DNS	104984	5085	Maria Rainha	55-59	Sport União Colarense	-	-	-	-	-	-	DNS
DNS	104427	4754	Alexandra Amaral	55-59	Aminata Triatlo	-	-	-	-	-	-	DNS
DNS	100696	4506	Maria Sousa	45-49	Clube Oriental de Lisboa	-	-	-	-	-	-	DNS