

Local da Prova: **Sesimbra**

Data: **15/10/2023**

Hora da Partida: **09:31:30**

Distancias: Natação - 750

Ciclismo - 19800

Corrida - 5000

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	105957	2642	Erwin Vanderplancke	25-29	Clube de Natação de Torres Novas	00:09:49	00:00:51	00:29:00	-	-	00:58:15	00:00:00
2	101017	2624	Tiago Fonseca	20-24	Clube de Natação de Torres Novas	00:09:59	00:00:56	00:28:44	00:00:33	00:18:06	00:58:18	00:00:03
3	103109	1909	Tomás Figueiredo	CAD	Outsystems Olímpico de Oeiras	00:10:00	00:00:51	00:28:50	00:00:35	00:18:18	00:58:34	00:00:19
4	101255	2518	André Dias	25-29	Outsystems Olímpico de Oeiras	00:09:43	00:00:50	00:29:05	00:00:31	00:18:46	00:58:55	00:00:40
5	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	00:09:56	00:00:53	00:28:50	00:00:36	00:19:03	00:59:18	00:01:03
6	107744	1932	David Abreu	CAD	Sporting Clube de Portugal	00:10:02	00:00:54	00:28:43	-	-	00:59:23	00:01:08
7	105758	3512	Diogo Tomé	20-24	Sport Lisboa e Benfica	00:09:48	00:00:53	00:28:52	00:00:31	00:19:20	00:59:24	00:01:09
8	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:09:41	00:00:51	00:29:08	-	-	01:00:02	00:01:47
9	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:09:55	00:00:53	00:29:07	00:00:31	00:19:37	01:00:03	00:01:48
10	107064	3515	João Canadas	20-24	Clube de Natação de Torres Novas	00:09:38	00:00:53	00:29:05	00:00:34	00:20:35	01:00:45	00:02:30
11	103699	2347	Gabriel Santos	JUN	Sport Lisboa e Benfica	00:09:57	00:01:03	00:30:05	00:00:36	00:19:06	01:00:47	00:02:32
12	102465	8520	António Barata	20-24	Sport Lisboa e Benfica	00:10:40	00:00:56	00:30:18	00:00:38	00:18:49	01:01:21	00:03:06
13	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	00:10:06	00:00:48	00:28:53	00:00:43	00:21:03	01:01:33	00:03:18
14	102920	623	Ricardo Pissarra	CAD	Alhandra Sporting Club	00:10:00	00:00:52	00:28:53	00:00:40	00:21:45	01:02:10	00:03:55
15	102030	1957	Rodrigo Neves	CAD	Sporting Clube de Portugal	00:10:08	00:00:56	00:31:04	00:00:40	00:19:38	01:02:26	00:04:11
16	103977	1797	Afonso Pais de Almeida	CAD	Outsystems Olímpico de Oeiras	00:09:59	00:00:57	00:30:13	00:00:42	00:20:45	01:02:36	00:04:21
17	106979	1908	André Duarte Jorge	CAD	Outsystems Olímpico de Oeiras	00:10:39	00:01:04	00:30:23	00:00:42	00:20:30	01:03:18	00:05:03
18	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:10:34	00:00:58	00:30:26	00:00:52	00:20:37	01:03:27	00:05:12
19	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:09:58	00:00:59	00:30:09	00:00:40	00:21:53	01:03:39	00:05:24
20	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:10:35	00:01:11	00:30:21	00:00:39	00:20:54	01:03:40	00:05:25
21	102382	2284	José Tadeia	JUN	Sport Lisboa e Benfica	00:10:02	00:00:58	00:31:02	00:00:37	00:21:28	01:04:07	00:05:52
22	105033	1914	José Ferreira	CAD	Sporting Clube de Portugal	00:10:00	00:00:59	00:31:17	00:01:05	00:21:13	01:04:34	00:06:19
23	103633	1748	Tiago Orfão	CAD	Alhandra Sporting Club	00:10:40	00:00:54	00:30:30	00:00:34	00:21:58	01:04:36	00:06:21
24	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:12:16	00:01:00	00:31:13	00:00:41	00:19:44	01:04:54	00:06:39
25	105782	1958	Martim Guarda	CAD	Sporting Clube de Portugal	00:10:32	00:01:03	00:30:32	00:00:40	00:23:07	01:05:54	00:07:39
26	102622	237	Tomás Barrocas	CAD	Alhandra Sporting Club	-	-	-	-	-	01:06:17	00:08:02
27	103261	1529	Vasco Saraiva de Melo	CAD	Outsystems Olímpico de Oeiras	00:10:56	00:01:05	00:32:45	00:01:00	00:20:49	01:06:35	00:08:20
28	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:11:03	-	-	00:00:38	00:22:16	01:06:55	00:08:40

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:11:43	00:01:12	00:31:43	00:00:45	00:21:38	01:07:01	00:08:46
30	107652	2960	André Carmina	30-34	Sport União Colarense	00:12:10	00:01:05	00:33:21	00:00:40	00:20:33	01:07:49	00:09:34
31	107106	818	João Afonso Moreira	CAD	Alhandra Sporting Club	00:11:33	00:01:03	00:31:54	00:00:47	00:23:31	01:08:48	00:10:33
32	104622	3850	Fábio Faustino	35-39	Vasco da Gama Atlético Clube de Sines	00:13:29	00:01:13	00:32:42	-	-	01:08:59	00:10:44
33	104854	8516	Tiago de Paiva e Pona	45-49	Outsystems Olímpico de Oeiras	00:11:44	00:01:46	00:33:41	00:00:48	00:21:13	01:09:12	00:10:57
34	107198	4561	Rui Fonseca	45-49	SFRAA TRIATLO	00:13:18	00:01:10	00:32:59	-	-	01:09:18	00:11:03
35	108746	3763	João Conchinha	25-29	Vasco da Gama Atlético Clube de Sines	00:13:54	00:00:58	00:33:08	00:00:43	00:21:00	01:09:43	00:11:28
36	101619	4711	Marco Sousa	45-49	Pedrogão Triatlo	00:13:49	00:01:06	00:32:33	00:00:41	00:21:47	01:09:56	00:11:41
37	100611	4897	Pedro Carreira	40-44	Quitério TRIPENICHE	00:14:20	00:01:10	00:33:02	00:00:36	00:21:10	01:10:18	00:12:03
38	107246	2964	Daniel Marques	30-34	Sporting Clube de Portugal	00:13:22	00:01:19	00:33:02	00:00:47	00:22:03	01:10:33	00:12:18
39	106649	4079	Antonio Horta	60-64	CPArmada	00:13:17	00:01:22	00:32:58	00:01:01	00:22:25	01:11:03	00:12:48
40	106709	5620	Bruno Rolim	40-44	Try Portugal / V. Janes	00:14:14	00:01:23	00:32:51	00:00:54	00:21:43	01:11:05	00:12:50
41	100283	2993	João Maria Inácio	25-29	Pimpões Triatlo	00:13:36	00:01:36	00:33:37	00:00:41	00:21:43	01:11:13	00:12:58
42	101922	4611	Orlando Marques	45-49	Exército de Portugal	00:14:24	00:01:20	00:32:41	00:00:35	00:22:45	01:11:45	00:13:30
43	109322	3983	Francisco Freire Gameiro	35-39	Alhandra Sporting Club	00:14:16	00:01:19	00:34:25	00:00:49	00:21:15	01:12:04	00:13:49
44	102296	1930	tiago miguel casinha	CAD	CNCVG	00:11:47	00:01:03	00:34:23	00:00:40	00:24:28	01:12:21	00:14:06
45	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:13:26	00:01:16	00:33:30	00:00:50	00:23:30	01:12:32	00:14:17
46	109425	7600	Manuel Júlio	40-44	GRCD Leião Triatlo	00:12:21	00:01:10	00:34:38	00:00:45	00:23:41	01:12:35	00:14:20
47	105581	1819	André Souto	CAD	Outsystems Olímpico de Oeiras	00:12:56	00:01:15	00:33:48	00:00:56	00:23:48	01:12:43	00:14:28
48	100607	4321	Luís Duarte	50-54	Try Portugal / V. Janes	00:13:52	00:01:09	00:33:28	00:00:47	00:23:36	01:12:52	00:14:37
49	107382	2883	André Bernardino	30-34	Exército de Portugal	00:15:08	00:01:42	00:33:34	00:00:49	00:21:47	01:13:00	00:14:45
50	100830	4013	Miguel Fragoso	55-59	Outsystems Olímpico de Oeiras	00:12:46	00:01:34	00:33:33	00:01:19	00:24:01	01:13:13	00:14:58
51	105427	5410	Vasco Levita	50-54	Estoril Praia Credibom	00:14:08	00:01:17	00:34:30	00:00:49	00:22:34	01:13:18	00:15:03
52	107300	4892	Bruno Lindorfo	40-44	Alhandra Sporting Club	00:14:18	00:01:23	00:34:11	00:01:02	00:22:34	01:13:28	00:15:13
53	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:12:23	00:01:11	00:34:24	00:00:50	00:24:44	01:13:32	00:15:17
54	100612	4148	Pedro Cordeiro	55-59	Sport Algés e Dafundo	00:13:01	00:01:38	00:33:17	00:00:51	00:24:47	01:13:34	00:15:19
55	105322	4128	Bruno Martins	40-44	Sport União Colarense	00:12:55	00:01:42	00:34:43	00:00:53	00:23:29	01:13:42	00:15:27
56	109259	3968	Tiago Espírito Santo	35-39	Quitério TRIPENICHE	00:14:47	00:01:24	00:34:13	00:00:42	00:22:50	01:13:56	00:15:41
57	107972	3095	Nicolas Ezequiel Puliani	30-34	Vasco da Gama Atlético Clube de Sines	00:14:31	00:01:12	00:35:59	00:00:44	00:21:42	01:14:08	00:15:53
58	107657	5546	Alexandre Paiva Nunes	45-49	Individual	00:15:18	00:01:44	00:34:45	00:00:43	00:21:43	01:14:13	00:15:58
59	100517	4022	Paulo Teles	50-54	3B - triatlo	00:14:01	00:01:29	00:33:23	00:00:54	00:24:38	01:14:25	00:16:10
60	101169	4245	Jorge Fonseca	45-49	Estoril Praia Credibom	00:14:06	00:01:22	00:34:48	00:00:53	00:23:17	01:14:26	00:16:11
61	103031	4514	Luís Silva	50-54	Clube de Triatlo de Almada	00:13:29	00:01:25	00:33:54	00:00:49	00:24:54	01:14:31	00:16:16

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	101162	3509	Gonçalo Coelho	20-24	CNCVG	00:11:49	00:01:08	00:35:39	00:00:41	00:26:30	01:15:47	00:17:32
63	100743	4035	Paulo Jorge Correia Lamego	50-54	Sport Algés e Dafundo	00:14:20	00:01:28	00:34:45	00:01:00	00:24:29	01:16:02	00:17:47
64	105299	5167	Bruno Ornelas	45-49	REPSOL TRIATLO	00:13:35	00:01:47	00:33:42	00:00:55	00:26:20	01:16:19	00:18:04
65	107733	399	Duarte Oliveira	CAD	AmoraSub/Associação Naval Amorense	00:12:35	00:01:29	00:36:56	00:00:42	00:24:45	01:16:27	00:18:12
66	107646	2956	Ricardo Silva	25-29	LXTRIATHLON	00:14:27	00:01:48	00:34:52	00:00:57	00:24:24	01:16:28	00:18:13
67	108035	3153	Sergio Vicente	35-39	Clube Atlético de Oliveira do Hospital	00:14:53	00:01:51	00:35:22	-	-	01:16:32	00:18:17
68	107625	2948	Marco Cunha	35-39	AmoraSub/Associação Naval Amorense	00:16:44	00:01:56	00:35:40	00:00:59	00:22:13	01:17:32	00:19:17
69	108968	4480	Gonçalo Costa Santos	40-44	Associação Humanitária Bombeiros dos Estoris	00:13:34	00:01:53	00:37:04	00:00:51	00:24:30	01:17:52	00:19:37
70	108712	5900	Celso Guerra	45-49	AmoraSub/Associação Naval Amorense	00:15:13	00:01:49	00:36:09	00:01:02	00:23:48	01:18:01	00:19:46
71	100995	4044	Diogo Almeida	45-49	Clube de Triatlo de Almada	00:11:51	00:01:22	00:36:25	00:00:49	00:27:40	01:18:07	00:19:52
72	103315	3204	Cristiano Marques	35-39	Pedrogão Triatlo	00:13:22	00:01:22	00:37:30	00:01:00	00:24:58	01:18:12	00:19:57
73	109490	3688	João Cabral	20-24	Sporting Clube de Portugal	00:13:32	00:02:32	00:37:31	00:01:42	00:23:20	01:18:37	00:20:22
74	108568	5861	Ricardo Alves	40-44	AmoraSub/Associação Naval Amorense	00:16:12	00:01:48	00:36:25	00:01:06	00:23:28	01:18:59	00:20:44
75	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	00:16:17	00:01:34	00:36:37	00:01:10	00:23:24	01:19:02	00:20:47
76	106270	3804	David António Serrão Martins	30-34	Vasco da Gama Atlético Clube de Sines	00:14:55	00:02:09	00:37:08	00:01:03	00:24:26	01:19:41	00:21:26
77	103899	4929	Esmeraldino Sá	45-49	AmoraSub/Associação Naval Amorense	00:17:30	00:01:37	00:36:20	00:00:55	00:23:20	01:19:42	00:21:27
78	101348	4021	Henrique Delgado	40-44	TRICAP-Penafirme	00:12:57	00:01:29	00:36:04	00:01:02	00:28:16	01:19:48	00:21:33
79	108997	4564	Humberto Cunha	50-54	Outsystems Olímpico de Oeiras	00:15:49	00:01:35	00:36:27	00:01:04	00:24:59	01:19:54	00:21:39
80	103129	4895	Paulo Goulart	55-59	Clube de Futebol Os Belenenses	00:14:17	00:01:26	00:36:22	00:00:59	00:26:53	01:19:57	00:21:42
81	108503	3623	Rúben Robalinho	20-24	Exército de Portugal	00:16:17	00:01:46	00:35:55	00:00:56	00:25:13	01:20:07	00:21:52
82	109068	3682	Miguel Ferreira	20-24	Sporting Clube de Portugal	00:14:30	00:01:31	00:35:02	00:01:02	00:28:47	01:20:52	00:22:37
83	109432	7602	Pedro Rebola	45-49	AmoraSub/Associação Naval Amorense	00:16:31	00:01:59	00:35:31	00:01:32	00:25:24	01:20:57	00:22:42
84	107330	4970	Israel Guarda	45-49	Sporting Clube de Portugal	00:16:50	00:01:55	00:36:27	00:01:10	00:24:37	01:20:59	00:22:44
85	101083	4048	Miguel Baltazar	45-49	Quitério TRIPENICHE	00:16:45	00:02:01	00:35:47	00:01:04	00:25:24	01:21:01	00:22:46
86	106850	2723	Diogo Luís Sequeira Mota	35-39	Clube de Futebol Os Belenenses	00:16:49	00:01:48	00:37:02	00:01:04	00:24:39	01:21:22	00:23:07
87	101089	4108	Paulo Renato Santos	60-64	Quitério TRIPENICHE	00:14:48	00:01:33	00:36:41	00:01:00	00:28:06	01:22:08	00:23:53
88	106338	4310	Ken Gielen	45-49	AmoraSub/Associação Naval Amorense	00:12:21	00:01:43	00:37:47	00:01:30	00:29:01	01:22:22	00:24:07
89	105667	5255	José Domingues	65-69	Triatlo Fundação Salesianos	00:16:28	00:01:46	00:36:14	00:00:59	00:27:07	01:22:34	00:24:19
90	106570	5621	Pedro Coutinho	40-44	Try Portugal / V. Janes	00:14:55	00:02:01	00:38:56	00:01:16	00:25:27	01:22:35	00:24:20
91	107531	5301	Sérgio Filipe	40-44	AmoraSub/Associação Naval Amorense	00:15:11	00:01:55	00:37:33	00:00:57	00:27:24	01:23:00	00:24:45
92	103700	4915	João Pedro Viegas	55-59	AmoraSub/Associação Naval Amorense	00:16:11	00:01:38	00:37:54	00:00:57	00:26:49	01:23:29	00:25:14
93	109204	3895	Tiago Santos	35-39	Triatlo Clube da Lourinhã	00:17:06	00:02:23	00:34:51	00:01:09	00:28:04	01:23:33	00:25:18
94	102933	5059	João Galhordas	50-54	Individual	00:15:29	00:02:53	00:38:39	-	-	01:23:46	00:25:31

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
95	106231	5709	Luis Pereira	40-44	Câmara Lisboa Clube	00:16:15	00:02:28	00:38:16	00:01:31	00:25:33	01:24:03	00:25:48
96	108602	3665	João Rainho Fernandes	30-34	Individual	00:16:22	00:02:21	00:38:19	00:01:10	00:25:58	01:24:10	00:25:55
97	108064	2691	Gonçalo Martins	35-39	Câmara Lisboa Clube	00:17:12	00:02:24	00:36:46	00:02:08	00:26:11	01:24:41	00:26:26
98	104360	4750	André Leal	40-44	Clube de Natação de Torres Novas	00:16:47	00:02:30	00:38:41	00:01:13	00:25:41	01:24:52	00:26:37
99	108702	4238	Daniel Jose Cesario	40-44	AmoraSub/Associação Naval Amorense	00:16:19	00:02:02	00:36:51	00:00:57	00:29:09	01:25:18	00:27:03
100	100569	4425	Bruno Silva	45-49	3B - triatlo	00:16:27	00:01:35	00:39:46	00:00:59	00:26:50	01:25:37	00:27:22
101	106949	5049	Nuno Mendes Soares	45-49	Aminata Triatlo	00:14:54	00:01:51	00:40:03	00:01:02	00:27:52	01:25:42	00:27:27
102	107179	4520	Nuno Faria	45-49	Palmela Desporto / Tripla Rotação	00:15:33	00:02:25	00:40:46	00:01:02	00:26:18	01:26:04	00:27:49
103	109281	7553	Tiago Duarte	50-54	AmoraSub/Associação Naval Amorense	00:17:47	00:03:30	00:36:39	00:02:09	00:26:37	01:26:42	00:28:27
104	108912	4285	Filipe Espinha	40-44	AmoraSub/Associação Naval Amorense	00:17:10	00:02:25	00:39:26	00:01:14	00:26:28	01:26:43	00:28:28
105	108676	5324	Pedro Botelho	50-54	AmoraSub/Associação Naval Amorense	00:13:06	00:01:27	00:41:08	00:01:13	00:29:50	01:26:44	00:28:29
106	107221	4578	Miguel Martins	45-49	Clube Oriental de Lisboa	00:18:02	00:01:57	00:40:15	00:01:03	00:25:41	01:26:58	00:28:43
107	107380	2881	Gonçalo Gonçalves	30-34	Exército de Portugal	00:19:05	00:01:22	00:38:26	00:01:25	00:27:03	01:27:21	00:29:06
108	109464	7612	Mário Saloio	40-44	AmoraSub/Associação Naval Amorense	00:18:46	00:02:21	00:38:39	00:01:12	00:26:25	01:27:23	00:29:08
109	107835	3041	Manuel Marchante	30-34	Escola Triatlo Santo António Évora	00:14:26	00:02:07	00:40:13	00:01:12	00:29:32	01:27:30	00:29:15
110	107298	5518	Fábio Paulo	40-44	Alhandra Sporting Club	00:19:33	00:02:30	00:37:00	00:01:34	00:27:13	01:27:50	00:29:35
111	101323	4624	Jorge Bernardo	50-54	AmoraSub/Associação Naval Amorense	00:16:54	00:02:03	00:40:44	00:00:51	00:27:29	01:28:01	00:29:46
112	107339	5007	Tiago Ramos	45-49	Outsystems Olímpico de Oeiras	00:18:48	00:02:01	00:40:33	00:01:10	00:25:50	01:28:22	00:30:07
113	103898	5261	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:16:48	00:01:59	00:39:33	00:01:06	00:29:07	01:28:33	00:30:18
114	101876	4614	Luís Miguel Santos	50-54	Alhandra Sporting Club	00:16:28	00:01:56	00:39:26	00:00:56	00:30:01	01:28:47	00:30:32
115	104006	5256	Duarte Almeida	55-59	Estoril Praia Credibom	00:15:21	00:01:52	00:39:36	00:01:22	00:30:40	01:28:51	00:30:36
116	105775	5304	João Lourenço	60-64	GRCD Leão Triatlo	00:17:49	00:02:45	00:41:56	00:00:57	00:25:31	01:28:58	00:30:43
117	108647	5887	PEDRO TAROUCA	55-59	Individual	00:17:26	00:03:34	00:41:28	00:01:42	00:25:04	01:29:14	00:30:59
118	102082	4071	Rui de Oliveira	45-49	Sport União Colarense	00:12:34	00:01:36	00:45:42	00:01:01	00:28:25	01:29:18	00:31:03
119	105523	5205	Maurício Costa	50-54	Individual	00:16:17	00:02:24	00:41:15	00:01:15	00:28:21	01:29:32	00:31:17
120	109364	7578	João Paulino	60-64	Palmela Desporto / Tripla Rotação	00:18:13	00:03:16	00:40:17	00:02:21	00:25:54	01:30:01	00:31:46
121	109391	3821	Eduardo Matos	35-39	LXTRIATHLON	00:16:47	00:02:57	00:38:41	00:02:33	00:29:20	01:30:18	00:32:03
122	108429	5820	Horácio Oliveira	45-49	AmoraSub/Associação Naval Amorense	00:20:52	00:02:20	00:41:56	00:01:02	00:24:14	01:30:24	00:32:09
123	109147	3792	Tiago Moura Antunes	35-39	Clube do Pessoal EDP	00:15:10	00:03:00	00:42:09	00:01:14	00:29:36	01:31:09	00:32:54
124	109205	7516	Daniel Santos	45-49	Triatlo Clube da Lourinhã	00:20:43	00:02:10	00:40:49	00:01:48	00:26:31	01:32:01	00:33:46
125	107408	5198	Joao Fernandes	45-49	Individual	00:16:51	00:02:40	00:43:10	00:01:35	00:28:18	01:32:34	00:34:19
126	106257	3375	Carlos Teixeira	35-39	Exército de Portugal	00:19:39	00:02:07	00:41:54	00:00:57	00:28:02	01:32:39	00:34:24
127	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	00:15:37	00:01:53	00:40:13	00:01:27	00:33:46	01:32:56	00:34:41

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
128	103440	2273	Rodrigo Santos	JUN	AMICICLO GRÂNDOLA	00:14:03	00:01:26	00:41:24	00:00:59	00:35:22	01:33:14	00:34:59
129	109201	1707	Alexandre Almeida	CAD	Triatlo Clube da Lourinhã	00:13:57	00:02:05	00:41:45	00:01:17	00:35:17	01:34:21	00:36:06
130	105381	5191	Ricardo Fernandes	45-49	SFRAA TRIATLO	00:17:56	00:02:19	00:46:37	00:01:17	00:26:16	01:34:25	00:36:10
131	104978	5120	Nuno Duarte	50-54	GRCD Leião Triatlo	00:20:07	00:02:21	00:43:25	00:01:16	00:27:34	01:34:43	00:36:28
132	109492	3666	Ruben Maurício	35-39	AmoraSub/Associação Naval Amorense	00:19:00	00:02:22	00:44:44	00:00:51	00:27:50	01:34:47	00:36:32
133	105430	5412	Jorge Rosa	55-59	SFRAA TRIATLO	00:15:53	00:02:36	00:43:03	00:01:19	00:31:58	01:34:49	00:36:34
134	101076	4075	Jose Peixoto	65-69	Quitério TRIPENICHE	00:19:04	00:01:57	00:42:50	00:01:04	00:30:23	01:35:18	00:37:03
135	101781	4293	miguel velez	60-64	Câmara Lisboa Clube	00:15:58	00:04:01	00:42:37	00:01:52	00:31:25	01:35:53	00:37:38
136	108988	4536	Nuno Varela	40-44	Alhandra Sporting Club	00:16:59	00:02:19	00:41:54	00:01:44	00:33:09	01:36:05	00:37:50
137	107814	5591	Pedro Soutelinho Correia Ribeiro	55-59	Outsystems Olímpico de Oeiras	00:16:25	00:01:43	00:43:45	00:01:14	00:33:00	01:36:07	00:37:52
138	100285	4072	Renato Fidalgo	60-64	Individual	00:21:00	00:03:33	00:41:22	00:01:33	00:29:01	01:36:29	00:38:14
139	100577	4430	Hélder Gonçalves Ribeiro	45-49	Individual	00:22:42	00:02:50	00:47:45	00:02:00	00:23:56	01:39:13	00:40:58
140	109202	1708	João Francisco	CAD	Triatlo Clube da Lourinhã	00:16:02	00:02:18	00:47:13	00:01:37	00:32:14	01:39:24	00:41:09
141	108036	5671	Hugo Santinhos	45-49	AmoraSub/Associação Naval Amorense	00:20:45	00:02:24	00:43:12	00:01:09	00:32:08	01:39:38	00:41:23
142	100685	4369	Jorge Corte-Real	60-64	Alhandra Sporting Club	00:19:25	00:03:23	00:43:35	00:01:58	00:31:19	01:39:40	00:41:25
143	105223	5137	Nuno Luís Sousa	45-49	Individual	00:18:18	00:01:56	00:44:56	00:01:32	00:32:59	01:39:41	00:41:26
144	106435	4145	Nuno Rainho Fernandes	60-64	Individual	00:18:14	00:02:53	00:45:50	00:01:18	00:32:59	01:41:14	00:42:59
145	108913	4291	Pedro Vitorino	45-49	AmoraSub/Associação Naval Amorense	00:23:25	00:02:25	00:41:11	00:01:17	00:33:15	01:41:33	00:43:18
146	109206	1709	Afonso Viegas	CAD	Triatlo Clube da Lourinhã	00:15:16	00:02:47	00:55:06	00:00:48	00:27:39	01:41:36	00:43:21
147	109297	7557	Vitor Gameiro	50-54	Outsystems Olímpico de Oeiras	00:17:28	00:03:07	00:43:17	00:03:28	00:34:59	01:42:19	00:44:04
148	100308	4215	José Luís Correia	60-64	Associação Humanitária Bombeiros dos Estoris	00:15:51	00:03:05	00:52:01	00:01:52	00:46:07	01:58:56	01:00:41
149	100889	4023	Francisco Bexiga	65-69	Individual	00:19:27	00:02:57	00:51:56	00:01:36	00:43:01	01:58:57	01:00:42
150	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	00:19:53	00:03:09	00:50:53	00:03:06	00:49:29	02:06:30	01:08:15
151	109266	7544	Paulo Tenera	50-54	Individual	00:28:44	00:03:23	00:56:04	00:01:45	00:42:11	02:12:07	01:13:52
DSQ	104546	4212	Artur Parreira	60-64	Individual	00:16:13	00:02:00	00:39:52	00:01:32	-	-	DSQ
DNF	106567	4455	Nuno Lopes	40-44	Núcleo do Sporting da Golegã	00:12:41	00:01:08	00:37:20	00:02:48	-	-	DNF
DNF	105355	1312	Tomé Tomé	CAD	Sport Lisboa e Benfica	00:10:36	00:01:04	-	-	-	-	DNF
DNF	106683	1712	Manuel Duarte	CAD	LXTRIATHLON	00:12:27	00:02:12	-	-	-	-	DNF
DNF	101594	1770	Francisco Carvalho	CAD	Clube de Natação de Torres Novas	00:09:49	00:00:52	-	-	-	-	DNF
DNF	105458	1952	Pedro Vitorino	CAD	Alhandra Sporting Club	00:09:57	00:00:57	-	-	-	-	DNF
DNF	104973	2302	Vasco Sequeira	JUN	CNCVG	00:13:56	00:01:04	-	-	-	-	DNF
DNF	101609	2305	João Nuno Batista	JUN	Clube de Natação de Torres Novas	00:09:33	00:00:44	-	-	-	-	DNF
DNF	101627	2307	Pedro Afonso Razões	JUN	Clube de Natação de Torres Novas	00:09:42	00:00:50	-	-	-	-	DNF

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	100655	2339	David Borda d'Água	JUN	Alhandra Sporting Club	00:11:07	00:00:56	-	-	-	DNF	
DNF	100832	2561	Miguel Tiago Silva	25-29	Outsystems Olímpico de Oeiras	00:09:33	00:00:45	-	-	-	DNF	
DNF	100424	2824	Gonçalo Oliveira	20-24	Clube de Natação de Torres Novas	00:09:52	00:00:52	-	-	-	DNF	
DNF	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	00:09:36	00:00:45	-	-	-	DNF	
DNF	104544	4172	Luís Tomé	50-54	Quitério TRIPENICHE	00:16:44	00:01:47	-	-	-	DNF	
DNF	104646	4528	Gabriel Alves	55-59	3B - triatlo	00:17:47	00:02:13	-	-	-	DNF	
DNF	106193	4751	Miguel Simões	40-44	GRCD Leião Triatlo	00:15:19	00:01:29	-	-	-	DNF	
DNF	109221	7521	Deodato Evangelista	45-49	Bairro dos Anjos	-	-	-	-	-	DNF	
DNF	109222	7522	Emanuel Jordão	40-44	Bairro dos Anjos	-	-	-	-	-	DNF	
DNS	109269	1699	Rodrigo Gomes	CAD	LXTRIATHLON	-	-	-	-	-	DNS	
DNS	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	106308	2264	João Vaz	JUN	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	106836	2333	António Salvador	JUN	Palmela Desporto / Tripla Rotação	-	-	-	-	-	DNS	
DNS	102466	2352	Manuel Dias	JUN	Individual	-	-	-	-	-	DNS	
DNS	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	-	-	-	-	-	DNS	
DNS	107205	2819	Bruno Filipe Paiva Ferreira	30-34	Centro Ciclista Azeitonense	-	-	-	-	-	DNS	
DNS	107795	3016	Pedro Portugal	35-39	Triatlo Clube Tap	-	-	-	-	-	DNS	
DNS	107877	3076	Hugo Fragoso	30-34	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	105690	3741	Tiago Corvo	35-39	Sport União Colarense	-	-	-	-	-	DNS	
DNS	109115	3770	Antu Pichuman	25-29	Vasco da Gama Atlético Clube de Sines	-	-	-	-	-	DNS	
DNS	103079	3824	João Rebelo	30-34	Vasco da Gama Atlético Clube de Sines	-	-	-	-	-	DNS	
DNS	109388	3843	Serafín Andres	25-29	Vasco da Gama Atlético Clube de Sines	-	-	-	-	-	DNS	
DNS	101011	4382	Paulo Fonseca	55-59	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	102939	4513	Carlos Pereira	55-59	AmoraSub/Associação Naval Amorense	-	-	-	-	-	DNS	
DNS	103788	4623	Paulo Menezes	50-54	Sport União Colarense	-	-	-	-	-	DNS	
DNS	109038	4662	Nuno Silveira	45-49	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	106906	4962	Hugo Braz	45-49	Individual	-	-	-	-	-	DNS	
DNS	106493	5199	Pedro Rocha	55-59	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	100836	5264	Pedro Eloy	40-44	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	
DNS	105916	5351	Carlos Quaresma	45-49	GRCD Leião Triatlo	-	-	-	-	-	DNS	
DNS	100227	5553	Paulo Henriques	50-54	Individual	-	-	-	-	-	DNS	
DNS	106710	5605	Pedro Filipe	45-49	Try Portugal / V. Janes	-	-	-	-	-	DNS	
DNS	108673	5895	Cristóvão dos Santos	40-44	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	