

Local da Prova: **Sesimbra**

Data: **15/10/2023**

Hora da Partida: **09:39:50**

Distancias: Natação - 750

Ciclismo - 19800

Corrida - 5000

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100316	2823	Maria Tomé	20-24	Clube de Natação de Torres Novas	00:10:54	00:00:58	00:33:24	00:00:38	00:21:00	01:06:54	00:00:00
2	104085	2286	Maria Gonçalves	JUN	Sport Lisboa e Benfica	00:10:59	00:00:57	00:35:24	00:00:37	00:22:10	01:10:07	00:03:13
3	102922	2266	Matilde Santos	JUN	Outsystems Olímpico de Oeiras	00:11:35	00:01:03	00:35:22	00:00:41	00:23:11	01:11:52	00:04:58
4	101358	2564	Ana Ramos	25-29	Clube de Natação de Torres Novas	00:11:38	00:01:03	00:35:25	00:00:46	00:23:56	01:12:48	00:05:54
5	104354	1929	Matilde Tomás	CAD	Alhandra Sporting Club	00:10:54	00:01:01	00:36:16	00:00:38	00:24:42	01:13:31	00:06:37
6	103057	1912	Inês Filipa Sousa	CAD	Alhandra Sporting Club	00:11:34	00:01:01	00:35:25	00:00:40	00:25:28	01:14:08	00:07:14
7	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	00:11:39	00:01:04	00:35:29	00:00:39	00:25:24	01:14:15	00:07:21
8	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:12:59	00:01:14	00:36:25	-	-	01:15:14	00:08:20
9	102025	1771	Joana Alves	CAD	Sporting Clube de Portugal	00:12:09	00:01:06	00:37:39	00:00:45	00:24:16	01:15:55	00:09:01
10	106844	2336	Matilde Branco	JUN	Sporting Clube de Portugal	00:12:11	00:01:08	00:37:11	00:00:42	00:24:47	01:15:59	00:09:05
11	100844	1906	Sara Pereira	CAD	Outsystems Olímpico de Oeiras	00:12:19	00:01:04	00:37:22	00:00:51	00:24:37	01:16:13	00:09:19
12	105387	5194	Hanna de Sousa	45-49	CNATRIL Triatlo	00:14:29	00:01:08	00:36:07	00:00:40	00:24:03	01:16:27	00:09:33
13	108766	1763	Lily Mora	CAD	Sporting Clube de Portugal	00:12:35	00:01:01	00:38:07	00:00:43	00:26:31	01:18:57	00:12:03
14	104322	1694	Marta Ribeiro	CAD	CNATRIL Triatlo	00:12:19	00:01:12	00:37:11	00:00:49	00:27:28	01:18:59	00:12:05
15	100633	3721	Ana Filipa Sampaio	30-34	Alhandra Sporting Club	00:12:29	00:01:16	00:38:16	00:00:56	00:26:33	01:19:30	00:12:36
16	103627	576	Bruna Albuquerque	CAD	Alhandra Sporting Club	00:12:54	00:01:12	00:36:33	00:00:43	00:28:43	01:20:05	00:13:11
17	104550	1900	Mafalda Leirião	CAD	Clube de Natação de Torres Novas	00:11:44	00:01:06	00:38:17	00:00:44	00:28:24	01:20:15	00:13:21
18	105584	2837	Catarina Dias	20-24	Outsystems Olímpico de Oeiras	00:12:33	00:01:22	00:39:48	00:00:44	00:27:45	01:22:12	00:15:18
19	104883	1769	Leonor Santos Rocha	CAD	Sporting Clube de Portugal	00:13:35	00:01:09	00:40:32	00:00:45	00:26:31	01:22:32	00:15:38
20	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	00:13:46	00:01:15	00:39:26	00:00:49	00:28:42	01:23:58	00:17:04
21	106531	3175	Marta Barbosa	20-24	CNCVG	00:13:35	00:01:04	00:41:50	00:00:50	00:28:54	01:26:13	00:19:19
22	107577	2927	Filipa Vieira	35-39	Louletano	00:15:36	00:01:25	00:44:28	00:01:00	00:24:24	01:26:53	00:19:59
23	103601	5515	Rita Barata Correia	40-44	Clube Oriental de Lisboa	00:14:33	00:01:35	00:41:53	00:01:27	00:27:28	01:26:56	00:20:02
24	104698	1901	Cláudia Orvalho	CAD	Clube de Natação de Torres Novas	00:13:18	00:01:13	00:40:55	00:00:54	00:30:53	01:27:13	00:20:19
25	104431	1767	Mariana Amaral	CAD	CNCVG	00:13:55	00:01:11	00:41:35	00:00:50	00:29:46	01:27:17	00:20:23
26	100848	4150	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	00:16:09	00:01:42	00:41:53	00:00:58	00:27:44	01:28:26	00:21:32
27	105661	5250	Isabel Moreira	55-59	Triatlo Fundação Salesianos	00:15:00	00:01:25	00:42:30	00:00:52	00:29:36	01:29:23	00:22:29
28	108040	5674	Cacau Figueiredo	45-49	AmoraSub/Associação Naval Amorense	00:19:02	00:01:58	00:42:06	00:01:11	00:26:53	01:31:10	00:24:16

Classificação Absoluta - Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	104678	907	Maria do Carmo Vitorino	CAD	Alhandra Sporting Club	00:12:28	00:01:05	00:52:47	00:00:49	00:25:56	01:33:05	00:26:11
30	106537	1921	Mariana Rodrigues Grilo	CAD	CNCVG	00:16:09	00:01:14	00:45:22	00:01:13	00:29:08	01:33:06	00:26:12
31	105361	5187	Claudia Ferreira	55-59	Clube Oriental de Lisboa	00:19:00	00:01:57	00:41:59	00:01:08	00:29:10	01:33:14	00:26:20
32	104427	4754	Alexandra Amaral	55-59	Aminata Triatlo	00:18:11	00:02:13	00:42:18	00:01:34	00:29:20	01:33:36	00:26:42
33	107259	4724	Mónica Silva	50-54	Sporting Clube de Portugal	00:18:16	00:02:02	00:40:36	00:01:26	00:31:46	01:34:06	00:27:12
34	103688	2303	Mariana Paulino	JUN	CNCVG	00:13:29	00:01:29	00:47:29	00:01:03	00:30:49	01:34:19	00:27:25
35	108914	4304	Cláudia Marques	40-44	AmoraSub/Associação Naval Amorense	00:17:28	00:01:22	00:43:04	00:01:04	00:32:10	01:35:08	00:28:14
36	104775	4779	Elisabete Costa	40-44	Clube Oriental de Lisboa	00:16:11	00:02:10	00:49:18	00:01:13	00:30:10	01:39:02	00:32:08
37	107532	7506	Filipa Fernandes	40-44	AmoraSub/Associação Naval Amorense	00:19:39	00:02:00	00:47:04	00:01:10	00:32:07	01:42:00	00:35:06
38	109437	3703	Joana Morato Rosado	35-39	Triatlo Clube Tap	00:17:31	00:02:01	00:48:36	00:01:13	00:33:05	01:42:26	00:35:32
39	101006	4452	Madalena Caninas	60-64	Clube Oriental de Lisboa	00:18:13	00:01:54	00:50:04	00:01:35	00:32:49	01:44:35	00:37:41
40	107329	4959	Rosália Guerreiro	55-59	Sporting Clube de Portugal	00:21:01	00:02:18	00:46:22	00:01:31	00:34:13	01:45:25	00:38:31
41	109471	2356	Beatriz Silva	JUN	Individual	00:18:58	00:02:51	00:48:42	00:02:24	00:33:26	01:46:21	00:39:27
42	109296	7556	Sandra Tomé	45-49	Outsystems Olímpico de Oeiras	00:22:13	00:03:38	01:03:16	00:01:54	00:35:11	02:06:12	00:59:18
DNF	103155	2260	Maria Inês França	JUN	CNCVG	00:13:48	00:01:08	00:43:01	00:00:51	-	DNF	
DNF	102291	1813	Letícia Magalhães	CAD	Sport Lisboa e Benfica	00:11:42	00:01:00	00:39:35	-	-	DNF	
DNF	104276	2330	Leonor Medronheira	JUN	Sport Lisboa e Benfica	00:13:39	00:01:07	-	-	-	DNF	
DNS	103703	1749	Sofia Corrêa	CAD	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	102284	1931	Ana Carapeta	CAD	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	101274	2514	Inês Oliveira	25-29	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	100634	3475	Ana Filipa Ferreira	30-34	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	100696	4506	Maria Sousa	45-49	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	104984	5085	Maria Rainha	55-59	Sport União Colarense	-	-	-	-	-	DNS	
DNS	105392	5196	Malvina Gomes	45-49	Palmela Desporto / Tripla Rotação	-	-	-	-	-	DNS	