

Local da Prova: **Moura**

Data: **24/09/2023**

Hora da Partida: **09:00:00**

Distancias: Natação - 1900

Ciclismo - 90000

Corrida - 19400

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	100378	8099	Filipe Azevedo	30-34	Estoril Praia Credibom	00:23:28	00:07:34	02:09:25	00:00:44	01:16:11	03:57:22	00:00:00
2	101081	5933	Márcio das Neves	40-44	Quitério TRIPENICHE	00:26:27	00:00:56	02:18:46	00:00:55	01:17:06	04:04:10	00:06:48
3	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	00:23:26	00:00:38	02:22:35	00:00:54	01:22:11	04:09:44	00:12:22
4	102323	4197	Hugo Pina	40-44	CNCVG	00:30:35	00:01:39	02:21:37	00:00:51	01:15:48	04:10:30	00:13:08
5	103841	3494	Filipe Marques	35-39	Estoril Praia Credibom	00:25:38	00:01:27	02:26:24	00:00:31	01:18:25	04:12:25	00:15:03
6	102259	5701	Rafael Delaunay Gomes	40-44	Clube Atlético de Oliveira do Hospital	00:29:11	00:01:33	02:23:27	00:00:45	01:21:54	04:16:50	00:19:28
7	103079	3824	João Rebelo	30-34	Vasco da Gama Atlético Clube de Sines	00:27:14	00:01:25	02:35:44	00:00:38	01:14:53	04:19:54	00:22:32
8	100334	4272	Sergio Marques	40-44	CNATRIL Triatlo	00:29:07	00:00:49	02:29:40	00:01:09	01:19:44	04:20:29	00:23:07
9	106513	3785	Sandro Silva	30-34	Sporting Clube de Espinho	00:31:37	00:01:34	02:31:07	00:00:57	01:16:26	04:21:41	00:24:19
10	102120	4337	Paulo Martins	45-49	Sporting Clube de Espinho	00:32:41	00:02:06	02:24:36	00:01:10	01:21:28	04:22:01	00:24:39
11	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:28:59	00:00:56	02:24:18	00:00:51	01:27:42	04:22:46	00:25:24
12	108612	3678	Miguel Pecegueiro	30-34	CNCVG	00:37:34	00:01:11	02:20:43	00:00:56	01:23:01	04:23:25	00:26:03
13	107042	2772	Diogo Allen Coelho	25-29	MARRETAS DO NORTE	00:29:13	00:00:58	02:24:03	00:00:40	01:29:43	04:24:37	00:27:15
14	101340	4102	João Fragoso	40-44	Estoril Praia Credibom	00:31:32	00:01:15	02:28:28	00:01:31	01:23:02	04:25:48	00:28:26
15	105311	5058	Bernardo Cadeiras	40-44	Louletano	00:29:17	00:01:22	02:29:09	00:01:11	01:27:34	04:28:33	00:31:11
16	101866	4894	Rui Costa	45-49	Exército de Portugal	00:33:51	00:01:23	02:30:22	00:01:20	01:22:06	04:29:02	00:31:40
17	106826	2715	Ricardo Durão	35-39	Estoril Praia Credibom	00:31:36	00:01:05	02:25:00	00:00:51	01:32:05	04:30:37	00:33:15
18	104663	5513	Luis Mira Nunes	50-54	CNATRIL Triatlo	00:33:59	00:01:04	02:31:39	00:01:18	01:22:41	04:30:41	00:33:19
19	105881	3951	Manuel Silva	20-24	Louletano	00:28:18	00:01:35	02:36:06	00:01:24	01:25:16	04:32:39	00:35:17
20	106930	2740	Eduardo Gonçalves	35-39	AAC MULTISPORT TRIATLO	00:30:59	00:01:37	02:32:33	00:00:50	01:26:47	04:32:46	00:35:24
21	108357	5796	david toro	50-54	Clube dos Galitos	-	-	02:31:49	00:01:26	01:26:53	04:34:23	00:37:01
22	105658	4149	Joao Machado	40-44	Outsystems Olímpico de Oeiras	00:32:05	00:02:46	02:34:41	00:00:54	01:27:03	04:37:29	00:40:07
23	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	00:35:54	00:01:40	02:35:26	00:01:01	01:23:54	04:37:55	00:40:33
24	104009	3876	Mário Rocha	30-34	Clube dos Galitos	00:30:21	00:01:05	02:34:04	00:01:12	01:31:40	04:38:22	00:41:00
25	103316	5663	Gonçalo Martins	40-44	Núcleo do Sporting da Golegã	00:33:14	00:01:24	-	-	01:26:01	04:43:12	00:45:50
26	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:27:21	00:01:17	-	-	01:32:08	04:43:18	00:45:56
27	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:30:55	00:01:01	-	-	01:33:59	04:43:53	00:46:31
28	104758	4626	Rui Gomes	45-49	Sporting Clube de Espinho	00:34:34	00:02:04	02:43:55	00:00:55	01:22:29	04:43:57	00:46:35

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	104203	3919	Tiago Santos	35-39	DAR-Recardães EXPansion	-	-	-	-	-	04:44:54	00:47:32
30	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:23:30	00:01:11	02:38:02	00:00:43	01:41:40	04:45:06	00:47:44
31	104762	5295	João Mártires da Silva	40-44	Estoril Praia Credibom	00:32:44	00:01:33	02:39:06	00:01:28	01:30:27	04:45:18	00:47:56
32	101811	5285	António Calafate	55-59	Núcleo do Sporting da Golegã	00:29:10	00:01:08	02:38:40	00:01:35	01:35:12	04:45:45	00:48:23
33	102653	5242	Nuno Neves	40-44	Louletano	00:27:22	00:01:25	02:36:33	00:01:18	01:40:31	04:47:09	00:49:47
34	105755	4152	Pedro Conceição	40-44	Estoril Praia Credibom	00:32:20	00:01:02	02:38:05	00:00:55	01:35:02	04:47:24	00:50:02
35	105390	5195	Carlos Rosário	45-49	Vasco da Gama Atlético Clube de Sines	00:31:58	00:01:30	02:41:03	00:00:57	01:32:04	04:47:32	00:50:10
36	109054	4705	Ignacio Vilas Eguileta	40-44	Clube dos Galitos	00:32:52	00:01:40	02:35:49	00:00:53	01:37:52	04:49:06	00:51:44
37	101071	4001	David Caldeirão	50-54	Louletano	00:29:32	00:01:11	02:37:59	00:01:21	01:39:51	04:49:54	00:52:32
38	107382	2883	André Bernardino	30-34	Exército de Portugal	00:37:01	00:02:32	02:42:38	00:00:58	01:30:53	04:54:02	00:56:40
39	107973	3096	Jaime Duarte	35-39	Clube de Futebol Os Belenenses	00:27:39	00:01:24	02:39:21	00:01:13	01:44:29	04:54:06	00:56:44
40	106433	4600	Andre Costal	45-49	Triatlo Montijo	00:32:26	00:02:42	02:46:08	00:02:18	01:31:22	04:54:56	00:57:34
41	109425	7600	Manuel Júlio	40-44	GRCD Leião Triatlo	00:29:16	00:01:30	02:50:09	00:00:53	01:34:00	04:55:48	00:58:26
42	101967	3621	Tiago Cristo	35-39	Lusitano Frusoad	00:35:37	00:01:52	02:50:27	00:01:44	01:27:37	04:57:17	00:59:55
43	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:32:21	00:01:16	02:46:35	00:00:45	01:37:01	04:57:58	01:00:36
44	107724	2986	Fábio Correia	30-34	Triatlo de Faro	00:36:36	00:01:41	02:57:54	00:01:29	01:21:55	04:59:35	01:02:13
45	105282	5631	Sérgio Mota	40-44	Sporting Clube de Espinho	00:36:52	00:02:26	02:47:44	00:02:03	01:32:56	05:02:01	01:04:39
46	100704	4682	Nuno Tintim	45-49	Estoril Praia Credibom	00:39:05	00:01:34	02:46:38	00:00:43	01:36:50	05:04:50	01:07:28
47	105599	4280	Ivo Magalhães	45-49	AAC MULTISPORT TRIATLO	00:35:13	00:01:54	02:43:56	00:04:00	01:42:16	05:07:19	01:09:57
48	104134	3910	Dino Ablum	35-39	Vasco da Gama Atlético Clube de Sines	00:36:28	00:02:10	02:41:05	00:01:48	01:46:17	05:07:48	01:10:26
49	107174	4516	Joaquim Esteves	55-59	SFRAA TRIATLO	00:34:09	00:01:36	02:48:09	00:01:37	01:43:44	05:09:15	01:11:53
50	104545	4205	Mauro Azevedo	50-54	AAC MULTISPORT TRIATLO	00:38:24	00:02:38	02:52:42	00:01:22	01:34:35	05:09:41	01:12:19
51	107468	7583	Ivan Couras	40-44	Individual	00:25:41	00:01:15	02:55:47	00:01:30	01:45:34	05:09:47	01:12:25
52	100208	2572	Miguel Tomé	25-29	SFRAA TRIATLO	00:26:51	00:01:24	02:56:27	00:01:33	01:46:37	05:12:52	01:15:30
53	109024	3631	João Adérito	35-39	Sporting Clube de Espinho	-	-	02:54:51	00:01:15	01:42:36	05:13:44	01:16:22
54	107539	5337	Jose Duarte	50-54	Clube Millenniumbcp	00:33:07	00:02:59	02:45:30	00:02:10	01:50:25	05:14:11	01:16:49
55	106315	4355	José Carlos Abrantes	50-54	Exército de Portugal	00:33:02	00:01:47	03:07:15	00:01:18	01:31:15	05:14:37	01:17:15
56	109022	4634	Bruno Silva	40-44	Sporting Clube de Espinho	00:30:12	00:01:33	02:58:03	00:00:58	01:45:48	05:16:34	01:19:12
57	108046	3165	Renan Castro	35-39	Outsystems Olímpico de Oeiras	00:35:59	00:02:31	02:48:12	00:01:33	01:49:48	05:18:03	01:20:41
58	106970	5104	Luís Figueira	45-49	GRCD Leião Triatlo	00:35:19	00:02:26	02:56:43	00:01:42	01:42:56	05:19:06	01:21:44
59	104852	4261	Paulo Faria	45-49	Outsystems Olímpico de Oeiras	00:37:13	00:03:44	02:59:04	00:02:10	01:37:15	05:19:26	01:22:04
60	103376	3634	André Mota	20-24	Clube de Natação da Amadora	00:29:01	00:00:59	02:43:19	00:00:46	02:05:33	05:19:38	01:22:16
61	108881	7563	Luis Carreira	40-44	AAC MULTISPORT TRIATLO	00:37:15	00:02:16	02:51:44	00:01:35	01:47:40	05:20:30	01:23:08

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	108035	3153	Sergio Vicente	35-39	Clube Atlético de Oliveira do Hospital	00:35:43	00:01:58	02:53:52	00:01:21	01:48:33	05:21:27	01:24:05
63	103595	3615	Pedro Gandola	35-39	AAC MULTISPORT TRIATLO	00:32:50	00:02:03	02:51:44	00:01:51	01:53:11	05:21:39	01:24:17
64	105553	5584	Alexandre Guimarães	45-49	GD Natação Famalicão	00:39:00	00:03:22	02:55:05	00:01:09	01:46:42	05:25:18	01:27:56
65	108298	3340	João Dinis	35-39	Clube Atlético de Oliveira do Hospital	00:40:49	00:02:01	02:48:52	00:01:23	01:52:25	05:25:30	01:28:08
66	108388	5807	Bruno Bertão	40-44	GRCD Leião Triatlo	00:48:51	00:02:24	03:02:49	00:01:07	01:31:07	05:26:18	01:28:56
67	104267	3842	Ruben Matos	30-34	Clube Triatlo de Abrantes	00:32:32	00:01:35	03:06:57	00:02:19	01:47:07	05:30:30	01:33:08
68	106442	4271	Pedro Miguel Correia	45-49	Individual	00:37:04	00:03:34	03:00:23	00:01:16	01:49:21	05:31:38	01:34:16
69	105172	3981	Joel Martins	30-34	Clube Atlético de Oliveira do Hospital	00:40:20	00:02:25	03:12:11	00:01:12	01:38:40	05:34:48	01:37:26
70	106938	2744	Ivor ?ebalj	30-34	Outsystems Olímpico de Oeiras	00:38:47	00:01:41	03:04:15	00:01:29	01:50:24	05:36:36	01:39:14
71	103529	4070	Ricardo Pereira	50-54	Estoril Praia Credibom	00:40:28	00:04:21	03:14:55	00:01:37	01:38:57	05:40:18	01:42:56
72	107638	5463	Pedro Nava	45-49	GRCD Leião Triatlo	00:34:42	00:03:14	03:02:23	00:00:52	02:01:02	05:42:13	01:44:51
73	106260	3386	Flávio Figueiredo	35-39	Exército de Portugal	00:35:29	00:02:07	03:10:11	00:00:46	01:54:09	05:42:42	01:45:20
74	108041	5675	Alberto Dias	40-44	AmoraSub/Associação Naval Amorense	00:42:31	00:02:05	03:03:29	00:02:13	01:53:34	05:43:52	01:46:30
75	108911	4275	Octávio Cardoso	45-49	AmoraSub/Associação Naval Amorense	00:41:39	00:03:08	03:03:33	00:02:11	01:56:53	05:47:24	01:50:02
76	105571	5219	Rui Velez	55-59	Clube Oriental de Lisboa	00:36:01	00:02:20	03:15:34	00:02:22	01:52:50	05:49:07	01:51:45
77	108055	5306	Filipe Canilho	40-44	AAC MULTISPORT TRIATLO	00:52:25	00:02:17	03:06:01	00:01:04	01:49:00	05:50:47	01:53:25
78	107867	5607	Gonçalo Neves	40-44	Associação Académica de São Mamede	00:37:59	00:01:49	03:11:09	00:01:24	02:03:37	05:55:58	01:58:36
79	108916	4316	Sérgio Rosado	40-44	AmoraSub/Associação Naval Amorense	00:48:21	00:05:07	03:10:26	00:03:34	01:52:13	05:59:41	02:02:19
80	107844	2326	Artur Resende Santana	JUN	Clube Triatlo de Abrantes	00:41:30	00:01:51	03:17:24	00:02:21	01:57:43	06:00:49	02:03:27
81	101396	5696	Rui Trovão	40-44	AAC MULTISPORT TRIATLO	00:36:56	00:02:36	03:07:40	00:01:45	02:12:48	06:01:45	02:04:23
82	102251	4508	Vasco Borges	50-54	A. R. Casaense	00:38:23	00:02:17	03:15:35	00:00:56	02:05:49	06:03:00	02:05:38
83	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:35:44	00:02:15	03:05:57	00:01:16	02:23:11	06:08:23	02:11:01
84	108610	5871	José Damas	60-64	Clube Triatlo de Abrantes	00:45:39	00:02:25	03:09:56	00:01:11	02:13:48	06:12:59	02:15:37
85	103933	4943	Vitor Paulo	50-54	Clube Oriental de Lisboa	00:41:53	00:02:47	03:15:04	00:02:07	02:21:50	06:23:41	02:26:19
86	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:38:34	00:01:55	02:53:43	00:11:00	02:38:32	06:23:44	02:26:22
DSQ	100136	5367	Edinson Sanchez	40-44	Individual	00:36:34	00:02:19	02:53:12	00:01:49	-	DSQ	
DNF	104010	5700	Marco Ferreira	40-44	Clube dos Galitos	-	-	02:30:09	00:01:07	-	DNF	
DNF	106374	6052	Diogo Cacho	30-34	AAC MULTISPORT TRIATLO	00:37:30	00:03:04	02:46:02	00:01:18	-	DNF	
DNF	107028	2774	Alberto Casillas	30-34	Estoril Praia Credibom	00:25:35	00:00:52	02:16:58	00:01:02	-	DNF	
DNF	101850	3028	Carlos Carvalho	30-34	Outsystems Olímpico de Oeiras	00:31:57	00:01:13	02:45:59	00:01:43	-	DNF	
DNF	100783	3140	Tiago Nogueira Maia	30-34	Sporting Clube de Espinho	00:25:22	00:00:46	02:38:51	00:00:57	-	DNF	
DNF	108073	3186	João Piedade	30-34	Individual	00:26:21	00:01:01	02:43:03	00:01:16	-	DNF	
DNF	108496	3587	Daniel Amaral	25-29	Clube dos Galitos	00:35:34	00:01:59	02:54:31	00:02:23	-	DNF	

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
DNF	105471	3617	Daniel Oliveira	35-39	Estoril Praia Credibom	00:37:54	00:01:43	03:07:02	00:02:15	-	DNF	
DNF	105613	3722	Tiago Encarnação	30-34	AmoraSub/Associação Naval Amorense	00:37:02	00:01:49	02:38:36	00:01:40	-	DNF	
DNF	103874	3773	Adriano Luz Domingos	35-39	Vasco da Gama Atlético Clube de Sines	00:32:34	00:02:22	02:42:11	00:01:27	-	DNF	
DNF	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:29:57	00:01:31	02:31:48	00:00:43	-	DNF	
DNF	102656	4278	João Martinho	40-44	CNATRIL Triatlo	00:29:21	00:01:17	02:40:22	00:01:42	-	DNF	
DNF	105444	4702	Miguel Ferreira	40-44	Clube dos Galitos	00:31:49	00:01:45	02:44:37	00:03:13	-	DNF	
DNF	102119	4736	Nuno Fernandes	45-49	Sporting Clube de Espinho	00:38:09	00:01:36	02:37:34	00:01:34	-	DNF	
DNF	107985	3109	Sandro Touil	25-29	AAC MULTISPORT TRIATLO	00:36:39	00:09:46	-	-	-	DNF	
DNF	100835	3708	Octávio Vicente	35-39	Sporting Clube de Espinho	00:34:20	00:01:22	-	-	-	DNF	
DNS	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	-	-	-	-	-	DNS	
DNS	106745	2692	Ricardo Oliveira Gaspar	30-34	FET-Fátima Escola de Triatlo	-	-	-	-	-	DNS	
DNS	107321	2866	Luis Moleiro	25-29	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	104879	2989	Mikael Eriksson	30-34	Sporting Clube de Portugal	-	-	-	-	-	DNS	
DNS	105639	3683	João Seródio	35-39	Try Portugal / V. Janes	-	-	-	-	-	DNS	
DNS	106270	3804	David António Serrão Martins	30-34	Vasco da Gama Atlético Clube de Sines	-	-	-	-	-	DNS	
DNS	100813	3873	João Francisco Ferreira	30-34	Clube de Natação de Torres Novas	-	-	-	-	-	DNS	
DNS	105591	4115	Vasco Baptista	45-49	Individual	-	-	-	-	-	DNS	
DNS	103659	4367	José Peixoto	50-54	Individual	-	-	-	-	-	DNS	
DNS	100263	4700	Rui Pereira da Silva	45-49	Clube Oriental de Lisboa	-	-	-	-	-	DNS	
DNS	104552	4861	Marco Canelas	40-44	Triatlo de Faro	-	-	-	-	-	DNS	
DNS	105527	5209	Lourenço Mota	45-49	Clube dos Galitos	-	-	-	-	-	DNS	
DNS	107814	5591	Pedro Soutelinho Correia Ribeiro	55-59	Outsystems Olímpico de Oeiras	-	-	-	-	-	DNS	