

Local da Prova: **São Martinho Do Porto**

Data: **17/09/2023**

Hora da Partida: **10:38:35**

Distancias: Natação - 750

Ciclismo - 20000

Corrida - 5000

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	101609	2305	João Nuno Batista	JUN	Clube de Natação de Torres Novas	00:09:12	00:29:40	00:15:37	00:54:29	00:00:00
2	107064	3515	João Canadas	20-24	Clube de Natação de Torres Novas	00:09:14	00:29:54	00:15:56	00:55:04	00:00:35
3	100424	2824	Gonçalo Oliveira	20-24	Clube de Natação de Torres Novas	00:09:33	00:29:34	00:15:59	00:55:06	00:00:37
4	101017	2624	Tiago Fonseca	20-24	Clube de Natação de Torres Novas	00:09:55	00:29:35	00:15:53	00:55:23	00:00:54
5	100775	3269	Miguel Arraiolos	35-39	Sport Lisboa e Benfica	00:09:57	00:29:34	00:15:59	00:55:30	00:01:01
6	106308	2264	João Vaz	JUN	Sporting Clube de Portugal	00:09:55	00:29:36	00:16:01	00:55:32	00:01:03
7	103109	1909	Tomás Figueiredo	CAD	Outsystems Olímpico de Oeiras	00:10:00	00:29:36	00:15:58	00:55:34	00:01:05
8	104381	3213	João Dias	20-24	Sporting Clube de Portugal	00:09:57	00:29:39	00:16:05	00:55:41	00:01:12
9	105758	3512	Diogo Tomé	20-24	Sport Lisboa e Benfica	00:09:37	00:29:25	00:17:00	00:56:02	00:01:33
10	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:09:36	00:29:59	00:16:38	00:56:13	00:01:44
11	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:09:58	00:29:44	00:16:32	00:56:14	00:01:45
12	100235	3803	Pedro Afonso Pinto Gaspar	25-29	Outsystems Olímpico de Oeiras	00:09:58	00:29:40	00:16:46	00:56:24	00:01:55
13	101594	1770	Francisco Carvalho	CAD	Clube de Natação de Torres Novas	00:09:58	00:29:37	00:16:53	00:56:28	00:01:59
14	101255	2518	André Dias	25-29	Outsystems Olímpico de Oeiras	00:09:58	00:29:42	00:16:49	00:56:29	00:02:00
15	102382	2284	José Tadeia	JUN	Sport Lisboa e Benfica	00:09:43	00:29:57	00:16:52	00:56:32	00:02:03
16	100629	2827	Afonso Nunes	20-24	Alhandra Sporting Club	00:10:02	00:30:12	00:16:45	00:56:59	00:02:30
17	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	-	-	00:18:07	00:57:05	00:02:36
18	103699	2347	Gabriel Santos	JUN	Sport Lisboa e Benfica	00:09:59	00:30:15	00:17:03	00:57:17	00:02:48
19	107744	1932	David Abreu	CAD	Sporting Clube de Portugal	-	-	00:17:08	00:57:27	00:02:58
20	103977	1797	Afonso Pais de Almeida	CAD	Outsystems Olímpico de Oeiras	00:09:46	00:30:05	00:18:26	00:58:17	00:03:48
21	101538	2623	Guilherme Pires	20-24	Clube de Natação de Torres Novas	00:09:41	00:30:13	00:18:24	00:58:18	00:03:49
22	103366	1766	Dinis Ferreira	CAD	Individual	00:10:25	00:31:51	00:16:22	00:58:38	00:04:09
23	102920	623	Ricardo Pissarra	CAD	Alhandra Sporting Club	00:10:05	00:30:12	00:18:22	00:58:39	00:04:10
24	100447	2253	Antonio Vaz Pedro	JUN	Outsystems Olímpico de Oeiras	00:10:13	00:30:11	00:19:05	00:59:29	00:05:00
25	105032	1913	Afonso Ferreira	CAD	Sporting Clube de Portugal	00:10:04	00:32:07	00:17:32	00:59:43	00:05:14
26	102622	237	Tomás Barrocas	CAD	Alhandra Sporting Club	00:10:28	00:31:48	00:17:36	00:59:52	00:05:23
27	100836	5264	Pedro Eloy	40-44	Outsystems Olímpico de Oeiras	00:10:31	00:31:42	00:17:42	00:59:55	00:05:26
28	100658	2334	Dinis Barrocas	JUN	Alhandra Sporting Club	00:10:16	00:31:58	00:18:02	01:00:16	00:05:47

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	105629	3326	José Nunes	20-24	Alhandra Sporting Club	00:10:33	00:31:46	00:17:58	01:00:17	00:05:48
30	102030	1957	Rodrigo Neves	CAD	Sporting Clube de Portugal	00:10:04	00:32:18	00:17:56	01:00:18	00:05:49
31	100820	2620	José Felício	25-29	Outsystems Olímpico de Oeiras	00:10:26	00:31:41	00:18:36	01:00:43	00:06:14
32	103261	1529	Vasco Saraiva de Melo	CAD	Outsystems Olímpico de Oeiras	00:10:43	00:32:53	00:17:45	01:01:21	00:06:52
33	109115	3770	Antu Pichuman	25-29	Vasco da Gama Atlético Clube de Sines	-	-	-	01:01:40	00:07:11
34	103638	2835	Guilherme Bonito	20-24	Outsystems Olímpico de Oeiras	00:10:21	00:32:55	00:18:30	01:01:46	00:07:17
35	100757	4043	Bruno Pais	40-44	Estoril Praia Credibom	00:11:18	00:32:19	00:18:19	01:01:56	00:07:27
36	106979	1908	André Duarte Jorge	CAD	Outsystems Olímpico de Oeiras	00:10:51	00:32:47	00:18:30	01:02:08	00:07:39
37	102552	3859	João Menino	20-24	Sport Lisboa e Benfica	00:10:38	00:31:37	00:20:09	01:02:24	00:07:55
38	101010	3704	Nuno Rodrigues	35-39	CNCVG	00:12:27	00:32:16	00:17:51	01:02:34	00:08:05
39	107913	3089	André Picado	20-24	Alhandra Sporting Club	00:10:48	00:32:32	00:19:41	01:03:01	00:08:32
40	103079	3824	João Rebelo	30-34	Vasco da Gama Atlético Clube de Sines	00:12:32	00:32:32	00:18:01	01:03:05	00:08:36
41	107652	2960	André Carmina	30-34	Sport União Colarense	00:12:24	00:33:18	00:17:48	01:03:30	00:09:01
42	105440	2271	Ruben Leandro Ribeiro	JUN	Paredes Aventura	00:10:33	00:34:29	00:18:29	01:03:31	00:09:02
43	106615	4135	Bruno Teles Grilo	45-49	Estoril Praia Credibom	00:11:45	00:33:09	00:18:42	01:03:36	00:09:07
44	102222	3815	Ricardo Rosado	35-39	Núcleo do Sporting da Golegã	00:13:07	00:32:32	00:18:10	01:03:49	00:09:20
45	103775	2312	Francisco Borges	JUN	Clube de Natação de Torres Novas	00:10:54	00:32:17	00:20:49	01:04:00	00:09:31
46	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:12:32	00:32:20	00:19:23	01:04:15	00:09:46
47	106567	4455	Nuno Lopes	40-44	Núcleo do Sporting da Golegã	00:13:03	00:32:38	00:18:52	01:04:33	00:10:04
48	102636	1805	Dinis Carvalhinho	CAD	Pimpões Triatlo	00:12:42	00:33:08	00:19:05	01:04:55	00:10:26
49	101520	5067	Tiago Lobo	45-49	Mc Donald's/Tribraga	00:12:32	00:33:20	00:19:22	01:05:14	00:10:45
50	106666	3798	Márcio Miguel	30-34	CNAL - Triatlo	00:13:07	00:32:42	00:19:32	01:05:21	00:10:52
51	104622	3850	Fábio Faustino	35-39	Vasco da Gama Atlético Clube de Sines	00:13:31	00:33:29	00:18:23	01:05:23	00:10:54
52	100462	2577	João Canas	25-29	Sporting Clube de Portugal	00:13:07	00:32:27	00:19:51	01:05:25	00:10:56
53	105394	3578	David Paiva	35-39	Clube de Natação de Torres Novas	00:11:23	00:34:52	00:19:14	01:05:29	00:11:00
54	106925	2736	Rui Martins	35-39	Sporting Clube de Portugal	00:13:42	00:33:29	00:18:19	01:05:30	00:11:01
55	101811	5285	António Calafate	55-59	Núcleo do Sporting da Golegã	00:12:38	00:33:22	00:19:37	01:05:37	00:11:08
56	104617	4652	João Morais	40-44	Estoril Praia Credibom	00:13:15	00:32:36	00:19:52	01:05:43	00:11:14
57	100525	3572	Filipe Baptista	25-29	Individual	00:12:31	00:33:15	00:20:01	01:05:47	00:11:18
58	105850	3844	João Feijão	35-39	Triatlo Club Tap	00:14:32	00:32:45	00:18:34	01:05:51	00:11:22
59	108746	3763	João Conchinha	25-29	Vasco da Gama Atlético Clube de Sines	00:14:36	00:32:37	00:18:51	01:06:04	00:11:35
60	104854	6108	Tiago de Paiva e Pona	45-49	Outsystems Olímpico de Oeiras	00:11:46	00:33:55	00:20:36	01:06:17	00:11:48
61	107198	4561	Rui Fonseca	45-49	SFRAA TRIATLO	00:14:05	00:33:32	00:18:46	01:06:23	00:11:54

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
62	101619	4711	Marco Sousa	45-49	Pedrógão Triatlo	00:14:32	00:32:55	00:19:09	01:06:36	00:12:07
63	101922	4611	Orlando Marques	45-49	Exército de Portugal	00:14:39	00:32:31	00:19:29	01:06:39	00:12:10
64	100283	2993	João Maria Inácio	25-29	Pimpões Triatlo	00:13:33	00:33:58	00:19:11	01:06:42	00:12:13
65	105426	6097	Pedro Pacheco	25-29	Paredes Aventura	00:12:58	00:34:38	00:19:10	01:06:46	00:12:17
66	102296	1930	tiago miguel casinha	CAD	CNCVG	00:12:29	00:33:20	00:21:11	01:07:00	00:12:31
67	106649	4079	Antonio Horta	60-64	CPArmada	00:13:23	00:34:04	00:19:36	01:07:03	00:12:34
68	103800	5715	Tiago Amaral	40-44	Paredes Aventura	00:13:45	00:33:57	00:19:28	01:07:10	00:12:41
69	107237	4677	Filipe Centeno	45-49	SNR Triatlo	00:14:28	00:33:16	00:19:35	01:07:19	00:12:50
70	100612	4148	Pedro Cordeiro	55-59	Sport Algés e Dafundo	00:12:55	00:33:05	00:21:22	01:07:22	00:12:53
71	105434	1936	David Ferreira	CAD	Paredes Aventura	00:13:40	00:33:53	00:19:51	01:07:24	00:12:55
72	102369	2309	Diogo Costa	JUN	Outsystems Olímpico de Oeiras	00:13:23	00:34:03	00:20:04	01:07:30	00:13:01
73	106493	5199	Pedro Rocha	55-59	Sporting Clube de Portugal	00:12:45	00:34:45	00:20:14	01:07:44	00:13:15
74	105795	3814	Luis Viedma	35-39	Pimpões Triatlo	00:14:39	00:34:24	00:18:49	01:07:52	00:13:23
75	107657	5546	Alexandre Paiva Nunes	45-49	Individual	00:15:04	00:34:02	00:18:49	01:07:55	00:13:26
76	100611	4897	Pedro Carreira	40-44	Quitério TRIPENICHE	00:15:09	00:33:41	00:19:10	01:08:00	00:13:31
77	109425	7600	Manuel Júlio	40-44	GRCD Leião Triatlo	00:12:33	00:35:11	00:20:17	01:08:01	00:13:32
78	107382	2883	André Bernardino	30-34	Exército de Portugal	00:15:03	00:34:06	00:18:54	01:08:03	00:13:34
79	108284	3335	Nuno Silva	30-34	AmoraSub/Associação Naval Amorense	00:12:52	00:34:43	00:20:42	01:08:17	00:13:48
80	107651	2959	Bernardo Dionísio	20-24	Sport Lisboa e Benfica	00:10:23	00:34:50	00:23:13	01:08:26	00:13:57
81	109259	3968	Tiago Espírito Santo	35-39	Quitério TRIPENICHE	00:15:21	00:33:37	00:19:30	01:08:28	00:13:59
82	100650	4242	César Andrade	40-44	Alhandra Sporting Club	00:13:06	00:34:47	00:20:56	01:08:49	00:14:20
83	105427	5410	Vasco Levita	50-54	Estoril Praia Credibom	00:14:07	00:34:53	00:19:52	01:08:52	00:14:23
84	100743	4035	Paulo Jorge Correia Lamego	50-54	Sport Algés e Dafundo	00:14:15	00:34:46	00:20:04	01:09:05	00:14:36
85	107849	5934	Caio Herculano	40-44	Pimpões Triatlo	00:12:50	00:35:31	00:20:45	01:09:06	00:14:37
86	105139	5113	Diogo Pina Pereira	45-49	Triatlo Fundação Salesianos	00:15:02	00:34:09	00:20:01	01:09:12	00:14:43
87	105581	1819	André Souto	CAD	Outsystems Olímpico de Oeiras	00:13:25	00:33:55	00:22:03	01:09:23	00:14:54
88	103031	4514	Luís Silva	50-54	Clube de Triatlo de Almada	00:13:28	00:34:07	00:21:52	01:09:27	00:14:58
89	100517	4022	Paulo Teles	50-54	3B - triatlo	-	-	-	01:09:34	00:15:05
90	100603	4017	João Pedro Fulgêncio	45-49	Individual	00:14:29	00:35:19	00:19:47	01:09:35	00:15:06
91	109429	3740	Francisco Ferreira Faria	25-29	Alhandra Sporting Club	00:15:31	-	-	01:09:40	00:15:11
92	101169	4245	Jorge Fonseca	45-49	Estoril Praia Credibom	00:14:06	00:35:02	00:20:34	01:09:42	00:15:13
93	107174	4516	Joaquim Esteves	55-59	SFRAA TRIATLO	00:14:37	00:34:29	00:20:40	01:09:46	00:15:17
94	101862	4793	Paulo Silvestre	45-49	SNR Triatlo	00:14:42	00:34:31	00:20:53	01:10:06	00:15:37

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
95	108848	3535	Artur Lima	25-29	GD Natação Famalicão	00:13:37	00:35:52	00:20:39	01:10:08	00:15:39
96	108160	3249	Tiago Luis	30-34	Clube de Futebol Os Belenenses	00:15:31	00:34:03	00:20:37	01:10:11	00:15:42
97	106065	2270	Gonçalo Costa	JUN	Paredes Aventura	00:14:26	00:34:33	00:21:43	01:10:42	00:16:13
98	107384	5159	Hugo Ferreira	40-44	Clube Zupper	00:15:16	00:33:40	00:21:52	01:10:48	00:16:19
99	102761	1737	Hugo Rocha	CAD	CNATRIL Triatlo	00:10:01	00:35:51	00:24:58	01:10:50	00:16:21
100	107972	3095	Nicolas Ezequiel Puliani	30-34	Vasco da Gama Atlético Clube de Sines	00:14:25	00:36:38	00:20:15	01:11:18	00:16:49
101	109322	3983	Francisco Freire Gameiro	35-39	Alhandra Sporting Club	00:14:22	00:36:55	00:20:03	01:11:20	00:16:51
102	108673	5895	Cristóvão dos Santos	40-44	Clube de Natação de Torres Novas	00:14:35	00:34:35	00:22:11	01:11:21	00:16:52
103	109181	3874	João Miranda	35-39	AMCR Fonte Grada	00:15:42	00:35:29	00:20:13	01:11:24	00:16:55
104	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	00:15:19	00:33:41	00:22:30	01:11:30	00:17:01
105	109087	4767	Frederico Vidal	45-49	Estoril Praia Credibom	00:13:39	00:35:23	00:22:37	01:11:39	00:17:10
106	107219	2821	Marco Caetano	30-34	Associação Académica de São Mamede	00:15:17	00:36:15	00:20:10	01:11:42	00:17:13
107	109454	3697	Hugo Sousa	25-29	ACRV	00:14:37	00:37:00	00:20:09	01:11:46	00:17:17
108	107304	4893	Rodrigo Pessoa	45-49	Associação Académica de São Mamede	00:15:17	00:36:34	00:19:58	01:11:49	00:17:20
109	103066	3495	Diogo Madeira	35-39	Triatlo Clube Tap	00:14:52	00:38:11	00:18:46	01:11:49	00:17:20
110	105791	5311	João Rosa	45-49	Quitério TRIPENICHE	00:14:36	00:34:47	00:22:27	01:11:50	00:17:21
111	107795	3016	Pedro Portugal	35-39	Triatlo Clube Tap	00:14:32	00:35:02	00:22:16	01:11:50	00:17:21
112	103614	4944	João Salvado Melo	45-49	Sporting Clube de Portugal	00:11:59	00:37:42	00:22:17	01:11:58	00:17:29
113	108074	3191	João Fernandes	30-34	Associação Académica de São Mamede	00:15:26	00:37:05	00:19:30	01:12:01	00:17:32
114	101396	5696	Rui Trovão	40-44	AAC MULTISPORT TRIATLO	00:15:24	00:33:51	00:22:48	01:12:03	00:17:34
115	103179	4525	Jorge Carvalho	50-54	Clube Oriental de Lisboa	00:17:11	00:34:39	00:20:17	01:12:07	00:17:38
116	103129	4895	Paulo Goulart	55-59	Clube de Futebol Os Belenenses	00:14:29	00:34:37	00:23:14	01:12:20	00:17:51
117	102062	4157	Eduardo Coelho	50-54	Sport União Colarense	00:15:24	00:33:51	00:23:07	01:12:22	00:17:53
118	108934	3593	João Pereira	30-34	CNAL - Triatlo	00:15:37	00:36:02	00:20:47	01:12:26	00:17:57
119	105660	3700	Hugo Mota	35-39	Paredes Aventura	00:13:21	00:36:14	00:23:02	01:12:37	00:18:08
120	109186	7511	Davide Magalhães	40-44	Exército de Portugal	00:16:49	00:35:44	00:20:05	01:12:38	00:18:09
121	109126	3775	António Lourenço	20-24	Clube de Triatlo de Viseu	00:15:59	00:36:46	00:19:55	01:12:40	00:18:11
122	106710	5605	Pedro Filipe	45-49	Try Portugal / V. Janes	00:13:27	00:36:21	00:22:53	01:12:41	00:18:12
123	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:15:43	00:35:33	00:21:43	01:12:59	00:18:30
124	101348	4021	Henrique Delgado	40-44	TRICAP-Penafirme	00:13:01	00:36:13	00:23:59	01:13:13	00:18:44
125	109109	1738	Rafael Xavier	CAD	3B - triatlo	00:14:42	00:38:15	00:20:18	01:13:15	00:18:46
126	100352	4749	Telmo Veloso	45-49	Associação Beat Your Limit!	00:17:07	00:35:36	00:20:37	01:13:20	00:18:51
127	107644	6004	Rui Pedro Faísca	45-49	AAC MULTISPORT TRIATLO	00:12:22	00:37:18	00:23:48	01:13:28	00:18:59

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
128	105299	5167	Bruno Ornelas	45-49	REPSOL TRIATLO	00:14:34	00:35:56	00:23:09	01:13:39	00:19:10
129	102082	4071	Rui de Oliveira	45-49	Sport União Colarense	00:12:37	00:36:37	00:24:37	01:13:51	00:19:22
130	101072	4254	FERNANDO CORREIA	60-64	Quitério TRIPENICHE	00:14:57	00:36:02	00:23:02	01:14:01	00:19:32
131	100887	3517	Fábio Pratas	35-39	AmoraSub/Associação Naval Amorense	00:17:13	00:35:26	00:21:23	01:14:02	00:19:33
132	109116	3771	Pedro Lima	35-39	Triatlo Fundação Salesianos	00:15:20	00:36:16	00:22:27	01:14:03	00:19:34
133	105667	5255	José Domingues	65-69	Triatlo Fundação Salesianos	00:15:45	00:35:50	00:22:29	01:14:04	00:19:35
134	108881	7563	Luis Carreira	40-44	AAC MULTISPORT TRIATLO	00:15:10	00:36:11	00:22:44	01:14:05	00:19:36
135	100592	5912	Pedro Pinheiro	45-49	Pimpões Triatlo	00:15:40	00:35:14	00:23:13	01:14:07	00:19:38
136	109367	7579	João Sá Pereira	45-49	Pimpões Triatlo	00:15:42	00:37:12	00:21:23	01:14:17	00:19:48
137	104973	2302	Vasco Sequeira	JUN	CNCVG	00:13:48	00:38:56	00:21:35	01:14:19	00:19:50
138	108968	4480	Gonçalo Costa Santos	40-44	Associação Humanitária Bombeiros dos Estoris	00:14:30	00:38:43	00:21:07	01:14:20	00:19:51
139	106193	4751	Miguel Simões	40-44	GRCD Leião Triatlo	00:15:35	00:35:54	00:22:55	01:14:24	00:19:55
140	107837	5597	Ricardo Martins	50-54	Individual	00:17:23	00:36:48	00:20:16	01:14:27	00:19:58
141	105293	5163	Hugo Henriques	45-49	Clube de Futebol Os Belenenses	00:16:39	00:36:11	00:21:40	01:14:30	00:20:01
142	108062	5963	Pedro Sanguino	40-44	CNATRIL Triatlo	00:14:40	00:38:38	00:21:13	01:14:31	00:20:02
143	103528	3463	Bernardo Braga	30-34	Associação Académica de São Mamede	00:14:17	00:39:24	00:20:52	01:14:33	00:20:04
144	108424	5815	Pedro Neves	50-54	Clube de Futebol Os Belenenses	00:17:46	00:36:18	00:20:31	01:14:35	00:20:06
145	107624	2947	Henrique Martins	35-39	Câmara Lisboa Clube	00:15:18	00:37:09	00:22:11	01:14:38	00:20:09
146	105066	5100	Marco Filipe	45-49	BEST	00:16:56	00:37:12	00:20:42	01:14:50	00:20:21
147	107601	5400	Miguel Almeida	45-49	Individual	00:15:55	00:37:21	00:21:39	01:14:55	00:20:26
148	105950	4395	Tiago Ferreira	40-44	Clube de Triatlo de Viseu	00:15:26	00:36:50	00:23:02	01:15:18	00:20:49
149	109221	7521	Deodato Evangelista	45-49	Bairro dos Anjos	00:16:41	00:35:15	00:23:31	01:15:27	00:20:58
150	106850	2723	Diogo Luís Sequeira Mota	35-39	Clube de Futebol Os Belenenses	00:16:21	00:37:21	00:21:46	01:15:28	00:20:59
151	108858	5940	Miguel Ferreira	40-44	Pimpões Triatlo	00:13:02	00:39:32	00:23:04	01:15:38	00:21:09
152	101852	4136	Filipe Mendes	45-49	SNR Triatlo	00:15:53	00:36:14	00:23:32	01:15:39	00:21:10
153	108529	3629	Francisco Pessoa	30-34	Triatlo Clube Tap	00:15:16	00:37:33	00:23:01	01:15:50	00:21:21
154	103899	4929	Esmeraldino Sá	45-49	AmoraSub/Associação Naval Amorense	00:18:01	00:37:04	00:20:50	01:15:55	00:21:26
155	104007	5030	Hugo Guerra	45-49	Clube Zupper	00:16:06	00:37:07	00:22:48	01:16:01	00:21:32
156	107893	3082	Ricardo Pires	30-34	BEST	00:17:06	00:36:47	00:22:13	01:16:06	00:21:37
157	104230	4412	Pedro Leiria	50-54	Individual	00:17:36	00:36:34	00:22:02	01:16:12	00:21:43
158	101083	4048	Miguel Baltazar	45-49	Quitério TRIPENICHE	00:16:24	00:36:29	00:23:20	01:16:13	00:21:44
159	108702	4238	Daniel Jose Cesario	40-44	AmoraSub/Associação Naval Amorense	00:16:42	00:35:14	00:24:23	01:16:19	00:21:50
160	101435	5011	Paulo Codinha	55-59	Triatlo Clube Tap	00:14:47	00:37:45	00:23:59	01:16:31	00:22:02

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
161	109222	7522	Emanuel Jordão	40-44	Bairro dos Anjos	00:15:34	00:37:25	00:23:36	01:16:35	00:22:06
162	108339	2288	Tiago Portela	JUN	BEST	00:16:13	00:36:38	00:23:45	01:16:36	00:22:07
163	103720	4445	João Cunha Rêgo	45-49	Triatlo Clube Tap	00:14:48	00:38:26	00:23:44	01:16:58	00:22:29
164	107314	4999	Vasco Monteiro	45-49	Clube de Triatlo de Viseu	00:16:28	00:39:07	00:21:30	01:17:05	00:22:36
165	103214	4815	Paulo Costa	50-54	Núcleo do Sporting da Golegã	00:17:01	00:37:32	00:22:40	01:17:13	00:22:44
166	106285	4030	Bruno Brito	45-49	Individual	00:15:43	00:39:24	00:22:10	01:17:17	00:22:48
167	101522	4629	António Jorge Martinho	55-59	Clube Oriental de Lisboa	00:14:50	00:38:27	00:24:04	01:17:21	00:22:52
168	108064	2691	Gonçalo Martins	35-39	Câmara Lisboa Clube	00:17:03	00:37:25	00:22:55	01:17:23	00:22:54
169	108676	5324	Pedro Botelho	50-54	AmoraSub/Associação Naval Amorense	00:13:45	00:37:38	00:26:05	01:17:28	00:22:59
170	109376	7585	Mário Santos	45-49	SFRAA TRIATLO	00:16:26	00:40:04	00:21:00	01:17:30	00:23:01
171	109198	3889	João Gonçalo	35-39	CNAL - Triatlo	00:14:38	00:37:50	00:25:03	01:17:31	00:23:02
172	104360	4750	André Leal	40-44	Clube de Nataçao de Torres Novas	00:17:33	00:37:49	00:22:21	01:17:43	00:23:14
173	103315	3204	Cristiano Marques	35-39	Pedrógão Triatlo	00:17:29	00:37:51	00:22:24	01:17:44	00:23:15
174	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:15:23	00:39:29	00:22:55	01:17:47	00:23:18
175	104977	5031	Marco Ferreira	45-49	Clube Fluvial Vilacondense	00:14:59	00:37:39	00:25:15	01:17:53	00:23:24
176	106854	4884	Davide Lourenço	50-54	Clube de Triatlo de Viseu	00:16:41	00:40:32	00:20:43	01:17:56	00:23:27
177	102519	4794	Filipe Ramos	50-54	Clube de Futebol Os Belenenses	00:15:37	00:37:26	00:25:19	01:18:22	00:23:53
178	109432	7602	Pedro Rebola	45-49	AmoraSub/Associação Naval Amorense	00:19:02	00:37:15	00:22:21	01:18:38	00:24:09
179	103959	4963	Hugo Sousa	45-49	CNCVG	00:16:45	00:38:12	00:23:45	01:18:42	00:24:13
180	108668	5893	Jorge Anastácio	50-54	CNAL - Triatlo	00:14:53	00:41:07	00:22:52	01:18:52	00:24:23
181	107550	5366	Lucas Sanabio	40-44	Estoril Praia Credibom	00:15:20	00:38:02	00:25:34	01:18:56	00:24:27
182	108610	5871	José Damas	60-64	Clube Triatlo de Abrantes	00:17:19	00:36:39	00:25:00	01:18:58	00:24:29
183	106692	4745	Pedro Gonçalves	40-44	Clube Fluvial Vilacondense	00:16:32	00:39:36	00:23:08	01:19:16	00:24:47
184	103306	4852	Francisco Sanches-Osório	55-59	Estoril Praia Credibom	00:16:20	00:38:52	00:24:11	01:19:23	00:24:54
185	109281	7553	Tiago Duarte	50-54	AmoraSub/Associação Naval Amorense	00:17:14	00:38:49	00:23:32	01:19:35	00:25:06
186	100417	4774	Aníbal Oliveira	45-49	AMICICLO GRÂNDOLA	00:21:57	00:37:00	00:20:41	01:19:38	00:25:09
187	101854	4456	Helder Moringa	50-54	SNR Triatlo	00:17:12	00:39:32	00:23:15	01:19:59	00:25:30
188	109204	3895	Tiago Santos	35-39	Triatlo Clube da Lourinhã	00:19:30	00:37:47	00:22:50	01:20:07	00:25:38
189	103371	4879	Rui Vasques Fonseca	55-59	Clube de Futebol Os Belenenses	00:14:45	00:41:05	00:24:20	01:20:10	00:25:41
190	107997	5637	Nuno Nogueira	45-49	Vasco da Gama Atlético Clube de Sines	00:17:05	00:41:00	00:22:07	01:20:12	00:25:43
191	109393	7591	David Almeida	40-44	CCD Crédito Agrícola	00:17:44	00:39:52	00:22:37	01:20:13	00:25:44
192	103988	4979	Ricardo Mendes	50-54	CNCVG	00:16:55	00:39:21	00:23:59	01:20:15	00:25:46
193	106231	5709	Luis Pereira	40-44	Câmara Lisboa Clube	00:16:32	00:40:12	00:23:49	01:20:33	00:26:04

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
194	108500	5840	Gerardo Galeote	65-69	Pimpões Triatlo	00:17:04	00:39:41	00:24:21	01:21:06	00:26:37
195	103898	5261	Rui Santos	40-44	AmoraSub/Associação Naval Amorense	00:16:30	00:38:47	00:25:55	01:21:12	00:26:43
196	102433	4086	Miguel Rocha	50-54	Clube de Futebol Os Belenenses	00:15:46	00:40:49	00:24:42	01:21:17	00:26:48
197	108010	5649	Fernando Andrade	50-54	CNAL - Triatlo	00:18:16	00:40:40	00:22:33	01:21:29	00:27:00
198	102971	4552	José Bonito	50-54	Clube de Triatlo de Almada	00:17:52	00:39:10	00:24:41	01:21:43	00:27:14
199	109117	4883	Raul Bonito	40-44	Triatlo Fundação Salesianos	00:18:04	00:39:59	00:23:51	01:21:54	00:27:25
200	109391	6106	Eduardo Matos	35-39	LXTRIATHLON	00:15:51	00:40:41	00:25:25	01:21:57	00:27:28
201	101528	4542	João Carlos Oliveira	55-59	Clube Oriental de Lisboa	00:15:34	00:37:53	00:28:55	01:22:22	00:27:53
202	109248	7536	Pedro Pinto	40-44	Triatlo Fundação Salesianos	00:16:58	00:40:48	00:24:40	01:22:26	00:27:57
203	106492	5165	Pedro Capelinha	50-54	CNCVG	00:16:05	00:39:20	00:27:12	01:22:37	00:28:08
204	105174	5117	Helder Correia	45-49	Associação Académica de São Mamede	00:15:01	00:43:47	00:24:05	01:22:53	00:28:24
205	100619	4005	José Maçarria	60-64	Individual	00:17:48	00:41:26	00:23:42	01:22:56	00:28:27
206	108317	5780	Nuno Pacheco	50-54	CNAL - Triatlo	00:17:50	00:40:34	00:24:45	01:23:09	00:28:40
207	104914	5027	Pedro Costa Pereira	55-59	Estoril Praia Credibom	00:15:12	00:39:13	00:28:45	01:23:10	00:28:41
208	109430	3738	Roberto Salgueiro	35-39	Try Portugal / V. Janes	00:19:49	00:39:39	00:23:43	01:23:11	00:28:42
209	101440	4195	Sérgio Ogasawara de Oliveira	55-59	Triatlo Clube Tap	00:19:35	00:37:41	00:25:58	01:23:14	00:28:45
210	105664	5252	Bruno Ricardo	60-64	Triatlo Fundação Salesianos	-	-	00:24:52	01:23:20	00:28:51
211	108912	4285	Filipe Espinha	40-44	AmoraSub/Associação Naval Amorense	00:17:22	00:41:04	00:25:25	01:23:51	00:29:22
212	108015	5656	Artur Alves	45-49	GRCD Leão Triatlo	00:17:04	00:42:53	00:24:21	01:24:18	00:29:49
213	101076	4075	Jose Peixoto	65-69	Quitério TRIPENICHE	00:18:29	00:39:34	00:26:16	01:24:19	00:29:50
214	107829	5593	Paulo Crespo	50-54	BEST	00:21:01	00:40:17	00:23:06	01:24:24	00:29:55
215	109444	7607	Jorge Banha	40-44	Triatlo Fundação Salesianos	00:18:23	00:41:24	00:24:40	01:24:27	00:29:58
216	108803	5928	João Lopes	50-54	Individual	00:17:56	00:39:52	00:26:46	01:24:34	00:30:05
217	109289	7554	Bruno Lima	40-44	Triatlo Fundação Salesianos	00:20:51	00:39:15	00:24:36	01:24:42	00:30:13
218	101046	4016	Miguel Vieira	50-54	Associação Académica de São Mamede	00:17:02	00:40:55	00:26:48	01:24:45	00:30:16
219	106095	5383	Vitor Ferreira	40-44	Triatlo Fundação Salesianos	00:16:45	00:42:05	00:25:58	01:24:48	00:30:19
220	107298	5518	Fábio Paulo	40-44	Alhandra Sporting Club	00:20:35	00:40:33	00:24:10	01:25:18	00:30:49
221	107835	3041	Manuel Marchante	30-34	Escola Triatlo Santo António Évora	00:14:33	00:43:18	00:27:29	01:25:20	00:30:51
222	105430	5412	Jorge Rosa	55-59	SFRAA TRIATLO	00:15:50	00:42:12	00:27:26	01:25:28	00:30:59
223	104537	4159	Nuno Miguel Nobre	45-49	Sport União Colarense	00:17:09	00:38:51	00:30:07	01:26:07	00:31:38
224	105792	5312	Jorge Joca Vieira	50-54	Individual	00:17:51	00:41:41	00:26:36	01:26:08	00:31:39
225	108724	5906	Joao Paulo Coelho Pinto	40-44	Sporting Clube de Portugal	00:18:26	00:44:05	00:23:46	01:26:17	00:31:48
226	108659	3717	Tiago Araújo	30-34	Individual	00:15:41	00:47:33	00:23:04	01:26:18	00:31:49

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
227	108509	5845	Marco Gonçalves Miguel	45-49	Individual	00:16:27	00:42:29	00:27:26	01:26:22	00:31:53
228	106387	4447	Paulo Gonçalves	55-59	Clube de Futebol Os Belenenses	00:19:42	00:42:09	00:24:33	01:26:24	00:31:55
229	103331	4867	João Silva	50-54	DNMG	00:21:18	00:40:34	00:24:42	01:26:34	00:32:05
230	109362	3996	André Valentim	35-39	CNAL - Triatlo	00:15:44	00:42:53	00:29:00	01:27:37	00:33:08
231	109206	1709	Afonso Viegas	CAD	Triatlo Clube da Lourinhã	00:15:22	00:47:10	00:26:33	01:29:05	00:34:36
232	101529	4346	Jorge Carreiras	55-59	Clube Oriental de Lisboa	00:20:23	00:41:39	00:27:04	01:29:06	00:34:37
233	107814	5591	Pedro Soutelinho Correia Ribeiro	55-59	Outsystems Olímpico de Oeiras	00:16:30	00:41:52	00:30:45	01:29:07	00:34:38
234	100285	4072	Renato Fidalgo	60-64	Individual	-	-	00:26:04	01:29:12	00:34:43
235	109428	7601	Ricardo Valente	40-44	Sport União Colarense	00:20:02	00:42:48	00:26:24	01:29:14	00:34:45
236	105743	5287	Abílio João Malheiro	45-49	Clube Fluvial Vilacondense	00:20:42	00:42:41	00:25:53	01:29:16	00:34:47
237	109357	3993	Gilson Galvão	30-34	Associação Académica de São Mamede	00:15:42	00:45:18	00:28:19	01:29:19	00:34:50
238	108878	5958	Pedro Pejapes	40-44	CNAL - Triatlo	00:18:06	00:46:47	00:24:28	01:29:21	00:34:52
239	108008	5647	Nelson Matos	45-49	CNAL - Triatlo	00:21:04	00:43:50	00:24:28	01:29:22	00:34:53
240	104030	4184	Bruno Carvalho	45-49	Pimpões Triatlo	00:18:17	00:42:26	00:29:02	01:29:45	00:35:16
241	106711	4667	Paulo Trindade	55-59	AAC MULTISPORT TRIATLO	00:18:11	00:44:48	00:26:48	01:29:47	00:35:18
242	104978	5120	Nuno Duarte	50-54	GRCD Leião Triatlo	00:21:23	00:44:37	00:24:08	01:30:08	00:35:39
243	108407	3458	Thiago Campanhã	35-39	Holmes Place Triatlo Portugal	00:22:30	00:41:03	00:26:45	01:30:18	00:35:49
244	108919	4331	Filipe Pouseiro	40-44	Pedrógão Triatlo	00:17:59	00:45:44	00:26:41	01:30:24	00:35:55
245	109389	7590	Daniel Galvão	40-44	Pimpões Triatlo	00:17:41	-	-	01:30:42	00:36:13
246	109205	7516	Daniel Santos	45-49	Triatlo Clube da Lourinhã	00:24:18	00:43:15	00:23:10	01:30:43	00:36:14
247	108943	4449	José Domingues Costa	40-44	Individual	00:17:34	00:48:09	00:25:54	01:31:37	00:37:08
248	108988	4536	Nuno Varela	40-44	Alhandra Sporting Club	00:18:01	00:44:04	00:30:12	01:32:17	00:37:48
249	109256	7539	Ricardo Pereira	40-44	Individual	00:24:25	-	-	01:32:22	00:37:53
250	108503	3623	Rúben Robalinho	20-24	Exército de Portugal	00:23:49	00:39:42	00:28:56	01:32:27	00:37:58
251	101420	5924	Ángelo Felgueiras	55-59	Triatlo Clube Tap	00:20:29	00:44:36	00:27:30	01:32:35	00:38:06
252	105381	5191	Ricardo Fernandes	45-49	SFRAA TRIATLO	00:19:22	00:49:45	00:24:03	01:33:10	00:38:41
253	109443	7606	Danyel Cunha	45-49	Triatlo Fundação Salesianos	00:18:38	00:50:10	00:24:53	01:33:41	00:39:12
254	109139	4956	Pedro Quadros	45-49	AAC MULTISPORT TRIATLO	00:20:04	00:45:54	00:28:01	01:33:59	00:39:30
255	109264	7542	Delfim Filho	45-49	Individual	00:20:12	00:47:57	00:26:30	01:34:39	00:40:10
256	100246	4257	Pedro Gil	50-54	Quitério TRIPENICHE	00:20:41	00:42:15	00:32:39	01:35:35	00:41:06
257	101428	4343	Miguel Pacheco	60-64	Triatlo Clube Tap	00:20:43	00:44:18	00:30:35	01:35:36	00:41:07
258	108019	6110	Rui Madeira	45-49	Triatlo Fundação Salesianos	00:19:40	00:47:38	00:28:19	01:35:37	00:41:08
259	109065	4734	João Santos	50-54	Sporting Clube de Portugal	00:19:40	00:49:38	00:29:28	01:38:46	00:44:17

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
260	101453	4370	Ulisses Lopes	45-49	Clube Fluvial Vilacondense	00:18:43	00:48:37	00:33:19	01:40:39	00:46:10
261	109035	4647	Pedro Pinto	45-49	Individual	00:22:27	00:50:12	00:34:48	01:47:27	00:52:58
262	100889	4023	Francisco Bexiga	65-69	Individual	00:19:45	00:56:20	00:35:07	01:51:12	00:56:43
263	106123	5391	Daniel Leão	40-44	Alhandra Sporting Club	00:20:39	00:51:46	00:44:56	01:57:21	01:02:52
DNF	103321	4860	Renato Araújo	55-59	AmoraSub/Associação Naval Amorense	00:15:32	00:33:19	-	DNF	
DNF	108000	5640	Miguel Andrade	55-59	CNAL - Triatlo	00:18:46	00:43:18	-	DNF	
DNF	101627	2307	Pedro Afonso Razões	JUN	Clube de Natação de Torres Novas	00:10:09	00:30:07	-	DNF	
DNF	109350	3988	Paulo Nunes	30-34	Quitério TRIPENICHE	00:15:57	-	-	DNF	
DNF	101434	4345	Paulo Batista	60-64	Triatlo Clube Tap	00:29:40	-	-	DNF	
DNS	101876	4614	Luís Miguel Santos	50-54	Alhandra Sporting Club	-	-	-	DNS	
DNS	101717	4637	João França	40-44	Clube dos Galitos	-	-	-	DNS	
DNS	102925	4738	Bruno Fonseca	40-44	3B - triatlo	-	-	-	DNS	
DNS	102489	4778	José Luís Almeida	50-54	Clube Millenniumbcp	-	-	-	DNS	
DNS	102546	4786	Rui Galinha	50-54	Núcleo do Sporting da Golegã	-	-	-	DNS	
DNS	101824	4814	Gonçalo Resina	45-49	Núcleo do Sporting da Golegã	-	-	-	DNS	
DNS	103700	4915	João Pedro Viegas	55-59	AmoraSub/Associação Naval Amorense	-	-	-	DNS	
DNS	107339	5007	Tiago Ramos	45-49	Outsystems Olímpico de Oeiras	-	-	-	DNS	
DNS	102343	5130	Carlos Custódio	50-54	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	106317	5166	Bruno Pinto	40-44	Paredes Aventura	-	-	-	DNS	
DNS	103132	5265	Rodrigo Pais de Almeida	40-44	Outsystems Olímpico de Oeiras	-	-	-	DNS	
DNS	106570	5621	Pedro Coutinho	40-44	Try Portugal / V. Janes	-	-	-	DNS	
DNS	108011	5650	Nuno Santos	45-49	CNAL - Triatlo	-	-	-	DNS	
DNS	104099	1902	Manel Bartolomeu	CAD	Clube de Natação de Torres Novas	-	-	-	DNS	
DNS	108018	5657	Joao Costa	45-49	Triatlo Fundação Salesianos	-	-	-	DNS	
DNS	104234	5664	Manuel Anselmo	40-44	MARRETAS DO NORTE	-	-	-	DNS	
DNS	105033	1914	José Ferreira	CAD	Sporting Clube de Portugal	-	-	-	DNS	
DNS	105484	1937	Emanuel Gonçalves	CAD	Paredes Aventura	-	-	-	DNS	
DNS	105458	1952	Pedro Vitorino	CAD	Alhandra Sporting Club	-	-	-	DNS	
DNS	100380	2252	Gustavo do Canto	JUN	Clube de Natação de Torres Novas	-	-	-	DNS	
DNS	108647	5887	PEDRO TAROUCA	55-59	Individual	-	-	-	DNS	
DNS	101581	2327	André Neves	JUN	Sport Lisboa e Benfica	-	-	-	DNS	
DNS	109266	7544	Paulo Tenera	50-54	Individual	-	-	-	DNS	
DNS	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	-	-	-	DNS	

Classificações Absolutos Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
DNS	100354	2813	Afonso do Canto	20-24	Clube de Natação de Torres Novas	-	-	-	DNS	
DNS	103108	2840	Hugo Figueiredo	20-24	Sporting Clube de Portugal	-	-	-	DNS	
DNS	106257	3375	Carlos Teixeira	35-39	Exército de Portugal	-	-	-	DNS	
DNS	108879	3558	Luis Xavier	30-34	CNAL - Triatlo	-	-	-	DNS	
DNS	108497	3598	Rafael Dias	35-39	Clube dos Galitos	-	-	-	DNS	
DNS	105690	3741	Tiago Corvo	35-39	Sport União Colarense	-	-	-	DNS	
DNS	101318	3786	João Mansos	25-29	Sporting Clube de Portugal	-	-	-	DNS	
DNS	103576	3871	João Andrade	30-34	Clube dos Galitos	-	-	-	DNS	
DNS	101448	4018	Mário Magalhães	60-64	Clube Fluvial Vilacondense	-	-	-	DNS	
DNS	100793	4032	Carlos Gomes	60-64	Outsystems Olímpico de Oeiras	-	-	-	DNS	
DNS	101089	4108	Paulo Renato Santos	60-64	Quitério TRIPENICHE	-	-	-	DNS	
DNS	104519	4139	Pedro Tavares	45-49	Clube de Triatlo de Viseu	-	-	-	DNS	
DNS	100192	4217	Luis Oliveira	45-49	Pimpões Triatlo	-	-	-	DNS	
DNS	100228	4218	Paulo Pereira	45-49	Clube Zupper	-	-	-	DNS	
DNS	108922	4353	David Abegoaria	55-59	AAC MULTISPORT TRIATLO	-	-	-	DNS	
DNS	106381	4405	Rui Pereira	45-49	Quitério TRIPENICHE	-	-	-	DNS	
DNS	102073	4451	Mário Machado	50-54	Sport União Colarense	-	-	-	DNS	
DNS	100993	4453	Carlos Barata Correia	70-74	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	108969	4481	João Matias Garcia	40-44	Quitério TRIPENICHE	-	-	-	DNS	
DNS	101419	4489	Álvaro Leite	50-54	Triatlo Clube Tap	-	-	-	DNS	
DNS	107166	4501	Paulo Moutinho	50-54	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	104646	4528	Gabriel Alves	55-59	3B - triatlo	-	-	-	DNS	
DNS	106426	4532	Antonio Queiros	40-44	Individual	-	-	-	DNS	
DNS	102069	4562	Luís Rosário	55-59	GDR Manique de Cima	-	-	-	DNS	