

Local da Prova: **São Martinho Do Porto**

Data: **17/09/2023**

Hora da Partida: **10:42:58**

Distancias: Natação - 750

Ciclismo - 20000

Corrida - 5000

### Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	104367	3967	Raquel Rocha	30-34	CNATRIL Triatlo	00:11:00	00:33:30	00:19:18	01:03:48	00:00:00
2	104085	2286	Maria Gonçalves	JUN	Sport Lisboa e Benfica	00:11:08	00:35:14	00:18:47	01:05:09	00:01:21
3	104484	1818	Catarina Santos	CAD	Sport Lisboa e Benfica	00:11:19	00:35:04	00:18:53	01:05:16	00:01:28
4	101274	2514	Inês Oliveira	25-29	Sporting Clube de Portugal	00:11:27	00:35:14	00:18:48	01:05:29	00:01:41
5	102370	1955	Sofia Sousa	CAD	Outsystems Olímpico de Oeiras	00:11:28	00:34:53	00:19:15	01:05:36	00:01:48
6	102922	2266	Matilde Santos	JUN	Outsystems Olímpico de Oeiras	-	-	00:19:35	01:05:56	00:02:08
7	102284	1931	Ana Carapeta	CAD	Alhandra Sporting Club	00:11:21	00:35:03	00:20:07	01:06:31	00:02:43
8	101358	2564	Ana Ramos	25-29	Clube de Natação de Torres Novas	00:11:29	00:35:06	00:20:29	01:07:04	00:03:16
9	104354	1929	Matilde Tomás	CAD	Alhandra Sporting Club	00:11:21	00:35:06	00:20:57	01:07:24	00:03:36
10	102291	1813	Letícia Magalhães	CAD	Sport Lisboa e Benfica	00:11:22	00:35:02	00:21:51	01:08:15	00:04:27
11	100634	3475	Ana Filipa Ferreira	30-34	Alhandra Sporting Club	00:12:11	00:36:04	00:20:13	01:08:28	00:04:40
12	106844	2336	Matilde Branco	JUN	Sporting Clube de Portugal	00:12:14	00:36:52	00:21:27	01:10:33	00:06:45
13	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:13:12	00:37:29	00:20:13	01:10:54	00:07:06
14	108766	1763	Lily Mora	CAD	Sporting Clube de Portugal	00:12:14	00:36:35	00:22:56	01:11:45	00:07:57
15	104276	2330	Leonor Medronheira	JUN	Sport Lisboa e Benfica	00:13:55	00:37:24	00:22:05	01:13:24	00:09:36
16	107787	3010	Francisca Parente	25-29	CNATRIL Triatlo	00:13:13	00:38:07	00:22:07	01:13:27	00:09:39
17	100360	2554	Andreia Ferrum	25-29	Clube de Natação de Torres Novas	00:12:29	00:37:57	00:23:20	01:13:46	00:09:58
18	104550	1900	Mafalda Leirião	CAD	Clube de Natação de Torres Novas	00:12:29	00:36:43	00:25:39	01:14:51	00:11:03
19	104883	1769	Leonor Santos Rocha	CAD	Sporting Clube de Portugal	00:13:35	00:37:50	00:23:39	01:15:04	00:11:16
20	103605	3695	Inês Raimundo	20-24	AmoraSub/Associação Naval Amorense	00:15:19	00:37:35	00:22:17	01:15:11	00:11:23
21	103601	5515	Rita Barata Correia	40-44	Clube Oriental de Lisboa	00:14:28	00:39:17	00:22:56	01:16:41	00:12:53
22	102529	5110	Patricia Rivotti	45-49	Clube Oriental de Lisboa	00:16:03	00:39:07	00:21:48	01:16:58	00:13:10
23	109067	3675	Agnieszka Dudek	30-34	Sporting Clube de Portugal	00:15:07	00:39:24	00:23:41	01:18:12	00:14:24
24	103893	3783	Ana Martinho	35-39	SFRAA TRIATLO	00:15:44	00:39:36	00:24:16	01:19:36	00:15:48
25	104698	1901	Cláudia Orvalho	CAD	Clube de Natação de Torres Novas	00:12:58	00:40:29	00:27:06	01:20:33	00:16:45
26	100696	6116	Maria Sousa	45-49	Clube Oriental de Lisboa	00:16:48	00:40:36	00:23:10	01:20:34	00:16:46
27	105661	5250	Isabel Moreira	55-59	Triatlo Fundação Salesianos	00:15:40	00:39:26	00:25:32	01:20:38	00:16:50
28	100848	4150	Susana Pontes	50-54	Outsystems Olímpico de Oeiras	00:16:28	00:40:25	00:24:00	01:20:53	00:17:05

#### Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
29	101044	4084	Joana Creissac	40-44	Associação Académica de São Mamede	00:16:26	00:40:15	00:24:18	01:20:59	00:17:11
30	108942	3610	Catarina Feijão	30-34	SFRAA TRIATLO	00:18:37	00:38:21	00:24:54	01:21:52	00:18:04
31	101036	3413	Joana Cunha	35-39	Associação Académica de São Mamede	00:15:36	00:40:27	00:26:03	01:22:06	00:18:18
32	102054	4155	Ana Mata	50-54	Sport União Colarense	00:16:30	00:42:13	00:24:29	01:23:12	00:19:24
33	104403	4752	Susana Simões	50-54	Clube Zupper	00:18:09	00:41:51	00:24:46	01:24:46	00:20:58
34	106525	5056	Daniela Langaro	50-54	Outsystems Olímpico de Oeiras	00:15:47	00:43:05	00:25:55	01:24:47	00:20:59
35	106531	3175	Marta Barbosa	20-24	CNCVG	00:14:00	00:43:02	00:27:50	01:24:52	00:21:04
36	105507	5431	Sara Silva	50-54	Associação Académica de São Mamede	00:17:54	00:41:48	00:25:20	01:25:02	00:21:14
37	103688	2303	Mariana Paulino	JUN	CNCVG	00:13:31	00:46:12	00:26:29	01:26:12	00:22:24
38	106714	5525	Tânia Rodrigues	40-44	AmoraSub/Associação Naval Amorense	00:17:48	00:42:52	00:25:33	01:26:13	00:22:25
39	104775	4779	Elisabete Costa	40-44	Clube Oriental de Lisboa	00:15:25	00:45:33	00:26:05	01:27:03	00:23:15
40	107039	6125	Patricia Watanabe	40-44	Associação Académica de São Mamede	00:17:55	00:41:45	00:28:13	01:27:53	00:24:05
41	108269	3328	Begoña Menendez	35-39	Estoril Praia Credibom	-	-	00:23:42	01:28:16	00:24:28
42	106309	1717	Fabiana Ferreira	CAD	Paredes Aventura	00:15:15	00:43:40	00:29:39	01:28:34	00:24:46
43	107006	5211	Ana Duarte	45-49	Outsystems Olímpico de Oeiras	00:17:52	00:42:56	00:27:56	01:28:44	00:24:56
44	108023	3848	Adaia Solé Grau	30-34	Associação Académica de São Mamede	00:15:50	00:45:06	00:28:46	01:29:42	00:25:54
45	102335	4031	Susana Neta	45-49	Clube Zupper	00:18:06	00:47:15	00:24:29	01:29:50	00:26:02
46	106425	4511	Helena Sécio	55-59	Individual	00:18:02	00:44:32	00:28:35	01:31:09	00:27:21
47	108914	4304	Cláudia Marques	40-44	AmoraSub/Associação Naval Amorense	00:18:47	00:43:50	00:28:40	01:31:17	00:27:29
48	105836	5332	Catia Curica	45-49	Outsystems Olímpico de Oeiras	00:17:57	00:44:40	00:29:08	01:31:45	00:27:57
49	109308	7564	Inês Guerra Figueiredo	40-44	CNAL - Triatlo	00:20:46	00:44:02	00:27:01	01:31:49	00:28:01
50	106521	2747	Andreia Tourais	35-39	Outsystems Olímpico de Oeiras	00:22:54	00:43:07	00:26:55	01:32:56	00:29:08
51	109437	3703	Joana Morato Rosado	35-39	Triatlo Clube Tap	00:17:42	00:47:05	00:28:40	01:33:27	00:29:39
52	108588	7577	Cláudia Silva	45-49	CNAL - Triatlo	-	-	00:25:51	01:34:44	00:30:56
53	101006	4452	Madalena Caninas	60-64	Clube Oriental de Lisboa	00:18:14	00:48:10	00:28:50	01:35:14	00:31:26
54	108083	5705	Irina Pinto	40-44	Pedrógão Triatlo	00:22:40	00:46:36	00:27:52	01:37:08	00:33:20
55	109310	7566	Ana Maurício	40-44	CNAL - Triatlo	00:21:59	00:46:20	00:30:55	01:39:14	00:35:26
56	108918	4323	Conceição Santos	45-49	AmoraSub/Associação Naval Amorense	00:24:26	00:46:37	00:28:28	01:39:31	00:35:43
57	109215	7517	Ana Cristina Lopes	55-59	Outsystems Olímpico de Oeiras	00:19:54	00:51:47	00:29:36	01:41:17	00:37:29
58	105585	5220	Fernanda Moura	60-64	Outsystems Olímpico de Oeiras	00:23:55	00:47:58	00:29:29	01:41:22	00:37:34
59	108532	3642	Maria Azoia	35-39	SNR Triatlo	00:23:31	00:47:43	00:30:50	01:42:04	00:38:16
60	107044	3090	Andreia Almeida	35-39	AmoraSub/Associação Naval Amorense	00:20:27	00:57:11	00:41:13	01:58:51	00:55:03
DNF	102025	1771	Joana Alves	CAD	Sporting Clube de Portugal	00:12:33	-	-	DNF	

**Classificações Absolutos Femininos**

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
DNF	105361	5187	Claudia Ferreira	55-59	Clube Oriental de Lisboa	-	-	-	DNF	
DNS	103073	1816	Cassilda Carvalho	CAD	Sport Lisboa e Benfica	-	-	-	DNS	
DNS	100720	1935	Tatiana Marques	CAD	Alhandra Sporting Club	-	-	-	DNS	
DNS	100671	3162	Inês Rico	20-24	Alhandra Sporting Club	-	-	-	DNS	
DNS	104738	3385	Aline Correia	35-39	Estoril Praia Credibom	-	-	-	DNS	
DNS	105173	3643	Marina Peixoto	30-34	Grupo Desportivo Castelense	-	-	-	DNS	
DNS	109441	3698	Inês Mestre	25-29	Alhandra Sporting Club	-	-	-	DNS	
DNS	101024	3706	Carolina Silva	35-39	Paredes Aventura	-	-	-	DNS	
DNS	104271	4494	Ana Vieira Lopes	50-54	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	100141	4605	Fernanda Marques Santinha	50-54	Clube Oriental de Lisboa	-	-	-	DNS	
DNS	104984	5085	Maria Rainha	55-59	Sport União Colareense	-	-	-	DNS	
DNS	105387	5194	Hanna de Sousa	45-49	CNATRIL Triatlo	-	-	-	DNS	
DNS	107551	5368	Rita Justino	40-44	Estoril Praia Credibom	-	-	-	DNS	
DNS	106169	5444	Isabel Araújo	55-59	Clube Fluvial Vilacondense	-	-	-	DNS	