

Local da Prova: **Fornos De Algodres**

Data: **03/09/2023**

Hora da Partida: **10:01:37**

Distancias: Natação - 750

Ciclismo - 19300

Corrida - 5000

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	00:09:00	00:00:29	00:51:42	00:00:18	00:16:46	01:18:15	00:00:00
2	100783	3140	Tiago Nogueira Maia	30-34	Sporting Clube de Espinho	00:08:57	00:00:28	00:51:46	00:00:24	00:18:20	01:19:55	00:01:40
3	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:09:52	00:00:38	00:52:12	00:00:55	00:18:02	01:21:39	00:03:24
4	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:10:55	00:00:33	00:53:30	00:00:27	00:17:03	01:22:28	00:04:13
5	103366	1766	Dinis Ferreira	CAD	Individual	00:08:55	-	-	00:00:29	00:17:52	01:23:26	00:05:11
6	101581	2327	André Neves	JUN	Sport Lisboa e Benfica	00:08:52	-	-	-	-	01:27:05	00:08:50
7	102466	2352	Manuel Dias	JUN	Individual	00:09:02	-	-	-	-	01:27:20	00:09:05
8	103353	3230	João Jesus	30-34	AMICICLO GRÂNDOLA	00:11:05	00:01:10	00:57:02	-	-	01:27:43	00:09:28
9	102259	5701	Rafael Delaunay Gomes	40-44	Clube Atlético de Oliveira do Hospital	00:10:41	-	-	00:00:27	00:18:42	01:27:47	00:09:32
10	106936	2743	Rui Matias	25-29	SFRAA TRIATLO	00:10:36	00:01:00	00:57:38	-	-	01:28:36	00:10:21
11	100835	3708	Octávio Vicente	35-39	Sporting Clube de Espinho	00:12:26	00:00:56	00:56:20	-	-	01:29:21	00:11:06
12	108932	4421	Ivan Silva	40-44	Sporting Clube de Espinho	00:10:51	00:01:21	00:57:46	00:00:38	00:19:26	01:30:02	00:11:47
13	101836	5588	Luis Cancela	50-54	Clube Desportivo em Movimento	00:14:16	00:01:34	00:55:35	00:00:31	00:18:21	01:30:17	00:12:02
14	103696	3523	Luis Ferreira	35-39	Núcleo do Sporting da Golegã	00:12:27	00:00:59	00:57:54	00:00:29	00:18:49	01:30:38	00:12:23
15	108589	5864	Bruno Costa	40-44	Clube de Triatlo do Fundão	00:12:17	00:01:11	00:58:28	-	-	01:31:42	00:13:27
16	106567	4455	Nuno Lopes	40-44	Núcleo do Sporting da Golegã	00:10:42	00:01:12	01:00:10	-	-	01:32:24	00:14:09
17	102552	3859	João Menino	20-24	Sport Lisboa e Benfica	00:08:58	-	-	00:00:25	00:18:28	01:33:40	00:15:25
18	101850	3028	Carlos Carvalho	30-34	Outsystems Olímpico de Oeiras	00:10:53	00:01:54	01:01:26	-	-	01:34:28	00:16:13
19	107597	2934	Avelino Santos	30-34	SFRAA TRIATLO	00:16:10	00:02:04	00:57:22	00:00:47	00:19:00	01:35:23	00:17:08
20	104758	4626	Rui Gomes	45-49	Sporting Clube de Espinho	00:11:44	00:01:23	01:03:04	-	-	01:35:38	00:17:23
21	100228	4218	Paulo Pereira	45-49	Clube Zupper	00:13:09	00:01:24	01:00:37	-	-	01:36:09	00:17:54
22	100570	4472	Carlos Fernandes	45-49	SFRAA TRIATLO	00:11:27	00:01:08	01:04:22	00:00:33	00:20:01	01:37:31	00:19:16
23	109055	3638	Hugo Lopes	30-34	Clube dos Galitos	00:13:06	00:01:12	01:01:04	00:00:40	00:21:37	01:37:39	00:19:24
24	100437	4773	Rui Gonçalves	45-49	AMICICLO GRÂNDOLA	00:15:59	00:01:37	01:01:35	00:00:40	00:19:15	01:39:06	00:20:51
25	103335	2325	David Fernandes	JUN	Clube Triatlo de Abrantes	00:11:02	00:00:46	01:05:10	00:00:39	00:22:55	01:40:32	00:22:17
26	104242	5270	Luís Cordeiro	40-44	SFRAA TRIATLO	00:16:20	00:01:46	01:00:04	00:00:40	00:22:30	01:41:20	00:23:05
27	101554	4024	Vítor Pereira	55-59	Clube de Triatlo do Fundão	00:13:40	-	-	00:00:43	00:21:41	01:43:53	00:25:38
28	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	00:12:24	-	-	00:00:31	00:21:20	01:46:45	00:28:30

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	105143	5115	Luís Santos	45-49	Clube Fluvial Vilacondense	00:15:03	00:02:05	01:07:40	00:00:35	00:23:16	01:48:39	00:30:24
30	106857	4909	António Lourenço	50-54	Clube de Triatlo de Viseu	00:16:48	00:01:50	01:09:46	00:00:45	00:20:28	01:49:37	00:31:22
31	103214	4815	Paulo Costa	50-54	Núcleo do Sporting da Golegã	00:14:34	00:01:26	01:10:00	00:00:52	00:23:05	01:49:57	00:31:42
32	107844	2326	Artur Resende Santana	JUN	Clube Triatlo de Abrantes	00:14:18	00:01:10	01:13:16	00:00:57	00:21:53	01:51:34	00:33:19
33	101341	4618	João Duarte	50-54	AMICICLO GRÂNDOLA	00:13:20	00:01:15	01:15:00	00:00:52	00:22:56	01:53:23	00:35:08
34	104519	4139	Pedro Tavares	45-49	Clube de Triatlo de Viseu	00:15:41	00:01:48	01:10:22	-	-	01:53:35	00:35:20
35	105950	4395	Tiago Ferreira	40-44	Clube de Triatlo de Viseu	00:14:06	00:01:44	01:15:44	00:00:47	00:23:01	01:55:22	00:37:07
36	108610	5871	José Damas	60-64	Clube Triatlo de Abrantes	00:16:21	00:01:58	01:10:16	00:00:56	00:26:19	01:55:50	00:37:35
37	101830	4784	João Boim	45-49	AMICICLO GRÂNDOLA	00:15:34	00:02:32	01:14:56	00:00:50	00:23:57	01:57:49	00:39:34
38	106855	4886	Ângelo Fernandes	45-49	Clube de Triatlo de Viseu	00:15:49	00:02:13	01:16:30	00:00:54	00:25:11	02:00:37	00:42:22
39	106692	4745	Pedro Gonçalves	40-44	Clube Fluvial Vilacondense	00:14:27	00:01:56	01:21:41	00:01:00	00:24:13	02:03:17	00:45:02
DSQ	108168	5744	Luís Rufino	40-44	Clube Desportivo em Movimento	00:12:11	00:01:20	01:20:39	00:00:56	-	DSQ	
DSQ	109059	5168	Fernando Gouveia	50-54	Clube Fluvial Vilacondense	00:15:12	00:01:39	00:48:12	-	-	DSQ	
DNS	104267	3842	Ruben Matos	30-34	Clube Triatlo de Abrantes	-	-	-	-	-	DNS	
DNS	101534	4190	António Catarino	55-59	Clube de Triatlo do Fundão	-	-	-	-	-	DNS	
DNS	103659	4367	José Peixoto	50-54	Individual	-	-	-	-	-	DNS	
DNS	102546	4786	Rui Galinha	50-54	Núcleo do Sporting da Golegã	-	-	-	-	-	DNS	