

Local da Prova: **Entre-os-Rios**

Data: **23/07/2023**

Hora da Partida: **10:00:58**

Distancias: Natação - 1500

Ciclismo - 40000

Corrida - 10000

Classificações Absolutos Femininos

#	Lic.	Dors.	Nome	Esc.	Equipa	Natação	Ciclismo	Corrida	T.Total	Diff.
1	104367	3967	Raquel Rocha	30-34	CNATRIL Triatlo	00:21:33	01:23:34	00:41:35	02:26:42	00:00:00
2	100671	3162	Inês Rico	20-24	Alhandra Sporting Club	-	-	-	02:28:01	00:01:19
3	101274	2514	Inês Oliveira	25-29	Sporting Clube de Portugal	00:21:34	01:29:44	00:42:54	02:34:12	00:07:30
4	101275	2816	Joana Oliveira	20-24	Sporting Clube de Portugal	00:22:31	01:28:44	00:43:31	02:34:46	00:08:04
5	105387	5194	Hanna de Sousa	45-49	CNATRIL Triatlo	00:26:20	-	-	02:38:35	00:11:53
6	100634	3475	Ana Filipa Ferreira	30-34	Alhandra Sporting Club	00:23:24	01:31:55	00:43:49	02:39:08	00:12:26
7	103649	3748	Tuxa Negri	30-34	CNATRIL Triatlo	00:25:20	01:33:17	00:44:27	02:43:04	00:16:22
8	101024	3706	Carolina Silva	35-39	Paredes Aventura	00:21:32	01:30:49	00:54:04	02:46:25	00:19:43
9	101605	3560	Joana Miranda	20-24	Clube de Natação de Torres Novas	00:21:37	01:39:28	00:48:47	02:49:52	00:23:10
10	100760	2254	Catarina Moutinho	JUN	Clube de Natação de Torres Novas	00:25:23	01:39:20	00:50:38	02:55:21	00:28:39
11	100360	2554	Andreia Ferrum	25-29	Clube de Natação de Torres Novas	00:23:43	01:41:05	00:52:01	02:56:49	00:30:07
12	100633	3721	Ana Filipa Sampaio	30-34	Alhandra Sporting Club	00:22:56	01:47:46	00:50:42	03:01:24	00:34:42
13	109067	3675	Agnieszka Dudek	30-34	Sporting Clube de Portugal	00:27:53	01:44:14	00:51:23	03:03:30	00:36:48
14	100690	2285	Luana Quaresma	JUN	Alhandra Sporting Club	00:22:50	01:47:04	00:57:02	03:06:56	00:40:14
15	108942	3610	Catarina Feijão	30-34	SFRAA TRIATLO	00:35:21	01:42:59	00:54:11	03:12:31	00:45:49
16	101044	4084	Joana Creissac	40-44	Associação Académica de São Mamede	00:31:06	01:50:45	00:54:58	03:16:49	00:50:07
17	105507	5431	Sara Silva	50-54	Associação Académica de São Mamede	00:32:20	01:50:51	00:55:55	03:19:06	00:52:24
18	106531	3175	Marta Barbosa	20-24	CNCVG	00:25:38	01:50:01	01:03:33	03:19:12	00:52:30
19	104403	4752	Susana Simões	50-54	Clube Zupper	00:35:23	01:49:15	00:55:55	03:20:33	00:53:51
20	108048	3167	Vera Lucas	25-29	Outsystems Olímpico de Oeiras	00:25:44	01:58:27	00:57:58	03:22:09	00:55:27
21	103688	2303	Mariana Paulino	JUN	CNCVG	00:25:40	02:13:56	01:03:25	03:43:01	01:16:19
22	108427	3498	Telma Teixeira	30-34	Associação Beat Your Limit!	00:32:59	02:06:02	01:09:51	03:48:52	01:22:10
DNF	100957	2800	Mariana Vargem	20-24	Sport Lisboa e Benfica	00:22:52	-	-	DNF	
DNS	102335	4031	Susana Neta	45-49	Clube Zupper	-	-	-	DNS	
DNS	106351	4325	Simone Siebra	45-49	Estoril Praia Credibom	-	-	-	DNS	