

Local da Prova: **Avis**

Data: **09/07/2023**

Hora da Partida: **09:00:34**

Distancias: Corrida - 4870

Ciclismo - 18000

Corrida - 2500

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
1	105758	3512	Diogo Tomé	20-24	Sport Lisboa e Benfica	00:15:24	00:00:33	00:26:26	00:00:25	00:07:40	00:50:28	00:00:00
2	107321	2866	Luis Moleiro	25-29	Clube de Natação de Torres Novas	00:15:43	00:00:33	00:26:08	00:00:38	00:07:42	00:50:44	00:00:16
3	100813	3873	João Francisco Ferreira	30-34	Clube de Natação de Torres Novas	00:15:46	00:00:34	00:26:07	00:00:29	00:07:55	00:50:51	00:00:23
4	101614	2812	José Pedro Vieira	20-24	Clube de Natação de Torres Novas	00:15:41	00:00:34	00:26:10	00:00:37	00:07:59	00:51:01	00:00:33
5	101627	2307	Pedro Afonso Razões	JUN	Clube de Natação de Torres Novas	00:15:46	00:00:32	00:27:02	00:00:26	00:07:34	00:51:20	00:00:52
6	100775	3269	Miguel Arraiolos	35-39	Sport Lisboa e Benfica	00:15:21	00:00:32	00:27:29	00:00:31	00:07:37	00:51:30	00:01:02
7	105354	2278	Pedro Carvalho	JUN	Sport Lisboa e Benfica	00:15:14	00:00:33	00:27:34	00:00:26	00:08:31	00:52:18	00:01:50
8	102921	1911	Rodrigo Pissarra	CAD	Alhandra Sporting Club	00:15:28	00:00:34	00:27:18	00:00:27	00:08:40	00:52:27	00:01:59
9	100834	2648	Nuno André	25-29	Outsystems Olímpico de Oeiras	00:15:43	00:00:34	00:27:20	00:00:29	00:08:22	00:52:28	00:02:00
10	100425	2523	Hugo Baluga	25-29	AMICICLO GRÂNDOLA	00:16:11	00:00:33	00:26:50	00:00:27	00:08:31	00:52:32	00:02:04
11	104684	1927	Duarte Fernandes	CAD	Alhandra Sporting Club	00:16:10	00:00:32	00:26:54	00:00:30	00:08:36	00:52:42	00:02:14
12	100655	2339	David Borda d'Água	JUN	Alhandra Sporting Club	00:16:08	00:00:33	00:26:54	00:00:31	00:08:38	00:52:44	00:02:16
13	105458	1952	Pedro Vitorino	CAD	Alhandra Sporting Club	-	-	-	00:00:34	00:08:35	00:52:46	00:02:18
14	100436	3412	Rui Dolores	35-39	AMICICLO GRÂNDOLA	00:16:10	00:00:33	00:26:54	00:00:32	00:08:40	00:52:49	00:02:21
15	107251	3519	Bernardo Magina	20-24	Outsystems Olímpico de Oeiras	00:16:04	00:00:33	00:26:59	00:00:30	00:08:58	00:53:04	00:02:36
16	107266	1916	Rodrigo Nunes	CAD	Sporting Clube de Portugal	00:16:11	00:00:34	00:26:51	00:00:30	00:09:45	00:53:51	00:03:23
17	103079	3824	João Rebelo	30-34	Vasco da Gama Atlético Clube de Sines	00:16:26	00:00:34	00:27:40	00:00:33	00:08:45	00:53:58	00:03:30
18	105550	3661	Fábio Durão	35-39	Individual	00:15:51	00:00:35	-	-	-	00:54:04	00:03:36
19	100598	2584	André Duarte	25-29	Clube de Natação de Torres Novas	00:16:36	00:00:34	-	-	-	00:54:05	00:03:37
20	109115	3770	Antu Pichuman	25-29	Vasco da Gama Atlético Clube de Sines	00:16:36	00:00:36	00:27:30	00:00:30	00:09:12	00:54:24	00:03:56
21	106510	3699	Rúben Duarte	30-34	3B - triatlo	00:16:31	00:00:37	-	-	-	00:54:31	00:04:03
22	108108	3522	Salomão Savelenko	20-24	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:16:45	00:00:34	-	-	-	00:54:47	00:04:19
23	105998	1795	Afonso Alemão	CAD	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:16:04	00:00:34	-	-	-	00:55:09	00:04:41
24	108078	3263	Pedro Lopes	30-34	AMICICLO GRÂNDOLA	-	-	-	-	-	00:55:18	00:04:50
25	102919	2654	Joaquim Cerqueira	20-24	Alhandra Sporting Club	00:15:29	00:00:35	00:31:12	00:00:34	00:08:34	00:56:24	00:05:56
26	105999	2269	Rafael Alemão	JUN	Mirachoro Hotels - CCP - Churrasqueira Guerreiro	00:16:26	00:00:38	00:29:39	00:00:32	00:09:23	00:56:38	00:06:10
27	107738	2994	Emanuel Freitas	30-34	Palmela Desporto / Tripla Rotação	00:17:36	00:00:37	00:29:00	00:00:31	00:09:05	00:56:49	00:06:21
28	108746	3763	João Conchinha	25-29	Vasco da Gama Atlético Clube de Sines	00:16:41	00:00:36	00:29:55	00:00:33	00:09:15	00:57:00	00:06:32

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
29	105681	3723	Vasco Damásio	35-39	Outsystems Olímpico de Oeiras	00:17:17	00:00:36	00:29:19	00:00:34	00:09:15	00:57:01	00:06:33
30	104745	3399	Carlos Matias	35-39	Palmela Desporto / Tripla Rotação	00:17:36	00:00:38	00:28:56	00:00:35	00:09:26	00:57:11	00:06:43
31	108388	5807	Bruno Bertão	40-44	GRCD Leião Triatlo	00:17:51	00:00:36	00:28:49	00:00:48	00:09:10	00:57:14	00:06:46
32	106790	4780	Davide Silva	40-44	DAR-Recardães EXPansion	00:17:42	00:00:36	00:28:59	00:01:03	00:09:01	00:57:21	00:06:53
33	100824	4515	Luis Almeida	50-54	Outsystems Olímpico de Oeiras	00:18:04	00:00:36	00:28:31	00:00:26	00:09:54	00:57:31	00:07:03
34	100437	4773	Rui Gonçalves	45-49	AMICICLO GRÂNDOLA	00:17:54	00:00:36	00:28:48	00:00:54	00:09:26	00:57:38	00:07:10
35	101850	3028	Carlos Carvalho	30-34	Outsystems Olímpico de Oeiras	-	-	-	00:00:43	00:09:43	00:57:39	00:07:11
36	101581	2327	André Neves	JUN	Sport Lisboa e Benfica	-	-	-	00:00:31	00:10:10	00:57:47	00:07:19
37	102296	1930	tiago miguel casinha	CAD	CNCVG	-	-	-	00:00:43	00:11:12	00:59:09	00:08:41
38	103633	1748	Tiago Orfão	CAD	Alhandra Sporting Club	00:18:41	00:00:35	00:29:45	00:00:31	00:10:00	00:59:32	00:09:04
39	103775	2312	Francisco Borges	JUN	Clube de Natação de Torres Novas	00:18:19	00:00:34	00:30:02	00:00:32	00:10:18	00:59:45	00:09:17
40	102183	4482	Arlindo Brás	50-54	Clube Triatlo de Abrantes	00:18:16	00:00:39	00:30:10	00:00:33	00:10:28	01:00:06	00:09:38
41	107205	2819	Bruno Filipe Paiva Ferreira	30-34	Centro Ciclista Azeitonense	00:18:46	00:00:34	00:29:44	00:00:36	00:10:39	01:00:19	00:09:51
42	109338	2353	Afonso Antunes	JUN	GRCD Leião Triatlo	00:17:46	00:00:35	00:31:32	00:01:29	00:08:59	01:00:21	00:09:53
43	108284	3335	Nuno Silva	30-34	AmoraSub/Associação Naval Amorense	00:19:56	00:00:39	00:29:03	00:00:50	00:10:32	01:01:00	00:10:32
44	100887	3517	Fábio Pratas	35-39	AmoraSub/Associação Naval Amorense	00:18:26	00:00:37	00:31:18	00:00:43	00:10:12	01:01:16	00:10:48
45	109057	4708	Pedro Neves	45-49	FET-Fátima Escola de Triatlo	00:20:06	00:00:37	00:28:54	00:00:55	00:11:56	01:02:28	00:12:00
46	101531	4530	Luís Filipe Valente	50-54	Clube Oriental de Lisboa	00:20:30	00:00:39	00:30:01	00:00:39	00:10:40	01:02:29	00:12:01
47	108439	5826	Bruno Pereira	45-49	AmoraSub/Associação Naval Amorense	-	-	-	00:00:40	00:10:52	01:02:33	00:12:05
48	108866	5947	Luís Manuel Dias	45-49	Centro Ciclista Azeitonense	00:20:38	00:00:36	00:29:53	00:00:37	00:11:17	01:03:01	00:12:33
49	103335	2325	David Fernandes	JUN	Clube Triatlo de Abrantes	00:19:26	00:00:38	00:31:57	00:00:43	00:10:47	01:03:31	00:13:03
50	108903	4266	Paulo Rodrigues	45-49	Centro Ciclista Azeitonense	00:21:11	00:00:36	00:29:24	00:00:52	00:12:14	01:04:17	00:13:49
51	105633	5227	Nuno Dantas	40-44	GRCD Leião Triatlo	00:19:29	00:00:39	00:33:43	00:00:39	00:10:07	01:04:37	00:14:09
52	108868	5948	Ricardo Afonso	45-49	Centro Ciclista Azeitonense	00:20:26	00:00:36	00:31:09	00:00:51	00:11:47	01:04:49	00:14:21
53	105501	2635	Pedro Afonso Marques	20-24	Clube Triatlo de Abrantes	-	-	-	00:00:33	00:10:32	01:04:50	00:14:22
54	104973	2302	Vasco Sequeira	JUN	CNCVG	00:19:51	00:00:36	00:34:12	00:00:34	00:11:07	01:06:20	00:15:52
55	106459	4727	Carlos Caligula	60-64	Veteranos do Porto	00:20:26	00:00:35	00:33:36	00:01:00	00:10:59	01:06:36	00:16:08
56	108896	5965	Pedro Machado	40-44	FET-Fátima Escola de Triatlo	00:19:50	00:00:36	00:35:43	00:00:50	00:10:36	01:07:35	00:17:07
57	104646	4528	Gabriel Alves	55-59	3B - triatlo	00:20:54	00:00:37	00:33:47	00:01:04	00:11:17	01:07:39	00:17:11
58	107844	2326	Artur Resende Santana	JUN	Clube Triatlo de Abrantes	00:20:10	00:00:36	00:36:18	00:00:48	00:10:44	01:08:36	00:18:08
59	106664	1753	Antonio Guedes	CAD	FET-Fátima Escola de Triatlo	00:23:06	00:00:35	00:33:09	00:00:38	00:12:16	01:09:44	00:19:16
60	106768	1754	Martim Silva	CAD	FET-Fátima Escola de Triatlo	00:21:31	00:00:35	00:36:33	00:00:36	00:12:38	01:11:53	00:21:25
61	108610	5871	José Damas	60-64	Clube Triatlo de Abrantes	00:24:59	00:00:40	00:32:35	00:00:42	00:13:16	01:12:12	00:21:44

Classificação Absoluta - Masculinos

#	Lic.	Dors.	Nome	Esc.	Equipa	Corrida	T1	Ciclismo	T2	Corrida	T.Total	Diff.
62	109281	7553	Tiago Duarte	50-54	AmoraSub/Associação Naval Amorense	00:24:11	00:00:34	00:34:41	00:01:38	00:12:06	01:13:10	00:22:42
63	109292	1698	Rodrigo Raimundo	CAD	CNCVG	00:22:02	00:00:36	00:38:03	00:00:42	00:11:50	01:13:13	00:22:45
64	106878	2727	Luis Alemão	35-39	Mirachoro Hotels - CCP - Churrasqueira Guerre	00:23:06	00:00:35	00:35:01	00:01:00	00:13:37	01:13:19	00:22:51
65	109188	1710	Gonçalo Gomes	CAD	Clube Triatlo de Abrantes	00:22:46	00:00:37	00:39:04	00:00:35	00:12:40	01:15:42	00:25:14
66	104047	4207	Victor Campos	70-74	DAR-Recardães EXPansion	00:27:36	00:00:48	00:35:31	00:01:59	00:14:59	01:20:53	00:30:25
67	106654	4057	Alexandre Carvalho	50-54	CNCVG	00:26:56	00:00:41	00:37:37	00:01:28	00:14:49	01:21:31	00:31:03
DNS	108871	5951	Pedro Borregana	45-49	Centro Ciclista Azeitonense	-	-	-	-	-	DNS	
DNS	108982	2316	Afonso Batista Marques	JUN	Clube Triatlo de Abrantes	-	-	-	-	-	DNS	
DNS	108973	4492	Nuno Costa Cardoso Gomes	50-54	Clube Triatlo de Abrantes	-	-	-	-	-	DNS	
DNS	103803	1817	Afonso Ferreira	CAD	Sport Lisboa e Benfica	-	-	-	-	-	DNS	
DNS	102465	2619	António Barata	20-24	Sport Lisboa e Benfica	-	-	-	-	-	DNS	
DNS	105677	2331	Miguel Neves	JUN	Sport Lisboa e Benfica	-	-	-	-	-	DNS	
DNS	108905	3579	Ivo João	30-34	Vasco da Gama Atlético Clube de Sines	-	-	-	-	-	DNS	
DNS	100658	2334	Dinis Barrocas	JUN	Alhandra Sporting Club	-	-	-	-	-	DNS	
DNS	108865	5946	Lino Cabral	45-49	Centro Ciclista Azeitonense	-	-	-	-	-	DNS	